

CORE Group Leader Agenda
September 21, 2015
9:00pm
Week 2

Exploring Identity

CORE Group Leaders-remember that this document is intended to be an outline, not a script to be read to your group. Your role is to facilitate a discussion on the topic and provide a forum for discussion and questions.

A conversation about identity might come easy for some CORE members and difficult for others. This may be the first time that someone has been asked to think about the various factors that make them who they are. Acknowledge that this is a broad ranging topic and one that is intended to start an on-going dialogue. Conversation on this topic can be revisited in future weeks.

Establish ground rules for the conversation: be respectful, don't share other people's stories, no one is forced to share or participate, be an active listener, be supportive support, don't pass judgment, etc. Like with all of the CORE discussions, remember that there is no forced participation. CORE leaders and members are able to determine what level of sharing is right for them. For this identity activity and conversation some might choose to move to the various signs, but not verbally share, or they might choose to verbally share but not move to a sign, or they might just participate by just being present in the space. All levels of participation are appreciated.

Be sure to talk about appropriate campus resources as they are relevant to the conversation, and do try to save room for Highs and Lows (or something similar).

Learning Outcomes (aka the message you are trying to get across to your CORE group members)

After tonight's discussion CORE group members will:

- Gain an understanding of the many facets of identity and the variety resources available to assist and support one's personal growth and development

Activity Option 1: Exploring Identity

- Describe that the group will be doing an activity to explore their identity. Remind them that they will get to determine their own level of participation.
- Using the materials provided ask students individually to complete the 6 question survey. Let them know that the survey will not be collected but they will have an opportunity to share their answers if they choose to do so.
- Tape the signs up and proceed with the activity (Signs located on Moodle)
- Leave time to process answers/reactions for each of the questions and the topic overall

Activity Option 2: Identity Flower Power

The center of a daisy-type flower is divided into 16 segments, each representing one facet or category of our social identity (see diagram on page 54). This center is surrounded by a double set of petals, one outer, and one inner. The outer petals describe the dominant or powerful identities in society. The inner petals are filled in by participants and describe the social identity of each individual. The object of the

exercise is to discover how close, or how distant, each person is to the dominant identity of their current society. The more inner petals match the outer (dominant) ones, the more social power that person possesses.

Every petal has one outer and one inner part. Color the outer part, if you feel you have an advantage compared to other people in this segment of life. If you think you are not privileged or you have a disadvantage, color the inner part of the petal.

For instance, when completing the 'Ethnic Group' category, it would not be too difficult to agree that 'white' should go in the outer petal. The same might go if your mother tongue is the dominant & official language of the country you live in. If you are a migrant or a refugee, your 'Legal Status' might be a disadvantage for you. Share your flower with at least one other person.

Discussion: Exploring identity

- What is identity?
- What are the various elements that shape identity?
- What is Privilege?

Inform: Privilege Define

- Sometimes you're a caterpillar
 - <https://www.youtube.com/watch?v=hRiWgx4sHGg>
- Informing someone of their privilege
 - <https://www.youtube.com/watch?v=b0Ti-gkJiXc>

Resources:

Office of Multicultural Affairs: <http://www.lawrence.edu/students/resources/diversity>

Multicultural resource list provided by the Office of Multicultural Affairs located in Memorial hall:
http://www.lawrence.edu/students/resources/diversity/additional_resources

Kiki with Kathleen: Kiki provides a safe space to promote discussions around the ways in which our many self-defined identities intersect, exploring identity development and experiences of identifying as LGBTQ. Kiki meets Mondays from 5:30-7:00pm in Briggs 305 (winter term only)

Fox Cities community resources: <http://www.uwfox.uwc.edu/admreg/multiculres.html>

Additional Referrals and Resources:

- Office of Multicultural Affairs can assist with providing the resources necessary for all students to express and explore culture and identity.
- RLA/RHD can assist with hall and roommate issues, establishing residence hall connections and hall programming, and helping someone get connected/involved on campus
- RHD on Duty 920-419-6596 or Security 920-832-6999 to report something that seems unsafe
- Counseling Services can assist with depression, anxiety, transitions, and support in general

- Office of Multicultural Affairs can assist with providing the resources necessary for all students to express and explore culture and identity.
- International Student Services can assist with cultural transitions and adjustments
- Student Academic Services, located on the 1st floor of Briggs, can help with academic accommodations, working with faculty and /or advisors, honour council, etc.
- Center for Teaching and Learning (CTL) can assist with making faculty connections, tutoring, time management, test taking and study skills, etc.
- Volunteer and Community Service Center (VCSC) can help with making connections and establishing relationships beyond the campus borders. Service projects can be a one-time project or on-going.
- Dean of Students Office or Campus Life office can help with general policy questions, or questions that don't tend to fit into other areas

SHARE: Sexual Harassment and Assault Resource and Education or the sexual misconduct policy, further information can be found here: <http://www.lawrence.edu/students/wellness/sharb>

SAASHA: Students looking to get involved with the ongoing work to prevent sexual violence are also invited to join Student Alliance Against Sexual Harassment and Assault.

If through your conversations you learn that someone is really struggling with something or they seem to not be connecting to anyone here on campus let your CORE coordinator or me know that so that we can do some follow-up.