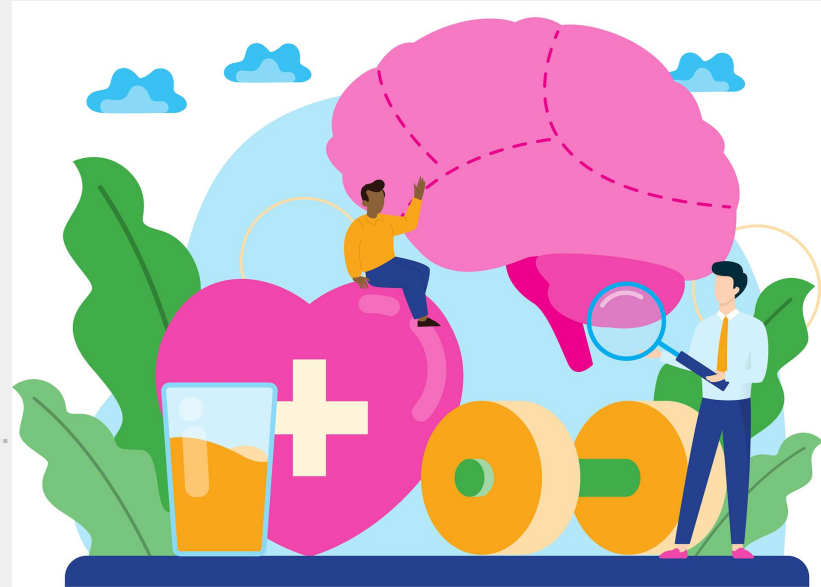


Habit Tracker

iOS Final Project
Caroline & Diya



Empathize

Selina is a busy college student who has goals to maintain a healthy and productive lifestyle. She knows that consistently doing healthy tasks will improve her character, academics, physical health, and mindset.

Problem:

Selina is trying to incorporate healthy habits like exercising regularly, drinking more water, or meditating, but often forgets due to her immense workload and is disappointed by her lack of progress.



