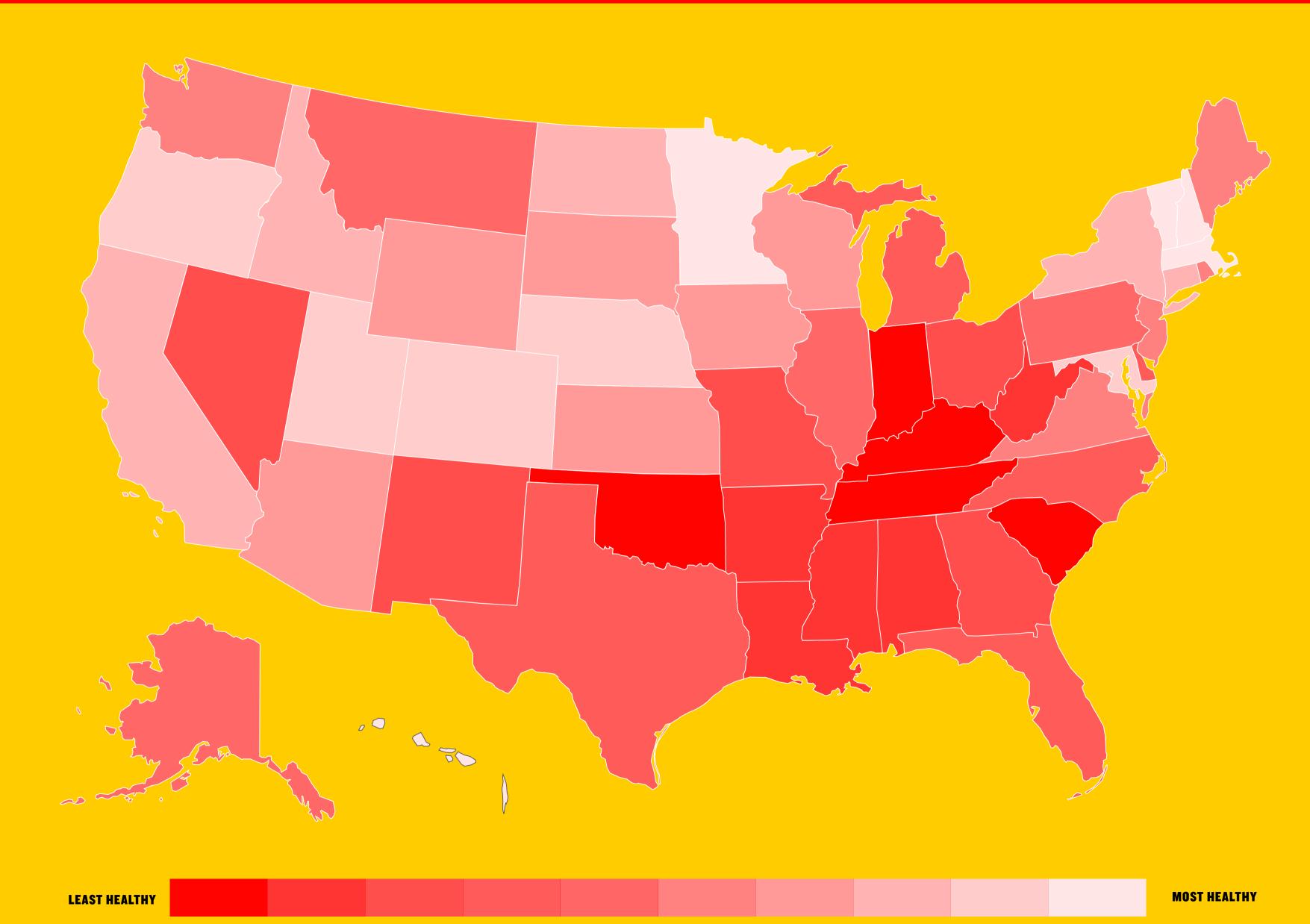
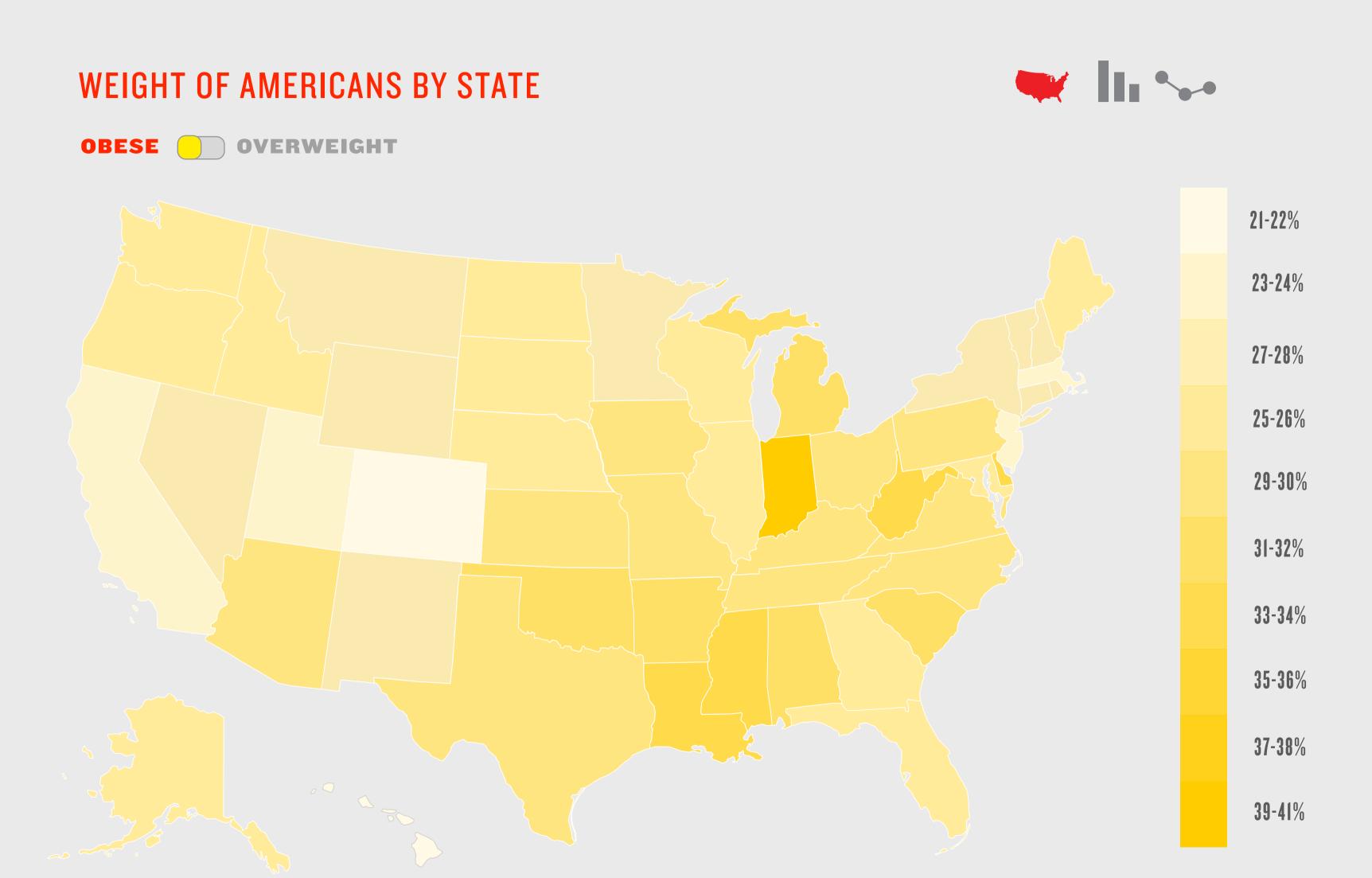
AMERICAN DREAM

