



NUTRITIONAL INFORMATION

Riptide Stoked - Nutrient-Dense Sparkling Refreshers

ITEM #	PACK/SIZE	PRODUCT DESCRIPTION	PACKAGE
00062	24/16oz.	Riptide Sparkling - Black Cherry Bomb	Tall Can
00064	24/16oz.	Riptide Sparkling - Lemon Lime Aid	Tall Can
00065	24/16oz.	Riptide Sparkling - Orange You Smart	Tall Can
00066	24/16oz.	Riptide Sparkling - Wild Berry Wave	Tall Can

Nutrition Facts	
Serving Size 8 fl. oz. (240 ml)	
Amount Per Serving	
Calories 60	
	% Daily Value*
Total Fat 0g	0%
Sodium 10mg	0%
Potassium 90mg	3%
Total Carbohydrate 16g	5%
Dietary Fiber 1g	4%
Sugars 14g	
Protein 0g	
Calcium 15% • Vitamin A 10%	
Vitamin C 10% • Vitamin D 25%	
Vitamin B12 15%	
Not a significant source of calories from fat, saturated fat, trans fat, cholesterol and iron.	
*Percent Daily Values are based on a 2,000 calorie diet.	
Exchange: (per serving) 1 CARBOHYDRATE	
The dietary exchanges are based on Exchange Lists for Meal Planning. © 1995 by the American Diabetes Association, Inc. and the American Dietetic Association.	



Key Selling Points

- Great taste - light and fruity, not syrupy
- Classified as a Nutrient-Dense Beverage
- Formulated specifically for schools based on USDA recommendations
- Contains 7 Key Nutrients including 3 USDA “**Nutrients of Concern**”
- Contains as much of the electrolyte **Potassium** as ¼ banana
- As much **Fiber** as half an Orange (1g)
- As much **Calcium** as half a glass of milk – 15% RDI Organic **Calcium**
- As much Vitamin A as milk – 10% RDI Vitamin A (same type as milk)
- As much Vitamin D as milk – 25% RDI Vitamin D (same type as milk)
- As much Vitamin B12 as milk – 15% RDI Vitamin B12
- Good Source of Vitamin C – 10% RDI Vitamin C
- USDA Exempt – Exempt from the soda water category – not considered a food of minimal nutritional value.
- Low in calories and sugar - **fewer calories than skim milk**
- **Naturally sweetened, Naturally flavored** and Caffeine Free
- **California SB677 & SB965 Compliant** - meets requirements for the electrolyte replacement category, but is far superior nutritionally.

Category: Nutrient-Dense Beverages

Sub-category: Sparkling Nutrient Refresher with Calcium, Fiber, Potassium, Vitamins A, B12, C & D

Specification: Riptide Sparkling Nutrient Refresher – Minimum 15% RDI Organic Calcium, Minimum 1 gram of Fiber, Minimum 90mg of Potassium, USDA Exempt from the soda water category in schools, Minimum 10% RDI Vitamin A, Minimum 25% RDI Vitamin D, Minimum 15% RDI Vitamin B12, Caffeine Free, Made in USA

Ingredient List (Same for all flavors): Sparkling Water, Pure Cane Sugar, Maltodextrin (Dietary Fiber), Citric Acid, Calcium Lactate, Natural Flavors, Monopotassium Phosphate, Potassium Benzoate, Potassium Sorbate, Acerola, Rebiana (Stevia Extract, Natural Sweetener), Vitamin A Palmitate, Vitamin D3, Vitamin B12

Skim milk is the healthy, nutrient-dense beverage benchmark. Our beverages are “More Like Milk!”

More Like Milk!

Riptide is not designed to be a replacement for milk. It’s designed to replace nutrient-poor beverages that are nothing like milk. Riptide beverages fill the void between skim milk and other beverage choices. They’re similar to skim milk in nutrient-density and contain many of the same key nutrients with the same or fewer calories than skim milk, so they’re “More Like Milk!” than traditional sodas, sports drinks, flavored waters, and even fruit juices.

For more information, contact Health Fusion Brands at 1-866-545-4794

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