

# False spring damage to temperate tree saplings is amplified with winter warming

Authors:

C. J. Chamberlain<sup>1,2</sup> & E. M. Wolkovich<sup>1,2,3</sup>

*Author affiliations:*

<sup>1</sup>Arnold Arboretum of Harvard University, 1300 Centre Street, Boston, Massachusetts, USA 02131;

<sup>2</sup>Organismic & Evolutionary Biology, Harvard University, 26 Oxford Street, Cambridge, Massachusetts, USA 02138;

<sup>3</sup>Forest & Conservation Sciences, Faculty of Forestry, University of British Columbia, 2424 Main Mall, Vancouver, BC V6T 1Z4

\*Corresponding author: 248.953.0189; cchamberlain@g.harvard.edu

## Abstract

1. With warming temperatures, spring phenology (i.e., budburst and leafout) is advancing. Late spring freezes, however, may not advance at the same rate, leading to an increase in freezes that occur after trees initiate budburst—known as false springs—with continued warming. Through shifts in false springs, climate change may reshape forest plant communities, impacting the species and ecosystem services those communities support. Understanding and predicting false springs effects, however, requires understanding both how warming shifts spring phenology and how false springs impact plant performance. While generally spring warming advances budburst, increasing research suggests warming winters may delay budburst through reduced chilling, which may also cause plants to leaf out slower or incompletely, decreasing spring freeze tolerance and potentially lead to higher damage from false spring events.

2. Here, we assessed the effects of over-winter chilling (generally associated with warming winters) and false spring events on sapling phenology, growth and tissue traits, across eight temperate tree and shrub species in a lab experiment.

3. We found that false springs slowed subsequent budburst and leafout—extending the period of greatest risk for freeze damage—and increased damage to the shoot apical meristem, decreased leaf toughness, leaf thickness and chlorophyll content. Longer chilling accelerated budburst and leafout, even under false spring conditions. Thus chilling compensated for the adverse effects of false springs on phenology. Despite the effects of false springs and chilling on phenology, we did not see any major re-ordering in the sequence of species leafout. Our results suggest climate change will reshape forest communities not through temporal reassembly, but rather through impacts on growth and leaf traits from the coupled effects of false springs with decreases in over-winter chilling under future climate change.

4. **Synthesis:** With climate change and warming temperatures, over-winter chilling is anticipated to decrease and false springs are predicted to increase in certain regions. We found that false springs and reduced chilling both impact sapling phenology, growth and tissue traits across eight common forest tree species. This suggests that the combination of increased false springs and warmer winters could be especially detrimental to forest communities, ultimately affecting important processes such as carbon storage and nutrient cycling.

*Keywords:* false spring, climate change, phenology, spring freeze, forest recruitment, temporal reassembly, budburst, temperate

## Introduction

The timing of spring in temperate deciduous forests shapes plant and animal communities and influences ecosystem services from agriculture to forest management. With warming temperatures, spring phenology (i.e., budburst and leafout, which are strongly cued by temperature) is advancing, causing longer growing

seasons (Chuine *et al.*, 2001) and reshaping ecosystem dynamics. In one major example, advancing spring phenology has led to increased carbon uptake across temperate forests, which are essential carbon sinks that combat the negative effects of climate change (Keenan *et al.*, 2014). But climate change could diminish or reverse these positive effects on carbon storage: specifically through cold snaps during the spring and warming temperatures in the winter.

While climate change has warmed the Northern Hemisphere, cold snaps and freezing events are still occurring. These weather events can have major impacts on plant development each spring. One such event is known as a ‘false spring’, often defined as when temperatures drop below freezing (Schwartz *et al.*, 2002, i.e., below  $-2.2^{\circ}\text{C}$ ) after budburst has initiated. Damage from false spring events can have cascading effects within a forest, from changes to nutrient cycling and carbon uptake to shifts in seedling recruitment (Hufkens *et al.*, 2012; Klosterman *et al.*, 2018; Richardson *et al.*, 2013). Furthermore, false springs can increase the probability of additional freezes within a growing season by extending the period in which plants are most at risk—the time between budburst and leafout, what we refer to as the ‘duration of vegetative risk’. This may result in a positive feedback loop: observational studies suggest plants take longer to re-flush leaves after a false spring—up to 38 days (Augspurger, 2009, 2013; Gu *et al.*, 2008; Menzel *et al.*, 2015)—which could lead to additional false springs in a season (Augspurger, 2009). As false springs are predicted to increase in certain regions with increased climate change (Ault *et al.*, 2015; Liu *et al.*, 2018; Zohner *et al.*, 2020) understanding their impacts is essential for robust forest management strategies and climate forecasting (Kral-O’Brien *et al.*, 2019).

Warmer winters may also play a critical role in the future of forests as they directly impact one of the major cues plants use to time budburst: over-winter cold temperatures (chilling), in addition to warming spring temperatures (forcing) and longer daylengths (Chuine *et al.*, 2016). Many temperate plant species have evolved chilling requirements to avoid leafout during warm snaps in the middle of the winter, but with climate change, chilling requirements may not be met. If chilling is not met, plants may leaf out much slower or incompletely, which can in turn affect freeze tolerance. Thus, predicting climate change impacts on false

72 springs may also require understanding the interplay of warming winters and false spring risk in forest tree  
73 species.

74 Understanding how winter chilling and false springs may affect future forests requires knowing whether  
75 this interaction varies across species within a community. This is especially true if species have evolved  
76 along a trade-off of risking spring freezes for early access to resources. While a single-species perspective  
77 may predict all individuals to require high levels of chilling to delay budburst and ultimately diminish false  
78 spring risk, competition between species for nutrients, water and light resources in the early spring likely  
79 pushes some species—and some individuals within species—to leafout earlier (Augspurger, 2013). Young  
80 trees and understory species generally initiate budburst before canopy trees to benefit from higher light levels  
81 (Augspurger, 2008; Vitasse *et al.*, 2013), which potentially puts these species and individuals at higher risk  
82 of freeze damage (Vitasse *et al.*, 2014). Thus, successful forest recruitment requires seedlings and saplings to  
83 minimize false spring risk while maximizing growth.