American Dream depicts the growing issue of health in America. Explore issues of weight, diet, and excersize from sea to shinning sea





WEIGHT



WEIGHT OF AMERICANS BY STATE



OBESE OVERWEIGHT

OBESE OVERW	LIGHT
INDIANA 42% of the population is o	bese
DELEWARE 35%	
MISSISSIPPI 35%	
LOUISIANA 34%	
WEST VIRGINIA 32%	
ALABAMA 32%	
MICHIGAN 31%	
OKLAHOMA 31%	
ARKANSAS 31%	
SOUTH CAROLINA 31%	
TEXAS 30%	
KENTUCKY 30%	
MISOURI 30%	
OHIO 30%	
KANSAS 30%	
VIRGINIA 29%	
TENNESSEE 29%	
NORTH CAROLINA 29%	
IOWA 29%	
PENNSYLVANIA 29%	
NEBRASKA 28%	
MARYLAND 28%	
SOUTH DAKOTA 28%	
GEORGIA 28%	
NORTH DAKOTA 28%	
MAINE 28%	
WISCONSIN 28%	
ALASKA 27%	
ILLINOIS 27%	
IDAHO 27%	
OREGON 27%	
FLORIDA 27 %	
WASHINGTON 27%	
NEW MEXICO 26%	
NEW HAMPSHIRE 26%	
MINNESOTA 26%	
VERMONT 26%	
RHODE ISLAND 25%	
ARIZONA 25%	
WYOMING 25%	
MONTANA 25%	
NEW YORK 25%	
NEVADA 25%	
CONNETICUT 25%	
UTAH 24%	
CALIFORNIA 24%	
NEW JERSEY 24%	
MASSACHUSETTS 23%	
HAWAII 22%	

