bridge

FAMILY THERAPY

2340 Prince Avenue, Unit C
Athens, GA 30606
(706) 352-9199
info@bridgefamilytherapy.com
NPI: 1861136251
EIN: 86-2728949

Confidential Draft Evaluation Report for RM

Notice: This evaluation report draft is for informational purposes only and should not be considered a final assessment or used in any official capacity. Further evaluation will be necessary for the purposes of diagnosis, accommodations, and/or advocacy.

Background Information

RM is a 50-year-old male who completed a comprehensive neurodevelopmental evaluation in November 2024. This evaluation was conducted to assess executive functioning, sensory processing, emotional awareness, and social communication patterns.

Evaluation Measures

1. Adult ADHD Self-Report Scale v1.1 (ASRS)
2. Camouflaging Autistic Traits Questionnaire (CAT-Q)
3. Toronto Alexithymia Scale (TAS)
4. Multidimensional Assessment of Interoceptive Awareness - Version 2 (MAIA-2)
5. Ritvo Autism Asperger Diagnostic Scale – Revised (RAADS-R)
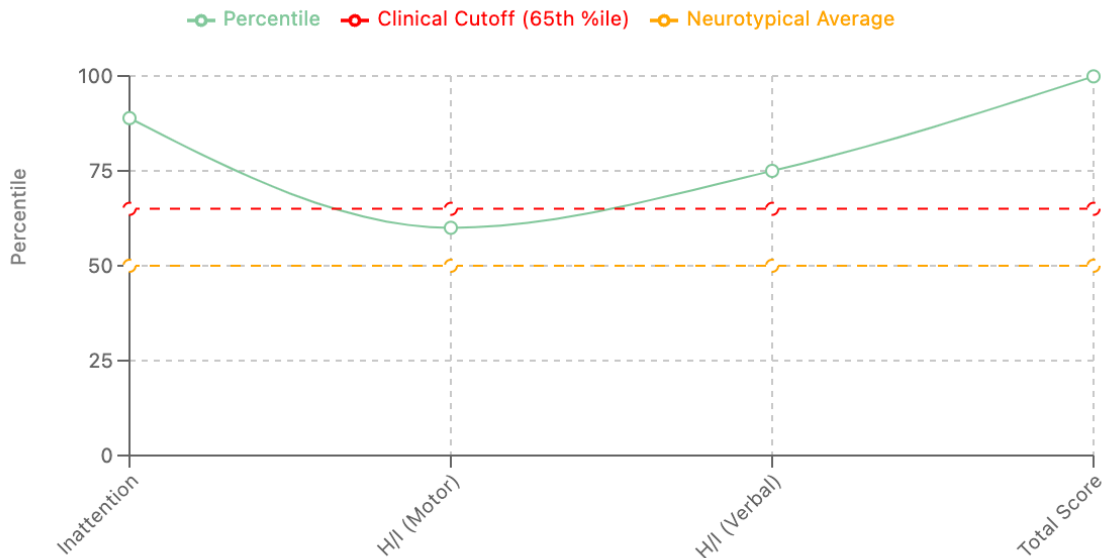6. Executive Skills Questionnaire - Revised (ESQ-R)

Important Note: If terms such as "Autistic," "ADHD," or similar descriptors appear in this report, we encourage considering these as part of a broader spectrum of neurodiversity. Our focus is on exploring genetic traits and variations in cognitive styles, rather than clinical diagnoses. We recognize that neurodiversity encompasses a wide range of experiences and characteristics, and we aim to approach this data with an open and inclusive perspective.

Adult ADHD Self-Report Scale (ASRS)

A screening tool for attention-related traits and executive functioning patterns in adults

Scale	Raw Score	Items Endorsed (%)	Percentile
Inattention	8	88.9	98.6
Hyperactivity/Impulsivity (Motor)	3	60.0	75.5
Hyperactivity/Impulsivity (Verbal)	3	75.0	82.3
Total Score	14	-	99.9

Graph

This graph displays percentile scores across ADHD-related domains, with:

- Domain scores plotted as connected green points

- Clinical significance threshold (65th percentile) as a red dashed line

- Neurotypical average (50th percentile) as an orange dashed line

- Percentile ranges from 0-100 on vertical axis

- Individual domains labeled on horizontal axis

Higher percentiles indicate greater frequency/intensity of attention-related traits. Male normative comparisons are used.

