



20TH CENTURY FOOD PRODUCTS

- SB 12 Compliant (Middle & High Schools) Trans Fat FREE -

PRODUCT: Whole Grain Chocolate Muffin
CODE: 217A3OW (Wrapped)
SERVING SIZE: 3.0 oz (85.1 g)
PACK: 60
NET WEIGHT: 18.75 lbs

Fat 34.6 %
Saturated Fat 7.2 %
Sugar 20.0 %

INGREDIENTS: Whole Wheat & Enriched Flour, Sugar, Eggs, Soybean Oil,
Cocoa, Leavening.

Calories	226		Vitamin A	73.7	IU
Carbohydrate	34.1	g	Vitamin C	.4	mg
Protein	5.0	g	Vitamin D	5.2	IU
Fat- Total	8.7	g	Dietary Fiber	3.3	g
Saturated Fat	1.8	g	Sugar	17.0	g
Trans Fat	0	g	Thiamin	.03	mg
Cholesterol	62.4	mg	Riboflavin	.1	mg
Ash	35.1	g	Niacin	.4	mg
Sodium	369.6	mg	Vitamin B6	.02	mg
Iron	1.0	mg	Folic Acid	8.6	mcg
Calcium	21.4	mg	Potassium	340.0	mg

USE OF USDA COMMODITIES: All Purpose Flour, Eggs, Vegetable Oil

FEDERAL REIMBURSABLE

MEAL PATTERN CONTRIBUTIONS: 2.0 Breads (32 grams Whole Grain-Rich Flour)

ALLERGENS: Contains Eggs, Soy, Wheat.

The above nutritional information is based upon data supplied by the USDA Standard Reference - Release 24, and ESHA's Genesis® R&D computer database.

July/2012

20TH CENTURY FOOD PRODUCTS, INC. • RIVERSIDE, CALIFORNIA