

# Snack & Smile<sup>®</sup> Chocolate Enrobed Mini Donuts

**CODE #: 6686**  
**UPC ITEM #: 0 91464 66860 8**

## Nutrition Facts

Serving Size 3 oz (85g)  
Serving size 6 donuts

### Amount Per Serving

**Calories** 390    Calories from Fat 220

	% Daily Value*
<b>Total Fat</b> 24g	<b>37%</b>
Saturated Fat 11g	<b>53%</b>
Trans Fat 0g	
Polyunsaturated Fat 5g	
Monounsaturated Fat 8g	
<b>Cholesterol</b> 10mg	<b>4%</b>
<b>Sodium</b> 360mg	<b>15%</b>
<b>Potassium</b> 150mg	<b>4%</b>
<b>Total Carbohydrate</b> 41g	<b>14%</b>
Dietary Fiber 2g	<b>6%</b>
Sugars 20g	
<b>Protein</b> 5g	

Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 8%
Thiamine 10%	• Riboflavin 8%
Niacin 6%	• Folic Acid 10%

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.

### Shelf Life

**Frozen: 9-12 months**  
**After Thawed: 7 - 10 days**

## Product Contribution

### 2 Breads

**Grams of Enriched Flour: 31.57g**

## Ingredients

ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE SHORTENING (CANOLA OIL, PALM OIL AND PALM KERNEL OIL), CONFECTIONER COATING (SUGAR, PARTIALLY HYDROGENATED VEGETABLE OILS [PALM KERNEL, COCONUT, PALM] COCOA, COCOA PROCESSED WITH ALKALI, WHEY, SOY LECITHIN, VANILLA), SUGAR SOY BEAN OIL, PALM OIL. Contains 2% or less of the following ingredients: SOY FLOUR, DEXTROSE, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE, ALUMINUM SULFATE), WHEY, EGG WHITES, SALT, EGG YOLKS, EGGS, CORN SYRUP SOLIDS, DEGERMINATED YELLOW CORN FLOUR, PRESERVATIVES (POTASSIUM SORBATE, CALCIUM PROPIONATE, ALPHA TOCOPHEROLS), GLUCONO DELTA-LACTONE, CELLOSE GUM, SOY LECITHIN, SODIUM STEAROYL LACTYLATE, WHEAT STARCH, PROPYLENE GLYCOL MONO-& DIESTERS OF FATTY ACIDS, MONO-& DIGLYCERIDES, TRICALCIUM PHOSPHATE, BETA CAROTENE (COLOR), CORN OIL, CITRIC ACID, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER.

**CONTAINS: WHEAT, MILK, EGG AND SOY.**

## Additional Product Info

**Mini Donuts – Chocolate code/ 6686** 60 - 3 oz. Frozen individually wrapped Thaw & Serve six packs of 1/2 oz. chocolate iced donuts. Must conform to USDA Child Nutrition Program specifications and meet 2 servings of bread/bread alternate. 10% vitamin B<sub>1</sub>, folic acid 8% vitamin B<sub>2</sub>, iron. Student preferred brand, Super Bakery's Snack & Smile product #6686. Peanut Free Product. Nutritional analysis required.

cs/ct	60
case dimensions	19.5" L x 15.5" W x 5.25" H
case cube	.92
case weight	12 lbs.
cases per pallet	66
TiHi	6 x 11



**1-800-722-6841**

April 2008



# Snack & Smile® Powdered Mini Donuts

**CODE #: 6687**

**UPC ITEM #: 0 9146466870 7**

## Nutrition Facts

Serving Size 3 oz (85g)  
Serving size 6 donuts

### Amount Per Serving

**Calories** 370    Calories from Fat 190

	% Daily Value*
<b>Total Fat</b> 21g	<b>32%</b>
Saturated Fat 7g	<b>34%</b>
Trans Fat 0g	
Polyunsaturated Fat 5g	
Monounsaturated Fat 9g	
<b>Cholesterol</b> 10mg	<b>4%</b>
<b>Sodium</b> 390mg	<b>16%</b>
<b>Potassium</b> 110mg	<b>3%</b>
<b>Total Carbohydrate</b> 42g	<b>14%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 21g	
<b>Protein</b> 4g	

Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 10%
Thiamine 15%	• Riboflavin 10%
Niacin 8%	• Folic Acid 10%

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.

