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## Product Information

General Mills Product Code:11815000

UPC: 016000118157 GTIN: 00016000118157 Case Size: 1.779 CFper case

Net Weight:

Length: 16.75 IN Width: 13 IN Height: 14.12 IN Volume: 1.779 CF

Kosher:



## Ingredients:

Whole Grain Wheat, Sugar, Rice Flour, Canola and/or Rice Bran Oil, Fructose, Maltodextrin, Dextrose, Salt. Cinnamon. Soy Lecithin, Trisodium Phosphate, Color Added. BHT Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Zinc and Iron (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

## Allergens:

CONTAINS WHEAT AND SOY INGREDIENTS.

All Big G Cereals are made with at least 8g of whole grain per standard serving, 48g recommended daily. Due to smaller serving sizes, some Bowlpaks do not contain 8g of whole grain, but all contain whole grain.

Trans fat values are calculated based on formula as of the date listed, values are based on serving sizes indicated, larger serving sizes may have different trans fat values. Different preparation techniques may change the amount of trans fat.

## **Nutrition Facts**

Serving Size: 1 Bowl (28g) (3/4 Cup)	)
Amount Per Serving	As Packaged
Calories	120
Calories From Fat	30
	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	8%
Potassium 40mg	1%
Total Carbohydrate 22g	7%
Dietary Fiber 1g	4%
Sugars 9g	
Protein 1g	
Vitamin A	8%
Vitamin C	8%
Calcium	8%
Iron	20%
Vitamin D	8%
Thiamin	20%
Riboflavin	20%
Niacin	20%
Vitamin B6	20%
Folic Acid	20%
Vitamin B12	20%
Zinc	20%

<sup>\*</sup> Percent Daily Value (DV) are based on a 2,000 calorie diet \* - Not a significant nutrient source

