***It’s never too early or too late to take your health to heart.***

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***Join us for a FREE seminar***

**Mini-Med School for Women  
Healthy Aging: What Women Need to Know About Heart Health at Every Age**

Bring your mother, sister, daughter, or friend and learn how to keep your heart healthy at every stage of life.

**Thursday, June 14, 2018**

**5:30 PM - 7:00 PM**Cardiovascular Research Foundation

1700 Broadway, 9th Floor

New York, NY 10019

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| Register for Free Now |

***Program***

**5:30 PM**

**Registration/Reception**

**(Light snacks and refreshments will be served.)**

**6:00 PM**

**The Early Years: 10 Ways to Defy Heart Disease**

***Nisha Jhalani, MD***

**NewYork-Presbyterian/Columbia University Medical Center**

**6:15 PM**

**Middle-Age: The Signs and Symptoms You Shouldn’t Ignore**

***Harmony Reynolds, MD***

NYU Langone Health

**6:30 PM**

**Seniors: What You Need to Know About Aortic Stenosis**

***Susheel Kodali, MD***

**NewYork-Presbyterian/Columbia University Medical Center**

**6:45 PM**

**Patient Perspectives**

**(Q&A and Panel Discussion)**