

performing & scripting

speechless.



claire slattery
director of performance

S.

today's focus

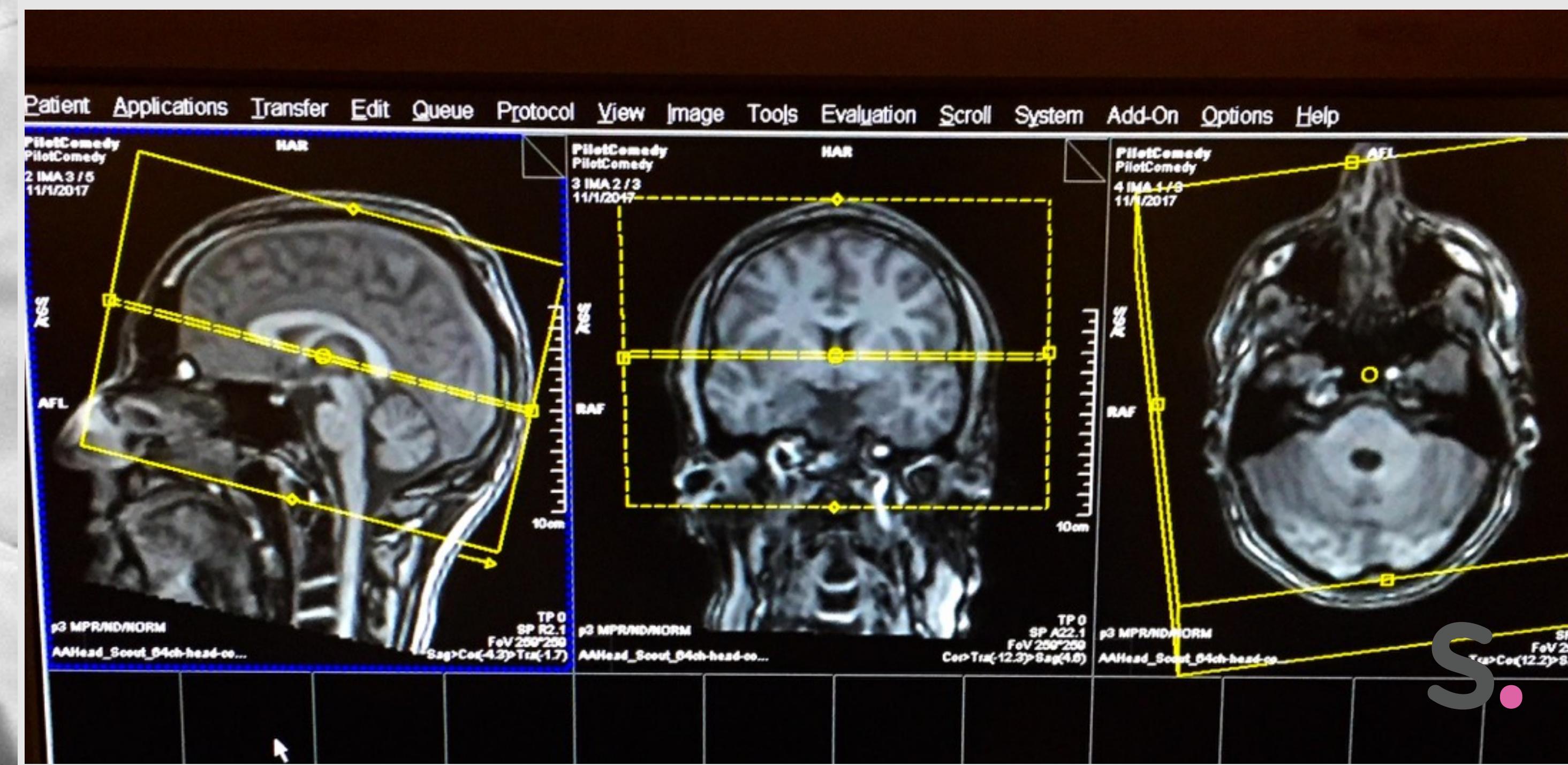
- 1 **strengthening your authentic voice**
- 2 **crafting impactful scripts**
- 3 **merging the two together**

