



A STERLING FOODS COMPANY

PRODUCT INFORMATION SHEET

Product Name: WG RF Three Cheese Calzone

Product Codes: # 50240 IW/ 50230 B

Contribution to USDA Meal Pattern Requirements: 2.0 oz grain eq; 2.0 Meat Alternate; 28.83 gm WG/svg.

Portion Size As Purchased: 5.5 oz.

Count: 45 pcs. Per Case

Type of Enriched or Whole Grain Product in the Product: Whole Wheat Flour and Enriched Wheat Flour

Nutrition Facts	Total Fat	12 g	Total Carbohydrate	49 g
Amt/Serving size; 5.5 oz (156 grams)	Sat Fat	5 g	Fiber	2 g
Servings Size: 1 Calzone	Trans fat	0 g	Sugars	4 g
Calories 370	Cholesterol	25 mg	Protein	19 g
Calories from Fat 110	Sodium	610 mg		

Vit A – 10% * Vit C – 100% * Calcium – 30% * Iron – 15%

INGREDIENTS:(CRUST) WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR, WATER, CANOLA OIL, SUGAR, CONTAINS LESS THAN 2 PERCENT OF SALT, YEAST, OLIVE OIL, DEXTROSE, DOUGH CONDITIONER, ASCORBIC ACID, LECITHIN **(FILLING)**MOZZARELLA CHEESE, PIZZA SAUCE, CHEDDAR CHEESE, PROVOLONE CHEESE, MODIFIED FOOD STARCH, RICE FLOUR

ALLERGENS: SOY, WHEAT, MILK

SHELF-LIFE: FROZEN 12 MONTHS

I certify that the above information is true and correct.

Quality Assurance Manager

JULY 27, 2012

Date