### 1 Rethinking False Spring Risk

2 Authors:

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- <sup>3</sup> C. J. Chamberlain <sup>1,2</sup>, B. I. Cook <sup>3</sup>, I. Garcia de Cortazar Atauri <sup>4</sup> & E. M. Wolkovich <sup>1,2,5</sup>
- 4 Author affiliations:
- <sup>5</sup> Arnold Arboretum of Harvard University, 1300 Centre Street, Boston, Massachusetts, USA;
- <sup>2</sup>Organismic & Evolutionary Biology, Harvard University, 26 Oxford Street, Cambridge, Massachusetts, USA;
- <sup>7</sup> NASA Goddard Institute for Space Studies, New York, New York, USA;
- <sup>8</sup> French National Institute for Agricultural Research, INRA, US1116 AgroClim, F-84914 Avignon, France
- <sup>9</sup> Forest & Conservation Sciences, Faculty of Forestry, University of British Columbia, 2424 Main Mall, Van-
- 10 couver, BC V6T 1Z4 \*Corresponding author: 248.953.0189; cchamberlain@g.harvard.edu
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### 6 1 Abstract

Temperate plants are at risk of being exposed to late spring freezes — often called false springs — which
can be damaging ecologically and economically. As climate change may alter the prevalence and severity of
false springs, our ability to accurately forecast such events has become more critical. Currently, many false
spring studies simplify the ecological and physiological information needed for accurate predictions of the
level of plant damage from late spring freezes. Here we review the complexity of factors driving a plant's false
spring risk. We highlight how species, life stage, and habitat differences contribute to the damage potential of
false springs. Integrating these complexities could help rapidly advance forecasting of false springs in climate
change and ecological studies.

### $_{\scriptscriptstyle{5}}$ 2 Introduction

- <sup>26</sup> Plants growing in temperate environments time their growth each spring to follow rising temperatures along-
- 27 side increasing light and soil resource availability. While tracking spring resource availability, temperate
- 28 plants are at risk of late spring freezes, which can be detrimental to growth. Individuals that burst bud

- before the last freeze date are at risk of leaf loss, damaged wood tissue, and slowed canopy development (Gu et al., 2008; Hufkens et al., 2012). These damaging late spring freezes are also known as false springs, and are widely documented to result in adverse ecological and economic consequences (Knudson, 2012; Ault et al., 2013).
- Climate change is expected to cause an increase in damage from false spring events due to earlier spring onset and potentially greater fluctuations in temperature in some regions (Inouye, 2008; Martin et al., 2010).

  Already, multiple studies have documented false springs in recent years (Gu et al., 2008; Augspurger, 2009, 2013; Menzel et al., 2015) and some have linked these events to climate change (Ault et al., 2013; Allstadt et al., 2015; Muffler et al., 2016; Xin, 2016; Vitra et al., 2017). This increasing interest in false springs has led to a growing body of research investigating the effects on temperate forests and agricultural crops. But for this research to produce accurate predictions of future trends, researchers need methods that properly evaluate the effects of false spring events across the diverse species and climate regimes they are studying.
- Current metrics for estimating false springs events are generally simple, often requiring an estimate for the start of biological 'spring' (i.e. budburst) and whether temperatures occurred below a particular temperature threshold in the following week. Such estimates inherently assume consistency of damage across species, functional group, life stages, and other climatic regimes, ignoring that such factors can greatly impact plants' false spring risk. As a result, such indices may lead to inaccurate current estimates as well as poor future predictions, slowing our progress in understanding false spring events and how they may shift with climate change.
- In this paper we highlight the complexity of factors driving a plant's false spring risk and provide a road map
  for improved metrics. We show how location within a forest or canopy, interspecific variation in avoidance
  and tolerance strategies, freeze temperature thresholds, and regional effects unhinge simple metrics of false
  spring. We argue that a new approach that integrates these and other crucial factors would help accurately
  determine current false spring damage and improve predictions of spring freeze risk under a changing climate
   while potentially providing novel insights to how plants respond to and are shaped by spring frost.

