

Cohasset High School

Student-Family Handbook

2021-2022



143 Pond Street
Cohasset, MA 02025
781-383-6100 www.cohassetk12.org

The Cohasset Public Schools policy of nondiscrimination shall apply to the District's students, staff, and families, and shall extend to the District's dealings with the general public and those with whom it does business, in accordance with applicable law. No individual shall be discriminated against in admission, employment, or access to educational opportunities, courses of study, programs, activities, or facilities of the Cohasset Public Schools on the basis of actual or perceived race, color, ethnicity, national origin, ancestry, immigration status, religion, creed, sex, sexual orientation, gender, gender identity or expression, genetic information, veteran status, U.S. uniformed military service member status, disability, age (student age eligibility requirements excepted), homelessness, marital or parental status, pregnancy or pregnancy related condition, or any status or characteristic protected under applicable federal, state or local law. Cohasset Public Schools is an equal opportunity employer. Any complaint of a violation of the District's nondiscrimination policy should be directed to the Superintendent of Schools or to the relevant District Officer or Coordinator.

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Administrative Greeting

Dear Students and Families,

Welcome to the 2021-22 school year! We hope that throughout the year you find Cohasset High School to be an environment in which all students can grow to be their best selves. Our faculty, administrators, support staff, families, community members, and students all play a vital role in helping students set and achieve their goals, and this handbook, as a compliment to the [District Family Handbook](#), is intended to outline the structures that we think best promote student success.

Our primary goal is to provide an intellectually challenging and personally fulfilling experience in a safe and supportive environment. Such an endeavor requires that we provide an appropriately rigorous curriculum, but it also requires that we teach the skills that underlie learning, that we provide structures that facilitate communication, problem-solving, and conflict management, and that we model civil discourse and the values that we wish to promote – values like integrity, wellness, mutual and self-respect, and compassion.

It is within this context that we have developed this handbook. We seek to make clear the expectations that we have for each other, to provide vehicles for effectively working together, and to have a basis for which we can hold each other mutually accountable. The nature of our humanity tells us that we will not live up to each standard every time, but the expectation is that we will give our best effort, that we will work together to navigate challenges, and that we will assume positive intentions. Such an expectation hopes to build trust in each other and a build culture in which a handbook is obsolete, because this is just who we are and what we do.

Sincerely,



Brian T. Scott
Principal



Tara Noyes
Assistant Principal

If you need this booklet translated, please contact the main office.

Portuguese/Português

Se você necessitar este livreto traduzido, contate por favor o escritório principal da escola da sua criança.

Spanish/ Español

Si usted necesita este librete traducido, entre en contacto con por favor la oficina principal de la escuela de su niño.

French/ Français

Si vous avez besoin de ce livret traduit, entrez en contact avec svp le bureau principal de l'école de votre enfant.

German/ Deutsch

Wenn Sie diese übersetzte Broschüre benötigen, treten Sie bitte mit dem Hauptbüro der Schule Ihres Kindes in Verbindung.

Russian/Русско

Если вы этот переведенный буклет, то пожалуйста контактируйте главный офис школы вашего ребенка.

Korean/한국어

너가 번역되는 이 소책자를 필요로 하면, 너의 아이 학교의 본사를 접촉하십시오.

Chinese/汉语

如果您需要这本小册子被翻译, 请与您的儿童的学校大会办公处联系。

Japanese/日本語

翻訳されるこの小冊子を必要とすれば あなたの子供の学校の主要なオフィスに連絡しなさい。

Hindi/हिन्दी

Agar Aapka yah puistka ki Anauvaaidt AavaSyakta ho tba kRpyaa Apano baccao ko ivaValaya ka mau#ya kayaa-laya sampk- kiryao .

Polish/Polski

Jeśli potrzebujesz tej broszury przetłumaczone, skontaktuj się z głównego urzędu Twoje dziecko w szkole.

Greek

Αν χρειάζεστε το φυλλάδιο αυτό μεταφράστηκε, παρακαλούμε επικοινωνήστε με την κύρια έδρα του σχολείου του παιδιού σας.

Italian/Italia

Se hai bisogno di questo opuscolo tradotto, si prega di contattare l'ufficio principale del vostro bambino scuola.

Arabic

عاجز ,مجرتي سارك اذه جاتحت تنأ نأ ب ل صتا .تسردم ك تلفظ نم تيسير بتكملا

Albanian

Ne qofte se ju do te deshironit dokumentat te perkthyer ne gjuhen shqip. Ju mund ti kerkoni ne zyren qendrore te shkolles du eshte femija juaj.

GUIDING SCHOOL COMMITTEE POLICIES

The following guiding policies can be found in the [School Committee Policy binder](#).

| | |
|---------|--|
| JA | STUDENT POLICIES AND GOALS |
| JB | EQUAL EDUCATIONAL OPPORTUNITIES |
| JBA | STUDENT-TO-STUDENT HARASSMENT |
| JEB | ENTRANCE AGE |
| JEBA | POLICY AND PROCEDURE FOR EARLY ENTRANCE TO KINDERGARTEN |
| JECA | ENROLLMENT OF THE CHILDREN OF SCHOOL DEPARTMENT PERSONNEL |
| JF | SCHOOL ADMISSIONS |
| JF-R | RESIDENTIAL REQUIREMENTS FOR SCHOOL MEMBERSHIP |
| JFABB | ACCEPTANCE OF INTERNATIONAL AND EXCHANGE STUDENTS |
| JFABD | HOMELESS STUDENTS: ENROLLMENT RIGHTS AND SERVICES |
| JFBB | SCHOOL CHOICE |
| JFBB-1 | SCHOOL CHOICE |
| JH | STUDENT ABSENCES AND EXCUSES |
| JHD | EXCLUSION AND EXEMPTIONS FROM SCHOOL ATTENDANCE |
| JI | STUDENT RIGHTS AND RESPONSIBILITIES |
| JIB | STUDENT INVOLVEMENT IN DECISION-MAKING |
| JICA | STUDENT DRESS CODE |
| JICC | STUDENT CONDUCT ON SCHOOL BUSES |
| JICE | STUDENT PUBLICATIONS |
| JICF | GANG ACTIVITY/SECRET SOCIETIES |
| JICFA | PROHIBITION OF HAZING |
| JICFA-E | HAZING |
| JICFB | BULLYING PREVENTION |
| JICG | TOBACCO USE BY STUDENTS |
| JICH | ALCOHOL, TOBACCO, AND DRUG USE BY STUDENTS PROHIBITED |
| JIE | PREGNANT STUDENTS |
| JIH | INTERROGATIONS AND SEARCHES |
| JII | STUDENT COMPLAINTS AND GRIEVANCES |
| JJ | CO-CURRICULAR AND EXTRACURRICULAR ACTIVITIES |
| JJA | STUDENT ORGANIZATIONS |
| JJE | STUDENT FUND-RAISING ACTIVITIES |
| JJF | STUDENT ACTIVITY ACCOUNTS |
| JJG | CONTESTS FOR STUDENTS |
| JJIB | INTERSCHOLASTIC ATHLETICS |
| JK | STUDENT DISCIPLINE |
| JKA | CORPORAL PUNISHMENT |
| JKAA | PHYSICAL RESTRAINT REQUIREMENTS |
| JL | STUDENT WELFARE |
| JLA | STUDENT INSURANCE PROGRAM |
| JLC | STUDENT HEALTH SERVICES AND REQUIREMENTS |

| | |
|-------|--|
| JLCB | INOCULATIONS OF STUDENTS |
| JLCC | COMMUNICABLE DISEASES |
| JLCD | ADMINISTERING MEDICINES TO STUDENTS |
| JLCEA | THE USE OF AUTOMATED EXTERNAL DEFIBRILLATORS |
| JP | STUDENT GIFTS AND SOLICITATIONS |
| JQ | STUDENT FEES, FINES, AND CHARGES |
| JRA | STUDENT RECORDS |
| JRA-R | STUDENT RECORDS |
| JRD | STUDENT PHOTOGRAPH |

NOTICE OF EQUAL OPPORTUNITY

The Cohasset Public Schools reaffirms that they do not discriminate based on race, color, religion, sex, national origin, age, disability or sexual orientation in admission to, access to treatment in or employment in its programs or activities. Consistent with M.G.L. Chapter 76, Section 5, the Cohasset School District also affirms the commitment to maintain a school and work environment free of harassment based on race, color, religion, sex, national origin, age disability or sexual orientation. Any harassment based on sex, race, national origin, religion, age, disability or sexual orientation will not be tolerated and will be punishable to the full extent of the law.

If you should have any questions about the district's policy, please feel free to contact the Director of Student Services. She has been designated to respond to your inquiries and to be the district's Equal Opportunity, Title IX, Section 504, and Americans with Disabilities (ADA) Coordinator. The Director of Student Services can be reached at (781) 383-6104.

If you should have a complaint or concern that there has been discrimination, you may also utilize the following procedure:

1. Report the violations to any staff member in the Cohasset Public Schools. He/she will notify the building Principal or grievance coordinator. The building Principal will meet with you and other persons who might have information about the issue promptly and will attempt to resolve the issue. Any additional investigation will be commenced by the school district investigators in each area, within a reasonable period of time. The building principal will issue their decision in writing to you within ten (10) days of the conclusion of the investigation.
2. If the complaint is not resolved, it can then be appealed to the district's Equal Opportunity, Title IX, Section 504, ADA Coordinator. This appeal must be in writing, describe the circumstances, and the relief you seek. This appeal should be taken within one week after receipt of the Principal's decision.
3. The Equal Opportunity, Title IX, Section 504, ADA Coordinator will meet with you within a reasonable time. Following a review of the materials presented to the Principal and any additional investigation which will be conducted promptly, the Coordinator will make a final determination on whether there has been a violation of the district's policy within ten (10) days after the conclusion of any additional investigation. If there has been a violation, the Coordinator will indicate the steps to be taken to correct it.

Inquiries concerning the application of nondiscrimination policies may also be referred to the Superintendent of Schools or the Regional Director, Office for Civil Rights, U.S. Department of Education, J.W. McCormack POICH, Room 222, Boston, MA 02109-4557.

