

## CINDY CARBAJAL

12211 Harrison Ave.

Hebron, IL 60034

(815) 245-1514

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### OBJECTIVE

To obtain the internship position at Northern Illinois University.

### EDUCATION

**Bachelor of Science in Public Health**, expected May 2026

Minor: **Biological Sciences**

Northern Illinois University, DeKalb, IL

CUM GPA: 3.90/4.00

**Associate of Science**, May 2023

McHenry County College, Crystal Lake, IL

CUM GPA: 4.0/4.0

**Wisconsin TestMaster Universe**, May 2025

Certified Nursing Assistant

**National Healthcare Certification Organization**, Jun. 2024

Certified Phlebotomy Technician

### COMMUNITY ENGAGEMENT EXPERIENCE

**Newman Civic Fellow**, NIU, DeKalb, IL

Aug. 2025 – May 2026

- Active engagement in a yearlong program focused on developing and promoting meaningful changes on a community level.
- Leadership development through community engagement, problem-solving skills, and professional collaboration with other civically engaged leaders.
- Promotion of compassion, care, and advocacy to community members through civically motivated initiatives.

**American Red Cross Basic Life Support Certification**

Aug. 2025

- Proficient in basic cardiopulmonary resuscitation, including airway management and the use of an automated external defibrillator.

**QPR Gatekeeper Certification**

Aug. 2024

- Utilized the three steps; question, persuade, and refer to aid in the prevention of suicide.

**Seizure Recognition and Adult First Aid Certification**

Jul. 2024

- Confident in recognition of seizures and administration of seizure first aid.

### RESEARCH PROJECT

**NIU Undergraduate Research**

Aug. 2023 – Nov. 2025

- Aided in a survey on mental health of health care professionals in regard to the moral injury experienced by these individuals during their workday.
- Analyzed preliminary survey data provided by health care professionals on the potential association between occupation and overall mental health.
- Discussed research poster results to judges at NIU CURE Conference.
- Continued to analyze data and presented developed findings at 2025 American Public Health Association Convening.

### CLINICAL EXPERIENCE

**Certified Nursing Assistant**, Geneva Lake Manor, Lake Geneva, WI

May 2025 – Present

- Assist residents with activities of daily life, including bathing, dressing, eating, and so on.
- Provide compassionate care to all residents in a way that respects and values their personal needs and wants.
- Record detailed electronic documentation of clinically significant data, as well as information related to the overall well-being of a resident.

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**COSTUMER SERVICE EXPERIENCE**

**Asset Protection Associate**, Walmart, Harvard, IL

May 2023 – Aug. 2023

- Observant of customers to prevent theft as individuals walk in and out through store doors.
- Collaborated with other members of the Asset Protection department to promote the safety of all customers and employees through close supervision of cameras and store doors.

**PROFESSIONAL SKILLS**

- Fluent in Spanish (conversation).
- Proficient in collaboration techniques utilized throughout group research in the development of an online survey.
- Adaptable in unexpected circumstances
- Organized across multiple planning documents
- Committed to responsibilities involved in being a student organization leader
- Collaboration techniques that facilitate positive experiences in group settings