

Personality

Variable Names in Data File:

For raw items: TX_BFI_2_XS_XXX

For composites: TX_BFI_extraversion, TX_BFI_conscientious, TX_BFI_agreeable, TX_BFI_open, TX_BFI_neurotic

Where X=timepoint measured and XXX= item in parenthesis beside raw item below

Timepoints measured: T1C, T6, T12, T13

How Variable Is Coded: 0 = Disagree strongly, 1 = Disagree a little, 2 = Neutral; no opinion, 3 = Agree a little, 4 = Agree strongly

Raw Items:

Extraversion

1. Tends to be quiet. (extravert1)
2. Is dominant, acts as a leader. (extravert2)
3. Is full of energy. (extravert3)

Agreeableness

1. Is compassionate, has a soft heart. (agreeable1)
2. Is sometimes rude to others. (agreeable2)
3. Assumes the best about people. (agreeable3)

Conscientiousness

1. Tends to be disorganized. (conscientious1)
2. Has difficulty getting started on tasks. (conscientious2)
3. Is reliable, can always be counted on. (conscientious3)

Neuroticism

1. Worries a lot. (neurotic1)
2. Tends to feel depressed, blue. (neurotic2)
3. Is emotionally stable, not easily upset. (neurotic3)

Openness

1. Is fascinated by art, music, or literature. (open1)
2. Has little interest in abstract ideas. (open2)
3. Is original, comes up with new ideas. (open3)

Life Satisfaction

Variable Names in Data File:

For raw items: TX_SWL_XXX

For composite: TX_SWL_Mean

Where X=timepoint measured and XXX= number in parenthesis beside raw item below

Timepoints Measured: T1, T2, T3, T4, T5, T6, T7, T8, T9, T10, T11, T12, T13

How Variable Is Coded: 0 (not at all), 1, 2, 3 (Moderately), 4, 5, 6 (Extremely)

Raw Items:

1. In most ways my life is close to my ideal. (1)

2. The conditions of my life are excellent. (2)
3. I am satisfied with my life. (3)
4. So far I have gotten the important things I want in life. (4)
5. If I could live my life over, I would change almost nothing (5)

Meaning In Life

Variable Names in Data File

For raw items: TX_PWB_XXX

For composite: TX_PWB_Mean

Where X=timepoint measured and XXX= item in parenthesis beside raw item below

Timepoints Measured: T1, T2, T3, T4, T5, T6, T7, T8, T9, T10, T11, T12, T13

How Variable Is Coded: 0 (not at all), 1, 2, 3 (Moderately), 4, 5, 6 (Extremely)

Raw Items:

1. I feel a clear sense of purpose in my life (ClearPurpose)
2. I have a good sense of what makes my life meaningful (Meaningful)
3. My life has no clear purpose (NoPurpose)

Anxiety

Variable Names in Data File:

For raw items: TX_HADS_XXX

For composite: TX_Anxiety_Sum

Where X=timepoint measured and XXX= item in parenthesis beside raw item below

Timepoints Measured: T1, T2, T3, T4, T5, T6, T7, T8, T9, T10, T11, T12, T13

How Variable Is Coded: 0, 1, 2, 3; higher scores=stronger symptoms; note Individual response anchors vary by item.

Raw Items:

1. I feel tense or 'wound up' (1)
 1. 0 = not at all
 2. 1 = from time to time, occasionally
 3. 2 = a lot of the time
 4. 3 = most of the time
2. I get a sort of frightened feeling as if something awful is about to happen (2)
 - a. 0= Not at all
 - b. 1= A little, but it doesn't worry me
 - c. 2= Yes, but not too badly
 - d. 3= Very definitely and quite badly
3. Worrying thoughts go through my mind (3)
 - a. 0= Only occasionally
 - b. 1= From time to time, but not too often

- c. 2= A lot of the time
 - d. 3= A great deal of the time
- 4. I can sit at ease and feel relaxed (4)
 - a. 0= Definitely
 - b. 1= Usually
 - c. 2= Not often
 - d. 3= Not at all
- 5. I get a sort of frightened feeling like ‘butterflies’ in the stomach (5)
 - a. 0= Not at all
 - b. 1= Occasionally
 - c. 2= Quite often
 - d. 3= Very often
- 6. I feel restless as I have to be on the move (6)
 - a. 0= Not at all
 - b. 1= Not very much
 - c. 2= Quite a lot
 - d. 3= Very much indeed
- 7. I get sudden feelings of panic (7)
 - a. 0= Not at all
 - b. 1= Not very often
 - c. 2= Quite Often
 - d. 3= Very often indeed

Depression

Variable Names in Data File:

For raw items: TX_CES_D_XXX

For composite: TX_Depression_Sum

Where X=timepoint measured and XXX= item in beside raw item below

Timepoints Measured: T1, T2, T3, T4, T5, T6, T7, T8, T9, T10, T11, T12, T13

How Variable Is Coded: 0 (Rarely or none of the time), 1 (Some or little of the time), 2 (Occasionally or a moderate amount of time), 3 (Most or all of the time)

Raw Items:

1. I was bothered by things that usually don't bother me. (1)
2. I had trouble keeping my mind on what I was doing. (2)
3. I felt depressed. (3)
4. I felt that everything I did was an effort. (4)
5. I felt hopeful about the future. (5)
6. I felt fearful. (6)
7. My sleep was restless. (7)
8. I was happy. (8)
9. I felt lonely. (9)
10. I could not "get going." (10)

Physical Health

Variable Names in Data File:

For raw items: TX_PhysicalHealth_XXX

For composites:

TX_PhysicalHealth_Symptoms_Sum [sum of items 1-10; higher scores = worse health]

TX_PhysicalHealth_11item_Symptoms_Sum [sum of items 1-11; higher scores = worse health]

TX_PhysicalHealth_Sum [sum of items 1-10; higher scores = better health]

TX_PhysicalHealth_11item_Sum [sum of items 1-11; higher scores = better health]

Where X=timepoint measured and XXX= item in beside raw item below

Timepoints Measured: T1 (did not include item 11), T2, T3, T4, T5, T6, T7, T8, T9, T10, T11, T12, T13

How Variable Is Coded: 0 (Not at all), 1 (Rarely), 2 (Once in a while), 3 (Some of the time), 4 (Fairly often), 5 (Often all of the time)

Raw Items:

1. How often have you had difficulty getting to sleep at night? (1)
2. How often have you woken up during the night? (2)
3. How often have you felt feverish? (3)
4. How often has your sleep been peaceful and undisturbed? (4)
5. How often have you experienced headaches? (5)
6. How often have you experienced nasal congestion? (6)
7. How often have you suffered from any stomach or digestion problems (i.e., indigestion, stomach upsets, nausea, constipation, diarrhea)? (7)
8. How often have you felt short of breath or had difficulty breathing? (8)
9. How often have you felt fatigued or tired? (9)
10. How often have you experienced any physical pain? (10)
11. How often have you been coughing? (11)