

068615180367 - Krusteaz Whole Grain Maple Mini Pancakes

Nutrition Facts

- Product code: 068615180367
- SCC: 1-06-86151-80367-6
- Category: Krusteaz Bakery Chef
- Piece weight: 3.17 oz
- Item Dimensions: -
- Size: 72/3.17 oz. pouches
- Total by Cs: 72
- Net weight: 14.25
- Gross weight: 16.5
- Case dimensions: 19.5625 x 15.9375 x 9.875
- Case Cube: 1.78
- Pallet: 48
- Tie: 6
- High: 8
- Min. storage temperature: -10
- Max. storage temperature: +10
- Frozen Shelf Life: 365
- Kosher: Yes

Serving size 9 pancakes - 90g (1 pouch)

Calories 250

Calories from fat 70

	Amount per serving	% daily value*
Total fat	8g	12%
Trans Fat	0g	-
Saturated fat	2.5g	13%
Cholesterol	15mg	5%
Sodium	380mg	16%
Potassium	-	-
Total carbohydrate	43g	14%
Dietary Fiber	4g	16%
Sugars	15g	-
Protein	4g	-

Vitamin A	-	Vitamin C	-
Calcium	8%	Iron	10%

Thiamin - Riboflavin -

Niacin - USDA School Lunch: Bread/Starch 2

Folate - Phosphorous -

*Percent daily values are based on a 2,000 calorie diet. Your daily value may be higher or lower, depending on your calorie needs.

Preparation Directions

	Convection Oven*	Conventional Oven*
Thawed	-	-
Frozen	Preheat oven to 350° F. Place pouches in a single layer on baking sheet. Heat for 5 to 6 minutes.	Preheat oven to 350°F. Place pouches in a single layer on baking sheet. Heat for 6 to 7 minutes.
Microwave Oven**	Place pouch in oven. Heat for 28 to 33 seconds on full power (HIGH). Note: Microwave ovens may vary so adjust heating accordingly	
Holding Time	-	-

*This represents ranges. Adjustments may need to be made based on your oven conditions.

**Microwave ovens vary in power, cook timers may need adjustments.

See also:

Krusteaz Whole Grain Maple Waffle Sticks

Krusteaz Whole Grain Chocolate Chip Mini Pancakes

Ingredients

WHOLE WHEAT FLOUR, WATER, MAPLE FLAVORED BITS [SUGAR, VEGETABLE OIL, (PALM, PALM KERNEL), WHEAT FLOUR, COCOA POWDER, GLUCOSE, EXTRACTIVES OF FOENUGREEK, MAPLE SUGAR, CARAMEL COLOR, SOY LECITHIN], SUGAR, SOYBEAN OIL, WHEY, EGGS, CONTAINS TWO PERCENT OR LESS OF: LEAVENING (SODIUM BICARBONATE, SODIUM MONOCALCIUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE), DEXTROSE, MONODIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVORS, SALT, CARAMEL COLOR, GLYCERIN, CORN SYRUP, MODIFIED CORN STARCH, MALTODEXTRIN, SOY LECITHIN (EMULSIFIER).

Allergen statement

CONTAINS: EGGS, SOY, MILK AND WHEAT.