

Recipes Nutrition Facts

News From PepsiCo

K-12 Resources

Con

Idea Form

DORITOS® Reduced Fat Nacho Cheese Tortilla Chips





Return to Brand List (/nutritional-facts-by-product)

Product Nutrition

Nutr	ition	Fact	S
Serving Size 1 p			
Servings Per Co	ntainer 1		
Amount Per Se	rving		
Calories			130
Calories from F	at	to Market Mark	45
		% Dai	ly Value*
Total Fat 5g			8%
Saturated Fat	.5g		3%
Trans Fat 0g		-	
Cholesterol 0m	g		0%
Sodium 200mg			8%
Total Carbohyd	rate 20g		6%
Dietary Fiber	2g		7%
Sugars 0g			
Protein 2g			
Vitamin A		4100 - 4700 - 1000 - 1000 - 1000 - 1000 - 1000 - 1000 - 1000 - 1000 - 1000 - 1000 - 1000 - 1000 - 1000 - 1000 -	2%
Vitamin C	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		0%
Calcium			0%
Iron			2%
Thiamin		0	2%
Magnesium			2%
*Percent Daily Vacalorie diet. Your lower depending	daily value	s may be	higher or
Calories:	2,0		,500
Total Fat	Less than	STATE OF THE PERSON NAMED IN	80g
Sat Fat	Less than		25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than		
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gran	n:		- III - TANK OF THE BE
	vdrate 4	Drot	ein 4

Ingredients

Whole Corn, Vegetable Oil (Corn, Canola, Soybean, and/or Sunflower Oil), Corn Dextrin, Salt, Cheddar Cheese (Milk, Cheese Cultures, Salt, and Enzymes), Whey, Monosodium Glutamate, Buttermilk, Romano Cheese (Part-Skim Cow's Milk, Cheese Cultures, Salt, and Enzymes), Whey Protein Concentrate, Onion Powder, Corn Flour, Natural and Artificial Flavor, Dextrose, Tomato Powder, Lactose, Spices, Artificial Color (Including Yellow 6, Yellow 5, and Red 40), Lactic Acid, Citric Acid, Sugar, Garlic Powder, Skim Milk, Red and Green Bell Pepper Powder, Disodium Inosinate, and Disodium Guanylate.

CONTAINS MILK INGREDIENTS.

Additional Product Credentials

Case UPC	000-28400-31748-1	
Bag UPC	0-28400-04243-7	
Case Pack	72 / 1 oz. bags	
Kosher Status	No	
AHG Compliant	Yes – E, M, H	
HealthierUS School Challenge Compliant – Competitive Foods (Bronze, Silver or Gold Award)	Yes	
HealthierUS School Challenge Compliant – Competitive Foods (Gold Award of Distinction)	Yes	
Grain/Bread Equivalents (14.75 g/serving)	1.75 BGE	
Grain/Bread Equivalents (16 g/serving)	1.5 BGE	
Weight of Grain	26.8g	
Document Updated	September 2012	