False springs coupled with warming winters alter temperate tree

₂ growth

3 Authors:

4 C. J. Chamberlain ^{1,2} & E. M. Wolkovich ^{1,2,3}

5 Author affiliations:

⁶ Arnold Arboretum of Harvard University, 1300 Centre Street, Boston, Massachusetts, USA 02131;

Organismic & Evolutionary Biology, Harvard University, 26 Oxford Street, Cambridge, Massachusetts, USA

s 02138;

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³Forest & Conservation Sciences, Faculty of Forestry, University of British Columbia, 2424 Main Mall, Van-

couver, BC V6T 1Z4

*Corresponding author: 248.953.0189; cchamberlain@g.harvard.edu

3 Abstract

With warming temperatures, spring phenology (i.e., budburst and leafout) is advancing. Late spring freezes,

however, may not advance at the same rate, leading to an increase in freezes that occur after trees initiate

budburst—known as false springs—with continued warming. Through shifts in false springs, climate change

may reshape forest plant communities, impacting the species and ecosystem services those communities

support. Predicting false spring effects requires understanding both how warming shifts spring phenology and

19 how false springs impact plant performance. While generally spring warming advances budburst, increasing

research suggests warming winters may delay budburst through reduced chilling, which may also cause

plants to leaf out slower or incompletely, decreasing spring freeze tolerance and potentially lead to higher

damage from false spring events. Here, we assessed the effects of a reduction in over-winter chilling (generally

associated with warming winters) and false spring events on sapling phenology, growth and tissue traits,

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across eight temperate tree and shrub species in a lab experiment. We found that false springs slowed subsequent budburst and leafout—extending the period of greatest risk for freeze damage—and increased damage to the shoot apical meristem, decreased leaf toughness and leaf thickness. Longer chilling accelerated budburst and leafout, even under false spring conditions. Thus chilling compensated for the adverse effects of false springs on phenology. Despite the effects of false springs and chilling on phenology, we did not see any major re-ordering in the sequence of species leafout. Our results suggest climate change will reshape forest communities not through temporal reassembly, but rather through impacts on growth and leaf traits from the coupled effects of false springs and decreased over-winter chilling under future climate change.

Keywords: false spring, climate change, phenology, spring freeze, forest recruitment, temporal reassembly, budburst, temperate

4 Introduction

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The timing of spring in temperate deciduous forests shapes plant and animal communities and influences
ecosystem services from agriculture to forest management. With warming temperatures, spring phenology
(i.e., budburst and leafout, which are strongly cued by temperature) is advancing, causing longer growing
seasons (Chuine et al., 2001) and reshaping ecosystem dynamics. In one major example, advancing spring
phenology has led to increased carbon uptake across temperate forests, which are essential carbon sinks that
combat the negative effects of climate change (Keenan et al., 2014). But climate change could diminish or
reverse these positive effects on carbon storage: specifically through cold snaps during the spring and warming
temperatures in the winter.

These weather events can have major impacts on plant development each spring. One such event is known as a 'false spring', often defined as when temperatures drop below freezing (Schwartz et al., 2002, i.e., below

While climate change has warmed the Northern Hemisphere, cold snaps and freezing events are still occurring.

 $_{46}$ -2.2°C) after budburst has initiated. Damage from false spring events can have cascading effects within a

forest, from changes to nutrient cycling and carbon uptake to shifts in seedling recruitment (Hufkens et al., 2012; Klosterman et al., 2018; Richardson et al., 2013). Furthermore, false springs can increase the probability of additional freezes within a growing season by extending the period in which plants are most at risk—the time between budburst and leafout, what we refer to as the 'duration of vegetative risk'. This may result in a positive feedback loop: observational studies suggest plants take longer to re-flush leaves after a false spring—up to 38 days (Augspurger, 2009, 2013; Gu et al., 2008; Menzel et al., 2015)—which could lead to additional false springs in a season (Augspurger, 2009). As false springs are predicted to increase in certain regions with increased climate change (Ault et al., 2015; Liu et al., 2018; Zohner et al., 2020) understanding their impacts is essential for robust forest management strategies and climate forecasting (Kral-O'Brien et al., 2019).