# Defining False Spring: An example in one temperate plant com munity

Temperate forest plants experience elevated risk of frost damage during the spring due to the stochastic timing of frosts. Freezing temperatures following a warm spell can result in plant damage or even death (Ludlum, 1968; Mock *et al.*, 2007). Many temperate species exhibit flexible spring phenologies, which help

them minimize freezing risk, but freeze damage can still occur, especially in the spring. Dormant buds can withstand low temperatures without freezing, however, once buds ext the dormancy phase, they are less freeze tolerant and resistance to bud ice formation is greatly reduced (Taschler et al., 2004; Lenz et al., 2013; Vitasse et al., 2014b). Intracellular ice formation from false spring events often results in severe leaf and stem damage (Burke et al., 1976; Sakai & Larcher, 1987). Ice formation can also occur indirectly (i.e. extracellularly), which results in freezing dehydration and mimics drought conditions (Pearce, 2001; Beck et al., 2004; Hofmann & Bruelheide, 2015). Both forms of ice formation can cause defoliation and crown dieback (Gu et al., 2008). An effective and consistent definition of false spring would accurately determine the amount and type of ice formation to properly evaluate the level of damage that could occur.

There are several definitions currently used to define a false spring. A common definition describes a false spring as having two phases: rapid vegetative growth prior to a freeze and a post freeze setback (Gu et al., 2008). Other definitions instill more precise temporal parameters, specific to certain regions (e.g., in Augspurger, 2013, false spring for the Midwestern United States is defined as a warmer than average March, a freezing April, and enough growing degree days between budburst and the last freeze date). A widely used definition integrates a mathematical equation to quantify a false spring event. This equation, known as a False Spring Index (FSI), signifies the likelihood of damage to occur from a late spring freeze. Currently, FSI is evaluated annually by the day of budburst and the day of last spring freeze (often calculated at -2.2°C Schwartz, 1993) through the simple equation (Marino et al., 2011):

$$FSI = \text{Day of Year}(LastSpringFreeze) - \text{Day of Year}(Budburst)$$
 (1)

Negative values indicate no risk situations, whereas a damaging FSI is currently defined to be 7 or more days
between budburst and the last freeze date (Equation 1) (Peterson & Abatzoglou, 2014). This 7 day threshold
captures the reality that leaf tissue is at high risk of damage from frost in the period after budburst, with
later vegetative phases (e.g., full leafout) being more resistant to such damage.

To demonstrate how the FSI definition works, we applied it to data from the Harvard Forest Long-term Ecological Research program in Massachusetts. We used three separate methodologies to calculate spring onset: long-term ground observational data (O'Keefe, 2014), PhenoCam data from Harvard Forest (Richardson, 2015), and USA National Phenology Network's (USA-NPN) Extended Spring Index (SI-x) data (USA-NPN, 2016). These spring onset values were then inputted into the FSI equation (Equation 1) to calculate FSI from 2008 to 2014 (Figure 1).

Each methodology renders different FSI values, suggesting different false spring damage for the same site and same year. For most years, the observational FSI and PhenoCam FSI are about 10-15 days lower than the SI-x data. This is especially important for 2008, when the SI-x data indicates a false spring year, whereas the other two datasets do not. In 2012, the observational data and PhenoCam data diverge slightly and the

PhenoCam FSI is over 30 days less than the SI-x value.

The reason for these discrepancies is that each method evaluates spring onset by integrating different attributes such as age, species or functional group. Spring phenology in temperate forests typically progresses by functional group: understory species and young trees tend to initiate budburst first, whereas larger canopy species may start later in the season (Richardson & O'Keefe, 2009; Xin, 2016). The different FSI values determined in Figure 1 exemplify the differences in functional group spring onset dates and illustrate variations in forest demography and phenology, which is most apparent in 2012. In 2012, a false spring event was reported through many regions of the US due to warm temperatures occurring in March (Ault et al., 2015). These high temperatures would most likely be too early for larger canopy species to initiate budburst but they would have affected smaller understory species, as is seen in Figure 1.

