

**Special
Olympics**
Vermont



2018 Special Olympics Vermont Winter Games

Event Guide

March 18-20, 2018

Killington/Pico Mountain Resort

Mountain Meadows XC Center

The 2018 Special Olympics Vermont Winter Games are sponsored by





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2018 Winter Games Schedule

A schedule of competitions can be found on page 17 of this guide.

Sunday, March 18

4:30 - 6:00pm

Delegation Check-In

Ticket Center at Pico Mountain

Sunday night dinner is on your own. Pico Mountain's Slopeside Pizzeria will be offering specials: \$10 cheese pizza and \$12 one-topping pizzas from 4pm-8pm. Call ahead orders are accepted.

6:35pm

Line-up for the Parade of Athletes

6:45pm

Parade of Athletes- procession through Pico Mountain base area

7:00 – 7:30pm

Opening Ceremonies- outside at Pico Map- can be seen from Base Lodge

Monday, March 19

7:00am

Shuttle Leaves Killington Grand Hotel

7:10am

Shuttle Leaves Pinnacle Condos, Trail Creek Condos (Shuttles will run until 7:50AM)

7:50am

Last Shuttle Pick-Up to Venues

7:30 – 8:30am

Breakfast at Pico

8:00 – 8:30am

Delegation Check-In (late check-ins only) at Pico Ticket Counter

7:45 – 8:10am

Volunteer Check-in- Pico Ski Club

8:15am

Shuttle departs Pico for XC Venue

8:15 – 8:40am

Volunteer Training

Alpine/Snowboard – Pico Ski Club (see map – pg. 18)

Cross-Country Skiing- Mountain Meadows XC Center

Snowshoeing – Start line of snowshoe course (Base of Exhibition)

(see venue for time)

Coaches Meeting at each venue:

8:45am Cross Country Skiing – @ Finish Line of venue

8:45am Snowshoeing – @ Finish Line of venue

9:00am Alpine/Snowboard – @ base of Advanced Alpine Ski venue

9:15am – 3:00pm

Competition (various): see competition schedule on page 17

9:30am

Alpine/Snowboard athletes meet with Mountain Guides

Meet at Pico Mountain Map (Site of Opening Ceremonies)

10:00 – 2:00pm

Olympic Town- Outside Main Lodge

12:00-1:30pm-

Lunch served at Pico Base Lodge (Shuttle will run from XC Venue to Pico for lunch)



4:00pm (end of day)	Alpine/Snowboard Coaches Meeting @ Main Lodge
5:45 – 7:00pm	Banquet – Oscar Wilde Ballroom @ Killington Grand Hotel (Delegation/Credentialed members only)
7:00 – 8:30pm	Dance – “GALAXY” – Oscar Wilde Ballroom @ Killington Grand Hotel (Family & Friends welcome)
	Shuttle will run between lodging and Killington Grand for arrival to and departure from dinner and dance

Tuesday, March 20

8:00am	Shuttle leaves Killington Grand Hotel
8:10am	Shuttle leaves Pinnacle Condos, Trail Creek Condos
8:30 – 9:30am	Breakfast at Pico
9:15am	Shuttle leaves Pico for XC Venue
8:30 – 9:25am	Volunteer Check-in @ Pico Ski Club (Tuesday only volunteers)
9:00 – 9:25am	Volunteer Training Alpine/Snowboard – Pico Ski Club (see map – pg. 18) Cross-Country Skiing- Mountain Meadows XC Center Snowshoeing – Start line of snowshoe course (Base of Exhibition)
9:30am	Coaches meetings at each venue: Alpine/Snowboard – @ Finish line of Advanced Alpine Ski venue Cross-Country – @ Finish Line of venue Snowshoeing – @ Finish Line of Venue
9:45am	Alpine/Snowboard athletes meet with Mountain Guides Meet at Pico Mountain Map (Site of Opening Ceremonies)
9:45am – 1:00pm	Competition (various): see competition schedule on page 17
10:00am – 12:00pm	Olympic Town- Outside Main Lodge
11:30 – 1:30pm	BBQ Lunch – (Delegation/Credentialed members only) Please remember to thank the Killington Pico Community for their support!