### Shelf Life

**Frozen: 9-12 months**  
**After Thawed: 7 - 10 days**

cs/ct	60
case dimensions	19.5" L x 15.5" W x 5.25" H
case cube	.92
case weight	12 lbs.
cases per pallet	66
TiHi	6 x 11

## Product Contribution

**2 Breads**

**Grams of Enriched Flour: 31.57g**

## Ingredients

ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE SHORTENING (CANOLA, PALM OIL AND PALM KERNEL OIL), SUGAR, DEXTROSE, SOYBEAN OIL, PALM OIL, SOY FLOUR, Contains 2% of less of the following ingredients: LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE, ALUMINUM SULFATE), WHEY, CORNSTARCH, EGG WHITES, PARTIALLY HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, SALT, EGG YOLKS, EGGS, CORN SYRUP SOLIDS, DEGERMINATED YELLOW CORN FLOUR, PRESERVATIVES (POTASSIUM SORBATE, CALCIUM PROPIONATE, SODIUM PROPIONATE, ALPHA TOCOPHEROLS), GLUCONO DELTA-LACTONE, TITANIUM DIOXIDE (COLOR), RICE FLOUR, CELLULOSE GUM, SOY LECITHIN, SODIUM STEAROYL LACTYLATE, WHEAT STARCH, PROPYLENE GLYCOL MONO- & DIESTERS OF FATTY ACIDS, MONO- & DIGLYCERIDES, TRICALCIUM PHOSPHATE, BETA CAROTENE (COLOR), CORN OIL, CITRIC ACID, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, ARTIFICIAL FLAVOR.

**CONTAINS: WHEAT. MILK. EGG AND SOY.**

## Additional Product Info

**Mini Donuts - Powdered Sugar code/ 6687** 60 - 3 oz.  
Frozen individually wrapped Thaw & Serve six packs of ½ oz. powdered sugar donuts. Must conform to USDA Child Nutrition Program specifications and meet 2 servings of bread/bread alternate. 15% vitamin B<sub>1</sub>, 10% iron, vitamin B<sub>2</sub>, folic acid. Student preferred brand, Super Bakery's Snack & Smile product #6687. Peanut Free Product. Nutritional analysis required.



**1-800-722-6841**

April 2008





### CODE NO. 6000

Ingredients: Enriched Flour (flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Water, Sugar, Soybean Oil, Yeast, Cinnamon, Milk Protein, Whey, Salt, Calcium Carbonate, Soy Flour, Mono & Diglycerides, Magnesium Phosphate, Nonfat Milk, Leavening (sodium acid pyrophosphate, baking soda), Buttermilk Solids, Yellow Corn Flour, Sodium Stearoyl Lactate, Vitamin C Ascorbic Acid, Calcium Phosphate, Agar, Ferrous Sulfate, Extracts of Annatto and Turmeric, Dextrose, Vitamin E Alpha Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Natural Flavor, Vitamin A Palmitate, Vitamin B6 Pyridoxine Hydrochloride, Vitamin B1 Thiamine Mononitrate, Vitamin B2 Riboflavin, Vitamin B12 Cyanocobalamin, Folic Acid.

NUTRITION FACTS	Amount/Serving	%DV*	Amount/Serving	%DV*
Serv. Size 1 Bun 2.5 oz. (70g) Calories 270 Fat Cal. 140	Total Fat 16g Sat. Fat 4g Cholest. 10mg Sodium 220mg	24% 17% 3% 11%	Total Carb. 24g Fiber <1g Sugars 9g Protein 5g	8% 2% 9% 5%

### Plus

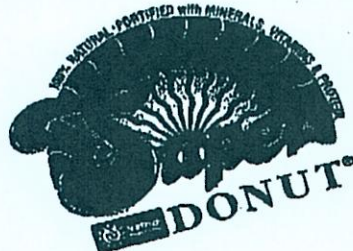
Vitamin A 30% • Vitamin C 35% • Calcium 20% • Iron 30%  
Vitamin E 15% • Thiamine 40% • Riboflavin 25% • Niacin 30%  
Vitamin B6 30% • Folate 30% • Vitamin B12 50% • Phosphorus 10%  
Magnesium 10%

