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Kellogg's® Pop-Tarts® Frosted Strawberry toaster pastries

Enriched wheat flour toaster pastries with frosted top and real strawberry filling.

Product Type

Grab 'N Go Pop-Tarts

Product Category

Grab 'n Go Snacks

UPC Code

3800031732

Servings/Case

72 ct

Format

Single Serve

Net Weight

18.80

Bread/Grain Equivalents

2.0

Allergen Information

CONTAINS WHEAT AND SOY INGREDIENTS.

Dietary Exchange Per Serving

5 Carbohydrates, 2 Fat

Kosher Status

Not Certified

Shelf Life

365 days (12 months)

Country of Origin

Distributed in USA

Date Printed

01/23/2013



Sizes

3.67 oz

Kellogg's®
Pop-Tarts®
Frosted Strawberry

Nutrition Facts	
Serving Size	2 Pastries (104g)
Amount Per Serving	
Calories 410	Calories from Fat 90
% Daily Value*	
Total Est 10%	45%

Kellogg's®
Pop-Tarts®
Frosted Strawberry

Nutrition Facts

Serving Size

2 Pastries (104g)

Amount Per Serving

Calories 410

Calories from Fat 90

% Daily Value*

Total Fat 10g	15%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 330mg	14%
Total Carbohydrate 75g	25%
Dietary Fiber 1g	5%
Sugars 33g	

Protein 4g

Vitamin A	20%	Vitamin C	0%	Calcium	0%	Iron	20%
Thiamin	20%	Riboflavin	20%	Niacin	20%	Vitamin B ₆	20%
Folic Acid	20%						

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE [VITAMIN B₁], RIBOFLAVIN [VITAMIN B₂], FOLIC ACID), CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, DEXTROSE, SOYBEAN AND PALM OIL (WITH TBHQ FOR FRESHNESS), SUGAR, CONTAINS TWO PERCENT OR LESS OF CRACKER MEAL, WHEAT STARCH, SALT, DRIED STRAWBERRIES, DRIED PEARS, DRIED APPLES, CORNSTARCH, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), CITRIC ACID, CORN CEREAL, GELATIN, PARTIALLY HYDROGENATED SOYBEAN OIL†, CARAMEL COLOR, MODIFIED CORN STARCH, SOY LECITHIN, XANTHAN GUM, MODIFIED WHEAT STARCH, TRICALCIUM PHOSPHATE, COLOR ADDED, TURMERIC COLOR, VITAMIN A PALMITATE, RED #40, NIACINAMIDE, REDUCED IRON, PYRIDOXINE HYDROCHLORIDE (VITAMIN B₆), YELLOW #6, RIBOFLAVIN (VITAMIN B₂), THIAMIN HYDROCHLORIDE (VITAMIN B₁), FOLIC ACID, BLUE #1.

† LESS THAN 0.5g TRANS FAT PER SERVING.

CONTAINS WHEAT AND SOY INGREDIENTS.

NLI#06982