Competition

General procedures – equipment and attire

- All events will be conducted in accordance with the Official Special Olympics Winter Sports Rules 2016 Revised Editions and the Federation Internationale de Ski (FIS)
- During competition, only athletes, officials/personnel and assigned volunteers are allowed in competition areas. Coaches, chaperones, parents, etc., are restricted from competition areas



- **Alpine/Snowboard** – properly fitted helmet, safe/functional bindings, properly fitted boots, poles with baskets (alpine only), appropriately sized skis/board; winter clothing (goggles, gloves, body wear, socks)
- **Cross-Country** – safe and properly fitted skis, bindings, boots and poles; winter clothing (hat, gloves, body wear, socks)
- **Snowshoe** – safe and properly fitted snowshoes, bindings and footwear; winter clothing (hat, gloves, body wear, socks)

Protests

- DQ's will be posted outside of the Base Lodge for review upon completion of events
- Protests must be submitted in writing
- Protest forms are available from competition personnel
- Protests must be submitted to the Venue Director within 30 minutes following the incident
- Venue Directors will receive and judge all protests with the Sports Manager, Kaila Krouse
- Only an athlete's coach may file a protest on behalf of the athlete

*****REMEMBER*****

*Rule interpretations are protestable, judgment calls and divisioning are not.
All decisions by the Venue and Sports Manager are final*

Awards

- Alpine/Snowboard - Pico
 - No awards will be given prior to 2:00pm on Monday
 - Note that awards happen as divisions finish. Please be patient while our volunteer games management team completes the process of receiving scores, processing results, printing awards placing, staging, and preparing medals
- Snowshoe- Pico
 - Awards will be presented as noted in the competition schedule for Monday
 - All awards Tuesday will begin following the completion of all races
- Cross Country- Pico
 - Awards will be presented as noted in the competition schedule for Monday
 - All awards Tuesday will begin following the completion of all races
- Medals are awarded to first, second, and third place winners
- Ribbons are awarded to fourth, fifth, sixth, seventh, and eighth place winners
- Participation ribbons are awarded to those who disqualify

Meals & Reminders

Delegation check-in procedures

Please send only one or two representatives from your delegation to check-in.



Sunday, March 18

4:30 – 6:00pm Check-In at Ticket Center at Pico Mountain

4:30 – 6:00pm Secure Equipment Drop Off at Rental Shop (Pico Mountain)

Programs must check in by 6PM on Sunday evening to receive lodging assignments and keys. If you anticipate a late arrive, please call Kaila Krouse at (802) 343-7124 to make arrangements. Day of registration will take place Monday morning, March 19th from 8:00am-8:30pm at Pico.

Coaches meetings

- **Mandatory** delegation attendance of at least one coach per sport on competition day
- Sunday night coaches meeting for Alpine/Snowboard – 5:30pm @ Pico Ski Club
- Content should consist of general questions, comments, and concerns
- Sport related issues must be submitted in writing to be addressed in the morning meetings

Identification

- Credentials are issued for registered members of each delegation and must be worn at all times
- Athletes are assigned bibs which identify the athlete, delegation and their assigned events
- Credentials are required for all meals, including the banquet dinner and Tuesday's BBQ lunch

Meals

- **Sunday Night Dinner is on your own**
 - Pico's Slopeside Pizzeria will offer \$10 cheese and \$12 one-topping pizzas for purchase from 4pm-8pm
 - The Killington area offers several delis, stores, and take out options. Outside food may be brought to Pico to eat in the Base Lodge Sunday night
- Provided meals are for registered delegates only – individuals must have credentials to be served
- Monday Breakfast: Hot oatmeal with raisins and brown sugar, breakfast egg sandwiches with VT cheddar on whole grain English muffins (meat and vegetarian options), juice, coffee, tea, and milk
- Monday Lunch: Butternut squash and maple bisque, sandwich wraps (turkey with VT cheddar, lettuce tomato; black forest ham with swiss cheese, lettuce, tomato, onion; roasted red pepper and Portobello mushroom, arugula, sundried tomato hummus, roasted eggplant, and boursin cheese), whole fruit, water, milk
- Monday Dinner: roasted tomato and red pepper bisque, garden salad with two dressings, tequila lime chicken chimi chop with anaszi beans and rice, roasted butternut fettucini, chef's seasonal vegetable, dessert bars
- Tuesday Breakfast: Hot oatmeal with raisins and brown sugar, breakfast egg sandwiches with VT cheddar on whole grain English muffins (meat and vegetarian options), juice, coffee, tea, and milk
- Tuesday Lunch: hamburgers, hotdogs, potato salad, pasta salad, oatmeal cookies, brownies, water, milk
- Guests and spectators may purchase meals at Killington Grand Hotel restaurants, Pico Mountain, or surrounding businesses



