Super Wholesome Tropical Treats-Orange **Nutritional Statement** MJM #551150

Meets Criteria for the Alliance for a Healthier Generation

NUTRITION DATA:	Per 100g	Per Serving 28g		% DV*
Calories	401	114	kcal	
Calories From Fat	98	28	kcal	
Total Fat	11	3	g	5%
Saturated Fat	3	1	g	5%
Trans Fat	0	0	g	
Polyunsaturated Fat	4	1	9	
Monounsaturated Fat	2	1	g	
Cholesterol	0	0	mg	0%
Sodium	295	85	mg	4%
Potassium	167	47	mg	
Total Carbohydrate	72	20	g	7%
Dietary Fiber	5	2	g	8%
Sugars	28	8	g	
Protein	5	2	g	
Vitamin A	976	277	IU	6%
Vitamin C	12	3	mg	6%
Calcium	407	116		10%
Iron	6		mg	10%
Vitamin B1 Thiamin	1			10%
Vitamin B2 Riboflavin	0	0	mg	8%
Vitamin B3 Niacin	7	2	mg	10%

*% Daily Values based on 2,000 calorie diet

Contains: Wheat

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Whole Grain TRANS FAT FREE With Calcium	
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WITH NATURALY	Except.
	程序
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♦ Whole Grain	3000
♦ Zero Trans Fat	
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- ♦ No High Fructose Corn Syrup
- ♦ Low Sat Fat
- ♦ Low Sodium
- ♦ Good Source of Calcium
- No Peanuts or Tree Nuts
- No Dairy
- ♦ No Preservatives
- ♦ Kosher
- ♦ SB12 Compliant
- ♦ 10% Calcium
- ♦ 10% Iron
- ♦ Equals One Grain

Grain component derived from wheat

Whole Grain (g)

16.65

100%

Total Grain (g)

16.65

ALL MJM Products Are Whole Grain & Meet New USDA & HUSSC Guidelines

INGREDIENTS:

Whole wheat flour, sugar, partially hydrogenated soybean and cottonseed oil, natural and artificial flavors, tricalcium phosphate, salt, sodium bicarbonate, monocalcium phosphate, added vitamins and iron (ascorbic acid, vitamin A palmitate, niacinamide, iron/electrolytic, riboflavin, thiamin mononitrate, folic acid, maltodextrin as carrier).

UPC Code	Serving Size	Case/Pk	Ti-Hi	Case Dimension	Case Cube	Gross Wt	Net Wt
06828305511502	28 g/1 oz	150ct	8 x 7 HI	11x19x11	1.3	11.5 lbs	9.38 lbs

Each 1 oz package of this product satisfies USDA requirements for ONE GRAIN serving, as well as the FCS instruction for the Grains/Breads component requirement in the National School Lunch and School Breakfast Program.

MJM does not purchase, store or produce any products that contain peanuts, peanut oil, peanut butter, or any products made from nuts.

Helen Corey Vice President MJM Marketing In compliance with USDA standards, all MJM products contain at least 51% whole grains, with the whole grain per serving greater than 8 grams. MJM products are nut-free, low in saturated fat, zero trans fat and zero cholesterol.