Abbreviated Reference to the Legislation and Specific Criteria of Civil Rights Laws, and School and District Coordinator Information

| Law | Coordinator |
|--|--|
| Title VI of the Civil Rights Act of 1964 – prohibits discrimination, exclusion from participation, and denial of benefits based on race, color and national origin. | Director of Student Services, Ms. Barbara Cerwonka, 781-383-6104 |
| Title IX of the Education Amendments of 1972 – prohibits discrimination, exclusion from participation, and denial of benefits in educational programs based on sex. | Director of Student Services, Ms. Barbara Cerwonka, 781-383-6104 Assistant Superintendent: Dr. Leslie Scollins, 781-383-4210 |
| Title I of the Americans with Disabilities Act of 1990 – prohibits discrimination, exclusion from participation, and denial of benefits on the basis of disability in the areas of employment. | Director of Student Services, Ms. Barbara Cerwonka, 781-383-6104 |
| Title II of the Americans with Disabilities Act of 1990 – prohibits discrimination, exclusion from participation, and denial of benefits on the basis of disability in the areas of educational programming and activities. | Director of Student Services, Ms. Barbara Cerwonka, 781-383-6104 |
| Section 504 of the Rehabilitation Act of 1993 – prohibits discrimination, exclusion from participation, and denial of benefits based on disability. | District – Ms. Barbara Cerwonka, 781-383-6104 Osgood – Mr. David Vinton 781-383-6117 Deer Hill – Ms. Robyn Costa 781-383-6115 Middle School – Dr. Kathryn Salas 781-383-6100 High School – Ms. Tara Noyes 781-383-6100 |
| Massachusetts General Laws, Ch. 76, S.5 – prohibits discrimination in all public schools on the basis of race, color, sex, national origin, religion and sexual orientation. | Director of Student Services, Ms. Barbara Cerwonka, 781-383-6104 |
| Title I of the Elementary and Secondary Education Act of 1965 – designed to help disadvantaged children meet challenging content and student performance standards. | Assistant Superintendent: Dr. Leslie Scollins, 781-383-4210 |
| 603 CMR 4600 – governs the use of physical restraint on students in publicly funded schools. | Director of Student Services, Ms. Barbara Cerwonka, 781-383-6104 |
| McKinley-Vento Act - Homeless | Director of Student Services, Ms. Barbara Cerwonka, 781-383-6104 |

Cohasset Public School policy, AC, “Nondiscrimination” states, “Individuals who have a complaint or feel they have been discriminated against because of race, color, gender, religion, national origin, sexual orientation and disability, should register their complaint with the Title IX compliance officer.” The above references laws and coordinators indicate whom individuals should contact in the event they feel they have been victims of discrimination.

If any individual associated with the Cohasset Public Schools feels discriminated on the basis of race or national origin (Title VI), gender (Title IX) or disability (Section 504), s/he may file a complaint with the appropriate school or district coordinator.

Grievance Decision APPEALS: Dr. Patrick Sullivan, Superintendent, 781-383-6111

Cohasset Public Schools Mission

Cohasset Public Schools places students *first*.

We provide an optimal teaching and learning environment by cultivating empathy, global citizenship, agency, inclusivity, and community engagement to empower students to realize continuous personal growth and achievement.

Cohasset Public Schools Vision

The Cohasset Public Schools aspires to empower students to improve communities.

Cohasset Public Schools Core Values

Cohasset Public Schools believe in ...

- **Placing Students First**
 - Create and maintain an environment that places students first and is focused on the whole student.
- **Continuous Personal Growth & Achievement**
 - Encourage students to achieve their full potential socially, emotionally, and academically.
 - Empower students to embody equity, cultural responsiveness, inclusivity, empathy, and global citizenship.
 - Support students in developing agency (to act independently and make their own free choices) with an innovative and creative mindset.
- **Creating an Optimum Teaching & Learning Environment**
 - Provide personalized learning experiences that foster student voice, advocacy, and real-world application.
 - Create a safe, compassionate, and empathetic learning environment to ensure every student feels included, valued, and respected in the school.
- **Strong School-Community Engagement**
 - Cultivate an environment of open communication, engagement, and collaborative learning opportunities among home, school, and community.
- **Utilization of Resources to Support the Teaching, Learning, & Leading**
 - Support optimal teaching, learning, and leading through responsible funding that provides academic excellence, appropriate staffing, state of the art facilities, and quality instructional materials.

Cohasset Public Schools Vision Statement of Equity

We believe that educational equity means that every child receives what she/he/they need to develop her/his/their full academic and social potential and to thrive, every day. We are committed to ensuring that every individual who enters Cohasset Public Schools feels included, valued, and respected.

Cohasset Public Schools District Calendar

[CPS District Calendar](#)

GENERAL SCHOOL INFORMATION

Cohasset High School Administration

| | | |
|-------------------|------------------------------|----------|
| Brian Scott | Principal | 383-6100 |
| Tara Noyes | Assistant Principal | 383-6100 |
| Steve Rotondi | Athletic Director | 383-6100 |
| Michael Stapleton | Special Education Team Chair | 383-6100 |
| Gail Saitow | Main Office Secretary | 383-6100 |
| Lisa Tokarz | Secretary to Principal | 383-6100 |

Cohasset High School Guidance

| | | |
|-------------------|-------------------------------|----------|
| Laura Struzziery | Lead Counselor | 383-6102 |
| Kevin McGowan | Guidance Counselor | 383-6102 |
| Allison Battista | Guidance Counselor | 383-6102 |
| Caitlin Stromberg | Psychologist / Adj. Counselor | 383-6102 |
| Leanne McCarthy | Adjustment Counselor | 383-6102 |
| Patrice Hoeft | Guidance Secretary | 383-6102 |

High School Term Calendar

2021-2022

| Term | Last Day of Term | Report Card Distribution |
|------|------------------|--------------------------|
| 1 | 11.10.21 | 11.17.21 |
| 2 | 1.28.21 | 2.4.22 |
| 3 | 4.8.22 | 4.14.22 |
| 4 | 6.23.22 | 6.28.22 |

COHASSET HIGH SCHOOL

Bell Schedules

Regular Schedule

| | |
|---------------|----------|
| 8:15 – 9:35 | Period 1 |
| 9:35 – 9:45 | Break |
| 9:45 – 11:05 | Period 2 |
| 11:08 – 12:28 | Period 3 |
| 12:30 – 1:04 | Utility |
| 1:06 – 1:31 | Lunch |
| 1:35 – 2:55 | Period 4 |

Early Release Schedule

| | |
|---------------|----------|
| 8:15 – 9:17 | Period 1 |
| 9:19 – 10:21 | Period 2 |
| 10:23 – 11:25 | Period 3 |
| 11:27 – 12:30 | Period 4 |

Two-Hour Delay Schedule

| | |
|---------------|----------|
| 10:15 – 11:15 | Period 1 |
| 11:19 – 12:19 | Period 2 |
| 12:23 – 1:23 | Period 3 |
| 1:26 – 1:51 | Lunch |
| 1:55 – 2:55 | Period 4 |

Opening Day Schedule

| | |
|---------------|----------|
| 8:15 – 9:20 | Period 1 |
| 9:22 – 9:32 | Break |
| 9:34 – 10:39 | Period 2 |
| 10:41 – 11:46 | Period 3 |
| 11:48 – 12:53 | Period 4 |
| 12:55 – 1:20 | Utility |
| 1:23 – 1:48 | Lunch |
| 1:50 – 2:55 | Period 5 |

Last Day of School Schedule

| | |
|---------------|----------|
| 8:15 – 8:52 | Period 1 |
| 8:54 – 9:31 | Period 2 |
| 9:33 – 10:10 | Period 3 |
| 10:12 – 10:49 | Period 4 |
| 10:51 – 11:30 | Period 5 |

Visitors

All visitors entering the building are required to sign in using the Lobby Guard system. Parents can drop off materials through the window if possible, and students can be released to parents without requiring parents to enter the building and thus sign in.

Guests

Guests of students are not permitted at Cohasset High School. Students who are planning on enrolling in our school are welcome as long as arrangements are made in advance with the administration.

Communications with the School

It is the school's policy not to interrupt classes to convey personal messages to students, except in the case of emergencies. This includes texting and calling during school hours.

Messages for teachers may be left in the teacher's voicemail or through email. The secretary will forward phone calls directly to teachers only during non-teaching blocks or when classes are not in session. Teachers will return phone calls within a reasonable period of time, usually 24 hours.

We encourage parents to communicate any problems or concerns they may have about their children's education. Teacher conferences, arranged by appointment, are a good vehicle for communications. If a parent or guardian has a concern about a course or practice, we ask the following procedures to be followed:

- 1. It is strongly encouraged that students advocate for themselves with a teacher either in person or via email.**
- 2. If student advocacy is ineffective, contact the teacher to discuss the matter or to arrange an appointment.**
- 3. If the problem is not resolved, a meeting may be arranged with the department chairperson.**
- 4. If a resolution is not reached at this point, the assistant principal may be called.**
- 5. If the matter is still not resolved, it may be appealed to the principal.**

Circumventing the above protocol may inhibit communication and delay a resolution. Teaching responsibilities and extra help sessions often occupy teachers before, during, and after school hours. Hence, we ask that parents and guardians please understand that, in most instances where discussions with teachers are concerned, appointments are advisable. The administrative team maintains an "open door" policy for "drop in" conversations but calling ahead of time is still recommended.

Emergency Protocols

In the event of an emergency, Cohasset will respond first with the local police and fire. Should the situation escalate, Cohasset will be supported by the South Shore Regional Emergency Communications Center (comprised of Cohasset, Hingham, Norwell, and Hull) and then the Metropolitan Law Enforcement Council (Metro LEC), a consortium of 42 law enforcement agencies in the metropolitan Boston area.

Emergency Evacuation of the Building

There are times during the school day when it may be necessary to evacuate the building of all personnel. An evacuation may cause fire apparatus and police vehicles to arrive.

During these times students will:

- Leave the classroom quickly but quietly as a group under the supervision of the teacher.
- Follow the posted evacuation route to leave the building by the nearest exit.
- Remain with the teacher/class that they are currently assigned to. Students are not to leave school grounds.

Shelter in Place

Shelter in place is used when it has been determined that it is safer **inside** the building than **outside** the building. These situations could constitute weather emergencies, medical emergencies within the building, violence or criminal activities outside of the building. In the event that the school needs to shelter in place, the order will be announced by the principal or other administrator over the public address system. All exterior doors and windows must be locked. Gym classes or other outside activities should report to the gymnasium by the closest point of entry.

Lockdown

Some situations will require containment of students and staff to a semi-secure space. In the event that the school needs to lock down the building, lockdowns will be announced by the principal or designee over the public address system, and s/he will designate another staff member to call 911 and report the situation.

ACADEMIC STANDARDS and PROCEDURES

For information regarding the academic course of study, please consult our [Program of Studies](#).

PARENTAL NOTIFICATION AND INVOLVEMENT

Every city, town, regional school district or vocational school district implementing or maintaining curriculum which primarily involves human sexual education or human sexuality issues shall adopt a policy ensuring parental/guardian notification. Such policy shall afford parents or guardians the flexibility to exempt their children from any portion of said curriculum through written notification to the school principal. No child so exempted shall be penalized by reason of such exemption.

