

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
ID4	1	BASEBRGY	<p>BASLINE BARANGAY ID NUMBER</p> <p>1 : - See barangay listing 33</p>
ID4	2	BASEHHNO	<p>BASLINE HOUSEHOLD ID NUMBER</p> <p>1 : - Household number 2090</p>
ID4	3	BASEWMAN	<p>BASLINE SAMPLE WOMAN ID NUMBER</p> <p>1 : - Sample woman number 1000</p>
ID5	4	BRGAY05	<p>2005 BARANGAY ID NUMBER</p> <p>1 : - See Barangay Listing 375</p>
ID5	5	HHNUMB05	<p>2005 HOUSEHOLD ID NUMBER</p> <p>1 : - Household number 5300</p>
ID5	6	WOMAN05	<p>2005 WOMAN ID NUMBER</p> <p>1 : - Sample woman number 1000</p>
ID9	7	MOMCH05	<p>WHOSE HOUSEHOLD WAS INTERVIEWED IN 2005?</p> <p>1 - Mother and Index Child (both interviewed) 2 - Mother only 12 - Mother and Index Child (IC institutionalized)</p>
A3	8	LINENUMB	<p>LINE NUMBER OF HOUSEHOLD MEMBER</p> <p>1 : - Line number</p>

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
			25
A20	9	MARISTAT	MARITAL STATUS OF MOTHER 1 - Never married (Code -9 from HUSBRELI to CHURCHGO) 2 - Legally married 3 - Not legally married 4 - Widowed (Code -9 from HUSBRELI to CHURCHGO) 5 - Separated (Code -9 from HUSBRELI to CHURCHGO) -8 - NR/DK
ID6	10	UNCMOMID	MOTHER'S ID NUMBER 10004 : 13327
ID11	11	MONTRVW	MONTH OF INTERVIEW (ANTHDIET FILE) 1 : - Month of interview 12
ID11	12	DAYNTRVW	DAY OF INTERVIEW 1 : - Day of interview 31
ID11	13	YRNTRVW	YEAR OF INTERVIEW 2005 - 2005
J1	14	MEALSDAY	HOW MANY MEALS EXCLUDING 'PAINIT'/SNACKS DOES MOTHER USUALLY EAT IN A DAY? 1 - One : 3 - Three -8 - NR/DK -9 - NA
J2	15	SNACKDAY	HOW MANY TIMES DOES MOTHER USUALLY EAT 'PAINIT'/SNACKS IN A DAY? 0 - None

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
			1 - Once : - 5- Five times -8 - NR/DK -9 - NA
J3	16	WEEKMEAL	HOW MANY TIMES DOES MOTHER/HOUSEHOLD PREPARE FOOD AT HOME EXCLUDING 'PAINIT'/SNACKS IN A WEEK? 0 - None 1 - Once : - 21 – Twenty-one times -8 - NR/DK -9 - NA
J4	17	BUYMEAL	EXCLUDING 'PAINIT'/SNACKS, HOW MANY TIMES DOES MOTHER BUY READY-COOKED FOOD IN A WEEK? 0 - None 1 - Once : - 21 – Twenty-one times -8 - NR/DK -9 - NA
J5	18	XSNACKWK	HOW MANY TIMES DOES MOTHER/HOUSEHOLD BUY 'PAINIT'/SNACKS IN A WEEK? 0 - None 1 - Once : - 28 – Twenty-eight times -8 - NR/DK -9 - NA
J6	19	DINERES	IN A MONTH, HOW MANY TIMES DOES MOTHER EAT IN A FORMAL/EXPENSIVE RESTAURANT? 0 - None 1 - Once : - 5 – Five times : -8 - NR/DK -9 - NA

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
J6	20	DINEFAST	<p>IN A MONTH, HOW MANY TIMES DOES MOTHER EAT IN A FAST-FOOD PLACE (food courts, Jollibee, etc.)?</p> <p>0 - None (Code -9 from FASTFOD1 to FASTFOD3) 1 - Once : - 10 - Ten times : -8 - NR/DK -9 - NA</p>
J6	21	FASTFOD1	<p>FASTFOOD PLACE (1) MOTHER USUALLY GOES TO EAT</p> <p>1 - Jollibee 2 - McDonald's 3 - Kentucky Fried Chicken (KFC) 4 - Chowking 5 - Greenwich 6 - Orange Brutus 7 - Texas Chicken 8 - Goldilocks 9 - Red Ribbon 10 - Gaisano Foodcourt 11 - Sm/Ayala Foodcourt 12 - Lumpia House 13 - Shakeys 14 - Pizza Hut 15 - Dimsum 16 - Snow Sheen 17 - Dunkin Donut 18 - Joven's Grill 19 - Jo's Inato Chicken Haus 20 - Macjoy 21 - Max Fried Chicken 22 - Harbor City 23 - Sunburst 24 - AA Grill house -8 - NR/DK -9 - NA (Code -9 from FASTFOD2 to FASTFOD3)</p>
J6	22	FASTFOD2	<p>FASTFOOD PLACE (2) WHERE MOTHER USUALLY EATS</p> <p>1 : - SAME CODES AS FASTFOD1 24 -9 - NA (Code -9 in FASTFOD3)</p>
J6	23	FASTFOD3	<p>FASTFOOD PLACE (3) WHERE MOTHER USUALLY EATS</p> <p>1</p>

