https://www.mesagroupconsulting.com/

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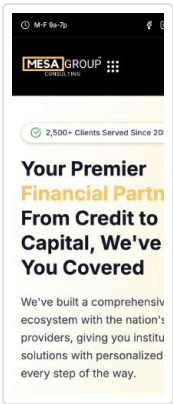# Performance

Values are estimated and may vary. The performance score is calculated directly from these metrics. See calculator.

▲ 0–49   50–89   90–100

METRICS

Expand view

▲ First Contentful Paint

3.4 s

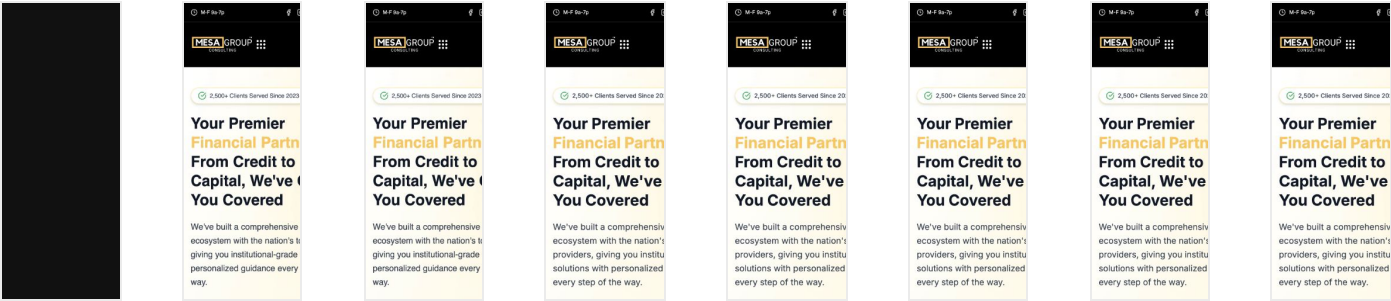Largest Contentful Paint

3.6 s

Total Blocking Time

100 ms

Cumulative Layout Shift

0.005

Speed Index

3.4 s

Show audits relevant to: All   FCP   LCP   TBT   CLS

INSIGHTS

⚠ Render blocking requests — Est savings of 600 ms   ⌄

⚠ Forced reflow   ⌄

⚠ Network dependency tree   ⌄

⚪ Use efficient cache lifetimes — Est savings of 5 KiB   ⌄

⚪ Improve image delivery — Est savings of 659 KiB   ⌄

⚪ Layout shift culprits   ⌄

⚪ Optimize DOM size   ⌄

⚪ LCP breakdown   ⌄

⚪ 3rd parties   ⌄

These insights are also available in the Chrome DevTools Performance Panel - record a trace to view more detailed information.

DIAGNOSTICS

⚠ Reduce unused JavaScript — Est savings of 101 KiB   ⌄

Image elements do not have explicit `width` and `height` ⌄

Avoid enormous network payloads — Total size was 5,435 KiB ⌄

◯ Avoid long main-thread tasks — 3 long tasks found ⌄

More information about the performance of your application. These numbers don't [directly affect](#) the Performance score.

PASSED AUDITS (16)   Show

83

Accessibility

These checks highlight opportunities to [improve the accessibility of your web app](#). Automatic detection can only detect a subset of issues and does not guarantee the accessibility of your web app, so [manual testing](#) is also encouraged.

NAMES AND LABELS

⚠ Buttons do not have an accessible name ⌄

⚠ Links do not have a discernible name ⌄

These are opportunities to improve the semantics of the controls in your application. This may enhance the experience for users of assistive technology, like a screen reader.

CONTRAST

⚠ Background and foreground colors do not have a sufficient contrast ratio. ⌄

These are opportunities to improve the legibility of your content.

NAVIGATION

⚠ Heading elements are not in a sequentially-descending order ⌄

These are opportunities to improve keyboard navigation in your application.

BEST PRACTICES

▲ Document does not have a main landmark.   ⌄

◯ Identical links have the same purpose.   ⌄

These items highlight common accessibility best practices.

AUDIO AND VIDEO

◯ `<video>` elements contain a `<track>` element with `[kind="captions"]`   ⌄

These are opportunities to provide alternative content for audio and video. This may improve the experience for users with hearing or vision impairments.

ADDITIONAL ITEMS TO MANUALLY CHECK (10)   Show

These items address areas which an automated testing tool cannot cover. Learn more in our guide on conducting an accessibility review.

PASSED AUDITS (19)   Show

NOT APPLICABLE (34)   Show

100

Best Practices

TRUST AND SAFETY

◯ Ensure CSP is effective against XSS attacks   ⌄

◯ Use a strong HSTS policy   ⌄

◯ Ensure proper origin isolation with COOP   ⌄

◯ Mitigate clickjacking with XFO or CSP   ⌄

○   Mitigate DOM-based XSS with Trusted Types   ⌄

GENERAL

▲   Missing source maps for large first-party JavaScript   ⌄

PASSED AUDITS (12)   Show

NOT APPLICABLE (2)   Show

100

SEO

These checks ensure that your page is following basic search engine optimization advice. There are many additional factors Lighthouse does not score here that may affect your search ranking, including performance on [Core Web Vitals](). [Learn more about Google Search Essentials]().

ADDITIONAL ITEMS TO MANUALLY CHECK (1)   Show

Run these additional validators on your site to check additional SEO best practices.

PASSED AUDITS (9)   Show

NOT APPLICABLE (1)   Show

■ Captured at Jan 31, 2026,   ■ Emulated Moto G Power with   ■ Single page session
  10:37 AM PST   Lighthouse 13.0.1

■ Initial page load   ■ Slow 4G throttling   ■ Using Chromium 144.0.0.0
                                                                       with devtools

Generated by **Lighthouse** 13.0.1 | [File an issue]()