84 The combination of species- and lifestage-level differences in response to false springs, chilling and climate  
85 change could reshape the temporal assembly of forest communities. Species typically leafout in a similar  
86 sequence, with understory species leafing out earlier and higher canopy trees leafing out last but many  
87 studies are predicting substantial shifts in chronological order and reassembly of species' leafout with climate  
88 change (Roberts *et al.*, 2015; Laube *et al.*, 2013). As warming increases winter temperatures and false  
89 spring prevalence, phenological cues and their interactions are anticipated to also change, which could alter  
90 competition and recruitment among forest species for early-season resources and ultimately impact species  
91 diversity and carbon uptake in temperate forests.

92 Here, we assessed the effects of over-winter chilling length and false springs on sapling phenology and growth  
93 across eight temperate tree and shrub species. We exposed individuals to different levels of over-winter  
94 chilling crossed with a false spring event in growth chambers, then followed individuals for a growing season  
95 to understand: (1) How does over-winter chilling impact phenology, growth and physical leaf traits, (2) how  
96 do false spring events impact phenology, growth and physical leaf traits, and (3) how does the interaction

between chilling and false springs impact community structure and phenological order?

## Materials and Methods

### Plant Selection and Material

We selected eight temperate woody plant tree and shrub species that span varying spring phenologies (e.g., early to later leafout), that are not generally used as crops or ornamental species: *Acer saccharinum*, *Alnus incana rugosa*, *Betula papyrifera*, *Betula populifolia*, *Cornus racemosa*, *Salix purpurea*, *Sorbus americana*, and *Viburnum dentatum* (we originally included two additional species—*Fagus grandifolia* and *Nyssa sylvatica*, but the plants were not delivered in a usable condition and thus we excluded them from the experiment). We used 48 dormant, one year old, bare root saplings—each measuring 6-12 inches—for each species from Cold Stream Farm LLC (Freesoil, MI; 44°6' N -86°12' W) for a total of 384 individuals. Upon receipt, plants were potted in 656 ml deepots with Fafard #3B Metro Mix soil and placed in growth chambers at the Weld Hill Research Building of the Arnold Arboretum (Boston, MA; 42°17' N -71°8' W) at 4°C for different durations depending on chilling treatment (explained below).

### Growth Chamber and Greenhouse Conditions

Individuals were randomly selected for one of six experimental treatments from a full factorial design of false spring (two levels: presence or absence of false spring) x chilling (three levels: four, six or eight weeks of chilling at 4°C with eight hour photoperiod, lighting was a combination of T5HO fluorescent lamps with halogen incandescent bulbs at roughly 250  $\mu\text{mol}/\text{m}^2/\text{s}$ ). Individuals were rotated within and among growth chambers every two weeks to minimize bias from possible growth chamber effects.

Once each chilling treatment was completed, we moved individuals to a greenhouse with mean daytime temperature of 15°C and a mean nighttime temperature of 10°C, and a photoperiod of 12 hour days throughout

the spring until all individuals reached full leaf expansion. After all individuals of all species reached full leaf expansion, greenhouse temperatures and photoperiods were kept ambient, and all individuals were up-potted to 983 ml deepots and fertilized with SCOTTS 15-9-12 Osmocote Plus 5-6.

## Phenology and False Spring Treatment

We recorded phenology (using the BBCH scale, Meier, 2001) every 2-3 days through full leaf expansion. Budburst was denoted as BBCH stage 07, which is ‘beginning of sprouting or bud breaking’ and monitored until full leaf expansion (BBCH stage 19) in order to evaluate the duration of vegetative risk (Chamberlain *et al.*, 2019) for each individual (Finn *et al.*, 2007). Individuals in the ‘false spring’ treatment were placed in a growth chamber set to mimic a false spring event during budburst, defined as once at least 50% of the buds were at BBCH stage 07 but the individual had not yet reached BBCH stage 19 (that is, each sapling was exposed to a false spring based on its individual phenological timing). False spring treatments lasted approximately 14 hours, beginning at 18:00; temperatures were ramped down (Figure 1). At approximately 08:00 the following day, we placed false spring individuals back in the greenhouse. Once all individuals reached full leaf expansion (BBCH stage 19), we recorded phenology weekly until 1 August 2019, then every 2-3 days again to monitor fall phenology. We monitored all individuals until complete budset.

## Growth measurements

We measured shoot growth as a metric of plant height three times throughout the growing season: the day an individual reached full leaf expansion, 60 days after full leaf out and when an individual reached complete budset. We measured the chlorophyll content of four leaves on each individual 60 days after full leaf out using an atLEAF CHL PLUS Chlorophyll meter, converting chlorophyll content to mg/cm<sup>2</sup> using the atLEAF CHL PLUS conversion tool. We measured leaf thickness using a Shars Digital Micrometer (accurate to 0.001mm) and leaf toughness in Newtons using a Shimpo Digital Force Gauge on two leaves for each individual 60 days after full leaf out. Additionally, we visually monitored damage to the shoot apical meristem, which consisted

of complete damage or disruption of growth in the main stem and resulted in early dormancy induction or reliance on lateral shoot growth. Finally, we harvested each plant after it reached complete budset to dry, separate and weigh belowground and aboveground biomass (including leaves).

## Data analysis

We used Bayesian hierarchical models (with the brms package, Bürkner, 2017, ,version 2.3.1) in R (R Development Core Team, 2017, ,version 3.3.1) to estimate the effects of chilling duration, false spring treatment and all two-way interactions as predictors on: (1) duration of vegetative risk, (2) growing season length, (3) shoot apical meristem damage, (4) total growth in centimeters, (5) total biomass, (6) chlorophyll content, (7) leaf toughness and (8) leaf thickness. We modeled species hierarchically as grouping factors, which generated an estimate and posterior distribution for each species as well as an overall response across the eight species used in our experiment. We ran four chains, each with 4 000 iterations, of which 2 500 were warm-up iterations, for a total of 6 000 posterior samples for each predictor for each model using weakly informative priors (increasing priors three-fold did not impact our results). We evaluated our model performance based on  $\hat{R}$  values that were close to 1.0, checked chain convergence and posterior predictive checks visually (Gelman *et al.*, 2014), and made sure all models had 0 divergent transitions. Our models generally had high  $n_{eff}$  (6 000 for most parameters, but as low as 1 400 for a couple of parameters in the shoot apical meristem model). All estimated values are reported in the text as means +/- standard errors relative to the no false spring under four weeks of chilling treatment.

