

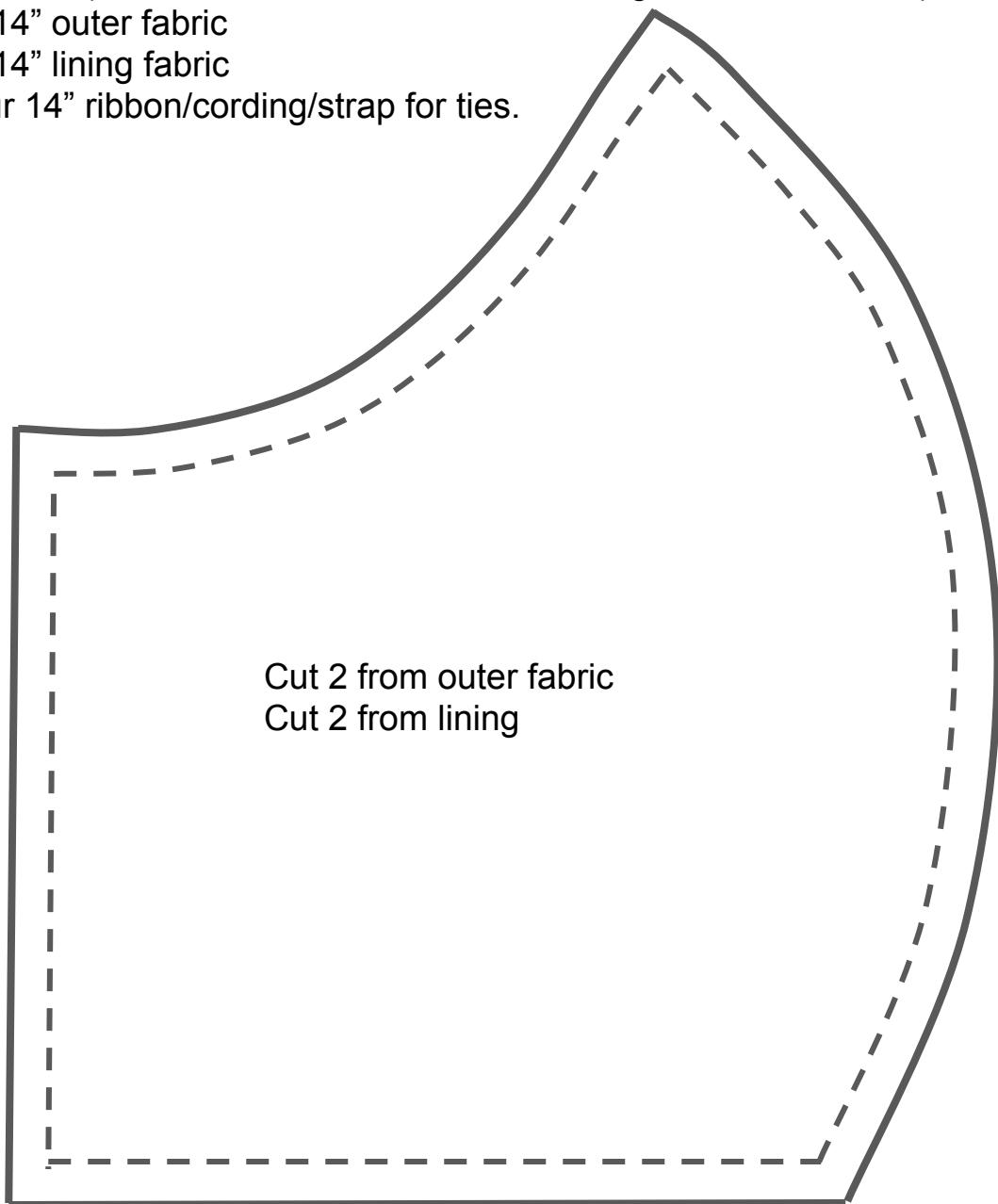
Face Mask: Hand or Machine Sewing

Directions for making a fabric face mask at home using hand- or machine-sewing. This is based on several free mask tutorials online, combined and including pictures for every step. This pattern uses ties instead of elastic.