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
			: - SAME CODES AS FASTFOD1 24 -9 - NA
J6	24	DINECAFE	IN A MONTH, HOW MANY TIMES DOES MOTHER EAT IN A CAFETERIA/CANTEEN (including workplace canteens)? 0 - None 1 : - TIMES MOM EATS IN CAFETERIA/CANTEEN IN A MONTH 90 -8 - NR/DK -9 - NA
J6	25	DINECAR	IN A MONTH, HOW MANY TIMES DOES MOTHER EAT IN A CARENDERIA/TURO-TURO (cheaper eating place)? 0 - None 1 : - TIMES MOM EATS IN CARENDERIA IN A MONTH 96 -8 - NR/DK -9 - NA
J7	26	EATBREA1	WHAT DOES MOTHER USUALLY EAT AND DRINK(1) FOR BREAKFAST? 0 - None (Code -9 from EATBREA2 to EATBREA5) 1 - Meat (pork, beef, goat's meat, chicken, eggs) 2 - Fish and crustaceans (cooked, dried, salted, etc.) 3 - Bread and other bakery products (rolls, cakes, etc.) 4 - Native snacks/glutinous products 5 - Rice, corn, pospas, champorado 6 - Noodles (mike, canton, bihon, spaghetti, etc.) 7 - Vegetables including seaweeds 8 - Dried beans & nuts (peanuts, mongo, etc.) 9 - Starchy roots and tubers 10 - Fruits 11 - Beverages (juices, coffee, sikwate, tea, softdrink, etc.) 12 - Milk and milk products 13 - Bulgur, oatmeal 14 - Sweets (candies, chocolates) 15 - Snack foods (chips, popcorn) 16 - Frozen products (ice cream, ice candy, ice drop, etc.) -8 - NR/DK (Code -8 from EATBREA2 to EATBREA5) -9 - NA
J7	27	EATBREA2	WHAT DOES MOTHER USUALLY EAT AND DRINK(2) FOR BREAKFAST?

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			<p>1 : - SAME CODES AS EATBREA1 16 -8 - NR/DK -9 - NA (Code -9 from EATBREA3 to EATBREA5)</p>
J7	28	EATBREA3	<p>WHAT DOES MOTHER USUALLY EAT AND DRINK(3) FOR BREAKFAST?</p> <p>1 : - SAME CODES AS EATBREA1 16 -8 - NR/DK -9 - NA (Code -9 from EATBREA4 to EATBREA5)</p>
J7	29	EATBREA4	<p>WHAT DOES MOTHER USUALLY EAT AND DRINK(4) FOR BREAKFAST?</p> <p>1 : - SAME CODES AS EATBREA1 16 -8 - NR/DK -9 - NA (Code -9 in EATBREA5)</p>
J7	30	EATBREA5	<p>WHAT DOES MOTHER USUALLY EAT AND DRINK(5) FOR BREAKFAST?</p> <p>1 : - SAME CODES AS EATBREA1 16 -8 - NR/DK -9 - NA</p>
J8	31	EATLUN1	<p>WHAT DOES MOTHER USUALLY EAT AND DRINK(1) FOR LUNCH?</p> <p>0 - None (Code -9 from EATLUN2 to EATLUN5) 1 - Meat (pork, beef, goat's meat, chicken, eggs) 2 - Fish and crustaceans (cooked, dried, salted, etc.) 3 - Bread and other bakery products (rolls, cakes, etc.) 4 - Native snacks/glutinous products 5 - Rice, corn, pospas, champorado 6 - Noodles (mike, canton, bihon, spaghetti, etc.) 7 - Vegetables including seaweeds 8 - Dried beans & nuts (peanuts, mongo, etc.) 9 - Starchy roots and tubers 10 - Fruits</p>

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
			11 - Beverages (juices, coffee, sikwate, tea, softdrink, etc.) 12 - Milk and milk products 13 - Bulgur, oatmeal 14 - Sweets (candies, chocolates) 15 - Snack foods (chips, popcorn) 16 - Frozen products (ice cream, ice candy, ice drop, etc.) -8 - NR/DK (Code -8 from EATLUN2 to EATLUN5)
J8	32	EATLUN2	WHAT DOES MOTHER USUALLY EAT AND DRINK(2) FOR LUNCH? 1 : - SAME CODES AS EATLUN1 16 -8 - NR/DK -9 - NA (Code -9 from EATLUN3 to EATLUN5)
J8	33	EATLUN3	WHAT DOES MOTHER USUALLY EAT AND DRINK(3) FOR LUNCH? 1 : - SAME CODES AS EATLUN1 16 -8 - NR/DK -9 - NA (Code -9 from EATLUN4 to EATLUN5)
J8	34	EATLUN4	WHAT DOES MOTHER USUALLY EAT AND DRINK(4) FOR LUNCH? 1 : - SAME CODES AS EATLUN1 16 -8 - NR/DK -9 - NA (Code -9 in EATLUN5)
J8	35	EATLUN5	WHAT DOES MOTHER USUALLY EAT AND DRINK(5) FOR LUNCH? 1 : - SAME CODES AS EATLUN1 16 -8 - NR/DK -9 - NA
J9	36	EATSUP1	WHAT DOES MOTHER USUALLY EAT AND DRINK(1) FOR SUPPER? 0 - None (Code -9 from EATSUP2 to EATSUP5)

