

Mental Health Resources

Search For

Psychiatrists and Hospitals

Psychologists

Counselors

Government Services

Substance Abuse Rehabilitation

12 Step Programs & Support Groups

Help Lines

Information About

Other Physical Resources

Mental Illness Information

Legal Rights and Help

Books, Websites, and other Resources

What to do in a crisis

How you can help

Raising Awareness

Between 20-25% of the population of the United States struggle with mental illness. 80% of people who struggle with substance abuse also struggle with mental illness. But you don't have to have a mental illness to have struggles and pain and need help sometimes. Our goal is to provide you with the information you need to get the help you need, no matter what kind of help that is. We strive to provide up-to-date, accurate, detailed, and comprehensive information regarding all services available to you in your area. We do not give ratings or reviews, but simply strive to give you all the information you need to make the decision yourself. Please do not hesitate to contact us with any questions you have.

Window Title

Psychiatrists

Psychiatric Inpatient Facilities

Outpatient Programs

Psychiatric Practices

Outpatient Clinics

Cross-Discipline Practices