

	15			
First Team	Kaden Ogle	Underwood	Senior	Forward
	Lincoln Aeschliman	North Fayette Valley	Junior	Forward
	Miles Baccam	Western Christian	Senior	Forward
	Andre Fuentes	North Fayette Valley	Senior	Midfield
	Trenton Schutte	West Branch	Senior	Midfield
	Jack Hoover	Regina Catholic	Senior	Midfield
	Dyson Rasmussen	Underwood	Senior	Midfield
	Stephen Schreurs	Unity Christian	Senior	Midfield
匝	Eddie Petersen	Regina Catholic	Senior	Defender
	Kyler White	North Fayette Valley	Junior	Defender
	Ben Gordon	Van Meter	Senior	Defender
	Micah Zurbriggen	North Fayette Valley	Senior	Defender
	Nate Gerling	West Central Valley	Senior	Goalkeeper
	Danny Kinsella	Treynor	Senior	Forward
	Christian Scire	West Branch	Junior	Forward
	Quinn Warren	Regina Catholic	Senior	Forward
Second Team	Cameron Gingerich	West Branch	Senior	Midfield
	Easton Robertson	Underwood	Junior	Midfield
	Anderson Yoder	Hudson	Sophomore	Midfield
E	Kaleb Myers	Van Meter	Senior	Midfield
S	Gabe Gerling	West Central Valley	Sophomore	Midfield
Se	Aidan Ouwinga	Western Christian	Senior	Defender
	Traevin Van Beek	Unity Christian	Junior	Defender
	Tim Hosier	West Branch	Junior	Defender
	Lyle Olsen	Hudson	Senior	Defender
	Drew Sundine	Hudson	Junior	Goalkeeper
	Micah Simeck	Van Meter	Sophomore	
=	Bruce Songa	West Liberty	Senior	
Honorable Mention	Henry Lounsbury	Van Meter	Sophomore	
	Grant Dunn	Des Moines Christian	Junior	
	Kamron Kunkle	West Central Valley	Senior	
	Adlai Lounsbury	Van Meter	Junior	
	Owen Weber	West Central Valley	Senior	
	Bowie Bettes	Underwood	Senior	
	Jaret McIntosh	Treynor	Junior	
	Trey Frieden	North Fayette Valley	Senior	



	Sergio Mijangos	Bishop Heelan	Junior	Forward
	Eddy Fuentes	Webster City	Junior	Forward
	Cort Lovato Jr.	Glenwood	Senior	Defense
	Gesser Guiterres	Greene County	Senior	Forward
_	Tyler Holtan	Gilbert	Junior	Forward
First Team	Jeramiah Rediske	Decorah	Senior	Forward
1	Jacobo Cerna-Gomez	Perry	Sophomore	Forward
ILS	Cole McCumber	Aplington-Parkersburg	Senior	Defense
ш.	Braysen Dohermann	Williamsburg	Junior	Forward
	Cristhian Ramirez	Humboldt	Senior	Forward
	George Tsiobanos	Bishop Heelan	Senior	Defense
	Jackson Johnson	Gilbert	Senior	Midfield
	Matthew Weber	Gilbert	Junior	Goalkeeper
	Nathan Behne	Greene County	Senior	Midfield
	Adam Severn	Glenwood	Senior	Midfield
	Eduardo Perez	Webster City	Senior	Midfield
	Jonathan Garrison	Central DeWitt	Freshman	Midfield
E	Mason Smith	Chariton	Senior	Forward
_ ea	Cameron Tracy	Maqouketa	Senior	Midfield
Second Team	Jimmy Valdez	Decorah	Senior	Midfield
9	Ty Luhring	Aplington-Parkersburg	Junior	Midfield
Se	Francisco Ramirez Carmona	Webster City	Junior	Defense
	Walker Weedman	Aplington-Parkersburg	Senior	Forward
	Sergio Sanchez	Perry	Senior	Forward
	Connor Willis	Knoxville	Senior	Defense
	Scott Dickson	Sergeant Bluff-Luton	Senior	Goalkeeper
	Logan Harswick	Gilbert	Sophomore	
ior	Caleb Gessner	Benton Community	Senior	
Honorable Mention	Kaden Webber	Nevada	Senior	
	Omar Jaimes	Perry	Senior	
	Andres Gonzalez	Bishop Heelan	Junior	
	Max Wodianka	Williamsburg	Senior	
	Logan Rethwisch	Williamsburg	Senior	
	Will Cardo	Center Point-Urbana	Sophomore	
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Owen Evans

