

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
ID4	1	BASEBRGY	<u>BASELINE BARANGAY ID NUMBER</u>
ID4	2	BASEHHNO	<u>BASELINE HOUSEHOLD ID NUMBER</u>  1 - Household number one : 1000 - Household number one thousand :
ID4	3	BASEWMAN	<u>BASELINE SAMPLE WOMAN ID NUMBER</u>  1 - Sample woman number one : 500 - Sample woman number five hundred :
ID5	4	MOBRGY94	<u>MOM'S 1994 BARANGAY ID NUMBER</u>  -9 - NA
ID5	5	MOHHNO94	<u>MOM'S 1994 HOUSEHOLD ID NUMBER</u>  1 - Household number one : 1000 - Household number one thousand : -9 - NA
ID5	6	MOWMAN94	<u>MOM'S 1994 WOMAN ID NUMBER</u>  1 - Sample woman number one : 500 - Sample woman number five hundred : -9 - NA
ID5	7	CHBRGY94	<u>CHILD'S 1994 BARANGAY ID NUMBER</u>  -9 - NA
ID5	8	CHHHNO94	<u>CHILD'S 1994 HOUSEHOLD ID NUMBER</u>  1 - Household number one : 1000 - Household number one thousand

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			: -9 - NA
ID5	9	CHWMAN94	<u>CHILD'S 1994 WOMAN ID NUMBER</u>  1 - Sample woman number one : 500 - Sample woman number five hundred : -9 - NA
ID7	10	BRGAY98	<u>1998 BARANGAY ID NUMBER</u>
ID7	11	HHNUMB98	<u>1998 HOUSEHOLD ID NUMBER</u>  1 - Household number one : 1000 - Household number one thousand :
ID7	12	WOMAN98	<u>1998 WOMAN ID NUMBER</u>  1 - Sample woman number one : 500 - Sample woman number five hundred :
ID8	13	UNCCHDID	<u>1998 CHILD ID NUMBER</u>
DOCUMENTATION)			(SEE 1998 CLHNS FOLLOW-UP STUDY
ID9	14	MOMCH98	<u>WHOSE HOUSEHOLD WAS INTERVIEWED IN 1998</u>  1 - Mom and Index Child 2 - Mom only 3 - Index Child and Caretaker 4 - Index Child with employer 5 - INDEX CHILD cohabiting with partner (living as one nuclear family) 6 - INDEX CHILD cohabiting with partner and living with in-laws 7 - MOM and INDEX CHILD, IC cohabiting with partner and living with mother -4 - INDEX CHILD with Caretaker, MOM in household but mentally ill (not interviewed) -5 - MOM and INDEX CHILD; IC interviewed at later date,

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			IC not in household roster -6 - MOM and INDEX CHILD, IC with employer but goes home to mom's household at least once a month
C1	15	MEALSDAY	<u>HOW MANY TIMES DOES INDEX CHILD USUALLY EAT IN A DAY, EXCLUDING SNACKS?</u>  1 - One : 3 - Three -8 - NR/DK (No response/Don't Know) -9 - NA
C2	16	SNACKDAY	<u>HOW MANY TIMES DOES INDEX CHILD USUALLY EAT SNACKS IN A DAY?</u>  0 - None 1 - One : 4 - Four : -8 - NR/DK (No response/Don't Know) -9 - NA
C3	17	MEALSWK	<u>HOW MANY TIMES DOES INDEX CHILD USUALLY EAT AT HOME, EXCLUDING SNACKS, IN A WEEK?</u>  0 - None 1 - One : 10 - Ten : -8 - NR/DK (No response/Don't Know) -9 - NA
C4	18	WHSNACK	<u>WHERE DOES INDEX CHILD USUALLY EAT SNACKS?</u>  1 - In school 2 - At home (Code -9 from SCHSNAK1 to SCHSNAK2) 3 - Elsewhere (Code -9 from SCHSNAK1 to SCHSNAK2) -8 - NR/DK (No response/Don't Know) -9 - NA
C4	19	WHLUNCH	<u>WHERE DOES INDEX CHILD USUALLY EAT LUNCH?</u>  1 - In school 2 - At home (Code -9 in SCHLUNCH) 3 - Elsewhere (Code -9 in SCHLUNCH) -8 - NR/DK (No response/Don't Know)

