



Kix

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Product Information

General Mills Product Code:11942000

UPC: 016000119420

GTIN: 00016000119420

Case Size: 1.779 CFper case

Net Weight:

Length:16.75 IN

Width: 13 IN

Height: 14.12 IN

Volume: 1.779 CF

Kosher:

Ingredients:

Whole Grain Corn, Corn Meal, Sugar,
 Corn Bran, Salt, Brown Sugar Syrup,
 Trisodium Phosphate, Vitamin E (mixed
 tocopherols) Added to Preserve
 Freshness. Vitamins and Minerals:
 Calcium Carbonate, Iron and Zinc
 (mineral nutrients), Vitamin C (sodium
 ascorbate), A B Vitamin (niacinamide),
 Vitamin B6 (pyridoxine hydrochloride),
 Vitamin B2 (riboflavin), Vitamin B1
 (thiamin mononitrate), Vitamin A
 (palmitate), A B Vitamin (folic acid),
 Vitamin B12, Vitamin D3.

All Big G Cereals are made with at least 8g of whole grain per standard serving, 48g recommended daily. Due to smaller serving sizes, some
 Bowlpaks do not contain 8g of whole grain, but all contain whole grain.
 Trans fat values are calculated based on formula as of the date listed, values are based on serving sizes indicated, larger serving sizes may have
 different trans fat values. Different preparation techniques may change the amount of trans fat.

Nutrition Facts

Serving Size: 1 Bowl (17g) (3/4 Cup)

Amount Per Serving	As Packaged	% Daily Value*
Calories	60	
Calories From Fat	0	
Total Fat 0.5g		1%
Saturated Fat 0g		0%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 100mg		4%
Potassium 35mg		1%
Total Carbohydrate 15g		5%
Dietary Fiber 2g		6%
Sugars 2g		
Protein 1g		
Vitamin A		6%
Vitamin C		6%
Calcium		8%
Iron		25%
Vitamin D		4%
Thiamin		10%
Riboflavin		10%
Niacin		10%
Vitamin B6		10%
Folic Acid		25%
Vitamin B12		10%
Zinc		10%

* Percent Daily Value (DV) are based on a 2,000 calorie diet
 ** - Not a significant nutrient source