HAWAII **22%**

COLORADO 21%

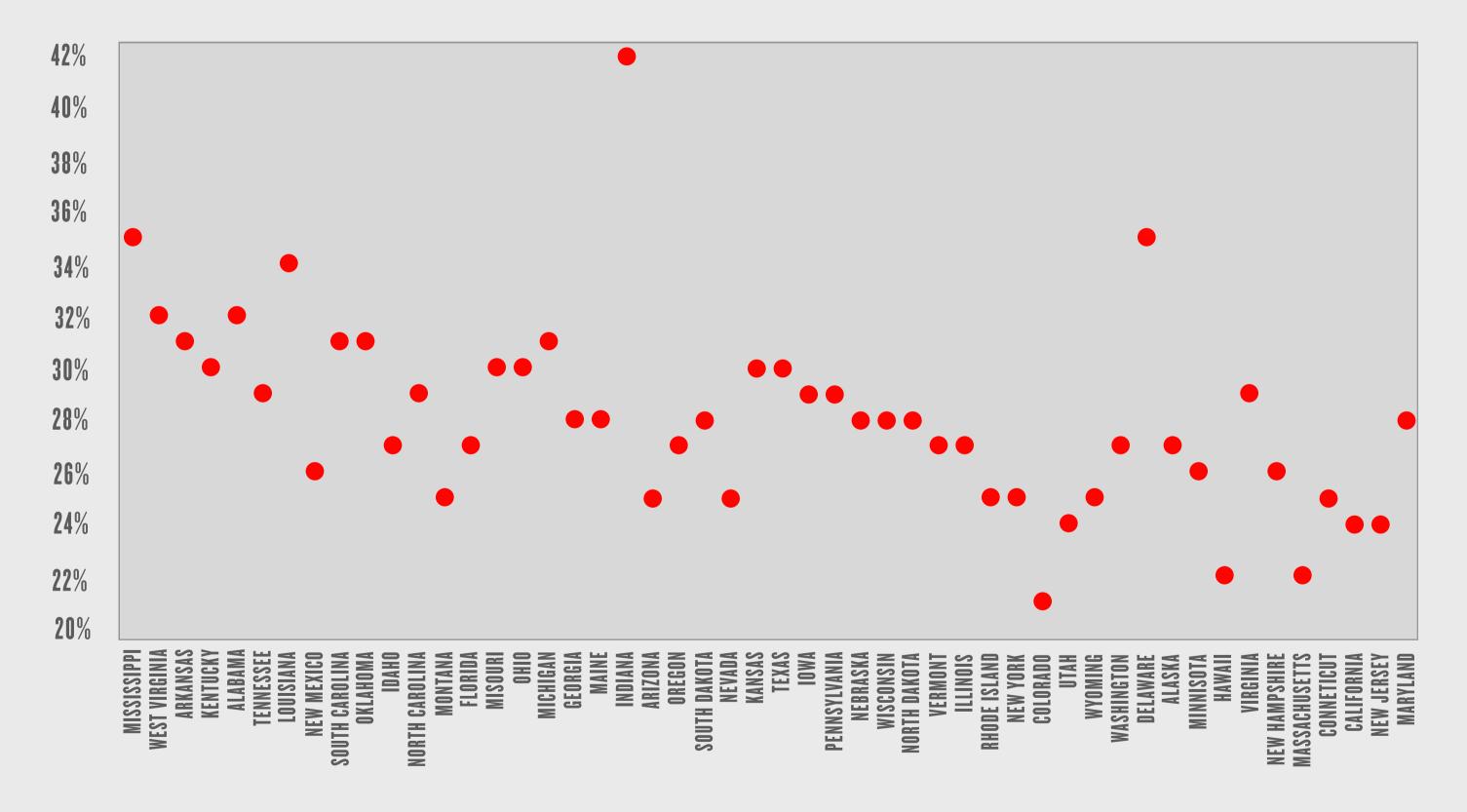
WEIGHT OF AMERICANS BY STATE



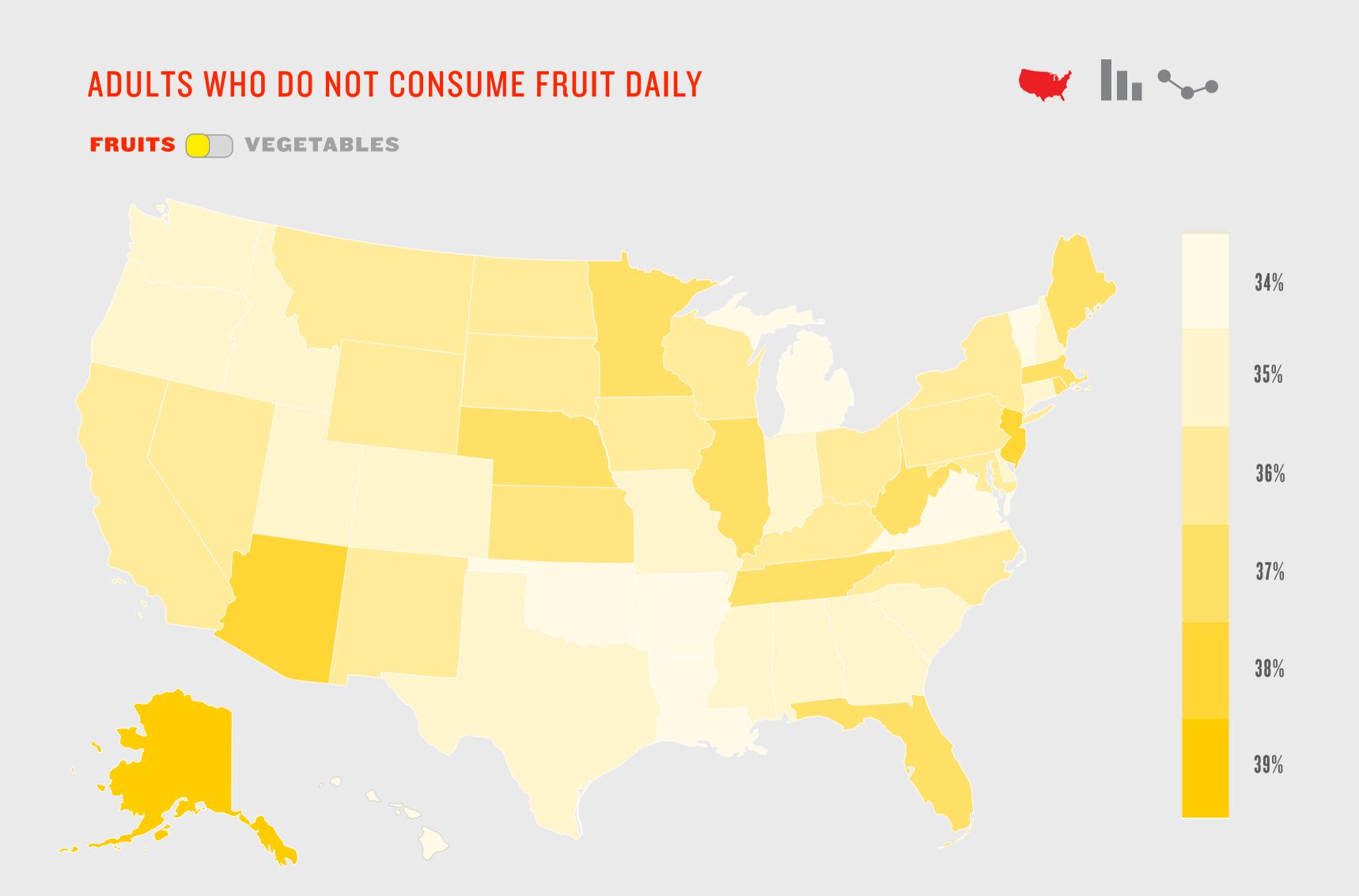