improv thinking

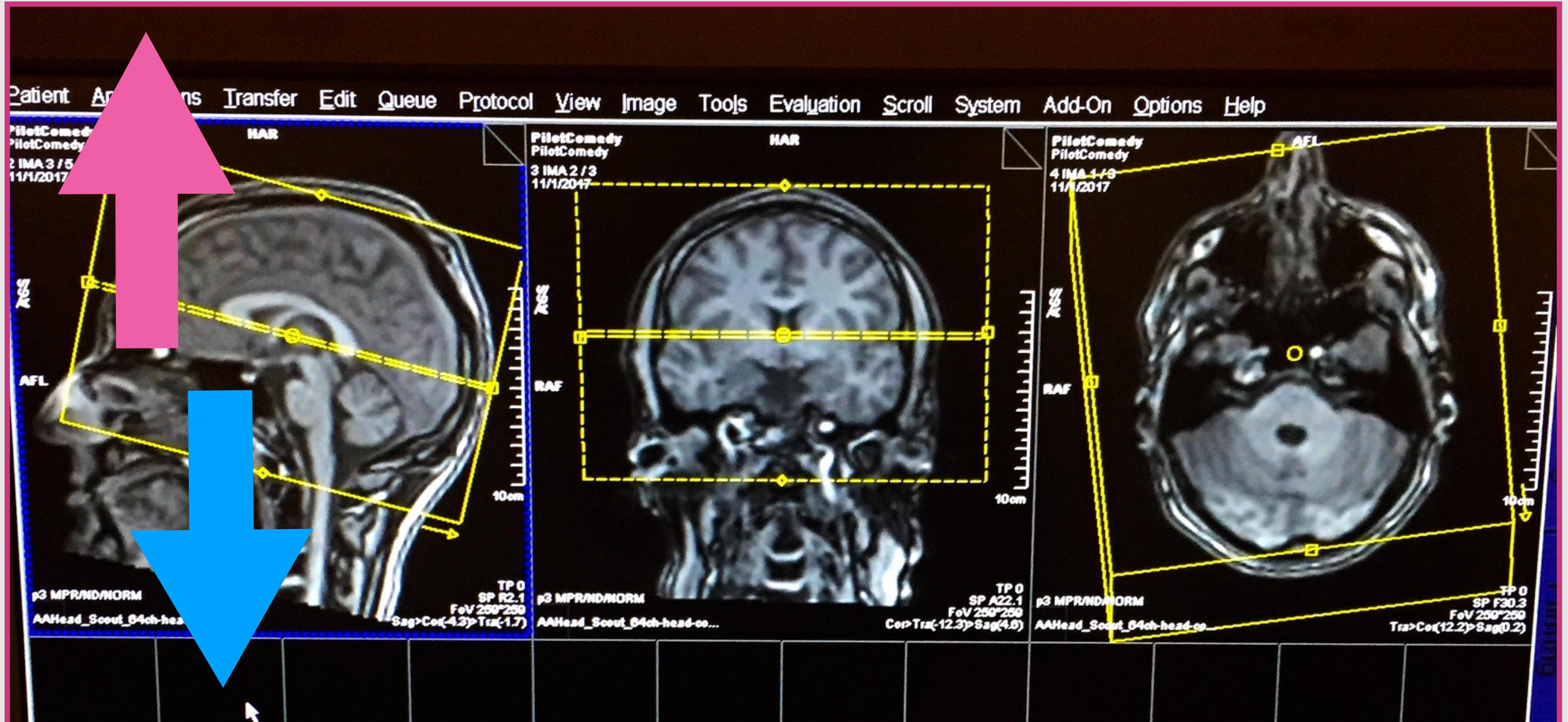
- 1 practice spontaneity
- 2 demonstrate generosity
- 3 embrace authenticity
- 4 follow the joy



Dr. Charles Limb, M.D.
UCSF Medical Center
Speechless' Scientist in Residence
NPR - Your Brain on Improv



autobiographical
self-expression
creativity



self-monitoring
inner critic

S.

building presence



s.

building presence

1

physical

2

vocal

3

mental

physical
vocal
mental

S.

building presence

1

physical

2

vocal

3

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S.

building presence

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S.