Product Contribution = Grain - Fruit

Grams of enriched flour = 28.66g

### SPECIFICATIONS SUPER BUN

cs/ct	80
case dimensions	21" L x 16.375" W x 6.75" H
case cube	1.3
case weight	13.5 lbs.
cases per pallet	55
TIH	5 x 11



### CODE NO. 6001

Ingredients: Enriched Flour (flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Water, Sugar, Soybean Oil, Milk Protein, Nonfat Milk, Dextrose, Soy Flour, Leavening (baking soda, sodium acid pyrophosphate, sodium aluminum phosphate, glucono delta lactone), Calcium Carbonate, Whey, Egg Yolk Solids, Salt, Magnesium Phosphate, Lecithin, Buttermilk Solids, Vitamin C Ascorbic Acid, Calcium Phosphate, Mono & Diglycerides, Wheat Starch, Ferrous Sulfate, Agar, Extracts of Annatto and Turmeric, Vitamin E Alpha Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Natural Flavor, Vitamin A Palmitate, Vitamin B6 Pyridoxine Hydrochloride, Vitamin B1 Thiamine Mononitrate, Vitamin B2 Riboflavin, Vitamin B12 Cyanocobalamin, Folic Acid.

NUTRITION FACTS	Amount/Serving	%DV*	Amount/Serving	%DV*
Serv. Size 1 Donut 2.2 oz. (62g) Calories 250 Fat Cal. 100	Total Fat 11g Sat. Fat 3g Cholest. 5mg Sodium 270mg	17% 15% 2% 11%	Total Carb. 30g Fiber <1g Sugars 11g Protein 5g	10% 2% 11% 5%

### Plus

Vitamin A 30% • Vitamin C 35% • Calcium 20% • Iron 40%  
Vitamin E 20% • Thiamine 35% • Riboflavin 30% • Niacin 35%  
Vitamin B6 35% • Folate 30% • Vitamin B12 30% • Phosphorus 20%  
Magnesium 10%

Product Contribution = Grain - Fruit

Grams of enriched flour = 25.5g

### SPECIFICATIONS SUPER DONUT

cs/ct	80
case dimensions	19.625" L x 13.125" W x 6.25" H
case cube	.9
case weight	12 lbs.
cases per pallet	84
TIH	7 x 12



### CODE NO. 6098

Ingredients: Enriched Flour (flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Water, Sugar, Soybean Oil, Nonfat Milk, Milk Protein, Dried Honey Solids, Leavening (baking soda, sodium acid pyrophosphate, sodium aluminum phosphate, glucono delta lactone), Soy Flour, Bran, Egg Yolk Solids, Salt, Calcium Carbonate, Dextrose, Wheat Starch, Whey, Magnesium Phosphate, Cinnamon, Lecithin, Mono & Diglycerides, Buttermilk Solids, Vitamin C Ascorbic Acid, Calcium Phosphate, Ferrous Sulfate, Agar, Vitamin E Alpha Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Vitamin A Palmitate, Vitamin B6 Pyridoxine Hydrochloride, Vitamin B1 Thiamine Mononitrate, Vitamin B2 Riboflavin, Vitamin B12 Cyanocobalamin, Folic Acid.

NUTRITION FACTS	Amount/Serving	%DV*	Amount/Serving	%DV*
Serv. Size 1 Donut 2.2 oz. (62g) Calories 230 Fat Cal. 100	Total Fat 11g Sat. Fat 2g Cholest. 10mg Sodium 280mg	17% 10% 2% 10%	Total Carb. 29g Fiber <1g Sugars 13g Protein 5g	10% 4% 13% 5%

### Plus

Vitamin A 35% • Vitamin C 30% • Calcium 15% • Iron 40%  
Vitamin E 20% • Thiamine 50% • Riboflavin 35% • Niacin 35%  
Vitamin B6 40% • Folate 45% • Vitamin B12 40% • Phosphorus 20%  
Magnesium 10%

Product Contribution = 1 1/4 Breads

Grams of enriched flour = 18.75g

### SPECIFICATIONS HONEY WHEAT

cs/ct	80
case dimensions	19.625" L x 13.125" W x 6.25" H
case cube	.9
case weight	12 lbs.
cases per pallet	84
TIH	7 x 12