Interpretation

RM's responses indicate significantly elevated ADHD traits across multiple domains. His total score falls at the 99.9th percentile, well above the clinical significance threshold. Particularly notable is the high inattention score (88.9% of items endorsed), suggesting significant challenges with focused attention and task completion. His hyperactivity/impulsivity scores also exceed typical ranges, with stronger elevation in verbal (75%) compared to motor (60%) domains.
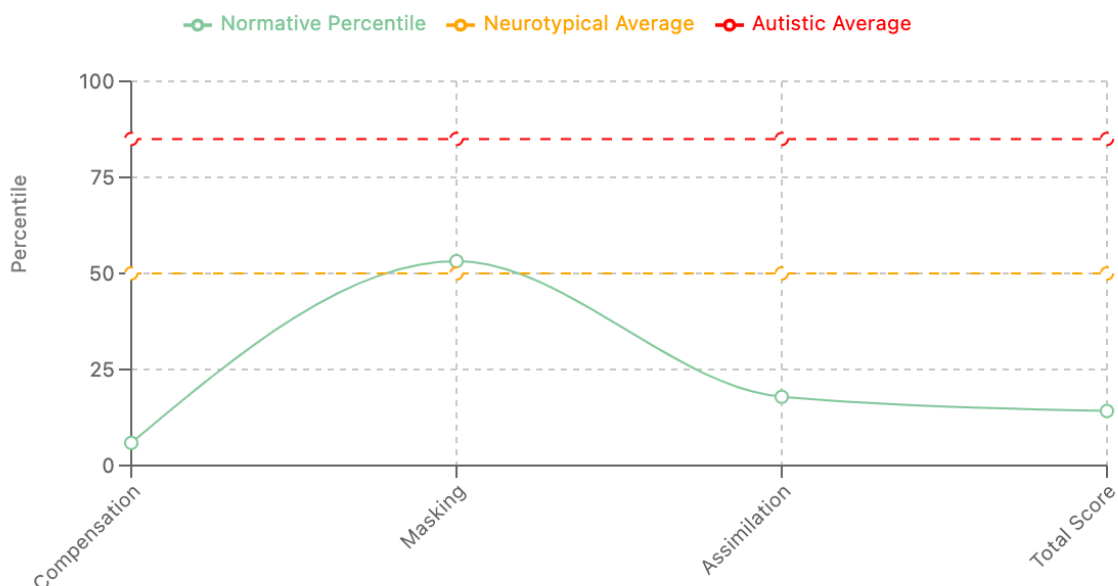
Key Findings

- Significantly elevated inattention traits (98.6th percentile)
- Moderate to high hyperactivity/impulsivity patterns
- Greater verbal than motor hyperactivity symptoms
- Overall profile suggests clinically significant attention-related challenges
- Results indicate need for targeted support strategies

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Camouflaging Autistic Traits Questionnaire (CAT-Q)

A measure assessing social adaptation strategies, including masking, compensation, and assimilation patterns

Scale	Raw Score	Normative Percentile	Clinical Percentile
Compensation (9-63)	13	5.9	2.5
Masking (8-56)	37	53.2	65.1
Assimilation (8-56)	21	17.9	4.6
Total Score (25-175)	71	14.2	7.2
Graph			

This graph displays normative and clinical percentiles for camouflaging strategies, calibrated for male respondents. The visualization includes:

- *Domain scores plotted as connected green points showing normative percentiles*
- *Autistic male average (85th percentile) shown as a red dashed line*
- *Neurotypical male average (50th percentile) shown as an orange dashed line*
- *Percentile ranges from 0-100 on vertical axis*
- *Individual domains and total score on horizontal axis*

Higher percentiles indicate greater use of social adaptation strategies compared to male normative samples.