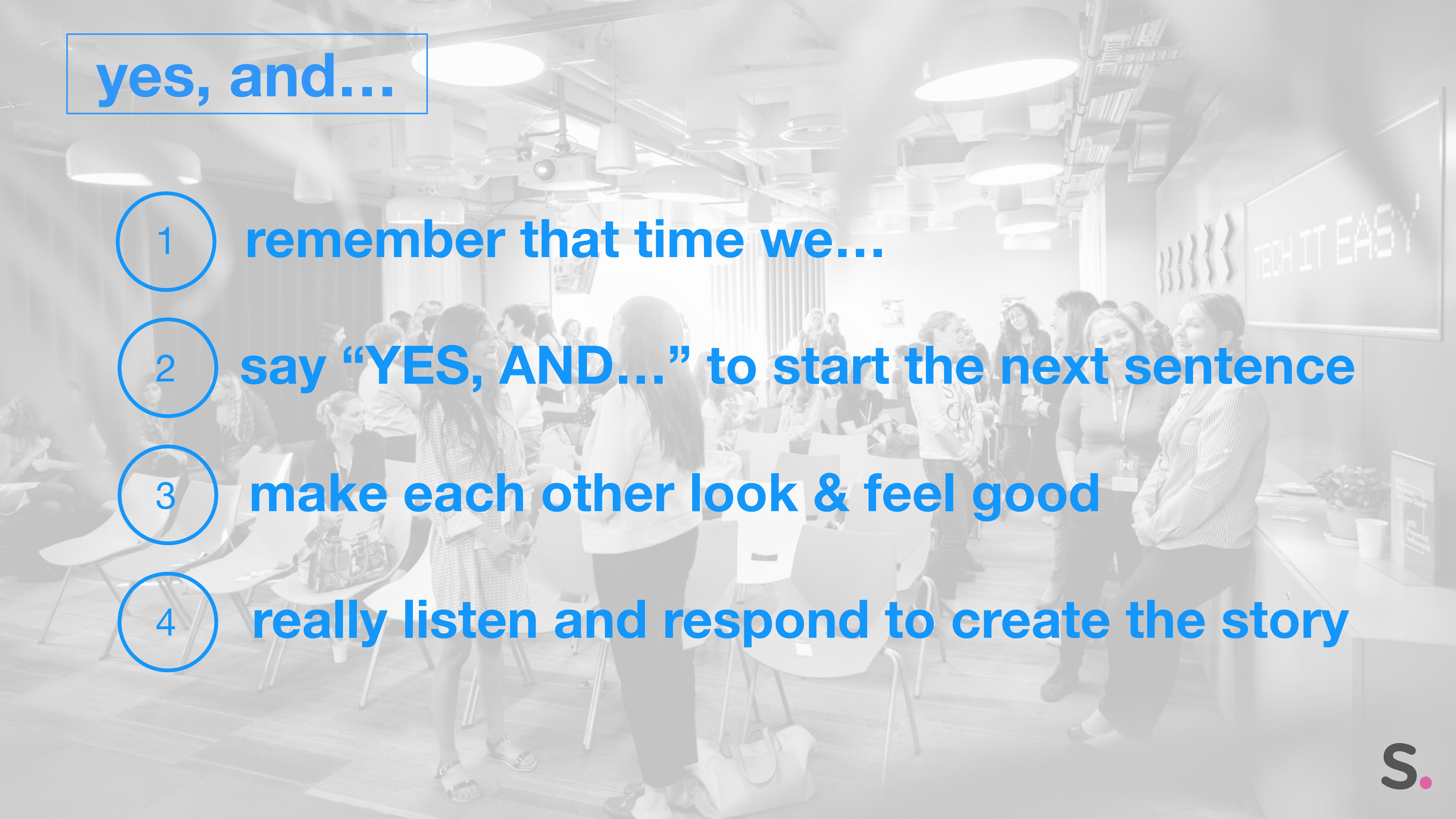
thoughts

S.

yes, and...



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yes, and...