OBESE



OVERWEIGHT



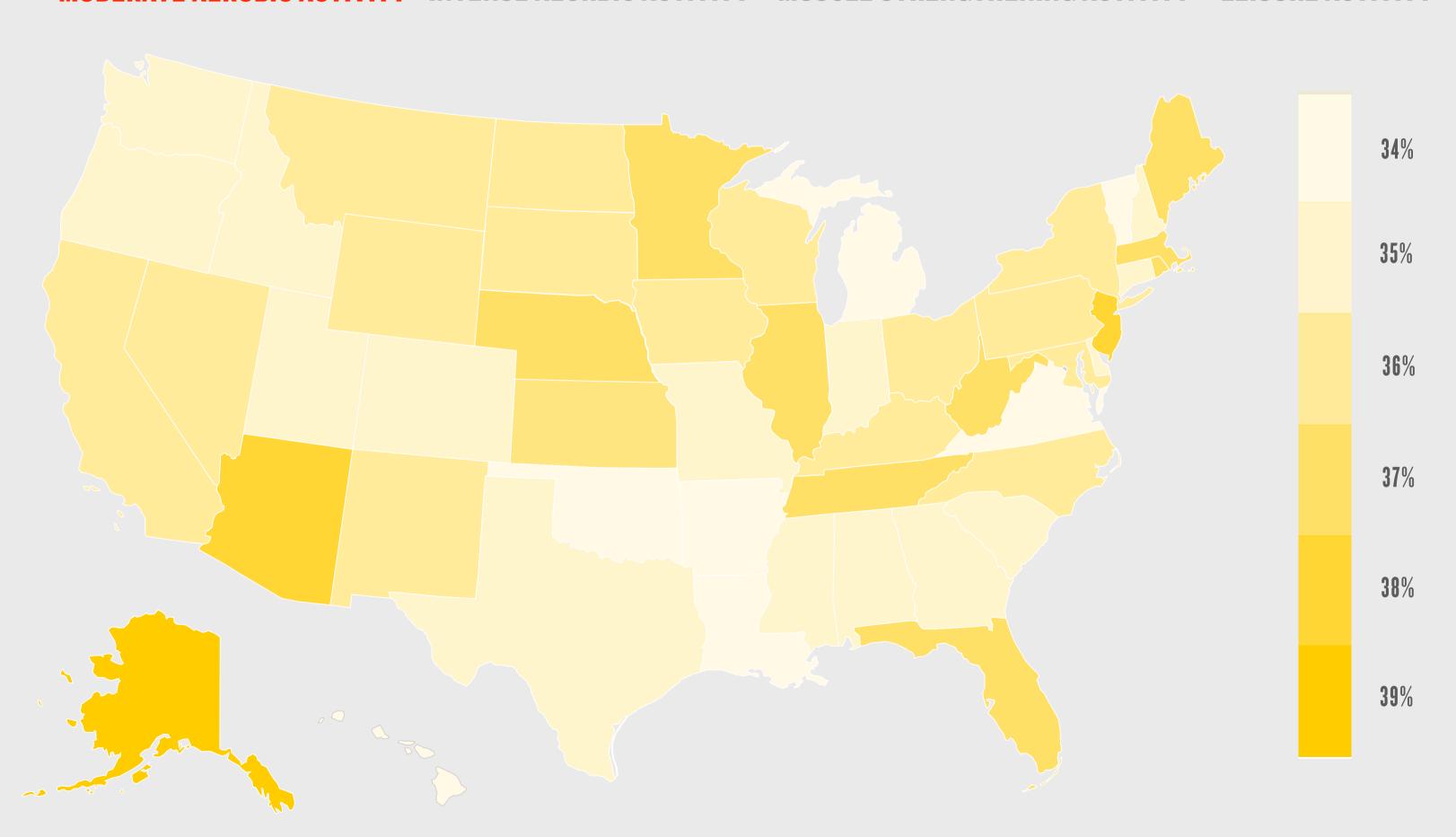




ADULTS WHO EXERCISE WEEKLY



MODERATE AEROBIC ACTIVITY