



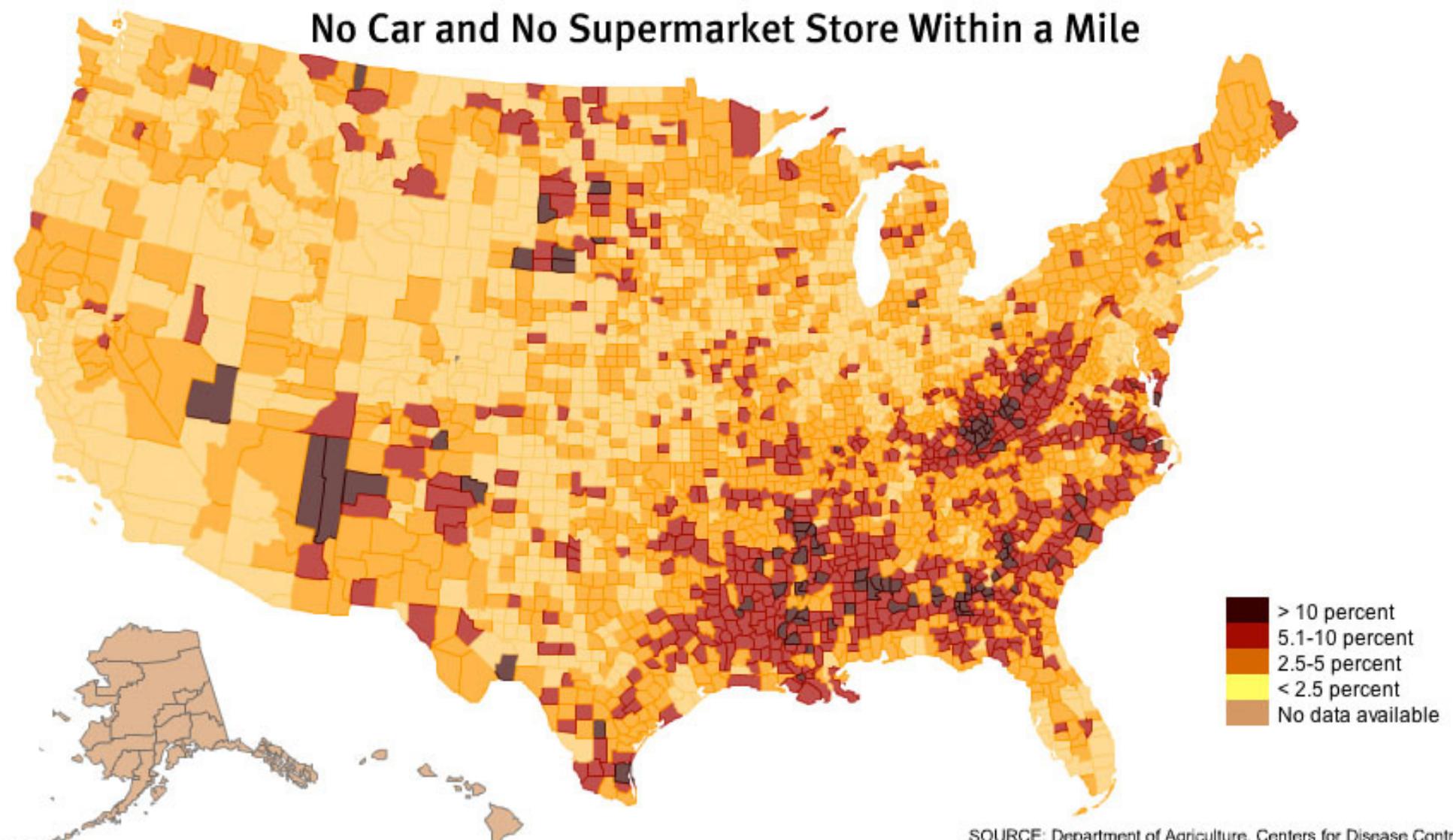
FOOD DESERTS

WHAT IS A FOOD DESERT?

- + A region where residents have limited or zero access to local markets and grocery stores
- + Residents typically do not own cars



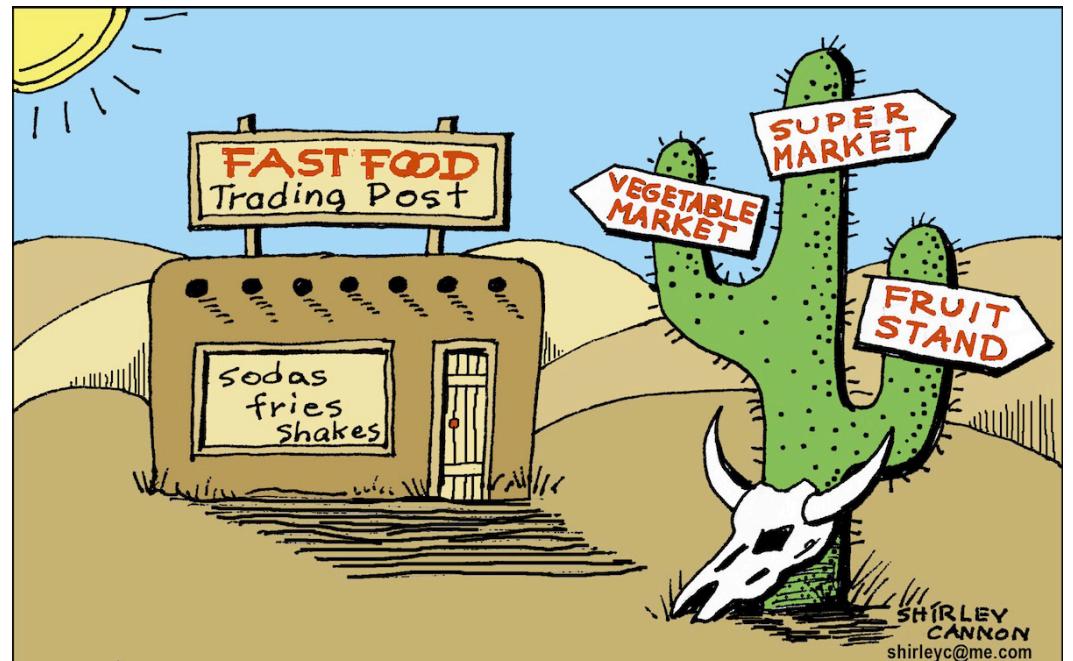
No Car and No Supermarket Store Within a Mile



SOURCE: Department of Agriculture, Centers for Disease Control

WHY IS THIS A PROBLEM?

- + People in the region are forced to get food solely from fast food chains and convenience stores
- + Leads to consumptions of processed, unhealthy foods



WHY IS THIS A PROBLEM?

- + Often affects poorer communities
- + Convenience stores even accept food stamps





HOW DO THEY HAPPEN?

- + Large chain Superstores put small local markets out of business with low prices
- + Superstore closes down and leaves community without food



HEALTH RISKS OF THIS DIET

- + Obesity
- + Type 2 Diabetes
- + Heart Disease
- + Cancer



ENVIRONMENTAL IMPACT

- + Harmful ingredients in processed foods
- + Increased trash production



SOLUTIONS!!!

- + Public Transportation
- + Encouragement of community gardens
- + Discouraging the opening of superstores
- + Encouragement of farmer's markets and local grocery stores
- + Nutritional Education & Cooking classes



THANK YOU!