Warmer winters may also play a critical role in the future of forests as they directly impact one of the major cues plants use to time budburst: over-winter cold temperatures (chilling), in addition to warming spring temperatures (forcing) and longer daylengths (Chuine et al., 2016). Many temperate plant species have evolved chilling requirements to avoid leafout during warm snaps in the middle of the winter, but with climate change, chilling requirements may not be met. If chilling is not met, plants may leaf out much slower or incompletely, which can in turn affect freeze tolerance. Thus, predicting climate change impacts on false springs may also require understanding the interplay of warming winters and false spring risk in forest tree species.

Understanding how winter chilling and false springs may affect future forests requires knowing whether
this interaction varies across species within a community. This is especially true if species have evolved
along a trade-off of risking spring freezes for early access to resources. While a single-species perspective
may predict all individuals to require high levels of chilling to delay budburst and ultimately diminish false
spring risk, competition between species for nutrients, water and light resources in the early spring likely
pushes some species—and some individuals within species—to leafout earlier (Augspurger, 2013). Young
trees and understory species generally initiate budburst before canopy trees to benefit from higher light levels

(Augspurger, 2008; Vitasse *et al.*, 2013), which potentially puts these species and individuals at higher risk of freeze damage (Vitasse *et al.*, 2014). Thus, successful forest recruitment requires seedlings and saplings to minimize false spring risk while maximizing growth.

The combination of species- and lifestage-level differences in response to false springs, chilling and climate change could reshape the temporal assembly of forest communities. Species typically leafout in a similar sequence, with understory species leafing out earlier and higher canopy trees leafing out last but many studies predict substantial shifts in chronological order and reassembly of species' leafout with climate change (Laube et al., 2013; Roberts et al., 2015). Warming's effects on phenological cues, especially on chilling and forcing (through warming winters and springs, respectively), combined with its effects on false springs could alter competition and recruitment among forest species for early-season resources. Such shifts could in turn impact species diversity and carbon uptake in temperate forests.

Here, we assessed the effects of over-winter chilling length and false springs on sapling phenology and growth across eight temperate tree and shrub species. We exposed individuals to different levels of over-winter chilling crossed with a false spring event in growth chambers, then followed individuals for a growing season in a greenhouse to understand: (1) How does over-winter chilling impact phenology, growth and physical leaf traits, (2) how do false spring events impact phenology, growth and physical leaf traits, and (3) how does the interaction between chilling and false springs impact community structure and phenological order?

Materials and Methods

90 Plant Selection and Material

We selected eight temperate woody plant tree and shrub species that span varying spring phenologies (e.g.,
early to later leafout), that are not generally used as crops or ornamental species: Acer saccharinum, Alnus
incana rugosa, Betula papyrifera, Betula populifolia, Cornus racemosa, Salix purpurea, Sorbus americana, and
Viburnum dentatum (we originally included two additional species—Fagus grandifolia and Nyssa sylvatica,

- but the plants were not delivered in a usable condition and thus we excluded them from the experiment).
- ⁹⁶ We used 48 dormant, one year old, bare root saplings—each measuring 6-12 inches—for each species from
- 97 Cold Stream Farm LLC (Freesoil, MI; 44°6' N -86°12' W) for a total of 384 individuals. Upon receipt—on 21
- November 2018, plants were potted in 656 ml deepots with Fafard #3B Metro Mix soil and placed in growth
- chambers at the Weld Hill Research Building of the Arnold Arboretum (Boston, MA; 42°17' N -71°8' W) at
- ¹⁰⁰ 4°C for different durations depending on chilling treatment (explained below).

of Growth Chamber and Greenhouse Conditions

102 Individuals were randomly selected for one of six experimental treatments from a full factorial design of false

spring (two levels: presence or absence of false spring) x chilling (three levels: eight, six or four weeks of

chilling at 4°C with eight hour photoperiod, lighting was a combination of T5HO fluorescent lamps with

halogen incandescent bulbs at roughly 250 $\mu mol/m^2/s$; see Figure S1 for conversion of chilling duration to

chilling hours, Utah model and chill portions). Individuals were rotated within and among growth chambers

every two weeks to minimize bias from possible growth chamber effects.

