

X marks the spot where glamour failed

It's no trouble to keep your clothes looking neat and fresh. The secret is: don't wait until they get really dirty before cleaning them. The back of the collar, elbows, cuffs, and waist front get soiled first and let you down.

Moisten a clean cloth with a little Thawpit and go over these places thoroughly. Examine garments for any other soiled places, or grease marks, and remove them. Always remember, clean clothes last longest!

Thawpit is easy to use. Just follow the directions on the bottle. It doesn't harm delicate fabrics or change colours, and it leaves no odour. It's safe to use anywhere, because it can't catch fire.

LEAVES NO ODOUR CAN'T CATCH FIRE PRICE 1/-



then it's gone! Rapidly—and surely—"ANADIN"
masters pain! It gives lasting relied,
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is widely used in Government faotories. Headaches, unuscular aches
and "twinges" and colds are soon
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Geing to priority calls your local chemist
any occasionably temporarity out of stock.
Further supplies will, however, be made
mailable to him to the juliest possible extent.

1/5 & 2/10 (Inc. Tax).

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PAIN



essed by backache, lumbago, natic pains or urinary disorders.

THESE TROUBLES often arise if the action of your kidneys becomes sluggish—when nature's filters allow excess uric acid ad other impurities to remain in the blood.

Let Doan's Backache Kidney Pills help to kanse and stimulate your kidneys and so mable you to become your happy, healthy tif again.

"I wish I had taken Doan's Pills earlier,"
"Now I keep free from rheumatic pains and
many disorders," "My back does not
other me," are typical of thousands of
littements made by grateful users.

Temporarily, supplies of Doan's, the pixial kidney medicine, are limited, but it is worth taking extra trouble to obtain such dependable remedy.

does shopping tire you?

You have to queue at nearly don't you? ... but now, moy you want to keep fighting fights of how with a little 'Limestone' Phosphate init. You will be amazed how different you feel that flushes out food waste, tones up the system and gives you that will be amazed how different you feel that the system and gives you that will allow the system and gives you that will be an give. Buy a bottle of 'Limestone' Phosphate today (price 2) and and make wartime shopping a pleasure instead of a burden.

Keep Cheerful!



SPORTS TALK

After putting in only one practice round, he was due to play at \$1. Andrew's to-day in the £1.500 "Daily Mail" tournament, and local goifers are looking forward to another sound performance on h s part sound performance on h s part looking forward to another sound performance on h s part with the first property of the best known local instructors. David Bosworth, has been carrying on the good work during the war years as a sergeant p.t. instructor with the R.A.F. now stationed in Egypt.

Before he joined up in 1940, Sergt. Bosworth was p.t. instructor and sports coach at Rosebank High School, and held similar positions with the Boys' Welfare Club and at evening classes organized by the Education Committee. In a letter home he says he has always found a good response from airmen and W.A.A.F. personnel to physical training and sport, and he hopes to "return home soon and resume where I lett."

INJURIES SCHEME

Jim Price, left-half of Blackhall's Church League s'de, suffered a broken leg in the game with South Durhani. It was the result of a pure accident, with no bame attached to anyone. Ironically enough the Blackhall officials and players met just before the match to consider inaugurating a scheme for the benefit of players who might suffer injury. It was also their

MEMBERS of Hartlepool intention to join the D.F.A. Golf Club are following with keen interest the good progress of their professional. S. S. Scott, in the big tournaments of the day.

A member of the R.A.F. The league itself has also such a scheme in mind, and a comportunities for practice during the past five years, yet he put up a really good performance at Fulwell last week, finishing only two strokes behind Henry Cotton.

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PT. TUTOR IN EGYPT

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6-30 The Wobbleton Wheelers. To National Savings Thanksgiving Than

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CLUB

Rink Competition, Priday, 2-30
pm. Rinks: Mrs Nossiter, Mrs Hugill, Mrs Craggs (s); Mrs Watson, Miss Gale, Mrs Hanson (s): Mrs Dufour, Mrs Crisp, Mrs D Parker (s): Mrs Hall, Mrs Wright, Mrs Adwick (s): Mrs Tate, Mrs Nunn, Mrs Waistell (s): Mrs Lambert, Mrs Jenkins, Mrs Lumley (s):—H wet, September 2'th, H September 2'th, LaGUE

	Stranton Moor	
0.7	H Cheatle J Nicholson	
	J Green M Briggs	
	E Pickering J Pringle	
28	G Wood C COOKE	13
	A Swales A Green	
	T Marshall J Pearson	
	G Dennis W Cook	-
24	G Pearson W Green	18
	A Parker W Sainty	
Ų.	R Nelson J Rudd	
i i	A Horridge W Jones	0.00
16	H Burnicle C Huntley	15
	J Pounder R Cambridge	
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Q.,	T Dunning R Spence	
14	J Hetherington T Walker	2

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Lost that nervous depression

"The nature of my work involves long hours and mental effort, but thanks to Phosferine Tablets I am able to keep fit and carry on. Prior to taking the tablets I was on the verge of a break-down, my nerves were giving way...I decided to give Phosferine Tablets a trial. To my amazement after about ten days I was losing that nervous depression, and found myself beginning to take my food better. I was also able to concentrate and put good was also able to concentrate and put good energy into my task, without feeling tired or done up." (Signed) F.S., Gloucester. (Signed) F.S., Gloucester.

People who have to do arduous and exacting work cannot afford to neglect warning signals of overstrain. If you tire easily, suffer from sleeplessness, or lost appetite, then Phosferine is surely indicated.



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