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Interpretation

Based on male-specific norms, RM's CAT-Q responses suggest a distinctive pattern of social adaptation strategies. His masking score (53.2nd percentile) falls in the average range for males, while his compensation (5.9th percentile) and assimilation (17.9th percentile) scores are notably low compared to male normative samples. This pattern suggests authentic social presentation with selective use of masking behaviors.
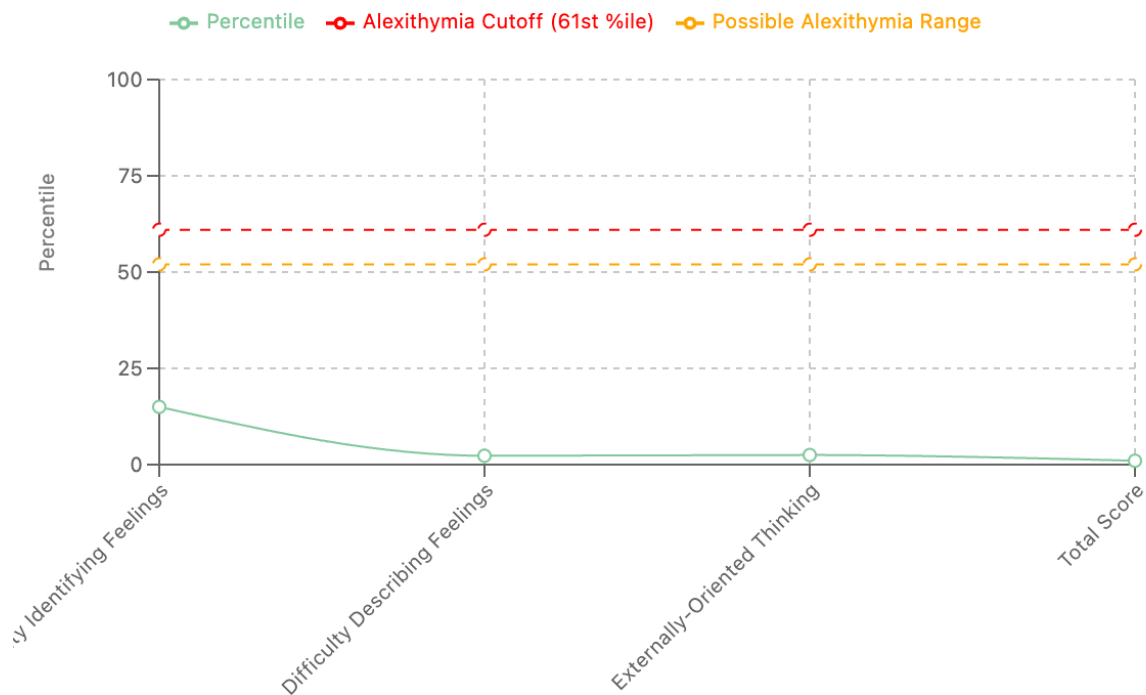
Key Findings

- Average masking behaviors for males, suggesting some conscious monitoring of social presentation
- Minimal use of compensatory strategies indicates comfort with natural interaction style
- Low assimilation score suggests limited pressure to conform to social expectations
- Overall pattern indicates authentic social presentation with selective adaptation

Toronto Alexithymia Scale (TAS)

A measure assessing emotional awareness, identification, and expression capabilities

Scale	Range	Score	Percentile
Difficulty Identifying Feelings	7-35	9	15
Difficulty Describing Feelings	5-25	5	2.3
Externally-Oriented Thinking	8-40	13	2.5
Total Score	20-100	27	1
Graph			

This graph displays percentile scores across alexithymia domains with clinical thresholds. The visualization includes:

- *Domain scores plotted as connected green points*
- *Alexithymia cutoff (61st percentile) shown as a red dashed line*
- *Possible alexithymia range (52nd percentile) shown as an orange dashed line*

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- *Percentile ranges from 0-100 on vertical axis*
- *Individual domains and total score on horizontal axis*

Lower percentiles indicate stronger emotional awareness and processing capabilities. Male norms are used for percentile calculations.