Once each chilling treatment was completed, we moved individuals to a greenhouse with mean daytime tem-

perature of 15°C and a mean nighttime temperature of 10°C, and a photoperiod of 12 hour days throughout

the spring until all individuals reached full leaf expansion. After all individuals of all species reached full leaf

expansion, greenhouse temperatures and photoperiods were kept ambient, and all individuals were up-potted

to 983 ml deepots and fertilized with SCOTTS 15-9-12 Osmocote Plus 5-6. Due to experimental and facility

constraints, all individuals received the same late summer greenhouse conditions; this included changes in

temperature and photoperiod generally associated with dormancy onset. Therefore, individuals that received

longer chilling treatments (six and eight weeks of chilling), effectively experienced shorter growing season

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Phenology and False Spring Treatment

We recorded phenology (using the BBCH scale, Meier, 2001) every 2-3 days through full leaf expansion. 118 The duration of vegetative risk (Chamberlain et al., 2019) was measured as the duration in days between 119 budburst date (Finn et al., 2007, BBCH07 stage;) and the date of full leaf expansion (BBCH stage 19) for 120 each individual. Individuals in the 'false spring' treatment were placed in a growth chamber set to mimic 121 a false spring event during budburst, defined as once at least 50% of the buds were at BBCH stage 07 but 122 the individual had not yet reached BBCH stage 19 (that is, each sapling was exposed to a false spring based 123 on its individual phenological timing). False spring treatments lasted approximately 14 hours, beginning 124 at 18:00; temperatures were ramped down to -3°C for three hours (Figure 1). At approximately 08:00 the following day, we placed false spring individuals back in the greenhouse. Once all individuals reached full leaf expansion (BBCH stage 19), we recorded phenology weekly until 1 August 2019, then every 2-3 days again to monitor fall phenology. We monitored all individuals until complete budset.

129 Growth measurements

We measured shoot growth as a metric of plant height three times throughout the growing season: the day 130 an individual reached full leaf expansion (BBCH stage 19), 60 days after full leaf out and when an individual reached complete budset. The final shoot growth was measured as the difference in height on the date of complete budset from the height on the date of full leaf expansion. We measured the chlorophyll content of four leaves on each individual 60 days after full leaf out using an atLEAF CHL PLUS Chlorophyll meter, 134 converting chlorophyll content to mg/cm² using the atLEAF CHL PLUS conversion tool. We measured leaf 135 thickness using a Shars Digital Micrometer (accurate to 0.001mm) and leaf toughness in Newtons using a 136 Shimpo Digital Force Gauge on two leaves for each individual 60 days after full leaf out. Additionally, we 137 qualitatively measured damage to the shoot apical meristem (0/1), which consisted of complete damage or 138 disruption of growth in the main stem and resulted in early dormancy induction or reliance on lateral shoot 139 growth (see supplemental materials 'Supporting Information Methods: Measuring shoot apical meristem

damage' for more details). Finally, we harvested each plant after it reached complete budset to dry, separate and weigh belowground and aboveground biomass (including leaves).

Data analysis

We used Bayesian hierarchical models (with the brms package, Bürkner, 2017, version 2.3.1) in R (R Devel-144 opment Core Team, 2017, version 3.3.1) to estimate the effects of chilling duration, false spring treatment and all two-way interactions as predictors on: (1) duration of vegetative risk, (2) growing season length, (3) 146 shoot apical meristem damage, (4) total growth in centimeters, (5) total biomass, (6) chlorophyll content, (7) 147 leaf toughness and (8) leaf thickness. We modeled species hierarchically as grouping factors, which generated 148 an estimate and posterior distribution for each species as well as an overall response across the eight species 149 used in our experiment. We ran four chains, each with 4 000 iterations, of which 2 500 were warm-up itera-150 tions, for a total of 6 000 posterior samples for each predictor for each model using weakly informative priors 151 (increasing priors three-fold did not impact our results). We evaluated our model performance based on R 152 values that were close to 1.0, checked chain convergence and posterior predictive checks visually (Gelman 153 et al., 2014), and made sure all models had 0 divergent transitions. Our models generally had high n_{eff} (6 154 000 for most parameters, but as low as 1 400 for a couple of parameters in the shoot apical meristem model). 155 All estimated values are reported in the text as means +/- uncertainty intervals of 90% relative to the no false spring under eight weeks of chilling treatment, except for values from the simple linear models which are reported as means +/- standard error.