## Results

Chilling durations impacted individual phenology. As seen in many other studies, we found increases in chilling advanced day of budburst by  $-2.8 \pm 1.7$  days for six weeks of chilling and by  $-7.6 \pm 1.8$  days for eight weeks of chilling (as mentioned above, all values are given relative to the no false spring under four

weeks of chilling treatment; Table S1). Longer chilling also accelerated leafout, reducing the duration of vegetative risk (8 weeks:  $-2.7 \pm 1.1$  days; Figure 2a, Table S2 and Table S3). Increased chilling shortened the growing season for individuals exposed to eight weeks of chilling ( $-9.7 \pm 5.0$  days; Figure 2b and Table S4), due to constraints on our experimental design: individuals in longer chilling treatments were put in the greenhouse two to four weeks later than the four weeks of chilling group but all individuals experienced the same ambient late summer conditions when in the greenhouse, including shifts in temperature and light associated in the late summer/autumn that generally trigger dormancy onset; thus shortening the growing season for the groups that experienced longer chilling.

False springs also impacted individual phenology. Individuals exposed to the false spring treatment had longer durations of vegetative risk given four weeks of chilling ( $3.0 \pm 0.8$  days) and slightly longer durations for given six weeks of chilling ( $1.5 \pm 1.1$  days; Figure 2a and Table S3). Effects on the duration of vegetative risk from false spring treatments (which led to longer durations) and from increased chilling (which led to shorter durations) were generally additive, resulting in no major changes in the durations of vegetative risk for individuals exposed to a false spring that received eight weeks of chilling ( $0.9 \pm 1.1$  days, Figure 2a and Table S3).

False springs impacted growth habit and shoot growth but not total biomass. Across all chilling treatments, especially for the four and eight week chilling treatments, false springs led to more damage to the shoot apical meristem (4 weeks: 52.5% increase in probability of damage under false spring treatment or  $2.1 \pm 1.0$ ; 6 weeks: 32.5% or a  $1.3 \pm 1.4$ ; and 8 weeks: 55.0% or a  $2.2 \pm 1.3$ ; Figure 3a and Table S5). Shoot growth over the growing season increased with eight weeks of chilling ( $11.0 \pm 4.0$  cm) but growth did not increase for eight weeks of chilling under false spring conditions ( $4.7 \pm 5.5$  cm; Figure 3b and Table S6). False springs led to slightly lower total biomasses when saplings were exposed to only four weeks of chilling ( $-3.4 \pm 2.8$  g) but there was very little change in total biomass under false spring conditions (compared to the no false spring) for both the six ( $-3.6 \pm 4.0$  g) and the eight weeks of chilling treatments ( $2.9 \pm 3.0$  g; Figure S1 and Table S7).



False springs also affected physical leaf traits. False spring treatments decreased leaf toughness across all chilling treatments (4 weeks:  $-0.05 \pm 0.02$  N; 6 weeks:  $-0.09 \pm 0.03$  N; and 8 weeks:  $-0.08 \pm 0.03$  N; Figure 4a and Table S8) and decreased chlorophyll content in leaves with six and eight weeks of chilling (6 weeks:  $-1.5 \pm 1.2$  mg/cm<sup>2</sup>; and especially for 8 weeks:  $-2.0 \pm 1.1$  mg/cm<sup>2</sup>; Figure S2 and Table S9). Additionally, false springs led to decreased leaf thickness across four and eight weeks of chilling treatments, but there was little change for the six weeks of chilling treatment (4 weeks:  $-8.9 \pm 3.7$   $\mu$ m; 6 weeks:  $-3.5 \pm 5.3$   $\mu$ m; and 8 weeks:  $-15.8 \pm 5.3$   $\mu$ m for eight weeks of chilling; Figure 4b and Table S10).

False springs and chilling treatments were generally consistent across species, though not always. Duration of vegetative risk decreased for most species with longer chilling (i.e., the eight weeks), except for *Salix purpurea*, which experienced longer durations of vegetative risk with longer chilling (Figure 2a). False springs led to meristem damage across all species except for *Betula populifolia* and *Sorbus americana*. Additionally, *Viburnum dentatum* experienced consistent meristem damage under all treatments (Figure 3a). Effects on leaf thickness were especially variable across species under the longer chilling treatments, specifically with *Sorbus americana* and *Viburnum dentatum* having thicker leaves with increased chilling (Figure 4b).

Despite large treatment effects on phenology, we found no major effects on phenological rank within the community. Order of leafout timing was consistent across all treatments, with *Salix purpurea* always being first to leafout, followed by *Betula papyrifera*, *B. populifolia* and *Cornus racemosa*, followed by *Alnus rugosa*, *Sorbus americana*, *Viburnum dentatum* and *Acer saccharinum* (Figure 5). *Viburnum dentatum* was the only species to change rank across treatments, though it was consistently grouped with the later-leafout species. Order of budset timing was also consistent across all treatments, with *Cornus racemosa* and *Sorbus americana* being first to set bud, followed by *Betula papyrifera*, *Acer saccharinum* and *Viburnum dentatum*, followed by *B. populifolia*, *Salix purpurea* and *Alnus rugosa* (Figure S3). *Acer saccharinum* was the only species to change budset rank across treatments, though it was grouped consistently with *Betula papyrifera* and *Viburnum dentatum*.

## Discussion

Our experiment examined the consequences of two major interactive effects of climate change across eight deciduous forest tree species—false springs and chilling. Our results confirmed the major features of false springs (plant damage) and chilling (advancing spring phenology) then highlighted how these two effects altered multiple aspects of plant phenology, plant growth and leaf traits. Importantly, we found false springs and chilling have opposing additive effects on the duration of vegetative risk. This suggests that the combination of increased false springs and warmer winters could be especially detrimental to forest communities by extending the period of lowest freeze resistance and making multiple false spring events more common with warming.

### False springs and chilling both determined risk and damage

Chilling length greatly influences spring phenology during the critical budburst to leafout phases (Chuine *et al.*, 2001; Laube *et al.*, 2013), and thus may compensate for the detrimental effects of false springs on phenology. With false springs increasing the duration of vegetative risk, the risk of multiple false springs occurring in one season also increases. But our experiment found that chilling can compensate for this increase in duration of vegetative risk: with increased chilling, the duration of vegetative risk does not increase under false spring conditions. This suggests chilling is equally or more important for saplings in terms of exposure to multiple false springs. With climate change and warming temperatures, over-winter chilling is anticipated to decrease (Laube *et al.*, 2013) and false springs are predicted to increase in certain regions (Ault *et al.*, 2015; Liu *et al.*, 2018). This combination could greatly impact plant performance, survival and shape species distributions, ultimately affecting ecosystem processes, such as carbon uptake and nutrient cycling.