<https://perchance.org/ai-face-generator>

Name: Selina

Age: 20

Student at
Harvard University

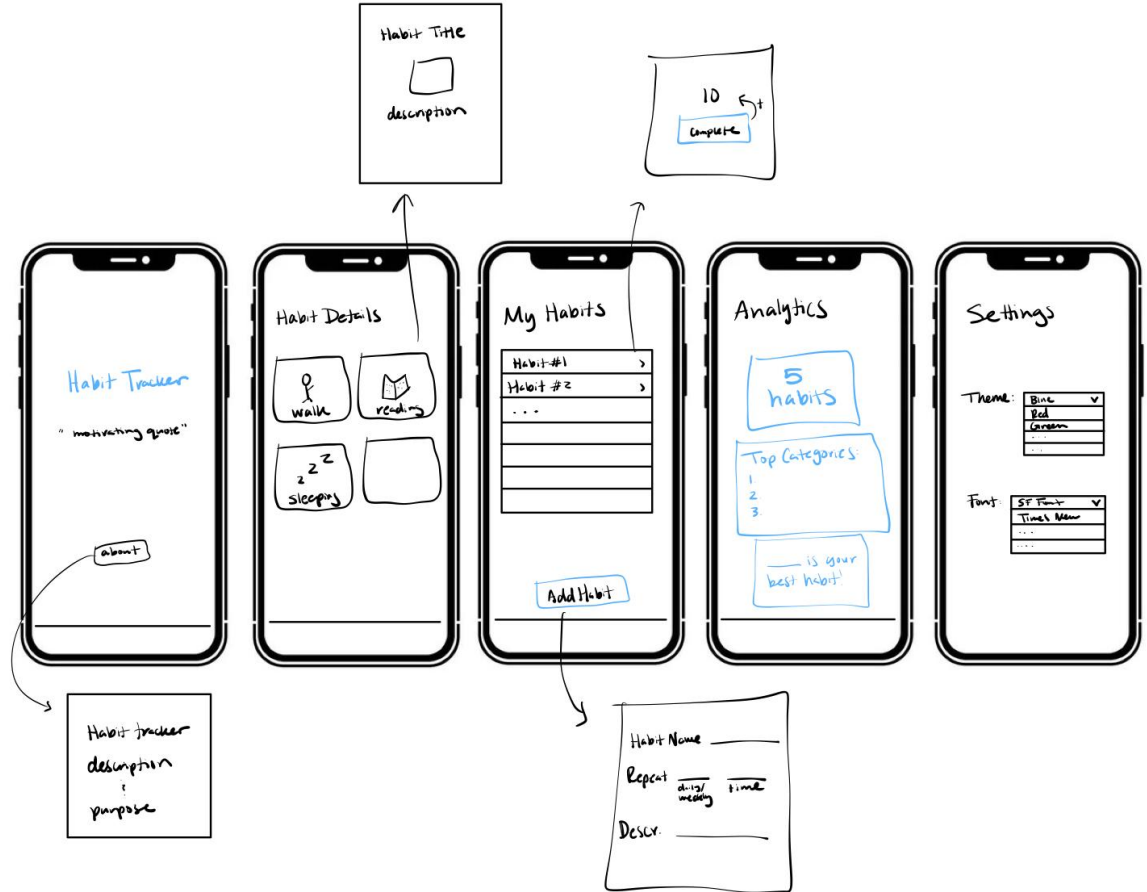
Define

By downloading the Habit Tracker app, Selina is able to keep track of important habits that she does daily, and is also inspired to incorporate MORE healthy habits into her life!

