Proof. By Definition 7.1, $f_n \to f$ pointwise on E if and only if $f_n(x) \to f(x)$ for all $x \in E$. This occurs, by Definition 2.1, if and only if for every $\varepsilon > 0$ and $x \in E$ there is an $N \in \mathbb{N}$ such that $n \ge N$ implies $|f_n(x) - f(x)| < \varepsilon$.

07.03a

Proof. Let $f_n(x) = x^n$ and set

$$f(x) = \begin{cases} 0 & 0 \le x < 1 \\ 1 & x = 1. \end{cases}$$

07.03b

Then $f_n \to f$ pointwise on [0, 1] (see Example 2.20), each f_n is continuous and differentiable on [0, 1], but f is neither differentiable nor continuous at x = 1.

07.04

Proof. Set

$$f_n(x) = \begin{cases} 1 & x = p/m \in \mathbf{Q}, \text{ written in reduced form, where } m \le n \\ 0 & \text{otherwise,} \end{cases}$$

for $n \in \mathbb{N}$ and

$$f(x) = \begin{cases} 1 & x \in \mathbf{Q} \\ 0 & \text{otherwise.} \end{cases}$$

Then $f_n \to f$ pointwise on [0, 1], each f_n is integrable on [0, 1] (with integral zero), but f is not integrable on [0, 1] (see Example 5.11).

07.05

Proof. Let $f_n(x) = x^n/n$ and set f(x) = 0. Then $f_n \to f$ pointwise on [0, 1], each f_n is differentiable with $f'_n(x) = x^{n-1}$. Thus the left side of (1) is 1 at x = 1 but the right side of (1) is zero.

07.06

Proof. Let $f_1(x) = 1$ and, for n > 1, let f_n be a sequence of functions whose graphs are triangles with bases 2/n and altitudes n (see Figure 7.1). By the point-slope form, formulas for these f_n 's can be given by

$$f_n(x) = \begin{cases} n^2 x & 0 \le x < 1/n \\ 2n - n^2 x & 1/n \le x < 2/n \\ 0 & 2/n \le x \le 1. \end{cases}$$

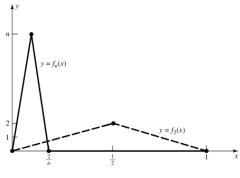


FIGURE 7.1

Then $f_n \to 0$ pointwise on [0, 1] and, since the area of a triangle is one-half base times altitude, $\int_0^1 f_n(x) dx = 1$ for all $n \in \mathbb{N}$. Thus, the left side of (2) is 1 but the right side is zero.

07.09

Proof. Let $\varepsilon > 0$ and choose $N \in \mathbb{N}$ such that

$$n \ge N$$
 and $x \in E$ imply $|f_n(x) - f(x)| < \frac{\varepsilon}{2}$.

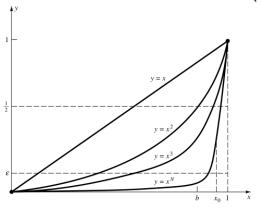


FIGURE 7.3

Since f_N is continuous at $x_0 \in E$, choose $\delta > 0$ such that

$$|x - x_0| < \delta$$
 and $x \in E$ imply $|f_N(x) - f_N(x_0)| < \frac{\varepsilon}{3}$.

Suppose that $|x - x_0| < \delta$ and that $x \in E$. Then

$$|f(x) - f(x_0)| \le |f(x) - f_N(x)| + |f_N(x) - f_N(x_0)| + |f_N(x_0) - f(x_0)| < \varepsilon.$$

Thus f is continuous at $x_0 \in E$.

07.10

Proof. By Exercise 7.1.3, f is bounded on [a,b]. To prove that f is integrable, let $\varepsilon>0$ and choose $N\in {\bf N}$ such that

$$n \ge N$$
 implies $|f(x) - f_n(x)| < \frac{\varepsilon}{3(b-a)}$

for all $x \in [a, b]$. Using this inequality for n = N, we see that by the definition of upper and lower sums,

$$U(f - f_N, P) \le \frac{\varepsilon}{3}$$
 and $L(f - f_N, P) \ge -\frac{\varepsilon}{3}$

for any partition P of [a, b]. Since f_N is integrable, choose a partition P such that

$$U(f_N, P) - L(f_N, P) < \frac{\varepsilon}{3}.$$

It follows that

$$\begin{split} U(f,P) - L(f,P) &\leq U(f-f_N,P) + U(f_N,P) - L(f_N,P) - L(f-f_N,P) \\ &< \frac{\varepsilon}{3} + \frac{\varepsilon}{3} + \frac{\varepsilon}{3} = \varepsilon; \end{split}$$

that is, f is integrable on [a, b]. We conclude by Theorem 5.22 and (3) that

$$\left| \int_a^x f_n(t) \ dt - \int_a^x f(t) \ dt \right| \le \int_a^x \left| f_n(t) - f(t) \right| \ dt \le \frac{\varepsilon(x-a)}{3(b-a)} < \varepsilon$$

for all $x \in [a, b]$ and $n \ge N$.

07.11

Proof. Suppose first that $f_n \to f$ uniformly on E as $n \to \infty$. Let $\varepsilon > 0$ and choose $N \in \mathbb{N}$ such that

$$n \ge N$$
 implies $|f_n(x) - f(x)| < \frac{\varepsilon}{2}$

for $x \in E$. Since $|f_n(x) - f_m(x)| \le |f_n(x) - f(x)| + |f(x) - f_m(x)|$, it is clear that (4) holds for all $x \in E$.

Conversely, if (4) holds for $x \in E$, then $\{f_n(x)\}_{n \in \mathbb{N}}$ is Cauchy for each $x \in E$. Hence, by Cauchy's Theorem for sequences (Theorem 2.29),

$$f(x) := \lim_{n \to \infty} f_n(x)$$

exists for each $x \in E$. Take the limit of the second inequality in (4) as $m \to \infty$. We obtain $|f_n(x) - f(x)| \le \varepsilon/2 < \varepsilon$ for all $n \ge N$ and $x \in E$. Hence, by definition, $f_n \to f$ uniformly on E.

07.12

Proof. Fix $c \in (a, b)$ and define

$$g_n(x) = \begin{cases} \frac{f_n(x) - f_n(c)}{x - c} & x \neq c\\ f'_n(c) & x = c \end{cases}$$

for $n \in \mathbb{N}$. Clearly,

$$f_n(x) = f_n(c) + (x - c)g_n(x)$$
 (5)

for $n \in \mathbb{N}$ and $x \in (a, b)$.

