| **Characteristic** | **N = 50,418**1 |
| --- | --- |
| **Age [years]** |  |
| Mean (SD) | 38 (15) |
| Median (Q1, Q3) | 36 (26, 50) |
| Min - Max | 16 - 117 |
| Not answered | 16 |
| **Biological sex** |  |
| Female | 40,247 (79.8%) |
| Male | 10,171 (20.2%) |
| **Patient's gender** |  |
| Cis woman | 38,917 (77.2%) |
| Cis man | 9,897 (19.6%) |
| Non-binary | 892 (1.8%) |
| Trans man | 315 (0.6%) |
| Self-define | 315 (0.6%) |
| Trans woman | 82 (0.2%) |
| **Ethnicity** |  |
| White | 47,312 (94.0%) |
| Not white | 2,994 (6.0%) |
| Not answered | 112 |
| **Sexual orientation** |  |
| Heterosexual | 37,106 (73.6%) |
| Bisexual | 7,761 (15.4%) |
| Homosexual | 3,198 (6.3%) |
| Self-define | 1,686 (3.3%) |
| Asexual | 667 (1.3%) |
| **Height [m]** |  |
| Mean (SD) | 1.68 (0.09) |
| Median (Q1, Q3) | 1.68 (1.62, 1.73) |
| Min - Max | 1.20 - 2.29 |
| Not answered | 475 |
| **BMI [kg/m2]** |  |
| Mean (SD) | 31 (8) |
| Median (Q1, Q3) | 29 (25, 35) |
| Min - Max | 10 - 90 |
| Not answered | 2,004 |
| **Highest education** |  |
| None of the above | 1,284 (2.6%) |
| GCSEs/CSEs/O-levels or equivalent | 6,245 (12.6%) |
| NVQ/HND/HNC or equivalent | 4,304 (8.7%) |
| A-levels/AS-levels or equivalent | 11,270 (22.7%) |
| University | 26,613 (53.5%) |
| Not answered | 702 |
| **PHQ9 score** |  |
| Mean (SD) | 12 (7) |
| Median (Q1, Q3) | 12 (7, 18) |
| Min - Max | 0 - 27 |
| Not answered | 430 |
| **GAD7 score** |  |
| Mean (SD) | 10 (6) |
| Median (Q1, Q3) | 9 (5, 15) |
| Min - Max | 0 - 21 |
| Not answered | 2,310 |
| **Suicidality** | 22,730 (45.4%) |
| Not answered | 331 |
| **Major depressive disorder** | 42,129 (88.3%) |
| Not answered | 2,703 |
| **Generalised anxiety disorder** | 36,995 (77.5%) |
| Not answered | 2,703 |
| **Social anxiety** | 11,853 (24.8%) |
| Not answered | 2,703 |
| **Specific phobia** | 2,465 (5.2%) |
| Not answered | 2,703 |
| **Agoraphobia** | 1,992 (4.2%) |
| Not answered | 2,703 |
| **Panic attacks** | 18,714 (39.2%) |
| Not answered | 2,703 |
| **Bipolar disorder** | 3,375 (7.1%) |
| Not answered | 2,703 |
| **Obsessive-compulsive disorder** | 3,700 (7.8%) |
| Not answered | 2,703 |
| **Body dysmorphic disorder** | 1,593 (3.3%) |
| Not answered | 2,703 |
| **Anorexia nervosa** | 1,966 (4.1%) |
| Not answered | 2,867 |
| **Atypical anorexia nervosa** | 536 (1.1%) |
| Not answered | 2,867 |
| **Bulimia nervosa** | 1,756 (3.7%) |
| Not answered | 2,867 |
| **Binge-eating disorder** | 2,494 (5.2%) |
| Not answered | 2,867 |
| 1n (%) | |