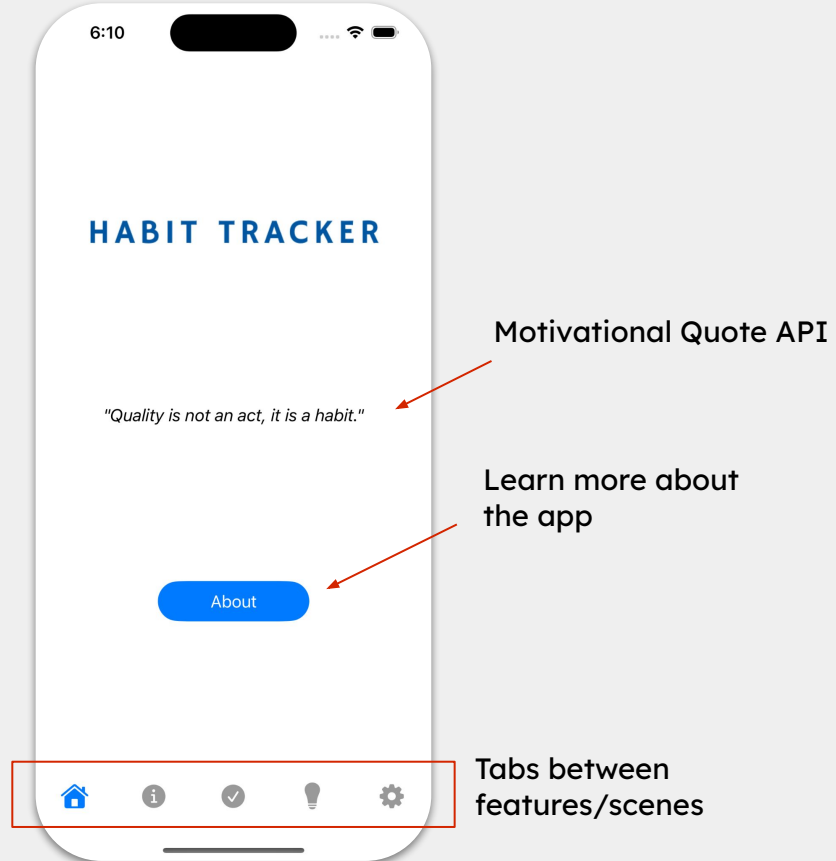


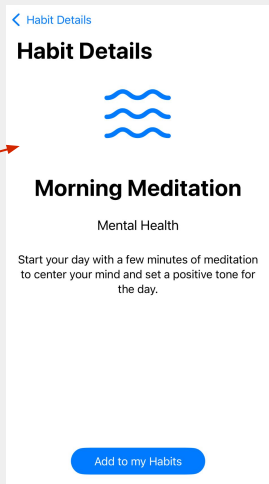
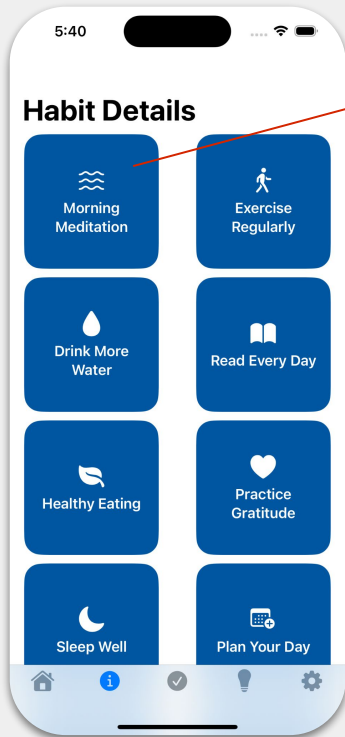
Ideate

1. Home Page
2. Habit Details
3. My Habits
4. Analytics/Insights
5. Settings

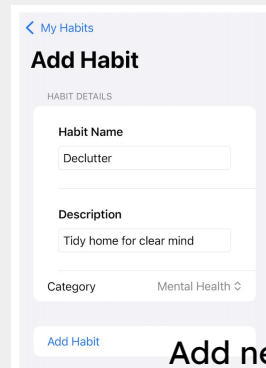
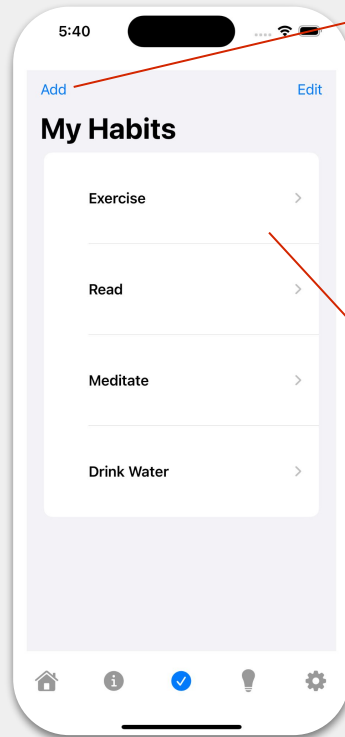


