Simple data listing (first 5 obs)

SUBJID	SMK3cat	BMI3cat	PA3cat	nutrition3cat	totChol3cat	BP3cat	glucose3cat	idealHealthSMK
J521969	Poor Health	Ideal Health	Poor Health					No
J558060	Poor Health		Poor Health					No
J100180	Ideal Health	Ideal Health	Intermediate Health	Intermediate Health	Poor Health	Intermediate Health	Ideal Health	Yes
J100537	Poor Health	Intermediate Health	Poor Health	Intermediate Health	Ideal Health	Intermediate Health	Ideal Health	No
J100757	Ideal Health	Intermediate Health	Intermediate Health	Intermediate Health	Poor Health	Intermediate Health	Ideal Health	Yes

idealHealthBMI	idealHealthPA	idealHealthNutrition	idealHealthChol	idealHealthBP	idealHealthDM
Yes	No				
	No				
Yes	No	No	No	No	Yes
No	No	No	Yes	No	Yes
No	No	No	No	No	Yes

AHA Smoking Categorization						
SMK3cat	Frequency	Percent	Cumulative Frequency	Cumulative Percent		
	88	1.66	88	1.66		
Poor Health	693	13.06	781	14.72		
Intermediate Health	64	1.21	845	15.93		
Ideal Health	4461	84.07	5306	100.00		

AHA BMI Categorization						
BMI3cat	Frequency	Percent	Cumulative Frequency	Cumulative Percent		
	14	0.26	14	0.26		
Poor Health	2840	53.52	2854	53.79		
Intermediate Health	1699	32.02	4553	85.81		
Ideal Health	753	14.19	5306	100.00		

AHA Physical Activity Categorization						
PA3cat	Frequency	Percent	Cumulative Frequency	Cumulative Percent		
	5	0.09	5	0.09		
Poor Health	2615	49.28	2620	49.38		
Intermediate Health	1673	31.53	4293	80.91		
Ideal Health	1013	19.09	5306	100.00		

AHA Nutrition Categorization						
nutrition3cat	Frequency	Percent	Cumulative Frequency	Cumulative Percent		
	545	10.27	545	10.27		
Poor Health	2681	50.53	3226	60.80		
Intermediate Health	2030	38.26	5256	99.06		
Ideal Health	50	0.94	5306	100.00		

AHA Total Cholesterol Categorization						
totChol3cat	Frequency	Percent	Cumulative Frequency	Cumulative Percent		
	520	9.80	520	9.80		
Poor Health	706	13.31	1226	23.11		
Intermediate Health	1922	36.22	3148	59.33		
Ideal Health	2158	40.67	5306	100.00		

AHA BP Categorization						
BP3cat	Frequency	Percent		Cumulative Percent		
	38	0.72	38	0.72		
Poor Health	1115	21.01	1153	21.73		
Intermediate Health	3127	58.93	4280	80.66		
Ideal Health	1026	19.34	5306	100.00		

AHA Glucose Categorization						
glucose3cat	Frequency	Percent		Cumulative Percent		
	290	5.47	290	5.47		
Poor Health	955	18.00	1245	23.46		
Intermediate Health	1960	36.94	3205	60.40		
Ideal Health	2101	39.60	5306	100.00		

Indicator for Ideal Health via Smoking Status							
idealHealthSMK	Frequency	Percent		Cumulative Percent			
	88	1.66	88	1.66			
No	757	14.27	845	15.93			
Yes	4461	84.07	5306	100.00			

Indicator for Ideal Health via BMI Status							
idealHealthBMI	Frequency	Percent		Cumulative Percent			
	14	0.26	14	0.26			
No	4539	85.54	4553	85.81			
Yes	753	14.19	5306	100.00			

Indicator for Ideal Health via Physical Activity Status							
idealHealthPA	Frequency	Percent		Cumulative Percent			
	5	0.09	5	0.09			
No	4288	80.81	4293	80.91			
Yes	1013	19.09	5306	100.00			

Indicator for Ideal Health via Nutrition Status							
idealHealthNutrition	Frequency	Percent		Cumulative Percent			
	545	10.27	545	10.27			
No	4711	88.79	5256	99.06			
Yes	50	0.94	5306	100.00			

Indicator for Ideal Health via Cholesterol Status							
idealHealthChol	Frequency	Percent		Cumulative Percent			
	520	9.80	520	9.80			
No	2628	49.53	3148	59.33			
Yes	2158	40.67	5306	100.00			

Indicator for Ideal Health via BP Status							
idealHealthBP	Frequency	Percent		Cumulative Percent			
	38	0.72	38	0.72			
No	4242	79.95	4280	80.66			
Yes	1026	19.34	5306	100.00			

Indicator for Ideal Health via Glucose Status							
idealHealthDM	Frequency	Percent Cumulative Frequency		Cumulative Percent			
	290	5.47	290	5.47			
No	2915	54.94	3205	60.40			
Yes	2101	39.60	5306	100.00			

everSmoker	currentSmoker	yearsQuitInd	SMK3cat	Frequency	Percent	Cumulative Frequency	Cumulative Percent
				11	0.21	11	0.21
No	No		Ideal Health	3579	67.45	3590	67.66
Yes				27	0.51	3617	68.17
Yes		Quit < 12 months ago	Intermediate Health	1	0.02	3618	68.19
Yes		Quit >= 12 months ago	Ideal Health	9	0.17	3627	68.36
Yes	No			50	0.94	3677	69.30
Yes	No	Quit < 12 months ago	Intermediate Health	63	1.19	3740	70.49
Yes	No	Quit >= 12 months ago	Ideal Health	873	16.45	4613	86.94
Yes	Yes		Poor Health	693	13.06	5306	100.00

AHA Smoking Categorization							
SMK3cat	Frequency	Percent	Cumulative Frequency	Cumulative Percent			
	88	1.66	88	1.66			
Poor Health	693	13.06	781	14.72			
Intermediate Health	64	1.21	845	15.93			
Ideal Health	4461	84.07	5306	100.00			