

CAROLINE ANNE WILLIAMS

Pronouns: She/They

EDUCATION

PsyD	Clinical Psychology, Primary Care Track APA accredited program, George Fox University, Graduate School of Clinical Psychology, Newberg, OR Dissertation: <i>Psychologists-in-Training Attitudes towards Complicated Grief</i> ; Defense Completed July 2023	2019 – 2024 (Anticipated)
M.A.	Clinical Psychology, Primary Care Track George Fox University, Graduate School of Clinical Psychology, Newberg, OR	2021
B.A.	Psychology and Minor in Biblical Studies Biola University, La Mirada, CA	2018

CLINICAL EXPERIENCE

Internship	Brigham Young University <ul style="list-style-type: none">Supervised by Dr. Natalie Kirtley, PhD and Dr. Davey Erikson, PhDProvided short-term individual psychotherapy services, crisis services, couples psychotherapy, and co-led group psychotherapy to students enrolled at the university.Developed outreach presentations, primarily focusing on reaching LGBTQ+ students. Served on the Diversity Committee to create diversity trainings for the counseling staff.Provided consultation to resident advisors and hall advisors. Taught a lecture on eating disorders to a class consisting of resident advisors.Conducted supervision with a 2nd year PhD student in the BYU Counseling Psychology and Special Education program.Trained in and actively utilized Compassion-Focused Therapy and Exposure and Response PreventionParticipated in multiple weekly trainings and seminars on ethics, multicultural topics, assessment, and psychotherapy.	Aug 2023 – Present
Pre-Internship Practicum	University of Portland <ul style="list-style-type: none">Supervised by Dr. Clay Hartmann, PhD and Wei Motulsky, PhDProvided short-term individual psychotherapy services to college students within a private Catholic university's health and counseling center. Conducted risk assessments and safety planning.Developed treatment planning from a Time Limited Dynamic Therapy framework. Engaged in weekly individual and group supervision from a relational psychodynamic orientation. Received weekly group didactics on relational psychodynamic theory.Created outreach projects to raise awareness for the Health and Counseling Center.Interviewed in multiple identity labs where members were asked to deeper explore their biases and stereotypes about client populations.	2022 – 2023
Supplemental Practicum	Shaun Davis PsyD Private Practice <ul style="list-style-type: none">Supervised by Dr. Shaun Davis, PsyDProvided clinical intake interviews, long-term individual psychotherapy, and crisis services with patients across the lifespan.	2022 – 2023

- Navigated systemic issues with undocumented clients.
- Developed treatment planning from Psychodynamic, Feminist, and Person-Centered theory.
- Managed patient billing and scheduling under Simple Practice while documenting patient interactions in the electronic medical record.
- Engaged in weekly individual supervision from an Emotion-Focused Therapy and Humanistic theory perspective.

Practicum II West Hills Healthcare Clinic 2021 – 2022

- Supervised by Dr. Joy Mauldin, PsyD
- Rotated shadowing two medical providers a month in a rural medical clinic and provided subsequent behavioral health services for each appointment to aid in patients meeting medical goals and addressing relevant mental health issues.
- Utilized cognitive behavioral interventions while conceptualizing from psychodynamic theory. Received weekly individual supervision provided through a psychodynamic lens and participated in group didactics.
- Provided 30-minute behavioral health consultations with individuals ranging across the adolescent and geriatric lifespan.
- Collaborated with a multidisciplinary team (NP, Md, MA, PA) on patient treatment planning and crisis management.
- Conducted six psychological reports, four of which were integrated that included cognitive, and personality assessments with pediatric and adult individuals.

Practicum I Willamette Valley Medical Center 2020 – 2021

- Supervised by Dr. Luann Foster, PsyD
- Conducted clinical intake interviews, administered mental health screeners, provided crisis care and reporting services, provided short and long-term psychotherapy in a co-located internal medicine setting, working with individuals across the adult life-span.
- Provided telehealth therapy services during the COVID-19 pandemic via a HIPPA-compliant video platform.
- Utilized remote access interpretation services to provide therapy for Spanish-speaking patients.
- Engaged in case management and collaborated with Yamhill County and Marion County disability and mental health services to provide holistic patient care.
- Participated in weekly individual supervision and group didactics on working within a medical system, and on therapies such as Acceptance and Commitment Therapy, Interpersonal Therapy, and Psychodynamic Therapy.