Yet, in contrast to our three metrics of spring onset for one site, most FSI work currently ignores variation 101 across functional groups — instead using one metric of spring onset and assuming it applies to the whole 102 community of plants (Marino et al., 2011; Peterson & Abatzoglou, 2014; Allstadt et al., 2015; Mehdipoor 103 & Zurita-Milla, 2017). The risk of a false spring varies across habitats and with species composition since spring onset is not consistent across functional groups. Therefore, one spring onset date cannot be used as an effective proxy for all species. False spring studies should first assess the forest demographics and functional 106 groups relevant to the study question in order to effectively estimate the date of spring onset. However, as 107 we outline below, considering different functional groups is unlikely to be enough for robust predictions. It 108 is also crucial to integrate species differences within functional groups and consider the various interspecific 109 avoidance and tolerance strategies that species have evolved against false springs. 110

# Plant Physiology and Diversity versus the Current False Spring Definition

Plants have evolved to minimize false spring damage through two strategies: avoidance and tolerance. Many temperate forest plants utilize various morphological strategies to be more frost tolerant: some have toothed leaves to increase 'packability' in winter buds, which permits more rapid leafout (Edwards *et al.*, 2017) and minimizes exposure time of less resistant tissues. Other species have young leaves with more trichomes to act as a buffer against spring frosts (Prozherina *et al.*, 2003; Agrawal *et al.*, 2004). These strategies are probably only a few of the many ways plants work to morphologically avoid frost damage, and more studies are needed to investigate the interplay between morphological traits and false spring tolerance.

Rather than being more tolerant of spring freezing temperatures, some temperate forest species have evolved

to avoid frosts via more flexible phenologies. Effective avoidance strategies require well-timed spring phenolo-121 gies. Most temperate deciduous tree species optimize growth and minimize spring freeze damage by using 122 three cues to initiate budburst: low winter temperatures, warm spring temperatures, and increasing photoperiods (Chuine, 2010). The evolution of these three cues and their interactions has permitted temperate 124 plant species to occupy more northern ecological niches (Kollas et al., 2014) and decrease the risk of false 125 spring damage, which is crucial for avoidance strategies (Charrier et al., 2011). One avoidance strategy, for 126 example, is the interaction between over-winter chilling and spring forcing temperatures. Warm temperatures earlier in the winter will not result in early budburst due to insufficient chilling (Basler & Körner, 2012). 128 Likewise, photoperiod sensitivity is a common false spring avoidance strategy: species that respond strongly 129 to photoperiod cues in addition to warm spring temperatures are unlikely to have large advances in budburst 130 and thus may evade false spring events as warming continues (Basler & Korner, 2014). 131

# 5 Defining Vegetative Risk

Phenology and frost tolerance are intertwined — with important variation occurring across different phenological phases. Flowering and fruiting are generally more sensitive to false spring events than vegetative phases (Augspurger, 2009; Lenz et al., 2013), but there is high variability in the temperature threshold of damage from false springs across species, including between agricultural and ecological studies (Figure 2). However, false spring events that occur during the vegetative growth phenophases may impose the greatest freezing threat to deciduous plant species. Plants will suffer greater long-term effects from the loss of photosynthetic tissue compared to floral and fruit tissue, which could impact multiple years of growth, reproduction, and canopy development (Vitasse et al., 2014a; Xie et al., 2015).

There is also important variation within certain phenological phases. Most notably, within the vegetative phases of spring leafout, plants that have initiated budburst but have not fully leafed out are more likely to sustain damage from a false spring than individuals past the leafout phase. This is because freezing tolerance is lowest after budburst begins until the leaf is fully unfolded (Lenz et al., 2016). Therefore, the rate of budburst and the length of time between budburst and leafout is essential for predicting the level of damage from a false spring event. We will refer to the timing between these phenophases — budburst to leafout — as the duration of vegetative risk (Figure 3). The duration of vegetative risk can be extended if a freezing event occurs during the phenophases between budburst and full leafout (Augspurger, 2009), which could result in exposure to multiple frost events in one season.

