

[Recipes](#)[Nutrition Facts](#)[News From PepsiCo](#)[K-12 Resources](#)[Con](#)[Idea Form](#)**BAKED! LAY'S® Original Potato Crisps**

- ☒ 0 Trans Fats
- ☒ Baked
- ☒ Casein Free
- ☒ Gluten Free
- ☒ Lactose Free
- ☒ MSG Free
- ☒ Onion Free
- ☒ Pig (Porcine) Free

[Return to Brand List \(/nutritional-facts-by-product\)](#)**Product Nutrition**

Nutrition Facts	
Serving Size	1 package
Servings Per Container	1
Amount Per Serving	
Calories	100
Calories from Fat	15
% Daily Value*	
Total Fat 1.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 115mg	5%
Potassium 240mg	7%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	6%
Sugars 2g	
Protein 2g	
Vitamin A	0%
Vitamin C	2%
Calcium	0%
Iron	0%
Thiamin	4%
Riboflavin	2%
Niacin	6%
Vitamin B6	10%
Phosphorus	4%
Magnesium	4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500mg 3,500mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

Ingredients

Dried Potatoes, Corn Starch, Sugar, Corn Oil, Salt, Soy Lecithin, and Dextrose.

CONTAINS A SOY INGREDIENT.

No preservatives.

Additional Product Credentials

Case UPC	000-28400-33625-3
Bag UPC	0-28400-04701-2
Case Pack	60/.875 oz. bags
Kosher Status	No
AHG Compliant	Yes – E, M, H
HealthierUS School Challenge Compliant – Competitive Foods (Bronze, Silver or Gold Award)	Yes
HealthierUS School Challenge Compliant – Competitive Foods (Gold Award of Distinction)	Yes
Grain/Bread Equivalents	0 BGE
Weight of Grain	0g
Document Updated	January 2012