

# Having a spark in life supports emotional health and hope for the future, but LGBTQIA and NHPI youth are least likely to believe they have a spark

Survey Question: When people are really happy, energized, and passionate about their talents, interests, or hobbies, we say they have a “spark” in their life.... Do you have this kind of spark in your life?



Data Source: Catalyst California calculations of Bold Vision Youth Thriving Survey, 2024. Note: AIAN=American Indian & Alaska Native; BIPOC=Black, Indigenous, People of Color; LGBTQIA+=Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual, & Gender Nonconforming; NHPI: Native Hawaiian & Pacific Islander; SWANA=Southwest Asian & North African; Systems Impacted=Youth at any point in foster care, juvenile hall/probation camp jail/prison, group home/residential program, or lived with legal guardians.