

offered. All or some of them, it is hoped, will be acted upon as soon as possible:—

(1) Associations and local authorities should confer and, if thought desirable, set up joint committees to see the business through.

(2) Associations should take stock of any vacant land which they may have and prospect for other suitable sites.

(3) Members of associations should be encouraged to "button-hole" their neighbours and friends and induce them to take allotments.

(4) Associations and/or joint committees should select suitable persons to canvass the whole of their districts and arrange for the delivery and collection of application forms for allotments.

(5) A panel of voluntary helpers should be appointed who would be available to advise and encourage newcomers.

(6) Associations should work in the closest co-operation with county instructors and horticultural committees.

These are some of the ways in which the spade can be used to trump Hitler's tricks!

GROWING OUR OWN FOOD IN WARTIME

By B. W. LEWIS, F.R.H.S.

It's up to all of us!—During this time of national emergency everyone who can possibly manage it will desire, for their own sakes and for the good of all, to "do their bit" by growing vegetables.

We all want good health—and we all need suitable food; we can, it is suggested, obtain both by means of cultivating our own natural foodstuffs—so let's get busy!

From an ordinary sized allotment of 300 square yards some kind of vegetable can be obtained practically the whole year round.

These practical notes, being primarily intended to help new gardeners in "digging themselves in," will be set out in plain, non-technical language, so as to be readily understood. "A stitch in time saves nine," and a little friendly guidance now may be the means of obviating disappointment later on.

Turning-in Grass Land.—As much grass land will probably be given over to allotments soon it may be well to consider the best way of dealing with it. We will presume the plot to be of the usual size, viz., 30 yards by 10 yards, and that it should be double-dug—which is advisable. First, divide the plot into equal halves, lengthways, with a line, making a small drill, say 2 ins. by 2 ins., along the whole length of the line. The line is then taken up and each of the two halves (A and B) is to be treated as separate pieces of ground and dug separately as follows:—Take off two spits wide (one spit deep, including turf) at A and place just outside B—which actually means throwing it a little on one side to the place where the digging of the other half (B) will be completed. Then skim off the turf from

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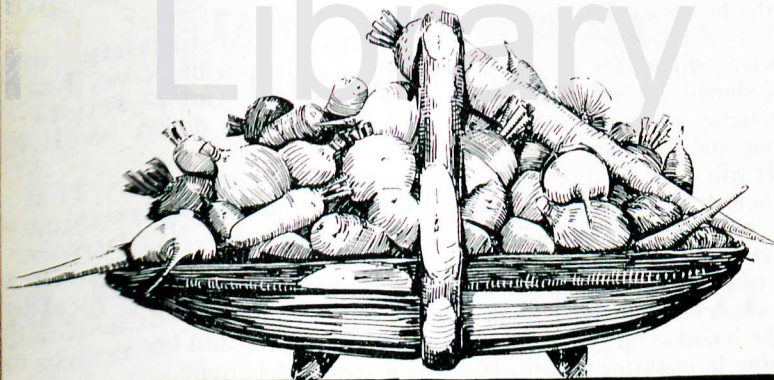
arranged by experts to suit Allotment Holders.

Secretaries are invited to write for particulars of this

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and for copies of our Bulletin No. 1 for distribution to their members, showing the work to be done in gardens and allotments before Christmas.

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