### CODE NO. 6099

Ingredients: Enriched Flour (flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Water, Sugar, Vegetable Shortening (may contain soybean and/or cottonseed oil), Cocoa (processed w/ alkali), Milk Protein, Nonfat Milk, Soybean Oil, Dextrose, Soy Flour, Cornstarch, Leavening (baking soda, sodium acid pyrophosphate, sodium aluminum phosphate, glucono delta lactone), Calcium Carbonate, Egg Yolk Solids, Salt, Magnesium Phosphate, Whey, Lecithin, Vitamin C Ascorbic Acid, Buttermilk Solids, Calcium Phosphate, Vitamin E Acetate, Agar, Wheat Starch, Natural Flavor, Titanium Dioxide, Mono & Diglycerides, Wheat Starch, Ferrous Sulfate, Agar, Extracts of Annatto and Turmeric, Niacinamide, Calcium Pantothenate, Vitamin B6, Vitamin B2 Riboflavin, Vitamin B1 Thiamine mononitrate, Folic Acid, Vitamin B12, Vitamin A.

NUTRITION FACTS	Amount/Serving	%DV*	Amount/Serving	%DV*
Serv. Size 1 Donut 2.2 oz. (62g) Calories 210 Fat Cal. 100	Total Fat 11g Sat. Fat 2.5g Cholest. 10mg Sodium 240mg	17% 12% 3% 10%	Total Carb. 26g Fiber 1g Sugars 14g Protein 4g	9% 2% 14% 4%

### Plus

Vitamin A 45% • Vitamin C 45% • Calcium 15% • Iron 35%  
Vitamin E 15% • Thiamine 30% • Riboflavin 30% • Niacin 30%  
Vitamin B6 35% • Folate 20% • Vitamin B12 40% • Phosphorus 8%  
Magnesium 5%

Product Contribution = 1 1/4 Breads

Grams of enriched flour = 20.65g

### SPECIFICATIONS CHOCOLATE

cs/ct	80
case dimensions	19.625" L x 13.125" W x 6.25" H
case cube	.9
case weight	12 lbs.
cases per pallet	84
TIH	7 x 12

**SUPER BAKERY** products are shipped frozen and are best when removed from the freezer and served the same day. For best results thaw at room temperature.



5700 Corporate Drive  
Suite 455  
Pittsburgh, PA 15237  
1-800-899-9808



# 1.3 oz. Cinnamon Proball®

CODE #: 9101

UPC ITEM #: 0 9146491010 3

## Nutrition Facts

Serving Size 1.3 oz (37g)  
Servings Per Container 1 Unit

### Amount Per Serving

**Calories** 130      Calories from Fat 50

	% Daily Value*
<b>Total Fat</b> 6g	<b>9%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 2g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 180mg	<b>8%</b>
<b>Potassium</b> 50mg	<b>1%</b>
<b>Total Carbohydrate</b> 18g	<b>6%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 7g	
<b>Protein</b> 3g	

Vitamin A 15%	•	Vitamin C 10%
Calcium 6%	•	Iron 15%
Vitamin E 40%	•	Thiamine 20%
Riboflavin 15%	•	Niacin 15%
Magnesium 4%	•	Folic Acid 20%
Vitamin B6 10%	•	Vitamin B12 15%
Phosphorous 10%	•	Vitamin D 20%

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.

