

(Taken from https://en.wikipedia.org/wiki/Table_football)

Table football tables can vary in size, but a typical table is about 120 cm (4 ft) long and 61 cm (2 ft) wide. The table usually contains 8 rows of *foos* men, which are plastic, metal, wooden, or sometimes carbon-fibre figures mounted on horizontal metal bars. Each team of 1 or 2 human players controls 4 rows of foos men. The configuration usually follows thusly:

Row 1	Goalkeeper	1 foosman (sometimes 2 or 3)
Row 2	Defence	2 foosmen (<i>sometimes 3</i>)
Row 3	Opponent's attack	3 foosmen (<i>sometimes 2</i>)
Row 4	Midfield	5 foosmen (<i>sometimes 4 or 6</i>)
Row 5	Opponent's midfield	5 foosmen (<i>sometimes 4 or 6</i>)
Row 6	Attack	3 foosmen (<i>sometimes 2</i>)
Row 7	Opponent's defence	2 foosmen (<i>sometimes 3</i>)
Row 8	Opponent's goalkeeper	1 foosman (sometimes 2 or 3)

Rules:

(Adapted from <http://www.angelfire.com/ok/fsbll/Basic%20Foosball%20Rules.pdf>)

Here are some of the more advanced rules.

A game of foosball is a race to 5 points, so you should have 9 balls for each game.

1. To start the game, flip a coin to see who serves the ball first. Serve can start through the hole or by placing the ball in the center and beginning play after opponent acknowledges being ready. After each point, the team that was scored on will serve the next ball.
2. Passing. The ball must first touch the playfield before it can be advanced. If the ball stops, you must touch two men and the ball must be moving to be caught as a pass. However, if you wish to shoot, the ball does not have to touch two men. YES, 5 MAN SHOTS DO COUNT! Also, there is a 10 second time limit on the 5 man rod.
3. Scoring. There is a 15 second time limit on the 3 man and the 2 man rods. All shots (including dog shots) that enter the goal-even if they pop out will count as a point. The only goal that does not count is a ball which is advanced by a spinning rod.
4. Dead Ball. If a ball stops anywhere on the table where it cannot be reached by a player figure, it must be re-served by the team's goalie whose side of the table the ball is on if in between the 5 man row in the middle whoever served last would serve again.
5. Distractions. Jarring the rods, lifting, or sliding the table is not allowed.

See the file (ITSFRulesEnglish.pdf) for the official rules