- **Special Note!** The Killington/Pico staff are very accommodating of dietary needs. Please provide Kaila Krouse a list of all special dietary restrictions and allergies prior to arrival for kitchen accommodations to be made.

Lodging

- Although we will be taking over many condos and lodging spaces as well as Pico Mountain, there are others who are not Winter Games guests. Please remember to:
 - Be courteous to all of your fellow guests
 - Advise families and athletes to share common spaces and keep noise to a minimum
 - Condo spaces have kitchens that can be utilized to prepare food and snacks
- Delegations will be staying in several different condo complexes. Transportation will be available to and from lodging to all events, but individual transportation may provide greater flexibility.
- All lodging is pet-free unless specific accommodations are approved prior to arrival.

Smoking & Tobacco Policy

- **Special Olympics Vermont Smoking Policy (includes chewing tobacco and e-cigarettes):**
 - To ensure the health and safety of our athletes, coaches, volunteers, and family members, as well as to preserve the venues that have been provided to SOVT by generous organizations and individuals, smoking is not allowed at any Special Olympics Vermont event. This includes, but is not limited to: playing fields, dormitories, hotel lobbies, and any outdoor property on which a Special Olympics Vermont event is being held
 - People found in violation of this policy will be asked to extinguish their smoking materials immediately. Individuals who consistently violate this policy or refuse the above request may be asked to leave the event and further disciplinary action, including exclusion from future Special Olympics Vermont events, may be taken.
- **Killington/Pico Smoking Policy:**
 - The Killington Grand Hotel, Pico Mountain, and Mountain Meadows XC Center are non-smoking. Smoking inside the lodging spaces will result in an immediate request to leave, and a cleaning fee of \$250. Smoking is prohibited outside the Pico Mountain lodge, in the parking lot and on the mountain.



Medical

- Medical personnel will be on site for all competitions
- Medical personnel will be available during functions and overnight
 - Dr. Steven Contompasis, Medical Director: 802.578.8110
 - Kaila Krouse, Sports Manager: 802.343.7124
 - Liza Reed, Marketing and Partnerships Director: 802.598.7571
- Concussion tips are located on page 15 of this guide. If you suspect a concussion, refer to these tips and contact medical personnel
- Those staying off-site are responsible for their own medical emergencies (911)
- Pico Mountain Ski Patrol will be on the slopes Monday and Tuesday
 - Ski Patrol is primarily responsible for injuries on the slopes and assisting injured athletes
 - For injuries occurring on the slopes that require ski patrol assistance, the athlete will be taken to the Ski Patrol Medical Center and the coach will be contacted

****Medical personnel will be at each venue; speak to anyone in a red/green vest***

Emergency Procedures

- In the event of an emergency:
 - Ensure the safety of your surrounding and safety of others
 - Secure medical care for affected individuals(s)
 - Notify Sports Manager, Kaila Krouse: 802.343.7124
 - If an emergency arises at Pico Mountain, please inform the nearest Venue Director or Ski Patrol personnel
 - Refer requests for information and all media requests to President/CEO, Sue Minter
 - Assist with completion of necessary accident/incident reports
 - Await further instructions
- In the event an athlete is taken to the hospital, make sure the athlete has his/her:
 - Medical Form
 - Release Form
 - Accident/Incident Report Form (see index)