59 Results

Chilling durations impacted individual phenology. As seen in many other studies, we found decreases in chilling delayed day of budburst by 4.8 ± 1.8 days for six weeks of chilling and by 7.6 ± 1.8 days for four weeks of chilling (as mentioned above, all values are given relative to the no false spring under eight weeks

of chilling treatment; Table S2). Shorter chilling also slowed the rate of leafout, increasing the duration of 163 vegetative risk under both shorter chilling treatments (6 weeks: 2.1 ± 0.9 days; 4 weeks: 2.7 ± 1.6 days; 164 Figure 2, Table S3 and Table S4). Decreased chilling lengthened the growing season for individuals exposed 165 to four weeks of chilling (13.3 \pm 5.1 days; Figure 3a and Table S5), due to constraints on our experimental 166 design: individuals in longer chilling treatments were put in the greenhouse two to four weeks later than 167 the four weeks of chilling group but all individuals experienced the same ambient late summer conditions 168 when in the greenhouse, including shifts in temperature and light associated in the late summer/autumn that 169 generally trigger dormancy onset; thus shortening the growing season for the groups that experienced longer 170 chilling. 171 False springs also impacted individual phenology. Individuals exposed to the false spring treatment had longer 172 durations of vegetative risk (8 weeks: 3.6 ± 0.8 days). Effects on the duration of vegetative risk from false 173 spring treatments and from decreased chilling were generally additive, resulting in slightly longer durations 174 given false spring with six weeks of chilling $(4.2 \pm 1.1 \text{ days})$ and even longer durations of vegetative risk for 175 individuals exposed to a false spring with only four weeks of chilling $(5.7 \pm 1.2 \text{ days}, \text{ Figure 2 and Table S4})$. 176

False springs impacted growth habit and shoot growth but not total biomass. Across all chilling treatments, 177 false springs led to more damage to the shoot apical meristem (8 weeks: 50.0% increase in probability of 178 damage under false spring treatment or 2.0 ± 0.8 ; 6 weeks: 37.5% or a 1.5 ± 1.3 ; and 4 weeks: 50.0% or a 179 2.0 ± 1.4 ; Figure 3b and Table S6). Shoot growth over the growing season decreased with eight weeks of 180 chilling under false spring conditions (-5.7 \pm 4.6 cm) and shoot growth also decreased with shorter chilling 181 durations (6 weeks: -8.1 ± 4.3 cm; 4 weeks: -11.6 ± 4.6 cm; Figure 3c and Table S7). There was very little 182 change in total biomass under false spring conditions (compared to the no false spring) for both the eight $(0.6 \pm 2.7 \text{ g})$ and the six weeks of chilling treatments (-4.9 \pm 2.8 g; Figure 3d and Table S8) but false springs led to slightly lower total biomasses when saplings were exposed to only four weeks of chilling (-6.0 \pm 3.8 g). False springs also affected physical leaf traits. False spring treatments decreased leaf toughness across the 186 eight and six weeks of chilling treatments (8 weeks: -0.03 ± 0.02 N; 6 weeks: -0.03 ± 0.02 N) and decreases