# 50 How Species Phenological Cues Shape Vegetative Risk

Predictions of false spring critically depend on understanding what controls the duration of vegetative risk 151 across species. For temperate species, the three major cues (winter chilling temperatures, spring warm 152 temperatures and photoperiod) that control budburst (Chuine, 2010) probably play a dominant role. One study, which examined how these cues impact budburst and leafout, shows that the duration of vegetative risk can vary by 21 days or more depending on the suite of cues a plant experiences (Figure 4). The experiment 155 examined 9 temperate trees and shrubs using a fully crossed design of three levels of chilling (field chilling, 156 field chilling plus 30 days at either 1 or 4 °C), two levels of forcing (20°C/10°C or 15°C/5°C day/night 157 temperatures) and two levels of photoperiod (8 versus 12 hour days) resulting in 12 treatment combinations. Increased forcing, photoperiod and chilling all decreased the duration of vegetative risk, with forcing causing the greatest decrease (10 days), followed by daylength (9 days), and chilling (2-3 days depending on the 160 temperature), but the full effect of any one cue depended on the other cues due to important interactions— 161 for example, the combined effect of warmer temperatures and longer days would be 14 days, because of -5 162 days interaction between the forcing and photoperiod cues (Figure 4A). 163

Such cues may provide a starting point for predicting how climate change will alter the duration of vegetative risk. Robust predictions will require much more information, especially the emissions scenario realized over coming decades (IPCC, 2015), but one potential outcome is that higher temperatures will increase forcing and decrease chilling in many locations. Under this scenario experimental results suggest a 2-10 day increase in duration of vegetative risk depending on the species, except for *Betula alleghaniensis* which had a 6 day decrease in duration of vegetative risk (Figure 4B). This cue interaction could thus expose at-risk plants to more intense false spring events or even multiple events in one year.

Considering the interaction of cues and climate change further complicates understanding species future 171 vulnerabilities to false spring events. Most species are expected to begin leafout earlier in the season with 172 warming spring temperatures but some species may have the opposite response due to less winter chilling 173 or decreased photoperiod cues (Cleland et al., 2006; Fu et al., 2015; Xin, 2016). Individuals that initiate 174 budburst earlier in the spring may attempt to limit freezing risk by decreasing the duration of vegetative risk in order to minimize the exposure of less frost tolerant phenophases (Augspurger, 2009). But with a 176 changing climate and thus shifts in phenological cues, this relationship may change (Dolezal et al., 2016). 177 Further studies are essential to understand the interplay between chilling, forcing, photoperiod cues and the 178 duration of vegetative risk, especially for species occupying ecological niches more susceptible to false spring events.

# 6.1 Predictable Regional Differences in Climate, Species Responses and False Spring Risk

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Robust predictions must consider the full interplay of species cues and a specific location's climate. A single species may have varying cues across space: various studies that investigated latitudinal effects indicate that populations growing further north respond to a different interaction of cues than those growing further south. Thus, based on cues alone, different regions may have different durations of vegetative risk for the same species (Partanen, 2004; Vihera-aarnio et al., 2006; Caffarra & Donnelly, 2011). Studies also show that different species within the same location can exhibit different sensitivities to the three cues (Basler & Körner, 2012; Laube et al., 2013) thus further amplifying the myriad of climatic and phenological shifts that determine false spring risk in a region.

