# THE BIG FAT AMERICAN DREAM





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### THE BIG FAT AMERICAN DREAM

WEIGHT

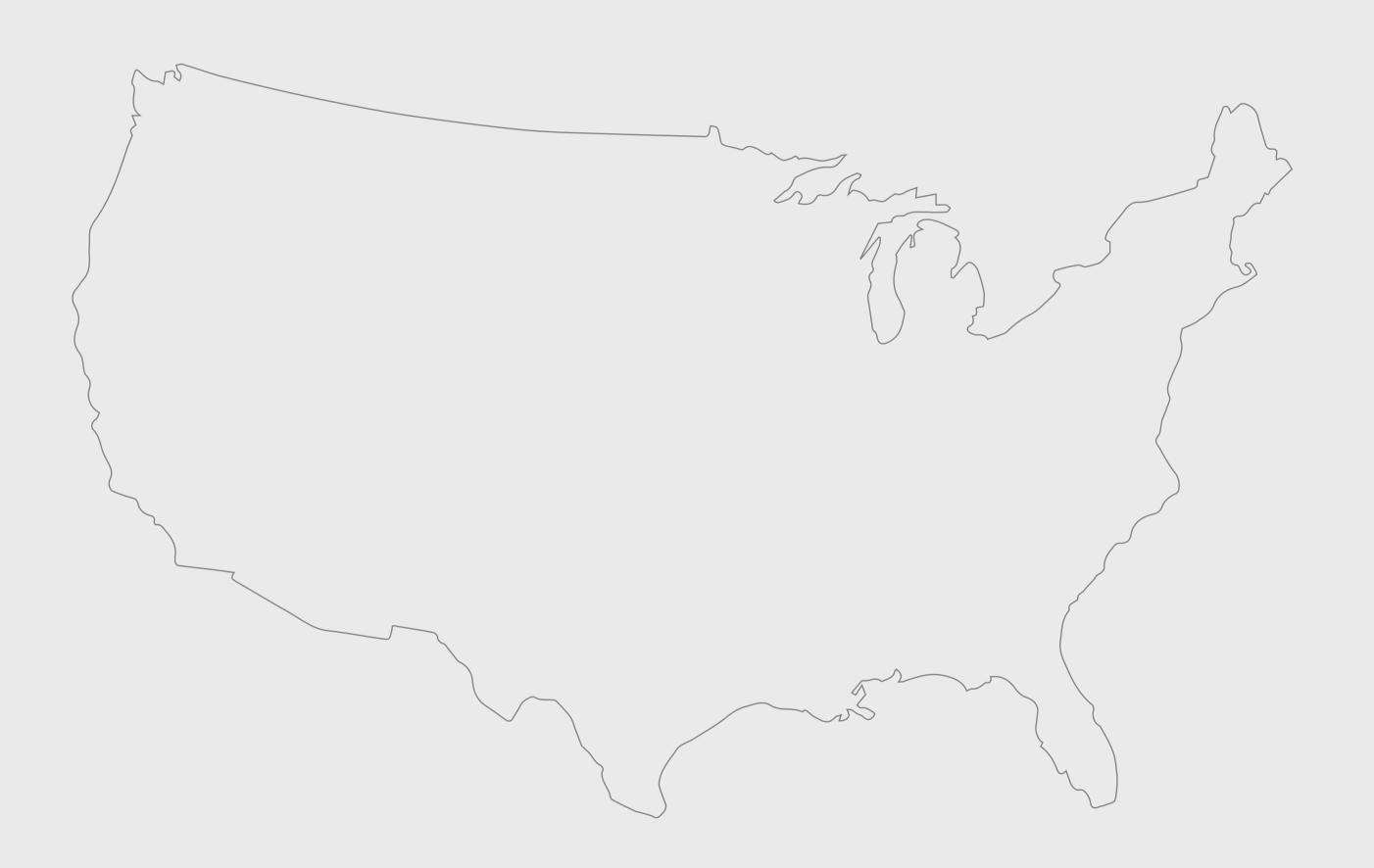
**NUTRITION** 

**EXERCISE** 

WHERE DO I STAND?









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## Americans Who are Overweight or Obese

| OBESE OVERWEIGHT |  |
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#### Americans Who are Overweight or Obese

| OBESE | OVERWEIG | НТ |  |  |
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## Fruit and Vegetable Consumption

| FRUITS VEGETABLES |  |
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#### Fruit and Vegetable Consumption

| FRUITS VEGETABLES |  |
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