ESCALATION OF ACADEMIC CONCERNS

In cases where a parent is dissatisfied with an academic matter and wishes to further clarify a teacher's policy or decision, the following chain of command should be respected: faculty member, department head, building assistant principal, principal.

NATIONAL HONOR SOCIETY

Founded in 1921, the National Honor Society (NHS) is sponsored and governed by the National Association of Secondary School Principals. The purpose of this organization is to create enthusiasm for scholarship, to stimulate a desire to render service, to promote leadership, and to develop character in the students at secondary schools. Membership is opened to all qualified juniors and seniors who meet the criteria for character, leadership, service and scholarship; this determination is made by a faculty council appointed by the principal. Students may not apply for membership. Through NHS chapter service activities, members maintain and extend those qualities that won them selection. Membership is both an honor and a commitment. Members are required to abide by the NHS Constitution and By-laws and Cohasset High School policies. Members who resign or are dismissed are never again eligible for membership or its benefits.

National Honor Society Criteria and Selection Process

In order to be selected into the National Honor Society, a student must meet specific nationally and locally established criteria. Students become eligible for selection in their junior year by achieving a minimum Grade Point Average of 3.8, and they must have been a student at CHS for at least one semester. Transfer students need to provide documentation of their NHS status before acceptance into the Joseph Osgood Chapter of NHS. Once students are determined to be academically eligible, they will be evaluated by a faculty council consisting of five teachers selected by the Principal. The faculty council reviews student selection materials and school records to determine if the student has achieved the required standards in the categories of service, character and leadership.

Service: A student who demonstrates service volunteers, gladly participates and works well with others. This student volunteers in outside activities, excluding school programs for which he/she receives credit. The student must provide completed service activities forms to verify that he/she has performed service on their own time. Students must complete a minimum of 40 hours of community service in order to apply. It is expected that students have diverse volunteer

experiences. For this reason, no more than 30 hours in any one activity will be counted toward the total number of 40 hours.

Leadership: A student who demonstrates leadership is a positive influence in the community and a role model in the classroom. The faculty council will consider results of a teacher survey, completed leadership confirmation forms, and the contents of a selection process essay.

Character: A student who demonstrates character complies with all school regulations willingly, accepts criticism, upholds principles of morality and ethics, is honest, reliable, punctual and respectful. The faculty council may consider a student's conduct and effort grades, teachers' written documentation of the student's actions, and the contents of a selection process essay. A documented incident in any of the following areas may make a student ineligible for NHS selection: cheating, plagiarism, multiple discipline referrals, suspension, substance abuse, harassment, hazing, bullying, civil rights violations, felony/misdemeanor, obscene language, Saturday Schools, detentions and suspensions.

Responsibilities of Members

Current members of the NHS will be reviewed after each quarter to ensure that they have maintained the required 3.8 GPA for membership. If a student's GPA has fallen below 3.8, that student will receive a warning letter and have one quarter to return their GPA to 3.8. Members must also complete a minimum of 25 hours of community service per year and participate in the chapter's chosen service activities.

Membership in National Honor society is a privilege, not a right. Students are expected to maintain the standards of the Society year round. A student's actions in and out of school can be used for or against their membership status.

This policy will be posted in the Student Handbook, and on the school's website.

GUIDANCE SERVICES

The guidance services at Cohasset High School are organized to help students lead lives that are intellectually, emotionally, and socially full and rich. The purpose of our guidance work is to help students with educational, vocational, and personal problems, to assist students in understanding themselves, to help in the relief of tensions and anxieties, and to remove, so far as we can, obstacles to learning.

Students should feel free to come to the guidance office any time during the school day. Students wishing to report to the guidance office may obtain a pass from their teacher, or if they wish, they may make an appointment before school with the guidance secretary.

Student Records

According to Student Record Regulations in the Code of Massachusetts Regulations, student records are divided into two parts: the transcript and the temporary record. The transcript contains the student's name, address, course titles, grades, credits, and grade level completed. The school

keeps the transcript for at least sixty years after the student leaves the school. The temporary record may consist of standardized test scores, class rank, school-sponsored extracurricular activities, evaluations and comments by school personnel, and disciplinary information. The temporary record is destroyed within five years after the student leaves the school system. Among other rights accorded to parents and eligible students are the rights to inspect student records upon request, to receive copies of these records, and to meet with the Principal or the Principal's designee to discuss the contents of the student record.

1. Upon receiving verification that the student may be transferring out of the district, the Cohasset Public Schools may provide access to the student's record to any public school into which the student seeks or intends to enroll. Cohasset Public Schools shall give notice to the student and his or her parents or legal guardian that the request for records has been made by the other school district.
2. It is also a requirement of the Cohasset Public Schools that incoming students provide a complete copy of their student record from their prior school (M.G.L. Chapter 71, Section 37L). Students may not be admitted to the Cohasset Public Schools until the necessary documentation (health records, proof of residency, up-to-date immunizations, and discipline records required under M.G.L. Chapter 71, Section 37H, etc.) have been provided.
3. Access to student records is provided to parents, guardians, non-custodial parents, etc. as outlined in Massachusetts General Law, Chapter 71, Section 34H: "An educational agency or institution shall give full rights under the Act to **either parent, unless** the agency or institution has been provided with evidence that there is a court order, state statute, or legally binding document relating to such matters as divorce, separation, or custody that specifically revokes these rights." Procedures may be obtained from the Principal.

Release of Student Information

All secondary schools that receive federal funds under this law, including Cohasset High School, must provide military recruiters and any institution of higher learning access to the name, address, and telephone listings of all secondary school students. However, parents and/or students may request that this information not be released, and if such a request is made, the school will not provide it.

In addition to military recruiters, other third parties may request that the school provide "directory" that includes information on our students. According to MGL 603 CMR 23.07 (4)(a) such "directory" information may include, but is not limited to name, address, telephone, activities, sports, degrees and honors, etc.

Unless the parent or the student notifies the principal on or before October 1 of the current school year that he/she does not wish to have your student's information released, this information may be released without further notice or consent. Please be advised that the parent or student has the right to refuse release of this information at any time, but that until the request is made in writing, the information may be released.

Working Papers

According to State and Federal Law, any student under the age of 18 years who is gainfully employed must obtain working papers from their local school department. At Cohasset High School these papers may be obtained in the Guidance Office.

Home Tutoring

Upon receipt of a physician's written order verifying that any student enrolled in a public school or placed by the public school in a private setting must remain at home or in a hospital on a day or overnight basis, or any combination of both, for medical reasons and for a period of not less than fourteen school days in any school year, the guidance department shall arrange for provision of educational services in the home or hospital. Such services shall be provided with sufficient frequency to allow the student to continue his or her education program, as long as such services do not interfere with the medical needs of the student. The principal shall coordinate such services with the Administrator of Special Education for eligible students. Such education services shall not be considered special education unless the student has been determined eligible for such services, and the services include services on the student's IEP.

HEALTH SERVICES

Pregnancy Policy

Please see the most current policy in the [School Committee Policy binder](#).

Health Clinic

Cohasset High School has the professional services of a registered nurse and a doctor. The health room facilities are available to students throughout the school day for adult and student first aid, emergency care, health assessment, immunization compliance, medication administration, mandated screenings, and referrals. There is no nurse available after school hours. The physician is on site at scheduled times throughout the school year; otherwise, the doctor is available to the school as needed.

The health office provides state mandated screenings for high school students. Parents are permitted to opt out of all or part of the screening for their child by notifying the school nurse at the start of the school year.

The screening schedule is as follows:

| | |
|-----------|---|
| Grade 9: | Scoliosis Screening, SBIRT Screening |
| Grade 10: | Vision Screening, Hearing Screening, Height and Weight, Body Mass Index (BMI) |

Parents will be contacted by the school nurse if their student fails the screenings and is in need of further follow-up. BMI results are kept in the student's school health record and may be accessed by the parents by contacting the school nurse.

Along with the state mandated screenings, students entering grades seven and ten are also required to have a current physical examination on file in the health office. If you are unable to provide this documentation, please contact the school nurse.

High school sports physicals are provided three times a year by the school physician. Physicals are held after school in the health office prior to the start of the fall, winter, and spring sports seasons.

All medication given during the school day is to be dispensed through the health office by the school nurse. All medication must be brought to the health office by a parent/guardian. Prescription medication must be in the pharmacy container with the pharmacy label intact. Over-the-counter medication must be in the manufacturer's container and labeled with the student's name. Proper documentation must be completed prior to the medication being administered.

Students are only allowed to carry their EpiPen and/or Rescue Inhaler during school hours provided that proper documentation is in the health office. Students are not allowed to carry any other prescription or over-the-counter medication with them during the school day or transport medication to or from school.

The *Cohasset Confidential Health Form* is to be completed annually by the student's parent/guardian and brought to the health office. Completion of the form provides the health office with updated health information on the student. A copy of the form will be sent home at the start of each year and is available on the school website.

Any injury occurring during school hours or at any school-sponsored function must be reported to the school nurse. Prompt attention will ensure adequate medical treatment and reduce the chance of further complications. For a student to become eligible for an insurance claim, the injury must be recorded.

HIV/AIDS Policy

Epidemiologic studies show that HIV/AIDS is transmitted via sexual contact or blood-to-blood contact. Research indicates that it is not transmitted through casual contact such as that found in a school setting. State and federal laws dealing with discrimination based on handicap prohibit exclusion of students with HIV/AIDS from school unless their attendance would present an immediate danger to themselves or others.

Federal and state laws also protect the confidentiality of students with HIV/AIDS. These laws prohibit school personnel from requiring that students or their parents inform the school that a student has HIV/AIDS. Furthermore, if a parent or student chooses to inform school personnel, school personnel are prohibited from disseminating this information without the consent of the student or their parents.

Based on research indicating that HIV/AIDS is unlikely to be transmitted in a school setting and based on legal requirements regarding student confidentiality, the following policy statement has been approved by the School Committee:

1. A parent/guardian is not required to inform school personnel if the student has HIV/AIDS. However, the parent/guardian is urged to inform school personnel regarding the infection. If informed, school personnel may be able to better attend to the needs of the child by informing the parent of the occurrence of a contagious disease (e.g., influenza, measles, etc.) within the school population to which the HIV/AIDS infected student might be particularly susceptible and by administering medications if needed.
2. If a parent or student chooses to inform school personnel regarding the student's HIV/AIDS infection, the staff member receiving the information may not inform other school personnel without the specific, informed, written consent of the parent or guardian. If the student has independently sought HIV testing and informs school personnel of their HIV/AIDS status, the school staff member may not inform others without the student's specific, informed written consent.
3. A student will not be excluded from school merely on the basis of their HIV/AIDS status. However, students with HIV/AIDS are not exempt from the Board's policy of excluding from school all students who bleed in an uncontrollable fashion.