Our results suggest the combination of false springs and shifts in chilling can impact sapling growth. We found that false springs impacted sapling growth through damage to the shoot apical meristem consistently across most species, regardless of a species phenological order. This is in contrast with past studies that have found

early-budburst species can withstand lower temperature thresholds (Lenz *et al.*, 2013; Muffler *et al.*, 2016), and may be due to exact species we studied or differences in methodology (e.g., many studies freeze leaves while we froze entire saplings). Damage to the shoot apical meristem can lead to reliance on lateral shoot growth, rendering inefficient growth patterns and—if damage is significant within a forest stand—it can lead to declines in recruitment (Rhodes & Clair, 2018); however, our results showed complex effects of false spring on height, with generally no effect of false springs on height at lower chilling, and a substantial reduction in height when false springs were combined with longer chilling. The longest chilling (8 weeks) treatment increased height across all species, a benefit that false springs effectively removed. Thus the combination of warming through reduced chilling and increased false springs could impact both plant height and growth pattern and—subsequently—overall sapling performance and survival.

Layered onto shifts in performance via changes in the growth patterns of saplings, we found both false springs and chilling effectively impacted leaf quality. Shifts were most consistent for false springs where we found the physical quality of the decreased via both lower leaf toughness and leaf thickness. However, we also found that increased chilling levels consistently decreased leaf toughness, with increased chilling combined with false springs weakly increasing toughness, while in contrast this combination decreased chlorophyll content under false spring conditions; altogether suggesting a complex role of both false springs and chilling in determining leaf traits. The overall reductions in quality could lead to an increase in risk from herbivory (Onoda *et al.*, 2011). Further studies, however, that assess the secondary compounds and total phenolic content (Ayres, 1993; Webber & Mason, 2016), as well as photosynthetic rate of the leaves, will be critical to help assess the singular and interactive effects of chilling and false springs on leaf traits to predict how leaf quality will change with warming.

## **False springs and chilling did not reshape temporal assembly**

Climate model projections and experimental studies with very low chilling predict substantial shifts in species leafout order under future climate change conditions (Roberts *et al.*, 2015; Laube *et al.*, 2013); other studies

using long-term phenology observations, however, suggest leafout phenology order is consistent across years  
 (Wesołowski, Tomasz and Rowiński, Patryk, 2006). We did not find major shifts in species leafout order—  
 thus consistent with observational studies (Wesołowski, Tomasz and Rowiński, Patryk, 2006)—except for  
*Viburnum dentatum*, though it still leafed out within the late-leafout group of species across all treatments.  
 Our results are also in line with some experimental studies: for example, in one full factorial growth chamber  
 experiment, most treatments did not lead to substantial phenological reordering, except when individuals  
 experienced little to no field chilling (Laube *et al.*, 2013). Therefore, our study supports multiple lines of  
 evidence that suggest climate change may not cause major reassembly of forest communities due to winter  
 warming or increases in false springs. We caution, however, that our treatments may not capture the full  
 range of future shifts in chilling (current forecasts for chilling varying highly across regions, Fraga, Helder and  
 Pinto, Joaquim G. and Santos, João A., 2019), especially as chilling is not well understood (Nanninga, Claudia  
 and Buyarski, Chris R and Pretorius, Andrew M and Montgomery, Rebecca A, 2017) and may depend on fall  
 temperatures, diurnal temperature ranges and other factors our design did not consider (Dennis, 2003). Our  
 findings that chilling has cascading effects on phenology, growth and leaf traits, suggest we need to better  
 understand over-winter chilling to best translate lab studies to the field and to make accurate predictions.  
 Phenological rank remained consistent across all of our false spring and chilling treatments—where all species  
 were affected equally. In nature, however, not all of our study species are at equal risk of false springs, with  
 early-budburst species (e.g., *Salix americana* or *Betula papyrifera*) generally more at risk than later-budburst  
 species (e.g., *Acer saccharinum* or *Viburnum dentatum*). This suggests that climate change could reshape  
 forest communities, though not directly through temporal assembly. Instead, our results suggest that change  
 may come from physical damage and leaf trait impacts of false springs and decreases in chilling. Some  
 temperate tree and shrub species utilize various leaf characteristics to lower their risk of false spring damage:  
 increased ‘packability’ of leaf primordia in winter buds, which allows for more rapid leafout (Edwards *et al.*,  
 2017), increased trichome density on young leaves to protect leaf tissue against freezes (Agrawal *et al.*, 2004;  
 Prozherina *et al.*, 2003) and buds with decreased water content to increase freeze tolerance (Beck *et al.*,  
 2007; Hofmann & Bruelheide, 2015; Kathke & Bruelheide, 2011; Morin *et al.*, 2007; Muffler *et al.*, 2016;

Norgaard Nielsen & Rasmussen, 2009; Poirier *et al.*, 2010). Our study did not directly examine these traits, but our results suggest that the complex interplay of a changing climate and species-specific mosaics of traits, including their freeze-tolerance physiologies, could influence phenological rank and forest community structure.

Our results combined with previous work highlight the complexity of predicting future forest recruitment with climate change. Robust forecasts should integrate the effects of warming winters and springs across species, as well as consider within-species differences across different lifestages. With over-winter chilling decreasing with climate change, saplings—which generally leafout earlier than later lifestages to gain access to light (Augspurger, 2009)—are likely more at risk of damage from false spring events. This could lead to dieback of saplings, most especially of early-budbursting species, in temperate forests with warming. Thus, climate change could greatly impact early-budburst species, which our results show could see increases in durations of vegetative risk from the dual effects of lower chilling and heightened false spring risk. Understanding how false springs are changing and how equally—or not—these effects impact different species, especially their seedlings and saplings, is crucial for future projections. By integrating the additive and adverse effects of decreasing over-winter chilling and increasing false spring risk—and how false springs are changing across various species—we can better predict shifts in forest communities and recruitment under climate change.

## Acknowledgments

We would like to thank all of the growth facilities staff at the Weld Hill Research Building with a special thanks to K. Woodruff, F. Rosin and W. Daly for their continued dedication to the project and greenhouse and laboratory assistance. We also thank D. Buonaiuto, A. Ettinger, J. Gersony, D. Loughnan, A. Manandhar and D. Sohdi for their continued feedback and insights that helped improved the experimental design, questions and manuscript.