Interpretation

RM's responses on the TAS indicate exceptionally well-developed emotional awareness and processing abilities, particularly notable given typical male response patterns. His total score (1st percentile) places him well below typical male ranges for alexithymia. His scores are especially remarkable in describing feelings (2.3rd percentile) and maintaining an internally-oriented thinking style (2.5th percentile), areas where males often show elevated scores.
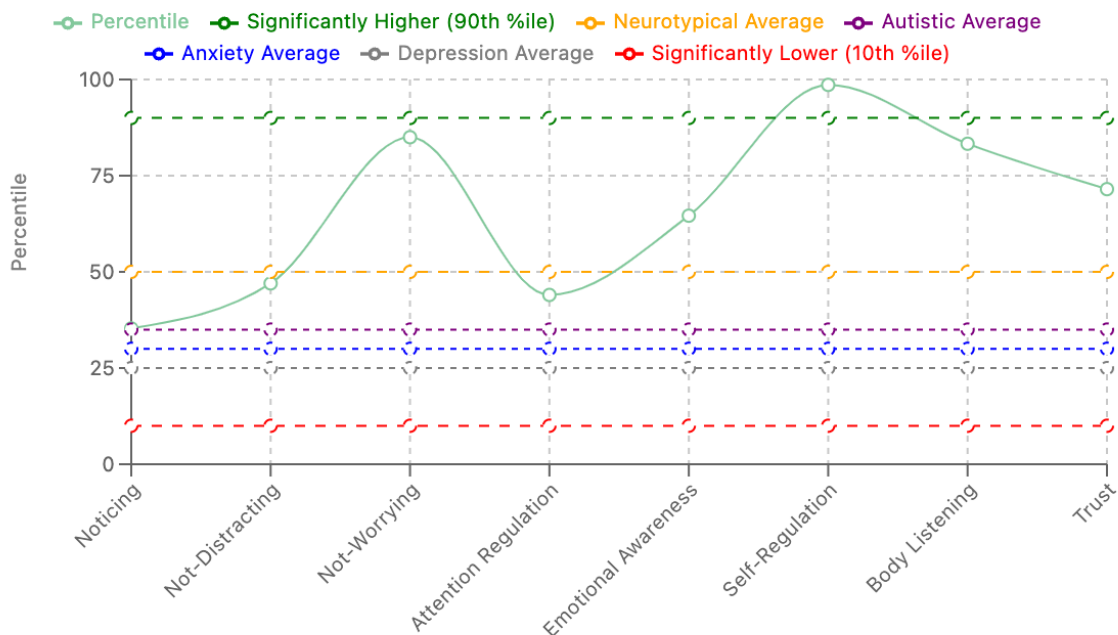
Key Findings

- Exceptional ability to recognize and articulate emotional experiences
- Strong capacity for emotional expression and communication
- Well-developed internal awareness and reflective capabilities
- Scores notably strong compared to typical male patterns
- Results indicate strong foundation for emotional regulation and interpersonal communication

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Multidimensional Assessment of Interoceptive Awareness - Version 2 (MAIA-2)

A comprehensive measure of body awareness and interoceptive processing across multiple domains

Scale	Score (0-5)	Percentile
Noticing	3.0	35.3
Not-Distracting	2.0	47.0
Not-Worrying	3.4	85.0
Attention Regulation	2.71	44.0
Emotional Awareness	3.8	64.6
Self-Regulation	5.0	98.6
Body Listening	3.33	83.3
Trust	4.0	71.5

Graph

This graph displays percentile scores across interoceptive awareness domains with multiple reference lines:

- *Domain scores plotted as connected green points*

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- *Significantly higher awareness (90th percentile) shown as a green dashed line*

- *Neurotypical average (50th percentile) shown as an orange dashed line*

- *Autistic average (35th percentile) shown as a purple dashed line*

- *Anxiety average (30th percentile) shown as a blue dashed line*

- *Depression average (25th percentile) shown as a gray dashed line*

- *Significantly lower awareness (10th percentile) shown as a red dashed line*

Male normative comparisons are used where available.