****Every Coach MUST carry a copy of each registered athlete's medical at all time***

Medical Reminders

- Special Olympics Vermont holds medicals for all registered athletes. In addition, all delegations/coaches are required to have a copy of their athlete medicals at all times.
- Proper hydration is imperative in all weather conditions. Please be sure athletes know the importance of drinking plenty of fluids. Remember sunscreen and lip protection as well
- Dress in layers. It may be very cold or very warm and athletes must be able to adjust their clothing as necessary. Gloves, hats, and appropriate athletic attire (preferably waterproof) are necessary for comfort and safety
- If injury is handled on-site, complete accident/incident report
- The medical staff does not carry, nor are they allowed to dispense over the counter medications. Therefore, Tylenol, Advil, etc. are not available. Please plan accordingly.



Inclement Weather

- Please use your best judgment if weather conditions are too hazardous for your group to attend the 2018 Winter Games.
- In the event your delegation is unable to attend the event or is delayed, please call Kaila Krouse, Sports Manager, at 802.343.7124.
- If the event is cancelled due to inclement weather a notice will be posted on the SOVT website: www.specialolympicsvermont.org, by 4pm on Saturday, March 17th.

Weather plan

- Instructions to suspend events will be made by Sports Manager, Kaila Krouse, with input from Venue Directors. If suspension is necessary, an announcement via radio will be made to each venue.
- In the event that Winter Games must be suspended due to inclement weather, please report to the Lodge. Venue Directors will provide further instructions.
- Volunteers should accompany athletes and coaches to the designated area.
- Please confirm that all athletes, coaches and volunteers are safely inside designated areas.

Directions & Parking

TO PICO MOUNTAIN

From all points North

- Interstate 89
- Take Exit 3 VT-107 Bethel/Rutland
- Follow VT-107W to VT-100S
- Turn right onto US-4W- Pico Mountain will be on your left

From South-Interstate 91

- Take Exit 6 toward US-5 Rockingham/Rutland
- Turn left onto US-5N and continue onto VT-103N
- Follow VT-103N to VT-100N
- Turn left onto US-4W-Pico Mountain will be on your left

From South-US Route 7

- Follow Route 7N toward Rutland
- Follow signs to US-4E- Pico Mountain will be on your right

PARKING

There is ample parking at both Pico Mountain, lodging options, and Killington Grand Resort. Please follow signs for parking lots.



Family and Friends Information

Venue information

- Discounted lift tickets for families and spectators can be purchased at Pico for \$59/day.
- It is important to note that Alpine Skiing & Snowboarding are not spectator-friendly sports.
- Only individuals with lift tickets will have access on the mountain.

Killington Grand Hotel

228 E Mountain Road
Killington, VT 05751

Pico Mountain Resort

73 Alpine Drive
Mendon, VT 05751

Lodging recommendations

- Special rate! Holiday Inn Rutland- follow this link or mention "Special Olympics Vermont" when making reservations:
https://www.holidayinn.com/redirect?path=hd&brandCode=HI&localeCode=en®ionCode=1&hotelCode=RUTVT&_PMID=99801505&GPC=VSP&viewfullsite=true

Meals

- Meals are provided for athletes, coaches, volunteers and program staff only. Credentials must be worn at all meal locations.
- Pico Mountain Resort will have their restaurant open to purchase food throughout the event.
- Family & friends are invited to attend the dance following Monday's dinner at 7:00pm (dance theme: Galaxy).

Volunteer!

- Follow the link here: <https://specialolympicsvermont.org/volunteer/current-opportunities/> to check out the many Winter Games volunteer opportunities. For volunteer questions, please contact , Kaila at kkrouse@vtso.org or (802) 861-0273

Donate!

- Winter Games costs Special Olympics Vermont nearly \$100,000. Make a one-time donation or register for our monthly or quarterly giving program. [Donate today!](#)



Oaths and Codes of Conduct

Special Olympics Coaches Code of Conduct

Special Olympics is committed to the highest ideals of sport and expects all coaches to honor Sport and Special Olympics. All Special Olympics Coaches agree to observe the following code:

RESPECT FOR OTHERS

- I will respect the rights, dignity and worth of athletes, coaches, other volunteers, friends and spectators in Special Olympics.
- I will treat everyone equally regardless of gender, ethnic origin, religion or ability.
- I will be a positive role model for the athletes I coach.