We claim that for any $c \in (a, b)$, the sequence g_n converges uniformly on (a, b). Let $\varepsilon > 0$, $n, m \in \mathbb{N}$, and $x \in (a, b)$ with $x \neq c$. By the Mean Value Theorem, there is a ξ between x and c such that

$$g_n(x) - g_m(x) = \frac{f_n(x) - f_m(x) - (f_n(c) - f_m(c))}{x - c} = f'_n(\xi) - f'_m(\xi).$$

Since f'_n converges uniformly on (a, b), it follows that there is an $N \in \mathbb{N}$ such that

$$n, m \ge N$$
 implies $|g_n(x) - g_m(x)| < \varepsilon$

for $x \in (a,b)$ with $x \neq c$. This implication also holds for x=c because $g_n(c)=f_n'(c)$ for all $n \in \mathbb{N}$. This proves the claim.

To show that f_n converges uniformly on (a, b), notice that by the claim, g_n converges uniformly as $n \to \infty$ and (5) holds for $c = x_0$. Since $f_n(x_0)$

converges as $n \to \infty$ by hypothesis, it follows from (5) and $b - a < \infty$ that f_n converges uniformly on (a, b) as $n \to \infty$.

Fix $c \in (a, b)$. Define f, g on (a, b) by $f(x) := \lim_{n \to \infty} f_n(x)$ and $g(x) := \lim_{n \to \infty} g_n(x)$. We need to show that

$$f'(c) = \lim_{n \to \infty} f'_n(c). \tag{6}$$

Since each g_n is continuous at c, the claim implies g is continuous at c. Since $g_n(c) = f'_n(c)$, it follows that the right side of (6) can be written as

$$\lim_{n \to \infty} f'_n(c) = \lim_{n \to \infty} g_n(c) = g(c) = \lim_{n \to \infty} g(x).$$

On the other hand, if $x \neq c$ we have by definition that

$$\frac{f(x) - f(c)}{x - c} = \lim_{n \to \infty} \frac{f_n(x) - f_n(c)}{x - c} = \lim_{n \to \infty} g_n(x) = g(x).$$

Therefore, the left side of (6) also reduces to

$$f'(c) = \lim_{x \to c} \frac{f(x) - f(c)}{x - c} = \lim_{x \to c} g(x).$$

This verifies (6), and the proof of the theorem is complete.

Proof. Let $\varepsilon > 0$ and use the Cauchy Criterion to choose $N \in \mathbb{N}$ such that $m \ge n \ge N$ implies $\sum_{k=n}^{m} M_k < \varepsilon$. Thus, by hypothesis,

$$\left| \sum_{k=n}^{m} f_k(x) \right| \le \sum_{k=n}^{m} |f_k(x)| \le \sum_{k=n}^{m} M_k < \varepsilon$$

for $m \ge n \ge N$ and $x \in E$. Hence, the partial sums of $\sum_{k=1}^{\infty} f_k$ are uniformly Cauchy and the partial sums of $\sum_{k=1}^{\infty} |f_k(x)|$ are Cauchy for each $x \in E$.

10.09

Proof. Let $B_r(a)$ be an open ball. By definition, we must prove that given $x \in B_r(a)$ there is an $\varepsilon > 0$ such that $B_{\varepsilon}(x) \subseteq B_r(a)$. Let $x \in B_r(a)$ and set $\varepsilon = r - \rho(x, a)$. (Look at Figure 8.5 to see why this choice of ε should work.) If $y \in B_{\varepsilon}(x)$, then by the Triangle Inequality, assumption, and the choice of ε ,

$$\rho(y, a) \le \rho(y, x) + \rho(x, a) < \varepsilon + \rho(x, a) = r.$$

Thus, by Definition 10.7, $y \in B_r(a)$. In particular, $B_{\varepsilon}(x) \subseteq B_r(a)$. Similarly, we can show that $\{x \in X : \rho(x, a) > r\}$ is also open. Hence, every closed ball is closed.

10.10

Proof. By Definition 10.8, it suffices to prove that the complement of every *singleton* $E := \{a\}$ is open. Let $x \in E^c$ and set $\varepsilon = \rho(x, a)$. Then, by Definition 10.7, $a \notin B_{\varepsilon}(x)$, so $B_{\varepsilon}(x) \subseteq E^c$. Therefore, E^c is open by Definition 10.8.

10.11

Proof. Since $X = \emptyset^c$ and $\emptyset = X^c$, it suffices by Definition 10.8 to prove that \emptyset and X are both open. Because the empty set contains no points, "every" point $x \in \emptyset$ satisfies $B_{\varepsilon}(x) \subseteq \emptyset$. (This is called the *vacuous implication*.) Therefore, \emptyset is open. On the other hand, since $B_{\varepsilon}(x) \subseteq X$ for all $x \in X$ and all $\varepsilon > 0$, it is clear that X is open.

10.15

Proof. Suppose that $x_n \to a$, and let V be an open set which contains a. By Definition 10.8, there is an $\varepsilon > 0$ such that $B_{\varepsilon}(a) \subseteq V$. Given this ε , use Definition 10.13 to choose an $N \in \mathbb{N}$ such that $n \ge N$ implies $x_n \in B_{\varepsilon}(a)$. By the choice of ε , $x_n \in V$ for all n > N.

Conversely, let $\varepsilon > 0$ and set $V = B_{\varepsilon}(a)$. Then V is an open set which contains a; hence, by hypothesis, there is an $N \in \mathbb{N}$ such that $n \ge N$ implies $x_n \in V$. In particular, $\rho(x_n, a) < \varepsilon$ for all $n \ge N$.

10.16

Proof. The theorem is vacuously satisfied if E is the empty set.

Suppose that $E \neq \emptyset$ is closed but some sequence $x_n \in E$ converges to a point $x \in E^c$. Since E is closed, E^c is open. Thus, by Remark 10.15, there is an $N \in \mathbb{N}$ such that $n \geq N$ implies $x_n \in E^c$, a contradiction.

Conversely, suppose that E is a nonempty set such that every convergent sequence in E has its limit in E. If E is not closed, then, by Remark 10.11, $E \neq X$, and, by definition, E^c is nonempty and not open. Thus, there is at least one point $x \in E^c$ such that no ball $B_r(x)$ is contained in E^c . Let $x_k \in B_{1/k}(x) \cap E$ for $k = 1, 2, \ldots$ Then $x_k \in E$ and $\rho(x_k, x) < 1/k$ for all $k \in \mathbb{N}$. Now $1/k \to 0$ as $k \to \infty$, so it follows from the Squeeze Theorem (these are real sequences) that $\rho(x_k, x) \to 0$ as $k \to \infty$ (i.e., $x_k \to x$ as $k \to \infty$). Thus, by hypothesis, $x \in E$, a contradiction.

