



623077

KEEP FROZEN
COOK THOROUGHLY



Meat Lasagna

COOKING INSTRUCTIONS			
Since equipment varies, cooking time and temperature may require adjustment.			
Equipment	Frozen (0°F)	Thawed (32°F)	Handling Instructions
Convection Oven 350°F Preheated	1 hour 45-50 minutes	65-75 minutes	Dome lid. Place product on tray. Remove lid during last 5-10 minutes.
Conventional Oven 350°F Preheated	1 hour 40-55 minutes	65-75 minutes	Dome lid. Place product on tray. Remove lid during last 15-20 minutes.

Internal temperature of product should be 160°F.
Heat in warmer 15-20 minutes before serving. Cut with a serrated knife.
Product may be thawed up to 48 hours under refrigeration (40°F) prior to cooking.
DO NOT REFREEZE



INGREDIENTS: LASAGNA MEAT AND SAUCE BLEND (WATER, COOKED BEEF [BEEF, SEASONING (FLAVORINGS, SALT, SPICES, DEXTROSE), TOMATO PASTE, SALT, SOYBEAN OIL], TOMATO PASTE, COTTAGE CHEESE [CULTURED SKIM MILK, ENZYMES], ONION, GARLIC WINE [BURGUNDY WINE, GARLIC], OLIVE OIL, SUGAR, SEASONING [SALT, DEXTROSE, SUGAR, SPICE, SPICE EXTRACTIVES, DISODIUM INOSINATE, DISODIUM GUANYLATE, TRICALCIUM PHOSPHATE, SOYBEAN OIL], MODIFIED FOOD STARCH, SOY SAUCE [WATER, WHEAT, SOYBEANS, SALT, SODIUM BENZOATE (A PRESERVATIVE)], BEEF FLAVOR [BEEF EXTRACT, YEAST EXTRACT, SALT, MALTODEXTRIN, FLAVOR, LACTIC ACID, CITRIC ACID], GRANULATED GARLIC, SPICES, SALT, ASCORBIC ACID, ONION POWDER), COOKED LASAGNA (WATER, SEMOLINA [ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], EGG WHITES), MOZZARELLA CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), PARTIALLY HYDROGENATED SOYBEAN OIL.

CONTAINS: MILK, WHEAT, SOY, EGGS.

NET WT 96 OZ (6 LBS) 2.72kg

Nutrition Facts

Serving Size 1 cup (227g)
Servings Per Container about 18

Amount Per Serving

Calories 290 Calories from Fat 100

% Daily Values*

Total Fat 11g	17%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 660mg	28%
Total Carbohydrate 28g	9%
Dietary Fiber 5g	20%
Sugars 6g	

Protein 20g

Vitamin A 15% • Vitamin C 80%
Calcium 15% • Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

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