

# Inhalation Products

## Fast Feedback, Intentional Use

### What's in the Line

CARTA inhalation offerings include chemotype-labeled flower, infused pre-rolls, concentrates, and vape carts.

Each option is tied to specific effect families so users can keep direction consistent across formats.

### Why Inhalation Matters

Inhalation has the fastest onset, making it useful for situational needs such as pre-activity, sudden flares, or wind-down.

Because it acts quickly, it also provides clear feedback that can inform future dosing decisions.

### Using Inhalation with the Stack

Start with one or two small inhales and wait before deciding whether to take more.

Match inhalation chemotypes to your capsule profiles—Calm & Focus with clarity-forward flower, Rest & Restore with calmer, heavier profiles.

Log context and response in the Stack app to see which situations inhalation truly helps.

### Safety Notes

Avoid very deep or repeated inhales when learning your response.

Never use unknown or untested cartridges, and do not drive after inhaling THC.

### Key Takeaway

Inhalation is a precision tool when used carefully; it should enhance a well-designed stack, not replace thoughtful planning.

**LEGAL DISCLAIMER** These materials are for educational purposes only and are not intended as medical advice, diagnosis, or treatment. Cannabis affects individuals differently. Effects may vary depending on dose, setting, and individual biology. Always consult with a qualified healthcare professional before starting or changing cannabis use, particularly if you are pregnant, breastfeeding, have underlying medical or psychiatric conditions, or are taking prescription medications. CARTA products are designed for responsible adult use only. Keep out of reach of children and pets. Do not drive or operate heavy machinery under the influence of THC. Compliance with all local, state, and federal laws is the responsibility of the user.