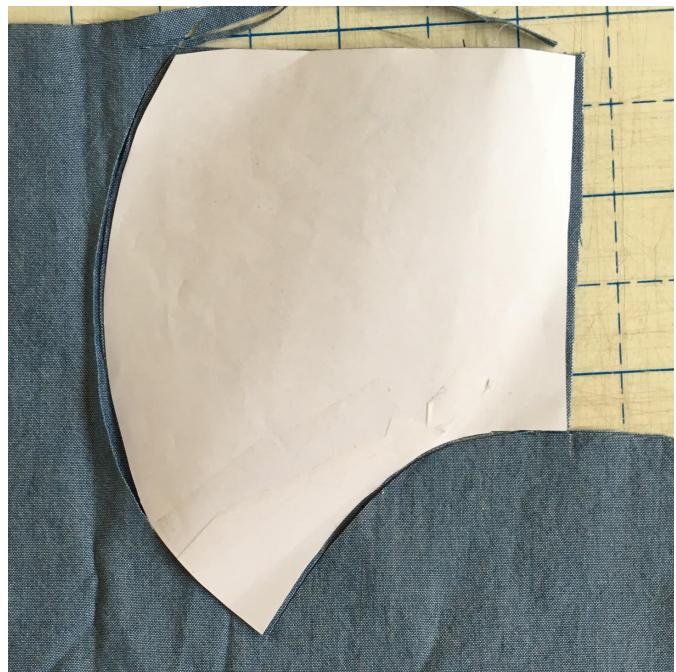
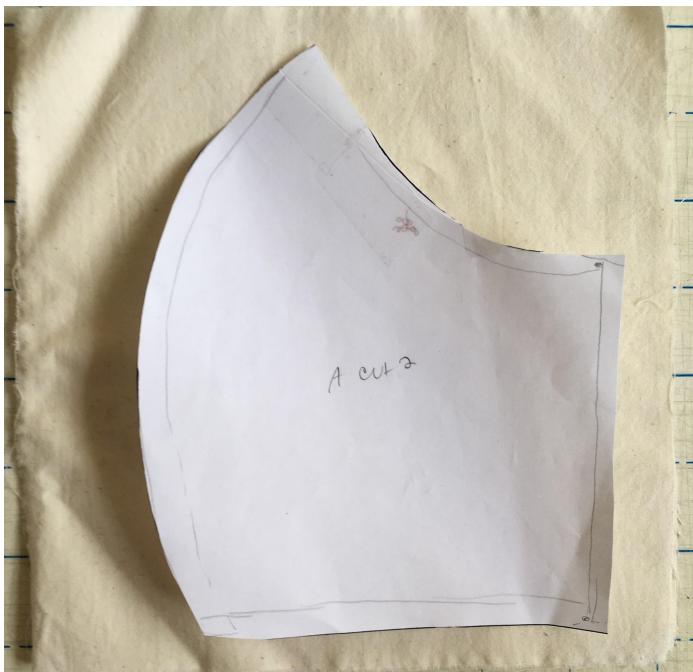
I recommend 100% cotton fabrics so that the masks can be machine washed. Straps can be made out of fabric, shoe laces, ribbon, cord, etc. Just make sure it is washable and can be sewn onto the masks securely.

Materials (for one mask--I recommend making more in batches!)

- 6"x14" outer fabric
- 6"x14" lining fabric
- Four 14" ribbon/cording/strap for ties.



Step 1



Using pattern, cut two layers of outer fabric and two layers of lining fabric.

