Huangshu Xu

LMSW, Ph.D. Candidate

Graduate School of Social Service, Fordham University

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Professional Summary

Doctoral candidate in Social Work at Fordham University, specializing in child, youth, and family wellbeing, maternal mental health, and integrated behavioral health. Experienced in teaching, program evaluation, and collaborative research on social disparities and workforce development. Dedicated to advancing evidence-based practice and promoting equity in behavioral health and social service delivery.

Education

Fordham University — **New York, NY, USA**
Ph.D. in Social Work, Graduate School of Social Service (GSSS) — *expected in 2027*

Fordham University — **New York, NY, USA**
Master of Social Work (MSW), Clinical Track — *May, 2016*

Fordham University — **New York, NY, USA**
Bachelor of Arts (BA), School of Professional and Continuing Studies — *May, 2015*

China Youth University of Political Studies — **Beijing, China**
Bachelor of Laws, School of Social Work — *May, 2015*

Teaching and Research Experience

2026.01 - Present   **Adjunct Instructor**   *GSSS, Fordham University*

Course: **SWGS 6803: Applied Social Work Research and Evaluation**

- Teaching a 15-session in-person graduate course.
- Leading instruction on applied research methods and program evaluation while mentoring students in developing research-informed practice and evaluation skills.

2024.05 – 2024.08   **Teaching Assistant**   *GSSS, Fordham University*

Course: **SWGS 6320: Social Work Practice with Organizations and Communities**

- Assisted in three in-person teaching sessions by preparing lectures and presentations.
- Facilitated group discussions and provided detailed feedback on student assignments to support classroom engagement.

- Developed skills in course facilitation, instructional support, and classroom engagement.

o 2022.09 – 2024.05 **Research Assistant** *GSSS, Fordham University*

Program: **PIPELINE for Youth Health Program** (**HRSA-funded BHWET**)

- Conducted data collection and analysis for a federally funded initiative preparing MSW students for integrated behavioral health practice.
- Contributed to conference poster presentations and co-authored manuscripts focused on youth health outcomes.

o 2021.09 – 2022.05 **James R. Dumpson Doctoral Fellow** *GSSS, Fordham University*

Project: **Narrowing the Front Door to NYC's Child Welfare System**

- Assisted Dr. Anne Williams-Isom in documenting the history of NYC's Administration for Children's Services (ACS).
- Supported convenings of high-level policymakers and assisted in research dissemination for child welfare reform.

Work Experience

o **Full-time, Henry Street Settlement** **Hunter College/Research Foundation CUNY**
Behavioral Health Clinician *2018–2019*
- Provided individual psychotherapy and group therapy for adults with severe mental health needs.

- Applied evidence-based modalities including CBT, Motivational Interviewing, Mindfulness, and Problem-Solving Therapy within a collaborative care model.

o **Full-time, SCO–Center for Family Life** **Family Counseling Program**
Bilingual Social Worker *2016–2018*
- Delivered counseling, crisis intervention, and parenting support to immigrant families in English and Mandarin.

- Advocated across legal, health, and educational systems to ensure comprehensive client care.

o **Korean American Family Service Center** **East-West School of International Studies**
School Social Work Intern *2015–2016*
- Facilitated group support and individual therapy for adolescents.

- Addressed acculturation stress, identity development, and family challenges.

o **NYU Langone Hospital - Brooklyn** **Adult Inpatient Unit**
Medical Social Work Intern *2014–2015*
- Conducted biopsychosocial assessments and coordinated complex discharge planning.

- Supported patients with intersecting medical and social needs.

Publications

Please visit my **Google Scholar** page for additional details.

Published

○ Fuhua Zhai, Yookyong Lee, Qin Gao, Jing Guo, **Huangshu Xu**. *Intergenerational continuity of child maltreatment in East Asian American families: Roles of parents' beliefs in physical punishment and social support.* In Child & Family Social Work, 2025.

Under Review

○ **Huangshu Xu**, G.L. Farmer. *Preparing MSW Students for Integrated Behavioral Health Practice: Evaluating the PIPELINE for Youth Health.* Submitted to the Journal of Social Work Education, 2025

Presentations

○ **Xu, H.**, & Aguilar, J. *The U.S. Maternal Mental Health Crisis: A Systematic Review of Theoretical Frameworks, Policies, and Interventions to Promote Health Equity.* Poster, in Society for Social Work and Research (SSWR) 30th Annual Conference, Washington, DC, Jan. 2026

○ **Xu, H.**, & Farmer, G. L. *Strengthening Behavioral Health Workforce: Evaluation of the Pipeline Program for Advanced MSW Training in Integrated Care.* Poster presented at the Society for Social Work and Research (SSWR) 30th Annual Conference, Washington, DC, Jan. 2026

○ **Xu, H.**, Ross, A. M., Groman, S., & Matthews, E. *Diversifying the Behavioral Health Workforce: Lessons Learned from the PIPELINE for Youth Health Project.* Poster presented at the Council on Social Work Education (CSWE) Annual Program Meeting, Atlanta, GA, Oct. 2023

○ **Xu, H.**, Ross, A., Farmer, L., Matthews, E., Sealy, Y., Alleyne-Green, B., White-Ryan, J., & White-Ryan, L. *Prioritizing Workforce Diversity, Prevention, and Equity: The PIPELINE for Youth Health Project.* Poster presented at the Council on Social Work Education (CSWE) Annual Program Meeting, Anaheim, CA, Nov. 2022

○ **Xu, H.** *The Role of a Parenting Support Program in Reducing Child Maltreatment Among Asian American Parents: The Mediating Effect of Parenting Stress.* Family Work and Social Policy International Conference, Poznań, Poland, May 2022

Licensure and Skills

○ Licensed Master Social Worker (LMSW), New York State.

○ Applied qualitative and quantitative research methods, program evaluation, and curriculum development in doctoral and fellowship projects; working knowledge of SPSS.

Honors & Professional Affiliations

- **Fellowships:**

  - James R. Dumpson Doctoral Fellowship, Fordham University Graduate School of Social Service
  - Behavioral Health Workforce Education and Training (BHWET) Fellowship, Health Resources and Services Administration (HRSA), Fordham University Graduate School of Social Service

- **Professional Memberships:**

  - Society for Social Work and Research (SSWR)
  - Council on Social Work Education (CSWE)

Last updated: January 20, 2026