## Author Contribution

C.J.C. and E.M.W. conceived of the study, identified species to use in the study and determined which phenological and growth measurements to observe. C.J.C. performed the analyses and produced all figures and tables. C.J.C. wrote the paper, and both authors edited it.

## Data Availability:

Data and code from the analyses will be available via KNB upon publication and are available to all reviewers upon request. Raw data, Stan model code and output are available on github at <https://github.com/cchambe12/chillfreeze> and provided upon request.

## References

- Agrawal AA, Conner JK, Stinchcombe JR. 2004. Evolution of plant resistance and tolerance to frost damage. *Ecology Letters*, **7**: 1199–1208.
- Augspurger CK. 2008. Early spring leaf out enhances growth and survival of saplings in a temperate deciduous forest. *Oecologia*, **156**: 281–286.
- Augspurger CK. 2009. Spring 2007 warmth and frost: Phenology, damage and refoliation in a temperate deciduous forest. *Functional Ecology*, **23**: 1031–1039.
- Augspurger CK. 2013. Reconstructing patterns of temperature, phenology, and frost damage over 124 years: Spring damage risk is increasing. *Ecology*, **94**: 41–50.
- Ault TR, Schwartz MD, Zurita-Milla R, Weltzin JF, Betancourt JL. 2015. Trends and natural variability of spring onset in the coterminous United States as evaluated by a new gridded dataset of spring indices. *Journal of Climate*, **28**: 8363–8378.

327 Ayres MP. 1993. Plant defense, herbivory, and climate change. *Biotic interactions and global change*, pp.  
328 75–94.

329 Beck EH, Fettig S, Knake C, Hartig K , Bhattarai T. 2007. Specific and unspecific responses of plants to  
330 cold and drought stress. *Journal of Biosciences*, **32**: 501–510.

331 Bürkner PC. 2017. brms: An R Package for Bayesian Multilevel Models. *Journal of Statistical Software*, **80**:  
332 1–28.

333 Chamberlain CJ, Cook BI, de Cortazar Atauri IG , Wolkovich EM. 2019. Rethinking false spring risk. *Global*  
334 *Change Biology*, **25**: 2209–2220.

335 Chuine I, Aitken SN , Ying CC. 2001. Temperature thresholds of shoot elongation in provenances of *Pinus*  
336 *contorta*. *Canadian Journal of Forest Research*, **31**: 1444–1455.

337 Chuine I, Bonhomme M, Legave JM, García de Cortázar-Atauri I, Charrier G, Lacointe A , Améglio T.  
338 2016. Can phenological models predict tree phenology accurately in the future? the unrevealed hurdle of  
339 endodormancy break. *Global Change Biology*, **22**: 3444–3460.

340 Dennis F. 2003. Problems in standardizing methods for evaluating the chilling requirements for the breaking  
341 of dormancy in buds of woody plants. *HortScience*, **38**: 347–350.

342 Edwards EJ, Chatelet DS, Spriggs EL, Johnson ES, Schlutius C , Donoghue MJ. 2017. Correlation, causation,  
343 and the evolution of leaf teeth: A reply to Givnish and Kriebel. *Am J Bot*, **104**: 509–515.

344 Finn G, Straszewski A , Peterson V. 2007. A general growth stage key for describing trees and woody plants.  
345 *Annals of Applied Biology*, **151**: 127–131.

346 Fraga, Helder and Pinto, Joaquim G. and Santos, João A.. 2019. Climate change projections for chilling  
347 and heat forcing conditions in European vineyards and olive orchards: a multi-model assessment. *Climatic*  
348 *Change*, **152**: 179–193.

349 Gelman A, Carlin JB, Stern HS, Dunson DB, Vehtari A , Rubin DB. 2014. *Bayesian Data Analysis*. 3rd  
350 edn. CRC Press, New York.

- Gu L, Hanson PJ, Post WM, Kaiser DP, Yang B, Nemani R, Pallardy SG *et al.* 2008. The 2007 Eastern US spring freeze: Increased cold damage in a warming world. *BioScience*, **58**: 253.
- Hofmann M , Bruelheide H. 2015. Frost hardiness of tree species is independent of phenology and macroclimatic niche. *Journal of Biosciences*, **40**: 147–157.
- Hufkens K, Friedl MA, Keenan TF, Sonnentag O, Bailey A, O’Keefe J , Richardson AD. 2012. Ecological impacts of a widespread frost event following early spring leaf-out. *Global Change Biology*, **18**: 2365–2377.
- Kathke S , Bruelheide H. 2011. Differences in frost hardiness of two Norway spruce morphotypes growing at Mt. Brocken, Germany. *Flora - Morphology, Distribution, Functional Ecology of Plants*, **206**: 120–126.
- Keenan TF, Gray J, Friedl MA, Toomey M, Bohrer G, Hollinger DY, Munger JW *et al.* 2014. Net carbon uptake has increased through warming-induced changes in temperate forest phenology. *Nature Climate Change*, **4**: 598–604.
- Klosterman S, Hufkens K , Richardson AD. 2018. Later springs green-up faster: the relation between onset and completion of green-up in deciduous forests of North America. *International Journal of Biometeorology*, **62**: 1645–1655.
- Kral-O’Brien KC, O’Brien PL , Harmon JP. 2019. Need for false spring research in the Northern Great Plains, USA. *Agricultural & Environmental Letters*, **4**: 1–5.
- Laube J, Sparks TH, Estrella N, Höfler J, Ankerst DP , Menzel A. 2013. Chilling outweighs photoperiod in preventing precocious spring development. *Global Change Biology*, **20**: 170–182.
- Lenz A, Hoch G, Vitasse Y , Körner C. 2013. European deciduous trees exhibit similar safety margins against damage by spring freeze events along elevational gradients. *New Phytologist*, **200**: 1166–1175.
- Liu Q, Piao S, Janssens IA, Fu Y, Peng S, Lian X, Ciais P *et al.* 2018. Extension of the growing season increases vegetation exposure to frost. *Nature Communications*, **9**.



