



16000-19438
Cocoa Puffs Cereal Bar
NET WT 1.3 OZ (37g)

INGREDIENTS: Whole Wheat Flour, Corn Syrup, Cereal (whole grain corn, sugar, corn meal, corn syrup, whole grain corn flour, rice bran and/or canola oil, cocoa processed with alkali, color added, salt, tricalcium phosphate, fructose, calcium carbonate, natural and artificial flavor, corn starch, trisodium phosphate, zinc and iron [mineral nutrients], Vitamin C [sodium ascorbate], a B Vitamin [niacinamide], Vitamin B6 [pyridoxine hydrochloride], Vitamin B2 [riboflavin], Vitamin B1 [thiamin mononitrate], Vitamin A [palmitate], a B Vitamin [folic acid], Vitamin B12, Vitamin D3, BHT added to retain freshness), Brown Rice Flour, Rice Bran And/or Canola Oil, Sugar, Fructose, Whole Oat Flour, Cocoa Processed with Alkali, Modified Wheat Starch, Chicory Root Extract, Whole Corn Flour. Contains 2% or less of: Yellow Corn Flour, Maltodextrin, Glycerin, Calcium Carbonate, Salt, Color Added, Gelatin, Artificial Flavor, Sulfiting Agents, BHT Added to Retain Freshness.

CONTAINS WHEAT INGREDIENTS.

Nutrition Facts

Serving Size: 1 bar (37g), Amount Per Serving: **Calories** 140, Calories from Fat 30, **Total Fat** 3g (5% DV), Saturated Fat 0.5g (3% DV), Trans Fat 0g, **Cholesterol** 0mg (0% DV), **Sodium** 135mg (6% DV), **Total Carbohydrate** 28g (9% DV), Dietary Fiber 3g (10% DV), Sugars 9g, **Protein** 2g, Vitamin A (2% DV), Vitamin C (2% DV), Calcium (15% DV), Iron (10% DV), Vitamin D (0% DV), Thiamin (6% DV), Riboflavin (6% DV), Niacin (4% DV), Vitamin B6 (6% DV), Folic Acid (4% DV), Vitamin B12 (4% DV), Zinc (4% DV) . Percent Daily Values are based on a 2,000 calorie diet.

| Nutrition Information | |
|---------------------------|-----------|
| 100g | |
| Amount Per Serving | |
| Calories | 390.7 |
| Calories from Fat | 75.2 |
| | |
| Total Fat | 8.4 g |
| Saturated Fat | 1.6 g |
| Trans Fat | 0.0 g |
| Cholesterol | 0.0 mg |
| Sodium | 362.9 mg |
| Total Carbohydrate | 75.1 g |
| Dietary Fiber | 7.1 g |
| Sugars | 23.3 g |
| Protein | 6.0 g |
| | |
| Vitamin A | 270.3 IU |
| Vitamin C | 3.2 mg |
| Calcium | 405.4 mg |
| Iron | 4.9 mg |
| Vitamin D | 0.0 IU |
| Thiamin | 0.2 mg |
| Riboflavin | 0.3 mg |
| Niacin | 2.2 mg |
| Vitamin B6 | 324.3 mcg |
| Folic Acid | 43.2 mcg |
| Vitamin B12 | 0.6 mcg |
| Zinc | 1.6 mg |

CHILD NUTRITION PROGRAM: 1.0 Bar = 1.0 Bread Equivalents

The most accurate label information for package contents will always be on the product label. This product profile is correct through the date above. Because product formulations and related product attributes may change, this information is subject to change.

QUESTIONS? Call 1-800-767-5404
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