



## Minh® Egg Roll 4.4 oz. Beef & Vegetable CN

Product Code: 69200

Last Update Date: 06/06/2011

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### Nutrition Information

<b>Serving Size:</b>	1 egg roll (4.40 oz/125g)
<b>Eaches/Case:</b>	60
<b>Inner Packs/Case:</b>	1
<b>Servings/Case:</b>	60
<b>Calories:</b>	300
<b>Calories from Fat:</b>	140
<b>Total Fat:</b>	15 g(s)
<b>Saturated Fat:</b>	6 g(s)
<b>Trans Fat:</b>	0 g(s)
<b>Cholesterol:</b>	105 mg(s)
<b>Sodium:</b>	660 mg(s)
<b>Potassium:</b>	340 mg(s)
<b>Total Carbohydrate:</b>	27 g(s)
<b>Total Dietary Fiber:</b>	3 g(s)
<b>Sugars:</b>	3 g(s)
<b>Protein:</b>	15 g(s)

#### Vitamins & Minerals

	Amt/Srv	% DV
<b>Vitamin A:</b>	500 IU	10%
<b>Vitamin C:</b>	4.8 mg(s)	8%
<b>Calcium:</b>	40 mg(s)	4%
<b>Iron:</b>	3.6 mg(s)	20%

\* Percent Daily Values are based on 2,000 calorie diet.

### Shipping Info

<b>GTIN (UPC):</b>	35367692001
<b>SCC-14:</b>	n/a
<b>Gross Weight:</b>	17.5 lbs.
<b>Net Weight:</b>	16.5 lbs.
<b>Each Weight:</b>	4.4 oz(s)
<b>Cube:</b>	0.714
<b>Dimensions (LxWxH):</b>	17.75 x 9.75 x 7.125
<b>Cases/Pallet:</b>	100
<b>Tie:</b>	10
<b>High:</b>	10
<b>Shelf Life:</b>	300 days

Minh® Beef & Vpp Egg Rolls are 4.4 oz. egg rolls made with an Asian style filling containing ground beef, cabbage, carrots, onion, potato, TVP, egg, and seasoning wrapped in a crispy skin.

Master Case Product Name: SFS MINH BEEF & VPP CN 4.4 OZ

#### Child Nutrition Identification - 076746

This 1 egg roll (4.40 oz/125g) serving provides 2 oz(s) equivalent meat/meat alternate, 1 3/4 servings of bread/bread alternate, and 1/4 cup vegetable for the Child Nutrition Meal Pattern Requirements.

#### Preparation Instructions

COOKING INSTRUCTIONS. COOK BEFORE SERVING. Cooking times may vary due to equipment variances. Cooking instructions are based on 12 pieces. DEEP FRYER: 350°F for 7-9 min if thawed or 10-12 min if frozen. CONVENTIONAL OVEN: Preheat oven to 400°F, bake for 15-17 min if thawed or 20-22 min if frozen. CONVECTION OVEN: Preheat oven to 350°F, bake for 10-12 min if thawed or 16-18 min if frozen. MICROWAVE OVEN(700 Watts): 1½-2 min if thawed or 2½-3 min if frozen. Refrigerate or discard any unused portion.

#### Ingredients

FILLING: Ground beef (not more than 24% fat), cabbage, potatoes, textured soy protein (textured soy flour, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium pantothenate, thiamine mononitrate [B1], pyridoxine hydrochloride [B6], riboflavin [B2], cyanocobalamin [B12]), dried whole egg, onion, carrots, contains 2% or less of: salt, sugar, spices, hydrolyzed soy protein (hydrolyzed soy protein with a maximum of 2% soybean oil), granulated garlic, lactic acid powder (lactic acid, calcium lactate). CRUST: Enriched bleached flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, enriched durum flour (wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), contains 2% or less of: salt, dried whole egg, vegetable oil (soybean, cottonseed, corn, and/or canola oil), vital wheat gluten, cornstarch. Fried in vegetable oil (soybean, cottonseed, corn, and/or canola oil).

#### Allergens

Contains Egg, Wheat, and Soy.

#### Hard Bid Specifications

Minh® Egg Roll 4.4 oz. Beef & Vegetable CN must provide 2 equivalent meat/meat alternate, 1 3/4 servings of bread/bread alternate and 1/4 cup vegetable. Portion to provide a minimum of 270 calories with no more than 17 fat grams. Must contain a minimum of 2 grams of fiber and less than 760 milligrams sodium. Case pack of 60 per case. CN Label required. Acceptable Brand: Minh® 69200 .