10.17

Proof. Let $X = \mathbb{R}$ be the discrete metric space introduced in Example 10.3. Since $\sigma(0, k) = 1$ for all $k \in \mathbb{N}$, $\{k\}$ is a bounded sequence in X. Suppose that there exist integers $k_1 < k_2 < \dots$ and an $x \in X$ such that $k_j \to x$ as $j \to \infty$. Then there is an $N \in \mathbb{N}$ such that $\sigma(k_j, x) < 1$ for $j \ge N$ (i.e., $k_j = x$ for all $j \ge N$). This contradiction proves that $\{k\}$ has no convergent subsequences.

Proof. Choose (by the Density of Rationals) points $q_k \in \mathbb{Q}$ such that $q_k \to \sqrt{2}$. Then $\{q_k\}$ is Cauchy (by Theorem 10.14iv) but does not converge in X since $\sqrt{2} \notin X$.

10.21

Proof. Suppose that E is complete and that $x_n \in E$ converges. By Theorem 10.14iv, $\{x_n\}$ is Cauchy. Since E is complete, it follows from Definition 10.19 that the limit of $\{x_n\}$ belongs to E. Thus, by Theorem 10.16, E is closed.

Conversely, suppose that E is closed and that $x_n \in E$ is Cauchy in E. Since the metrics on X and E are identical, $\{x_n\}$ is Cauchy in X. Since X is complete, it follows that $x_n \to x$, as $n \to \infty$, for some $x \in X$. But E is closed, so x must belong to E. Thus E is complete by definition.

10.31

Proof. i) Let $x \in \bigcup_{\alpha \in A} V_{\alpha}$. Then $x \in V_{\alpha}$ for some $\alpha \in A$. Since V_{α} is open, it follows that there is an r > 0 such that $B_r(x) \subseteq V_{\alpha}$. Thus $B_r(x) \subseteq \bigcup_{\alpha \in A} V_{\alpha}$ (i.e., this union is open).

ii) Let $x \in \bigcap_{k=1}^n V_k$. Then $x \in V_k$ for k = 1, 2, ..., n. Since each V_k is open, it follows that there are numbers $r_k > 0$ such that $B_{r_k}(x) \subseteq V_k$. Let $r = \min\{r_1, ..., r_n\}$. Then r > 0 and $B_r(x) \subseteq V_k$ for all k = 1, 2, ..., n; that is, $B_r(x) \subseteq \bigcap_{k=1}^n V_k$. Hence, this intersection is open.

iii) By DeMorgan's Law (Theorem 1.36) and part i),

$$\left(\bigcap_{\alpha\in A}E_{\alpha}\right)^{c}=\bigcup_{\alpha\in A}E_{\alpha}^{c}$$

is open, so $\bigcap_{\alpha \in A} E_{\alpha}$ is closed.

iv) By DeMorgan's Law and part ii),

$$\left(\bigcup_{k=1}^{n} E_k\right)^c = \bigcap_{k=1}^{n} E_k^c$$

is open, so $\bigcup_{k=1}^{n} E_k$ is closed.

v) Since $V \setminus E = V \cap E^c$ and $E \setminus V = E \cap V^c$, the former is open by part ii), and the latter is closed by part iii).

10.32

Proof. In the metric space $X = \mathbf{R}$,

$$\bigcap_{k \in \mathbf{N}} \left(-\frac{1}{k}, \frac{1}{k} \right) = \{0\}$$

is closed and

$$\bigcup_{k \in \mathbb{N}} \left[\frac{1}{k+1}, \frac{k}{k+1} \right] = (0, 1)$$

is open.

10.34

Proof. Since every open set V in the union defining E^o is a subset of E, it is clear that the union of these V's is a subset of E. Thus $E^o \subseteq E$. A similar argument establishes $E \subseteq \overline{E}$. This proves i).

By Definition 10.33, if V is an open subset of E, then $V \subseteq E^o$ and if C is a closed set containing E, then $\overline{E} \subseteq C$. This proves ii) and iii).

10.39

Proof. By Definition 10.37, it suffices to show

$$x \in \overline{E}$$
 if and only if $B_r(x) \cap E \neq \emptyset$ for all $r > 0$, and (2)

$$x \notin E^{o}$$
 if and only if $B_{r}(x) \cap E^{c} \neq \emptyset$ for all $r > 0$. (3)

We will provide the details for (2) and leave the proof of (3) as an exercise. Suppose that $x \in \overline{E}$ but $B_{r_0}(x) \cap E = \emptyset$ for some $r_0 > 0$. Then $(B_{r_0}(x))^c$ is a closed set which contains E; hence, by Theorem 10.34iii, $\overline{E} \subseteq (B_{r_0}(x))^c$. It follows that $\overline{E} \cap B_{r_0}(x) = \emptyset$ (e.g., $x \notin \overline{E}$, a contradiction).

Conversely, suppose that $x \notin \overline{E}$. Since $(\overline{E})^c$ is open, there is an $r_0 > 0$ such that $B_{r_0}(x) \subseteq (\overline{E})^c$. In particular, $\emptyset = B_{r_0}(x) \cap \overline{E} \supseteq B_{r_0}(x) \cap E$ for some $r_0 > 0$.

10.40

Proof. i) Since the union of two open sets is open, $A^o \cup B^o$ is an open subset of $A \cup B$. Hence, by Theorem 10.34ii, $A^o \cup B^o \subseteq (A \cup B)^o$.

Similarly, $(A \cap B)^o \supseteq A^o \cap B^o$. On the other hand, if $V \subset A \cap B$, then $V \subset A$ and $V \subset B$. Thus, $(A \cap B)^o \subseteq A^o \cap B^o$.

ii) Since $\overline{A} \cup \overline{B}$ is closed and contains $A \cup B$, it is clear that by Theorem 10.34iii), $\overline{A} \cup \overline{B} \subseteq \overline{A} \cup \overline{B}$. Similarly, $\overline{A} \cap \overline{B} \subseteq \overline{A} \cap \overline{B}$. To prove the reverse inequality for union, suppose that $x \notin \overline{A} \cup \overline{B}$. Then there is a closed set E which contains $A \cup B$ such that $x \notin E$. Since E contains both A and B, it follows that $x \notin \overline{A}$ and $x \notin \overline{B}$. This proves part ii).

iii) Let $x \in \partial(A \cup B)$; that is, suppose that $B_r(x)$ intersects both $A \cup B$ and $(A \cup B)^c$ for all r > 0. Since $(A \cup B)^c = A^c \cap B^c$, it follows that $B_r(x)$ intersects both A^c and B^c for all r > 0. Thus, $B_r(x)$ intersects A and A^c for all r > 0, or $B_r(x)$ intersects B and B^c for all r > 0 (i.e., $x \in \partial A \cup \partial B$). This proves the first set inequality in part iii).