TEACHING AND SUPERVISING OF STUDENTS

Clinical Foundations I and II Teaching Assistant George Fox University 2022-2023

- Supervised by Dr. Carilyn Ellis, PhD
- Facilitated a weekly lab group of four first-year doctoral clinical psychology students to provide supervision while they develop Person-Centered clinical skills and theoretical conceptualization.
- Reviewed weekly videotaped therapy sessions while providing feedback on therapeutic skills development. Focused on growing students' professional writing skills and meeting program and APA competencies. Collaborated monthly with a team of Teaching Assistants and supervisor Dr. Ellis to best support the incoming graduate students' therapy skills and professional development.

Mentor to Second Year PsyD Student George Fox University 2022-2023

- Supervised by Dr. Nancy Thurston, PsyD, ABPP
- Met weekly with a first-year practicum student to discuss client cases and professional development. Assessed student's APA competencies and developed goals for growth for the year. Provided direct feedback on the student's clinical work and report writing.

Foundations of Primary Care Teaching Assistant George Fox University 2022

- Facilitated small group learning, assisted with grading assignments, and provided lectures according to specific training goals.
- Guest lectured on *Human Sexuality Across the Lifespan* touching on sexual development, transgender healthcare, and LGBTQIA+ topics.
- Aided in live practice of developing students' biopsychosocial treatment application to medical settings.

Psychopathology Teaching Assistant George Fox University 2021

- Provided feedback for 17, first-year doctoral clinical psychology students on case conceptualizations involving practicing diagnosing, ruling out differential diagnoses, considering the interplay of diversity factors, describing the impact of risk and protective factors, utilizing the biopsychosocial model, and implementing applied evidence-based interventions.
- Graded in an efficient manner and provided timely feedback while focusing on developing students' professional writing skills.

RESEARCH

Research Vertical Team Member George Fox University 2020 – 2023

- Chaired by Dr. Winston Seegobin, PsyD with committee members Dr. Luann Foster, PsyD and Daniel Rodriguez, PsyD
- Bi-weekly small group team meetings focused on obtaining a working knowledge of program-wide research competencies, collaborating on research ideas and topics, as well as ongoing dissertation development.
- Completed dissertation: *Psychologists-in-Training Attitudes towards Complicated Grief*

Poster Presenter at the Christian Association for Psychological Studies Zoom 2022

- **Williams, C.,** Peterson, K., Wu, N., Stusser, A., & Nelson, A. (2022, March 18-19). *Private Christian College Students' Perceptions of the COVID-19 Vaccine* [Conference session]. Christian Association for Psychological Studies.

Research Member for Critical Health Psychology Study George Fox University 2021 – 2022

- Supervised by Dr. Amber Nelson, PsyD and Dr. Daniel Rodriguez, PsyD
- Titled *Vaccine Perceptions: Private Christian College Students*. Evaluating the nuance of university student attitudes towards the COVID-19 vaccine utilizing a critical health psychology lens

Research Assistant for the Parent Project Biola University 2018

- Supervised by Dr. David Cimbora, PsyD
- Interpreted data, maintained confidentiality, and conducted article reviews.
- Project focused on studying parenting skills and negating at risk youth for juvenile detention.

MEMBERSHIPS IN PROFESSIONAL AFFILIATIONS

Graduate Student Affiliate, International Society of Critical Health Psychology	2021 – Present
Graduate Student Affiliate, American Psychological Association	2019 – Present
Student Member, Oregon Psychological Association	2020 – 2021

