| **Characteristic** | **N = 48,397**1 |
| --- | --- |
| **Age [years]** |  |
| Mean (SD) | 38 (15) |
| Median (Q1, Q3) | 36 (26, 49) |
| Min - Max | 16 - 117 |
| Not answered | 16 |
| **Biological sex** |  |
| Female | 38,556 (79.7%) |
| Male | 9,841 (20.3%) |
| **Patient's gender** |  |
| Cis man | 9,578 (19.8%) |
| Cis woman | 37,307 (77.1%) |
| Non-binary | 831 (1.7%) |
| Self-define | 299 (0.6%) |
| Trans person | 382 (0.8%) |
| **Ethnicity** |  |
| White | 45,405 (94.0%) |
| Not white | 2,880 (6.0%) |
| Not answered | 112 |
| **Sexual orientation** |  |
| Heterosexual | 35,601 (73.6%) |
| Bisexual | 7,482 (15.5%) |
| Homosexual | 3,084 (6.4%) |
| Self-define | 1,599 (3.3%) |
| Asexual | 631 (1.3%) |
| **Height [m]** |  |
| Mean (SD) | 1.68 (0.09) |
| Median (Q1, Q3) | 1.68 (1.63, 1.73) |
| Min - Max | 1.20 - 2.29 |
| Not answered | 455 |
| **BMI [kg/m2]** |  |
| Mean (SD) | 31 (8) |
| Median (Q1, Q3) | 29 (25, 35) |
| Min - Max | 10 - 86 |
| Not answered | 1,920 |
| **Highest education** |  |
| None of the above | 1,244 (2.6%) |
| GCSEs/CSEs/O-levels or equivalent | 6,011 (12.6%) |
| NVQ/HND/HNC or equivalent | 4,114 (8.6%) |
| A-levels/AS-levels or equivalent | 10,815 (22.7%) |
| University | 25,536 (53.5%) |
| Not answered | 677 |
| **PHQ9 score** |  |
| Mean (SD) | 12 (7) |
| Median (Q1, Q3) | 12 (7, 18) |
| Min - Max | 0 - 27 |
| Not answered | 446 |
| **GAD7 score** |  |
| Mean (SD) | 10 (6) |
| Median (Q1, Q3) | 9 (5, 15) |
| Min - Max | 0 - 21 |
| Not answered | 2,303 |
| **Suicidality** | 21,731 (45.2%) |
| Not answered | 345 |
| **Major depressive disorder** | 42,129 (87.1%) |
| Not answered | 5 |
| **Generalised anxiety disorder** | 36,995 (76.4%) |
| Not answered | 5 |
| **Social anxiety** | 11,853 (24.5%) |
| Not answered | 5 |
| **Specific phobia** | 2,465 (5.1%) |
| Not answered | 5 |
| **Agoraphobia** | 1,992 (4.1%) |
| Not answered | 5 |
| **Panic disorder** | 2,926 (8.3%) |
| Not answered | 13,083 |
| **Panic attacks** | 18,744 (38.7%) |
| Not answered | 5 |
| **Bipolar disorder** | 3,375 (7.0%) |
| Not answered | 5 |
| **Obsessive-compulsive disorder** | 3,715 (7.7%) |
| Not answered | 5 |
| **Body dysmorphic disorder** | 1,596 (3.3%) |
| Not answered | 5 |
| **Anorexia nervosa** | 1,973 (4.1%) |
| Not answered | 177 |
| **Atypical anorexia nervosa** | 539 (1.1%) |
| Not answered | 177 |
| **Bulimia nervosa** | 1,763 (3.7%) |
| Not answered | 177 |
| **Binge-eating disorder** | 2,498 (5.2%) |
| Not answered | 177 |
| 1n (%) | |