



Company: Unified Grocers, Inc.
Product: Whole Wheat Bread # 352
Label: Plain bag
Formula # 19
Net Wt: 24 oz. (1 lb. 8 oz.) 680g Slice 24 + 2
Date: 10/25/12

Nutrition Facts		Amount/Serving	% Daily Value*	Amount/Serving	% Daily Value*	* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Serving Size 1 Slice (26g)		Total Fat	1g	2%	Total Carbohydrate	13g	4%
Servings Per Container 26		Saturated Fat	0g	0%	Dietary Fiber	2g	8%
		Trans Fat	0g		Sugars	1g	
Calories 70		Cholesterol	0mg	0%	Protein	2g	
Calories from Fat 10		Sodium	130mg	5%			
		Vitamin A	0%	• Vitamin C	8%	• Calcium	4%
						• Iron	4%

Ingredients: WHOLE WHEAT FLOUR, WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH FRUCTOSE CORN SYRUP AND CORN SYRUP, YEAST, CONTAINS 2% OR LESS: SOYBEAN OIL, SALT, WHEAT GLUTEN, SOY FLOUR, WHEY (MILK), NONFAT DRY MILK, CALCIUM SULFATE, CALCIUM PROPIONATE (PRESERVES FRESHNESS), ETHOXYLATED MONO-DIGLYCERIDE, SILICON DIOXIDE, ENZYMES, AMMONIUM SULFATE, AZODICARBONAMIDE (ADA), SODIUM STEAROYL LACTYLATE (EMULSIFIER), CARAMEL COLOR, MONOGLYCERIDES (SOFTENERS), ASCORBIC ACID.

Contains: MILK, SOY, WHEAT

THIS PRODUCT IS MANUFACTURED ON EQUIPMENT THAT PROCESSES PRODUCTS CONTAINING: WHEAT, MILK, SOY AND SESAME SEEDS