| **Characteristic** | **N = 53,805**1 |
| --- | --- |
| **Age [years]** |  |
| Mean (SD) | 39 (15) |
| Median (Q1, Q3) | 36 (26, 50) |
| Min - Max | 16 - 117 |
| Not answered | 17 |
| **Biological sex** |  |
| Female | 42,852 (79.6%) |
| Male | 10,953 (20.4%) |
| **Gender** |  |
| Cis woman | 41,438 (77.0%) |
| Cis man | 10,648 (19.8%) |
| Non-binary | 954 (1.8%) |
| Trans man | 337 (0.6%) |
| Self-define | 338 (0.6%) |
| Trans woman | 90 (0.2%) |
| **Ethnicity** |  |
| White | 49,507 (93.8%) |
| Not white | 3,279 (6.2%) |
| Not answered | 1,019 |
| **Sexual orientation** |  |
| Heterosexual | 39,050 (73.8%) |
| Bisexual | 8,075 (15.3%) |
| Homosexual | 3,334 (6.3%) |
| Self-define | 1,744 (3.3%) |
| Asexual | 690 (1.3%) |
| Not answered | 912 |
| **Height [m]** |  |
| Mean (SD) | 1.68 (0.09) |
| Median (Q1, Q3) | 1.68 (1.62, 1.73) |
| Min - Max | 1.20 - 2.29 |
| Not answered | 1,652 |
| **BMI [kg/m2]** |  |
| Mean (SD) | 31 (8) |
| Median (Q1, Q3) | 29 (25, 35) |
| Min - Max | 10 - 90 |
| Not answered | 3,298 |
| **Highest education** |  |
| None of the above | 1,423 (2.7%) |
| GCSEs/CSEs/O-levels or equivalent | 6,656 (12.7%) |
| NVQ/HND/HNC or equivalent | 4,530 (8.7%) |
| A-levels/AS-levels or equivalent | 11,784 (22.6%) |
| University | 27,850 (53.3%) |
| Not answered | 1,562 |
| **any\_mdd\_diagnosis** |  |
| MDD | 50,274 (93.4%) |
| No MDD | 3,531 (6.6%) |
| **any\_gad\_diagnosis** |  |
| GAD | 45,021 (83.7%) |
| No GAD | 8,784 (16.3%) |
| **Suicidality** | 23,440 (45.4%) |
| Not answered | 2,151 |
| **Major depressive disorder** | 42,760 (87.6%) |
| Not answered | 5,019 |
| **Generalised anxiety disorder** | 37,569 (77.0%) |
| Not answered | 5,019 |
| **Social anxiety** | 12,067 (24.7%) |
| Not answered | 5,019 |
| **Specific phobia** | 2,505 (5.1%) |
| Not answered | 5,019 |
| **Agoraphobia** | 2,025 (4.2%) |
| Not answered | 5,019 |
| **Panic attacks** | 19,015 (39.0%) |
| Not answered | 5,019 |
| **Bipolar disorder** | 3,420 (7.0%) |
| Not answered | 5,019 |
| **Obsessive-compulsive disorder** | 3,777 (7.7%) |
| Not answered | 5,019 |
| **Body dysmorphic disorder** | 1,626 (3.3%) |
| Not answered | 5,019 |
| **Anorexia nervosa** | 2,012 (4.1%) |
| Not answered | 5,192 |
| **Atypical anorexia nervosa** | 545 (1.1%) |
| Not answered | 5,192 |
| **Bulimia nervosa** | 1,784 (3.7%) |
| Not answered | 5,192 |
| **Binge-eating disorder** | 2,534 (5.2%) |
| Not answered | 5,192 |
| 1n (%) | |