



CRAWLEY
WHEELERS



**Challenge Tires London & South East Cyclo-Cross
League Round 2 and Aeight bike co Sussex League
Round 2**

Sunday 15th September 2024

**Ardingly,
South of England Showground,
Selsfield Rd,
Haywards Heath,
RH17 6TL.**

www.seas.org.uk

Entrance via the South Gate

What3words location!!

expectant.happy.rockets

Technical Manual. Class – British Cycling Category B

1. Introduction

Crawley Wheelers welcomes you to the South of England Showground at Ardingly in West Sussex. The venue is known for multiple National Trophy rounds and the LCCA Team Champs events. This LCCA round is on a course used back in 2021.

2. About the course

- The course we are using is based on the Crawley Wheelers practice course at the south entrance to the show ground, it will be a compacted course with many easy access spectating points.
- After a short tarmac start straight the course joins the grassy area with some gravel paths, we will also make use of two raised banks to provide short but manageable challenges to all riders.
- There will be small climbs, flat sections, off camber descents and a section for some hurdles.
- The race will start and finish on a short tarmac section and will wind through several turns before the start of the ups and downs on and off the banked areas.
- The course will be mainly 3m wide with plenty of wide overtaking sections through the course.

Equipment Pits

Please only access the Equipment pits if you are supporting a rider.

We will have a double pit on the course defined by yellow flags, this will be located close to the Start/Finish area. Servicing and the changing of bicycles will only be allowed in these pits. A rider may only take the pit lane with the intention of changing a bicycle, wheel or receiving mechanical assistance.

We would really appreciate it if all competitors and supporters show great care to ensure that equipment is placed in a manner that allows free movement through the pit area/s.

When holding a bike for a rider please make sure that you do not impede another helper or rider.

We rely upon you to self-police the pits rather than place the burden on the already very busy commissaires. The commissaires may be there in attendance to provide guidance and direction.

If you are planning to have a spare bike then we advise you purchase a spare bike number as this has the timing chip in it. If you use a bike without one then you go invisible to the timing system and it relies on manual scoring and a clever process

in the timing software that predicts your position in the race, however this has to be manually verified and slows down confirming a result for the prize presentation.

We also ask that riders only place their equipment in the pits just before their race and not whilst another race is still on to avoid congestion.

3. Travelling to the event

The South of England Show Ground is well sign posted around the area with good access to the South Gate entrance, there will be a "Crawley Wheelers" feather flag at the south gate entrance.

On Sunday 15th September there is London to Brighton cycle event going past the show ground and may affect your travel to the venue. It is a relatively small event with some 3,800 riders taking part.

Turners Hill crossroads by the Crown pub will have traffic light control on it and there will be a Stop\Go system in place further north at the junction of Wallage Lane.

There are no restrictions on traffic flow apart from the above.

The first riders will be at Ardingly just before 8am and the last at 15:15.

Please allow some additional time traveling to the venue

4. Sign on

Sign on will be located between the car park area and the course around the Crawley Wheelers gazebo close by the start area and will be easily identified with the sign on flag.

All riders must have their race numbers attached to their bike for the practice sessions

Sign on will be open from 8.30am

Please collect your race number pack from Sign on. You will need to keep these and bring them every time you race in this year's league.

We suggest you allocate 5 minutes to set up the number pack and timing chip. Riders are not required to sign anything, and are to use their race number for all events in the League and the Regional Championships. Riders will be confirmed at the event by the timing system picking up their timing chip at the start of the race.

This means that you will not have to revisit sign-on at any other event you enter in advance once you have your race number pack.

If you have ordered a 2nd bike number, follow the same process as above.

If you have forgotten your numbers, you will need to visit the timing tent and collect a 'temporary set' which you must return after your race. This will be your race number for the day only.

Return of last year's number pack

In our drive to keep costs down to you as riders and recycle equipment as much as possible, we really would like you to return your number tail fins and jersey numbers from previous seasons. There will be a marked crate at Sign on for you to do this.

