SCHS JROTC Syllabus LET II

Overview: JROTC is foremost a leadership and character development course of study. All JROTC activities will focus on six Core Abilities which will develop and enhance cadets as they progress through all classes and extracurricular activities. They are:

- Take responsibility for your actions and choices
- Treat self and others with respect
- Apply critical thinking techniques
- Communicate using verbal, non-verbal, visual and written techniques
- Do your share as a good citizen in your school, community, country, and the world
- Build your capacity for life-long learning

To achieve the maximum benefit cadets should become involved in as many teams and activities as possible as they serve to multiply the effects of the lessons learned in classroom study. Activities become the learning laboratory to practically apply these lessons.

Grading: LET (Leadership, Education, and Training) level 1-3 grading policies follow:

- We will cover one to two Lessons per week. Each lesson will consist of learning activities to include Exercises, Quizzes and Assessments. All lessons will be assigned in MS Teams with assignments to include Student Text and other required materials. Lessons will be 30% of the overall grade. Chapter tests, essays, oral presentations, and Cadet Challenge will count as 20% of the overall grade. Distance learners as well as those students on campus will all receive and submit assignments, quizzes, and tests in MS Teams.
- One uniform inspection weekly (day depends on block schedule) worth 100 points. Weekly uniform grades will be averaged. All cadets will attending school will be inspected every week. Cadets not in uniform without an advanced excusal will receive a zero that will count toward the inspection average and additional demerits. Students distance learning will take a full length picture (time stamped) and submit in MS Teams in any lesson for the week and due by Friday of each week.
- One cumulative participation /leadership grade worth 30 points. Cadets begin each term with 25 points. Cadets accumulate merits for good behavior and demerits for poor behavior. The maximum score possible is 30. Extra merits will add one percentage point to term grade For those cadets serving in leadership positions, points accrue as follows for their expected contributions to the Corps of Cadets:
 - -Team leader = 1 points
 - -Squad leader = 2 points
 - -Platoon level leaders = 3 points
 - -Company level leaders = 4 points
 - -Battalion level leaders = 5 points (staff assistants = 3 points)

Semester exams will be given in all JROTC classes and follow school policy for 2^{nd} semester exemption. All cadets will take a comprehensive 1^{st} semester exam covering material learned during the entire semester.

Overall grading: Lessons 30 points; tests 20 points; Participation/Leadership 30 points; Uniform Inspection 20 points

Classes by Quarter

1st Quarter

Elements of Leadership

Leadership Attributes

Leadership Competencies

Leadership Styles

Becoming a Better Communicator

Becoming a Better Writer

Delivering Your Speech

Career concepts

Ethical Concepts and You

Team Member Qualities

Drill Leader Skills and Responsibilities

Taking charge: Leadership Responsibilities

Drill and ceremonies

Physical Fitness

2nd Quarter

Our American government

Rights of citizens

Organizing a government

Philosophies of Civic Life

Influences on Individual rights

Colonial Rebellion and the Declaration of Independence

Early State Constitutions

The Articles of Confederation

Evaluating a Service Learning Project

First Aid Emergencies

First Aid for Common Injuries

Severe Emergencies

Bullying

Preventing Violence

3rd Quarter

WELLNESS

Elements of Health

Benefits of Physical Activity

Nutrition

Body Image

Unit 5 Diseases and Disorders

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- o 12 Infectious Diseases
- o 13 Sexually Transmitted Infections and HIV/AIDS
- o 14 Noncommunicable Diseases

WELLNESS

- Unit 6 Mental and Emotional Health and Wellness
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 - o 15 Achieving Mental and Emotional Health
 - o 16 Managing the Stress in Your Life
 - o 17 Mental Illnesses and Disorders
- Unit 7 Social Health and Wellness
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 - o 18 Healthy Family and Peer Relationships
 - o 19 Dealing with Conflict, Violence, and Abuse
- Unit 8 The Human Life Cycle
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 - o 20 Reproduction and Pregnancy
 - o 21 Childbirth and Parenting Newborns
 - o 22 Human Development across the Life Span