



Ling's 5th Taste
South El Monte, CA 91733
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Spicy Sichuan Chicken

(Fully Cooked)

5/5 lb. Chicken • 5/28 oz. Sauce

8-52724-11134-6 (Commodity)

8-52724-22234-9 (Commercial)

-Product Analysis-

Minimum Weight of Raw Chicken Used 2.88 oz.

Minimum Total Weight Cooked Chicken 2 oz.

Minimum Total Weight serving size is 2 oz. without sauce

Recommended Serving Size: 2.6 oz. = 2 oz. chicken and .6 oz. sauce

Approximate Servings per case: 200-207

This 2.6 oz. serving provides 2 meat/meat alternate according to the Food Buying Guide for Child Nutrition Programs.

Ingredients:

Chicken: Boneless, skinless chicken leg meat, water, sugar, soy sauce (soybeans, wheat flour, water, salt, straw mushroom extractives), salt, lime juice, garlic, ginger, onion.

Sauce: Water, sugar, vinegar, soy sauce (soybeans, wheat flour, water, salt, straw mushroom extractives), modified starch, hoi shin sauce (sugar, water, soybeans, salt, sweet potato, modified corn starch, sesame seeds, garlic, wheat flour, chili pepper, spices, caramel color, acetic acid, FD&C red color #40), chili powder, sichuan peppercorn, garlic, ginger, onion.

I certify this information is true and correct:

Ling's 5th Taste

12-1-2009

Date

Nutrition Facts

Serving Size: 2.6 oz. (74g)

Servings Per Container: 200-207

Amount Per Serving

Calories 90

Calories from Fat 20

% Daily Value*

Total Fat 2g	3%
Saturated Fat .5g	3%
Trans Fat 0g	0%
Cholesterol 40 mg	6%
Sodium 135 mg	13%
Total Carbohydrate 6g	2%
Dietary Fiber 0g	0%
Sugars 2g	
Protein 12g	

Vitamin A 0%

Vitamin C 2%

Calcium 0%

Iron 4%

*Percent Daily Values are based on a 2000 calorie diet.

Your daily values may be higher or lower depending on your calorie needs.

	Calories	2000	2500
Total Fat	Less Than	65g	60g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9	Carbohydrate 4		Protein 4

Heating Instructions:

Bake chicken with sauce in covered hotel pan at 250 degrees until internal temperature reaches 160 degrees

Serve over chow mein or rice.

Shelf Life: 1 year frozen