in chilling led to increased toughness for the four weeks of chilling (4 weeks: 0.05 ± 0.02 N; Figure 4a and 188 Table S9). False springs decreased chlorophyll content in leaves with eight and six weeks of chilling (8 weeks: 189 $-2.5 \pm 0.8 \text{ mg/cm}^2$; and 6 weeks: $-1.9 \pm 1.2 \text{ mg/cm}^2$) and decreased chilling durations led to decreased 190 chlorophyll content (6 weeks: $-0.5 \pm 0.8 \text{ mg/cm}^2$; and 4 weeks: $-0.5 \pm 0.9 \text{ mg/cm}^2$; Figure S1 and Table 191 S10). Additionally, false springs led to decreased leaf thickness in the eight weeks of chilling treatment, but 192 there was little change for the six and four weeks of chilling treatments (8 weeks: -7.4 \pm 3.9 μ m; 6 weeks: 193 $4.9 \pm 5.5 \ \mu m$; and 4 weeks: $-0.7 \pm 5.5 \ \mu m$) and decreased chilling durations led to increased leaf thickness 194 (6 weeks: $15.4 \pm 7.8 \mu m$; and 4 weeks: $8.2 \pm 7.5 \mu m$; Figure 4b and Table S11). 195 False springs and chilling treatments were generally consistent across species, though not always. Duration 196 of vegetative risk decreased for most species with longer chilling (i.e., the eight weeks), except for Salix 197

False springs and chilling treatments were generally consistent across species, though not always. Duration
of vegetative risk decreased for most species with longer chilling (i.e., the eight weeks), except for Salix
purpurea, which experienced longer durations of vegetative risk with longer chilling (Figure 2a). False springs
led to meristem damage across all species except for Betula populifolia and Sorbus americana. Additionally,
Viburnum dentatum experienced consistent meristem damage under all treatments (Figure 3a). Effects on
leaf thickness were especially variable across species under the longer chilling treatments, specifically with
Sorbus americana and Viburnum dentatum having thicker leaves with increased chilling (Figure 4b).

Despite large treatment effects on phenology, we found no major effects on phenological rank within the community. Order of leafout timing was consistent across all treatments, with Salix purpurea always being first to leafout, followed by Betula papyrifera, B. populifolia and Cornus racemosa, followed by Alnus rugosa, Sorbus americana, Viburnum dentatum and Acer saccharinum (Figure 5). Viburnum dentatum was the only species to change rank across treatments, though it was consistently grouped with the later-leafout species. Order of budset timing was also consistent across all treatments, with Cornus racemosa and Sorbus americana being first to set bud, followed by Betula papyrifera, Acer saccharinum and Viburnum dentatum, followed by B. populifolia, Salix purpurea and Alnus rugosa (Figure S2). Acer saccharinum was the only species to change budset rank across treatments, though it was grouped consistently with Betula papyrifera and Viburnum dentatum.

Discussion

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Our experiment examined the consequences of two major interactive effects of climate change across eight deciduous forest tree species—false springs and chilling. Our results confirmed the major features of false 215 springs (plant damage) and chilling (advancing spring phenology) then highlighted how these two effects altered multiple aspects of plant phenology, plant growth and leaf traits. Importantly, we found false springs and decreased chilling have additive effects on the duration of vegetative risk. This suggests that the combination of increased false springs and warmer winters could be especially detrimental to forest communities by extending the period of lowest freeze resistance and making multiple false spring events more common 220 with warming. 221

False springs and chilling influence risk, damage and growth

Chilling length greatly influences spring phenology during the critical budburst to leafout phases (Chuine et al., 2001; Laube et al., 2013), and thus may compensate for the detrimental effects of false springs on phenology. With false springs increasing the duration of vegetative risk, the risk of multiple false springs 225 occurring in one season increases. But our experiment found that chilling can compensate for this increase in duration of vegetative risk (with increased chilling, the duration of vegetative risk did not increase under 227 false spring conditions). This suggests chilling is equally or more important for saplings in terms of exposure to multiple false springs. With climate change and warming temperatures, over-winter chilling is anticipated 229 to decrease (Laube et al., 2013) and false springs are predicted to increase in certain regions (Ault et al., 230 2015; Liu et al., 2018). This combination could greatly impact plant performance, survival and shape species 231 distributions, ultimately affecting ecosystem processes, such as carbon uptake and nutrient cycling. 232 Our results suggest the combination of false springs and shifts in chilling can impact sapling growth. We 233 found that false springs impacted sapling growth through damage to the shoot apical meristem consistently 234 across most species, regardless of a species phenological order (i.e., early versus late budburst). This is in