Numerous studies have investigated how the relationship between budburst and major phenological cues 191 varies across space, including across populations, by using latitudinal gradients (Partanen, 2004; Vihera-192 aarnio et al., 2006; Caffarra & Donnelly, 2011; Zohner et al., 2016; Gauzere et al., 2017). Fewer, however, 193 have integrated distance from the coast (but see Myking & Skroppa, 2007; Harrington & Gould, 2015; Aitken 194 & Bemmels, 2015) or regional effects. Yet climate and thus false spring risk and phenological cues vary across 195 regions. For example, consider five different regions within a temperate climate (Figure S1). Some regions 196 may experience harsher winters and greater temperature variability throughout the year, and these more variable regions often have a much higher risk of false spring (i.e. Maine) than others (i.e. Lyon) (Figure S1). 198 Understanding and integrating such spatiotemporal effects and regional differences when investigating false 199 spring risk and duration of vegetative risk would help improve predictions as climate change progresses. 200

Accurate predictions need to carefully consider how chilling and forcing cues vary across regions. Climatic variation across regions and at different distances from the coast results in varying durations of vegetative risk due to different chilling and forcing temperatures (Myking & Skroppa, 2007). It is therefore important to recognize climate regime extremes (e.g. seasonal trends, annual minima and annual maxima) across regions to better understand the interplay between duration of vegetative risk and climatic variation. The climatic implications of advancing forcing temperatures could potentially lead to earlier dates of budburst and enhance the risk of frost. These shifts in climatic regimes could vary in intensity across regions (i.e. regions currently at risk of false spring damage could become low risk regions over time).

## 7 Conclusion

Temperate forest trees are most at risk to frost damage in the spring due to the stochasticity of spring freezes. 210 With warm temperatures advancing in the spring but last spring freeze dates advancing at a slower rate, 211 there could be more damaging false spring events in the future, especially in high risk regions (Gu et al., 2008; Inouye, 2008; Liu et al., 2018). Current equations for evaluating false spring damage (e.g. Equation 1) largely simplify the myriad complexities involved in assessing false spring damage and risks. More studies aimed 214 at understanding relationships between species avoidance and tolerance strategies, climatic regimes, and 215 physiological cue interactions with the duration of vegetative risk would improve predictions. Additionally, 216 research to establish temperature thresholds for damage across functional types and phenophases will help effectively predict false spring risk in the future. An integrated approach to assessing past and future spring freeze damage would provide novel insights into plant strategies, and offer more robust predictions as climate 219 change progresses, which is essential for mitigating the adverse ecological and economic effects of false springs. 220

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## Error in +annotate("text", x = 3, y = 20, label = "False Spring"): invalid argument to unary
operator

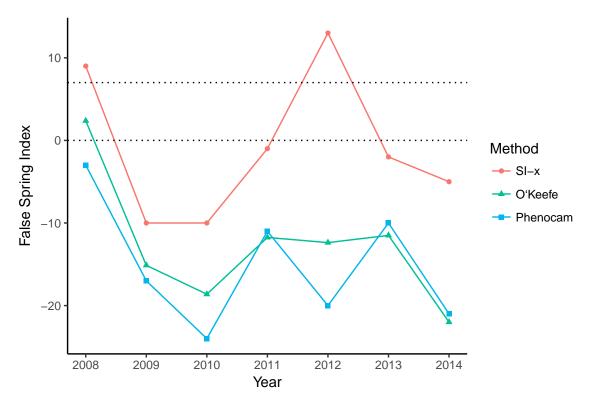


Figure 1: FSI values from 2008 to 2014 vary across methologies. To calculate spring onset, we used the USA-NPN Extended Spring Index tool for the USA-NPN FSI values, which are in red (USA-NPN, 2016), long-term ground observational data for the observed FSI values, which are in green (O'Keefe, 2014), and near-surface remote-sensing canopy data for the PhenoCam FSI values, which are in blue (Richardson, 2015).

