



- ♦ Whole Grain
- ♦ Zero Trans Fat
- ♦ No High Fructose Corn Syrup
- ♦ All Natural Flavors
- ♦ Low Fat
- ♦ Low Sat Fat
- ♦ No Peanuts or Tree Nuts
- ♦ No Dairy
- ♦ No Preservatives
- ♦ Kosher
- ♦ SB12 Compliant
- ♦ 10% Iron
- ♦ 10% Vitamin C
- ♦ 2g Fiber
- ♦ Equals One Grain

Whole Grain (g)
8.44
51%
Total Grain (g)
16.48

Grain component derived from wheat

MJM Savory Bites-Tomato Basil Crackers

Nutritional Statement

MJM #802155

ALL MJM Products Are Whole Grain & Meet New USDA & HUSC Guidelines

NUTRITION DATA:	Per 100g	Per Serving 22g USDA Group A (1oz grain equivalent)		% DV*
Calories	366	81	kcal	
Calories From Fat	73	16	kcal	
Total Fat	8	2	g	3%
Saturated Fat	1	0	g	0%
Trans Fat	0	0	g	
Polyunsaturated Fat	4	1	g	
Monounsaturated Fat	2	0	g	
Cholesterol	0	0	mg	0%
Sodium	883	190	mg	8%
Potassium	573	126	mg	
Total Carbohydrate	68	15	g	5%
Dietary Fiber	7	2	g	8%
Sugars	8	2	g	
Protein	8	2	g	
Vitamin A	742	163	IU	4%
Vitamin C	31	7	mg	10%
Calcium	73	16	mg	2%
Iron	9	2	mg	10%
Vitamin B1 Thiamin	1	0	mg	15%
Vitamin B2 Riboflavin	1	0	mg	10%
Vitamin B3 Niacin	10	2	mg	11%

*% Daily Values based on 2,000 calorie diet

Contains: Wheat

All MJM products contain at least 51% whole grains.

This product is classified by the USDA as a **SAVORY CRACKER (Group A)** and is equal to 1 oz grain. Whole grains greater than 8 grams per serving and total grains greater than 16 grams.

INGREDIENTS:

Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, soybean oil, tomato powder, salt, baking soda, onion powder, garlic powder, chile pepper, ammonium bicarbonate, basil, citric acid, cream of tartar, sodium acid pyrophosphate, black pepper, ascorbic acid.

UPC Code	Serving Size	Case/Pk	Ti-Hi	Case Dimension	Case Cube	Gross Wt	Net Wt
06828308021503	22 g/ (1oz grain)	155ct	8 x 7 HI	11x19x11	1.3	9 lbs	7.75 lbs

Each 22g package of this product satisfies USDA requirements for a Savory Cracker (classified under Group A) as a ONE GRAIN serving, as well as the FCS instruction for the Grains/Breads component requirement in the National School Lunch and School Breakfast Program.

MJM does not purchase, store or produce any products that contain peanuts, peanut oil, peanut butter, or any products made from nuts.

Helen Corey
Vice President
MJM Marketing