



Toasted Corn Kernels - Ranch

UPC:	00711590205200
Product Name:	Toasted Corn Kernels - Ranch
Product Category:	Nuts & Salty Snacks
Division:	Snack Foods
Brand:	CORNNUTS
Product Description:	The zesty and tangy flavor of ranch adds a flavorful zip to the Ultimate Crunch of CornNuts.
Pack:	144
Size:	1.4 oz.
Package Format:	Single Serve Bag
Product Yield:	1
Servings per Case:	144
Product Type:	
Product Characteristics & Features:	<ul style="list-style-type: none"> * There's nothing else out there quite like CornNuts. They're crunch corn kernels seasoned to perfection and bursting with unique, bold flavors that your customers will come in for again and again. * Made from a special hybrid corn, which yields extra-large kernels that are toasted to crunchy perfection. * 0 grams of trans fat and made with real corn. * Try our other great CornNuts flavors - Original, Barbecue, Chile Picante and Limón.
Product Preparation:	Open package and enjoy!
Equipment Needs:	
Operator Benefits:	* Meets 35-10-35 guidelines: Less than 35% calories from fat. Less than 10% calories from saturated fat. Less than 35% total weight from sugar.
Menu Application:	

Nutrition Facts

Serving Size 1 Package (39g)	
Amount Per Serving	
Calories	180
Calories from Fat	60
% Daily Value*	
Total Fat 6g	9 %
Saturated Fat 1g	5 %
Trans Fat 0g	0 %
Cholesterol 0mg	0 %
Sodium 340mg	14 %
Potassium 110mg	3 %
Total Carbohydrate 27g	9 %
Dietary Fiber 2g	8 %
Sugars 1g	
Protein 4g	
Vitamin A 0 %	Calcium 0 %
Vitamin C 0 %	Iron 4 %
*Percent Daily Values are based on a diet of other people's secrets.	
or lower depending on your calorie needs:	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholest	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carb	30g 375g
Fiber	25g 30g

The information shown here may vary from the information on product packaging in distribution. Keep in mind that ingredients and formulas change, so nutrition information, including trans fat information, may also change. For the most accurate information for a particular product, please refer to the nutrition and ingredient information on the product package.