- Meier U. 2001. Growth stages of mono-and dicotyledonous plants BBCH Monograph Edited by Uwe Meier  
Federal Biological Research Centre for Agriculture and Forestry. *Agriculture*, **12**: 141—147 ST — Geo-  
chemical study of the organic mat.
- Menzel A, Helm R , Zang C. 2015. Patterns of late spring frost leaf damage and recovery in a European beech  
(*Fagus sylvatica* L.) stand in south-eastern Germany based on repeated digital photographs. *Frontiers in*  
*Plant Science*, **6**: 110.
- Morin X, Ameglio T, Ahas R, Kurz-Besson C, Lanta V, Lebourgeois F, Miglietta F *et al.* 2007. Variation in  
cold hardiness and carbohydrate concentration from dormancy induction to bud burst among provenances  
of three European oak species. *Tree Physiology*, **27**: 817–825.
- Muffler L, Beierkuhnlein C, Aas G, Jentsch A, Schweiger AH, Zohner C , Kreyling J. 2016. Distribution ranges  
and spring phenology explain late frost sensitivity in 170 woody plants from the Northern Hemisphere.  
*Global Ecology and Biogeography*, **25**: 1061–1071.
- Nanninga, Claudia and Buyarski, Chris R and Pretorius, Andrew M and Montgomery, Rebecca A. 2017. In-  
creased exposure to chilling advances the time to budburst in North American tree species. *Tree Physiology*,  
**37**: 1727–1738.
- Norgaard Nielsen CC , Rasmussen HN. 2009. Frost hardening and dehardening in *Abies procera* and other  
conifers under differing temperature regimes and warm-spell treatments. *Forestry*, **82**: 43–59.
- Onoda Y, Westoby M, Adler PB, Choong AMF, Clissold FJ, Cornelissen JHC, Díaz S *et al.* 2011. Global  
patterns of leaf mechanical properties. *Ecology Letters*, **14**: 301–312.
- Poirier M, Lacoïnte A , Ameglio T. 2010. A semi-physiological model of cold hardening and dehardening in  
walnut stem. *Tree Physiology*, **30**: 1555–1569.
- Prozherina N, Freiwald V, Rousi M , Oksanen E. 2003. Interactive effect of springtime frost and elevated  
ozone on early growth, foliar injuries and leaf structure of birch (*Betula pendula*). *New Phytologist*, **159**:  
623–636.

- R Development Core Team. 2017. R: A language and environment for statistical computing. *R Foundation for Statistical Computing, Vienna, Austria.*
- Rhodes AC , Clair SBS. 2018. Measures of browse damage and indexes of ungulate abundance to quantify their impacts on aspen forest regeneration. *Ecological Indicators*, **89**: 648 – 655.
- Richardson AD, Keenan TF, Migliavacca M, Ryu Y, Sonnentag O , Toomey M. 2013. Climate change, phenology, and phenological control of vegetation feedbacks to the climate system. *Agricultural and Forest Meteorology*, **169**: 156 – 173.
- Roberts AM, Tansey C, Smithers RJ , Phillimore AB. 2015. Predicting a change in the order of spring phenology in temperate forests. *Global Change Biology*, **21**: 2603–2611.
- Schwartz MD, Reed BC , White MA. 2002. Assessing satellite-derived start-of-season measures in the conterminous USA. *International Journal of Climatology*, **22**: 1793–1805.
- Vitasse Y, Hoch G, Randin CF, Lenz A, Kollas C, Scheepens JF , Körner C. 2013. Elevational adaptation and plasticity in seedling phenology of temperate deciduous tree species. *Oecologia*, **171**: 663–678.
- Vitasse Y, Lenz A, Hoch G , Körner C. 2014. Earlier leaf-out rather than difference in freezing resistance puts juvenile trees at greater risk of damage than adult trees. *Journal of Ecology*, **102**: 981–988.
- Webber JF , Mason CM. 2016. Utility of the colorimetric folin-ciocalteu and aluminum complexation assays for quantifying secondary metabolite variation among wild sunflowers. *Helia*, **39**: 157–167.
- Wesołowski, Tomasz and Rowiński, Patryk. 2006. Timing of bud burst and tree-leaf development in a multispecies temperate forest. *Forest Ecology and Management*, **237**: 387–393.
- Zohner CM, Mo L, Renner SS, Svenning JC, Vitasse Y, Benito BM, Ordonez A *et al.* 2020. Late-spring frost risk between 1959 and 2017 decreased in North America but increased in Europe and Asia. *Proceedings of the National Academy of Sciences*, **117**: 12192–12200.

