

EARTHSAVERS

Principles? No sweat!

DEODORANTS are an area in which you can make a positive move towards eliminating the use of CFC gases. By next year many manufacturers will have switched to aerosols using non-CFC propellants, or to pump-action sprays. Pump-action sprays are more desirable: they pump nothing but the product into the atmosphere.

Gillette's Right Guard (200 ml £1.45), Sainsbury's Family Anti-perspirant (250 ml 75p), Beecham's Body Mist (150 ml £1.19) and Body Check (150 ml £1.09), Boots' Camellia or Rose Anti-perspirant (150 ml 88p) and Pump-Action Anti-Perspirant (100 ml £1.29) all claim to be 'ozone-friendly' and haven't used animal testing for at least five years.

Though prices seem higher than aerosols, you get more actual product (as against gas) for your money. Cosmetics To Go do a 'non-sticky, non-smelly, non-blocking, non-aerosol, no nonsense deodorant' in stick form (70 ml £2.25) which I found rather soapy and over-scented — but they're a bright company with lots of nice products: by mail order from 29 High Street, Poole, Dorset BH15 1AB (0800 373366).

Weleda's original deodorant would make a great alternative to Vick. Thankfully their new Citrus pump-action deodorant (110 ml £3.20) is fresh and lemony, and though it comes out in a wet jet, it



dries quickly. Buy from health-food shops or by mail order from Heanor Road, Ilkeston, Derbyshire DE7 8DR (0602 309319).

The two nicest deodorants, both roll-on, both cool and lightly herbal-scented, are those made by Body Shop (50 ml £1.85) and Secret Garden (50 ml £3), from 153 Regent Street, London W1R 8HQ (01-836 9843, shop and mail order) and King's Road, SW3, Kingston-upon-Thames and Bath.

A far cheaper non-smelly, non-sticky, alternative suggested by Karen Christensen in her excellent Green life guide, *Home Ecology* (Arlington Books, £4.95): bicarbonate of soda, patted on to damp skin with cotton wool.

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