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
			1 - Meat (pork, beef, goat's meat, chicken, eggs) 2 - Fish and crustaceans (cooked, dried, salted, etc.) 3 - Bread and other bakery products (rolls, cakes, etc.) 4 - Native snacks/glutinous products 5 - Rice, corn, pospas, champorado 6 - Noodles (mike, canton, bihon, spaghetti, etc.) 7 - Vegetables including seaweeds 8 - Dried beans & nuts (peanuts, mongo, etc.) 9 - Starchy roots and tubers 10 - Fruits 11 - Beverages (juices, coffee, sikwate, tea, softdrink, etc.) 12 - Milk and milk products 13 - Bulgur, oatmeal 14 - Sweets (candies, chocolates) 15 - Snack foods (chips, popcorn) 16 - Frozen products (ice cream, ice candy, ice drop, etc.) -8 - NR/DK (Code -8 from EATSUP2 to EATSUP5)
J9	37	EATSUP2	WHAT DOES MOTHER USUALLY EAT AND DRINK(2) FOR SUPPER? 1 : - MOM USUALLY EATS(2) AND DRINKS(2) FOR SUPPER 16 -8 - NR/DK -9 - NA (Code -9 from EATSUP3 to EATSUP5)
J9	38	EATSUP3	WHAT DOES MOTHER USUALLY EAT AND DRINK(3) FOR SUPPER 1 : - SAME CODES AS EATSUP1 16 -8 - NR/DK -9 - NA (Code -9 from EATSUP4 to EATSUP5)
J9	39	EATSUP4	WHAT DOES MOTHER USUALLY EAT AND DRINK(4) FOR SUPPER 1 : - SAME CODES AS EATSUP1 16 -8 - NR/DK -9 - NA (Code -9 in EATSUP5)
J9	40	EATSUP5	WHAT DOES MOTHER USUALLY EAT AND DRINK(5) FOR SUPPER 1

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			: - SAME CODES AS EATSUP1 16 -8 - NR/DK -9 - NA
J10	41	EATSNAK1	WHAT DOES MOTHER USUALLY EAT AND DRINK(1) FOR 'PAINIT'/SNACK? 0 - None (Code -9 from EATSNAK2 to EATSNAK5) 1 - Meat (pork, beef, goat's meat, chicken, eggs) 2 - Fish and crustaceans (cooked, dried, salted, etc.) 3 - Bread and other bakery products (rolls, cakes, etc.) 4 - Native snacks/glutinous products 5 - Rice, corn, pospas, champorado 6 - Noodles (mike, canton, bihon, spaghetti, etc.) 7 - Vegetables including seaweeds 8 - Dried beans & nuts (peanuts, mongo, etc.) 9 - Starchy roots and tubers 10 - Fruits 11 - Beverages (juices, coffee, sikwate, tea, softdrink, etc.) 12 - Milk and milk products 13 - Bulgur, oatmeal 14 - Sweets (candies, chocolates) 15 - Snack foods (chips, popcorn) 16 - Frozen products (ice cream, ice candy, ice drop, etc.) -8 - NR/DK (Code -8 from EATSNAK2 to EATSNAK5)
J10	42	EATSNAK2	WHAT DOES MOTHER USUALLY EAT AND DRINK(2) FOR 'PAINIT'/SNACK? 1 : - SAME CODES AS EATSNAK1 16 -8 - NR/DK -9 - NA (Code -9 from EATSNAK3 to EATSNAK5)
J10	43	EATSNAK3	WHAT DOES MOTHER USUALLY EAT AND DRINK(3) FOR 'PAINIT'/SNACK? 1 : - SAME CODES AS EATSNAK1 16 -8 - NR/DK -9 - NA (Code -9 from EATSNAK4 to EATSNAK5)
J10	44	EATSNAK4	WHAT DOES MOTHER USUALLY EAT AND DRINK(4) FOR 'PAINIT'/SNACK? 1