***Head Injury/Concussion Management
Procedures and Protocols***

1. The School Nurse will collect documentation of physical examination prior to a student's participation in extracurricular athletic activities on an annual basis, consistent with 105 CMR 200.100(B)(3): Physical Examination of School Children, and information for students participating in multiple sports seasons that documentation of one physical examination each year is sufficient.
2. The Athletic Director and School Nurse will establish the Procedure for the school to obtain and ensure review, prior to each sports season, of current information regarding an athlete's history of head injuries and concussions using either the Department Pre-participation Head Injury/Concussion Reporting Form for Extracurricular Activities (herein after "Pre-participation Form"), or school-based equivalent.
3. The Athletic Director and School Nurse will establish the Procedure for medical or nursing review of all Pre-participation Forms indicating a history of head injury. Procedure for sharing information concerning an athlete's history of head injury and concussion, recuperation, reentry plan, and authorization to return to play and academic activities on a need-to-know basis consistent with requirements of 105 CMR 201.000 and applicable federal and state law including but not limited to the Massachusetts Student Records Regulations, 603 CMR 23.00, and the Federal Family Educational Rights and Privacy Act Regulations, 34 CFR Part 99.

4. The School Nurse administers all Baseline and Post-Concussion IMPACT testing to all student athletes. Student-athletes will be given a baseline test once every two years.
5. Coaches will be responsible for reporting head injuries or suspected concussions sustained during extracurricular athletic activities to the School Nurse, Athletic Trainer, and the licensed athletic trainer or EMT in charge of the event at opposing school if applicable.
6. The School Nurse and Athletic Trainer will be responsible for the procedure for identifying head injuries or suspected concussions sustained during extracurricular and referring the student for medical evaluation.
7. After a head injury/concussion has occurred, Students must have a completed Commonwealth of Massachusetts Post Sports-Related Head Injury Medical Clearance and Authorization Form” completed before they can begin their” return to play “program.
8. ImPACT Post-Concussion Testing will also be made available for “return to play” decisions made by a student’s physician in the Cohasset High School Athletic Program.
9. The Athletic Trainer and School Nurse will work together and be responsible for the reporting of all concussions to the student’s parents, physician, coach, teachers, and school administration. The School Nurse and Athletic Trainer will work together to inform all the above-mentioned parties of “return to play” decisions made by physicians and to develop and implement gradual reentry post-concussion plans and protocol for school and extracurricular activities.
10. Students and parents must complete the school “Commonwealth of Massachusetts Pre-Participation Head Injury/Concussion Reporting Form” and the “CHS Permission to Participate and Emergency Medical Form” section which is part of the Cohasset Athletics On-line Registration form before the first date of participation.
11. Student-athletes and parents will be informed about the ImPACT Concussion Management Program at the preseason sport’s informational meetings. ImPACT Baseline Testing has been mandatory in Athletic at Cohasset High School since 2008.
12. The NFHSLearn.com Concussion Course and/or the CDC Heads-Up Concussion Training will be offered to all students and parents. Students and parents will be

- given a sign off sheet confirming they completed the course and/or are attending a head injury education session at a preseason sports information program.
13. Additional handouts from the CDC (Heads-Up Concussion) will be available to students and parents at the preseason sports information program and the CHS athletic page of the school's website.
 14. Appropriate information and resources will be posted on the CHS athletic page of the school website for athletes, coaches, faculty, and parents. There will also be a procedure in place to provide effective communication to students and parents with limited English proficiency.
 15. The Athletic Director will implement a procedure for outreach to parents who do not return completed forms required for students to participate in extracurricular sports and for how to handle situations where a student verifies completion of the annual training requirement, but a parent has not.
 16. All Athletic Department Staff will be required annually to complete the NFHSLearn.com Concussion Course and/or CDC Head's Up Concussion Training Course.
 17. Instructions will be given to coaches, licensed athletic trainers, trainers and volunteers:
 - (a) To teach form, techniques and skills and promote protective equipment use to minimize sports-related head injury, and
 - (b) To prohibit athletes from engaging in any unreasonably dangerous athletic technique which endangers the health or safety of an athlete, such as using a helmet or any other sports equipment as a weapon.
 18. The CHS Faculty will be trained and given information re: school protocol, policy, and information regarding the school's concussion management program. The school nurse will communicate to the staff procedures, protocols, and academic accommodations once a student has suffered a head injury/concussion.
 19. The School Nurse and the Athletic Director will be responsible for the implementation of these policies and protocols and will complete the Year End Reporting Form for Schools which is required for all public schools and other schools subject to the rules of the MIAA with extracurricular sports grades 6-12 and should be submitted to the Department of Public Health annually by August 30.

20. Per the regulations schools or school districts shall provide MDPH with an affirmation on school or school district letterhead that it has developed policies in accordance with 105 CMR 201.000 and it shall provide an updated affirmation by September 30, 2021 upon review and revision of its policies.

ATTENDANCE PROCEDURES

ABSENCE PROCEDURES

Please see the most current policy in the [School Committee Policy binder](#).

Short-Term Absences

The procedure explained below will be followed any absence from school:

- A student is requested to bring in a written note of explanation, signed by a parent/guardian, stating the date(s) and reason for the absence. The note is to be submitted to the Main Office on the day of return to school.
- Parents/guardians are reminded that Aspen lists the number of absences, and they should review and contact the school to discuss any discrepancies. For the purposes of school attendance records, a student must arrive at school before **11:35** to be considered “present.” A student who begins the school day at 8:15 a.m. must remain in school at least until 11:35 a.m. in order to be considered “present.” Refer to MGL Chapter 72, section 8: “A pupil who is not present during at least half of a session shall be marked and counted as absent for that session.”

Long-Term Absences

The administration recognizes that there are circumstances when a student may have reason for an extended absence from school. If a student is absent due to prolonged illness, the parent/guardian can make arrangements for home study or tutoring through the Guidance Office. A signed doctor’s note must be presented to the Main Office if a student returns to school after an illness of five (5) or more consecutive days. Extenuating circumstances should be discussed with the principal or a designee.

Family Vacations

Cohasset High School considers that its first responsibility to students is to provide them with an education and that attendance in class is the responsibility of the student. In that regard, the school discourages absences due to family vacations. If an absence from class is due to a family vacation, students are responsible for making arrangements with teachers for make-up work. Students and parents/guardians should consult the policy on make-up work and understand that the student should be prepared to make up work upon their return to school.

Make-up Work

Students with absences will be allowed make-up time according to the following general guidelines, recognizing that each situation is unique and will be considered individually:

- Make-up for absences will be determined by the teacher after consultation with the student, guidance, and administration.
- Normally, students will have three (3) days to make up work upon return from a short-term absence due to illness (considered less than 3 days).
- Make-up for extended absences of three (3) consecutive days or more will be determined by the assistant principal after consultation with the student, guidance department, and teachers.
- If absence from class is due to tardiness or dismissal, work in all classes is still due on that day.
- Students who cut (skip) class or who are asked to leave class due to disciplinary reasons may not be granted an opportunity to make up missed classwork.

DISMISSAL PROCEDURES

Illness

The following procedures will be followed for dismissals due to illness:

- Students who are ill may not leave school without the authorization of the nurse or an administrator.
- If a student becomes ill while in school, he/she must obtain permission from a staff member and receive a pass to report to the nurse.
- The nurse will then make a determination if the illness requires a dismissal from school, at which point the parent/guardian will be notified.
- In order to receive an excused absence from class(es) due to illness, students must have been dismissed by the nurse.
- If the illness does not appear to be serious enough to warrant dismissal, the nurse may keep the student under observation for a period of time in order to determine if the student should return to class or be sent home.
- Students must check out in the main office before leaving the building. Students may not dismiss themselves or drive themselves without parent and administrator approval.
- Students who have been dismissed due to illness will not be allowed to participate in co-curricular activities that day unless they receive permission from the principal or designee.

Other Dismissals

Dismissals will be granted for an emergency or for those important matters that cannot be taken care of after school hours. If a student wishes to be dismissed for a reason other than illness, he/she must follow the procedures outlined below.

Failure to follow these rules will result in an unauthorized departure from school being assigned.

- **The student must bring or have emailed a written request from a parent/guardian to the main office before school on the day of the requested dismissal.** The request must specify the name, date, time to be excused, and the destination/reason for the dismissal, along with a phone number where a parent/guardian can be reached. The main office will issue a pass to be released from class.
- The student must sign out in the main office before leaving the building.
- A student dismissed from school before 11:35 will be considered absent due to dismissal. Participation in co-curricular activities that day will be at the discretion of the principal or designee.
- Students who are 18 years of age may ***only*** dismiss themselves with the permission of an administrator. They must still sign out through the main office.

TARDINESS to SCHOOL

All students expected to be entering into the high school building by 8:10 and in seated in class by 8:15. Anyone who enters the building after 8:15 a.m. must immediately report to the main office and check in with attendance secretary and be given a pass if needed. A student failing to report to the main office will be assigned a consequence for “unauthorized entrance into school.” In addition, the student may be assigned a class cut if 30 minutes a period is missed. A student arriving tardy to school will be held responsible by the teacher to make up missed work, possibly after school.

Any student arriving to school after 9:00 a.m. must have a note or phone call from a parent/guardian indicating their awareness of the tardiness. If a note or phone call is not submitted, the student may be subject to disciplinary action.

Tardiness to school may be excused under the following circumstances:

- After a doctor’s appointment that is documented with an appointment card or a note from the doctor’s or dentist office;
- Observance of a religious holiday;
- Bereavement.

TARDINESS to SCHOOL: Consequences

Unless excused (see above), excessive incidents of tardiness will result in escalating consequences:

- **Tardy 5 times** An early morning detention within 48 hours of 5 or more this detention will last 30 minutes in the main office (7:45-8:15) for each incident; at the discretion of an administrator, students may be restricted from participating in co-curricular activities including sports, clubs, or drama practice until the assigned detention is served.
- **Tardy 10 times** A lunch/utility which will last 60 minutes. (12:30-1:30) detention

- **Tardy 15 times** for each incident, social probation, or privileges revoked.
Attendance hearing with parents/guardians, assistant principal or principal.

LOSS of CREDIT

Students must be in class for at least 50 minutes of a class period in order to get credit for the class. If a student misses more than 50 minutes of the class, such absence may count toward loss of credit.

With regard to the days counting toward loss of credit, exceptions for religious commitments, doctors' appointments, mandated court appearances, etc. will be honored.

