



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label or 3 oz. edible portion on bulk items.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC Breaded Chicken 8 Piece Cut Up Parts

CODE NUMBER: 7810 Case Wt: 35# CN# 0 Donated Food/Case: 27.73#

SERVING SIZE: 3 oz Servings/Case avg. 80 Contribution: 2 MMA Serving 1 Bread Serving

BID DESCRIPTIONS

Fully cooked marinated breaded 8 piece chicken parts produced from USDA A521 commodity chicken. Product is to be packed in separate color coded bags by chicken part. Product must be produced for oven preparation. Each breast, thigh, or drumstick and wing combination to provide 2 ounces meat/meat alternative per the USDA Food Buying Guide and 1 bread serving. Product to provide zero grams trans fats.

NUTRIENT INFORMATION (Based on 3 oz edible chicken)

Basic Components

Calories (kcal)	215
Fat (g)	14
Saturated Fat (g)	3
Trans Fatty Acid (g)	0
Cholesterol (mg)	43

Carbohydrates (g)	10
Dietary Fiber (g)	1
Total Sugars (g)	0
Protein (g)	12

Vitamins

Vitamin A-IU (IU)	82
Vitamin C (mg)	2

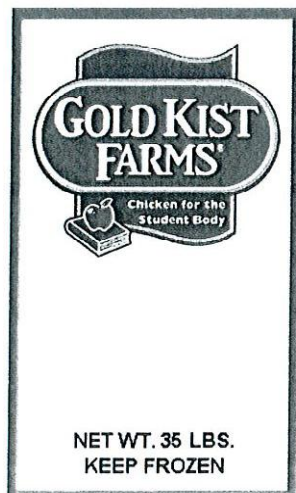
Minerals

Sodium (mg)	587
Calcium (mg)	10
Iron (mg)	1


Signature

10/08/10

Date



Fully Cooked

7810

Breaded Chicken Parts

8-Piece Cut-Up

INGREDIENTS: Chicken Parts, Water, Salt, Sodium Phosphates and Citric Acid. **BREADED WITH:** Bleached Wheat Flour, Iodized Salt, Spice, Garlic Powder, Onion Powder, Dehydrated Bell Pepper. **BATTERED WITH:** Water, Enriched Wheat Flour (Enriched with Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Iodized Salt, Wheat Gluten, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Green Bell Pepper, Spice, Onion Powder, Guar Gum, Natural Flavor, Extractives of Paprika. **PREDUSTED WITH:** Enriched Wheat Flour (Enriched with Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Corn Starch, Wheat Gluten, Iodized Salt, Browned in Vegetable Oil.

CONTAINS: WHEAT



Product of USA
Distributed By: Pilgrim's Pride Corporation
P.O. Box 93, Pittsburg, TX 75666 800-321-1470 www.poultry.com
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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 55-65 minutes at 450°F;
Convection Oven for 30-40 minutes at 350°F. Appliances vary, adjust heat times accordingly.



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