



The
Astro
Forecast

HOUSES 101

Interpreting Your Own Astrological Houses

This worksheet is designed to help you interpret your astrological houses in a concise and easy-to-understand way. For each house, fill out the prompt below using the keywords in this guide.

*Want to learn more or need help reading your chart?
Visit @astro.forecast on Instagram. You can rewatch my
free course, Houses 101, in my story highlights!*

I approach matters of *(house)* _____ in
a *(house sign)* _____ way and this is where
I experience _____ *(planets in house)*.

Example

I approach matters of (*Third House*) communication
in a (*Leo*) outgoing & confident way and this is where
I experience (*Mars*) action & motivation.

As you can see in this example, the Third House encompasses many different things but I've only written down "communication". Houses are complex and not everything will apply to you. You should feel free to pick and choose what resonates with you the most.

You can also write multiple sentences for each house! With this example, I could also write: "I approach matters of siblings in an outgoing & confident way."

Houses

1

IDENTITY & SELF

Identity, personality, physical body and appearance.

2

VALUES & POSSESSIONS

Possessions, money, income, values, personal beliefs, self-esteem & self-worth.

3

COMMUNICATION & EARLY ENVIRONMENT

Communication, social media, siblings, neighbors, short trips, early education.

4

HOME & FAMILY

Home, family, your roots, your country, emotional security, women's issues.

5

FUN & CREATIVITY

How I have fun: hobbies, sports, creative pursuits, dating, love affairs, children.

6

DAILY WORK & HEALTH

Daily routine, workload, co-workers or peers, health & well-being, volunteering.

7

RELATIONSHIPS

One-on-one relationships, personal and professional: spouses, business partners, clients, contracts, marriage, legal cases.

8

TRANSFORMATION & POWER

Business, finance, taxes, power, sexuality, transformation, healing, death & rebirth.

9

EXPLORATION & SELF-DISCOVERY

College and higher education, abstract thought (philosophy, law, religion), writing and publishing, foreign places and travel.

10

CAREER & ACHIEVEMENT

Career, professional achievement, higher calling, public status, reputation.

11

FRIENDSHIP & COMMUNITY

Friends, groups & organizations, community, humanitarianism, hopes & dreams.

12

SECRETS & SPIRITUALITY

Secrets and hidden knowledge, isolation, matters of spirituality, consciousness.

Signs

*Pick two or three keywords that resonate
with you the most for each house!*

ARIES	Assertive, ambitious, athletic, passionate, confident, inspiring, trailblazing, fearless, impulsive, aggressive, competitive.
TAURUS	Slow & steady, patient, practical, stable, calming, loyal, protective, determined, stubborn, tenacious, resilient, creative.
GEMINI	Curious, open-minded, intellectual, effervescent, engaging, witty, persuasive, scattered, playful, social, flexible.
CANCER	Nurturing, maternal, sensitive, sentimental, traditional, protective, emotional, empathetic, compassionate, intuitive.
LEO	Energetic, outgoing, confident, proud, regal, theatrical, showy, courageous, inspiring, generous, loyal, encouraging.
VIRGO	Focused, observant, analytical, precise, methodical, meticulous, perfectionist, efficient, adaptable, helpful, selfless.
LIBRA	Charming, collaborative, diplomatic, objective, fair, harmonious, balanced, indecisive, idealistic, creative, artistic.
SCORPIO	Passionate, powerful, magnetic, mysterious, intimidating, ambitious, resourceful, loyal, protective, secretive, transformative.
SAG	Enthusiastic, outgoing, optimistic, joyful, adventurous, restless, independent, flexible, generous, wise, moral, inclusive.
CAP	Ambitious, goal-oriented, serious, practical, disciplined, responsible, cautious, stern, structured, authoritative.
AQUA	Unique, intellectual, progressive, idealistic, impractical, objective, unconventional, innovative, inventive, ground-breaking.
PISCES	Compassionate, empathetic, dreamy, gentle, intuitive, mystic, adaptable, withdrawn, nurturing, imaginative, artistic.

Planets



SUN

Authentic self-expression. This is where my personality shines and I can be my true self.



MOON

My strongest emotional needs. In order to be truly happy, I need things to feel right here.



MERCURY

Curiosity and connection. This is what I like to learn about and share.



VENUS

Love and appreciation. This is what I value the most.



MARS

Action and motivation. This is what I'm driven by the most.

If in a Fire house (1, 5, 9), you may be motivated to become a leader.



JUPITER

Luck and opportunity.

This area is one of your greatest blessings—you're naturally lucky here and success comes to you easily.

If in a money-related house (2, 8), this may bring financial gain and wealth. If in a health-related house (1, 6, 8, 12), this may bring natural luck in health. If in an Air house (3, 7, 11), you can be a great speaker. If in a Fire house (1, 5, 9), you may be a trailblazer.



SATURN

Challenges and limitations.

This area is a source of difficulty or frustration. Often times, things get better as we grow older and learn Saturn's lessons. If you don't feel any difficulty, this can also be an area where you're asked to become a leader.

In a Fire house (1, 5, 9), you deal with issues of self-confidence or productivity. In an Earth house (2, 6, 10), you face issues of self-worth and effectiveness. In an Air house (3, 7, 11), you question whether you can depend on others. In a Water house (4, 8, 12), you struggle with inner strength or mental health.

Planets



URANUS

Sudden change and independent thinking.

This is the area where things tend to change suddenly and unexpectedly. You're more fickle here and can change your mind often. This is also the area where you think differently and reject the status quo. That's why this house is considered your secret superpower—what makes you stand out from the rest!



NEPTUNE

Confusion and imagination.

This area tends to feel confusing and unclear, as if surrounded by a thick blanket of fog. It's harder to see things clearly and it's difficult for you to set boundaries here. But this area is also the source of your biggest dreams and imagination. The challenge is to figure out whether your dreams are based on reality.



PLUTO

Transformation and power.

This is the area where you tend to feel passionate, emotional & powerful. You like to be in control here but you're also forced to compromise. This area will bring the radical transformation you need in order to reach your highest potential.



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