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			: - SAME CODES AS EATSNAK1 16 -8 - NR/DK -9 - NA (Code -9 in EATSNAK5)
J10	45	EATSNAK5	WHAT DOES MOTHER USUALLY EAT AND DRINK(5) FOR 'PAINIT'/SNACK? 1 : - SAME CODES AS EATSNAK1 16 -8 - NR/DK -9 - NA
J11	46	VITAMIN	DOES MOTHER REGULARLY TAKE VITAMIN OR MINERAL SUPPLEMENTS(excluding pre-and postnatal vitamins and minerals)? 0 - No (Code -9 from KINDVIT1 to KINDVIT4) 1 - Yes -8 - NR/DK (Code -8 from KINDVIT1 to KINDVIT4)
J12	47	KINDVIT1	KIND OF VITAMIN/MINERAL SUPPLEMENT(1) MOTHER TAKES 1 - Vitamin A, D, E 2 - Vitamin B1 3 - Vitamin B12 4 - Vitamin B complex with C 5 - Vitamin C 6 - Vitamins and Calcium 7 - Multivitamins with minerals 8 - Appetite stimulants 9 - Antianemics 10 - Vitamins for the nerves -8 - NR/DK -9 - NA (Code -9 from KINDVIT2 to KINDVIT4)
J12	48	KINDVIT2	KIND OF VITAMIN/MINERAL SUPPLEMENT(2) MOTHER TAKES 1 : - SAME CODES AS KINDVIT1 10 -8 - NR/DK -9 - NA (Code -9 from KINDVIT3 to KINDVIT4)
J12	49	KINDVIT3	KIND OF VITAMIN/MINERAL SUPPLEMENT(3) MOTHER TAKES

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			1 : - SAME CODES AS KINDVIT1 10 -8 - NR/DK -9 - NA (Code -9 in KINDVIT4)
J12	50	KINDVIT4	KIND OF VITAMIN/MINERAL SUPPLEMENT(4) MOTHER TAKES 1 : - SAME CODES AS KINDVIT1 10 -8 - NR/DK -9 - NA
J13	51	COOKOIL	KIND OF OIL MOTHER USUALLY USES FOR COOKING 0 - No cooking oil used in household (Code -9 in OILQNTY) 1 - Coconut oil ('edible', 'tinakus') 2 - Lard 3 - Others (corn oil, etc.) 4 - Combination of 1 to 3 5 - All meals bought -8 - NR/DK
J14	52	OILQNTY	QUANTITY (ml) OF COOKING OIL USED IN A WEEK 1 : - QUANTITY OF OIL USED IN A WEEK 4000 -8 - NR/DK (For households preparing for food business and consumption) -9 - NA (No cooking oil used)
J15	53	DIETCHAN	HAD MOTHER'S DIET CHANGED OVER LAST VISIT? 0 - No (Code -9 from YCHANGE1 to EATLESS5) 1 - Yes -8 - NR/DK -9 - NA
J16	54	YCHANGE1	WHY(1) HAD MOTHER'S DIET CHANGED OVER LAST VISIT? 1 - Adjust to illness 2 - Better geographic accessibility (increased number of stores, nearer stores)

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			3 - Husband is working , able to buy enough food /better income 4 - Lesser income 5 - Diet conscious/controls food intake/maintain 6 - More food eaten (because of pills) 9 - Because she is affected of her husband's diet (high cholesterol), she has to eat same type food she prepared -8 - NR/DK (Code -8 in YCHANGE2) -9 - NA (Code -9 in YCHANGE2)
J16	55	YCHANGE2	WHY(2) HAD MOTHER'S DIET CHANGED OVER LAST VISIT? 1 : - SAME CODES AS YCHANGE1 9 -8 - NR/DK -9 - NA
J17	56	EATMORE1	WHAT KIND OF FOOD(1) DOES MOTHER EAT MORE OFTEN NOW? 0 - None (Code -9 from EATMORE2 to EATMORE5) 1 - Pork 2 - Chicken 3 - Beef 4 - Dried meat (tapa) 5 - Internal organs 6 - Eggs 7 - Fresh fish 8 - Dried fish/salted fish 9 - Crustaceans 10 - Canned goods 11 - Rice/corn 12 - Fruits 13 - Vegetables 14 - Legumes 15 - Sweets 16 - Frozen products 17 - Soft drinks 18 - Juices 19 - Milk products 20 - Chocolate drinks 21 - Glutinous foods 22 - Bread/other bakery products 23 - Snack foods 24 - Alcoholic drinks 25 - Starchy roots & tubers plantain 26 - Noodles 27 - Salt and Monosodium Glutamate (msg) 28 - Seaweeds 29 - Oatmeal 30 - Porridge

