

Interactions & Contraindications

What to consider with medications, alcohol, and health conditions.

Introduction

Cannabis can interact with medications and may not be appropriate for certain conditions. Being informed helps you use products safely and confidently.

Science Explained Simply

Certain cannabinoids can affect liver enzymes involved in drug metabolism. Sedating combinations can be additive.

THC can impair reaction time; CBD can influence blood levels of some medications.

CARTA Product Spotlight

CARTA promotes transparency and caution. Our guidance encourages customers to consult clinicians, especially when using blood thinners, sedatives, or other critical medications.

Practical Guidance

- If you take prescription drugs, talk to your clinician before starting cannabis.
- Avoid mixing high-THC use with alcohol or sedatives.
- Keep daytime doses modest if you need to remain sharp and functional.

FAQ & Myth vs Fact

Q: Can I use cannabis with antidepressants or anti-anxiety meds?

A: Many adults do, but you should consult your prescriber and start with low doses while monitoring response.

Responsible Use & Safety Notes

If you experience dizziness, racing heart, or anxiety, pause use and reassess dose and setting. Seek medical advice for concerning symptoms.

Key Takeaway

Respect interactions and you'll gain control. When in doubt, start lower and get professional guidance.

LEGAL DISCLAIMER

These materials are for educational purposes only and are not intended as medical advice, diagnosis, or treatment.

Cannabis affects individuals differently. Effects may vary depending on dose, setting, and individual biology.

Always consult with a qualified healthcare professional before starting or changing cannabis use, particularly if you are pregnant, breastfeeding, or taking prescription medications.

CARTA products are designed for responsible adult use only. Keep out of reach of children and pets.

Do not drive or operate heavy machinery under the influence of THC.

Compliance with all local, state, and federal laws is the responsibility of the user.

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