

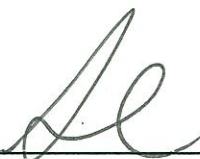
Nutrition Facts	
Serving Size 2.25 oz (64g)	
Servings Per Container 84	
Amount Per Serving	
Calories 210	Calories from Fat 60
% Daily Value*	
Total Fat 6g	10%
Saturated Fat 2.5g	12%
Trans Fat 0g	
Cholesterol 5mg	1%
Sodium 95mg	4%
Total Carbohydrate 34g	11%
Dietary Fiber 2g	9%
Sugars 8g	
Protein 5g	
Vitamin A 0%	Vitamin C 0%
Calcium 4%	Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Lupita's Pink Concha 51% Whole Grain

Code #1452

Federal Reimbursable Meal Pattern Contributions:
2.0 Bread/Bread Alternate

Allergen Statement: Contains Wheat, Egg, Milk, Soy.



Stephen Lord

7/1/2012

Date

BREAD INGREDIENTS: WHOLE WHEAT FLOUR (WHEAT, MALTED BARLEY FLOUR, ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE SHORTENING [SOYBEAN OIL, VEGETABLE MONO AND DIGLYCERIDES, TOCOPHEROLS (VITAMIN E), AND VITAMIN C PALMITATE (AS ANTIOXIDANTS)], DEXTROSE, DRIED WHOLE EGGS, SALT, SODIUM STEAROYL LACTYLATE (DOUGH CONDITIONER), SOY FLOUR, DRIED WHEY (MILK), ARTIFICIAL FLAVOR, YELLOW 5, YELLOW 6, WATER, DRY YEAST, CINNAMON POWDER. TOPPING INGREDIENTS: BREAD FLOUR (WHEAT FLOUR, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, NIACIN, IRON, THIAMINE, MONONITRATE, RIBOFLAVIN ENZYME, FOLIC ACID), PALM SHORTENING, POWDER SUGAR, GRANULATED SUGAR, PINK COLOR (WATER, PROPYLENE GLYCOL, RED 3, SUGAR, SODIUM BENZOATE).