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## **Product Information**

General Mills Product Code:133686000

UPC: 018000336869 GTIN: 00018000336869 Case Size: .727 CFper case

Net Weight:

Length: 19.81 IN Width: 7.93 IN Height: 8 IN Volume: .727 CF

## Ingredients:

WATER. WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR. VEGETABLE OIL (PALM, CANOLA), NONFAT MILK, YEAST, SOYBEAN OIL, CINNAMON. SALT, MODIFIED CORN STARCH. NATURAL FLAVOR, TBHQ (PRESERVATIVE).

## Allergen Statement\*:

CONTAINS WHEAT AND MILK INGREDIENTS.

Contains at least 16g whole grain per serving. At least 48g whole grain recommended daily
Trans fat values are calculated based on formula as of the date listed, values are based on serving sizes indicated, larger serving sizes may have
different trans fat values. Different preparation techniques may change the amount of trans fat.

<b>Nutrition Facts</b>	
Serving Size: 1 Package (65g)	
Amount Per Serving	As Packaged
Calories	240
Calories From Fat	70
	% Daily Value*
Total Fat 7g	12%
Saturated Fat 2g	11%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 300mg	12%
Total Carbohydrate 40g	13%
Dietary Fiber 2g	10%
Sugars 15g	
Protein 5g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	8%

\* Percent Daily Value (DV) are based on a 2,000 calorie diet
\* - Not a significant nutrient source