contrast with past studies that have found early-budburst species can withstand lower temperature thresholds 236 (Lenz et al., 2013; Muffler et al., 2016), and may be due to the different species we studied or differences in 237 methodology (e.g., many studies freeze leaves while we froze entire saplings). Damage to the shoot apical 238 meristem can lead to reliance on lateral shoot growth, rendering inefficient growth patterns and—if damage 239 is significant within a forest stand—can lead to declines in recruitment (Rhodes & Clair, 2018); however, our 240 results showed complex effects of false spring on growth, with generally no effect of false springs on growth at 241 lower chilling, and a substantial reduction in growth when false springs were combined with longer chilling. 242 The longest chilling (8 weeks) treatment increased growth across all species, a benefit that false springs effectively removed. Although, the interplay of chilling with false springs resulted in a slight reduction in total biomass at lower levels of chilling, suggesting individuals under false spring conditions may be investing more in shoot growth rather than root growth but false springs overall are consistently affecting growth structure. Thus the combination of warming through reduced chilling and increased false springs could impact both plant growth and growth pattern and—subsequently—overall sapling performance and survival. Layered onto shifts in performance via changes in the growth patterns of saplings, we found both false springs 249 and chilling impacted leaf traits related to leaf quality. Shifts were most consistent for false springs where we found the physical quality of the decreased via both lower leaf toughness and leaf thickness. However, we also found that increased chilling levels consistently decreased leaf toughness, with increased chilling combined with false springs weakly increasing toughness, while in contrast this combination decreased chlorophyll content under false spring conditions; altogether suggesting a complex role of both false springs and chilling in determining leaf traits. In addition, chlorophyll content and total biomass seem to be correlated, though more work is needed to disentangle this relationship. Our results suggests chilling complicates leaf traits and photosynthetic capacity (Bauerle et al., 2012; Huang et al., 2020; Stinziano & Way, 2017; Zani et al., 2020) 257 in ways that are not easily predictable. Further studies, that assess the secondary compounds and total 258 phenolic content (Ayres, 1993; Webber & Mason, 2016), as well as photosynthetic rate of the leaves, will be 259 critical to help assess the singular and interactive effects of chilling and false springs on leaf traits to predict 260 how leaf quality will change with warming.

False springs and chilling did not reshape temporal assembly

Climate model projections and experimental studies with very low chilling predict substantial shifts in species 263 leafout order under future climate change conditions (Roberts et al., 2015; Laube et al., 2013); other studies 264 using long-term phenology observations, however, suggest leafout phenology order is consistent across years 265 (Wesołowski & Rowiński, 2006). We did not find major shifts in species leafout order—consistent with observational studies (Wesołowski & Rowiński, 2006)—except for Viburnum dentatum, though it still leafed out within the late-leafout group of species across all treatments. Additionally, effects of false spring and chilling treatments did not impact growth or leaf traits based on rank, except for with leaf thickness where species generally grouped by leafout order. Our results are also in line with some experimental studies: for example, in one full factorial growth chamber experiment, most treatments did not lead to substantial phenological reordering, except when individuals experienced little to no field chilling (Laube et al., 2013). Therefore, our study supports multiple lines of evidence that suggest climate change may not cause major reassembly of forest communities due to winter warming or increases in false springs. We caution, however, 274 that our treatments may not capture the full range of future shifts in chilling (current forecasts for chilling 275 vary highly across regions, see Fraga et al., 2019), especially as chilling is not well understood (Nanninga 276 et al., 2017) and may depend on fall temperatures, diurnal temperature ranges and other factors our design 277 did not consider (Dennis, 2003). Our findings that chilling has cascading effects on phenology, growth and 278 leaf traits, suggest we need to better understand over-winter chilling to best translate lab studies to the field 279 and to make accurate predictions. 280 Phenological rank remained consistent across all of our false spring and chilling treatments—where all species 281 were affected equally. In nature, however, not all of our study species are at equal risk of false springs, with 282 early-budburst species (e.g., Salix americana or Betula papyrifera) generally more at risk than later-budburst 283 species (e.g., Acer saccharinum or Viburnum dentatum). This suggests that climate change could reshape 284 forest communities, though not directly through temporal assembly. Instead, our results suggest that change 285