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			31 - Fats & oily foods 32 - Corn 33 - 'Dugoon nga isda' 34 - Bolinao fish -8 - NR/DK (Code -8 from EATMORE2 to EATMORE5) -9 - NA
J17	57	EATMORE2	WHAT KIND OF FOOD(2) DOES MOTHER EAT MORE OFTEN NOW? 1 : - SAME CODES AS EATMORE1 35 -8 - NR/DK -9 - NA (Code -9 from EATMORE3 to EATMORE5)
J17	58	EATMORE3	WHAT KIND OF FOOD(3) DOES MOTHER EAT MORE OFTEN NOW? 1 : - SAME CODES AS EATMORE1 35 -8 - NR/DK -9 - NA (Code -9 from EATMORE4 to EATMORE5)
J17	59	EATMORE4	WHAT KIND OF FOOD(4) DOES MOTHER EAT MORE OFTEN NOW? 1 : - SAME CODES AS EATMORE1 35 -8 - NR/DK -9 - NA (Code -9 in EATMORE5)
J17	60	EATMORE5	WHAT KIND OF FOOD(5) DOES MOTHER EAT MORE OFTEN NOW? 1 : - SAME CODES AS EATMORE1 35 -8 - NR/DK -9 - NA
J18	61	EATLESS1	WHAT KIND OF FOOD(1) DOES MOTHER EAT LESS OFTEN NOW? 0 - None (Code -9 from EATLESS2 to EATLESS5) 1 - Pork

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
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2 - Chicken
 3 - Beef
 4 - Dried meat (tapa)
 5 - Internal organs
 6 - Eggs
 7 - Fresh fish
 8 - Dried fish/salted fish
 9 - Crustaceans
 10 - Canned goods
 11 - Rice/corn
 12 - Fruits
 13 - Vegetables
 14 - Legumes
 15 - Sweets
 16 - Frozen products
 17 - Soft drinks
 18 - Juices
 19 - Milk products
 20 - Chocolate drinks
 21 - Glutinous foods
 22 - Bakery foods
 23 - Snack foods
 24 - Alcoholic drinks
 25 - Starchy roots & tubers plaintain
 26 - Noodles
 27 - Salt and Monosodium Glutamate (msg)
 28 - Seaweeds
 29 - Oatmeal/Quaker oats
 30 - Porridge
 31 - Fatty & oily foods
 32 - Corn
 33 - "Dugoon nga isda"
 34 - Bolinao fish
 -8 - NR/DK (Code -8 from EATLESS2 to EATLESS5)
 -9 - NA

J18	62	EATLESS2	WHAT KIND OF FOOD DOES(2) MOTHER EAT LESS OFTEN NOW?
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1
 : - SAME CODES AS EATLESS1
 35
 -8 - NR/DK
 -9 - NA (Code -9 from EATLESS3 to EATLESS5)

J18	63	EATLESS3	WHAT KIND OF FOOD(3) DOES MOTHER EAT LESS OFTEN NOW?
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1
 : - SAME CODES AS EATLESS1
 35

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
			-8 - NR/DK -9 - NA (Code -9 from EATLESS4 to EATLESS5)
J18	64	EATLESS4	WHAT KIND OF FOOD(4) DOES MOTHER EAT LESS OFTEN NOW? 1 : - SAME CODES AS EATLESS1 35 -8 - NR/DK -9 - NA (Code -9 in EATLESS5)
J18	65	EATLESS5	WHAT KIND OF FOOD(5) DOES MOTHER EAT LESS OFTEN NOW? 1 : - SAME CODES AS EATLESS1 35 -8 - NR/DK -9 - NA
J19b	66	SALT	DOES MOTHER CONSUME SALT/'ASIN'? 0 - No (Code -9 from OFTSALT to HOWSALT2) 1 - Yes
J19c	67	OFTSALT	HOW OFTEN DOES MOTHER CONSUME SALT? 1 - At every meal 2 - Daily 3 - 5-6 days per week 4 - 2-4 days per week 5 - 1 day per week 6 - Seldom (less than once a week) -9 - NA
J19d	68	AMTSALT	USUAL AMOUNT (in tsp. or any appropriate amount) 0.13 : - tsp. 24 -8 - DK -9 - NA
J19e	69	HOWSALT1	HOW SALT CONSUMED1? 1 - As ingredient in cooking/added when cooked

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			2 - Added when consumed/dish accompaniment 3 - Dipping sauce 4 - Other -9 - NA
J19e	70	HOWSALT2	HOW SALT CONSUMED2? (SAME CODES AS HOWSALT1)
J19b	71	SOYSAUCE	DOES MOTHER CONSUME SOY SAUCE/"TOYO"? 0 - No (Code -9 from OFTSAUCE to HOWSAUC2) 1 - Yes
J19c	72	OFTSAUCE	HOW OFTEN DOES MOTHER CONSUME SOY SAUCE? 1 - At every meal 2 - Daily 3 - 5-6 days per week 4 - 2-4 days per week 5 - 1 day per week 6 - Seldom (less than once a week) -9 - NA
J19d	73	AMTSAUCE	USUAL AMOUNT OF SOY SAUCE (in tsp or any appropriate amount) 0.13 : - tsp 24 -8 - DK -9 - NA
J19e	74	HOWSAUC1	HOW SOY SAUCE1 CONSUMED? 1 - As ingredient in cooking/added when cooked 2 - Added when consumed/dish accompaniment 3 - Dipping sauce 4 - Other -9 - NA
J19e	75	HOWSAUC2	HOW SOY SAUCE2 CONSUMED? (SAME CODES AS HOWSAUC1)
J19b	76	SPASTE	DOES MOTHER CONSUME SHRIMP PASTE/"HIPON"?