Interpretation

RM's interoceptive awareness profile shows significant variability across domains, with exceptional strengths in self-regulation (98.6th percentile) and not-worrying (85th percentile). His noticing scores (35.3rd percentile) are somewhat lower than typical for males, while his emotional awareness (64.6th percentile) and trust (71.5th percentile) scores are notably above average for males. His body listening capabilities (83.3rd percentile) indicate strong capacity for attending to bodily signals once noticed.
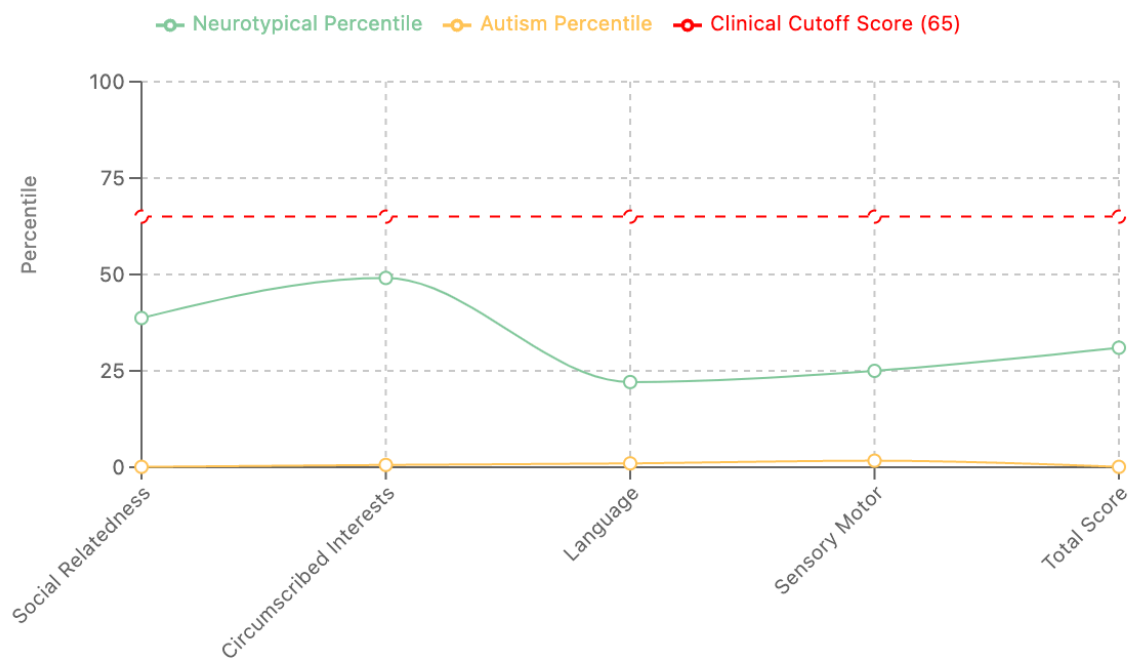
Key Findings

- Exceptional self-regulation capabilities
- Strong ability to manage bodily-related worry
- Above-average emotional awareness
- Some challenges with initial noticing of bodily signals
- Strong body listening and trust scores

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Ritvo Autism Asperger Diagnostic Scale-Revised (RAADS-R)

A comprehensive measure of social communication, sensory processing, and behavioral patterns associated with autism

Scale	Range	Raw Score	Neurotypical Percentile	Autism Percentile
Social Relatedness	0-117	9	38.7	0.1
Circumscribed Interests	0-42	6	49.1	0.6
Language	0-21	0	22.1	1.0
Sensory Motor	0-60	3	25.0	1.7
Total Score	0-240	18	31.0	0.1
Graph				

This graph displays both neurotypical and autism-relative percentiles across domains. The visualization includes:

- Neurotypical percentiles plotted as connected green points
- Autism percentiles plotted as connected yellow points
- Clinical cutoff score (65) shown as a red dashed line

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- *Percentile ranges from 0-100 on vertical axis*

- *Individual domains on horizontal axis*

Male-specific norms are used where available, as presentation patterns can differ by gender.

