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BAKED! CHEETOS® FLAMIN' HOT® Cheese Flavored Snacks



- 0 Trans Fats
- Baked
- No Gluten Ingredients

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Product Nutrition

Nutrition Facts		
Serving Size 1 package		
Servings Per Container 1		
Amount Per Serving		
Calories		120
Calories from Fat		40
		% Daily Value*
Total Fat 4.5g		7%
Saturated Fat 0.5g		3%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 190mg		8%
Total Carbohydrate 18g		5%
Dietary Fiber less than 1g		3%
Sugars 0g		
Protein 2g		
Vitamin A		0%
Vitamin C		0%
Calcium		10%
Iron		4%
Vitamin E		2%
Thiamin		8%
Riboflavin		4%
Niacin		4%
Magnesium		4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		
Calories:		2,000 2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Calories per gram:		
Fat 9	Carbohydrate 4	Protein 4

Ingredients

Enriched Corn Meal (Corn Meal, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, and Folic Acid), Vegetable Oil (Corn, Soybean, Canola, and/or Sunflower Oil), Salt, Sea Minerals (Calcium Carbonate and Magnesium Carbonate), Sugar, Monosodium Glutamate, Yeast Extract, Citric Acid, Artificial Color (Red 40 Lake, Yellow 6 Lake, Yellow 6, and Yellow 5), Hydrolyzed Corn Protein, Onion Powder, Cheddar Cheese (Milk, Cheese Cultures, Salt, and Enzymes), Whey, Maltodextrin (Made from Corn), Whey Protein Concentrate, Garlic Powder, Buttermilk, Natural Flavor, Sodium Diacetate, Lactic Acid, Disodium Inosinate, Disodium Guanylate, and Skim Milk.

CONTAINS MILK INGREDIENTS.

Additional Product Credentials

Case UPC	000-28400-30993-6
Bag UPC	0-28400-0-3995-6
Case Pack	104/.875 oz. bags
Kosher Status	No
AHG Compliant	Yes – E, M, H
HealthierUS School Challenge Compliant – Competitive Foods (Bronze, Silver or Gold Award)	Yes
HealthierUS School Challenge Compliant – Competitive Foods (Gold Award of Distinction)	Yes
Grain/Bread Equivalents (16g/serving)	1.25 BGE
Weight of Grain	21.2g
Document Updated	June 2012