ENSURE A POSITIVE EXPERIENCE

- I will ensure that for each athlete I coach, the time spent with Special Olympics is positive.
- I will respect the talent, developmental stage and goals of each athlete.
- I will ensure each athlete competes in events that challenge that athlete's potential and are appropriate to that athlete's ability.
- I will be fair, considerate and honest with athletes and communicate with athletes using simple, clear language.
- I will ensure that accurate scores are provided for entry of an athlete into any event.
- I will instruct each athlete to perform to the best of the athlete's ability at all preliminary competition and finals competition in accordance with the Official Special Olympics Sports Rules.

ACT PROFESSIONALLY AND TAKE RESPONSIBILITY FOR MY ACTIONS

- My language, manner, punctuality, preparation and presentation will demonstrate high standards.
- I will display control, respect, dignity and professionalism to all involved in the sport (athletes, coaches, opponents, officials, administrators, parents, spectators, media, etc.).
- I will encourage athletes to demonstrate the same qualities.
- I will not drink alcohol, smoke or take illegal drugs while representing Special Olympics at training sessions, competition or during Games.

ACT PROFESSIONALLY AND TAKE RESPONSIBILITY FOR MY ACTIONS

- I will refrain from any form of personal abuse towards athletes and others, including verbal, physical and emotional abuse.
- I will be alert to any form of abuse from other sources directed toward athletes in my care.

QUALITY SERVICE TO THE ATHLETES

- I will seek continual improvement through performance evaluation and ongoing coach education.
- I will be knowledgeable about the Sports Rules and skills of the sport (s) I coach.
- I will provide a planned training program.
- I will keep copies of the medical, training, and competition records for each athlete I coach.
- I will follow the Special Olympics, the International Federation and the National Federation/Governing Body rules for my sport (s).



HEALTH AND SAFETY OF THE ATHLETES

- I will ensure that the equipment and facilities are safe to use.
- I will ensure that the equipment, rules, training and the environment are appropriate for the age and ability of the athletes.
- I will review each athlete's medical form and be aware of any limitations on that athlete's participation noted on that form.
- I will encourage athletes to seek medical advice when required.
- I will maintain the same interest and support towards sick and injured athletes.
- I will allow further participation in training and competition only when appropriate.

I understand that if I violate this Code of Conduct I will be subject to a range of consequences, up to and including being prohibited from coaching in Special Olympics.

Special Olympics Athlete Code of Conduct

Special Olympics is committed to the highest ideals of sport and expects all athletes to honor sports and Special Olympics. All Special Olympics athletes and Unified Sports Partners agree to the following code:

SPORTSMANSHIP

- I will practice good sportsmanship.
- I will act in ways that bring respect to me, my coaches, my team and Special Olympics.
- I will not use bad language.
- I will not swear or insult other persons.
- I will not fight with other athletes, coaches, volunteers or staff.

TRAINING AND COMPETITION

- I will train regularly.
- I will learn and follow the rules of my sport.
- I will listen to my coaches and the officials and ask questions when I do not understand.
- I will always try my best during training, divisioning and competitions.
- I will not "hold back" in preliminaries just to get into an easier final heat.

RESPONSIBILITY FOR MY ACTIONS

- I will not make inappropriate or unwanted physical, verbal or sexual advances on others.
- I will not drink alcohol, smoke or take illegal drugs while representing Special Olympics at training sessions, competition or during Games.
- I will not take drugs for the purpose of improving my performance.
- I will obey all laws and Special Olympics rules.

I understand that if I do not obey this Code of Conduct my Program or a Games Organizing Committee may not allow me to participate.



Oaths

ATHLETE'S OATH

"Let me win. But if I cannot win, let be brave in the attempt."

COACH'S OATH

"In the name of all coaches, we shall follow written and verbal instructions of Special Olympics officials at all times, have our athletes at the appropriate events and activities at the proper time and abide by the rules and policies, in the spirit of sportsmanship."

