

Empathy

Shared Theme Description

People who are especially talented in the Empathy theme can sense the feelings of other people by imagining themselves in others' lives or others' situations.

Your Personalized Strengths Insights

What makes you stand out?

Instinctively, you may have a knack for talking to people. Perhaps you have ways to engage them in discussions. Perhaps you encourage them to share their stories, ideas, or feelings. Sometimes you want to contribute to the dialogue, too. This partially explains why you look for opportunities to express yourself as often as possible. Once in a while, you might acknowledge or affirm the interesting comments of specific individuals. Driven by your talents, you trust your intuition. Often it allows you to resolve difficult issues and unravel perplexing puzzles. It probably enables you to overcome obstacles that block others. Chances are good that you encourage people to express their innermost thoughts and feelings, and you refrain from judging them. You like knowing that others depend on you to listen. Moreover, you have noticed that individuals come to you for advice. It's very likely that you sometimes say you are a good trainer or instructor for certain kinds of individuals. Perhaps you are aware of how a person feels at the start of a session. Maybe this enables you to adjust your coaching techniques to fit current moods or interest levels of the individual. You might take into account how someone reacted during your last encounter. Once in a while, you detect a few subtle or not-so-subtle emotional or mental changes. By nature, you may sense that certain people need your attention to feel valued or appreciated. Perhaps you derive some pleasure from making others feel special.

Questions

1. As you read your personalized strengths insights, what words, phrases, or lines stand out to you?
2. Out of all the talents in this insight, what would you like for others to see most in you?