To prove the second set inequality, fix $x \in \partial(A \cap B)$ [i.e., suppose that $B_r(x)$ intersects $A \cap B$ and $(A \cap B)^c$ for all r > 0]. If $x \in (A \cap \partial B) \cup (B \cap \partial A)$, then there is nothing to prove. If $x \notin (A \cap \partial B) \cup (B \cap \partial A)$, then $x \in (A^c \cup (\partial B)^c) \cap (B^c \cup (\partial A)^c)$. Hence, it remains to prove that $x \in A^c \cup (\partial B)^c$ implies $x \in \partial A$ and $x \in B^c \cup (\partial A)^c$ implies $x \in \partial B$. By symmetry, we need only prove the first implication.

Case 1. $x \in A^c$. Since $B_r(x)$ intersects A, it follows that $x \in \partial A$.

Case 2. $x \in (\partial B)^c$. Since $B_r(x)$ intersects B, it follows that $B_r(x) \subseteq B$ for small r > 0. Since $B_r(x)$ also intersects $A^c \cup B^c$, it must be the case that $B_r(x)$ intersects A^c . In particular, $x \in \partial A$.

10.43

Proof. These statements follow immediately from Definition 10.42. The empty set needs no set to cover it, and any finite set H can be covered by finitely many sets, one set for each element in H.

10.44

Proof. Suppose that H is compact but not closed. Then H is nonempty and (by Theorem 10.16) there is a convergent sequence $x_k \in H$ whose limit x does not belong to H. For each $y \in H$, set $r(y) := \rho(x,y)/2$. Since x does not belong to H, r(y) > 0; hence, each $B_{r(y)}(y)$ is open and contains y; that is, $\{B_{r(y)}(y) : y \in H\}$ is an open covering of H. Since H is compact, we can choose points y_j and radii $r_j := r(y_j)$ such that $\{B_{r_j}(y_j) : j = 1, 2, ..., N\}$ covers H.

Set $r := \min\{r_1, \dots, r_N\}$. (This is a finite set of positive numbers, so r is also positive.) Since $x_k \to x$ as $k \to \infty$, $x_k \in B_r(x)$ for large k. But $x_k \in B_r(x) \cap H$ implies $x_k \in B_{r_j}(y_j)$ for some $j \in \mathbb{N}$. Therefore, it follows from the choices of r_j and r, and from the Triangle Inequality, that

$$r_j \ge \rho(x_k, y_j) \ge \rho(x, y_j) - \rho(x_k, x)$$

= $2r_j - \rho(x_k, x) > 2r_j - r \ge 2r_j - r_j = r_j$,

a contradiction.

10.45

Proof. Let E be a closed subset of H, where H is compact in X and suppose that $\mathcal{V} = \{V_{\alpha}\}_{\alpha \in A}$ is an open covering of E. Now $E^c = X \setminus E$ is open; hence, $\mathcal{V} \cup \{E^c\}$ is an open covering of H. Since H is compact, there is a finite set $A_0 \subseteq A$ such that

$$H \subseteq E^c \cup \left(\bigcup_{\alpha \in A_0} V_{\alpha}\right).$$

But $E \cap E^c = \emptyset$. Therefore, E is covered by $\{V_\alpha\}_{\alpha \in A_0}$.

10.46

10.18

Proof. Suppose that H is compact. By Remark 10.44, H is closed. It is also bounded. Indeed, fix $b \in X$ and observe that $\{B_n(b) : n \in \mathbb{N}\}$ covers X. Since H is compact, it follows that

$$H \subset \bigcup_{n=1}^{N} B_n(b)$$

for some $N \in \mathbb{N}$. Since these balls are nested, we conclude that $H \subset B_N(b)$ (i.e., H is bounded).

10.47

Proof. Let $X = \mathbf{R}$ be the discrete metric space introduced in Example 10.3. Since $\sigma(0, x) \le 1$ for all $x \in \mathbf{R}$, every subset of X is bounded. Since $x_k \to x$ in X implies $x_k = x$ for large k, every subset of X is closed. Thus [0, 1] is a closed, bounded subset of X. Since $\{x\}_{x \in [0,1]}$ is an uncountable open covering of [0, 1], which has no finite subcover, we conclude that [0, 1] is closed and bounded, but not compact.

10.49

Proof. Let Z be a countable dense subset of X, and consider the collection \mathcal{T} of open balls with centers in Z and rational radii. This collection is countable. Moreover, it "approximates" all other open sets in the following sense:

CLAIM: Given any open ball $B_r(x) \subset X$, there is a ball $B_q(a) \in \mathcal{T}$ such that $x \in B_q(a)$ and $B_q(a) \subseteq B_r(x)$.

PROOF OF CLAIM: Let $B_r(x) \subset X$ be given. By Definition 10.48, choose $a \in Z$ such that $\rho(x, a) < r/4$, and choose by Theorem 1.18 a rational $q \in \mathbf{Q}$ such that r/4 < q < r/2. Since r/4 < q, we have $x \in B_q(a)$. Moreover, if $y \in B_q(a)$, then

$$\rho(x, y) \le \rho(x, a) + \rho(a, y) < q + \frac{r}{4} < \frac{r}{2} + \frac{r}{4} < r.$$

Therefore, $B_a(a) \subseteq B_r(x)$. This establishes the claim.

To prove the theorem, let $x \in E$. By hypothesis, $x \in V_{\alpha}$ for some $\alpha \in A$. Hence, by the claim, there is a ball $B_x \in \mathcal{T}$ such that

$$x \in B_x \subseteq V_{\alpha}.$$
 (4)

The collection T is countable; hence, so is the subcollection

$$\{U_1, U_2, \dots\} := \{B_x : x \in E\}.$$
 (5)

By (4), for each $k \in \mathbb{N}$ there is at least one $\alpha_k \in A$ such that $U_k \subseteq V_{\alpha_k}$. Hence, by (5),

$$E \subseteq \bigcup_{x \in E} B_x = \bigcup_{k=1}^{\infty} U_k \subseteq \bigcup_{k=1}^{\infty} V_{\alpha_k}.$$

10.50

Proof. By Theorem 10.46, every compact set is closed and bounded.