Interpretation

RM's RAADS-R profile indicates response patterns within typical ranges for males, with scores well below the clinical cutoff of 65. His total score falls at the 31st percentile compared to neurotypical male peers and at the 0.1st percentile compared to autistic male peers. His profile shows relatively balanced responses across domains, with circumscribed interests (49.1st percentile) closest to typical male averages. Language (22.1st percentile) and sensory-motor (25th percentile) scores are somewhat lower than typical male patterns but still within normal ranges.
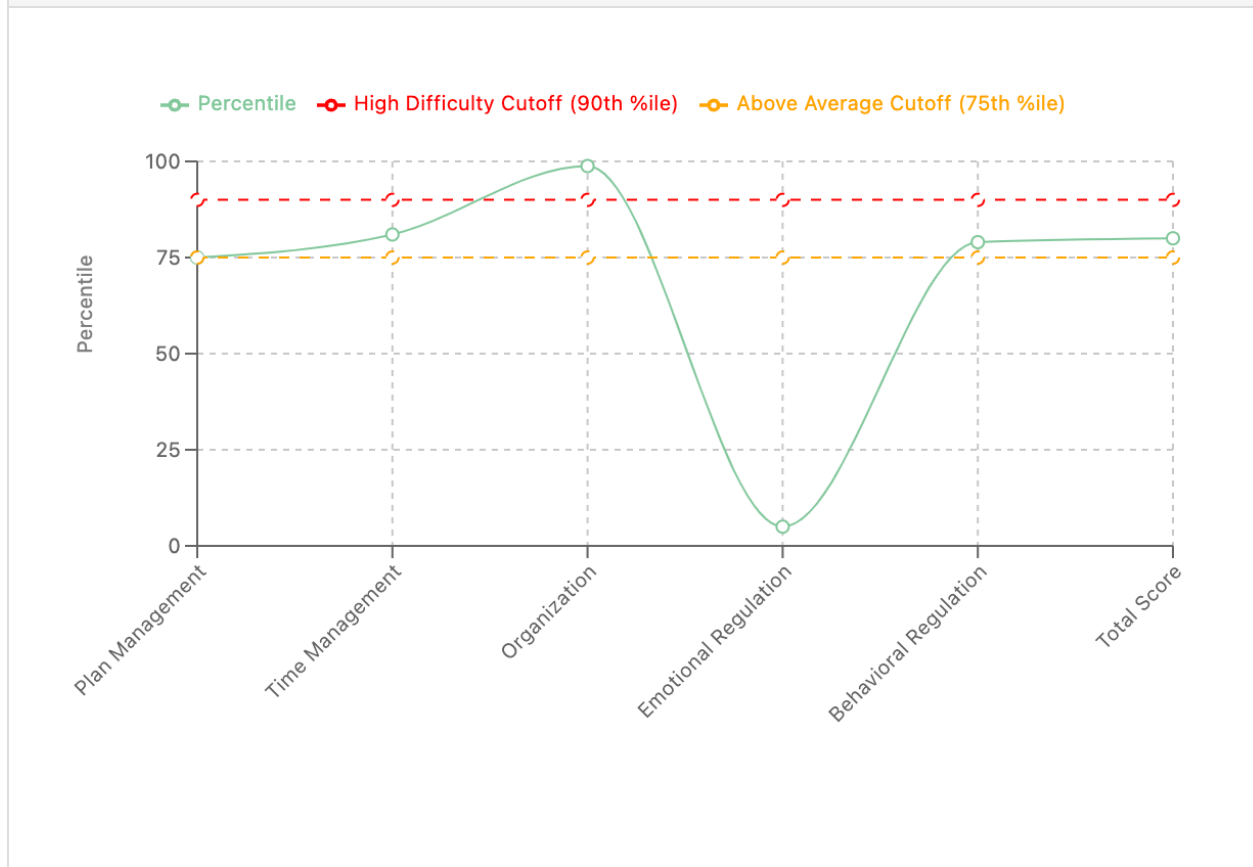
Key Findings

- Social relatedness scores indicate typical social interaction patterns for males
- Circumscribed interests align closely with typical male patterns
- Minimal language-related differences reported
- Some variability in sensory processing, though within typical male ranges
- Overall profile suggests neurotypical patterns of social communication and processing

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Executive Skills Questionnaire-Revised (ESQ-R)

A comprehensive measure of executive functioning abilities across multiple domains of daily life

Scale	Score Range	Raw Score	Average Score (0-3)	Percentile	Descriptor
Plan Management	0-33	11	1.00	75	No or Low Difficulty
Time Management	0-12	5	1.25	81	Moderate Difficulty
Organization	0-9	7	2.33	98.8	High Difficulty
Emotional Regulation	0-9	0	0.00	5	No or Low Difficulty
Behavioral Regulation	0-12	6	1.50	79	Moderate Difficulty
Total Score	0-75	29	1.16	80	Above Average Difficulties

Graph

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This graph displays percentile scores across executive functioning domains with clinical significance thresholds. The visualization includes:

- *Domain scores plotted as connected green points*
- *High difficulty cutoff (90th percentile) shown as a red dashed line*
- *Above average difficulty cutoff (75th percentile) shown as an orange dashed line*
- *Percentile ranges from 0-100 on vertical axis*
- *Individual domains on horizontal axis*

Higher percentiles indicate greater reported difficulties with executive functioning. Male-specific norms are used where available.

Interpretation

RM's executive functioning profile shows significant variability across domains, with both notable strengths and challenges. His organizational skills show particularly elevated challenges (98.8th percentile), exceeding typical ranges for adult males. In contrast, his emotional regulation represents a remarkable strength (5th percentile for difficulties). Time management (81st percentile) and behavioral regulation (79th percentile) show moderate challenges that may benefit from targeted support. His overall profile (80th percentile) suggests above-average executive functioning challenges, though with significant areas of strength that may support compensation strategies.

Key Findings

- Significant organizational challenges (98.8th percentile)
- Exceptional emotional regulation capabilities (5th percentile for difficulties)
- Notable time management challenges (81st percentile)
- Moderate behavioral regulation difficulties (79th percentile)
- Strong contrast between organizational challenges and emotional regulation strengths

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