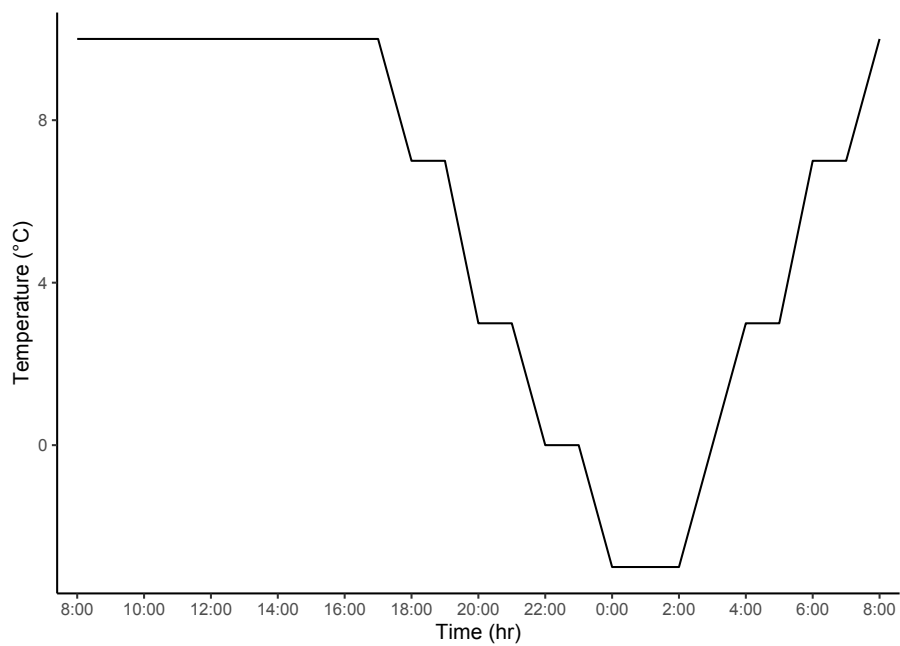


Figure 1: False spring treatment temperature regime in the growth chamber

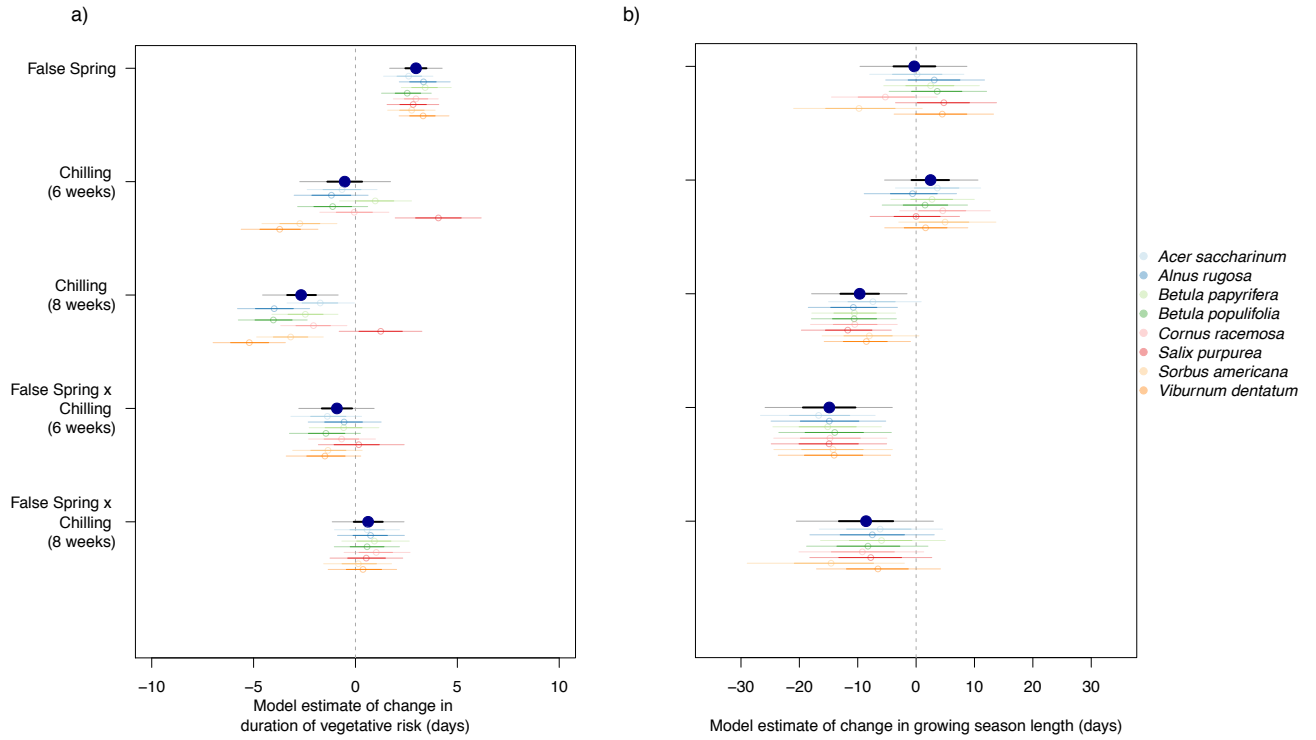


Figure 2: Effects of false spring treatment, six weeks of chilling and eight weeks of chilling relative to four weeks of chilling with no false spring on a) duration of vegetative risk (days) and b) growing season length (days). Dots and thin lines show means and 90% uncertainty intervals and thicker lines show 50% uncertainty intervals. Larger blue dots represent overall estimates across all species, while smaller dots are estimates for each species.

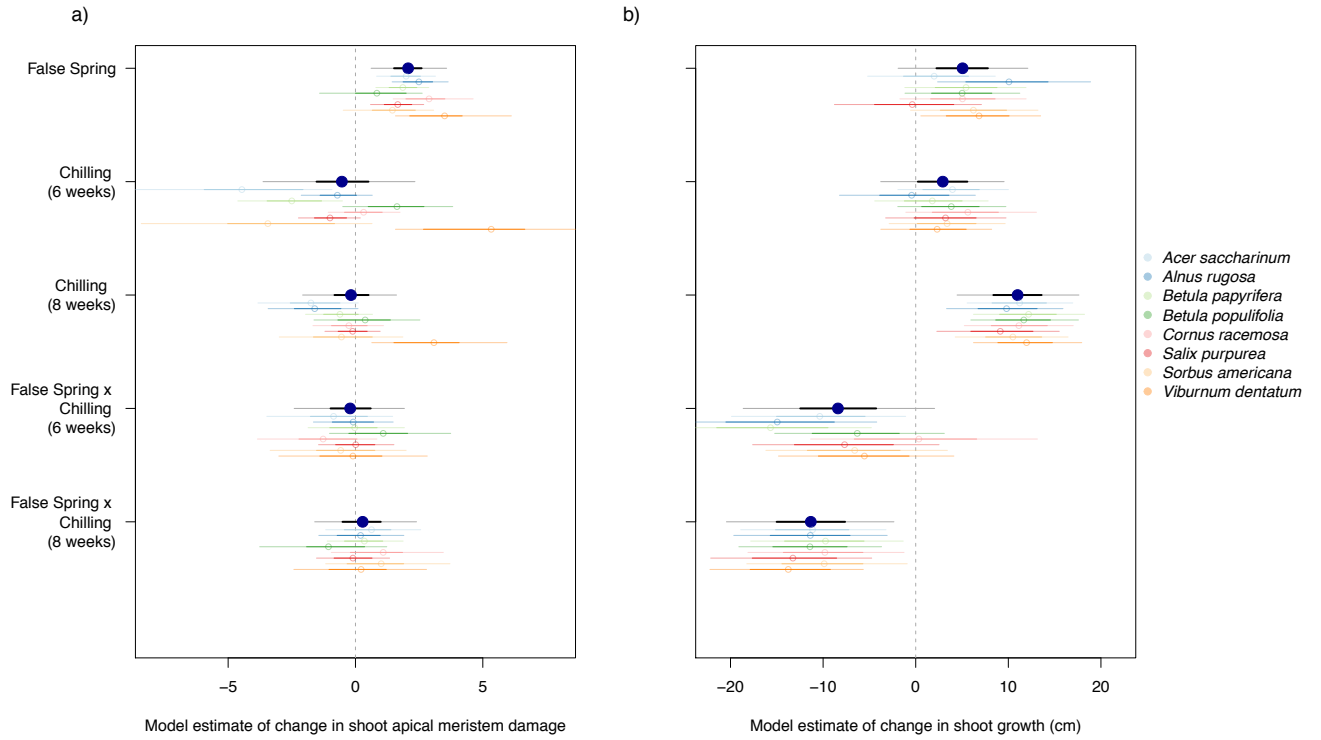


Figure 3: Effects of false spring treatment, six weeks of chilling and eight weeks of chilling on a) shoot apical meristem damage and b) total shoot growth as a metric of height (cm). Dots and thin lines show means and 90% uncertainty intervals and thicker lines show 50% uncertainty intervals. Larger blue dots represent overall estimates across all species, while smaller dots are estimates for each species.