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C5	20	SCHSNAK1	<u>FOR SNACKS1 EATEN IN SCHOOL, WHERE WAS THE FOOD PREPARED?</u>  1 - Bought in or around school 2 - Brought from home -8 - NR/DK (No response/Don't Know) -9 - NA
C5	21	SCHSNAK2	<u>FOR SNACKS2 EATEN IN SCHOOL, WHERE WAS THE FOOD PREPARED?</u>  (SAME CODES AS SCHSNAK1)
C5	22	SCHLUNCH	<u>FOR LUNCH EATEN IN SCHOOL, WHERE WAS THE FOOD PREPARED:</u>  1 - Bought in or around school 2 - Brought from home -8 - NR/DK (No response/Don't Know) -9 - NA
C6	23	BREAKF1	<u>WHAT DOES INDEX CHILD USUALLY EAT AND DRINK(1) FOR BREAKFAST?</u>  0 - None (Code -9 from BREAKF2 to BREAKF5) 1 - Meats (pork, beef, goat's meat, chicken, eggs) 2 - Fish and crustaceans (cooked, dried, salted, etc.) 3 - bread and other bakery products (rolls, cakes, etc.) 4 - Native snacks/glutinous products 5 - Rice, corn, pospas, champorado 6 - Noodles (mike, canton, bihon, spaghetti, etc.) 7 - Vegetables including seaweeds 8 - Dried beans & nuts (peanuts, mongo, etc.) 9 - Starchy roots and tubers 10 - Fruits 11 - Beverages (juices, coffee, sikwate, tea, softdrink, etc.) 12 - Milk and milk products 13 - Bulgur, oatmeal 14 - Sweets (candies, chocolates) 15 - Snack foods (chips, popcorn) 16 - Frozen products (ice cream, ice candy, ice drop, etc.) -8 - NR/DK (No response/Don't Know) -9 - NA
C6	24	BREAKF2	<u>WHAT DOES INDEX CHILD USUALLY EAT AND DRINK(2) FOR BREAKFAST?</u>  (SAME CODES AS BREAKF1)

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
C6	25	BREAKF3	<u>WHAT DOES INDEX CHILD USUALLY EAT AND DRINK(3) FOR BREAKFAST?</u>  (SAME CODES AS BREAKF1)
C6	26	BREAKF4	<u>WHAT DOES INDEX CHILD USUALLY EAT AND DRINK(4) FOR BREAKFAST?</u>  (SAME CODES AS BREAKF1)
C6	27	BREAKF5	<u>WHAT DOES INDEX CHILD USUALLY EAT AND DRINK(5) FOR BREAKFAST?</u>  (SAME CODES AS BREAKF1)
C7	28	LUNCH1	<u>WHAT DOES INDEX CHILD USUALLY EAT AND DRINK(1) FOR LUNCH?</u>  0 - None (Code -9 from LUNCH2 to LUNCH5) 1 - Meats (pork, beef, goat's meat, chicken, eggs) 2 - Fish and crustaceans (cooked, dried, salted, etc.) 3 - bread and other bakery products (rolls, cakes, etc.) 4 - Native snacks/glutinous products 5 - Rice, corn, pospas, champorado 6 - Noodles (mike, canton, bihon, spaghetti, etc.) 7 - Vegetables including seaweeds 8 - Dried beans & nuts (peanuts, mongo, etc.) 9 - Starchy roots and tubers 10 - Fruits 11 - Beverages (juices, coffee, sikwate, tea, softdrink, etc.) 12 - Milk and milk products 13 - Bulgur, oatmeal 14 - Sweets (candies, chocolates) 15 - Snack foods (chips, popcorn) 16 - Frozen products (ice cream, ice candy, ice drop, etc.) -8 - NR/DK (No response/Don't Know) -9 - NA
C7	29	LUNCH2	<u>WHAT DOES INDEX CHILD USUALLY EAT AND DRINK(2) FOR LUNCH?</u>  (SAME CODES AS LUNCH1)
C7	30	LUNCH3	<u>WHAT DOES INDEX CHILD USUALLY EAT AND DRINK(3) FOR LUNCH?</u>  (SAME CODES AS LUNCH1)

