

Interactions and Contraindications

Respecting the Other Medications in the Room

How Interactions Occur

Cannabinoids, especially THC and CBD, can affect liver enzymes that metabolize many prescription drugs.

Combined sedative effects and changes in blood levels of critical medications are the main concerns.

Medications Requiring Extra Caution

Blood thinners and antiplatelet agents

Sedatives, sleep medications, benzodiazepines, and opioids

Antidepressants and anti-anxiety medications

Seizure medications and other drugs with narrow therapeutic windows

Conditions Requiring Careful Evaluation

History of psychosis, bipolar mania, or serious mood instability

Significant cardiac disease, uncontrolled hypertension, or arrhythmias

Pregnancy, breastfeeding, or complex multi-drug regimens

Practical Guidance

Discuss cannabis use with your prescribing clinicians before starting or changing doses.

Begin with very modest dosing and monitor for unexpected side effects or changes in how your medications feel.

Key Takeaway

When in doubt, lower and slower—with professional input—is safer than guessing about interactions.

LEGAL DISCLAIMER These materials are for educational purposes only and are not intended as medical advice, diagnosis, or treatment. Cannabis affects individuals differently. Effects may vary depending on dose, setting, and individual biology. Always consult with a qualified healthcare professional before starting or changing cannabis use, particularly if you are pregnant, breastfeeding, have underlying medical or psychiatric conditions, or are taking prescription medications. CARTA products are designed for responsible adult use only. Keep out of reach of children and pets. Do not drive or operate heavy machinery under the influence of THC. Compliance with all local, state, and federal laws is the responsibility of the user.