

HALF TITLE PAGE

# **MY THESIS TITLE**

By FIRST LAST, B.Sc. (Hons)

A thesis submitted to the School of Graduate Studies in partial fulfilment of the  
requirements for the Degree Master of Science

McMaster University © Copyright by First Last, Month YYYY

Master of Science (YYYY)  
Department of Kinesiology

McMaster University  
Hamilton, ON, Canada

TITLE: My thesis title

AUTHOR: First Last, Degrees (Institutions)

SUPERVISOR: Supervisor name

NUMBER OF PAGES: xi, 3

# Lay abstract

A lay abstract of **not more 150 words** must be included explaining the key goals and contributions of the thesis in lay terms that is accessible to the general public. This page must be numbered 'iii'.

# **Abstract**

An abstract of not more than 300 words must be included and indicates the major emphasis of the thesis, new discoveries, and its contribution to knowledge. The style of abstract varies from discipline to discipline but the student should follow an appropriate style. This page must be numbered 'iv'.

# Acknowledgements

This is where you recognize and thank the people who supported you during this adventure.

This is an optional page if you'd like do to a dedication.

# Table of contents

<b>Lay abstract</b>	<b>iii</b>
<b>Abstract</b>	<b>iv</b>
<b>Acknowledgements</b>	<b>v</b>
<b>List of abbreviations and symbols</b>	<b>x</b>
<b>Declaration of academic achievement</b>	<b>xi</b>
<b>1 Literature review</b>	<b>1</b>
1.1 A subheading here . . . . .	1
<b>2 Introduction</b>	<b>2</b>
2.1 A subheading here . . . . .	2
<b>References</b>	<b>3</b>



# List of Figures

# List of Tables

# List of abbreviations and symbols

Must include with their appropriate definitions.

# **Declaration of academic achievement**

The student will declare his/her research contribution and, as appropriate, those of colleagues or other contributors to the contents of the thesis.

## **Contributions using CRediT (Contributor Roles Taxonomy)**

List roles using CRediT taxonomy (see <https://credit.niso.org/>)

# **Chapter 1**

## **Literature review**

This chapter 1.

The quick brown fox jumps over the sleazy dog.

### **1.1 A subheading here**

Some more text please.

# **Chapter 2**

## **Introduction**

This chapter 2.

### **2.1 A subheading here**

Some more text please (Adams, 1987).

# References

Adams, J. A. (1987). Historical review and appraisal of research on the learning, retention, and transfer of human motor skills. *Psychological Bulletin*, 101(1), 41.