# Graham Snackers™ Products

## Peanut Butter & Grape Jelly on Whole Grain Graham Wafers

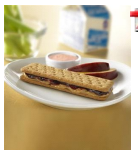
| Item #: | Portions Per Case: | Portion Size (oz.): | Case Weight (lb.): |
|---|---|---|---|
| A1290 | 160 | 2.20 | 22.00 |

**Description:** Peanut butter and grape jelly sandwich on whole grain graham wafers. Individually packaged for handheld convenience. Rectangle shape.

**Preparation Method:** PREP INSTRUCTIONS: FROM FROZEN, THAW AT ROOM TEMPERATURE AND SERVE.

**Ingredient Statement:** INGREDIENTS: PEANUT BUTTER: (PEANUT BUTTER (PEANUTS, DEXTROSE, HYDROGENATED VEGETABLE OIL [COTTONSEED, RAPESEED, SOYBEAN], SUGAR, SALT), MONOGLYCERIDE), WHOLE GRAIN GRAHAM WAFER: (WHOLE WHEAT FLOUR, SUGAR, INTERESTERIFIED SOYBEAN OIL [WITH MONOGYLYCERIDES ADDED], ORGANIC CANE SYRUP, SOY LECITHIN, BAKING SODA, NATURAL VANILLA FLAVOR, SALT, MOLASSES), GRAPE JELLY: (GRAPE JUICE, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, FRUIT PECTIN, CITRIC ACID, SODIUM BENZOATE AND SORBIC ACID [PRESERVATIVES], AND SODIUM CITRATE). CONTAINS: PEANUTS, WHEAT, SOY

**Recipes:**



Graham Snackers Dips

**Nutrition Facts**

Serving Size 1 Sandwich (62g)

**Amount Per Serving**

| | |
|---|---|
| **Calories** 300 | Calories from Fat 160 |
| | **% Daily Value*** |
| **Total Fat** 18g | **27%** |
| Saturated Fat 3g | **16%** |
| Trans Fat 0g | |
| **Cholesterol** 0mg | **0%** |
| **Sodium** 220mg | **9%** |
| **Potassium** 250mg | **7%** |
| **Total Carbohydrate** 30g | **10%** |
| Dietary Fiber 4g | **16%** |
| Sugars 13g | |
| **Protein** 9g | |

| | |
|---|---|
| Vitamin A 0% | • Vitamin C 0% |
| Calcium 2% | • Iron 10% |
| Vitamin D 0% | • Vitamin E 10% |
| Thiamin 4% | • Riboflavin 4% |
| Niacin 25% | |

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | | Calories: 2,000 | 2,500 |
|---|---|---|---|
| Total Fat | Less than | 65g | 80g |
| Saturated Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Potassium | | 3,500 mg | 3,500 mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4