| **Characteristic** | **N = 51,709**1 |
| --- | --- |
| **Age [years]** |  |
| Mean (SD) | 38 (15) |
| Median (Q1, Q3) | 36 (26, 50) |
| Min - Max | 16 - 117 |
| Not answered | 17 |
| **Biological sex** |  |
| Female | 41,254 (79.8%) |
| Male | 10,455 (20.2%) |
| **Patient's gender** |  |
| Cis woman | 39,882 (77.1%) |
| Cis man | 10,167 (19.7%) |
| Non-binary | 925 (1.8%) |
| Trans man | 322 (0.6%) |
| Self-define | 326 (0.6%) |
| Trans woman | 87 (0.2%) |
| **Ethnicity** |  |
| White | 48,405 (93.9%) |
| Not white | 3,167 (6.1%) |
| Not answered | 137 |
| **Sexual orientation** |  |
| Heterosexual | 37,448 (73.6%) |
| Bisexual | 7,831 (15.4%) |
| Homosexual | 3,237 (6.4%) |
| Self-define | 1,702 (3.3%) |
| Asexual | 673 (1.3%) |
| Not answered | 818 |
| **Height [m]** |  |
| Mean (SD) | 1.68 (0.09) |
| Median (Q1, Q3) | 1.68 (1.62, 1.73) |
| Min - Max | 1.20 - 2.29 |
| Not answered | 505 |
| **BMI [kg/m2]** |  |
| Mean (SD) | 31 (8) |
| Median (Q1, Q3) | 29 (25, 35) |
| Min - Max | 10 - 90 |
| Not answered | 2,107 |
| **Highest education** |  |
| None of the above | 1,373 (2.7%) |
| GCSEs/CSEs/O-levels or equivalent | 6,482 (12.7%) |
| NVQ/HND/HNC or equivalent | 4,400 (8.6%) |
| A-levels/AS-levels or equivalent | 11,537 (22.6%) |
| University | 27,194 (53.3%) |
| Not answered | 723 |
| **any\_mdd\_diagnosis** |  |
| MDD | 50,274 (97.2%) |
| No MDD | 1,435 (2.8%) |
| **any\_gad\_diagnosis** |  |
| GAD | 45,021 (87.1%) |
| No GAD | 6,688 (12.9%) |
| **Suicidality** | 23,405 (45.6%) |
| Not answered | 340 |
| **Major depressive disorder** | 42,760 (87.8%) |
| Not answered | 2,980 |
| **Generalised anxiety disorder** | 37,569 (77.1%) |
| Not answered | 2,980 |
| **Social anxiety** | 12,067 (24.8%) |
| Not answered | 2,980 |
| **Specific phobia** | 2,505 (5.1%) |
| Not answered | 2,980 |
| **Agoraphobia** | 2,025 (4.2%) |
| Not answered | 2,980 |
| **Panic attacks** | 19,010 (39.0%) |
| Not answered | 2,980 |
| **Bipolar disorder** | 3,420 (7.0%) |
| Not answered | 2,980 |
| **Obsessive-compulsive disorder** | 3,776 (7.7%) |
| Not answered | 2,980 |
| **Body dysmorphic disorder** | 1,625 (3.3%) |
| Not answered | 2,980 |
| **Anorexia nervosa** | 2,011 (4.1%) |
| Not answered | 3,153 |
| **Atypical anorexia nervosa** | 543 (1.1%) |
| Not answered | 3,153 |
| **Bulimia nervosa** | 1,782 (3.7%) |
| Not answered | 3,153 |
| **Binge-eating disorder** | 2,534 (5.2%) |
| Not answered | 3,153 |
| 1n (%) | |