- 1 remember that time we...
- 2 say “YES, AND...” to start the next sentence
- 3 make each other look & feel good
- 4 really listen and respond to create the story

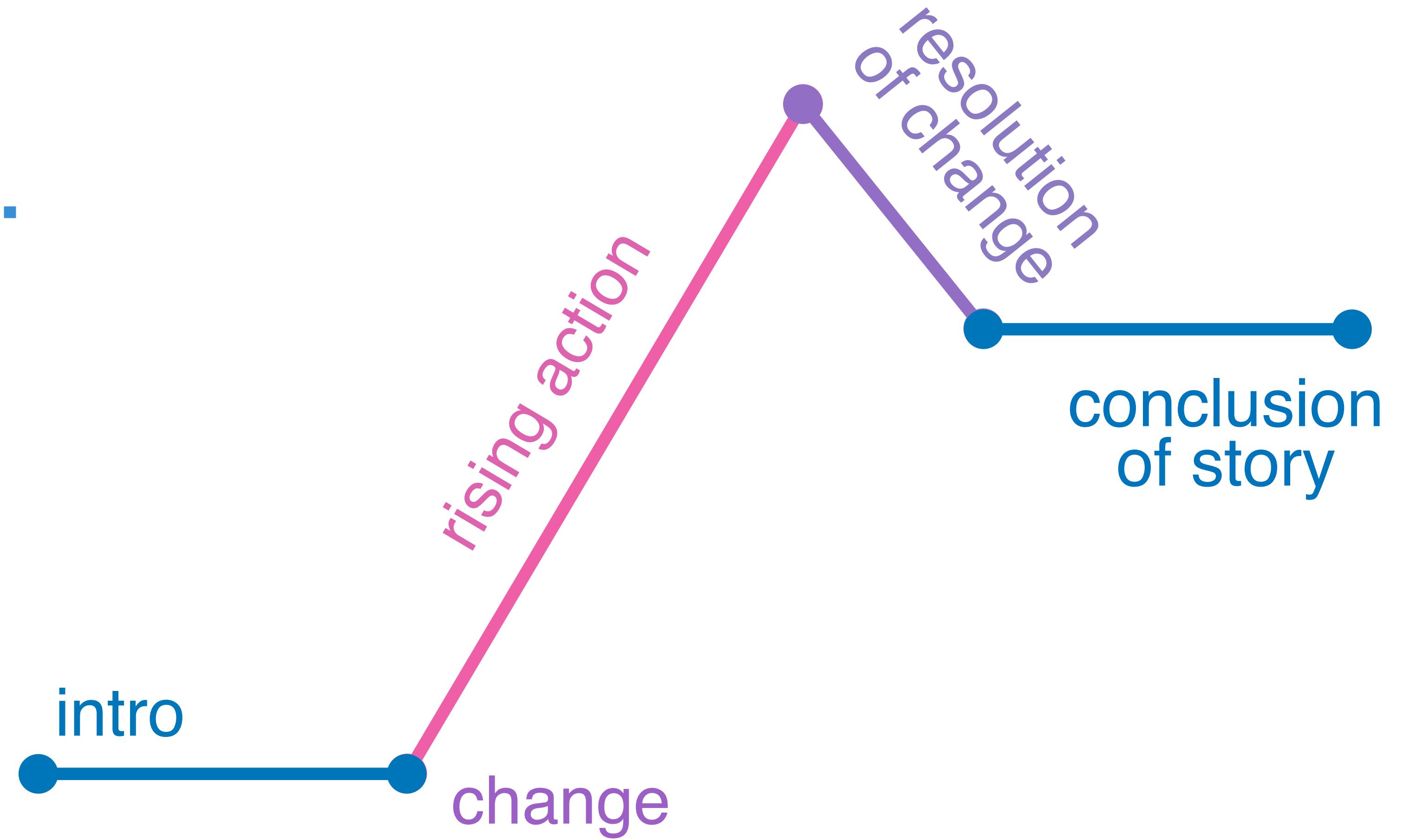


story spine