OFFICIAL'S OATH

"In the name of all judges and officials, I promise that we shall officiate in these Special Olympics Games with complete impartiality, respecting and abiding by the rules which govern them, in the spirit of sportsmanship."





Concussion tips

CONCUSSION DEFINITION

A concussion is a type of traumatic brain injury—or TBI—caused by a bump, blow, or jolt to the head or by a hit to the body that causes the head and brain to move quickly back and forth. This fast movement can cause the brain to bounce around or twist in the skull, creating chemical changes in the brain and sometimes stretching and damaging the brain cells.

RECOGNIZING A CONCUSSION

- Appears dazed or stunned
- Forgets an instruction, is confused about an assignment or position
- Uncertainty of the game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (*even briefly*)
- Shows mood, behavior, or personality changes
- Can't recall events *prior to* or *after* a hit or fall

SYMPTOMS REPORTED

- Headache or “pressure” in head
- Nausea or vomiting
- Balance problems or dizziness, or double or blurry vision
- Bothered by light or noise
- Feeling sluggish, hazy, foggy, or groggy
- Confusion, or concentration or memory problems.
- Just not “feeling right,” or “feeling down”

WHAT YOU SHOULD DO

- Do not try to judge the severity of the injury yourself. See a health care provider and only return to play with permission from a health care provider who is experienced in evaluating for concussion

“When in doubt, sit them out!”

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SPECIAL OLYMPICS

FIRST REPORT OF ACCIDENT / INCIDENT



U.S. Program/Area: _____ Date of Incident: _____

Injured Person/Party Information Date of Birth: ____/____/____ Age: _____

Name: _____
(Last) (First) (MI)

Address: _____
(Street) (City) (State) (Zip)

Home Phone: (____) _____ - _____ Work Phone: (____) _____ - _____

Gender: ☐ Male ☐ Female Social Security Number: _____ - _____ - _____

Type of Injury/ Accident:

- ☐ Bodily Injury
☐ Property Damage
☐ Automobile
☐ Other: _____

Injured Party:

- ☐ Athlete
☐ Volunteer
☐ Coach
☐ Employee
☐ Spectator
☐ Unified Partner
☐ Property Owner
☐ Other: _____

Description of Accident (If automobile accident occurred, please attach a copy of the police report).

Describe how the accident occurred (Attach a separate sheet if necessary): _____

Site / event where accident occurred: _____

Accident Occurred During:

- ☐ Training/Practice
☐ Competition
☐ Traveling to or from SO event
☐ Other: _____

Type of Injury:

- ☐ Severe cut w/ bleeding
☐ Less serious bruise or cut
☐ Break/fracture
☐ Concussion
☐ Paralysis
☐ Other: _____

Disposition:

- ☐ Released to parent
☐ Refusal of care
☐ Refer to doctor
☐ Refer to hospital or clinic
☐ Medical attention
☐ EMS transport
☐ Patient requested EMS transport
☐ Released to personal vehicle
☐ Police
☐ Ambulance
☐ Report only
☐ Other: _____

Sport

- ☐ Alpine Skiing
☐ Aquatics
☐ Athletics
☐ Badminton
☐ Baseball
☐ Basketball
☐ Bocce
☐ Bowling
☐ Cheerleading
☐ Cross Country Ski
☐ Cycling
☐ Equestrian
☐ Figure Skating
☐ Floor Hockey
☐ Golf
☐ Gymnastics
☐ Kickball
☐ Power Lifting
☐ Relay Game
☐ Roller Skating
☐ Sailing
☐ Snowboarding
☐ Snowshoe
☐ Soccer
☐ Softball
☐ Speed Skating
☐ Swimming
☐ Table Tennis
☐ Team Handball
☐ Tennis
☐ Track & Field
☐ Volleyball
☐ Other: _____

Body Part Injured:

- ☐ Head
☐ Neck
☐ Torso
☐ Back
☐ Hand (L / R)
☐ Finger (L / R)
☐ Elbow (L / R)
☐ Shoulder (L / R)
☐ Leg (L / R)
☐ Knee (L / R)
☐ Thigh (L / R)
☐ Shin (L / R)
☐ Toe (L / R)
☐ Other: _____

Contact / Care Provider Information If an athlete or underage volunteer was injured, please identify the care provider and/or responsible party (e.g. parent, legal guardian).

