| **Characteristic** | **N = 50,891**1 |
| --- | --- |
| **Age [years]** |  |
| Mean (SD) | 38 (15) |
| Median (Q1, Q3) | 36 (26, 50) |
| Min - Max | 16 - 117 |
| Not answered | 16 |
| **Biological sex** |  |
| Female | 40,574 (79.7%) |
| Male | 10,317 (20.3%) |
| **Patient's gender** |  |
| Cis woman | 39,233 (77.1%) |
| Cis man | 10,038 (19.7%) |
| Non-binary | 901 (1.8%) |
| Trans man | 316 (0.6%) |
| Self-define | 320 (0.6%) |
| Trans woman | 83 (0.2%) |
| **Ethnicity** |  |
| White | 47,698 (93.9%) |
| Not white | 3,076 (6.1%) |
| Not answered | 117 |
|  |  |
| **Sexual orientation** |  |
| Heterosexual | 37,448 (73.6%) |
| Bisexual | 7,831 (15.4%) |
| Homosexual | 3,237 (6.4%) |
| Self-define | 1,702 (3.3%) |
| Asexual | 673 (1.3%) |
| **Height [m]** |  |
| Mean (SD) | 1.68 (0.09) |
| Median (Q1, Q3) | 1.68 (1.63, 1.73) |
| Min - Max | 1.20 - 2.29 |
| Not answered | 482 |
| **BMI [kg/m2]** |  |
| Mean (SD) | 31 (8) |
| Median (Q1, Q3) | 29 (25, 35) |
| Min - Max | 10 - 90 |
| Not answered | 2,032 |
| **Highest education** |  |
| None of the above | 1,309 (2.6%) |
| GCSEs/CSEs/O-levels or equivalent | 6,333 (12.6%) |
| NVQ/HND/HNC or equivalent | 4,341 (8.7%) |
| A-levels/AS-levels or equivalent | 11,368 (22.7%) |
| University | 26,829 (53.5%) |
| Not answered | 711 |
| **PHQ9 score** |  |
| Mean (SD) | 12 (7) |
| Median (Q1, Q3) | 12 (7, 18) |
| Min - Max | 0 - 27 |
| Not answered | 433 |
| **GAD7 score** |  |
| Mean (SD) | 10 (6) |
| Median (Q1, Q3) | 9 (5, 15) |
| Min - Max | 0 - 21 |
| Not answered | 2,402 |
| **Suicidality** | 22,988 (45.5%) |
| Not answered | 332 |
| **Major depressive disorder** | 42,129 (87.8%) |
| Not answered | 2,911 |
| **Generalised anxiety disorder** | 36,995 (77.1%) |
| Not answered | 2,911 |
| **Social anxiety** | 11,853 (24.7%) |
| Not answered | 2,911 |
| **Specific phobia** | 2,465 (5.1%) |
| Not answered | 2,911 |
| **Agoraphobia** | 1,992 (4.2%) |
| Not answered | 2,911 |
| **Panic attacks** | 18,722 (39.0%) |
| Not answered | 2,911 |
| **Bipolar disorder** | 3,375 (7.0%) |
| Not answered | 2,911 |
| **Obsessive-compulsive disorder** | 3,705 (7.7%) |
| Not answered | 2,911 |
| **Body dysmorphic disorder** | 1,593 (3.3%) |
| Not answered | 2,911 |
| **Anorexia nervosa** | 1,969 (4.1%) |
| Not answered | 3,080 |
| **Atypical anorexia nervosa** | 536 (1.1%) |
| Not answered | 3,080 |
| **Bulimia nervosa** | 1,759 (3.7%) |
| Not answered | 3,080 |
| **Binge-eating disorder** | 2,495 (5.2%) |
| Not answered | 3,080 |
| 1n (%) | |