| **Characteristic** | **Overall**  N = 48,3971 | **Heterosexual**  N = 35,6011 | **Bisexual**  N = 7,4821 | **Homosexual**  N = 3,0841 | **Self-define**  N = 1,5991 | **Asexual**  N = 6311 | **p-value**2 |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Biological sex |  |  |  |  |  |  | <0.001 |
| Female | 38,556 (79.7%) | 28,318 (79.5%) | 6,769 (90.5%) | 1,500 (48.6%) | 1,405 (87.9%) | 564 (89.4%) |  |
| Male | 9,841 (20.3%) | 7,283 (20.5%) | 713 (9.5%) | 1,584 (51.4%) | 194 (12.1%) | 67 (10.6%) |  |
| Patient's gender |  |  |  |  |  |  |  |
| Cis man | 9,578 (19.8%) | 7,244 (20.3%) | 639 (8.5%) | 1,527 (49.5%) | 120 (7.5%) | 48 (7.6%) |  |
| Cis woman | 37,307 (77.1%) | 28,224 (79.3%) | 6,289 (84.1%) | 1,306 (42.3%) | 1,037 (64.9%) | 451 (71.5%) |  |
| Non-binary | 831 (1.7%) | 54 (0.2%) | 326 (4.4%) | 132 (4.3%) | 246 (15.4%) | 73 (11.6%) |  |
| Self-define | 299 (0.6%) | 43 (0.1%) | 79 (1.1%) | 35 (1.1%) | 116 (7.3%) | 26 (4.1%) |  |
| Trans person | 382 (0.8%) | 36 (0.1%) | 149 (2.0%) | 84 (2.7%) | 80 (5.0%) | 33 (5.2%) |  |
| Ethnicity |  |  |  |  |  |  | <0.001 |
| White | 45,405 (94.0%) | 33,553 (94.4%) | 6,916 (92.7%) | 2,906 (94.4%) | 1,449 (91.2%) | 581 (92.4%) |  |
| Not white | 2,880 (6.0%) | 1,978 (5.6%) | 542 (7.3%) | 172 (5.6%) | 140 (8.8%) | 48 (7.6%) |  |
| Not answered | 112 | 70 | 24 | 6 | 10 | 2 |  |
| Highest education |  |  |  |  |  |  | <0.001 |
| None of the above | 1,244 (2.6%) | 959 (2.7%) | 168 (2.3%) | 62 (2.0%) | 40 (2.5%) | 15 (2.4%) |  |
| GCSEs/CSEs/O-levels or equivalent | 6,011 (12.6%) | 4,386 (12.5%) | 919 (12.4%) | 399 (13.1%) | 224 (14.2%) | 83 (13.3%) |  |
| NVQ/HND/HNC or equivalent | 4,114 (8.6%) | 3,385 (9.7%) | 381 (5.1%) | 213 (7.0%) | 93 (5.9%) | 42 (6.7%) |  |
| A-levels/AS-levels or equivalent | 10,815 (22.7%) | 7,076 (20.2%) | 2,297 (31.0%) | 768 (25.2%) | 486 (30.7%) | 188 (30.1%) |  |
| University | 25,536 (53.5%) | 19,241 (54.9%) | 3,655 (49.3%) | 1,603 (52.6%) | 740 (46.7%) | 297 (47.5%) |  |
| Not answered | 677 | 554 | 62 | 39 | 16 | 6 |  |
| Suicidality | 21,731 (45.2%) | 14,257 (40.3%) | 4,488 (60.4%) | 1,604 (52.5%) | 997 (62.7%) | 385 (61.4%) | <0.001 |
| Not answered | 345 | 253 | 49 | 31 | 8 | 4 |  |
| Major depressive disorder | 42,129 (87.1%) | 30,735 (86.3%) | 6,703 (89.6%) | 2,706 (87.7%) | 1,433 (89.7%) | 552 (87.5%) | <0.001 |
