



PRODUCT INFORMATION SHEET

Product Name: WG Blueberry Oatmeal Muffin

Product Codes: #64199 IW/64190 B

Contribution to USDA Meal Pattern Requirements: 1.0 OZ Grain EQ; 16.43 gm WG/svg.

Portion Size As Purchased: 1.8 oz.

Count: 60 ct bulk / 90 ct IW

Type of Enriched or Whole Grain Product in the Product: Whole Wheat Flour and Rolled Oats

Nutrition Facts	Total Fat	6 g	9%	Total Carbohydrate	28 g	9 %
	Sat Fat	1 g	5%	Fiber	2 g	8 %
	Trans fat	0 g		Sugars	13g	
	Cholesterol	25 mg	8%	Protein	5g	
Amt/Serving size: 1.8 oz (51 grams)	Sodium	360 mg	15 %			
Servings Size: 1 Muffin						
Calories 180						
Calories from Fat 60						

Vit A – 0% * Vit C – 0% * Calcium – 2% * Iron – 4 %

INGREDIENTS: WHOLE WHEAT FLOUR, WATER, BROWN SUGAR, BLUEBERRIES, ROLLED OATS, BUTTERMILK, EGGS, CANOLA OIL, MODIFIED FOOD STARCH, BAKING POWDER, BAKING SODA, SALT, POTASSIUM SORBATE.

ALLERGENS: EGG, MILK, WHEAT

SHELF-LIFE: FROZEN 12 MONTHS

I certify that the above information is true and correct.

Quality Assurance Manager

AUGUST 17, 2012

Date