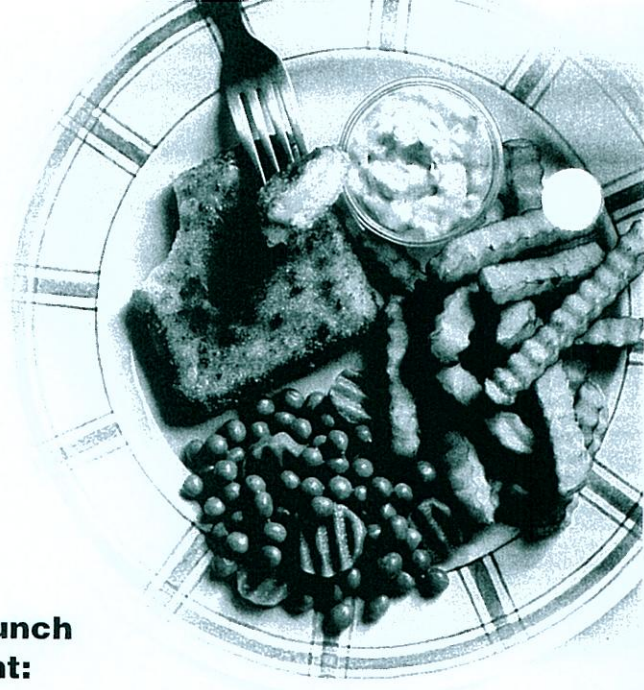


Rainbow Trout Melts™

trout & cheese. ready to please.

Convenience couldn't taste better. Our Rainbow Trout Melts™ combine premium ingredients like whole muscle rainbow trout, creamy cheese and select seasonings for incredible flavors everyone will love.



Nutrition Facts	
Serving Size 3.6 oz. (102g)	
Amount Per Serving	
Calories	230
Calories from Fat	110
% Daily Value*	
Total Fat 12g	18%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 550mg	23%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	5%
Sugars 2g	
Protein 16g	
Vitamin A 4%	Vitamin C 0%
Calcium 10%	Iron 2%
Thiamine 4%	Riboflavin 4%
Niacin 15%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

School Lunch Equivalent:

One 3.6 oz. square = 2 oz. meat equivalent and 1 bread serving

Excellent source of DHA omega-3s

Contains 260mg of DHA per serving, which is 200% of the Daily Value for DHA (130mg). (See nutritional information for Cholesterol content)

Features	Benefits
Made with a blend of mild-flavored whole-muscle and minced trout meat	Outstanding texture and delicate flavor
Creamy slice of American cheese included right inside	Adds excitement and flavor without having to stock another ingredient
Convenient 3.6 ounce square shape	Reliable portion control & easily served on a bun as a sandwich or plated as an entrée
Rainbow trout is loved by kids of all ages who don't like fish	Great for schools, healthcare and employee feeding

COOKING METHOD. COOK FROM FROZEN STATE.	TEMP	TIME (MIN.)
Bake in Convection Oven	400°F	11-13
Bake in Conventional Oven	425°F	14-16
Deep Fry	350°F	3 1/2-4

Product	UPC Code	Case Pack	Portion Size (oz.)	Net Weight (lbs.)	Gross Weight (lbs.)	Case Cube (ft.)	Units/ Layer	Units/ Pallet
Rainbow Trout Melts™	08892	1/10 lb. Plastic Bag	3.6	10.0	11.25	.488	13	156

Call 1-800-635-8211 or visit clearsprings.com for more information.

Our Guarantee To You

If for any reason you are not completely satisfied with this product, we will refund your money. Please see your Clear Springs Representative for details.



**CLEAR
SPRINGS
KITCHENS®**