

NEO PI-R

Description of the domain and facet scales

Neuroticism: identifies individuals who are prone to psychological distress

Anxiety: level of free floating anxiety

Angry Hostility: tendency to experience anger and related states such as frustration and bitterness

Depression: tendency to experience feelings of guilt, sadness, despondency and loneliness

Self-Consciousness: shyness or social anxiety

Impulsiveness: tendency to act on cravings and urges rather than reining them in and delaying gratification

Vulnerability: general susceptibility to stress

Extraversion: quantity and intensity of energy directed outwards into the social world

Warmth: interest in and friendliness towards others

Gregariousness: preference for the company of others

Assertiveness: social ascendancy and forcefulness of expression

Activity: pace of living

Excitement Seeking: need for environmental stimulation

Positive Emotions: tendency to experience positive emotions

Openness to Experience: the active seeking and appreciation of experiences for their own sake

Fantasy: receptivity to the inner world of imagination

Aesthetics: appreciation of art and beauty

Feelings: openness to inner feelings and emotions

Actions: openness to new experiences on a practical level

Ideas: intellectual curiosity

Values: readiness to re-examine own values and those of authority figures

Agreeableness: the kinds of interactions an individual prefers from compassion to tough mindedness

Trust: belief in the sincerity and good intentions of others

Straightforwardness: frankness in expression

Altruism: active concern for the welfare of others

Compliance: response to interpersonal conflict

Modesty: tendency to play down own achievements and be humble.

Tender-Mindedness: attitude of sympathy for others.

Conscientiousness: degree of organization, persistence, control and motivation in goal directed behaviour

Competence: belief in own self efficacy

Order: personal organization

Dutifulness: emphasis placed on importance of fulfilling moral obligations

Achievement Striving: need for personal achievement and sense of direction

Self-Discipline: capacity to begin tasks and follow through to completion despite boredom or distractions.

Deliberation: tendency to think things through before acting or speaking.