may come from the effect of false spring and reduced chilling on physical damage and on leaf traits. Future

lines of research that focus on better understanding how traits combine to determine impacts of false springs 287 and reduced chilling might prove especially useful. While we focused on a small set of traits that might be 288 impacted by our treatments, additional work could consider traits that may lower temperate trees' risk of 289 false spring damage, such as increased 'packability' of leaf primordia in winter buds, which allows for more 290 rapid leafout (Edwards et al., 2017), increased trichome density on young leaves to protect leaf tissue against 291 freezes (Agrawal et al., 2004; Prozherina et al., 2003) and buds with decreased water content to increase freeze 292 tolerance (Beck et al., 2007; Hofmann & Bruelheide, 2015; Kathke & Bruelheide, 2011; Morin et al., 2007; 293 Muffler et al., 2016; Norgaard Nielsen & Rasmussen, 2009; Poirier et al., 2010). Our results suggest that the complex interplay of a changing climate and species-specific mosaics of traits, including their freeze-tolerance physiologies, could influence phenological rank and forest community structure.

Our results combined with previous work highlight the complexity of predicting future forest recruitment with
climate change. Robust forecasts should integrate the effects of warming winters and springs across species,
as well as consider within-species differences across different lifestages. With over-winter chilling decreasing
with climate change, saplings—which generally leafout earlier than later lifestages to gain access to light
(Augspurger, 2009)—are likely more at risk of damage from false spring events. This could lead to dieback
of saplings, most especially of early-budbursting species, in temperate forests with warming. Thus, climate
change could greatly impact early-budburst species, which our results show could see increases in durations
of vegetative risk from the dual effects of lower chilling and heightened false spring risk. Understanding how
false springs are changing and how equally—or not—these effects impact different species, especially their
seedlings and saplings, is crucial for future projections. By integrating the additive and adverse effects of
decreasing over-winter chilling and increasing false spring risk—and how false springs are changing across
various species—we can better predict shifts in forest communities and recruitment under climate change.

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315 Author Contribution

C.J.C. and E.M.W. conceived of the study, identified species to use in the study and determined which
phenological and growth measurements to observe. C.J.C. performed the analyses and produced all figures
and tables. C.J.C. wrote the paper, and both authors edited it.

319 Data Availability

Data and code from the analyses will be available via KNB upon publication and are available to all reviewers
upon request. Raw data, Stan model code and output are available on github at https://github.com/
cchambe12/chillfreeze and provided upon request.

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Tables and Figures

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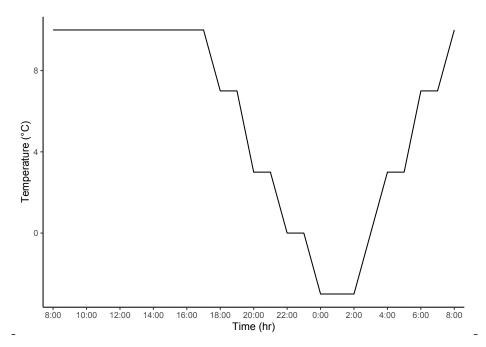