Relationship to the injured person: _____

Name: _____

Address: _____

Home Phone: (____) _____ - _____

Employer Name: _____

Employer Address: _____

Work Phone: (____) _____ - _____

Does the injured person have medical insurance?

☐ Yes ☐ No

If yes, insurance is provided by:

☐ Injured Person ☐ Care Provider/Responsible Party

Please provide name of Company and Policy Number: _____

Witness Information (Please provide names and phone numbers of any witnesses to the incident)

Witness #1 Name: _____

Daytime Phone: (____) _____ - _____

Witness #2 Name: _____

Daytime Phone: (____) _____ - _____

Special Olympics Official / Representative (other than claimant)

Name: _____

Daytime Phone: (____) _____ - _____

Signature: _____

Send completed form to:

If injury was serious or a fatality:

American Specialty Insurance Services, Inc., P.O. Box 459, Roanoke, IN 46783-0309; Fax: (260) 673-1291

IMMEDIATELY notify American Specialty Insurance Services, Inc.

Telephone: (800) 566-7941 (24 hours a day / 7 days a week)

AMER: 150525 - SpecOlym Inc. Rep. Form 02-03



Competition Schedule

Monday competition schedule

Alpine	Snowboard	Snowshoe	Cross-Country
9:30 Athletes meet with Mt Guides	9:30 Athletes meet with Mt Guides	9:00 Athletes ready to race	9:00 Athletes ready to race
9:45 – 12:00: Time Trials – All Divisions	9:45 – 12:00: Time Trials – All Divisions	9:15 – 12:30: 100M, 25M, 400M, 200M, 50M Qualifiers	9:15 – 12:00: 100M, 500M, 50M Qualifiers
12:00 – 1:00: Lunch available on deck	12:00 – 1:00: Lunch available on deck	12:30 – 1:30: Lunch available on deck	12:00 – 1:00: Lunch available on deck
1:15: Athletes meet with Mountain Guides	1:15: Athletes meet with Mountain Guides	1:30 – 4:00: 100M Final	1:30 – 2:30: 100M and 1K Final
1:30 – 3:00: Slalom Comp.; 2 runs	1:30 – 3:00: Slalom Comp.; 2 runs	Awards-Pico Mtn Map	Awards-Pico Mtn Map
2:00pm: Awards Slalom – Pico Mtn Map	2:00pm: Awards Slalom – Pico Mtn Map		

Tuesday competition schedule

Alpine	Snowboard	Snowshoe	Cross-Country
9:45: Athletes Meet With Mountain Guides	9:45: Athletes Meet With Mountain Guides	9:50 Athletes ready to race	9:50 Athletes ready to race
10:00: Giant Slalom Comp; 2 runs	10:00: Giant Slalom Comp; 2 runs	10:00 – 1:00: 200M, 50M, 400M, 25M, 2X25, 2X50, 4x100 Finals	10:00 – 1:00: 50M, 500M, 3x1K Finals
Athletes will remain with mountain guides while course is being reset	Athletes will remain with mountain guides while course is being reset	Awards will be presented at the end of all snowshoe competition	Awards will be presented at the end of all XC competition
11:30: Super G; 1 Run	11:30: Super G; 1 Run	Awards-Pico Mtn Map	Awards-Pico Mtn Map
12:30: All Alpine awards presented as divisions finish; Lunch	12:30: All Snowboard awards presented as divisions finish; Lunch	12:30: Lunch	12:30: Lunch
Awards-Pico Mtn Map	Awards-Pico Mtn Map		

Opening Ceremonies/Awards



Waffle Cabin

Equipment Drop Off (Rental Shop-ground floor)

Vermont Adaptive
SKI & Sports

Parade of Athletes

Program Check In
4:30pm-6pm

Base Lodge- MTN HOME
BASE (free time, breakfast and lunch) *Pizza available for purchase Sunday night

Arrival & Parking





****Final race course locations subject to Venue Director and Mountain Operations discretion****