



NET Wt. 2.2 oz.

INGREDIENTS: Granulated sugar, enriched wheat flour bleached (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), cocoa processed with alkali, water, semi-sweet chocolate chips (sugar, chocolate liquor cocoa butter, soy lecithin (an emulsifier), vanilla and salt), corn syrup solids, dry egg whites, soybean oil, corn starch, whey protein concentrate, salt, caramel color, dextrose, leavening (baking soda, sodium aluminum phosphate), mono & diglycerides with bht and citric acid as preservatives, polysorbate 60, artificial flavor, propylene glycol.

Contains: Soybean oil, milk, eggs, and wheat

Bread equivalent based upon 14.75 gms flour = 1 Bread Serving

Our Product 16.96 gms flour = 1 Bread Serving

A DIVISION OF BUENA VISTA FOOD PRODUCTS, INC., AZUSA, CA 91702



BROWNIES

Nutrition Facts		
Serving Size 2.2 oz. (62g)		
Servings Per Container 1		
Amount per Serving		
Calories 193	Calories from Fat 48	
% Daily Value*		
Total Fat 2.77g		8%
Saturated Fat 1.16g		5%
Trans Fat 0g		
Cholesterol 1mg		2%
Sodium 227mg		3%
Total Carbohydrate 39.55g		12%
Dietary Fiber 1.15g		8%
Sugars 19.95g		
Protein 3.06g		
Vitamin A 0%		Vitamin C 0%
Calcium 10.3%		Iron 2%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		
Calories: 2,000 2,500		
Total Fat	Less Than 65g	80g
Sat Fat	Less Than 20g	25g
Cholesterol	Less Than 300mg	300mg
Sodium	Less Than 2,400mg	2,400mg
Total Carb.	300g	375g
Dietary Fiber	25g	30g
Protein	50g	55g
Calories per gram:		
Fat 9	Carbohydrate 4	Protein 4