INTENSE AEORBIC ACTIVITY MUSCLE STRENGTHENING ACTIVITY LEISURE ACTIVITY

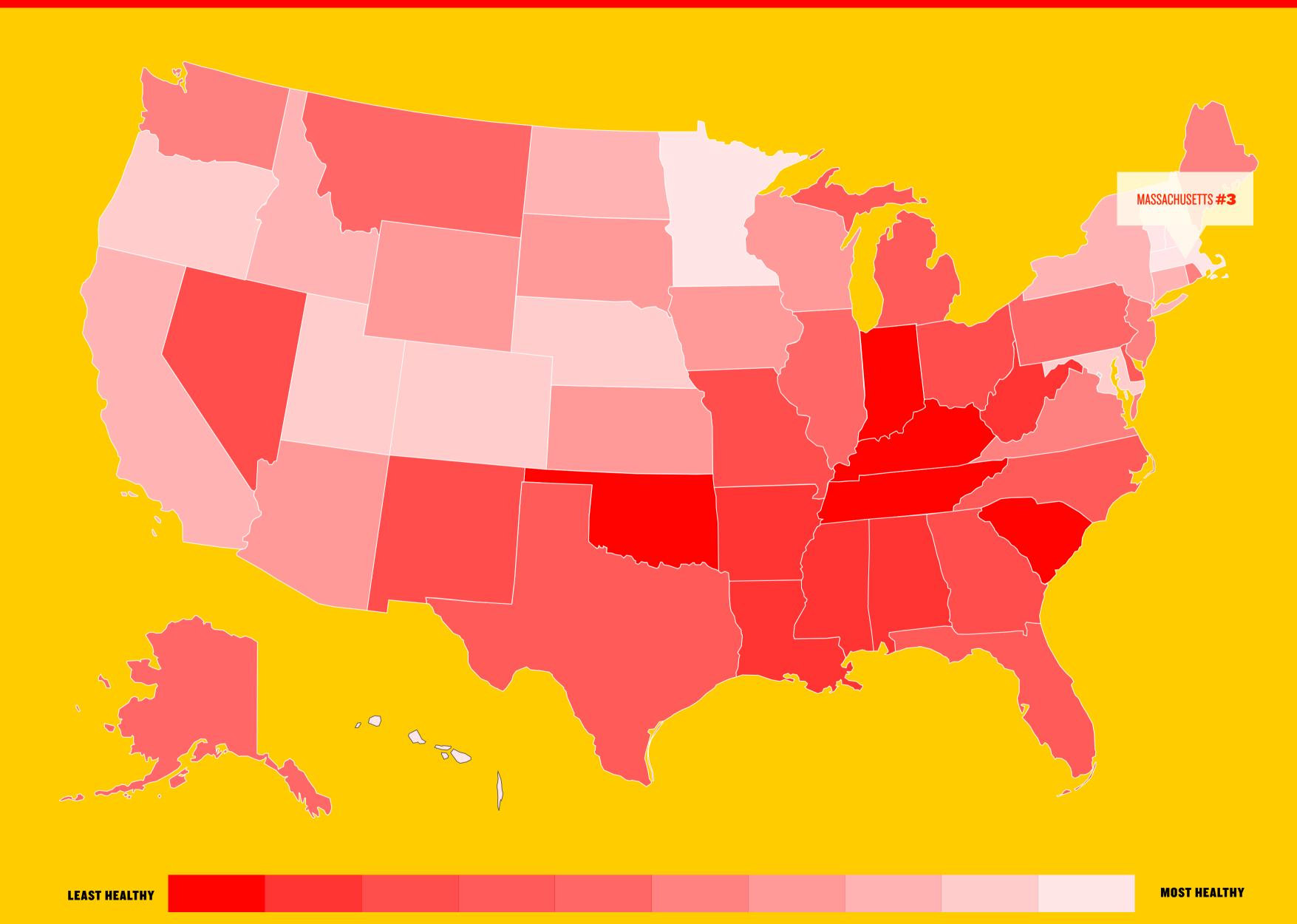


WHERE DO I STAND?