Conversely, suppose to the contrary that H is closed and bounded but not compact. Let \mathcal{V} be an open covering of H which has no finite subcover of H. By Lindelöf's Theorem, we may suppose that $\mathcal{V} = \{V_k\}_{k \in \mathbb{N}}$; that is,

$$H \subseteq \bigcup_{k \in \mathbf{N}} V_k. \tag{6}$$

By the choice of V, $\bigcup_{j=1}^{k} V_j$ cannot contain H for any $k \in \mathbb{N}$. Thus we can choose a point

$$x_k \in H \setminus \bigcup_{i=1}^k V_j \tag{7}$$

for each $k \in \mathbb{N}$. Since H is bounded, the sequence x_k is bounded. Hence, by the Bolzano–Weierstrass Property, there is a subsequence $x_{k\nu}$ which converges to some x as $\nu \to \infty$. Since H is closed, $x \in H$. Hence, by (6), $x \in V_N$ for some $N \in \mathbb{N}$. But V_N is open, hence, there is an $M \in \mathbb{N}$ such that $\nu \geq M$ implies $k_{\nu} > N$ and $x_{k\nu} \in V_N$. This contradicts (7). We conclude that H is compact.

10.52

Proof. If f is uniformly continuous on a set, then it is continuous whether or not the set is compact.

Conversely, suppose that f is continuous on E. Given $\varepsilon > 0$ and $a \in E$, choose $\delta(a) > 0$ such that

$$x \in B_{\delta(a)}(a)$$
 and $x \in E$ imply $\tau(f(x), f(a)) < \frac{\varepsilon}{2}$.

Since $a \in B_{\delta}(a)$ for all $\delta > 0$, it is clear that $\{B_{\delta(a)/2}(a) : a \in E\}$ is an open covering of E. Since E is compact, choose finitely many points $a_j \in E$ and numbers $\delta_i := \delta(a_i)$ such that

$$E \subseteq \bigcup_{j=1}^{N} B_{\delta_j/2}(a_j). \tag{8}$$

Set $\delta := \min\{\delta_1/2, \ldots, \delta_N/2\}.$

Suppose that $x, a \in E$ with $\rho(x, a) < \delta$. By (8), x belongs to $B_{\delta_j/2}(a_j)$ for some $1 \le j \le N$. Hence,

$$\rho(a,a_j) \le \rho(a,x) + \rho(x,a_j) < \frac{\delta_j}{2} + \frac{\delta_j}{2} = \delta_j;$$

that is, a also belongs to $B_{\delta_j}(a_j)$. It follows, therefore, from the choice of δ_j that

$$\tau(f(x), f(a)) \le \tau(f(x), f(a_j)) + \tau(f(a_j), f(a)) < \frac{\varepsilon}{2} + \frac{\varepsilon}{2} = \varepsilon.$$

This proves that f is uniformly continuous on E.

10.55

Proof. Set $U = A \cap E$ and $V = B \cap E$. It suffices to prove that U and V are relatively open in E and separate E. It is clear by hypothesis and the remarks above that U and V are nonempty, they are both relatively open in E, and $U \cap V = \emptyset$. It remains to prove that $E = U \cup V$. But E is a subset of $A \cup B$, so $E \subseteq U \cup V$. On the other hand, both U and V are subsets of E, so $E \supseteq U \cup V$. We conclude that $E = U \cup V$.

10.56

Proof. Let E be a connected subset of \mathbf{R} . If E is empty or contains only one point, then E is a degenerate interval. Hence we may suppose that E contains at least two points.

Set $a = \inf E$ and $b = \sup E$. Notice that $-\infty \le a < b \le \infty$. Suppose for simplicity that $a, b \notin E$; that is, $E \subseteq (a, b)$. If $E \ne (a, b)$, then there is an $x \in (a, b)$ such that $x \notin E$. By the Approximation Property, $E \cap (a, x) \ne \emptyset$ and $E \cap (x, b) \ne \emptyset$, and, by assumption, $E \subseteq (a, x) \cup (x, b)$. Hence, E is separated by the open sets (a, x), (x, b), a contradiction.

Conversely, suppose that E is an interval which is not connected. Then there are sets U, V, relatively open in E, which separate E (i.e., $E = U \cup V$, $U \cap V = \emptyset$), and there exist points $x_1 \in U$ and $x_2 \in V$. We may suppose that $x_1 < x_2$. Since $x_1, x_2 \in E$ and E is an interval, $I_0 := [x_1, x_2] \subseteq E$. Define f on I_0 by

$$f(x) = \begin{cases} 0 & x \in U \\ 1 & x \in V. \end{cases}$$

Since $U \cap V = \emptyset$, f is well defined. We claim that f is continuous on I_0 . Indeed, fix $x_0 \in [x_1, x_2]$. Since $U \cup V = E \supseteq I_0$, it is evident that $x_0 \in V$ or $x_0 \in V$. We may suppose the former. Let $y_k \in I_0$ and suppose that $y_k \to x_0$ as $k \to \infty$. Since U is relatively open, there is an $\varepsilon > 0$ such that $(x_0 - \varepsilon, x_0 + \varepsilon) \cap E \subset U$. Since $y_k \in E$ and $y_k \to x_0$, it follows that $y_k \in U$ for large k.

Hence $f(y_k) = 0 = f(x_0)$ for large k. Therefore, f is continuous at x_0 by the Sequential Characterization of Continuity.

We have proved that f is continuous on I_0 . Hence, by the Intermediate Value Theorem (Theorem 3.29), f must take on the value 1/2 somewhere on I_0 . This is a contradiction, since by construction, f takes on only the values 0 or 1.

10.58

Proof. Suppose that f is continuous on X and that V is open in Y. We may suppose that $f^{-1}(V)$ is nonempty. Let $a \in f^{-1}(V)$; that is, $f(a) \in V$. Since V is open, choose $\varepsilon > 0$ such that $B_{\varepsilon}(f(a)) \subseteq V$. Since f is continuous at a, choose $\delta > 0$ such that (10) holds. Evidently,

$$B_{\delta}(a) \subseteq f^{-1}(B_{\varepsilon}(f(a))) \subseteq f^{-1}(V). \tag{11}$$

Since $a \in f^{-1}(V)$ was arbitrary, we have shown that every point in $f^{-1}(V)$ is interior to $f^{-1}(V)$. Thus $f^{-1}(V)$ is open.

Conversely, let $\varepsilon > 0$ and $a \in X$. The ball $V = B_{\varepsilon}(f(a))$ is open in Y. By hypothesis, $f^{-1}(V)$ is open. Since $a \in f^{-1}(V)$, it follows that there is a $\delta > 0$ such that $B_{\delta}(a) \subseteq f^{-1}(V)$. This means that if $\rho(x, a) < \delta$, then $\tau(f(x), f(a)) < \varepsilon$. Therefore, f is continuous at $a \in X$.

