



Farm Rich® Original French Toast Sticks

67400

Nutrition Facts Amount per School Serving

Serving Size 2 sticks = 1-1/2 bread credits

Pack Size: 5/2 lb.

		Amount per Serving			
		Calories 160	Calories from Fat 60		
		% Daily Value*			
Protein	3g		Vitamin A	11IU	0%
Total Fat	7g	10%	Vitamin C	0mg	0%
Saturated Fat	1.5g	6%	Calcium	10mg	2%
Trans Fat	0g		Iron	0.7mg	4%
Cholesterol	10mg	4%			
Sodium	260mg	11%			
Total Carbohydrate	21g	7%			
Dietary Fiber	0g	0%			
Sugars	4g				

Number of sticks per pound of product:

18

Weight per stick, average:

24.92 grams

Enriched flour content of product:

11.375 grams/stick

1 bread serving = 14.75 grams enriched flour

Two Sticks = One and 1/2 Bread Credit

We certify that the above information is true and correct.

Ray Jones

Raymond L. Jones

Vice President, Corporate Food Safety & Shrimp Procurement

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