Select your state

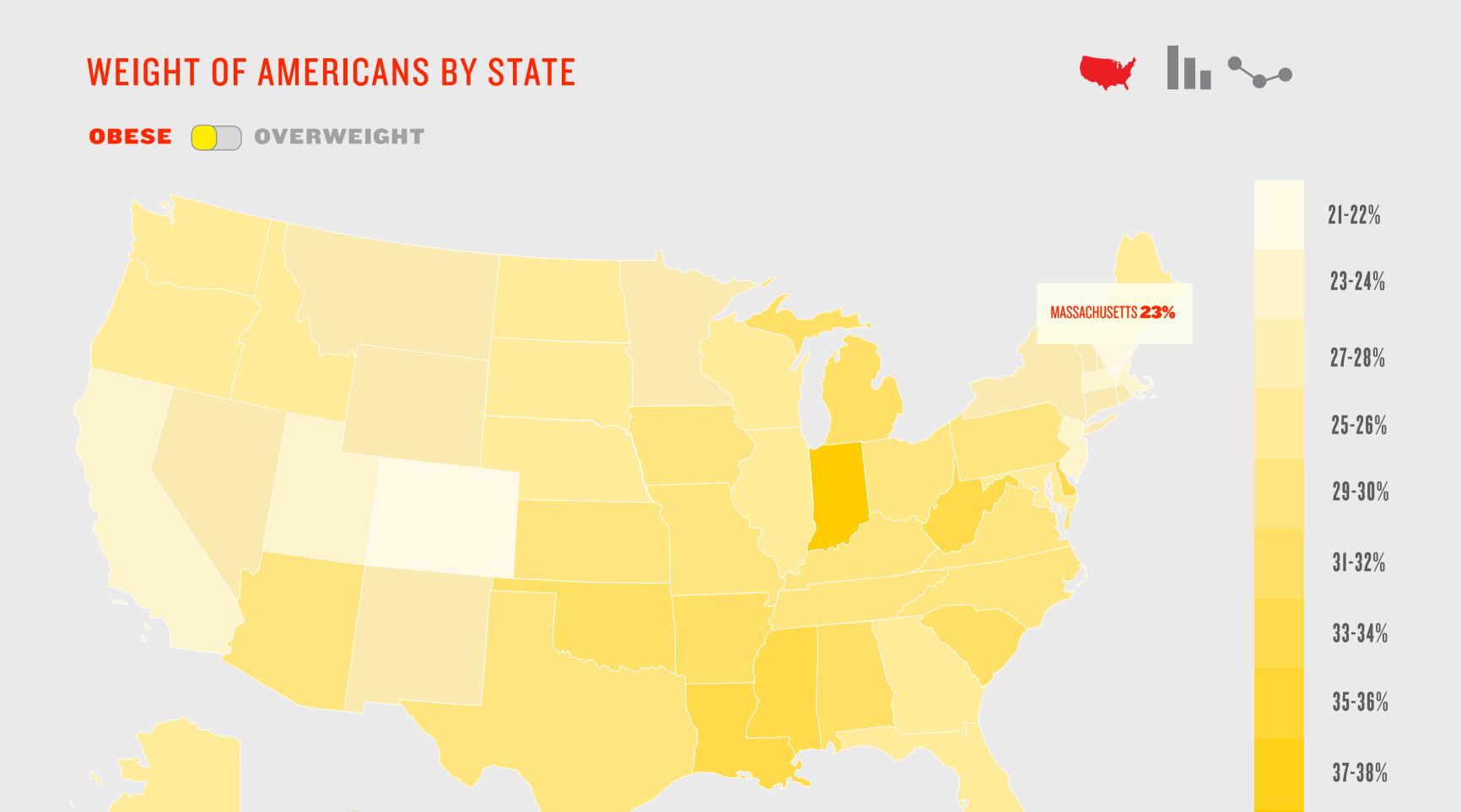
NEXT

WERL HEALTH OF AMERICANS BY ST



39-41%

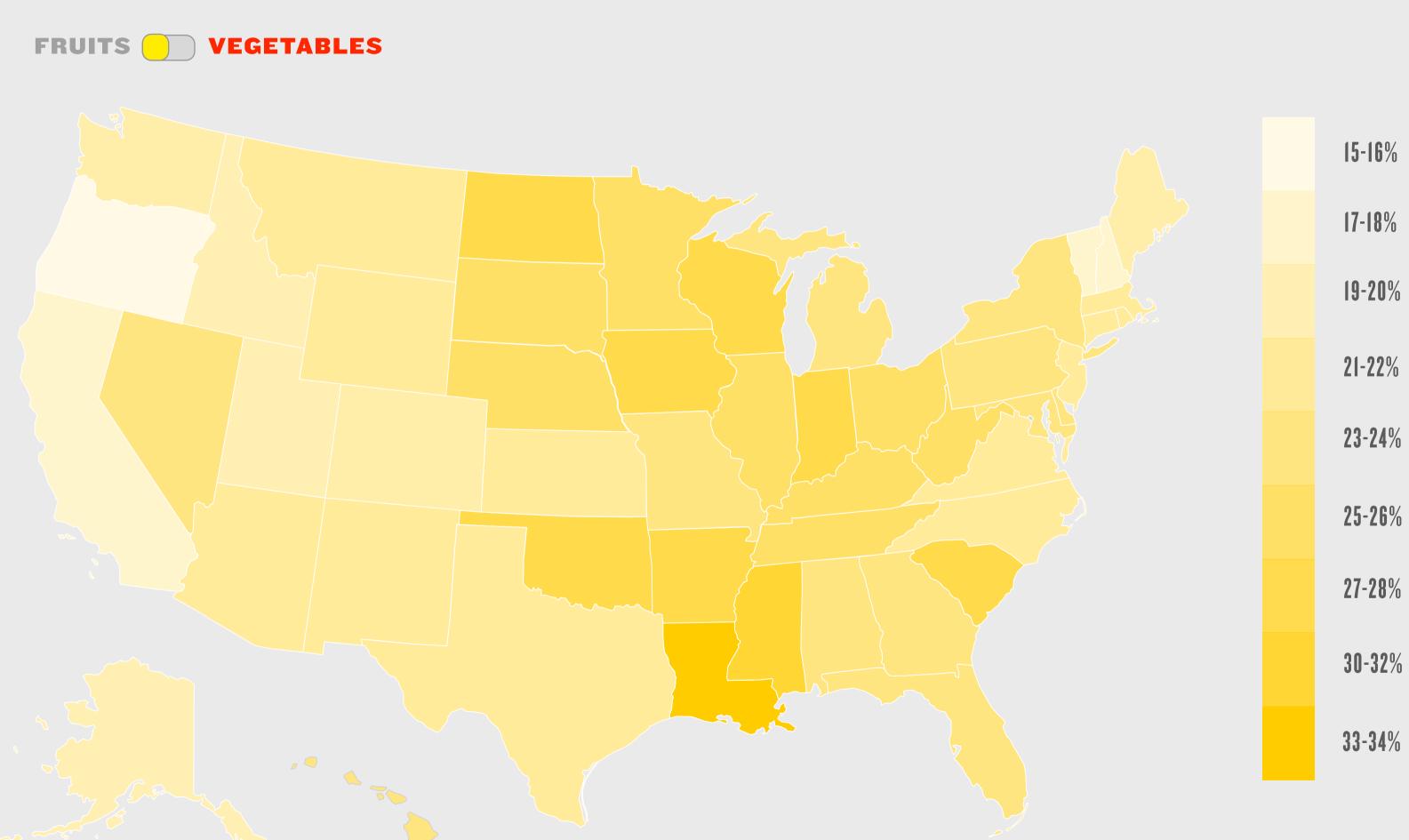






ADULTS WHO DO NOT CONSUME VEGETABLES DAILY





How many servings of vegetables do you eat in a day?

How often do you eat at fast food restaurants?

How often do you do aerobic exercise?

How often do you do muscle building exercise?