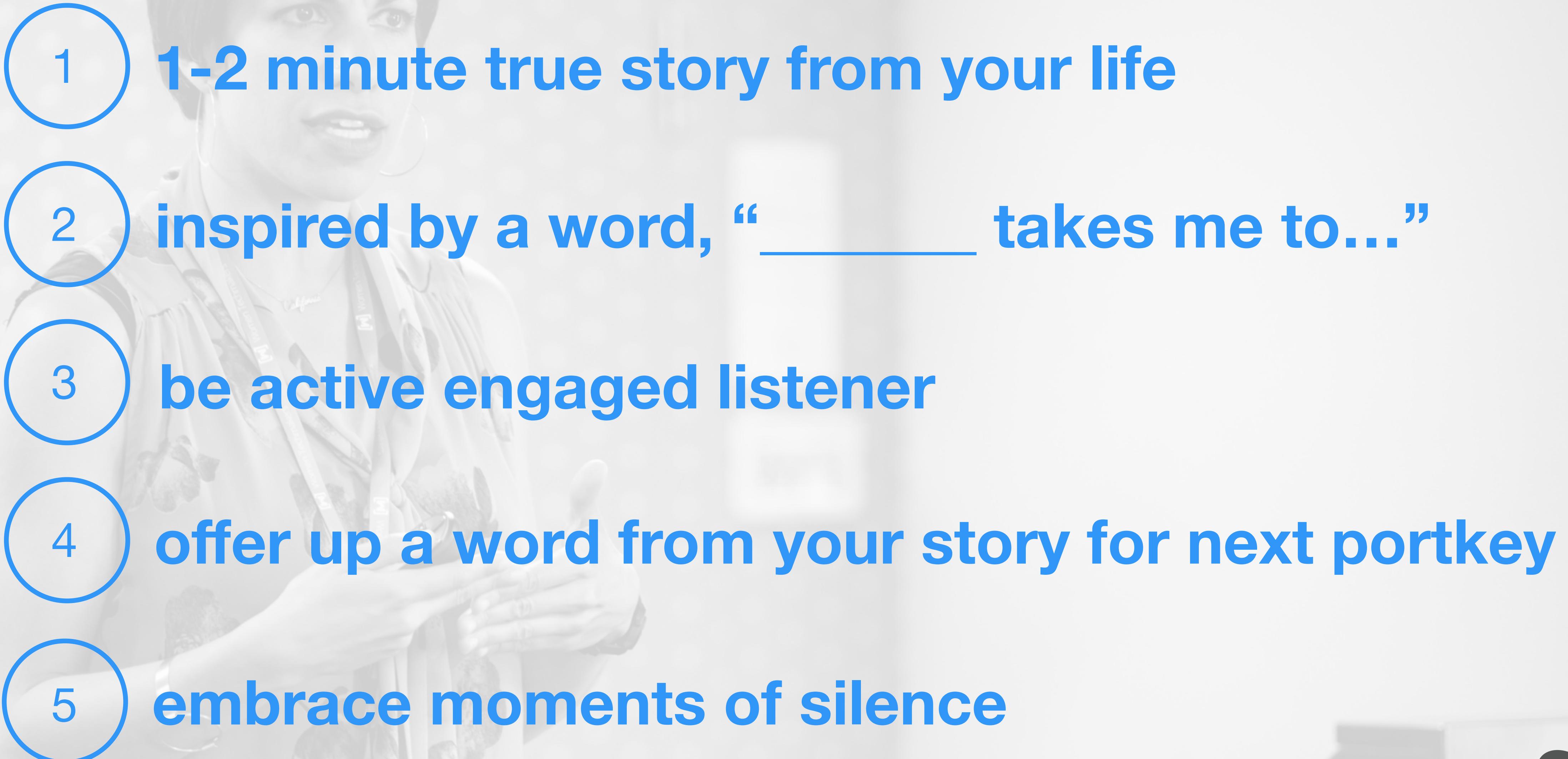
S.

story spine

once upon a time...
every day...
but, one day...
because of that...
because of that...
because of that...
until finally...
ever since then...
the moral of the story...