10.61

Proof. Suppose that $\{V_{\alpha}\}_{{\alpha}\in A}$ is an open covering of f(H). By Theorem 1.37,

$$H \subseteq f^{-1}(f(H)) \subseteq f^{-1}\left(\bigcup_{\alpha \in A} V_{\alpha}\right) = \bigcup_{\alpha \in A} f^{-1}(V_{\alpha}).$$

Hence, by Corollary 10.59, $\{f^{-1}(V_{\alpha})\}_{\alpha\in A}$ is a covering of H whose sets are all relatively open in H. Since H is compact, there are indices $\alpha_1,\alpha_2,\ldots,\alpha_N$ such that

$$H \subseteq \bigcup_{j=1}^{N} f^{-1}(V_{\alpha_j})$$

(see Exercise 10.5.7). It follows from Theorem 1.37 that

$$f(H) \subseteq f\left(\bigcup_{j=1}^{N} f^{-1}(V_{\alpha_j})\right) = \bigcup_{j=1}^{N} (f \circ f^{-1})(V_{\alpha_j}) = \bigcup_{j=1}^{N} V_{\alpha_j}.$$

Therefore, f(H) is compact.

10.62

Proof. Suppose that f(E) is not connected. By Definition 10.53, there exists a pair $U, V \subset Y$ of relatively open sets in f(E) which separates f(E). By Exercise 10.6.4, $f^{-1}(U) \cap E$ and $f^{-1}(V) \cap E$ are relatively open in E. Since $f(E) = U \cup V$, we have

$$E = (f^{-1}(U) \cap E) \cup (f^{-1}(V) \cap E).$$

Since $U \cap V = \emptyset$, we also have $f^{-1}(U) \cap f^{-1}(V) = \emptyset$. Thus $f^{-1}(U) \cap E$, $f^{-1}(V) \cap E$ is a pair of relatively open sets which separates E. Hence, by Definition 10.53, E is not connected, a contradiction.

10.63

Proof. By symmetry, it suffices to prove the result for M. Since H is compact, f(H) is compact. Hence, by the Theorem 10.46, f(H) is closed and bounded. Since f(H) is bounded, M is finite. By the Approximation Property, choose $x_k \in H$ such that $f(x_k) \to M$ as $k \to \infty$. Since f(H) is closed, $M \in f(H)$. Therefore, there is an $x_M \in H$ such that $M = f(x_M)$. A similar argument shows that M is finite and attained on M.

10.64

Proof. By Exercise 10.6.4a, it suffices to show that $(f^{-1})^{-1}$ takes closed sets in X to relatively closed sets in f(H). Let E be closed in X. Then $E \cap H$ is a closed subset of H, so by Remark 10.45, $E \cap H$ is compact. Hence, by Theorem 10.61, $f(E \cap H)$ is compact, in particular, closed. Since f is 1-1, $f(E \cap H) = f(E) \cap f(H)$ (see Exercise 1.5.7). Since $f(E \cap H)$ and f(H) are closed, it follows that $f(E) \cap f(H)$ is relatively closed in f(H). Since $(f^{-1})^{-1} = f$, we conclude that $(f^{-1})^{-1}(E) \cap f(H)$ is relatively closed in f(H).

Riemann Prop 1

Proof. List all the potential jump points of either ϕ or ψ together as $\{x_0 < \ldots < x_n\}$. Suppose $\phi(x) = \sum_{j=1}^n c_j \chi_{(x_{j-1},x_j)}(x)$ and $\psi(x) = \sum_{j=1}^n d_j \chi_{(x_{j-1},x_j)}(x)$ for $x \neq x_0, x_1, \ldots x_n$. Then the left hand side is $\sum_{j=1}^n (\alpha c_j + \beta d_j)(x_j - x_{j-1}) = \alpha \sum_{j=1}^n c_j (x_j - x_{j-1}) + \beta \sum_{j=1}^n d_j (x_j - x_{j-1}) = \alpha \int \phi + \beta \int \psi$.

Riemann Theorem 1

Proof of Theorem 1. Suppose first that f is Riemann-integrable. Then, given $\epsilon > 0$, there exist step functions ϕ_0 and ψ_0 such that $\phi_0 \leq f \leq \psi_0$ and $\int \psi_0 - \int \phi_0 < \epsilon$. Consider the sets of real numbers

$$A = \{ \int \phi \, : \, \phi \text{ is a step function and } \phi \leq f \}$$

and

$$B=\{\int \psi\,:\, \psi \text{ is a step function and } \psi \geq f\}.$$

Then A is a nonempty subset of \mathbb{R} (since $\int \phi_0$ belongs to it) which is bounded above by $\int \psi_0$ or indeed any member of B. So it has a least upper bound U which satisfies $\int \phi_0 \leq U \leq \int \psi_0$. Similarly, the greatest lower bound L of B satisfies $\int \psi_0 \geq L \geq \int \phi_0$, and moreover $U \leq L$. Hence $0 \leq L - U < \epsilon$. Since this is true for arbitrary $\epsilon > 0$ we deduce that U = L, i.e. $\sup A = \inf B$.

Now suppose that $\sup A = \inf B := I$. By the approximation property of sup and \inf , given any $\epsilon > 0$ there exist step functions ϕ and ψ with $\phi \leq f$ and $\psi \geq f$ and $\int \phi > I - \epsilon/2$, and $\int \psi < I + \epsilon/2$. Hence $\int \psi - \int \phi < \epsilon$.

Riemann Theorem 1

Proof. Supose first that f is Riemann-integrable. Then, taking $\epsilon = 1/n$ in the definition, there exist step functions ϕ_n and ψ_n such that $\phi_n \leq f \leq \psi_n$ and $\int \psi_n - \int \phi_n < 1/n$. Hence $\int \psi_n - \int \phi_n \to 0$.

Now suppose that there exist ϕ_n and ψ_n as in the statement of the theorem. Given $\epsilon > 0$ choose N such that $\int \psi_n - \int \phi_n < \epsilon$ for all $n \geq N$; then ϕ_N and ψ_N do the job.

Finally, in such a case, by the definition of $\int f$ (in Definition 4) we have $\int \phi_n \leq \int f \leq \int \psi_n$, and so $|\int \phi_n - \int f| = \int f - \int \phi_n \leq \int \psi_n - \int \phi_n \to 0$. Similary $\int \psi_n \to \int f$.

Riemann Lemma 1

Proof.