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			0 - No (Code -9 from OFTSPAST to HOWSPAS2)
			1 - Yes
J19c	77	OFTSPAST	HOW OFTEN DOES MOTHER CONSUME SHRIMP PASTE/'HIPON'? 1 - At every meal 2 - Daily 3 - 5-6 days per week 4 - 2-4 days per week 5 - 1 day per week 6 - Seldom (less than once a week) -9 - NA
J19d	78	AMTSPAST	USUAL AMOUNT OF SHRIMP PASTE (in tsp or in any appropriate amount) 0.13 : - tsp 15 -8 - DK -9 - NA
J19e	79	HOWSPAS1	HOW SHRIMP PASTE1 CONSUMED? 1 - As ingredient in cooking/added when cooked 2 - Added when consumed/dish accompaniment 3 - Dipping sauce 4 - Other -9 - NA
J19e	80	HOWSPAS2	HOW SHRIMP PASTE2 CONSUMED? (SAME CODES AS HOWSPAS1)
J19b	81	SALTFISH	DOES MOTHER CONSUME SALTED FISH/'GINAMOS'/'AMAHONG'/'SISI'/'TIHITIHI'? 0 - No (Code -9 from OFTSFISH to HOWSFIS2) 1 - Yes
J19c	82	OFTSFISH	HOW OFTEN DOES MOTHER CONSUME SALTED FISH? 1 - At every meal 2 - Daily

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			3 - 5-6 days per week 4 - 2-4 days per week 5 - 1 day per week 6 - Seldom (less than once a week) -9 - NA
J19d	83	AMTSFISH	USUAL AMOUNT OF SALTED FISH (in tsp or any appropriate amount) 0.13 : - tsp 24 -9 - NA
J19e	84	HOWSFIS1	HOW SALTED FISH1 CONSUMED? 1 - As ingredient in cooking/added when cooked 2 - Added when consumed/dish accompaniment 3 - Dipping sauce 4 - Other -9 - NA
J19e	85	HOWSFIS2	HOW SALTED FISH2 CONSUMED? (SAME CODES AS HOWFIS1)
J19b	86	DRIDFISH	DOES MOTHER CONSUME DRIED FISH/'BULAD'? 0 - No (Code -9 from OFTDFISH to HOWDFIS2) 1 - Yes
J19c	87	OFTDFISH	HOW OFTEN DOES MOTHER CONSUME DRIED FISH/'BULAD'? 1 - At every meal 2 - Daily 3 - 5-6 days per week 4 - 2-4 days per week 5 - 1 day per week 6 - Seldom (less than once a week) -9 - NA
J19d	88	AMTDFISH	USUAL AMOUNT OF DRIED FISH/'BULAD' (in tsp or in any appropriate amount)? 0.05 : - tsp 24

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			-9 - NA
J19e	89	HOWDFIS1	HOW DRIED FISH1 CONSUMED? 1 - As ingredient in cooking/added when cooked 2 - Added when consumed/dish accompaniment 3 - Dipping sauce 4 - Other -9 - NA
J19e	90	HOWDFIS2	HOW DRIED FISH2 CONSUMED? (SAME CODES AS HOWDFIS1)
J19b	91	PATIS	DOES MOTHER CONSUME PATIS (e.g. Rufina)? 0 - No (Code -9 from OFTPATIS to HOWPATI2) 1 - Yes
J19c	92	OFTPATIS	HOW OFTEN DOES MOTHER CONSUME PATIS? 1 - At every meal 2 - Daily 3 - 5-6 days per week 4 - 2-4 days per week 5 - 1 day per week 6 - Seldom (less than once a week) -9 - NA
J19d	93	AMTPATIS	USUAL AMOUNT OF PATIS (in tsp or in any appropriate amount)? 0.13 : - tsp 12 -8 - DK -9 - NA
J19e	94	HOWPATI1	HOW PATIS1 CONSUMED? 1 - As ingredient in cooking/added when cooked 2 - Added when consumed/dish accompaniment 3 - Dipping sauce 4 - Other -9 - NA
J19e	95	HOWPATI2	HOW PATIS2 CONSUMED?

