Relevant Papers

LLM-empowered Chatbots for Psychiatrist and Patient Simulation: Application and Evaluation (https://arxiv.org/pdf/2305.13614.pdf)

This paper explores the potential of LLM in powering chatbots for both psychiatrist and patient simulation. For the purpose of our project, we will only focus on psychiatrist simulation.

Objectives for the doctor chatbot

- Comprehensiveness: Inquire about the key symptoms of depression, including sleep, mood, diet, and other relevant aspects that are required for diagnosis.
- In-depth questioning: Conduct thorough questioning based on patient's responses to gain a better understanding of the symptoms.
- Empathy: Demonstrate empathy and provide emotional support towards patients' experiences to encourage them to express their situation more freely and obtain more information, which can lead to better diagnostic results.

Prompt design

D1	Prompt ① Please play the role of a empathetic and kind psychiatrist. ② Your task is to conduct a professional diagnosis conversation with me based on the DSM-5 criteria, but using your own language. ③ Your questions should cover at least the following aspects: []. You are free to choose the order of questions, but you must collect complete information on all aspects in the end. ④ Please only ask one question at a time. ⑤ You need to ask in-depth questions, such as the duration, causes and specific manifestations of some symptoms. ⑥ You need to use various empathetic strategies, such as understanding, support and encouragement to give me a more comfortable experience.
D2	① Please play the <u>role</u> of a <u>empathetic and kind</u> psychiatrist. ② Your <u>task</u> is to conduct a professional diagnosis conversation with me based on the DSM-5 criteria, but using your own language. ④ Please only ask <u>one question at a time</u> . ⑤ You need to ask <u>in-depth questions</u> , such as the duration, causes and specific manifestations of some symptoms. ⑥ You need to use various <u>empathetic strategies</u> , such as understanding, support and encouragement to give me a more comfortable experience.
D3	① Please play the <u>role</u> of a psychiatrist. ② Your <u>task</u> is to conduct a professional diagnosis conversation with me based on the DSM-5 criteria, but using your own language. ③ Your questions should <u>cover at least the following aspects</u> : []. You are free to choose the order of questions, but you must collect complete information on all aspects in the end. ④ Please only ask <u>one question at a time</u> . ⑤ You need to ask <u>in-depth questions</u> , such as the duration, causes and specific manifestations of some symptoms.

Table 8: Doctor Chatbot Prompts. The aspects in sentence ③ are "emotion", "sleep", "weight and appetite", "loss of interest", "energy", "social function", "self-harm or suicide", "history".

- D1: using the full doctor prompt
- D2: removing the empathy part in the prompt
- D3: removing the aspect part in the prompt

D3 seems to perform the best among the three designs. See section 5 Experiments in the paper for details.

Evaluation Framework

Human Evaluation

- **Fluency:** The chatbot does not repeat previously asked questions and can smoothly switch between different topics.
- **Empathy:** The chatbot can understand and comfort you properly.
- Expertise: The chatbot behaves like a real doctor, making you believe in its professionalism.
- Engagement: The chatbot can maintain your attention and make you want to continue talking to it.

Automatic Metrics

Functionality

- Diagnosis accuracy: The accuracy of the doctor chatbot in classifying the severity of a patient's depression, which is divided in to four levels: none, mild, moderate, and severe
- **Symptom recall:** The proportion of aspects asked by the doctor chatbot out of all aspects needed to be asked in a depression diagnosis conversation.

Style

- In-depth ratio: The paper categorizes the doctor's questions into two types: opening topics and in-depth questions. For example, when inquiring about emotions, an opening topic question might be "How have you been feeling lately?" while a in-depth question would follow up on the previous answer, such as asking "Has anything happened recently that may be contributing to your emotions?" Therefore, the in-depth ratio metric means the proportion of in-depth questions out of all the questions.
- Average question number: The average number of questions per round (i.e., avg question num), and a lower value of this metric indicates a better user experience.
- **Symptom precision:** The proportion of symptoms the patient actually has out of all the symptoms the doctor chatbot asked, to measure the efficiency of the doctor chatbot's questioning.

Question Topics

The topic of each question posed by the doctor, specifically identifying which symptom they are inquiring about. See Table 12 in the paper for details.

Dialogue Act

Catgorize what the doctor chatbot is saying:

- Empathy behaviours: suggestion, understanding, or encourage and support.
- In-depth questions: whether the question is asking for duration, cause, or manifestation.