(i) implies (ii). Suppose first that f is Riemann-integrable, let $\epsilon > 0$ and let ϕ and ψ be step functions as in the definition of Riemann-integrability, with $\int \psi - \int \phi < \epsilon$. We may assume that ϕ and ψ are zero outside [a,b]. Enumerate the potential jump points of ϕ and ψ together as $a = x_0 < \ldots < x_n = b$. Let ϕ_* and ϕ^* be the lower and upper step functions of f with respect to $\{x_0, \ldots, x_n\}$. Then

$$\phi \le \phi_* \le f \le \phi^* \le \psi$$
 and $\int \phi^* - \int \phi_* \le \int \psi - \int \phi < \epsilon$.

But $\int \phi^* - \int \phi_* = \sum_{i=1}^n (M_i - m_i)(x_i - x_{i-1})$, so (ii) holds.

(ii) implies (iii). Since for a nonempty bounded subset $A \subseteq \mathbb{R}$ we have $\sup\{|a-b| : a, b \in A\} = \sup A - \inf A$, it follows that $\sup_{x,y \in I_i} |f(x) - f(y)| = M_j - m_j$. So, assuming (ii),

$$\sum_{j=1}^{n} \sup_{x,y \in I_j} |f(x) - f(y)| |I_j| = \int \sum_j M_j \chi_{I_j} - \int \sum_j m_j \chi_{I_j} = \int \phi^* - \int \phi_* < \epsilon.$$

(iii) implies (i). If there exist $a = x_0 < \ldots < x_n = b$ such that

$$\sum_{j=1}^{n} \sup_{x,y \in I_j} |f(x) - f(y)| |I_j| < \epsilon$$

holds, then the lower and upper step functions ϕ_* and ϕ^* of f with respect to $\{x_0, \ldots, x_n\}$ verify the definition of Riemann-integrability of f.

Riemann Theorem 3

Proof. By Theorem 2 there are sequences $\phi_n, \psi_n, \varphi_n$ and θ_n of step functions such that

$$\phi_n \le f \le \psi_n$$
 and $\varphi_n \le g \le \theta_n$

and

$$\int \phi_n, \int \psi_n \to \int f \text{ and } \int \varphi_n, \int \theta_n \to \int g.$$

(a) Let us first prove it for α and $\beta \geq 0$. Then

$$\alpha \phi_n + \beta \varphi_n \le \alpha f + \beta g \le \alpha \psi_n + \beta \theta_n$$

and both $\int (\alpha \phi_n + \beta \varphi_n)$ and $\int (\alpha \psi_n + \beta \theta_n)$ converge to $\alpha \int f + \beta \int g$. In particular, the difference $\int (\alpha \psi_n + \beta \theta_n) - \int (\alpha \phi_n + \beta \varphi_n) \to 0$. By Theorem 2, $\alpha f + \beta g$ is Riemann-integrable and $\int (\alpha f + \beta g) = \alpha \int f + \beta \int g$.

Now let us prove it for $\alpha = -1$ and $\beta = 0$. In this case we have $-\psi_n \leq -f \leq -\phi_n$ and $\int (-\psi_n)$ and $\int (-\phi_n)$ both converge to $-\int f$. So -f is Riemann-integrable and $\int -f = -\int f$.

Combining these two cases gives the general case. (Why?)

- (b) If $f \ge 0$ then each $\psi_n \ge 0$, so that each $\int \psi_n \ge 0$ and hence $\lim \int \psi_n = \int f \ge 0$. For the second part apply what's just been proved to g f.
- (c) If f is Riemann-integrable, then, by Lemma 1, so is |f| since by the triangle inequality we have $||f(x)| |f(y)|| \le |f(x) f(y)|$. Now use part (b). (Why is this enough?)
- (d) $\max\{f,0\} = (f+|f|)/2$, then use (a) and (c), while $\min\{f,0\} = (f-|f|)/2$ likewise; then $\max\{f,g\} = \max\{f-g,0\} + g$ use the firts part of this item, and part (a) and $\min\{f,g\} = -\max\{-f,-g\}$ use the result for max and part (a).
- (e) Let us first see that f^2 is Riemann-integrable. Since f is bounded there is an M such that $|f(x)| \leq M$ for all x. We have $|f(x)^2 f(y)^2| = |f(x) f(y)||f(x) + f(y)| \leq 2M|f(x) f(y)|$. Using Lemma 1 we see that f Riemann-integrable implies f^2 Riemann-integrable. (Why?) Finally, $fg = \frac{1}{4}((f+g)^2 (f-g)^2)$. Now use part (a) and what we have just proved about squares.

Riemann Theorem 4

Proof. Note that f is bounded (by the extreme value theorem) and has bounded support. Let $\epsilon > 0$. Uniform continuity of f on [a,b] tells us that there is a $\delta > 0$ such that $|x-y| < \delta$ implies $|f(x)-f(y)| < \epsilon/(b-a)$. Choose $a=x_0 < \ldots < x_n=b$ such that $x_i-x_{i-1} < \delta$. Then for all x and y in (x_{i-1},x_i) we have $|f(x)-f(y)| < \epsilon/(b-a)$. Turning to Lemma 1, we see that

$$\sum_{j=1}^{n} \sup_{x,y \in I_j} |f(x) - f(y)| |I_j| \le \sum_{j=1}^{n} \frac{\epsilon}{(b-a)} |I_j| \le \epsilon,$$

and so by Lemma 1, f is Riemann-integrable.

Riemann Theorem 5

Proof. We will deal with the case a < x < b. Let h > 0 be sufficiently small so that x + h < b and consider $|\frac{G(x+h)-G(x)}{h}-g(x)|$. (The argument for h < 0 is similar.) This quantity equals

$$\left|\frac{1}{h}\int_{x}^{x+h} [g(t) - g(x)] dt\right| \le \frac{1}{h}\int_{x}^{x+h} |g(t) - g(x)| dt$$

by Theorem 3 (b). Now, as g is continuous at x, if $\epsilon > 0$, there exists a $\delta > 0$ such that if x < t < x + h and $h < \delta$, then $|g(t) - g(x)| < \epsilon$. So for such h,

$$\frac{1}{h} \int_{x}^{x+h} |g(t) - g(x)| \mathrm{d}t \le \epsilon$$

by Theorem 3 (b) once again. Thus $h < \delta$ implies $\left| \frac{G(x+h) - G(x)}{h} - g(x) \right| < \epsilon$, and so G'(x) exists and equals g(x).

