



- [Recipes](#)
- [Nutrition Facts](#)
- [News From PepsiCo](#)
- [K-12 Resources](#)
- [Con](#)
- [Idea Form](#)

BAKED! LAY'S® Sour Cream & Onion Potato Crisps



- 0 Trans Fats
- Baked

[Return to Brand List \(/nutritional-facts-by-product\)](#)

Product Nutrition

Nutrition Facts	
Serving Size 1 package	
Servings Per Container 1	
Amount Per Serving	
Calories	100
Calories from Fat	25
% Daily Value*	
Total Fat 2.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 0.5g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Potassium 200mg	6%
Total Carbohydrate 18g	6%
Dietary Fiber 1g	5%
Sugars 3g	
Protein 2g	
Vitamin A	0%
Vitamin C	2%
Calcium	0%
Iron	0%
Thiamin	4%
Niacin	6%
Vitamin B6	6%
Pantothenic Acid	2%
Phosphorus	2%
Magnesium	2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500mg 3,500mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	

Ingredients

Dried Potatoes, Corn Starch, Corn Oil, Sugar, Skim Milk, and Less than 2% of the Following: Salt, Dextrose, Soy Lecithin, Cultured Skim Milk, Whey, Onion Powder, Sour Cream (Cultured Cream and Skim Milk), Natural Flavors, Parsley, and Citric Acid.

CONTAINS MILK AND SOY INGREDIENTS.

Additional Product Credentials

Case UPC	000-28400-04702-9
Bag UPC	0-28400-33627-7
Case Pack	60/.875 oz.
Kosher Status	No
AHG Compliant	Yes – E, M, H
HealthierUS School Challenge Compliant – Competitive Foods (Bronze, Silver or Gold Award)	Yes
HealthierUS School Challenge Compliant – Competitive Foods (Gold Award of Distinction)	Yes
Grain/Bread Equivalents	0 BGE
Weight of Grain	0g
Document Updated	October 2012