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
(SAME CODES AS HOWPATI1)			
J19b	96	VETSIN	DOES MOTHER CONSUME 'VETSIN'? 0 - No (Code -9 from OFTVETSI to HOWVETS2) 1 - Yes
J19c	97	OFTVETSI	HOW OFTEN DOES MOTHER CONSUME 'VETSIN'? 1 - At every meal 2 - Daily 3 - 5-6 days per week 4 - 2-4 days per week 5 - 1 day per week 6 - Seldom (less than once a week) -9 - NA
J19d	98	AMTVETSI	USUAL AMOUNT OF 'VETSIN' (in tsp or in any appropriate amount)? 0.13 : - tsp 12 -8 - DK -9 - NA
J19e	99	HOWVETS1	HOW VETSIN1 CONSUMED? 1 - As ingredient in cooking/added when cooked 2 - Added when consumed/dish accompaniment 3 - Dipping sauce 4 - Other -9 - NA
J19e	100	HOWVETS2	HOW VETSIN2 CONSUMED? (SAME CODES AS HOWSVETS1)
J19b	101	OTHER1	DOES MOTHER CONSUME OTHER1? 0 - No (Code -9 from OFTOTH1 to HOWOTH22) 1 - Ginisa mix 2 - Knorr cubes 3 - Black pepper

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
J19c	102	OFTOTHR1	<p>HOW OFTEN DOES MOTHER CONSUME OTHER1?</p> <p>1 - At every meal 2 - Daily 3 - 5-6 days per week 4 - 2-4 days per week 5 - 1 day per week 6 - Seldom (less than once a week) -9 - NA</p>
J19d	103	AMTOTHR1	<p>USUAL AMOUNT OF OTHER1(in tsp. or any appropriate amount)</p> <p>0.13 : - tsp 12 -8 - DK -9 - NA</p>
J19e	104	HOWOTH11	<p>HOW OTHER1 CONSUMED1?</p> <p>1 - As ingredient in cooking/added when cooked 2 - Added when consumed/dish accompaniment 3 - Dipping sauce 4 - Other -9 - NA</p>
J19e	105	HOWOTH12	<p>HOW OTHER1 CONSUMED2?</p> <p>1 : - SAME CODES AS HOWOTH11 4 -9 - NA</p>
J19b	106	OTHER2	<p>DOES MOTHER CONSUME OTHER2?</p> <p>0 - No (Code -9 from OFTOTHR2 to HOWOTH22) 1 : - SAME CODES AS OTHER1 3 -9 - NA (Code -9 from OFTOTHR2 to HOWOTH22)</p>
J19c	107	OFTOTHR2	<p>HOW OFTEN DOES MOTHER CONSUME OTHER2?</p> <p>1 - At every meal 2 - Daily 3 - 5-6 days per week 4 - 2-4 days per week</p>

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
			5 - 1 day per week 6 - Seldom (less than once a week) -9 - NA
J19d	108	AMTOTH2	USUAL AMOUNT OF OTHER2 (in tsp or any appropriate amount) 0.13 : - tsp 6 -8 - DK -9 - NA
J19e	109	HOWOTH21	HOW OTHER2 CONSUMED1? 1 - As ingredient in cooking/added when cooked 2 - Added when consumed/dish accompaniment 3 - Dipping sauce 4 - Other -9 - NA
J19e	110	HOWOTH22	HOW OTHER2 CONSUMED2? 1 : - SAME CODES AS HOWOTH21 4 -9 - NA
J20	111	MONFOOD1	MONTH OF FOOD RECALL (1) 1 - January 2 - February 3 - March 4 - April 5 - May 6 - June 7 - July 8 - August 9 - September 10 - October 11 - November 12 - December -8 - NR/DK
J20	112	DAYFOOD1	DAY OF FOOD RECALL (1) 1 : - Day of the month 31

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
			-8 - NR/DK
J20	113	YEARFOD1	YEAR OF FOOD RECALL (1) 2005 - Year 2005 -8 - NR/DK
J20	114	DAYWEEK1	DAY OF THE WEEK OF FOOD RECALL (1) 1 - Monday 2 - Tuesday 3 - Wednesday 4 - Thursday 5 - Friday 6 - Saturday 7 - Sunday -8 - NR/DK
J33	115	USUAL1	WAS THE FOOD MOTHER ATE YESTERDAY HER USUAL FOOD INTAKE (1)? 0 - No 1 - Yes (Code -9 in WHYDIFF1) -8 - NR/DK -9 - NA
J34	116	WHYDIFF1	WHY WAS THE FOOD MOTHER ATE YESTERDAY NOT HER USUAL FOOD INTAKE (1)? 1 - I had better food than usual 2 - I had more food than usual 3 - I had better and more food than usual 4 - I had lower quality food than usual 5 - I had less food than usual 6 - I had lower quality and less food than usual -8 - NR/DK -9 - NA
J35	117	MONFOOD2	MONTH OF FOOD RECALL (2) 1 : - Month 12 -8 - NR/DK
J35	118	DAYFOOD2	DAY OF FOOD RECALL (2)