Riemann Theorem 6

Proof. Let $G(x) = \int_a^x f'$. Then by Theorem 5, G'(x) exists for all x in (a, b) and G'(x) = f'(x). Thus G - f, being continuous on [a, b] and differentiable on (a, b), must be constant on [a, b] by Rolle's theorem. So $\int_a^b f' = G(b) = G(a) + f(b) - f(a) = f(b) - f(a)$.

Riemann Theorem 7

Proof. Let $\epsilon > 0$. There is an N such that $n \ge N$ implies $|f_n(x) - f(x)| < \epsilon$ for all $x \in [a, b]$. For each such n there exist step functions ϕ_n and ψ_n such that

$$\phi_n \le f_n \le \psi_n \text{ and } \int \psi_n - \int \phi_n < 1/n.$$

Since

$$f_n(x) - \epsilon < f(x) < f_n(x) + \epsilon \tag{2}$$

we have

$$\phi_n(x) - \epsilon < f(x) < \psi_n(x) + \epsilon$$

for $x \in [a, b]$ and $n \ge N$. Let $\varphi_n = \phi_n - \epsilon \chi_{[a,b]}$ and $\theta_n = \psi_n + \epsilon \chi_{[a,b]}$. Then φ_n and θ_n are step functions and

$$\varphi_n \le f \le \theta_n \text{ and } \int \theta_n - \int \varphi_n = \int \psi_n - \int \phi_n + 2\epsilon(b-a) < \frac{1}{n} + 2\epsilon(b-a).$$

So if $n \ge \max\{N, \epsilon^{-1}\}$,

$$\int \theta_n - \int \varphi_n < (1 + 2(b - a))\epsilon.$$

Hence f is Riemann-integrable. By integrating (2) we have, for $n \geq N$,

$$\int f_n - \epsilon(b - a) \le \int f \le \int f_n + \epsilon(b - a)$$

that is,

$$|\int f_n - \int f| \le \epsilon(b-a)$$

which shows that $\lim_{n\to\infty} \int f_n = \int f$.

Power Theorem 1

Proof. Let us first suppose that |x-c| < R. Consider a number ρ such that $|x-c| < \rho < R$. So we have that $(a_n \rho^n)$ is bounded, say $|a_n \rho^n| \le K$ for all n. Then

$$|a_n||x-c|^n = |a_n| \left(\frac{|x-c|}{\rho}\right)^n \rho^n = \left(\frac{|x-c|}{\rho}\right)^n \times |a_n|\rho^n \le K \left(\frac{|x-c|}{\rho}\right)^n,$$

and the geometric series

$$\sum \left(\frac{|x-c|}{\rho}\right)^n$$

converges since $\frac{|x-c|}{\rho} < 1$. Thus, by comparison, (*) converges absolutely for such x, and hence also converges for such x.

Now suppose that |x-c| > R. For such x we have that the sequence $(a_n(x-c)^n)$ of individual terms in (*) is unbounded, so the series cannot converge.

Power Theorem 2

Proof. We have already seen the absolute convergence. With the same notation and argument as in the proof of Theorem 1 above, we have (for $r < \rho < R$) that

$$|a_n||x-c|^n \le K \left(\frac{r}{\rho}\right)^n := M_n$$

for all x with $|x-c| \le r$. Since $\sum M_n$ converges, the Weierstrass M-test tells us the convergence is uniform on [c-r,c+r]. Since each $a_n(x-c)^n$ is a continuous function, so is the limiting function $f:[c-r,c+r] \to \mathbb{R}$. Since r < R was arbitrary, we see that f is defined and continuous on (c-R,c+R).

Power Lemma 1

Proof. Let the radii of convergence be R_1 and R_2 respectively. Since $|a_n r^n| \le |na_n r^n|$ (for $n \ge 1$) we see that $R_2 \le R_1$. [As the terms of the second series are "bigger", there's in principle a smaller chance that it'll converge.] Suppose now for a contradiction that $R_2 < R_1$. Then we can choose ρ and r such that $R_2 < \rho < r < R_1$ and such that $(a_n r^n)$ is bounded, say $|a_n r^n| \le K$. Then

$$|na_n\rho^n| = |a_nr^n| \times n(\rho/r)^n \le K \times n(\rho/r)^n.$$

But the sequence $n(\rho/r)^n$ converges to zero since $\rho < r$, and therefore $(na_n\rho^n)$ is also bounded. This contradicts the definition of R_2 , and so $R_1 = R_2$.

Power Theorem 3

Proof. Consider the series $\sum_{n=0}^{\infty} na_n(x-c)^{n-1}$ which has radius of convergence R and so converges uniformly on [c-r,c+r] for any r < R. Since $na_n(x-c)^{n-1}$ is the derivative of $a_n(x-c)^n$ and since the series $\sum_{n=0}^{\infty} a_n(x-c)^n$ converges at at least one point, we can apply Theorem 7.14 (iii) from Wade to conclude that $f'(x) = \sum_{n=0}^{\infty} na_n(x-c)^{n-1}$. Clearly $f(c) = a_0$ and $f'(c) = a_1$ and by repeatedly differentiating the formula $f(x) = \sum_{n=0}^{\infty} a_n(x-c)^n$ (using what we have already proved!) and substituting x = c we obtain $f^{(n)}(c) = a_n n!$.

Contraction Theorem 1

Proof. Pick $x_0 \in X$ and let $x_1 = f(x_0)$, $x_2 = f(x_1)$ etc. so that $x_{n+1} = f(x_n)$. Consider $d(x_{n+1}, x_n) = d(f(x_n), f(x_{n-1}) \le \alpha d(x_n, x_{n-1}))$ by hypothesis. Repeating, we have

$$d(x_{n+1}, x_n) \le \alpha^n d(x_1, x_0)$$

so that, when $m \geq n$

$$d(x_m, x_n) \le d(x_m, x_{m-1}) + \dots + d(x_{n+1}, x_n) \le (\alpha^{m-1} + \dots + \alpha^n) d(x_1, x_0)$$
$$\le \frac{\alpha^n}{1 - \alpha} d(x_1, x_0)$$

since $\alpha < 1$. This shows that (x_n) is a Cauchy sequence in X and hence, by completeness of X, there is an $x \in X$ to which it converges.

Now a contraction map is continuous, so continuity of f at x shows that $f(x) = f(\lim_{n\to\infty} x_n) = \lim_{n\to\infty} f(x_n) = \lim_{n\to\infty} x_{n+1} = x$, so that indeed f(x) = x.

Finally, if there are $x, y \in X$ with f(x) = x and f(y) = y, we have $d(x, y) = d(f(x), f(y)) \le \alpha d(x, y)$, which, since $\alpha < 1$, forces d(x, y) = 0, i.e. x = y.