



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label or 3 oz. edible

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand
PRODUCT NAME: FC Diced Chicken
CODE NUMBER: 1230 Case Wt: 30# CN# None Donated Food/Case: 36#
SERVING SIZE: 2.72 oz Servings/Case 176 Contribution: 2 M/MA Serving n/a Bread Serving

BID DESCRIPTIONS

Oven roasted fully cooked 1/2" diced marinated whole muscle chicken produced from USDA A522 natural proportion white and dark meat commodity chicken. Product is to be cut 1/2" cube and IQF frozen. One serving to equal 2.05 ounces. Product to provide zero grams trans fat.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	65
Fat (g)	1
Saturated Fat (g)	0
Trans Fatty Acid (g)	0
Cholesterol (mg)	34

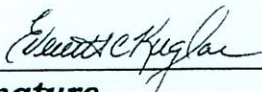
Carbohydrates (g)	1
Dietary Fiber (g)	0
Total Sugars (g)	0
Protein (g)	11

Vitamins

Vitamin A-IU (IU)	73
Vitamin C (mg)	0

Minerals

Sodium (mg)	427
Calcium (mg)	13
Iron (mg)	1


Signature

10/08/2010

Date



Fully Cooked

Diced 1/2" Dark and White Chicken Meat

INGREDIENTS: Thigh and Breast Meat, Water, Modified Potato Starch, Salt and Sodium Phosphates.



Product of USA
Distributed By: Pilgrim's Pride Corporation
P.O. Box 93, Pittsburg, TX 75686 800-321-1470 www.poultry.com
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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven: 6-10 minutes at 350°F;
Convection Oven: 6-8 minutes at 350°F. Appliances vary, adjust cook times accordingly.



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