

# Caroline Lamar

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## EDUCATION

**The University of Texas at Austin**  
Bachelor of Science and Arts in Biology  
*Pre-Health Professions Certificate*

Graduation date: December 2020  
Overall GPA: 3.5  
Psychology GPA: 4.0

## PROFESSIONAL EXPERIENCE

**Austin Oaks Psychiatric Hospital**, Austin, TX  
*Mental Health Technician*

Nov 2019 - Present

- Responsible for safety of adolescent and adult psychiatric patients within the unit
- Complete face to name checks every 15 minutes
- Assist medical staff and check patient vitals
- BLS, verbal de-escalation and Handle with Care training

**The Children's Courtyard**, Cedar Park, TX  
*Assistant Teacher*

May 2019 - August 2019

- Cared for children from the ages 3 months to ten years old in a preschool setting
- Responsible for helping carry out daily lesson plans, assisting teachers with misbehaving children, conflict resolution between children, communicating with parents, and making sure each child got their emotional and physical needs met

**SAFE Alliance**, Austin, TX  
*Holiday Giving Program Intern*

Sept 2018 – Dec 2018

- Responsible for administrative and volunteer support for the holiday program which provided holiday gifts to families and children under the care of the domestic violence shelter
- Documented and moved over \$500,000 of items
- Communicated with families in the shelter about their needs towards the program

## RESEARCH EXPERIENCE

**Population Health at Dell Medical School**, Austin, TX  
*Undergraduate Research Assistant*

Sept 2019 - Present

- Working under Dr. Virginia Brown and a doctoral candidate to study the creation and implementation of psychiatric advanced directives (Paper is in review process to be published).

**MicrobeHackers Lab**, Austin, TX

Jan 2017 – May 2018

*Freshman Research Initiative Program Research Assistant*

- Self-initiated project that was guided under a doctoral candidate
- Learned genetic engineering techniques such as PCR, site directed mutagenesis, and southern blots to see how the effect of mutations in pUC19 effected copy number when transformed into E. Coli.

## LEADERSHIP

**Dell Medical School**, Austin, TX  
*Health Leadership Apprenticeship*

Jan 2018 – Present

- Worked with doctors and community stake holders to implement new health programs for Austin and its surrounding areas

**Longhorn Wellness Center**, Austin, TX

Aug 2018 – Present

*Healthyhorns Peer Educator and Healthyhorns Peer Educator Teaching Assistant*

- Conducted outreach informing students about health resources on campus and what a healthy lifestyle in college looks like through workshops, condom distribution and event tabling

- Teaching Assistant: Coordinate workshops, assist students with course material, gather statistics and create end of year reports, health promotion through social media and student organizations.

**Atlantis Medical Fellowship in Cuenca, Ecuador:** Shadowed physicians in public and private hospitals and volunteered in an orphanage

**PLUS Facilitator:** Biochemistry study group facilitator

**Physician Shadowing Hours:** 80+

## EXTRACURRICULAR ACTIVITIES

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**Alpha Chi Omega:** Recruitment Team

**University of Texas Gymnastics Team:** Club Program