



Mental Health Resources

Search For						
Psychiatrists and Hospitals	Psychologists	Counselors	Government Services	Substance Abuse Rehabilitation	12 Step Programs & Support Groups	Help Lines
Information About						
Other Physical Resources	Mental Illness Information	Legal Rights and Help	Books, Websites, and other Resources	What to do in a crisis	How you can help	Raising Awareness

Between 20-25% of the population of the United States struggle with mental illness. 80% of people who struggle with substance abuse also struggle with mental illness. But you don't have to have a mental illness to have struggles and pain and need help sometimes. Our goal is to provide you with the information you need to get the help you need, no matter what kind of help that is. We strive to provide up-to-date, accurate, detailed, and comprehensive information regarding all services available to you in your area. We do not give ratings or reviews, but simply strive to give you all the information you need to make the decision yourself. Please do not hesitate to contact us with any questions you have.

Window Title

Psychiatrists	Psychiatric Inpatient Facilities	Outpatient Programs	Psychiatric Practices	Outpatient Clinics	Cross-Discipline Practices
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