A student who attains **more than**

- **Four (4)** absences in a quarter course may receive **no credit** for that course.
- **Eight (8)** absences in a semester course may receive **no credit** for that course.
- **Twelve (12)** absences in a three-quarter course may receive **no credit** for that course.
- **Sixteen (16)** absences in a yearlong course may receive **no credit** for that course.

The legitimacy of such absences will be determined by the school administration. Requests for an exemption from this policy must be submitted in writing, by the student's parent/guardian, to the principal.

Absences due to the following will count in computing the total that may lead to loss of credit:

- Personal illness w/ no doctor's verification;
- Illness in the student's immediate family;
- Class cuts;
- *Absences approved in advance (i.e., appointments that cannot be scheduled for other than during school hours, college visitations, or family trips).*

Absences due to the following will NOT count in computing the total that may lead to loss of credit:

- Personal illness verified by doctor's note;
- Recognized religious holidays;
- Death in the immediate family;
- Verified court summons;
- School activities such as Peer Counseling, National Honor Society meetings, Student Council meetings, field trips, etc.

BEHAVIORAL STANDARDS AND PROCEDURES

DISCIPLINE PHILOSOPHY

The word “discipline” has its origins in the Greek and Latin words for teaching or instruction. Our core curriculum is designed to teach both the content and skills needed to help students succeed in the world. Some of these skills are related to behavior. The ability to proactively teach and manage appropriate student behavior is expected because it contributes to establishing a safe and orderly environment that promotes student learning. Behaviors that do not meet the high standards expected of the Cohasset community should be addressed fairly and consistently to all students as part of the learning process.

PROHIBITION OF HAZING

In accordance with Massachusetts General Laws, Chapter 536 of the Acts of 1985, the School Committee hereby deems that no student, employee or school organization under the control of the School Committee shall engage in the activity of hazing a student while on or off school property, or at a school sponsored event regardless of the location. No organization that uses the facilities or grounds under the control of the School Committee shall engage in the activity of hazing any person while on school property.

Any student who observes what appears to them to be the activity of hazing another student or person should report such information to the Principal including the time, date, location, names of identifiable participants and the types of behavior exhibited. Students and employees of the District are obligated by law to report incidents of hazing to the police department. Any student who is present at a hazing has the obligation to report such an incident. Failure to do so may result in disciplinary action by the school against that student and could involve suspension from school for up to three days.

Any student who participates in the hazing of another student or other person may, upon the approval of the Superintendent of Schools, be suspended from school for up to ten (10) school days. Any student determined by the Principal to be the organizer of a hazing activity may be recommended for expulsion from school but will receive no less disciplinary action than that of a participant. In all cases relating to hazing, students will receive procedural due process. LEGAL

REF.: M.G.L. 269:17, 18, 19

GENERAL RULES and REGULATIONS

Assemblies

There will be opportunities to attend a variety of assemblies throughout the school year. These assemblies will be of an informational and cultural nature, and students are expected to receive these programs in a most courteous manner. Prior to an assembly, students will report to regularly assigned class. After attendance has been taken, students will proceed in an orderly fashion to the assembly area. There students will sit with their class under the supervision of the teacher.

Student Parking

A student parking area has been provided in the front of the school. Students are required to: maintain a maximum speed of ten miles per hour while on school grounds, obey all posted traffic signs, and park in the assigned area. Student parking is only allowed for those cars registered with the school and within acceptable capacity. Upon exceeding (or anticipating exceeding) capacity, parking may be allowed for registered seniors first and juniors if space is available with a lottery for juniors. Cost of parking space will be \$50. All other students should be respectfully and legally parking at Milliken field.

In the fall of every year, instructions for registering a vehicle(s) are provided. Student parking is a privilege that can be revoked at any time for: failure to follow safe driving practices, discourteous behavior in the designated parking area, parking in faculty spaces, and/or excessive tardiness to school. Any unregistered vehicle or vehicle parked in the fire zone may be towed at the owner's expense. During the school day, students may return to their cars only with the permission of the administration.

Cafeteria

The cafeteria is intended to be a pleasant place where students may eat lunch in a relaxed atmosphere. Students may bring their own lunch or purchase a school lunch. In order for the service to be as efficient as possible, student cooperation is necessary. Students are expected to follow the guidelines listed below:

1. Neatness and cleanliness are everyone's responsibility. Nothing should be left on the tables at the conclusion of lunch. Areas surrounding the tables should be left reasonably clean.
2. Students may not take food or drink from the cafeteria, except for water, with the exception of the following approved areas: the senior cafeteria, the lower courtyard (when approved) and the lower lobby. Students visiting teachers or counselors, or students going to the Learning Commons must consume all food before leaving the classroom unless otherwise approved by an administrator.
3. Students must go to the cafeteria only during their assigned lunch or during break time.
4. All students will remain in the cafeteria unless otherwise directed by the school administration.
5. Students are not permitted to have food delivered from restaurants or anyone other than parents without permission from the administration.
6. Good behavior is expected at all times.
7. Students will observe any protocol established to accommodate students with food allergies (e.g. "peanut-free" tables, "peanut-free" locker areas).
8. Absolutely no throwing of food, trash, or any other object will be tolerated.
9. We strongly encourage recycling and composting of all of our products when lunch is finished.

Learning Commons

The Learning Commons is flexible learning space designed for use by teachers and students who may engage various spaces for group or individual work. Students are allowed to use the space during utility period and will also use the space as members of classes. Students enrolled in courses of independent study or online learning may use the Learning Commons during that assigned period, unless otherwise directed by a staff member.

Our Library Media Specialist is available to assist students with developing the following skills:

- Becoming effective users of information,
- Making optimal use of resources,
- Expanding problem-solving and thinking skills,
- Providing access to a broad scope of information and ideas,
- Enhancing literacy and the enjoyment of reading.

In regard to Learning Commons materials, the checkout period is two weeks. Reserved materials can be checked out overnight at the end of the school day, to be returned before school the following day. Reference materials do not circulate, and therefore, must be used in the Learning Commons.

Lockers

The school district has the responsibility to create a climate within the school that assures the safety and welfare of all persons. Lockers belong to the school district but may be used by the students upon request. Therefore, the school insists that lockers be properly cared for and not used for storage of illegal items. Students will be charged for any damage done to their lockers, including marker graffiti. Disciplinary action will be taken against those who damage lockers. Students are responsible for the contents of any locker assigned to them. To help ensure safety, security, and cleanliness, a student should:

1. Not share their locker.
2. Keep their locker locked and not give the combination to anyone else.
3. Always make sure the locker door is completely shut when not in use.
4. Not leave money or expensive valuables in the locker.
5. Keep the locker neat and clean.

School Sponsored Field Trips

Teachers who are planning a field trip will give other faculty members two weeks' notice of the impending trip, followed by a list of all students going on the trip distributed to each faculty member. If a teacher believes that a student on the field trip is in academic trouble in their class, that teacher may veto the student's participation in that trip. When that happens, the field trip's teacher will prepare an alternative assignment for the student, and the student will work on that assignment in the library. No field trips will be allowed during the last two weeks of each quarter.

Students who participate in a school-sponsored field trip must have completed an indemnification form. Some field trips may require that this form be notarized. In these cases, teachers will inform students that the form must be notarized.

Dances, Social Events, and School Activities

Students who attend any school dance, social event, or school activity will be required to observe the rules of behavior that are in effect during the school day. In order to participate in such activities, students must be in good behavioral standing as determined by the administration. In order to attend any dance, social event, or other school activity, students must be present in school for the full day unless otherwise determined by the administration.

Cohasset High School dances and social activities are planned for members of our school; attendance by non-school members is by invitation only. When guests are permitted, a student is allowed one guest at a dance or social, and approval must be given in advance by the administration.

Students must remain for the entire dance unless previous arrangements have been made with the administration. Students will not be permitted to enter the dance or activity thirty minutes after it has started.

Each student entering a school-sponsored dance may be required to submit to a breathalyzer test. A full copy of the Breathalyzer Protocol that is currently in effect can be found in this Handbook.

When possible, and at the discretion of the administration, a police officer will be present at school dances to assist the administration in the event of any law enforcement issues that may arise. A student whom the administration has determined to have violated the school's alcohol and controlled substances policies will be sent home with a parent or turned over to the police for protective custody or arrest. School consequences may be applied subsequently.

Corporal Punishment

Please see the most current policy in the [School Committee Policy binder](#).

ESCALATION

Cohasset employs a system of progressive discipline through which consequences for violating school rules are determined based on the severity of the infraction and the number of offenses the student has incurred. The goal of all interventions is to change the students' behaviors. Instances of significant or repeated conduct violations will result in more intensive or severe consequences.

Discipline issues should generally be handled by the party that was closest to the infraction. In most cases, this will be a faculty member, but depending on the circumstances surrounding the infraction or the severity of the infraction, could escalate to the department head or building administrator. In cases where a parent is dissatisfied with a consequence assigned and wishes to

further clarify or appeal the decision, the following chain of command should be respected: faculty member, department head, building assistant principal, principal.

The following list is meant to serve as general guidelines only for the levels of severity and the possible consequences. It is not an exhaustive list of possible infractions. Each case must be considered individually and in context. Consequences will be determined by the faculty member or administrator in charge.

Level 1 Offenses

Primary prevention occurs in the classroom setting and, in most cases, interventions should be handled at the discretion of the teacher, often beginning with a verbal correction. In some situations, a student may be required to report to the teacher for a private detention.

| Types of Level 1 Offenses | Possible Consequences |
|--|--|
| <ul style="list-style-type: none"> • Classroom disruptions • Failure to return (test, progress report, form, etc.) • Eating, drinking or chewing gum. • Tardiness to class • Using inappropriate language • Littering • Careless hurtful remarks towards another student or adult • Cell phone policy violation • Abuse of a pass • Class cut • Other forms of disobedience or disrespect | <ul style="list-style-type: none"> • Verbal or non-verbal correction • Private conference with the student • Written or verbal apologies • Teacher assigned detention • Email or phone call home • Parent conference |

Level 2 Offenses

Students who continue to exhibit behavioral difficulties may need more intensive, targeted interventions.

| Types of Level 2 Offenses | Possible Consequences/Supports |
|---|--|
| <ul style="list-style-type: none"> • Failure to respond to teacher's corrective strategies, including failure to report to teacher or office detention. • Excessive tardiness to class* • Cutting class • Smoking/tobacco • Cell phone violation • Verbal or written teasing • Dress code violations • Parking violations | <ul style="list-style-type: none"> • Student/teacher conference • Office, lunch, or utility detention(s) • Guidance/counseling referral • Verbal or written reflection • Written or verbal apologies • Parent conference • Behavioral contract • Adult mentor assigned • Community service • Loss of privilege (including bus) |

| Types of Level 2 Offenses | Possible Consequences/Supports |
|---|--|
| <ul style="list-style-type: none"> • Destruction of property • Forgery • Internet policy violation • Lying / academic integrity / plagiarism (cheating) • Being in unauthorized areas without permission / trespassing • Bus violations • Disrespectful behavior towards faculty or staff • Disruptive or inappropriate acts as deemed serious by the administration. • Gambling • Throwing objects / snowballs • Driving infraction • Cutting school | <ul style="list-style-type: none"> • Social Probation • MIAA Penalties • Counseling • Removal from class (should be followed up with a parent phone call or email that day) • Saturday detention • Internal or external suspension |