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
C7	31	LUNCH4	<u>WHAT DOES INDEX CHILD USUALLY EAT AND DRINK(4) FOR LUNCH?</u>  (SAME CODES AS LUNCH1)
C7	32	LUNCH5	<u>WHAT DOES INDEX CHILD USUALLY EAT AND DRINK(5) FOR LUNCH?</u>  (SAME CODES AS LUNCH1)
C8	33	SUPPER1	<u>WHAT DOES INDEX CHILD USUALLY EAT AND DRINK(1) FOR SUPPER?</u>  0 - None (Code -9 from SUPPER2 to SUPPER5) 1 - Meats (pork, beef, goat's meat, chicken, eggs) 2 - Fish and crustaceans (cooked, dried, salted, etc.) 3 - bread and other bakery products (rolls, cakes, etc.) 4 - Native snacks/glutinous products 5 - Rice, corn, pospas, champorado 6 - Noodles (mike, canton, bihon, spaghetti, etc.) 7 - Vegetables including seaweeds 8 - Dried beans & nuts (peanuts, mongo, etc.) 9 - Starchy roots and tubers 10 - Fruits 11 - Beverages (juices, coffee, sikwate, tea, softdrink, etc.) 12 - Milk and milk products 13 - Bulgur, oatmeal 14 - Sweets (candies, chocolates) 15 - Snack foods (chips, popcorn) 16 - Frozen products (ice cream, ice candy, ice drop, etc.) -8 - NR/DK (No response/Don't Know) -9 - NA
C8	34	SUPPER2	<u>WHAT DOES INDEX CHILD USUALLY EAT AND DRINK(2) FOR SUPPER?</u>  (SAME CODES AS SUPPER1)
C8	35	SUPPER3	<u>WHAT DOES INDEX CHILD USUALLY EAT AND DRINK(3) FOR SUPPER?</u>  (SAME CODES AS SUPPER1)
C8	36	SUPPER4	<u>WHAT DOES INDEX CHILD USUALLY EAT AND DRINK(4) FOR SUPPER?</u>  (SAME CODES AS SUPPER1)
C8	37	SUPPER5	<u>WHAT DOES INDEX CHILD USUALLY EAT AND DRINK(5)</u>

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
<u>FOR SUPPER?</u>			
(SAME CODES AS SUPPER1)			
C9	38	SNACK1	<u>WHAT DOES INDEX CHILD USUALLY EAT AND DRINK(1) FOR SNACK?</u>  0 - None (Code -9 from SNACK2 to SNACK7) 1 - Meats (pork, beef, goat's meat, chicken, eggs) 2 - Fish and crustaceans (cooked, dried, salted, etc.) 3 - bread and other bakery products (rolls, cakes, etc.) 4 - Native snacks/glutinous products 5 - Rice, corn, pospas, champorado 6 - Noodles (mike, canton, bihon, spaghetti, etc.) 7 - Vegetables including seaweeds 8 - Dried beans & nuts (peanuts, mongo, etc.) 9 - Starchy roots and tubers 10 - Fruits 11 - Beverages (juices, coffee, sikwate, tea, softdrink, etc.) 12 - Milk and milk products 13 - Bulgur, oatmeal 14 - Sweets (candies, chocolates) 15 - Snack foods (chips, popcorn) 16 - Frozen products (ice cream, ice candy, ice drop, etc.) -8 - NR/DK (No response/Don't Know) -9 - NA
C9	39	SNACK2	<u>WHAT DOES INDEX CHILD USUALLY EAT AND DRINK(2) FOR SNACK?</u>  (SAME CODES AS SNACK1)
C9	40	SNACK3	<u>WHAT DOES INDEX CHILD USUALLY EAT AND DRINK(3) FOR SNACK?</u>  (SAME CODES AS SNACK1)
C9	41	SNACK4	<u>WHAT DOES INDEX CHILD USUALLY EAT AND DRINK(4) FOR SNACK?</u>  (SAME CODES AS SNACK1)
C9	42	SNACK5	<u>WHAT DOES INDEX CHILD USUALLY EAT AND DRINK(5) FOR SNACK?</u>  (SAME CODES AS SNACK1)
C9	43	SNACK6	<u>WHAT DOES INDEX CHILD USUALLY EAT AND DRINK(6) FOR SNACK?</u>

