



Please scan this QR code to watch a short video explaining to our educators and parents the dangers in our children's digital/virtual world and to see resources and solutions.



Scan the QR codes below to get more information on:



Video Game
Parental Controls



33 Social Media
Apps & Video
Games Ratings



Mental Health
Professionals

Tips

Five Essential Guidelines to Help Navigate Your Children's Virtual World (while promoting safety and balance)



Passwords

Always **KNOW** their passwords on all of their services



Phones

Always **KEEP** their phone and digital devices at night



Media

Learn to **MONITOR** search histories, social media, and video games



Location

Consider **TRACKING** apps and GPS locators if needed



Love

Always **LOVE** your children, yet this isn't about being their buddy

+888-361-6101



✉ parentdigitalanswers.org, facebook.com/yourchildrensworld



STOP DIGITAL ADDICTION!

Your children's world is becoming more virtual every day! There are few rules, limitations, or distinctions between reality and fantasy.

This website is created for PARENTS to have clear information, an action plan, solutions, and access to mental health professionals.



Scan the QR code to help us with this Vital Mission.

888-361-6101
Tax #93-3034335

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Social Media and Video Game Charts

See two more charts at ParentDigitalAnswers.org

Apps	Addictive	Sexual Themes	Violence	Profanity	Offensive Content	Lack Of Privacy	Cyberbullying
Facebook	MEDIUM	LOW	LOW	MEDIUM	MEDIUM	YES	LOW FOR YOUTH
Instagram	HIGH	HIGH	NONE	MEDIUM	MEDIUM	YES	HIGH
TikTok	V HIGH	HIGH	MEDIUM	HIGH	HIGH	V HIGH	V HIGH
YouTube	V HIGH	HIGH	MEDIUM	HIGH	HIGH	YES	V HIGH
Snapchat	V HIGH	HIGH	LOW	HIGH	HIGH	YES	V HIGH
Twitter	MEDIUM	MEDIUM	LOW	MEDIUM	MEDIUM	YES	MEDIUM
Discord	MEDIUM	LOW	LOW	MEDIUM	MEDIUM	YES	HIGH
Among Us	MEDIUM	MEDIUM	MEDIUM	MEDIUM	HIGH	YES	HIGH
BeReal	HIGH	NONE	LOW	LOW	HIGH	YES	MEDIUM
Roblox	V HIGH	V HIGH	HIGH	HIGH	HIGH	HIGH	HIGH
Kik	HIGH	HIGH	MEDIUM	HIGH	HIGH	YES	HIGH
Yubo	HIGH	NONE	LOW	MEDIUM	HIGH	YES	HIGH
Whisper	HIGH	NONE	LOW	HIGH	HIGH	YES	HIGH
Tinder	V HIGH	V HIGH	LOW	HIGH	HIGH	YES	V HIGH
Tumblr	HIGH	V HIGH	MEDIUM	HIGH	HIGH	YES	V HIGH
WhatsApp	LOW	NONE	NONE	LOW	MEDIUM	YES	MEDIUM
Houseparty	MEDIUM	NONE	LOW	LOW	MEDIUM	YES	MEDIUM
Wattpad	MEDIUM	MEDIUM	NONE	MEDIUM	MEDIUM	YES	MEDIUM
Ratings	V HIGH	HIGH	MEDIUM	LOW	YES - NO	CAN BE	NONE

Games	Addictive	Sexual Themes	Violence	Profanity	Offensive Content	Lack Of Privacy	Cyberbullying
Fortnite	V HIGH	HIGH	V HIGH	HIGH	HIGH	YES	HIGH
Call Of Duty	V HIGH	MEDIUM	V HIGH	V HIGH	V HIGH	YES	HIGH
World Of Warcraft - AVOID	V HIGH	HIGH	V HIGH	HIGH	V HIGH	V HIGH	V HIGH
Halo	V HIGH	HIGH	V HIGH	HIGH	HIGH	YES	V HIGH
Diablo IV	V HIGH	HIGH	V HIGH	HIGH	V HIGH	YES	V HIGH
Grand Theft Auto V - AVOID	V HIGH	V HIGH	V HIGH	V HIGH	V HIGH	YES	V HIGH
Minecraft	MEDIUM	LOW	LOW	LOW	LOW	YES	LOW
Rocket League	HIGH	CAN BE	CAN BE	MEDIUM	MEDIUM	YES	HIGH
Apex Legends	HIGH	CAN BE	HIGH	HIGH	HIGH	YES	MEDIUM
Star Wars: Battlefront 2	V HIGH	MEDIUM	V HIGH	HIGH	HIGH	HIGH	HIGH
Global Offensive CS:GO	HIGH	NONE	HIGH	LOW	HIGH	YES	HIGH
Hearthstone	HIGH	NONE	MEDIUM	LOW	MEDIUM	YES	MEDIUM
Overwatch	HIGH	NONE	HIGH	NONE	HIGH	YES	HIGH
League Of Legends - AVOID	V HIGH	V HIGH	V HIGH	V HIGH	V HIGH	YES	V HIGH
PUBG Player Unknown Battleground	V HIGH	LOW	V HIGH	HIGH	HIGH	YES	HIGH
Ratings	V HIGH	HIGH	MEDIUM	LOW	YES - NO	CAN BE	NONE

PARENTS, BE AWARE!

Friends and classmates share dangerous games and apps!



Cyberbullying happens everyday on these social media/gaming apps.

Awareness is lacking amongst nearly everyone regarding the dangers of social media apps and online video games. Tech companies design these apps and games to easily captivate our youth. They are addictive and very mesmerizing when our children are "plugged-in".

For immediate assistance with mental health and medical emergencies:

- Call 988 or 211 (suicide/mental health)
- Call 911 (medical emergency)