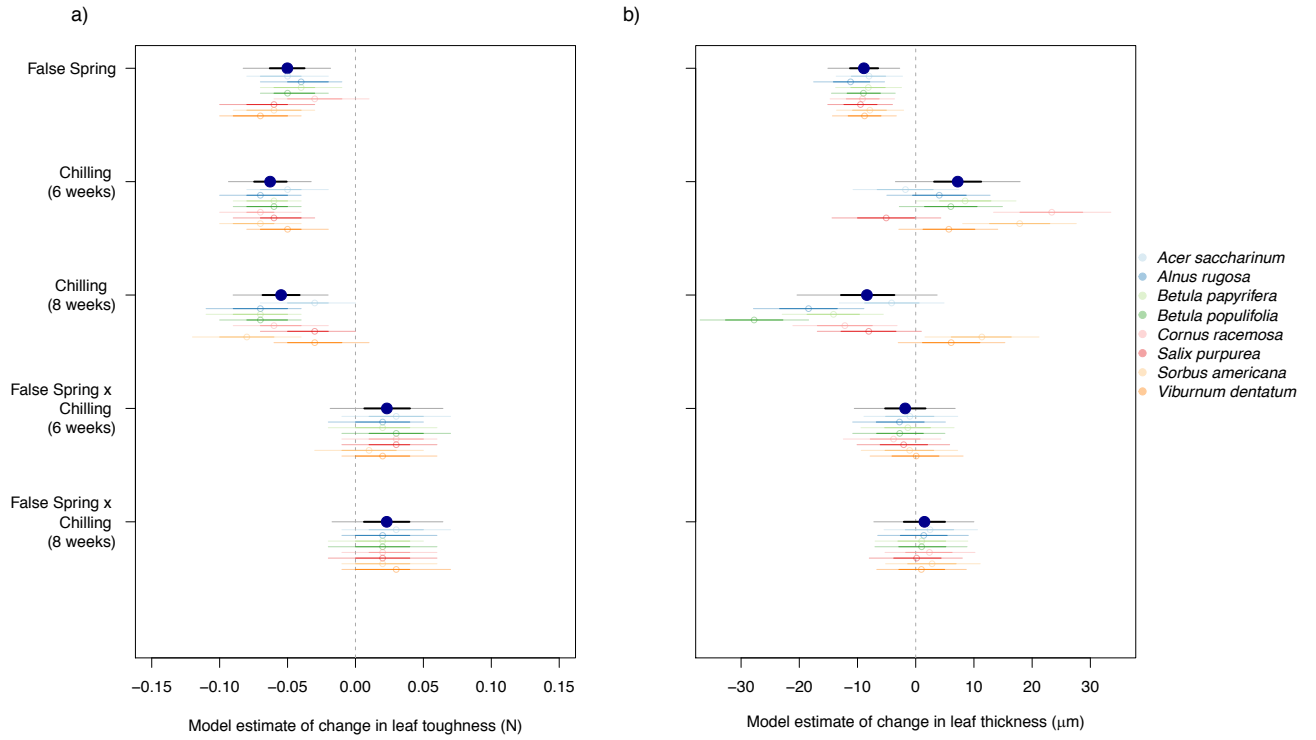


Figure 4: Effects of false spring treatment, six weeks of chilling and eight weeks of chilling on a) leaf toughness (N) and b) leaf thickness ( $\mu\text{m}$ ). Dots and thin lines show means and 90% uncertainty intervals and thicker lines show 50% uncertainty intervals. Larger blue dots represent overall estimates across all species, while smaller dots are estimates for each species.

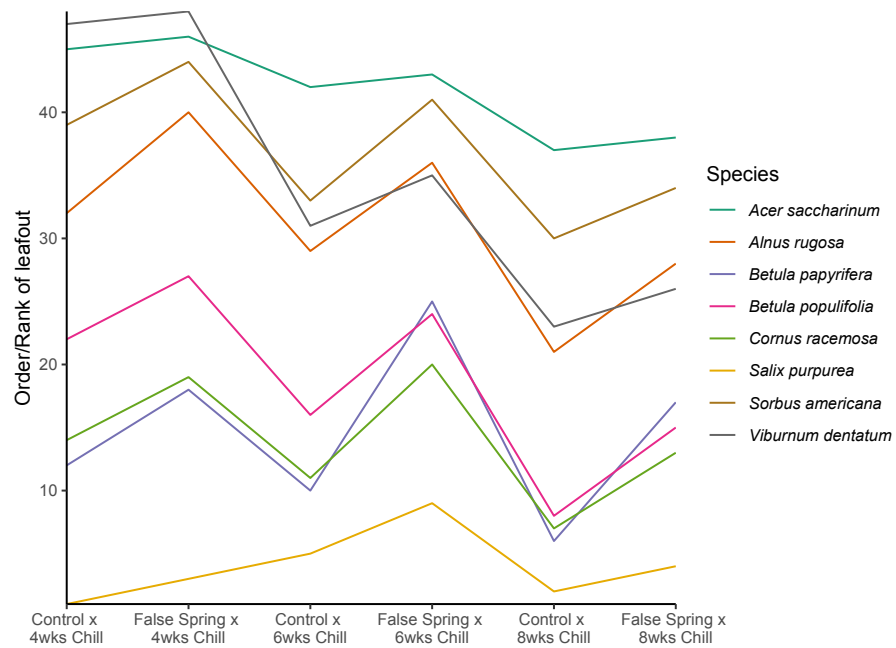


Figure 5: Rank order of leafout across all species using mean trends.