MASSACHUSETTS

23% ARE OBESE

35% ARE OVERWEIGHT

10% EAT LESS THAN I VEGETABLE A DAY

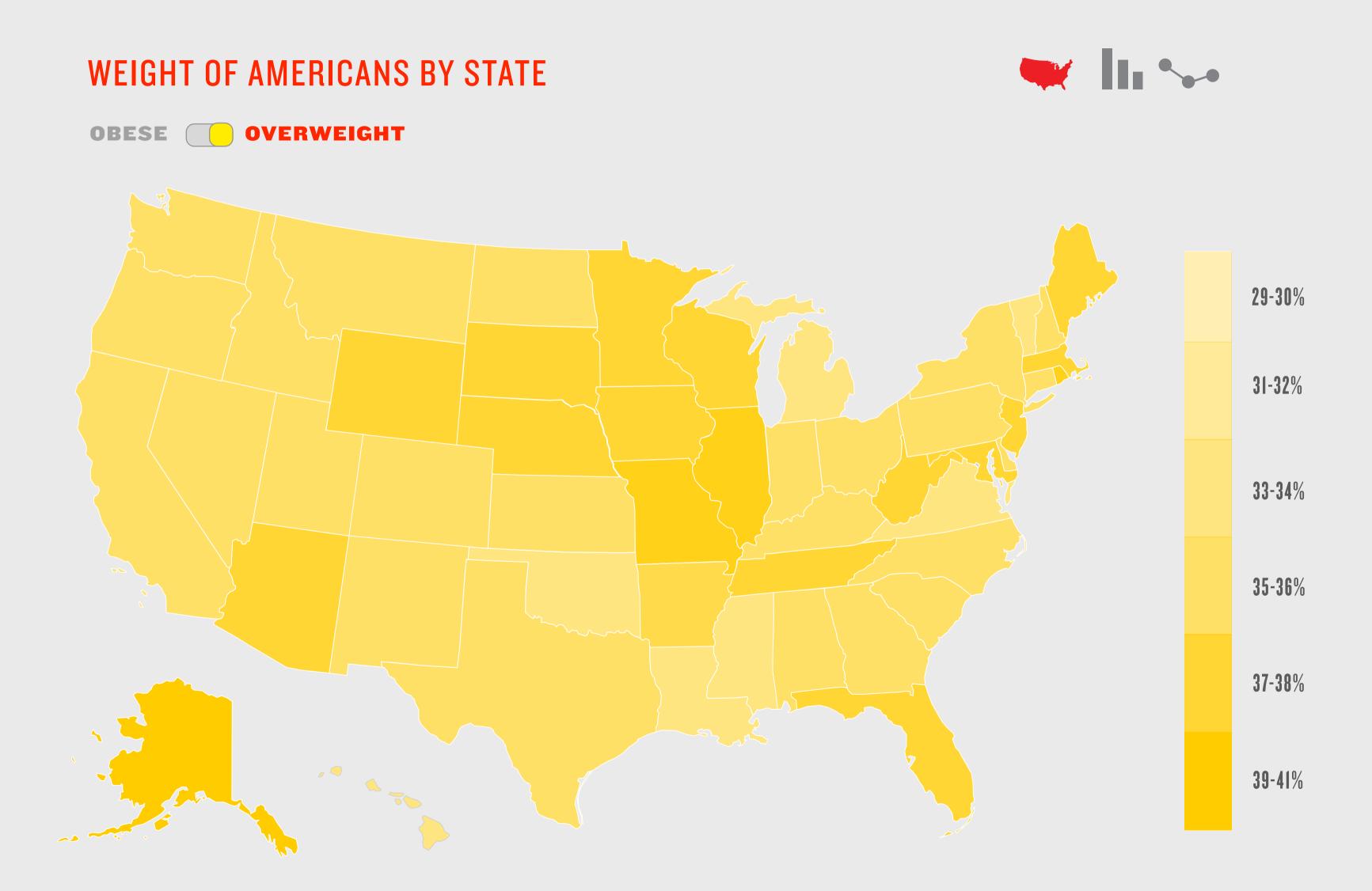
10% EAT LESS THAN I SERVING OF FRUIT A DAY

EXCERSIZE 1

EXCERSIZE 2

EXERSIZE 3





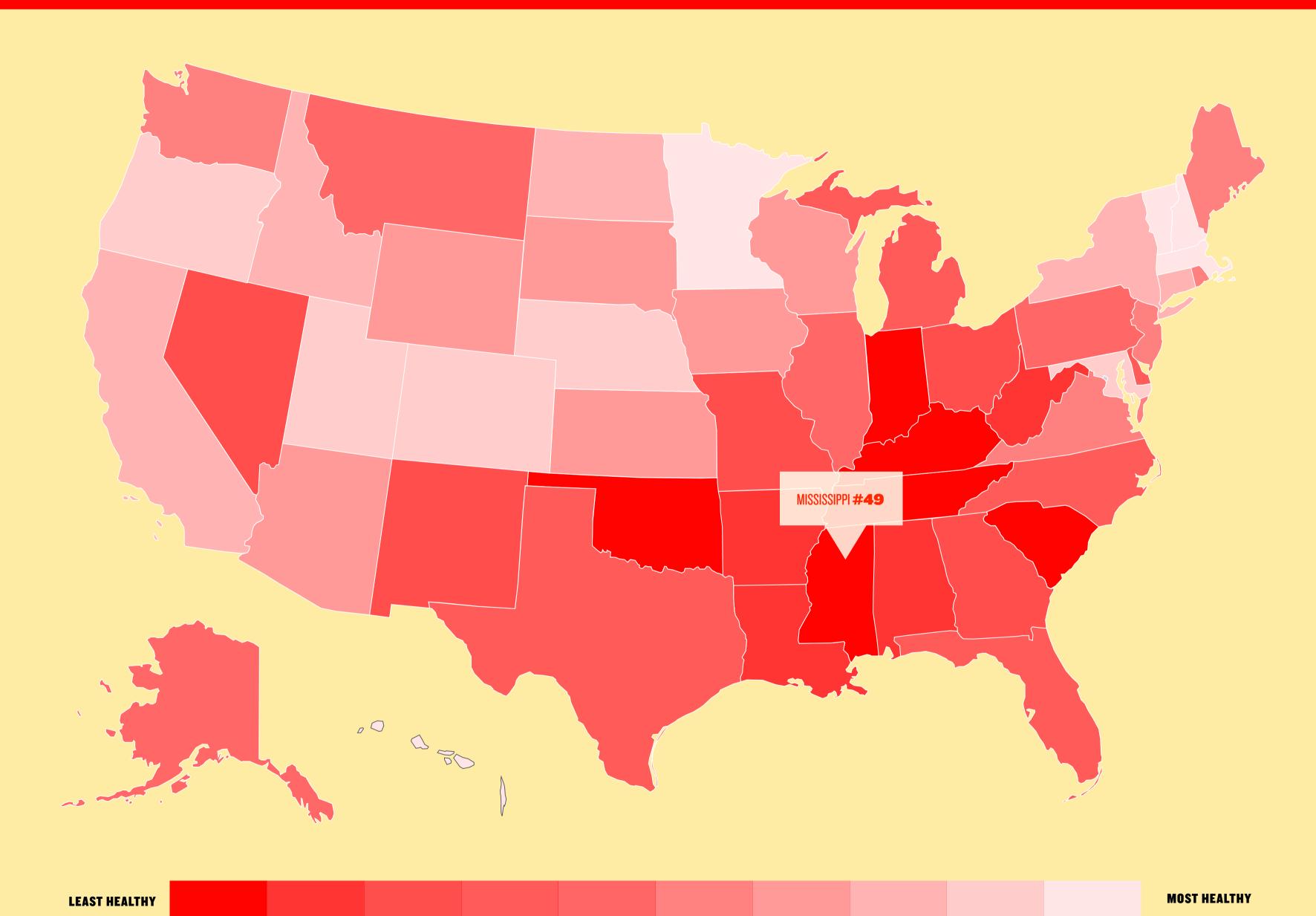
How many servings of vegetables do you eat in a day?

