



BELL TASTY FOODS, INC.

HOME OF THE "TASTY 'NADA"

2012/2013 SCHOOL YEAR NUTRITION STANDARD

Product Name: Turkey Taco 'Nada "2 Bread"

Product Code: TACONADA2B12B (BULK)
TACONADA2B12W (WRAPPED)

Total weight <u>Precooked</u> product:	4.5 oz.
Weight of uncooked Lean Ground Turkey:	2.37 oz.
Weight of Cheeses Meat/Meat Alternate:	.50 oz.
Weight of Bread/Bread Alternate:	1.85 oz.
Weight of Additional Ingredients:	.54 oz.

I certify, that the above product contains **2.0 oz. cooked meat/meat alternate**, That on average, the portion amount noted above contains **33.55 grams of enriched flour** and will provide **2.09 bread/bread alternates** as stated in the food buying guide for the child nutrition program. The bread portion of this product is also made up of **51% whole grains (22 grams)**.

I continue to certify that an **All Vegetable "0" Trans Fat** oil is used in our products.

I further certify that we use unbleached, enriched flour with a protein count of **12.8 %**.

Slight variations in individual weight are possible, due to normal processing; Average weight per unit will meet or exceed the stated weight.

By: _____

Bonne Bell-Hansen
President

Date



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HOME OF THE "TASTY NADA"

Taco Nada 2 Bread- 4.5 oz Code # TACONADA2B12

Nutrition Facts

Serving Size 4 1/2 oz (128g)

Servings per Container 60

Amount per Serving

Calories 250 Calories from Fat 70

% Daily Value*

Total Fat	8g	12%
Saturated Fat	2g	10%
Trans Fat	0g	
Cholesterol	30mg	10%
Sodium	450mg	19%
Total Carbohydrate	32g	11%
Dietary Fiber	4g	15%
Sugars	2g	

Protein 15g

Vitamin A 2% • Vitamin C 6%

Calcium 6% • Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9 • Carbohydrates 4 • Protein 4

CONTAINS: Milk, Soybeans, Wheat

Ingredients: ground turkey, water, dough flour [stone ground white wheat flour, pastry flour(wheat flour, niacin, iron, thiamine, mononitrate, riboflavin), all purpose shortening (soybean oil, hydrogenated soybean oil, TBHQ and citric acid added to help protect freshness, dimethylpolysiloxane and anti-foam agent added), sugar, salt whey (whey, corn flour, sodium caseinate), garlic powder, sodium bicarbonate, LC-5 (calcium carbonate, l-cystine, precipitated silica, tricalcium phosphate, calcium stearate)], cheddar cheese (cultured pasteurized milk, cheese culture, salt, enzymes, annatto (color), modified food starch (food starch modified refined from waxy corn), tomato paste, chili powder (chili pepper, cumin, garlic, oregano & salt), salt, onion powder cumin, oregano, black pepper cayenne

ALLERGY INFORMATION: THIS PRODUCT CONTAINS WHEAT, SOY, DAIRY

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