Let
$$S = (-\infty, 0) \cup \{x \in \mathbb{Z} : 1 \le x \le 8\}$$
.
Let $T = (9, \infty) \cup \{x \in \mathbb{Z} : 1 \le x \le 8\}$.

Let
$$T = (9, \infty) \cup \{x \in \mathbb{Z} : 1 < x < 8\}$$
.

In $S \cap T$, the open intervals get removed, leaving $\{x \in \mathbb{Z} : 1 \le x \le 8\}$, which is equivalent to $\{1, 2, 3, 4, 5, 6, 7, 8\}$ which has exactly 8 elements.

Let
$$S = \{0\}.$$

$$S \cap \mathbb{Z} = \{0\}$$

$$S \cap \mathbb{N} = \phi$$

$$S\cap \mathbb{Z}\neq S\cap \mathbb{N}$$

Let
$$S = (a, |b-a|)$$
. Let $T = (b, |b-a|)$.

$$S \cup T = (a, b)$$
 where $a < b$.