Step 2



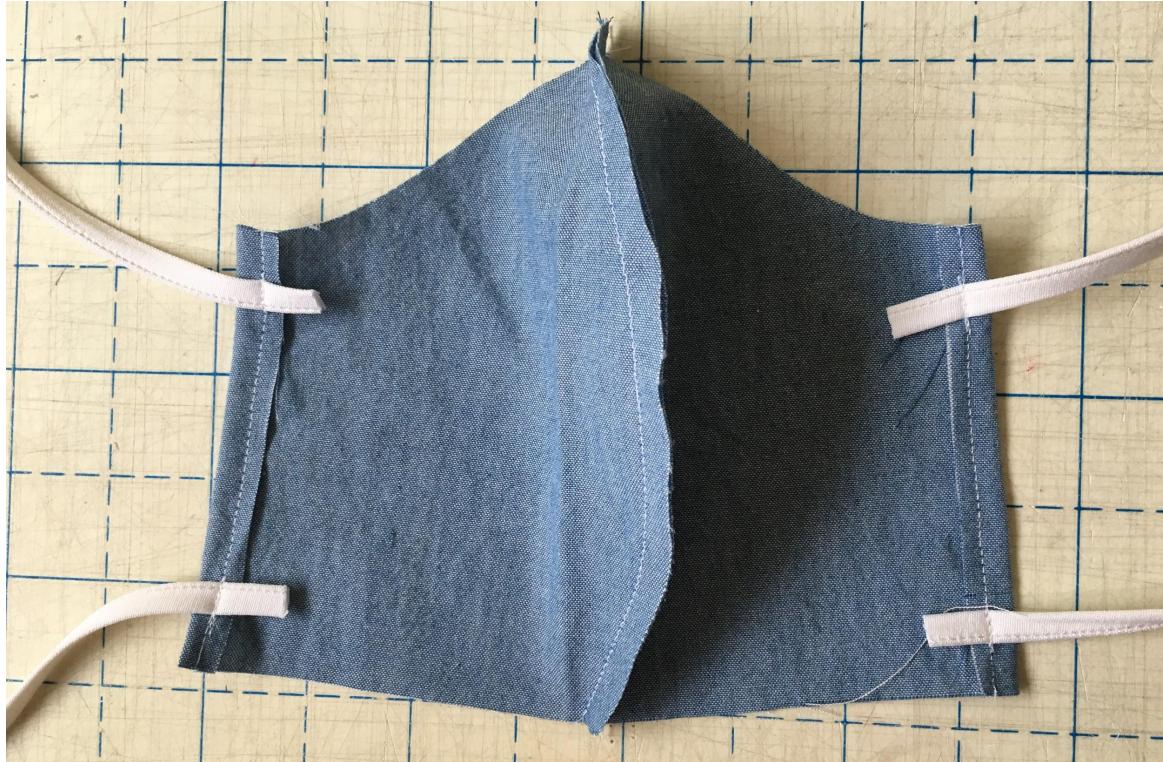
Sew the curved seam down the front of both outer and lining piece.
 $\frac{1}{4}$ " seam allowance.

Step 3



Fold fabric over $\frac{3}{8}$ " and sew side hems of the lining fabric.

Step 4



Now fold the sides of the outer fabric, and sew the seams as for the lining. Attach the ties at this point, about $\frac{1}{2}$ " down from the edge. Be sure to stitch securely, either using the backstitch on machine, or several rows by hand.

Step 5



Place the lining and outer fabric pieces together, **RIGHT SIDES TOGETHER!** (seams should be on the outside)

Step 6



Sew along the top edge of the mask.

Step 7



Sew along the bottom edge of the mask.

Step 8



Using the open sides (they should be open!), slip the mask inside out.

Step 8 (cont'd)



Fully turned out --your mask is almost done! You could end here, but to keep the fabric from sliding around, we will top stitch in the next step.

Step 9



Top stitch the top of the mask about $\frac{1}{8}$ " from the edge (or further if this is too difficult--this is just the keep it flat)

Step 10



Top stitch the bottom of the mask about $\frac{1}{8}$ " from the edge (or further if this is too difficult--this is just to keep it flat)

YOU'RE DONE!

Now go make a couple more and share with your friends :)

Carly Chubak

April 2, 2020

www.carlychubak.com