## Product Contribution

**1 Bread**

**Grams of Enriched Flour: 15.9g**

## Diabetic Exchange

**1 bread + 1 fat**

**Carb counting = 18 g**

## Ingredients

ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE SHORTENING (CANOLA OIL, PALM OIL AND PALM KERNEL OIL), SOYBEAN OIL, DEXTROSE, SUGAR, CORNSTARCH, CINNAMON, SOY FLOUR, RYE FLOUR, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), Contains 2% or less of the following ingredients: WHEAT PROTEIN, MILK PROTEIN, WHEY, SALT, EGG YOLKS, CALCIUM CARBONATE, MONO & DIGLYCERIDES, EGGS, MAGNESIUM PHOSPHATE, SODIUM PROPIONATE (PRESERVATIVE), SODIUM STEAROYL LACTYLATE, GUAR GUM, VITAMIN C (ASCORBIC ACID), POLYSORBATE 60, CALCIUM PHOSPHATE, VITAMIN E ALPHA TOCOPHERYL ACETATE, NONFAT DRYMILK, BUTTERMILK SOLIDS, FERROUS SULFATE, NIACINAMIDE, CALCIUM PANTOTHENATE, VITAMIN D, SOY LECITHIN, VITAMIN B2 RIBOFLAVIN, VITAMIN B1 THIAMINE MONONITRATE, FOLIC ACID, VITAMIN B12 CYANOCOBALAMIN, VITAMIN A PALMITATE.

CONTAINS: WHEAT, MILK, EGG AND SOY.

## Shelf Life

**Frozen: 9-12 months**  
**After Thawed: 3 - 5 days**

cs/ct	160
case dimensions	15.813" L x 10.5" W x 10" H
case Cube	.96
case weight	14.0 lbs.
cases per pallet	80
TiHi	10 x 8



August 2007



# Goodyman® Happy Birthday® Cupcake (Chocolate)

**CODE #: 9450**

**UPC ITEM #: 0 91464 94500 6**

## Nutrition Facts

Serving Size 1.75 oz (50g)  
Servings Per Container 1

### Amount Per Serving

**Calories** 200    Calories from Fat 60

	% Daily Value*
<b>Total Fat</b> 6g	<b>10%</b>
Saturated Fat 2g	<b>11%</b>
Trans Fat 1g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 2.5g	
<b>Cholesterol</b> 15mg	<b>5%</b>
<b>Sodium</b> 280mg	<b>12%</b>
<b>Total Carbohydrate</b> 34g	<b>11%</b>
Dietary Fiber less than 1g	<b>3%</b>
Sugars 25g	
<b>Protein</b> 2g	

Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 4%
Thiamine 4%	• Riboflavin 4%
Niacin 2%	• Folic Acid 4%

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.

### Shelf Life

**Frozen: 9-12 months**  
**After Thawed: 16 days**

## Product Contribution

**1/2 Bread**

**Grams of Enriched Flour: 7.38g**

### Ingredients

SUGAR, WATER, ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN SYRUP, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN & COTTONSEED OILS, MONO & DIGLYCERIDES, POLYSORBATE 60), VEGETABLE SHORTENING (PALM OIL, FRACTIONATED PALM OIL, MONO & DIGLYCERIDES, POLYSORBATE 60), COCOA PROCESSED WITH ALKALI, Contains 2% or less of the following: EGGS, CORNSTARCH, SOY FLOUR, SALT, BAKING SODA, SODIUM PROPIONATE & SORBIC ACID (PRESERVATIVES), MALTODEXTRINS, SODIUM ACID PYROPHOSPHATE, CALCIUM CARBONATE, DEXTROSE, ARTIFICIAL & NATURAL FLAVORS, SOYBEAN OIL, CHOCOLATE LIQUOR, AGAR, CELLULOSE GUM, SOY LECITHIN, CELLULOSE FIBER, MONOCALCIUM PHOSPHATE, DEXTRINS, PROPYLENE GLYCOL ALGINATE, CONFECTIONER'S GLAZE, SORBITAN MONOSTEARATE, MONO & DIGLYCERIDES, ARTIFICIAL COLOR (RED 40 LAKE, YELLOW 6 LAKE, BLUE 1 LAKE, YELLOW 5 LAKE, RED 3, RED 40, BLUE 1), CARNAUBA WAX.

**CONTAINS: WHEAT, SOY and EGG**

## Additional Product Info

**Goodyman Happy Birthday Cupcake (Chocolate) code/ 9450-** 80 - 1.75 oz. Frozen, individually wrapped Thaw & Serve cupcake. Must conform to USDA Child Nutrition Program specifications and meet 1/2 serving of bread/bread alternate. Student preferred brand Super Bakery's Goodyman product #9450. Must meet 27% or fewer calories from fat. Peanut Free Product. Nutritional analysis required.



1-800-722-6841

cs/ct	80
case dimensions	22.2" L x 15.2" W x 4.7" H
case cube	0.92
case weight	10 lbs.
cases per pallet	75
TIH	5 x 15

April 2009