


Nutrition Facts		
Serving Size 2.25 oz (64g)		
Servings Per Container		
Amount Per Serving		
Calories 200	Calories from Fat 60	
% Daily Value*		
Total Fat 7g		11%
Saturated Fat 1.5g		7%
Trans Fat 0g		
Cholesterol 25mg		8%
Sodium 150mg		6%
Total Carbohydrate 31g		10%
Dietary Fiber 3g		11%
Sugars 11g		
Protein 4g		
Vitamin A 0%	•	Vitamin C 0%
Calcium 6%	•	Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Calories per gram:		
Fat 9 • Carbohydrate 4 • Protein 4		

Lemon Mini Pound 51% Whole Grain

Code #1456

Federal Reimbursable Meal Pattern Contributions:
2.0 Bread/Bread Alternate

Allergen Statement: Contains Wheat, Milk, Egg, Soy.



Jack Lord

6-15-12

Date

INGREDIENTS: WHOLE WHEAT FLOUR, SUGAR, BLEACHED ENRICHED WHEAT FLOUR (WHEAT FLOUR WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, SOYBEAN OIL, DRIED WHEY (MILK), LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), DRY YEAST, BAKING POWDER, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, MONO AND DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, ASCORBIC ACID), SALT, VITAL WHEAT GLUTEN, ARTIFICIAL FLAVOR, WATER, EGG.