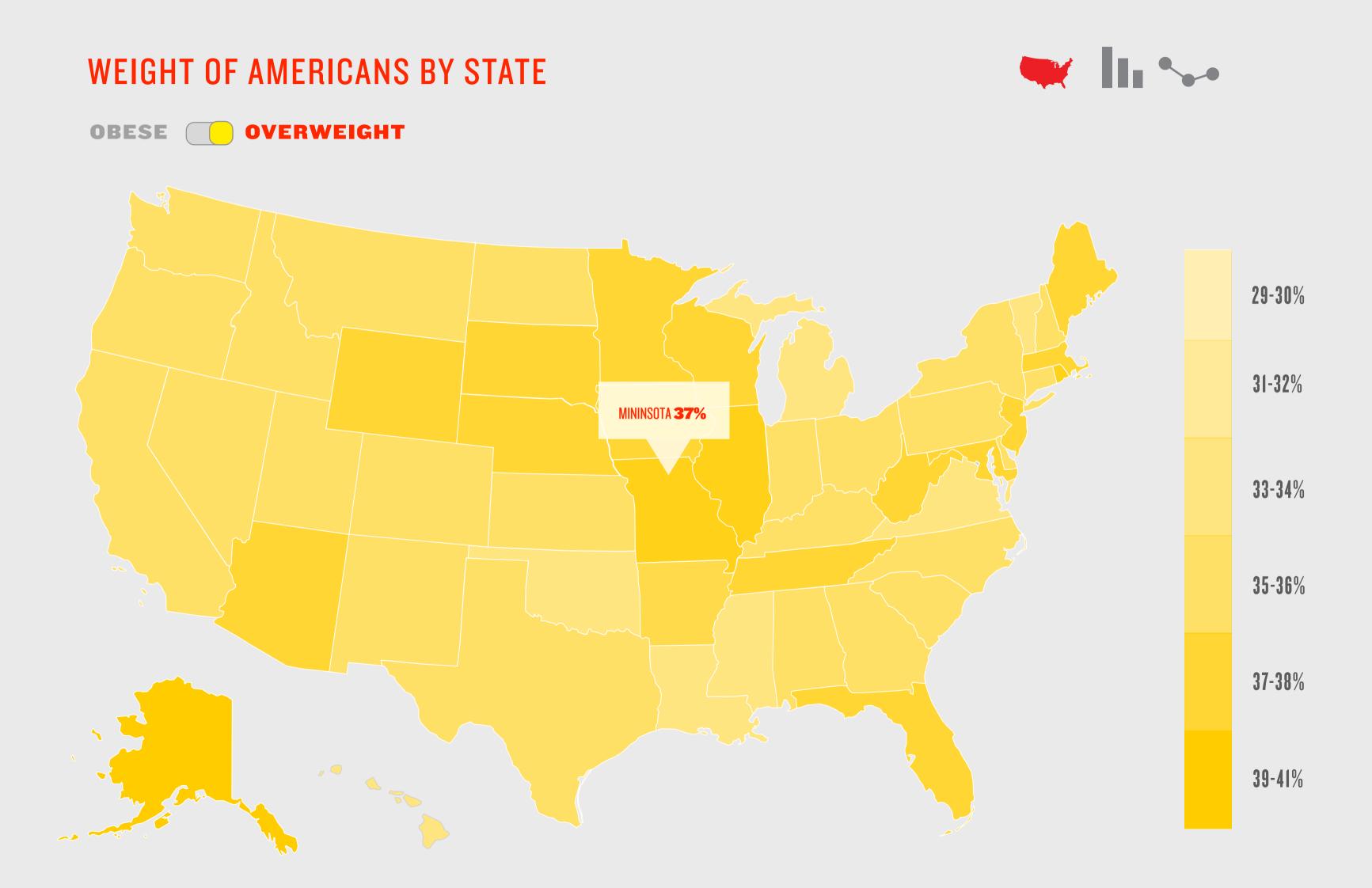
How often do you eat at fast food restaurants?

How often do you do aerobic exercise?

How often do you do muscle building exercise?

OVERALL HEALTH OF AMERICANS BY STATE





How many servings of vegetables do you eat in a day?

How often do you eat at fast food restaurants?

How often do you do aerobic exercise?

How often do you do muscle building exercise?

MISSISSIPPI

23% ARE OBESE
35% ARE OVERWEIGHT
10% EAT LESS THAN I VEGETABLE A DAY
10% EAT LESS THAN I SERVING OF FRUIT A DAY
EXCERSIZE I
EXCERSIZE 2
EXERSIZE 3

How many servings of vegetables do you eat in a day?

How often do you eat at fast food restaurants?

How often do you do aerobic exercise?

How often do you do muscle building exercise?

How many servings of vegetables do you eat in a day?

How often do you eat at fast food restaurants?

How often do you do aerobic exercise?

How often do you do muscle building exercise?