



DID YOU KNOW?

You can use Microsoft Teams to arrange for online virtual meetings and also join our Virtual Digital Clinic sessions from the comfort of your home!

STEP 1A Install the Microsoft Teams app on your mobile phone

Go to the Apple App

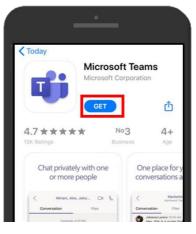
Store or Android

Play Store to

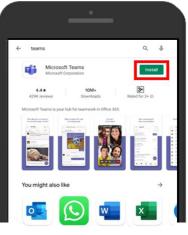
download the Microsoft

Teams app and launch

the application.



1. For iOS users, tap on 'Get' to download the app.



2. For Android users, tap on 'Install' to download the app.

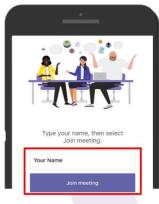
STEP 1B Join with a mobile phone

Click on the invitation link 'Join Teams Meeting'.

Note: You will receive a confirmation email after you have registered for the Virtual Digital Clinic.



1. Select the option 'Join as a guest'.



2. Enter your name and tap on 'Join meeting'.



3. Tap 'Start Video' and 'Unmute' icons to start the video call. Tap '...' and select 'Raise hand' to raise any questions.







1. Open the Microsoft Teams invitation link you received.

Enter your name and click 'Join now' to enter the meeting.



2. Click on the and icons to turn on video call and microphone.

You can click on the | icon to raise a 'virtual hand' if you have any questions.



Cyber security tips (Credit: Content provided by the Cyber Security Agency of Singapore)

- Clear browser's cache and internet history after each session.
- Download apps only from official or reliable sources.
- Remember to update your software regularly to protect your devices against malware.



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