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
(SAME CODES AS SNACK1)			
C9	44	SNACK7	<u>WHAT DOES INDEX CHILD USUALLY EAT AND DRINK(7) FOR SNACK?</u>
(SAME CODES AS SNACK1)			
C10	45	VITAMINS	<u>DOES INDEX CHILD REGULARLY TAKE VITAMIN OR MINERAL SUPPLEMENT?</u>
1 - Yes 0 - No (Code -9 from VITAMIN1 to VITAMIN3) -8 - NR/DK (Code -8 from VITAMIN1 to VITAMIN3)			
C11	46	VITAMIN1	<u>KIND OF VITAMIN/MINERAL SUPPLEMENT(1) INDEX CHILD TAKE</u>
1 - Vitamin A, D, E 2 - Vitamin B1 3 - Vitamin B12 4 - Vitamin B complex with C 5 - Vitamin C 6 - Vitamins and Calcium 7 - Multi-vitamins with minerals 8 - Appetite stimulants 9 - Anti-anemics 10 - Others (SPECIFY) -8 - NR/DK (No response/Don't Know) -9 - NA			
C11	47	VITAMIN2	<u>KIND OF VITAMIN/MINERAL SUPPLEMENT(2) INDEX CHILD TAKE</u>
(SAME CODES AS VITAMIN1)			
C11	48	VITAMIN3	<u>KIND OF VITAMIN/MINERAL SUPPLEMENT(3) INDEX CHILD TAKE</u>
(SAME CODES AS VITAMIN1)			
C13	49	DAYFOOD1	<u>DAY OF THE WEEK OF FOOD RECALL 1 (BEFORE CALTRAC IS WORN)</u>
1 - Monday 2 - Tuesday 3 - Wednesday 4 - Thursday 5 - Friday			



QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
			6 - Saturday 7 - Sunday
C24	50	USUALME1	<u>WAS FOOD INDEX CHILD ATE YESTERDAY (BEFORE CALTRAC IS WORN) HIS USUAL FOOD INTAKE?</u>
			0 - No 1 - Yes (Code -9 in NOTUSUA1)
C25	51	NOTUSUA1	<u>WHY WAS FOOD CHILD ATE YESTERDAY (BEFORE CALTRAC IS WORN) NOT USUAL? (VERBATIM)</u>
			1 - I had better food than usual 2 - I had more food than usual 3 - I had better and more food than usual 4 - I had lower quality food than usual 5 - I had less food than usual 6 - I had lower quality and less food than usual -8 - NR/DK (No response/Don't Know) -9 - NA
F2	52	DAYFOOD2	<u>DAY OF THE WEEK OF FOOD RECALL 2 (AFTER CALTRAC IS WORN)</u>
			(SAME CODES AS DAYFOOD1) -5 - NOT ASKED (Those with codes 5, 6 or 7 in ID9)
F13	53	USUALME2	<u>WAS FOOD INDEX CHILD ATE YESTERDAY (AFTER CALTRAC IS WORN) HIS USUAL FOOD INTAKE?</u>
			0 - No 1 - Yes (Code -9 in NOTUSUA2) -5 - NOT ASKED (Those with codes 5, 6 or 7 in ID9)
F14	54	NOTUSUA2	<u>WHY WAS FOOD CHILD ATE YESTERDAY (AFTER CALTRAC IS WORN) NOT USUAL? (VERBATIM)</u>
			1 - I had better food than usual 2 - I had more food than usual 3 - I had better and more food than usual 4 - I had lower quality food than usual 5 - I had less food than usual 6 - I had lower quality and less food than usual -5 - NOT ASKED (Those with codes 5, 6, or 7 in ID9) -8 - NR/DK (No response/Don't Know) -9 - NA
D1	55	WEIGHT	<u>WEIGHT OF INDEX CHILD (IN KILOGRAMS)</u>