5. Toilets

4 number Portaloo's located near sign on.

Important notice:

The area is open to the public and popular with dog walkers so be aware of their presence when, parking, racing and finishing. Please be courteous to any members of the public you encounter as keeping good relationships with the venue is critical to our continued use of the venue.

Other events may be taking place within the grounds of the venue, please do not venture anywhere beyond the obvious CX course boundary.

6. Course map Full



Under 8/10/12 Course



7. Catering

Crawley Wheelers tea & coffee, roll & cake stand.

Real Belgian Fries van.

8. Parking

If you're arriving by car there will be grass parking available on site. Enter the show ground from the South Gate and drive straight forward with caution past the course on the left, the parking area is on the grass past the course on the left. We will have marshals at the entrance of the venue and signs to direct you to the parking area.

Exit is via the North Gate.

Do not park at the entrance to the south gate as this restricts visibility on to the main road.

Please park on the grassy area on the left past the course.

9. Event Officials

Event Organiser – Stuart Evans

Chief Marshal – Adrian Riddle

Chief Judge – LCCA Timing Team

Timekeeping – LCCA Timing Team

British Cycling Chief Commissaire – Stuart McGhee

British Cycling Commissaire 2 – Peter Lloyd

British Cycling Commissaire 3 – N/A

Course Design – Dougie Fox/ Stuart Evans

First Aid Provider – Collingwood Medical Services

Governing Body – British Cycling

10. Race Programme and timetable

Important note. We have changed the race schedule from last year.

Race	Gridding	Race Start	Duration
Practice 1 U8/10/12 (Short Course Only)	9am to 9.15am		
Under 10	9.15	9.20	10 mins
Under 8 (Line up behind the U10)	9.15	9.20	10 mins
Under 12	9.35	9.40	15 mins
Practice 2 (Full Course)	10am to 10.35am		
Under 14/16	10.35	10.40	30 mins
Junior + V40 Open	11.20	11.30	40 mins
Female (All Cats)	12.20	12.30	40 mins
Practice 3	13.20 to 13.45		
Vet 50/60+ Open	13.45	13.50	40 mins
Senior Open	14.40	14.50	60 mins

Practice times – Please note that course open times are provisional as dependent on lap times and conditions. Please look for the green course open and red closed flags for accurate info on when you can get on course.

Gridding – Gridding will be created for each event race and advertised on the league results website and by email before the event, any queries in gridding may be raised on Friday. Please visit the London and South East Cyclo Cross League Website rules section for a full explanation of how the gridding has been created.

All decisions on gridding rest with the chief commissaire whose decision is final.

11. Podium Presentation times and results

Podium Presentation	
J8/10/12 (18)	10.15
Youth (12)	11.45
Vet 40/Jun Open and All Female Categories (24)	13.30
Vet 50/60+ Open (6)	15.00
Senior/U23 Open (6)	16.00

Results

Race Results and overall league tables will be published online as soon as feasible after each race. Race queries can be made up to 6pm on the Tuesday after each race by emailing admin@londonxleaguerevents.co.uk. Once finalised, the results will be sent to BC to update events page and allocate national rankings points.

12. Technical Regulations

The event is run under the rules of the British Cycling Federation

https://www.britishcycling.org.uk/cyclocross/article/bcst_rulebook_and_constitution?c=EN

London and South East Cyclo Cross rules and info on league available here
<http://www.londonxleague.co.uk/rules/>

Results will be published on the London and South East Cyclo Cross website and Facebook pages pretty much on the day of racing

Any queries on results please visit here for info how to do this
admin@londonxleaguerevents.co.uk.

13. First Aid and local hospitals

First Aid is provided by:

Collingwood Services Ltd (part of the Collingwood Group)
Suite 5, Minton House
Amesbury Distribution Park, London Road
Amesbury SP4 7RT

Tel - 01980 623 820

admin@collingwoodservices.co.uk

Local Hospital:

A & E Department.
Princess Royal Hospital
Lewes Rd,
Haywards Heath,
RH16 4EX.

01444 441881