

Are you postpartum – or about to be?

Help us better understand maternal postpartum health



Who's eligible? We are recruiting individuals between the ages of 18 and 45 who are in the 3rd trimester of pregnancy or within the first 6 months of the postpartum period. If you're currently pregnant, we will schedule your data collection for after you give birth.

What does participation involve? Over a single 24-hour period of your choosing, you'll be asked to provide a morning and evening saliva sample, keep a simple record of how and when you feed your infant, and complete an online questionnaire. We'll also ask you to provide two finger-prick blood spot samples, but this part is optional.

Where? In your own home. Materials will be mailed to you and samples will be collected by the researcher via curbside pickup.



Will I receive compensation? Yes, you'll be offered a \$40 Visa Cash Card or Amazon gift card (or \$50, if you opt-in to the blood collection portion). You'll also be given access to your research data (salivary hormone levels and immune profile).

Where do I start? To access the short online eligibility survey, scan the QR code to the right with your smartphone, visit <https://tinyurl.com/bf2020-eligibility>, or contact the researchers directly for more info.



Who do I contact?

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