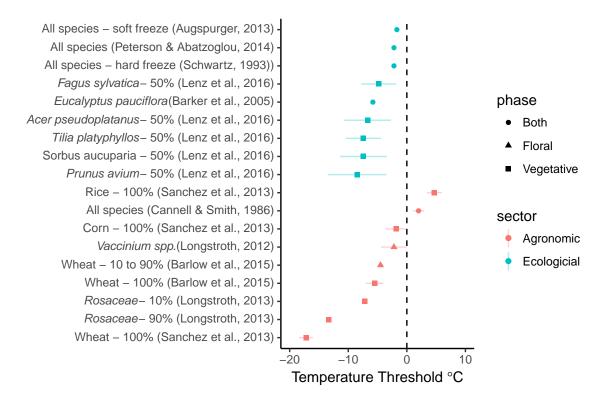


Figure 2: A comparison of damaging spring freezing temperature thresholds across ecological and agronomic studies. Each study is listed on the y axis along with the taxonimic group of focus. Next to the species name is the freezing definition used within that study (e.g. 100% is 100% lethality). Each point is the best estimate recorded for the temperature threshold with standard deviation if indicated in the study. The shape of the point represents the phenophases of interest and the colors indicate the type of study (i.e. agronomic or ecological).

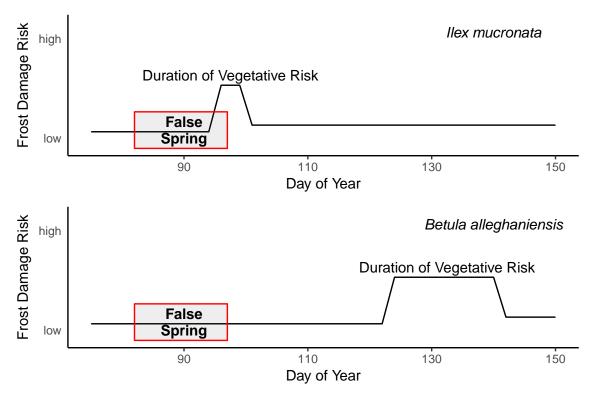


Figure 3: A figure showing the differences in spring phenology and false spring risk across two species: *Ilex mucronata* (L.) and *Betula alleghaniensis* (Marsh.). We mapped a possible false spring event based on historic weather data and compared it to the observational data collected at Harvard Forest (O'Keefe, 2014). In this scenario, the *Ilex mucronata*, which budburst early, would be exposed to a false spring event, whereas the *Betula alleghaniensis* would avoid it entirely, due to later budburst.

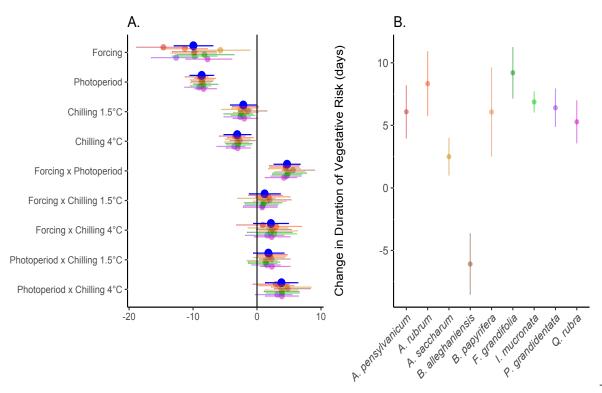


Figure 4: Change in duration of vegetative risk under different experimental conditions. (A) A plot of the model parameter estimates on the duration of vegetative risk (means  $\pm$  95% credible intervals, slightly larger blue circles represent the overall mean estimate, while each species estimate is shown below and colored as shown in B). Spring forcing temperatures had the largest effect on the rate of leafout, with photoperiod also being an important factor. Thus, while greater forcing or longer photoperiods alone will shorten the duration of vegetative risk by 10 and 9 days respectively, their combined effect would be 14 days due to a 5 day delay through their interaction (10 + 9 - 5 = 14). (B) A comparison of the durations of vegetative risk (means  $\pm$  standard error) across two treatments (high chilling and warm forcing temperatures vs. low chilling and low forcing) for each species collected for the experiment. Species along the x-axis are ordered by day of budburst.