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
			1 : - Day of the month 31 -8 - NR/DK
J35	119	YEARFOD2	YEAR OF FOOD RECALL (2) 2005 - Year 2005 -8 - NR/DK
J36	120	DAYWEEK2	DAY OF THE WEEK OF FOOD RECALL (2) 1 - Monday 2 - Tuesday 3 - Wednesday 4 - Thursday 5 - Friday 6 - Saturday 7 - Sunday -8 - NR/DK
J48	121	USUAL2	WAS THE FOOD MOTHER ATE YESTERDAY HER USUAL FOOD INTAKE (2)? 0 - No 1 - Yes (Code -9 in WHYDIFF2) -8 - NR/DK -9 - NA
J49	122	WHYDIFF2	WHY WAS THE FOOD MOTHER ATE YESTERDAY NOT HER USUAL FOOD INTAKE (2)? 1 - I had better food than usual 2 - I had more food than usual 3 - I had better and more food than usual 4 - I had lower quality food than usual 5 - I had less food than usual 6 - I had lower quality and less food than usual -8 - NR/DK -9 - NA
M0	123	MOANTHRO	MONTH OF ANTHROPOMETRIC MEASUREMENT 1 : - Month of the year 12 -8 - NR/DK (Code -8 from DANTHRO to BPDIAS3)

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE

			-9 - NA

M0	124	DANTHRO	DAY OF ANTHROPOMETRIC MEASUREMENT
			1
			: - Day of the month
			31
			-8 - NR/DK
			-9 - NA

M0	125	YRANTHRO	YEAR OF ANTHROPOMETRIC MEASUREMENT
			2005 - 2005
			-8 - NR/DK
			-9 - NA

M1	126	WEIGHTMA	WEIGHT OF MOTHER (IN KILOGRAMS)
			22
			: - Kilos
			110
			-8 - NR (mother refused)
			-9 - NA (Mother incapacitated) (Code -9 from HEIGHTMA to BPDIAS3)

M2	127	HEIGHTMA	HEIGHT OF MOTHER (IN CENTIMETERS)
			129
			: - Centimeters
			185
			-8 - NR (Mother refused)
			-9 - NA (Mother incapacitated)

M3	128	ARMCIRCM	ARM CIRCUMFERENCE OF MOM (IN CENTIMETERS)
			10
			: - Centimeters
			45
			-8 - NR (Mother refused)
			-9 - NA (Mother incapacitated)

M4	129	SKINFOL1	FIRST MEASUREMENT OF TRICEPS SKINFOLD THICKNESS OF MOTHER (IN MILLIMETERS)
			3
			: - Centimeters
			65

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
			-8 - NR (Mother refused) -9 - NA (Mother incapacitated)
M4	130	SKINFOL2	SECOND MEASUREMENT OF TRICEPS SKINFOLD THICKNESS OF MOTHER (IN MILLIMETERS) 3 : - Centimeters 65 -8 - NR (Mother refused) -9 - NA (Mother incapacitated)
M4	131	SKINFOL3	THIRD MEASUREMENT OF TRICEPS SKINFOLD THICKNESS OF MOTHER (IN MILLIMETERS) 3 : - Centimeters 65 -8 - NR (Mother refused) -9 - NA (Mother incapacitated)
M5	132	WAISTMA	WAIST CIRCUMFERENCE (cm) OF MOTHER 43 : - Centimeters 130 -8 - NR (Mother refused) -9 - NA (Mother incapacitated)
M6	133	HIPMA	HIP CIRCUMFERENCE (cm) OF MOTHER 55 : - Centimeters 140 -8 - NR (Mother refused) -9 - NA (Mother incapacitated)
M7	134	SUPRAIL1	SUPRA-ILIAC THICKNESS1 (IN MILLIMETERS) 3 : - Millimeters 68 -8 - NR/DK -9 - NA
M7	135	SUPRAIL2	SUPRA-ILIAC THICKNESS2 (IN MILLIMETERS)

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
			3 : - Millimeters 68 -8 - NR/DK -9 - NA
M7	136	SUPRAIL3	SUPRA-ILIAC THICKNESS3 (IN MILLIMETERS) 3 : - Millimeters 68 -8 - NR/DK -9 - NA
M8	137	BPSYST1	BLOOD PRESSURE READING (SYSTOLIC)1 65 : - Millimeters of Hg 250 -8 - NR (mother refused) -9 - NA (Mother incapacitated)
M8	138	BPDIAS1	BLOOD PRESSURE READING (DIASTOLIC)1 40 : - Millimeters of Hg 150 -8 - NR (mother refused) -9 - NA (Mother incapacitated)
M8	139	BPSYST2	BLOOD PRESSURE READING (SYSTOLIC)2 65 : - Millimeters of Hg 250 -8 - NR (mother refused) -9 - NA (Mother incapacitated)
M8	140	BPDIAS2	BLOOD PRESSURE READING (DIASTOLIC)2 40 : - Millimeters of Hg 150 -8 - NR (mother refused) -9 - NA (Mother incapacitated)
M8	141	BPSYST3	BLOOD PRESSURE READING (SYSTOLIC)3

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
			65 : - Millimeters of Hg 250 -8 - NR (Mother refused) -9 - NA (Mother incapacitated)
M8	142	BPDIAS3	BLOOD PRESSURE READING (DIASTOLIC)3 40 : - Millimeters of Hg 150 -8 - NR (Mother refused) -9 - NA (Mother incapacitated)