COLLOQUIAL TRAINING AND WORKSHOPS

Christian Privilege and Supremacy Presented at Brigham Young University by Caroline Williams, MA	Winter 2024
Quicker Care Workshop, Depression Presented at Brigham Young University by Caroline Williams, MA and Nate Rhees, MS	Fall 2023
Fundamentals of Psychoanalytic Psychotherapy Presented at the Oregon Psychoanalytic Center by Deborah Kass, MS, LCSW	Spring 2023
Trauma Treatment Certification Presented at George Fox University by Dr. Kenneth Logan PsyD	Fall 2022
Substance Abuse Course Presented at George Fox University by Dr. Jory Smith PsyD	Fall 2022
Meaning-Centered Grief Therapy Certificate Presented at The Center for Complicated Grief by Dr. Wendy Lichtenthal PhD	June 2022
Grand Rounds: Sex, Religion, and Spirituality in the Therapy Room Presented at George Fox University by Dr. Elisabeth Esmiol Wilson, PhD	March 2022
Colloquium: Integrating Faith and Anti-Racism Presented at George Fox University by Dr. Elizabeth Vaiz and Dr. Brandy Liebscher	November 2021
Grand Rounds: Erotic Transcendence: Integration of Faith Presented at George Fox University by Dr. Elisabeth Esmiol Wilson, PhD	October 2021
Group Therapy Certificate Presented at George Fox University by Dr. Michelle Ribeiro, EdD, ABPP, CGP, FAGPA	June 2021
Ecopsychology Certificate Presented at Pacifica Graduate Institute by Dr. Andy Fisher, PhD; Jeanine M. Canty, PhD, MA, LMFT; Dr. Craig Chalquist, PhD	January 2021 – April 2021
Creative Thinking Health in Your Practice: For Client and Therapist Presented at George Fox University by Dr. Kathleen Hoyt, PhD, PsyD	September 2020
FACT Webinar Training Presented at George Fox University by Dr. Kirk Strosahl and Dr. Patti Robinson	August 2020
Colloquium: Mitigating the Effects of ACES Presented at George Fox University by Dr. Amy Stoeber, PhD	February 2020

Colloquium: Intercultural Prerequisites for Effective Diversity Work

October 2019

Presented at George Fox University by Dr. Cheryl Forster, PhD

Clinical Team

Fall 2019 – Spring 2023

Clinical team mentors: Dr. Kristie Knows His Gun, PsyD; Dr. Elizabeth Hamilton, PsyD, Dr. Mark McMinn, PhD; Dr. Nancy Thurston, PsyD. Met weekly to discuss and consult on clinical work from multiple mental health environments and utilize a diversity of therapy orientations to conceptualize patients.

ADDITIONAL RELATED EXPERIENCES

Student Consultant for Community Events Chehalem Cultural Center under Amanda Bayha April 2022–August 2022

- Collaborated with a team to focus on creating spaces for the Newberg community to process grief from COVID-19.
- Contributed to sharing literature on grief and emotions to bolster accurate information being shared during the events.

Student Co-leader of Health Psychology SIG George Fox University September 2020 – April 2022

- Organized educational events for George Fox's clinical psychology graduate students once per semester.
- Focused on broadening awareness of the health psychology field and areas of growth in this specialized domain.

Student Leader for PsyD Orientation George Fox University August 2021

- Organized 1st year orientation for incoming PsyD students.
- Represented the community of doctoral clinical psychology students and provided education about the PsyD program.

Student Member of Legislative Committee for OPA George Fox University January 2020 – January 2021

- Advocated for legislative issues pertaining to psychology through screening various potential legislative bills.

Student Wellness Committee Member George Fox University September 2019 – April 2020

- Created a welcoming environment for the graduate students of the department of clinical psychology.

ASSESSMENT EXPERIENCE

PERSONALITY ASSESSMENTS

MMPI-3	Minnesota Multiphasic Personality Inventory, Third Edition
MMPI-2	Minnesota Multiphasic Personality Inventory, Second Edition
MCMI	Millon Clinical Multiaxial Inventory
HTP	House Tree Person Personality Test
PAI	Personality Assessment Inventory
16PF	Sixteen Personality Factor Questionnaire

COGNITIVE ASSESSMENTS

WISC-V	Wechsler Intelligence Scale for Children, Fifth Edition
WAIS-IV	Wechsler Adult Intelligence Scale, Fourth Edition
WMS-IV	Wechsler Memory Scale, Fourth Edition
WJ-IV	Woodcock Johnson Test of Achievement, Fourth Edition
Jordan-3	Jordan Left-Right Reversal Test, Third Edition
CPT-3	Conners Continuous Performance Test, Third Edition
MoCa	Montreal Cognitive Assessment
MMSE	Mini-Mental Status Exam

REFERENCES

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