



SPRCIFICATION SHEET

PRODUCT NAME: BAJA STYLE CHICKEN, RICE & CHEDDAR CHEESE BURRITO

PRODUCT CODE: 92162

TOTAL WEIGHT: 6.60 oz.

WEIGHT OF COOKED FAJITA STYLE CHICKEN: 1.37 oz.

**PERCENT FAT OF CHICKEN: 10%

WEIGHT OF CHEDDAR CHEESE: .5222 oz

WEIGHT OF OTHER INGREDIENTS: 2.128 oz.

TOTAL WEIGHT OF FILLING: 4.02 oz.

TOTAL WEIGHT OF ENRICHED FLOUR TORTILLA: 2.58 oz.

**USDA FACT SHEET

THE ABOVE PRODUCT READY FOR SERVING CONTAINS (1.25 oz.) OF COOKED MEAT/MEAT ALTERNATE AND (3.00) SERVINGS OF BREAD WHEN PREPARED ACCORDING TO COOKING DIRECTIONS.

SLIGHT VARIATION IN PIECE WEIGHT IS POSSIBLE DUE TO NORMAL PROCESSING VARIANCE, HOWEVER AVERAGE WEIGHT PER BOX WILL MEET OR EXCEED THE STATED WEIGHT.

THIS PRODUCT IS PRODUCED BY M.C.I. FOODS, INC.

I CERTIFY THAT THE ABOVE INFORMATION IS TRUE AND CORRECT.

Don Smith

SIGNED FOR M.C.I. FOODS, INC.

DIRECTOR OF MARKETING
TITLE

09/01/2010
DATE



Revision Date: 9/1/2010

Nutritional Analysis

Code #: 92162

Individually Wrapped Net Wt. (oz.) 6.60 Case Pack: 64

Related Code #'s 92612/CM

Servings Per Package: 1

Description: Chicken, Cheese, and Rice Burrito

Serving Size 6.60 oz. (187.11 g)

Weight of Filling (oz.): 4.02

Weight of Tortilla/Bread (oz.): 2.58

Ingredient Statement

Ingredients: Filling: Fully Cooked Flame Broiled Chicken Fajita Strips (Chicken Thigh, Chicken Breast, Chicken Broth, Salt, Garlic Powder, Citric Acid, Onion Powder, Sodium Phosphate, Cayenne Pepper), Water, Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, May Contain Annatto If Colored), Diced Onion, Diced Tomato (may contain one or more of the following: Tomato Juice, Salt, Citric Acid, and Calcium Chloride), Soy Sauce (Water, Wheat, Soybeans, Salt, Sodium Benzoate, Less than 1/10 of 1% as a preservative), Premium Parboiled Extra Fancy Long Grain Rice [(Parboiled Long Grain Rice, Enriched with Iron (Ferric Orthophosphate), Niacin, Thiamine (Thiamine Mononitrate), and Folate)], Chopped Cilantro, Modified Food Starch (refined from corn), Cut Corn, Green Bell Pepper, Red Bell Pepper, Flavorings, Lime Powder, Salt.

Flour Tortilla: Enriched Wheat Flour (Flour, Malted Barley, Ferrous Sulfate, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Soybean and/or Cottonseed Oils), Leavening (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate), Salt, Calcium Propionate, Potassium Sorbate, L-Cysteine, Modified Food Starch, Guar Gum, Cellulose Gum, Monoglycerides.

Allergen Statement WHEAT, SOY, MILK

National School Lunch Requirements

Each 6.60 oz. Portion (cooked) will provide 1.25 oz. Meat/Meat Alternate and 3.00 Bread Servings and
Cups Fruit/Vegetable Servings.

Nutritional Information

Serving Size 6.60 oz. (187.11 g)	% Calories from Fat 32.80%	Basis of Analysis: as Cooked.	
Servings Per Package: 1	% Calories from Sat Fat 13.75%		
Calories (Kcal) 320.7070	Fats	Vitamins	Minerals
Calories from Fat 105.1920	Total Fat (g) 11.6880	Vitamin A (RE) 28.7350	Iron (mg) 2.5490
Protein (g) 15.2380	Saturated Fat (g) 4.8980	Vitamin A (IU) 403.3740	Sodium (mg) 915.9430
Carbohydrates (g) 43.1610	Trans Fat (g)* 0.0000	Vitamin C (mg) 7.3540	Calcium (mg) 299.88
Tot. Dietary Fiber (g) 1.8010	Cholesterol (mg) 36.2870		

Fat Change +/- 0% Moisture Change +/- 0% Data Source: USDA Handbook 8

*-Trans Fats naturally occurring

Heating Instructions

Heating Instructions: Convection Oven: Preheat Oven to 300 deg. F. Cook to an Internal Temperature of 160 Deg. F., Frozen: Bake 16 min. Conventional Oven: Preheat Oven to 300 deg. F. Cook to an Internal Temperature of 160 Deg. F., Frozen: Bake for 25- 30 min. Thawed: Cook for 15- 20 min. Microwave: Frozen: Heat for 2 mins. Thawed: Heat for 1 min.

For Additional Information Contact Dan Southard at 310-635-5664

M.C.I. FOODS, INC. 12835 Atlantic Ave. Compton, CA 90221 310-635-5664 or 800-704-4661



64- 6.6 OZ. **Lot #**

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Individually Wrapped

**KEEP
FROZEN**

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Each 6.60 oz. Burrito provides 1.25 oz. equivalent meat/meat alternate and 3.00 servings of bread alternate for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 07-07).

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DOP:

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WHEAT, SOY, MILK

92162

NET WT. 26 LBS. 6.40 OZ.

M.C.I. FOODS, INC. COMPTON, CA 90221 U.S.A.