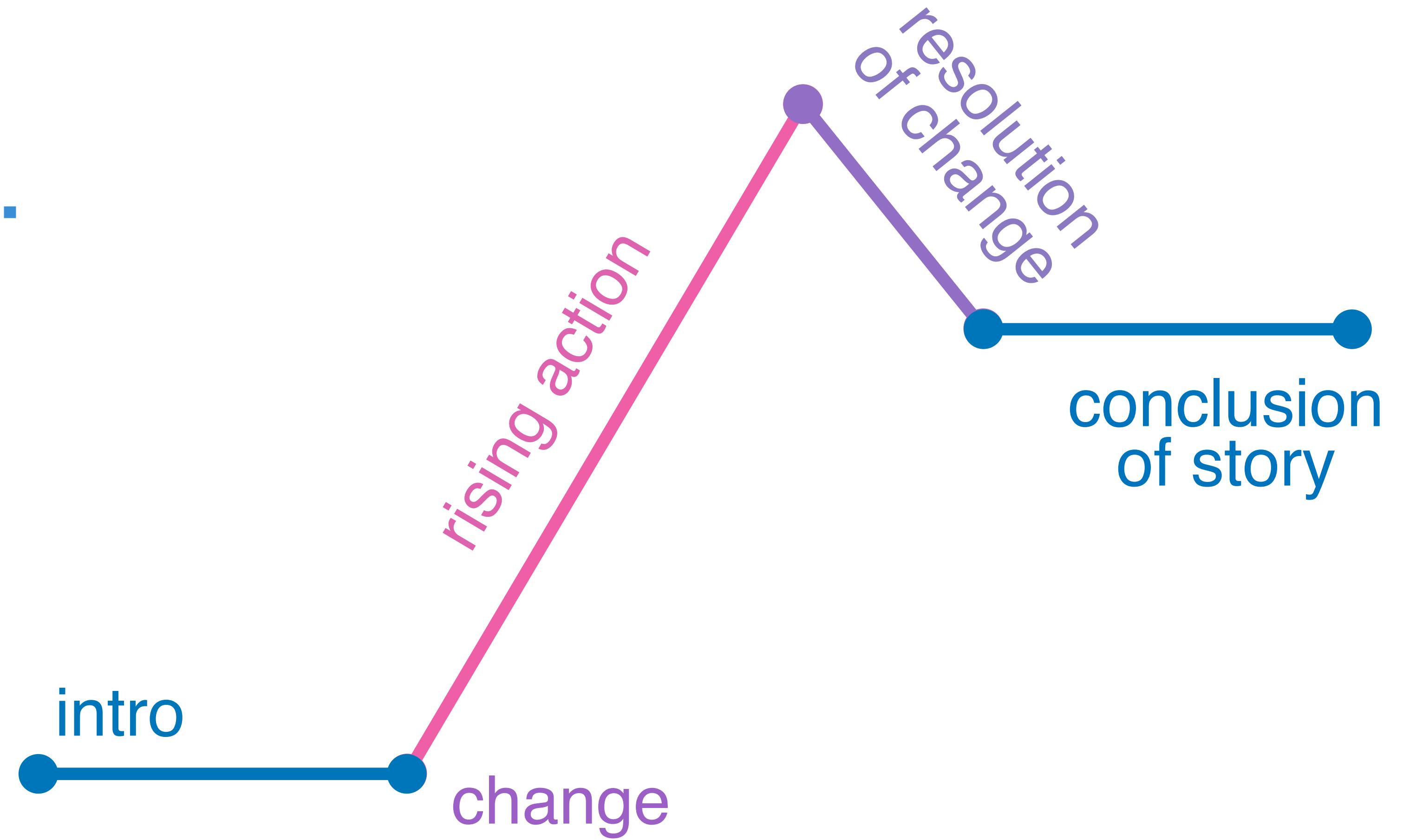


story spine

- 
- 1 **1-2 minute true story from your life**
 - 2 **inspired by a word, “ _____ takes me to...”**
 - 3 **be active engaged listener**
 - 4 **offer up a word from your story for next portkey**
 - 5 **embrace moments of silence**