Level 3 Offenses

Level 3 behaviors are the most severe in nature. In some cases, level 3 behaviors will be reported to the police, in accordance with the Memorandum of Understanding. Allocating appropriate resources to the student is determined largely by the administration in consultation with guidance and/or the school psychologist and social worker.

| Types of Level 3 – Major Offenses | Possible Consequences/Supports |
|--|---|
| <ul style="list-style-type: none"> • Any failure to respond to Level 2 interventions or repeated violation of school rules. • Assault on a staff member (MGL) • Felony charge or conviction (MGL) • Harassment on grounds of race, color, religion, nationality, sex, sexual orientation, age, ancestry or disability (MGL) • Possession or use of a weapon (MGL) • Sexual harassment (MGL) • Bullying • Inappropriate use of social media • Truancy or excessive tardiness • Off campus without permission after school starts • Physical attacks/fighting • Stealing | <ul style="list-style-type: none"> • Remove from class (requires a call home from the teacher that night) • Behavior improvement plan / disciplinary contract • Student or adult mentors • Social Probation • MIAA Penalties • Consultation with the student's doctor / Psychiatric evaluation / Rehabilitation • Parent-teacher-administrator meeting • Saturday school detention • Internal Suspension • External Suspension • Exclusion • Expulsion • Referral to police or fire department • Restitution • Community service |

| Types of Level 3 – Major Offenses | Possible Consequences/Supports |
|---|--------------------------------|
| <ul style="list-style-type: none"> • The use of possession of alcohol in school or at any school-related event. • The use and/or possession of look-alike designer drugs or drug paraphernalia in school or at any school-related event or other violation of the chemical health policy. • The use and/or possession of vaping devices (such as Juul). • Vandalism • Insubordination • Physical threats or actions reasonably deemed as intimidation • Verbal or physical harassment • Unwanted touching • Engaging in sexual behavior • Abusive language or actions towards staff or students • Verbal or written taunts • Encouraging peer aggression (including athletic or co-curricular competitions) or inciting others to disregard school rules. • Cafeteria or other public disturbance • Failure to serve detention • Refusal of warranted search | |

ADMINISTRATIVE RESPONSES

Please note that student due process rights can be found in the [District Family Handbook](#).

The administrative team has the authority to exercise discretion in deciding the consequences for a student who has violated disciplinary rules. The team shall first consider ways to re-engage the student offender in the learning process, and shall avoid using expulsion until other remedies and consequences have been employed. A variety of administrative responses are available depending on the nature of the infraction and the accompanying circumstances. The following consequences require particular clarification.

Detention

Detention can be given as a teacher detention or an office, lunch, or utility detention. The length of a teacher detention is at the discretion of the teacher within reason and not to exceed 90 minutes. Most office detentions are 30 minutes in length and may be served before or after school depending on the circumstances of the infraction.

Community Service

Detention, at times, may be replaced with community service activities that are appropriate.

Social Probation

Students may be prohibited from attending non-academic activities or field trips, including activities that occur outside of the school day, including athletic events, dances, community-building events and performances.

Saturday School Detention

Saturday School Detention is designed to be an alternative to external suspension. A 90-minute assignment (8:00 a.m. - 9:30 a.m.) or a three-hour assignment (8:00 a.m. - 11:00 a.m.) on a Saturday may be assigned in lieu of external suspension. When a student is assigned to Saturday School, he/she must arrive at school before 8:00 a.m. to be admitted; no students will be admitted after 8:00 a.m. During this time students must perform academic work: homework, projects, long range assignments, assigned reading or high quality recreational reading. Reading magazines unrelated to school work, listening to music, napping, etc. are not allowed. **If a student fails to attend an assigned Saturday School or arrives too late to gain admittance, then the student will be assigned two Saturday School detentions. Any further violation may lead to external suspension.**

Suspension

A suspension is a short term or long term removal from regular classroom activities. Short term suspension is the removal of a student from the school premises and regular classroom activities for 10 consecutive days or less. Short term suspensions may be appealed to the principal.

Long term suspension means the removal of a student from the school premises and regular classroom activities for more than 10 consecutive days, or for more than 10 days cumulatively for multiple disciplinary offenses in any school year. Long term suspensions may be appealed to the superintendent.

A suspended student is restricted from entering the school buildings or coming onto school grounds; and a suspended student may not participate in any school sponsored activities or functions during the suspension period.

The principal or their designee has the sole responsibility for determining who is suspended. The suspended student may not be permitted to return to school until a parental conference has been held.

In-school suspension

At the discretion of the administrative team, an in-school suspension may also be imposed for violation of the student code of conduct. In-school suspension means the student is removed from regular classroom and extracurricular activities, but not from the school premises, for no more than 10 consecutive school days.

For an in-school suspension, the principal or designee shall inform the student of the disciplinary offense charged and the basis for the charge and provide the student an opportunity to dispute the charges and explain the circumstances surrounding the alleged incident. If the principal determines that the student committed the disciplinary offense, the principal shall inform the student of the length of the student's in-school suspension, which shall not exceed 10 days, cumulatively or consecutively, in a school year.

On the same day as the in-school suspension decision, the principal shall make reasonable efforts to notify the parent orally of the disciplinary offense, the reasons for concluding that the student committed the infraction, and the length of the in-school suspension. The principal shall also invite the parent to a meeting to discuss the student's academic performance and behavior, strategies for student engagement, and possible responses to the behavior. Such meeting shall be scheduled on the day of the suspension if possible, and if not, as soon thereafter as possible. If the principal is unable to reach the parent after making and documenting at least (2) attempts to do so, such attempts shall constitute reasonable efforts for purposes of orally informing the parent of the in-school suspension.

The Principal or designee shall send written notice to the student and parent about the in-school suspension, including the reason and the length of the in-school suspension, and inviting the parent to a meeting with the principal, if such meeting has not already occurred. The principal shall deliver such notice on the day of the suspension by hand-delivery, certified mail, first-class mail, email to an address provided by the parent for school communications, or by other method of delivery agreed to by the principal and the parent.

Out of School Suspension

For those infractions considered most serious, the consequence may be out of school suspension. When an administrator determines that student behavior is flagrantly and purposefully disruptive to the school assembly, has substantially disrupted the school day, or that the student's presence is impacting others' ability to learn, that student may be removed from the school setting. The Principal or their designee shall send written notice of the intent to suspend and invite the parents/caregivers to bring the student to a formal suspension hearing. At that meeting, the Principal will explain the nature of the infraction and allow the student to share their description of the event(s). After considering all of the information presented, the Principal or their designee will decide on the length of the suspension or choose to impose a different consequence. The Principal shall deliver such decision on the day of the hearing by certified mail, first-class mail, email to an address provided by the parent for school communications, or by other method of delivery agreed to by the Principal and the parent/caregiver.

Any student suspended from school shall have the opportunity to make up assignments, tests, papers, and other school work as needed to make academic progress during the period of removal from the classroom or school.

Any student who is expelled or suspended from school for more than 10 consecutive days shall have an opportunity to receive educational services that will enable the student to make academic progress toward meeting state and local requirements through the school-wide educational services plan.

A re-entry meeting will be held prior to the student's return.

SPECIFIC INFRACTIONS

Cheating and Plagiarism

The "Expectations for Student Learning at Cohasset High School" state that "The Cohasset student will develop a strong sense of honor and integrity, behave ethically, and act responsibly." Implicit in this statement is the fact that trust is an important component in the educational process. Cheating violates this trust. Consequently, **the work that a student hands in must be their own**. For instance, students are expected to complete assignments individually unless otherwise directed by the teacher. Furthermore, the unauthorized provision of information to another individual, whether in a testing situation, homework assignment, etc., also constitutes a violation. In this case, the person who provides the information will be considered just as guilty as the person who uses it. The dishonest use of technology resources also falls under this policy. For example, downloading material from the Internet and submitting it as the student's own work, using translation websites, downloading essays or parts of essays, book summaries, or inserting plagiarized material in a research project: all of these constitute serious breaches of the academic code of ethics.

It is the teachers' responsibility to present and reinforce what students should do to avoid plagiarism. Cohasset High School will follow the guidelines set by the Modern Language Association as presented in the MLA Handbook for Writers of Research Papers, which states that a student has plagiarized if he/she:

- has taken notes that did not distinguish summary and paraphrase from quotation and then presented wording from the notes as if it were the student's own;
- copied text while browsing the Web and pasted it into a paper without quotation marks or without citing the source;
- has presented facts without saying where they came from;
- has repeated or paraphrased someone's wording without proper acknowledgment;
- has paraphrased someone's argument or presented someone's line of thought without proper acknowledgment;
- has bought or otherwise acquired a research paper and handed in part or all of it as their own.

In each instance the teacher will contact the parent/guardian, explain the situation and submit and enter a discipline referral in ASPEN to the assistant principal. Penalty: first penalties will be determined by the teacher in consultation with the department chair. Penalties may include receiving a “0” for the work with no option to make up the work. Subsequent penalties will be handled by the department chair in consultation with building administration.

A student may make an appeal according to school policy.

Attendance

Please refer to “Student Attendance” regarding penalties for attendance.

Dress Code

Please see the most current policy in the [School Committee Policy binder](#).

Classroom Violations: Tardiness to Class

If a student arrives late for a class without a pass or justification for tardiness, he/she is subject to the following procedure for unexcused tardiness:

1. For the **first (1st)**, **second (2nd)**, and **third (3rd)** incidents of unexcused tardiness, the student will report to the teacher after school. On the **fourth (4th)** and subsequent incidents of unexcused tardies, students will be referred to the assistant principal for further disciplinary action, which may include office detention, utility detention, or external suspension.
2. If a student fails to report to the teacher after school, the teacher will reassign the student to two after-school detentions. Failure to serve either of these detentions will result in the student being referred to the assistant principal for Saturday School detention.
3. For subsequent failures to serve detention, the student will be referred to the assistant principal for further disciplinary action.

Teachers are not to send students in pursuit of a pass (exception: first block of the day). If students arrive late to class without a pass, they may be assigned teacher detention. The student may present an excused tardy pass to the teacher by the next school day or class day. Teachers are to notify the parent(s)/guardian(s) and the assistant principal if they find a problem with tardiness developing with a student.