ADM

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First Team	Caden Endres	Norwalk	Senior	Defender
	Thomas Cavin	Xavier, Cedar Rapids	Sophomore	Defender
	Jordan Fischer	Marion	Senior	Defender
	Max Lauman	Pella	Senior	Defender
	Flori Gembo	Iowa City, Liberty	Senior	Forward
	Brayden Shepard	Lewis Central	Senior	Forward
	Ben Jackson	Dallas Center-Grimes	Senior	Forward
	Javier Flores	Des Moines, Hoover	Junior	Forward
i.	Adriene Robles	Lewis Central	Sophomore	Midfield
	Tate McDermott	Dallas Center-Grimes	Senior	Midfield
	Gavin Pienkowski	Carlisle	Senior	Midfield
	Ben Musengo	Des Moines, Hoover	Senior	Midfield
	Jaden Mendias	Dallas Center-Grimes	Junior	Goalkeeper
	Logan Vargas	Lewis Central	Senior	Defender
	Canton Nadermann	Dallas Center-Grimes	Senior	Defender
	Majaliwa Irene	Des Moines, Hoover	Senior	Defender
	Nate Lampe	Newton	Senior	Forward
am	Holden Smith	Cedar Rapids, Washington	Sophomore	Forward
Second Team	Peyton Meier	ADM	Senior	Forward
	Teddy Apostolopolous	Pella	Senior	Midfield
	Wyatt Herting	Xavier, Cedar Rapids	Senior	Midfield
Se	Grant Fletcher	Norwalk	Senior	Midfield
	Jacob Klein	Cedar Rapids, Washington	Junior	Midfield
	Tyden Eng	Norwalk	Sophomore	Midfield
	Richard Gonzalez	Denison-Schleswig	Junior	Midfield
	Colby Krupski	Marion	Junior	Goalkeeper
	Chase Gaach	Carlisle	Senior	
	Landon Tilkes	Marion	Sophomore	
	Anthony Trotta	Xavier, Cedar Rapids	Freshman	
Honorable Mention	Abdala Ebdala	Clear Creek-Amana	Junior	
	Christian Lawson	Newton	Senior	
	Randy Huertero	Washington	Senior	
	Cole Angell	Marion	Sophomore	
	Brayden Sithonnorath	Carlisle	Senior	
	Vincent D'Amico	Xavier, Cedar Rapids	Sophomore	
	Cyrus Khosravi	Dallas Center-Grimes	Senior	
	Cael Orban	ADM	Sophomore	
	Mayson Kramer	Council Bluffs, Jefferson	Sophomore	
	0	ADM	1	

Junior



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First Team	Preston Kipnusu	WDM Valley	Senior	Forward
	Henrry Abarca	Dowling	Senior	Midfield
	Daniel Fuentes	Iowa City West	Junior	Forward
	Kaleab Wendy	Iowa City West	Senior	Forward
	Ty Duax	Ankeny Centennial	Senior	Midfield
	Carlos Martinez	Johnston	Senior	Forward
	John Foth	Dowling	Junior	Defense
	Isaiah LaMark	Johnston	Junior	Defense
st	Owen Duff	Waukee NW	Senior	Defense
造	Cooper Collins	Waukee NW	Senior	Midfield
	Isaac Kelgbah	Waterloo West	Senior	Midfield
	Chase Wakefield	Bettendorf	Senior	Midfield
	Landon Benge	Ankeny	Junior	Forward
	Ephraim Lunganga	DM, Roosevelt	Junior	Forward
	Hudson Porter	Dowling	Senior	Goalkeeper
	Pablo Mendez	WDM Valley	Junior	Midfield
	Darius Hulbert	Pleasant Valley	Junior	Forward
	Blake Whitlow	Linn-Mar	Senior	Defense
	Gavin Lewis	Prairie	Senior	Midfield
	Jude Skinner	Southeast Polk	Senior	Midfield
E	Beni Puelele	Sioux City East	Senior	Forward
Second Team	lan O'Loughlin	Cedar Falls	Senior	Midfield
투	Javier Alvarado	Davenport North	Sophomore	Midfield
	Dylan Gloviak	Ankeny	Senior	Defense
ec	Jonathan Mendez	Dowling	Junior	Forward
S	Tate Duax	Ankeny Centennial	Sophomore	Midfield
	Jack Dancer	Iowa City High	Junior	Midfield
	Jonathan Amador	Council Bluffs, Lincoln	Junior	Forward
	Abdullah Iqbal	Waukee NW	Senior	Forward
	Caden Lane	DM, Roosevelt	Junior	Goalkeeper
	Aidan Nuemann	Prairie	Senior	
Honorable Mention	Mitch Tackney	Dubuque Hempstead	Junior	
	Jackson Nichols-Lindsey	Iowa City High	Junior	
	Rockne Carver	Urbandale	Senior	
	Devin Bormann	Linn-Mar	Senior	
	Landon Potts	Bettendorf	Junior	
	Liam Teghanemt	Iowa City West	Junior	
	Magok Mangok	DM North	Junior	