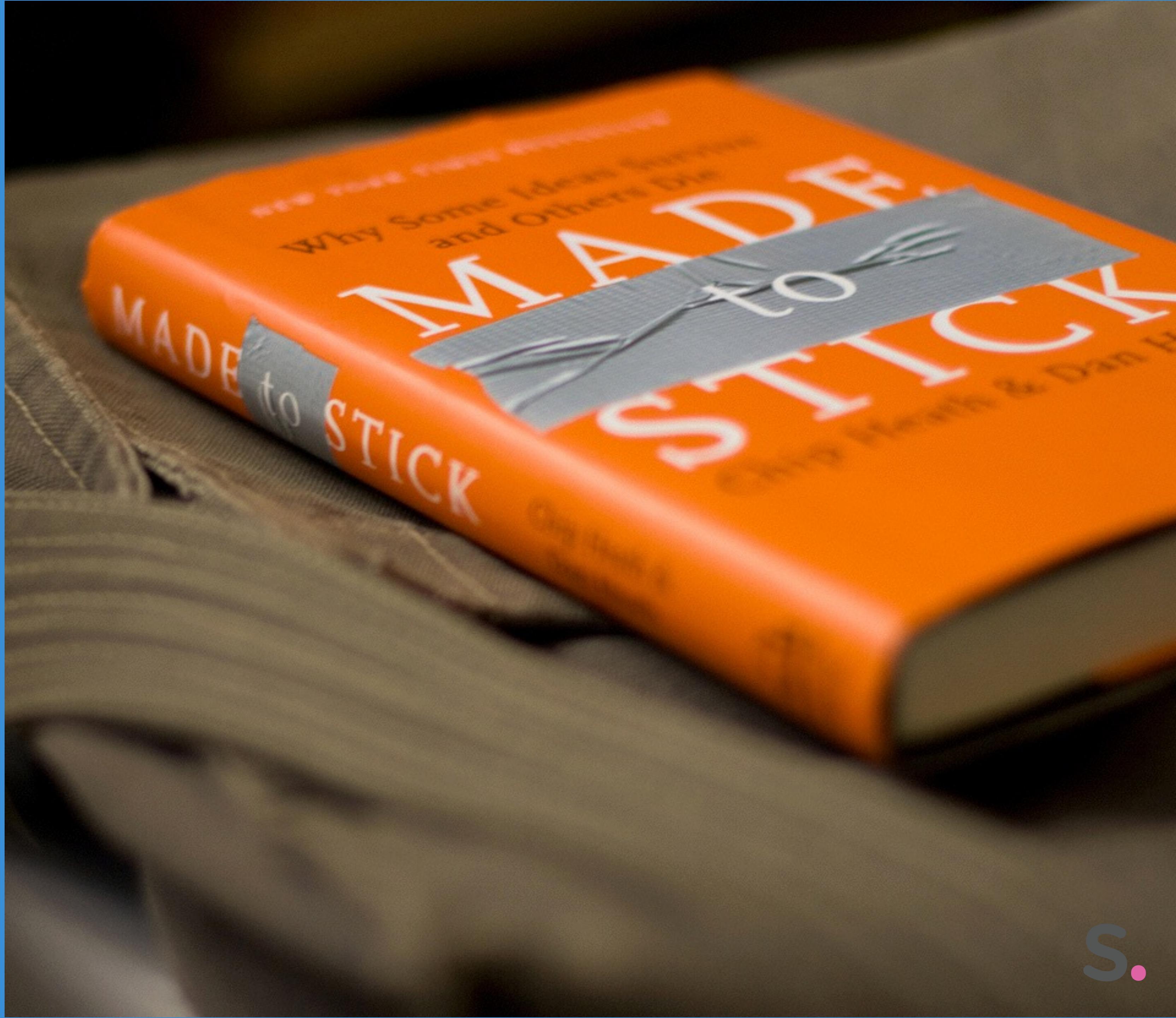
story spine

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Made to Stick

Creating Sticky Messages



S.

S imple
U nexpected
C oncrete
C redible
E motional
S tories

s.

Simple
Unexpected
Concrete
Credible
Emotional
Stories

s.

Simple

Means telling one clear core message

S.

Don't Bury the Lead

S.



S.

The Curse of Knowledge

S.



Find the Core



elevator pitch

s.

elevator pitch

2:00

- 1 what is something you need to pitch
- 2 1 min / 30 sec / 15 sec / 5 sec / 1 word
- 3 listen to the version before you & keep the most important aspects

vennspiration



S.

- 1 what project are you working on?
- 2 what is something you are passionate about?
- 3 now combine them: #1 is like #2...
- 4 use specifics to build connective tissue
- 5 now switch roles

today's focus

- 1 **strengthening your authentic voice**
- 2 **crafting impactful scripts**
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moving forward

what will you keep practicing & building on from today?

how will you use & incorporate these tools & best practices into your life/work?

like, follow, & work with us

speechless. POINT system

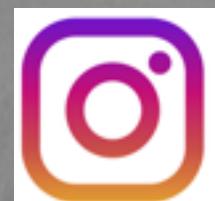
Presence
Originality
Inclusion
Narrative
Transformation



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