

*Ling's*

***South El Monte, CA 91733***

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## BBQ Chicken Teriyaki

(Fully Cooked)

*5/5 lb. Chicken • 5/28 oz. Sauce*

8-52724-11102-5 (Commodity)

**8-52724-22202-8** (Commercial)

## -Product Analysis-

	Minimum Weight of Raw Chicken Used	2.88 oz.
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Minimum	Total Weight	Cooked Chicken	2 oz.

Minimum Total Weight serving size is 2 oz without sauce

**Recommended Serving Size:** 2.6 oz. = 2 oz. chicken and .6 oz. sauce

## Approximate Servings per case: 200-207

This 2.6 oz. serving provides 2 meat/meat alternate according to the Food Buying Guide for Child Nutrition Programs.

### Ingredients:

Chicken: Skinless chicken leg meat, water, sugar, soy sauce (soybeans, wheat flour, water, salt, straw mushroom extracts), lime juice, salt, garlic, ginger, green onion and liquid whole eggs.

Sauce: Water, sugar, soy sauce (soybeans, wheat flour, water, salt, straw mushroom extracts), modified starch, lime juice, salt, garlic, ginger, green onion.

**I certify this information is true and correct:**

Love Expanding \_\_\_\_\_  
 Date 1-7-11

## Nutrition Facts

Serving Size: 2.6 oz. (74g)

Servings Per Container: 200-207

## Amount Per Serving

Calories 90 Calories from Fat 20

Total Fat	2g	3%
Saturated Fat	5g	3%
Trans Fat	0g	0%
Cholesterol	40 mg	13%
Sodium	320 mg	13%
Total Carbohydrate	6g	2%
Dietary Fiber	0g	0%
Sugars	6g	
Protein	12g	

Vitamin A 0% · Vitamin C 0%

	Calcium 0%	Iron 2%
1	100	100
2	98	98
3	96	96
4	94	94
5	92	92
6	90	90
7	88	88
8	86	86
9	84	84
10	82	82
11	80	80
12	78	78
13	76	76
14	74	74
15	72	72
16	70	70
17	68	68
18	66	66
19	64	64
20	62	62
21	60	60
22	58	58
23	56	56
24	54	54
25	52	52
26	50	50
27	48	48
28	46	46
29	44	44
30	42	42
31	40	40
32	38	38
33	36	36
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35	32	32
36	30	30
37	28	28
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39	24	24
40	22	22
41	20	20
42	18	18
43	16	16
44	14	14
45	12	12
46	10	10
47	8	8
48	6	6
49	4	4
50	2	2
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\*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2000	2500	Protein 4
Total Fat	Less Than	65g	80g	
Saturated Fat	Less Than	20g	25g	
Cholesterol	Less Than	300mg	300mg	
Sodium	Less Than	2400mg	2400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	
Calories per gram:				
Fat 9				
Carbohydrate 4				

### Heating Instructions:

Bake chicken with sauce in covered hotel pan at 350 degrees until internal temperature reaches 160 degrees. Serve over chow mein or rice.

Shelf Life: 1 year frozen