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
			: 30 - Thirty kilograms : 50 - Fifty kilograms : -8 - NR/DK (No response/Don't Know) -9 - NA
D2	56	HEIGHT	<u>HEIGHT OF INDEX CHILD (IN CENTIMETERS)</u>  : 100 - One hundred centimeters : 150 - One hundred fifty centimeters : -7 - Child can not stand up -8 - NR/DK (No response/Don't Know) -9 - NA
D3	57	ARMCIRCM	<u>ARM CIRCUMFERENCE OF INDEX CHILD (IN CM)</u>  : 30 - Thirty centimeters : -8 - NR/DK (No response/Don't Know) -9 - NA
D4	58	TRICEP1	<u>1ST MEASUREMENT OF TRICEPS SKINFOLD THICKNESS OF INDEX CHILD</u>  : 20 - Twenty centimeters : -8 - NR/DK (No response/Don't Know)
D4	59	TRICEP2	<u>MEASUREMENT 2 OF TRICEPS SKINFOLD THICKNESS OF INDEX CHILD</u>  (SAME CODES AS TRICEP1)
D4	60	TRICEP3	<u>MEASUREMENT 3 OF TRICEPS SKINFOLD THICKNESS OF INDEX CHILD</u>  (SAME CODES AS TRICEP1)
D5	61	SUBSCAP1	<u>MEASUREMENT 1 OF SUBSCAPULAR SKINFOLD THICKNESS OF INDEX CHILD</u>  :

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
			20 - Twenty centimeters : -8 - NR/DK (No response/Don't Know)
D5	62	SUBSCAP2	<u>MEASUREMENT 2 OF SUBSCAPULAR SKINFOLD THICKNESS OF INDEX CHILD</u>  (SAME CODES AS SUBSCAP1)
D5	63	SUBSCAP3	<u>MEASUREMENT 3 OF SUBSCAPULAR SKINFOLD THICKNESS OF INDEX CHILD</u>  (SAME CODES AS SUBSCAP1)
D6	64	WAIST	<u>WAIST CIRCUMFERENCE (IN CM)</u>  : 50 - Fifty centimeters : -8 - NR/DK (No response/Don't Know)
D7	65	HIP	<u>HIP CIRCUMFERENCE (IN CM)</u>  : 70 - Seventy centimeters : -8 - NR/DK (No response/Don't Know)
D8	66	BPSYST1	<u>BLOOD PRESSURE READING (SYSTOLIC) 1</u>  80 - Eighty millimeters of Hg : 200 - Two hundred millimeters of Hg :
D8	67	BPDIAS1	<u>BLOOD PRESSURE READING (DIASTOLIC) 1</u>  60 - Sixty millimeters of Hg : 140 - One hundred forty millimeters of Hg
D8	68	BPSYST2	<u>BLOOD PRESSURE READING (SYSTOLIC) 2</u>  80 - Eighty millimeters of Hg : 200 - Two hundred millimeters of Hg :
D8	69	BPDIAS2	<u>BLOOD PRESSURE READING (DIASTOLIC) 2</u>

QUESTION NUMBER	VAR. NO.	VARIABLE NAME	VARIABLE DESCRIPTION/CODE
			60 - Sixty millimeters of Hg : 140 - One hundred forty millimeters of Hg
D8	70	BPSYST3	<u>BLOOD PRESSURE READING (SYSTOLIC) 3</u>  80 - Eighty millimeters of Hg : 200 - Two hundred millimeters of Hg :
D8	71	BPDIAS3	<u>BLOOD PRESSURE READING (DIASTOLIC) 3</u>  60 - Sixty millimeters of Hg : 140 - One hundred forty millimeters of Hg
		UNCMOMID	<u>1998 MOTHER/CARETAKER ID NUMBER</u>  (SEE 1998 CLHNS FOLLOW-UP STUDY DOCUMENTATION)
		TWINS	<u>TWIN FLAG (created variable)</u>  0 – Index child (Single birth) 1 – Index child (Multiple birth)