

**Sky Blue Foods**

120 Bowles Road

Agawam MA, 01001

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www.skybluefoods.net**51% Whole Wheat Cinnamon Bun**

Code Number : WNCW250

MEAL PATTERN CONTRIBUTION

PACK SIZE: 72 ct., Individually Wrapped
PORTION SIZE: 2.5 oz. / 71 g.
18.6 g of Whole Grains Per Serving, 13.70 g of Enriched Flour Per Serving

Ingredient	Type	Serving
Whole Wheat Flour	Bread / Sweet Rolls	2.5 oz.

I certify that this information is true and correct according to USDA "Nutrition Standards in the National School Lunch Program (NSLP) and the School Breakfast Program (SBP)" This product contains TWO (2) OZ EQ (OUNCE EQUIVALENCY) GRAIN requirement for the "Nutrition Standards in the National School Lunch and School Breakfast Programs".

SY 2012-2013

Debra Hartmann

Debra Hartmann - Quality Assurance

8/29/2012 Updated

NUTRITION FACTS

Serving Size: 2.5 oz.

Amount per Serving

Calories 240 Calories From Fat: 60

		% Daily Value
Total Fat	7 g	11%
Saturated Fat	2 g	10%
Trans Fat	0 g	
Cholesterol	10 mg	3%
Sodium	230 mg	10%
Total Carbohydrate	43 g	14%
Dietary Fiber	3 g	12%
Sugars	18 g	
Protein	4 g	
Vitamin A	0%	Vitamin C 0%
Calcium	4%	Iron 10%

* Percent daily values are based on 2,000 calorie diet.

Your daily values may be higher or lower, depending on your calorie needs.

INGREDIENTS: WHOLE WHEAT FLOUR, WATER, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE SHORTENING (SOYBEAN OIL, MONO- & DIGLYCERIDES, TBHQ PRESERVATIVE, CITRIC ACID PRESERVATIVE), DEXTROSE, CORN STARCH, YEAST, SUGAR SYRUP, EGGS, CORN SYRUP, NONFAT DRY MILK, WHEY SOLIDS, SALT, SOYBEAN OIL, MONO- AND DIGLYCERIDES, CINNAMON, GLYCERIN, MALTODEXTRIN, CITRIC ACID, GLYCERINE, SODIUM STEAROYL LACTYLATE, MODIFIED CORN STARCH, AGAR, EGG WHITES, SODIUM PROPIONATE (FOR FRESHNESS), NATURAL COLORS, NATURAL FLAVOR.

ALLERGY INFORMATION: CONTAINS , EGGS, MILK, SOY, WHEAT.
PRODUCED IN A PEANUT FREE FACILITY

SHELF LIFE: 12 months at 10 ° F or lower (frozen): 10 days refrigerated: 3 days at room temperature.

HEATING INSTRUCTIONS:*(Always heat from a thawed state)*

Any one of the following can be used:

* 200 ° F oven 4-5 min. from thawed state

* Bread Warmer for 8-10 minutes

* Food warmer at 130 °F for up to 1 hour