Classroom Violations: Classroom Disruptions

Most classroom disruptions are considered level 1 offenses and will be handled by the teacher. Depending on the circumstances, the teacher may inform the parent or guardian, but such notification is neither expected nor required except in cases of repeated misbehavior.

Classroom Violations: Removal from Class

Removal of a student from the learning environment is among the most serious consequences and is generally reserved for when a student's behavior has become so problematic that the student poses a safety threat, or that the student's continued presence substantially affects other students' learning. In most cases, removal from class is a final strategy after other strategies have failed. In all cases in which a student has been removed from class, the teacher must attempt to contact the parent or guardian within 24 hours.

Classroom Violations: Unexcused Absence from Class (class cuts)

Any student who deliberately fails to attend a scheduled class in its entirety, without permission, will be disciplined as described below. Students who cut class and also leave school grounds will be disciplined in accordance with the rules governing "Unauthorized Departure from School Grounds."

When students are not where they are supposed to be, the burden of proof is on them to prove that they did not leave school grounds. **All class cuts will result in no credit and possibly no make-up for the work missed.** A student who cuts class will be disciplined as follows:

- 1st Cut - the student is to be assigned a teacher detention.
- 2nd Cut - the student is to be referred to the assistant principal and will be assigned utility detention.
- 3rd Cut - the student will be placed on social probation.
- For any subsequent cut, an attendance hearing will be held.

Alcohol, Tobacco, and Controlled Substances

Please see the most current policy in the [School Committee Policy binder](#).

Suspicion of being under the influence of alcohol, a controlled substance, designer drug or related paraphernalia including vaporizers and electronic smoking devices/vaping

If a member of the staff suspects that a student is under the influence of alcohol, a controlled substance, designer or "look alike" drugs, using drug paraphernalia, or other substances, which, in the opinion of the administrator, are intended to be used harmfully and/or in ways that are not in accordance with their intended use, the following steps will be taken:

- The opinion of a second person – school principal, assistant principal, teacher, and/or a school nurse – will be sought.

- The parent/guardian will be contacted to take the student home.
- The School Resource Officer will be notified.

Possession of alcohol, a controlled substance, designer drug or related paraphernalia including vaporizers and electronic smoking devices/vaping

If a member of the staff suspects that a student is in the possession of alcohol, a controlled substance, designer or “look alike” drugs, drug paraphernalia, or other substances, which, in the opinion of the administrator, are intended to be used harmfully and/or in ways that are not in accordance with their intended use, the following steps will be taken:

- The opinion of a second person - school principal, assistant principal, teacher, and/or school nurse - will be sought;
- The parent/guardian will be called to take student home;
- A minimum five (5) day suspension; and expulsion hearing, in accordance with Massachusetts General Laws Chapter 71, Section 37H, may be assigned;
- The student will be immediately suspended from all school programs;
- A letter will be sent to the parent(s)/guardian(s) - copy placed in student's temporary file;
- When deemed appropriate, possible referral to a rehabilitation program may be made;
- Notification will be sent to the local police department;
- The student may be assigned expulsion, reinstatement, or further suspension, consistent with Massachusetts General Laws Chapter 71, Section 37H.

Under the influence and/or use of alcohol, a controlled substance, designer drug or related paraphernalia including vaporizers and electronic smoking devices/vaping

If a member of the staff suspects that a student is in the under the influence of alcohol, a controlled substance, designer or “look alike” drugs, using drug paraphernalia, or other substances, which, in the opinion of the administrator, are intended to be used harmfully and/or in ways that are not in accordance with their intended use, the following steps will be taken

- The opinion of a second person - school principal, assistant principal, teacher, and/or school nurse - will be sought;
- The parent/guardian will be called to take the student home;
- Minimum five (5) day suspension, and expulsion hearing, in accordance with Massachusetts General Laws Chapter 71, Section 37H , may be assigned;
- The student will be immediately suspended from all school programs;
- A letter and resources will be sent to the parent(s)/guardian(s) - copy placed in student's temporary file;

- When deemed appropriate, possible referral to a rehabilitation program may be made;
- Notification will be sent to the local police department;
- The student may be assigned expulsion, reinstatement, or further suspension, consistent with Massachusetts General Laws Chapter 71, 37H.

Selling or distributing or intent to sell or distribute alcohol, a controlled substance, designer drug or related paraphernalia including vaporizers and electronic smoking devices

If a student has been determined to be selling or distributing alcohol, a controlled substance, designer or “look alike” drugs, drug paraphernalia, or other substances, which, in the opinion of the administrator, are intended to be used harmfully and/or in ways that are not in accordance with their intended use the following steps will be taken:

- The parent/guardian will be called to take the student home;
- The student will be immediately suspended from all school programs;
- The student may be assigned a minimum ten (10) day suspension;
- Notification will be sent to the local police department;
- An expulsion hearing, in accordance with Massachusetts General Laws, Section 37H, will be conducted;
- A letter and resources will be sent to the parent(s)/guardian(s) - copy placed in student's temporary file;
- The student may be assigned expulsion, reinstatement, or further suspension, consistent with Massachusetts General Laws Chapter 71, 37H.

Unauthorized Departure from the School Building and/or Grounds

Students are not to leave the school building without permission from the main office.

Any student who is found to have left the school grounds or attempting to leave school grounds during school hours without just cause will be disciplined as follows:

- 1st Offense – The student will serve a utility detention, and parent(s)/ guardian(s) will be notified.
- 2nd Offense - The student may serve one (1) day of external suspension, Saturday Detention, or In-House Suspension at the discretion of the administrator.
- For subsequent violations, the student may serve two (2) days of external suspension, and a parent/guardian conference is required for re-admittance.
- When a student leaves school grounds without authorization or is truant on the day of an athletic contest or co-curricular activity, he/she will be suspended for one game/activity.

Cell Phones and Electronic Devices

While classes are in session, electronic devices such as cell phones and other electronic devices should not be used without the expressed permission of the specific classroom teacher. Cell phones may be used in the halls or in the cafeteria during break and lunch. Respectful use of cell phones is expected, and repeated or significant violations of the cell phone and electronic device policy will be considered insubordination and escalated accordingly. A faculty member or administrator has the right to confiscate a phone if a student refuses to comply with the classroom rule. Phones may be returned to the student by the end of the day or turned into the main office for the student to retrieve.

BREATHLYZER PROTOCOL

Part I: During School Sponsored Events

1. The administration will determine at which school-sponsored events the breathalyzer test procedures will be used. These events will include, but are not limited to, proms, dances, concerts, overnight activities, athletic events, etc.
2. The administration will determine the manner by which the students will be tested: entire group, random selection, or based on individualized suspicion. The administrator or designee present at such events has the authority to test and retest any individual suspected of being under the influence of alcohol even if the student has a negative test on entering the event.
3. Students attending these school-sponsored events may be required to take a breathalyzer test administered by a trained member of the staff prior to entering the event.
 - Any student who tests positive (any reading above 0.00) will be given a second test after a waiting period of five (5) minutes;
 - If this test is also positive, the student will be denied entrance to the event and detained by school officials until parents/guardians arrive to remove them;
 - Students who refuse the test will be denied entrance to the event and detained until parents/guardians arrive to remove them;
 - Where school officials are testing based on individualized suspicion, a student who tests positive or who is suspected of using alcohol as described herein and refuses the test will be denied entrance, detained, and sent home with a parent/guardian, and may be suspended for up to ten (10) days;
 - Whether school officials are testing students randomly or testing the entire group, a student who tests positive may be subject to social probation and prohibited from participating in extra-curricular activities including, but not limited to, athletics.
4. A student already in attendance at a school-sponsored event who is suspected of being under the influence will be tested or retested.
 - If this test is positive, the student will be detained until a parent/guardian arrives and may be suspended for up to ten (10) school days.
 - If a student who is suspected of using alcohol as described herein refuses the test, that student will be detained and sent home with a parent/guardian and may be suspended for up to ten (10) school days.

Part II: During the School Day

A trained member of the school staff, in the presence of an administrator, may give a breathalyzer test to any student who is suspected of being under the influence of alcohol according to the regulations of this policy.

- A student who tests positive (any reading above 0.00) may be given a second test after a waiting period of five (5) minutes.

- If this test is also positive, school officials will detain the student until parents/guardians arrive; the student will be sent home and may be suspended for up to ten (10) school days.
- A student who is determined to be under the influence as described herein and who refuses the test will be detained until parents arrive, be sent home, and may be suspended for up to (10) days.

CO-CURRICULAR EXPECTATIONS

LEADERSHIP STANDARDS

Process of selection for student leadership positions:

In order to become a leader of a co-curricular group, whether it is as a captain of an athletic team, an officer in student council, or any other similar position of leadership in any of our co-curricular groups, one must meet and accept the standards below.

The members of CHS athletic teams and co-curricular groups will be asked to consider the leadership standards and provide input to the coach or advisor regarding recommendations for positions of leadership (e.g., Captains). The coach/advisor will consider the student input and make a recommendation to the administration for final approval. Other student leadership positions (e.g., class officers) will be elected by traditional methods (secret ballot).

A leader is someone who has demonstrated qualities of Leadership, Character, Service, and Integrity and is:

1. Approachable and outgoing with teammates and/or activity members.
2. A link between players/participants and coaches/advisors.
3. A positive role model who is able to lead by example.
4. Respectful to coaches/advisors, teammates/activity members, and opponents/guests.
5. Someone who demonstrates sportsmanlike behavior at all times.
6. A well respected, law abiding good citizen at all times.
7. A good motivator.
8. A clear communicator.
9. An advocate/mentor for new team members/ activity members.
10. A hard worker.
11. A leader who demonstrates honesty, punctuality, reliability, confidence, and the ability to organize others on a daily basis.
12. Respectful of one's personal health and chooses not to use drugs or alcohol.

Any student leader whose personal conduct (in or outside of school) is in conflict with the leadership standards as listed above may be assigned consequences by the school administration. Consequences may include dismissal from the leadership position.

In the event of a disciplinary matter:

- A. The student leader would receive notification of the transgression.

- B. The student leader will be offered due process.
- C. The administration may invoke consequences regarding the transgression including but not limited to suspension, conditional service, and/or dismissal from their leadership responsibilities.
- D. The student may be allowed to remain as a participant in the co-curricular group/team.
- E. If a student leader is suspended from a leadership position for a specific period of time by the administration, that student will be suspended from all positions of leadership held and will not be eligible to assume any new positions of leadership for the duration of the suspension.