Figure 1: False spring treatment temperature regime in the growth chamber

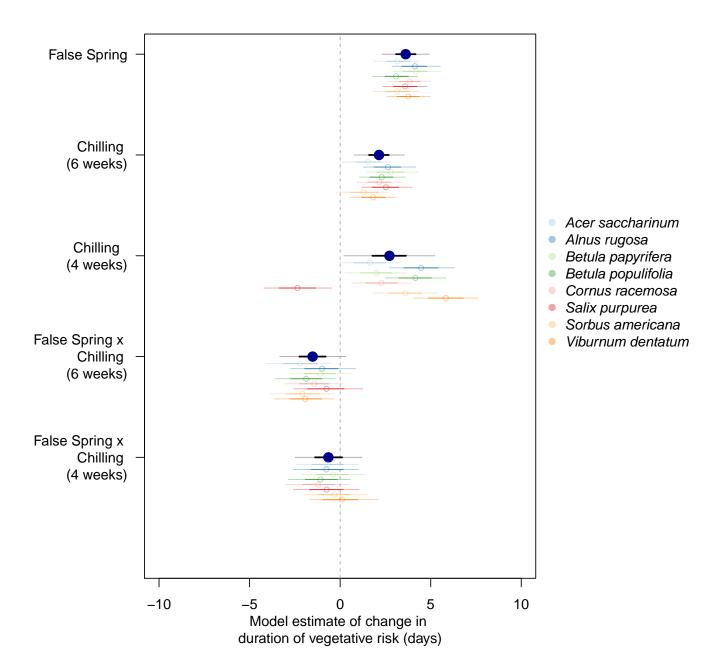


Figure 2: Effects of false spring treatment, six weeks of chilling and four weeks of chilling relative to eight weeks of chilling with no false spring on duration of vegetative risk (days). Dots and thin lines show means and 90% uncertainty intervals and thicker lines show 50% uncertainty intervals. Larger blue dots represent overall estimates across all spec22s, while smaller dots are estimates for each species.

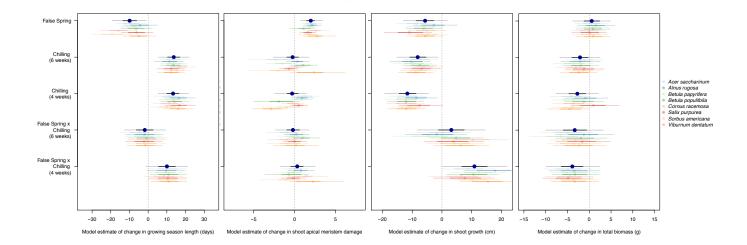


Figure 3: Effects of false spring treatment, six weeks of chilling and four weeks of chilling on a) growing season length (days), b) shoot apical meristem damage, c) total shoot growth as a metric of height (cm) and d) total aboveground and belowground biomass (g). Dots and thin lines show means and 90% uncertainty intervals and thicker lines show 50% uncertainty intervals. Larger blue dots represent overall estimates across all species, while smaller dots are estimates for each species.

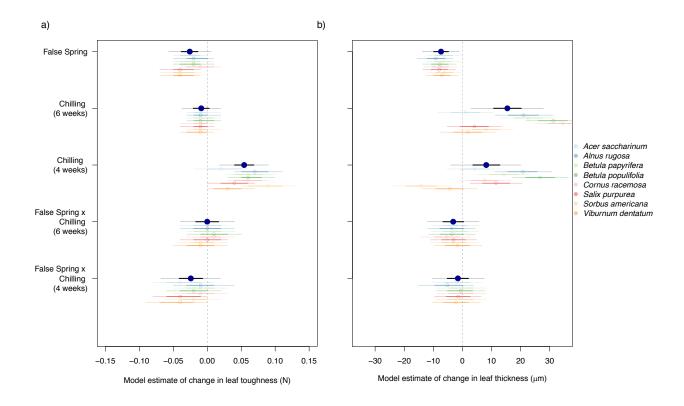


Figure 4: Effects of false spring treatment, six weeks of chilling and four weeks of chilling on a) leaf toughness (N) and b) leaf thickness (μ m). Dots and thin lines show means and 90% uncertainty intervals and thicker lines show 50% uncertainty intervals. Larger blue dots represent overall estimates across all species, while smaller dots are estimates for each species.

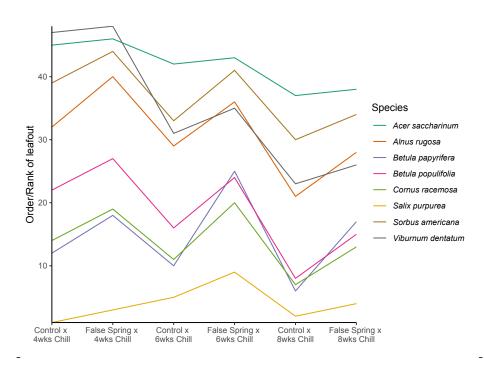


Figure 5: Rank order of leafout across all species using mean trends.