

There were issues affecting this run of Lighthouse:

- **Chrome extensions negatively affected this page's load performance.** Try auditing the page in incognito mode or from a Chrome profile without extensions.



Performance

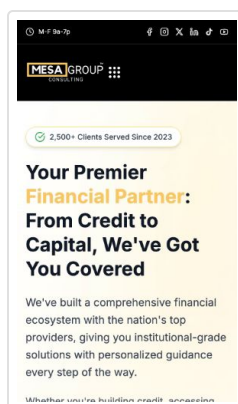
Values are estimated and may vary. The [performance score is calculated](#) directly from these metrics. [See calculator.](#)



0–49

50–89

90–100

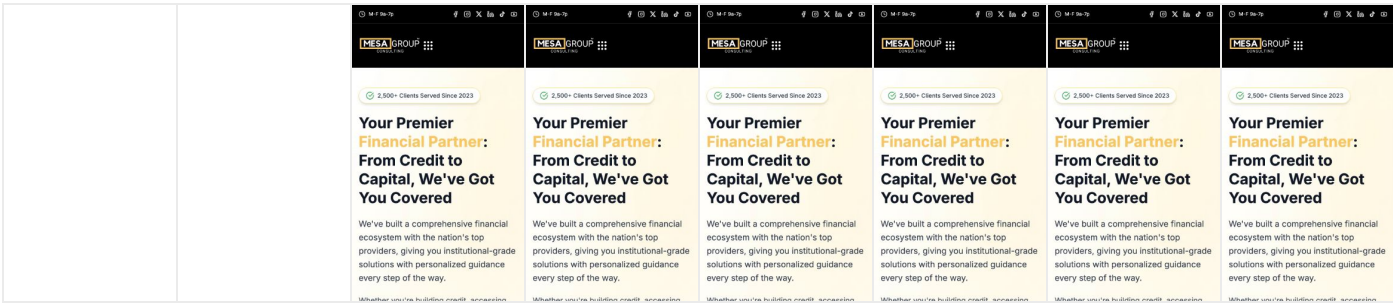


METRICS

Expand view

<div><div>▲</div><div>First Contentful Paint</div><div>4.4 s</div></div>	<div><div>▲</div><div>Largest Contentful Paint</div><div>4.7 s</div></div>
<div><div>▲</div><div>Total Blocking Time</div><div>6,040 ms</div></div>	<div><div></div><div>Cumulative Layout Shift</div><div>0</div></div>

<div><div>Speed Index</div><div>4.8 s</div></div>



Show audits relevant to: [All](#) [FCP](#) [LCP](#) [TBT](#) [CLS](#)

INSIGHTS

<div><div>▲</div><div>Render blocking requests — Est savings of 1,210 ms</div><div>▼</div></div>
<div><div>▲</div><div>Forced reflow</div><div>▼</div></div>
<div><div>▲</div><div>Network dependency tree</div><div>▼</div></div>
<div><div></div><div>Use efficient cache lifetimes — Est savings of 7 KiB</div><div>▼</div></div>
<div><div></div><div>Improve image delivery — Est savings of 523 KiB</div><div>▼</div></div>
<div><div>○</div><div>Optimize DOM size</div><div>▼</div></div>
<div><div>○</div><div>LCP breakdown</div><div>▼</div></div>
<div><div>○</div><div>3rd parties</div><div>▼</div></div>

These insights are also available in the Chrome DevTools Performance Panel - [record a trace](#) to view more detailed information.

DIAGNOSTICS

▲	Minimize main-thread work — 13.2 s	▼
▲	Reduce JavaScript execution time — 10.6 s	▼
▲	Reduce unused JavaScript — Est savings of 11,368 KiB	▼
▲	Page prevented back/forward cache restoration — 1 failure reason	▼
	Image elements do not have explicit width and height	▼
	Minify JavaScript — Est savings of 2,246 KiB	▼
	Reduce unused CSS — Est savings of 415 KiB	▼
	Avoid enormous network payloads — Total size was 5,706 KiB	▼
○	Avoid long main-thread tasks — 20 long tasks found	▼
○	User Timing marks and measures — 43 user timings	▼

More information about the performance of your application. These numbers don't [directly affect](#) the Performance score.

PASSED AUDITS (11)

Show



Accessibility

These checks highlight opportunities to [improve the accessibility of your web app](#). Automatic detection can only detect a subset of issues and does not guarantee the accessibility of your web app, so [manual testing](#) is also encouraged.

NAMES AND LABELS

▲	Buttons do not have an accessible name	▼
▲	Links do not have a discernible name	▼

These are opportunities to improve the semantics of the controls in your application. This may enhance the experience for users of assistive technology, like a screen reader.

CONTRAST

▲

Background and foreground colors do not have a sufficient contrast ratio.

▼

These are opportunities to improve the legibility of your content.

NAVIGATION

▲

Heading elements are not in a sequentially-descending order

▼

These are opportunities to improve keyboard navigation in your application.

BEST PRACTICES

▲

Document does not have a main landmark.

▼

○

Identical links have the same purpose.

▼

These items highlight common accessibility best practices.

AUDIO AND VIDEO

○

<video> elements contain a <track> element with [kind="captions"]

▼

These are opportunities to provide alternative content for audio and video. This may improve the experience for users with hearing or vision impairments.

ADDITIONAL ITEMS TO MANUALLY CHECK (10)

Show

These items address areas which an automated testing tool cannot cover. Learn more in our guide on [conducting an accessibility review](#).

PASSED AUDITS (20)

Show

NOT APPLICABLE (33)

Show



Best Practices

GENERAL

▲	Uses deprecated APIs — 1 warning found	▼
▲	Uses third-party cookies — 9 cookies found	▼
▲	Browser errors were logged to the console	▼
▲	Issues were logged in the Issues panel in Chrome Devtools	▼
▲	Missing source maps for large first-party JavaScript	▼

TRUST AND SAFETY

○	Ensure CSP is effective against XSS attacks	▼
○	Ensure proper origin isolation with COOP	▼
○	Mitigate clickjacking with XFO or CSP	▼
○	Mitigate DOM-based XSS with Trusted Types	▼

PASSED AUDITS (8)	Show
-------------------	------

NOT APPLICABLE (3)	Show
--------------------	------



SEO

These checks ensure that your page is following basic search engine optimization advice. There are many additional factors Lighthouse does not score here that may affect your search ranking, including performance on [Core Web Vitals](#). [Learn more about Google Search Essentials](#).

ADDITIONAL ITEMS TO MANUALLY CHECK (1)

Show

Run these additional validators on your site to check additional SEO best practices.

PASSED AUDITS (9)

Show

NOT APPLICABLE (1)

Show

Captured at Jan 31, 2026, 8:02 AM PST

Initial page load

Emulated Moto G Power with Lighthouse 13.0.1

Slow 4G throttling

Single page session

Using Chromium 144.0.0.0 with devtools