

SUPERPRETZEL® SOFT PRETZELS
KING SIZE
(code #3014)

Bread Equivalent - One (1) serving of the above product meets 6.75 servings of grains/breads under the Child Nutrition program

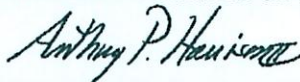
Ingredients: Enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, corn syrup, yeast, salt, bicarbonates and carbonates of soda.

Contains wheat.

Nutrition Facts

Per Serving	<u>Pretzel without added salt</u>		<u>Pretzel with added salt (about ½ tsp.)</u>	
Serving Size	½ pretzel (2.5 oz/71g)		½ pretzel (2.5 oz/71g) with ½ tsp. salt (2g)	
Calories	180		180	
Calories from Fat	10		10	
Total Fat	1g	2%	1g	2%
Saturated Fat	0g	0%	0g	0%
Trans Fat	0g		0g	
Polyunsaturated Fat	0.5g		0.5g	
Monounsaturated Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	150mg	6%	940mg	39%
Total Carbohydrate	38g	13%	38g	13%
Dietary Fiber	1g	4%	1g	4%
Sugars	1g		1g	
Protein	6g		6g	
% of U.S. Recommended Daily Allowances (U.S. RDA)				
Vitamin A		0%		0%
Vitamin C		0%		0%
Calcium		0%		0%
Iron		10%		10%

I certify that the nutritional information contained on this page is true and correct.



Anthony P. Harrison II, Vice President
Quality Control and Research & Development

J&J SNACK FOODS CORP., 6000 Central Highway, Pennsauken, NJ 08109
(856) 665-9533

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