ELIGIBILITY

1. All students at Cohasset High School have equal access to all programs including athletics and extracurricular activities.
2. Two (2) F's (failure), two (2) I's (incomplete), two (2) WF's or any combination thereof in all subjects will prevent a student from participating in an activity. In the case of incompletes, this rule applies until incomplete grades are made up to a passing average. Middle school students deemed eligible for high school sports by the Cohasset School Committee must pass all courses in order to retain eligibility.
3. Students participating in athletics or other co-curricular activities must be present in school by 8:25 AM and must remain in school for the remainder of the day in order to participate.
4. Good Citizen Rule: Students may not represent their school if they are on disciplinary suspension.
5. Tobacco, Alcohol, Steroids, Controlled Substances:

Students shall not use or consume, possess, buy/sell, or give away any product containing tobacco, alcohol, steroid, any other controlled substance, drug paraphernalia, or look-a-like at any time during the school year beginning with the first allowable day of fall athletic practice through the end of the academic year or final athletic competition of the year, whichever is later. (Broadening this window from "in season" to the entire academic year reflects that the chemical health of students is not simply a seasonal concern – Mass. Interscholastic Athletic Association). This is a twenty-four (24) hour, seven (7) day a week rule covering the entire athletic *year* as defined by the M.I.A.A. Cheerleaders are not covered by MIAA rules; however at Cohasset High School they will be subject to the same 24/7 rule as other student-athletes.

A student may be considered to be in violation of the MIAA's chemical health policy if it is determined that he/she was in a vehicle where alcohol and/or illicit drugs are determined to be in plain view or when, in the opinion of the principal

or their designee, the student should have been aware that said banned substances were in the vehicle.

First offense: The student is suspended from all interscholastic sports activities for 25% of all interscholastic contests in that sport in which the violation occurs.

Subsequent offenses: The student is suspended from all interscholastic sports activities for 60% of the contests in that sport in which the violation occurs.

All athletes are reminded that the following M.I.A.A. rule applies in both of the scenarios above: penalties shall be cumulative each academic year. If the penalty period is not completed during the season of violation, the penalty shall carry over to the student's next season of actual participation, which may affect the eligibility status of the student during the next academic year. **In addition, students who begin a sports season under athletic suspension must complete the season in good standing in order for the suspension to be completed or the suspension will be carried forward to the next athletic season of choice.**

First Offense Only

Athletes suspended for violation of these policies may practice during their period of suspension with the approval of the Principal or assignee.

- a. It is not a violation for any students to be in possession of a drug legally prescribed by their doctor for the student's own use during the period of time when the student is a participating member of a school's team, program, or activity.

Students who violate the MIAA/CMHS chemical health policy may not, at the principal's discretion, be eligible to attend the post-season team banquet/ break-up celebration if they do not finish the season in good standing.

Students declared ineligible for any part of a season due to violation of the chemical health policy are ineligible for post-season honors and recognition in any and all sports from which he/she was suspended (including letter awards and all-star teams).

INTERSCHOLASTIC ATHLETICS

Age: Students shall be under nineteen (19) years of age on September 1st of the current school year.

Insurance: All members of interscholastic teams representing Cohasset High School are covered by special athletic insurance. This insurance is "non- duplicating"; it is intended to provide coverage for expenses in excess of any personal or family coverage, but within the limitations of the policy.

Awards: Eligibility Requirements.

- The Cohasset "C" shall be awarded to any student who, for the first time, fulfills the "Varsity letter" requirements for their sport.
- Only one letter shall be awarded to any one person for participation in sports at Cohasset High School.
- When a player satisfies the requirements in any sport (after receiving a letter), he/she shall receive a metal service bar (if applicable) to be attached to the letter directly under the emblem denoting that sport.
- If, in the opinion of the Coach, a player has faithfully attended practices and games and has performed valuable service in the interest of the team, but has not satisfied the requirements for a letter, he/she shall receive a service certificate. In some cases, he/she may be awarded a letter at the discretion of the Coach.
- If an athlete does not successfully complete the season, he/she will receive no award.
- Exceptions may be made for injury, illness, conflicting school events or school vacations.
- Exceptions for extenuating circumstances may be granted by the Athletic Director.

Varsity Letter Requirements:

- Regular practice and game attendance throughout the season on the Varsity team.
- Successful completion of the season.
 - An athlete must be academically eligible at the end of the season.
 - Athletes removed from the team for disciplinary reasons will not be eligible to receive a letter.
 - If a player is injured during a practice or a game and is unable to finish the season, he/she will be awarded a letter if he/she continues to support the team.
- Seniors who have participated in a program for three years will be awarded a letter even though the specific sport requirements may not be met, at the discretion of the Coach.
- The Varsity Coach's recommendation is required for all athletic awards. An athlete must compete in at least 50% of the Varsity contests to receive a Varsity letter. In certain individual sports, there are specific requirements to earn a letter. However, at the discretion of the Coach, a letter may be awarded to any bona fide team member who exhibits extraordinary effort. These specific requirements for the following individual sports must be achieved:

Cross Country

- Boys - Outrun a particular time or score in 50% of the meets.
- Girls - Outrun a particular time or score in 50% of the meets.

Boy's Golf

- Participate as one of the top 8 players in 50% of the regular season matches.

Swimming

- Accumulate 20 participation points.

Skiing

- Score in 50% of all total regular season races.

Outdoor Track

- Participate in 50% of the regular season meets, and score a minimum of points directly corresponding to the number of regular season meets.

Tennis

- Boys - Play in 50% of the regular season matches (to include exhibition).
- Girls - Play in 50% of the regular season matches (to include exhibition).

Girl's Golf

- Participate as one of the top 8 players in 50% of the regular season matches.

Managers:

- Attend all games for a full season.

Statisticians:

- Attend all games for a full season.

Academic Eligibility:

Two (2) F's (failure), two (2) I's (incomplete), two (2) WF's or any combination thereof in all subjects will prevent a student from participating in an activity. In the case of incompletes, this rule applies until incomplete grades are made up to a passing average. Students who receive one F will be placed on academic probation for that quarter. They may continue to participate in extracurricular activities; however, they must meet with the principal or his designee to review their academic progress.

Loyalty to the High School Team: This rule should be viewed as supplemental to the Bona Fide Team Member Rule 45. A bona fide member of the school team is a student who is consistently present for, and actively participates in, all high school team sessions (e.g., practices, tryouts and competitions). Bona fide members of a school team are precluded from missing a high school practice or competition in order to participate in a non-school athletic activity/event in any sport recognized by the MIAA.

Penalty:

First Offense: Student athlete is suspended for 25% of the season.

Second Offense: Student athlete is suspended for an additional 25% of the season and is ineligible for tournament play immediately upon confirmation of the violation.

Physical Examination: Each year prior to practice or participation, each student must have a physical examination. If the school's physician does not perform the physical, a doctor's note must be presented to the school nurse. A student is eligible for athletics if they have had a physical exam within 13 months from the start of the season.

Seasons of Participation: After enrollment in Grade 9, students may not participate more than four (4) years in any sport. Students who do not participate in the 9th grade will be limited to three (3) years of participation in grades 10-12.

Starting Times - For Seasonal Co-Curricular Activities:

| | |
|---------|---|
| Fall: | May begin the Monday before Labor Day weekend or as outlined in MIAA Rules and Regulations. |
| Winter: | May begin the Monday after Thanksgiving. |
| Spring: | May begin the 3rd Monday of March. |

User Fee: The Cohasset School Committee has established a users' fee of \$250 for the first sport, \$250 for the second sport and \$150 for the third sport - per athlete - for a total of \$650 per year if a student participates in three different sports. There is a \$900 cap per family. These funds will be utilized to offset the reductions in the athletic budget. – check with Steve

In order for a student to participate in a sport, the entire user's fee must be received on or before the first day of competition; no exceptions will be made. This fee, which is non-refundable, does not guarantee that a student will receive equal playing time during each game of their selected sport. Payment should be by check, made payable to: Cohasset High School.

If this fee poses an unusual hardship for any student's family, the parent/guardian should contact either the Principal or Athletic Director so that arrangements may be made for the student(s) to participate.

Taunting: Special mention is being made in this handbook relative to the MIAA's rule on taunting. Taunting includes any actions or comments by coaches, players, or spectators, which are intended to bait, anger, embarrass, ridicule, or demean others, whether or not the deeds or words are vulgar or racist. Included is conduct that berates, needles, intimidates, or threatens based on race, gender, ethnic origin, or background, and conduct that attacks religious beliefs, size, economic status, speech, family, special needs or personal matters.

At all MIAA contest sites and tournament venues, appropriate management may give spectators one warning for taunting. Thereafter, spectators who taunt players, coaches, game officials, or other spectators are subject to ejection and/or further disciplinary action.

We expect all Cohasset High School athletes, coaches, and spectators to maintain a high level of decorum at all school events.

These co-curricular regulations apply to the following:

Fall

Winter

Spring

Cheerleading
Field Hockey
Football
Boys Golf
Girls Soccer
Boys Soccer
Girls Cross Country
Boys Cross Country

Girls Basketball
Boys Basketball
Cheerleading
Gymnastics
Boys Ice Hockey
Skiing
Girls Swimming
Boys Swimming
Wrestling
Girls Ice Hockey

Baseball
Softball
Girls Lacrosse
Boys Lacrosse
Girls Tennis
Boys Tennis
Girls Track
Boys Track
Girls Golf

HOME EDUCATED STUDENTS

REQUIREMENTS FOR PARTICIPATION IN INTERSCHOLASTIC ATHLETIC PROGRAMS:

The MIAA will permit a home educated student to participate in interscholastic athletics if the following conditions are met:

1. The local school committee of a MIAA public school member institution has adopted a policy regarding participation of home educated students on the high school teams.
2. The local building principal has indicated such on the annual MIAA membership form and included **all** home schoolers in the annual MIAA enrollment report.
3. The educational plan for the home educated student has been approved by the public school superintendent or their designee.
4. The principal has determined appropriate high school grade level placement (9-12) for each home educated student in conjunction with chronological age and educational plan.
5. The student resides in the school district that serves the high school and must be living with their parent or legal guardians in the family residence. In multiple school districts, a home educated student must be assigned to the school of record in the same manner as other students.
6. The principal is satisfied that the student meets the guidelines for athletic participation required for all other students as defined in the current MIAA Blue Book. This should include, but not be limited to, those rules governing transfers, academic eligibility, age requirements, and the number of consecutive seasons of athletic eligibility beyond grade eight.
7. MIAA requirements relative to academic eligibility must be reviewed by the principal at the same times that all other student athletes are to be certified as academically eligible.
8. If the principal determines that all eligibility standards detailed above have been met, the

Principal may declare the student immediately eligible to participate in interscholastic competition. The rights, privileges, and responsibilities associated with all other student athletes attending MIAA member schools will apply to home-educated students who have satisfied the requirements above.