Prototype

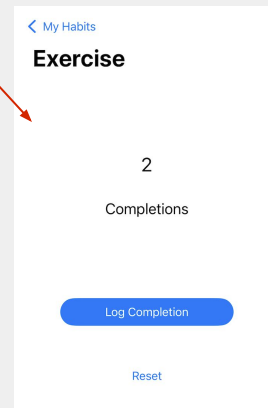




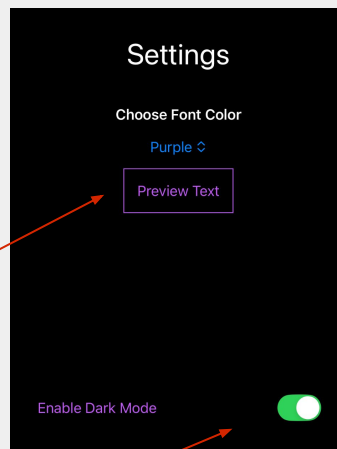
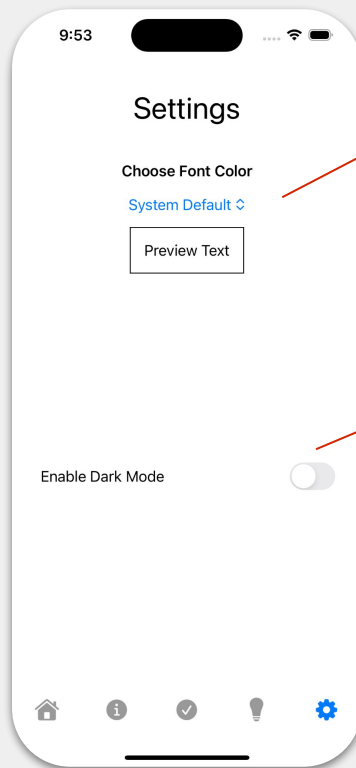
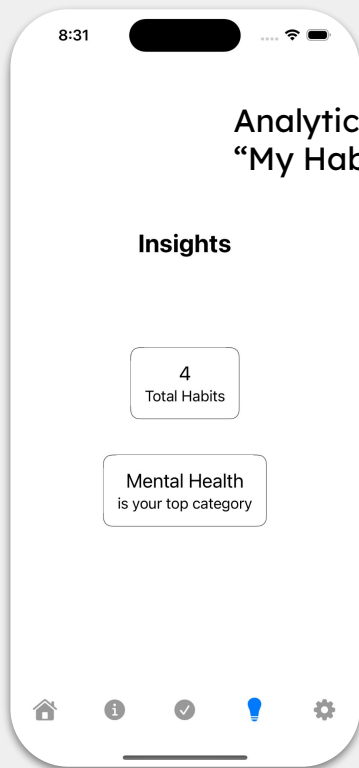
Learn about healthy habits, provided by the application



Add new habits to track

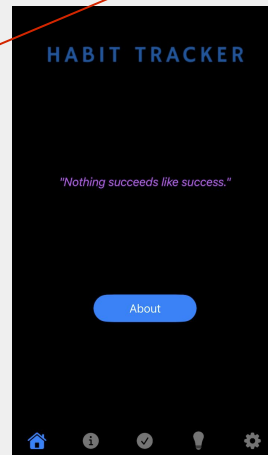


Log your habit completions



Customize text
color

Toggle
between light
& dark mode



Demo



Evaluate

Current app status

- Successful functionality and navigation to:
 - Learn more about habits
 - Add and log habits
 - View insights on the habits of the user

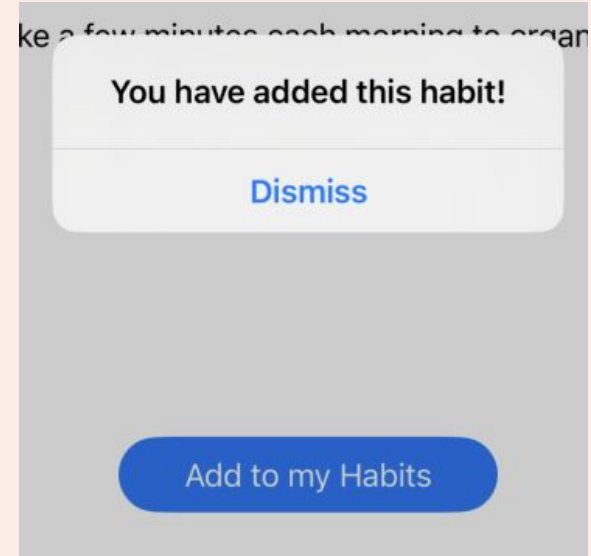
Next Steps....

- Quote api
 - Tune the current api to avoid certain words
- Allow for account creation
- Increase insights about habit completion



Usability Heuristic

1. Visibility of System Status
 - Keeps users updated by letting them know their actions
2. Aesthetic and Minimalist Design
 - No unnecessary elements, very easy to navigate and add habits



iOS Human Interface Guidelines

1. **Typography** is legible and consistent with the system
2. **SF Symbols** used as icons throughout
 - Intuitive
 - Consistent
3. **Color** enhances communication of the app's goal
4. **Navigation** is smooth and intuitive with tabs, “widgets,” and lists

HABIT TRACKER

Thank You!