

# READI -BAKE BeneFIT Breakfast Bars - Apple Cinnamon

Manufacturer's  
Product Code  
**40403**

## Nutrition Facts

Serving Size: 71 g  
Servings Per Container: N/A

Amt Per Serving		1 bar	
Calories		289.35	
Calories from Fat		79.03	
	Per Serving	% Daily Value*	
Total Fat	8.78g	13.51%	
Saturated Fat	2.42g	12.1%	
Trans Fat	0.19g		
Cholesterol	17.67mg	5.89%	
Sodium	251.56mg	10.48%	
Total Carbohydrate	48.13g	16.04%	
Dietary Fiber	3.31g	13.24%	
Sugars	22.59g		
Protein	4.75g		
Vitamin A	0.76%	Vitamin C	0.58%
Calcium	2.55%	Iron	9.22%

## Storage/ Handling:

Keep Frozen (0° F or below). Shelf life up to eighteen months when stored properly. When thawed at ambient temperature, shelf life is one week.

## Preparation Instruction:

Thaw and serve.

## Ingredients:

Whole wheat flour, sugar, enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), dried apples, vegetable shortening (canola oil, palm fruit oil), oats, eggs, invert syrup, molasses, leavening (baking soda, sodium acid pyrophosphate, corn starch), whey, natural flavors, inulin, xanthan gum, cinnamon, salt.

## Allergen Information:

Contains: Eggs,Milk,Soy Beans,Wheat

## Kosher Type:

OU - DAIRY

## Child Nutrition Statement:

The listed serving size contains 31.88g creditable grains of which 16.59g are whole grains. This provides 2 servings of breads/grains under the Child Nutrition Program.

## Product Specifications:

UPC	SCC/GTIN	Case	Pack
073321404031	10073321404038	1	48

## Case Dimensions

Case Length	Case Width	Case Height	Case Cube	Net Weight (Lbs)	Gross Weight (Lbs)
12.6875	7.3125	9.125	0.49	7.5	9

## Pallet Dimensions

Pallet Tier	Pallet High	Pallet Count
20	7	140

I certify that the nutritional information contained on this page is true and correct.

**Kathleen Wong**  
Research and Development Director

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