| Not answered | 5 | 4 | 0 | 0 | 1 | 0 |  |
| Generalised anxiety disorder | 36,995 (76.4%) | 26,838 (75.4%) | 6,020 (80.5%) | 2,368 (76.8%) | 1,302 (81.5%) | 467 (74.0%) | <0.001 |
| Not answered | 5 | 4 | 0 | 0 | 1 | 0 |  |
| Social Anxiety | 11,853 (24.5%) | 7,919 (22.2%) | 2,296 (30.7%) | 874 (28.3%) | 567 (35.5%) | 197 (31.2%) | <0.001 |
| Not answered | 5 | 4 | 0 | 0 | 1 | 0 |  |
| Specific phobia | 2,465 (5.1%) | 1,722 (4.8%) | 436 (5.8%) | 133 (4.3%) | 126 (7.9%) | 48 (7.6%) | <0.001 |
| Not answered | 5 | 4 | 0 | 0 | 1 | 0 |  |
| Agoraphobia | 1,992 (4.1%) | 1,477 (4.1%) | 302 (4.0%) | 116 (3.8%) | 70 (4.4%) | 27 (4.3%) | 0.8 |
| Not answered | 5 | 4 | 0 | 0 | 1 | 0 |  |
| Panic disorder | 2,926 (8.3%) | 2,006 (7.7%) | 540 (9.9%) | 212 (9.4%) | 125 (10.2%) | 43 (9.4%) | <0.001 |
| Not answered | 13,083 | 9,691 | 2,013 | 828 | 378 | 173 |  |
| Panic attacks | 18,744 (38.7%) | 13,187 (37.0%) | 3,398 (45.4%) | 1,165 (37.8%) | 752 (47.1%) | 242 (38.4%) | <0.001 |
| Not answered | 5 | 4 | 0 | 0 | 1 | 0 |  |
| Bipolar disorder | 3,375 (7.0%) | 2,304 (6.5%) | 644 (8.6%) | 241 (7.8%) | 130 (8.1%) | 56 (8.9%) | <0.001 |
| Not answered | 5 | 4 | 0 | 0 | 1 | 0 |  |
| Obsessive-compulsive disorder | 3,715 (7.7%) | 2,564 (7.2%) | 639 (8.5%) | 281 (9.1%) | 165 (10.3%) | 66 (10.5%) | <0.001 |
| Not answered | 5 | 4 | 0 | 0 | 1 | 0 |  |
| Body dysmorphic disorder | 1,596 (3.3%) | 935 (2.6%) | 401 (5.4%) | 119 (3.9%) | 103 (6.4%) | 38 (6.0%) | <0.001 |
| Not answered | 5 | 4 | 0 | 0 | 1 | 0 |  |
| Anorexia nervosa | 1,973 (4.1%) | 1,324 (3.7%) | 407 (5.5%) | 116 (3.8%) | 85 (5.3%) | 41 (6.5%) | <0.001 |
| Not answered | 177 | 138 | 19 | 13 | 6 | 1 |  |
| Atypical anorexia nervosa | 539 (1.1%) | 277 (0.8%) | 149 (2.0%) | 49 (1.6%) | 34 (2.1%) | 30 (4.8%) | <0.001 |
| Not answered | 177 | 138 | 19 | 13 | 6 | 1 |  |
| Bulimia nervosa | 1,763 (3.7%) | 1,157 (3.3%) | 419 (5.6%) | 94 (3.1%) | 65 (4.1%) | 28 (4.4%) | <0.001 |
| Not answered | 177 | 138 | 19 | 13 | 6 | 1 |  |
| Binge-eating disorder | 2,498 (5.2%) | 1,626 (4.6%) | 544 (7.3%) | 160 (5.2%) | 124 (7.8%) | 44 (7.0%) | <0.001 |
| Not answered | 177 | 138 | 19 | 13 | 6 | 1 |  |
| 1n (%) | | | | | | | |
| 2Pearson's Chi-squared test | | | | | | | |