



South East Regional Cyclocross Champs Cat A

Sunday 24th November 2024

**Herne Hill Velodrome,
104 Burbage Rd,
London,
SE24 9HE.**

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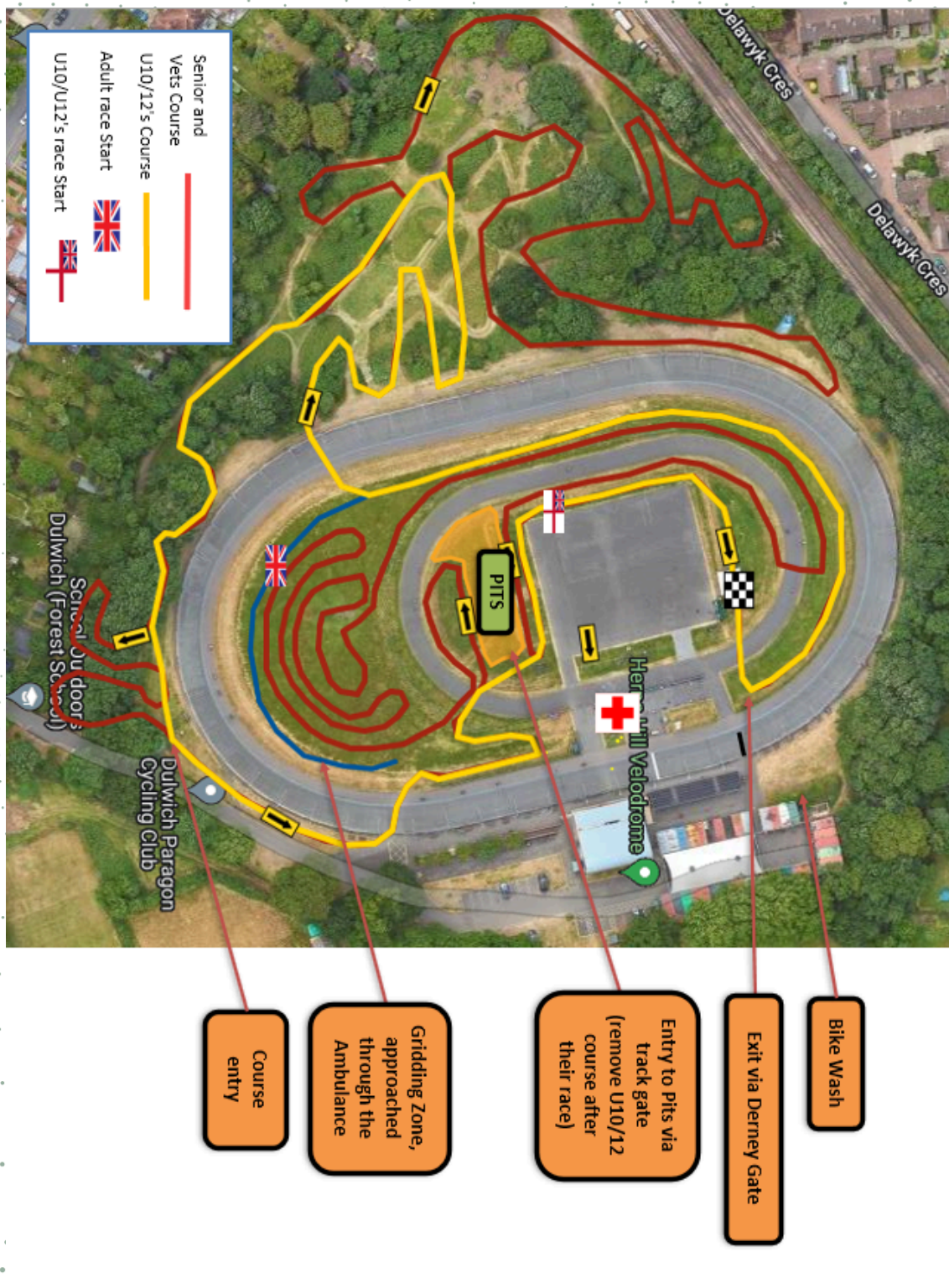
1. Access & Parking

If possible please consider riding to the race or coming by train. We are within 15 mins walk / 5 mins ride of Herne Hill and North Dulwich overground stations. There is limited parking on site, with marked parking bays plus parking on the grass on the right hand side of the driveway as you enter the site. If the car park becomes full you will be able to drop off, but will be asked to park elsewhere - we recommend Gallery Road nearby (5 mins walk) for free parking. Full detailed travel information can be found [here](#).

2. Event Timetable

Race	Gridding	Race Start	Duration
Practice 1 U8/10/12 Only (Short Course)	9am to 9.15am		
Under 10	9.15	9.20	10 mins
Under 8 (Line up behind Under 10's)	9.15	9.20	10 mins
Under 12	9.35	9.40	15 mins
Practice 2 (Full Course)	10am to 10.35am		
Under 16 Boys	10.30	10.40	30 Mins
Under 14 Boys		10.40.30	
Under 16 Girls		10.41	
Under 14 Girls		10.41	
Junior Open	11.20	11.30	
V40 Open	11.20	11.31	40 mins
Female (All Cats. Gridded in Catagory Rows but will start at same time)	12.20	12.30	40 mins
Practice 3 (Full Course)	13.20 to 13.45		
Vet 50 Open	13.45	13.50	40 mins
Vet 60+ Open	13.45	13.51	40 Mins
Under 23 Open	14.40	14.50	60 mins
Senior Open	14.40	14.51	60 Mins

3. Course



4. Sign-on

For this event we will be using your London and South East Cyclo Cross League bike numbers and jersey numbers.

If this is your first time and you don't have this number kit then please make your way to sign on in the pavillion.

Simply state your name and you will be given your number pack to fit. We suggest you allocate 5 minutes to set up the number pack and timing chip.

If you forget your current bike or jersey numbers please make your way to the finish line gazebo whereby the timing team will allocate you a new number.

If you have forgotten your numbers, you will need to visit the timing tent and collect a 'Bib of Shame' which you must return after your race. This will be your race number for the day only.

Return of last year's number pack

In our drive to keep costs down to you as riders and recycle equipment as much as possible, we really would like you to return your number tail fins and jersey numbers from previous seasons. There will be a marked crate at Sign on for you to do this.

5. Race Numbers

Please position your race number on the left hand side of your lower back so that it is clearly visible from the finish line gazebo.

6. Refreshments

Jan's Cafe will be open throughout, for hot and cold drinks, with burgers & Belgian frites!

There is an outdoor drinking water tap by the back door to the pavillion and drinking fountains in the men's & women's changing rooms.

7. Toilets and Showers

There are toilets, showers and changing rooms on the ground floor of the Pavilion. Please take care while using the facilities, try to get the worst of the mud off you and your kit outside in a grassy area; remove muddy shoes before entering the building and try not to sit on the chairs until after you've changed into clean clothes. In the event of

a very muddy event, please ensure toilets, sinks and showers are not left clogged with mud so they can still be used by other riders in races later that day.

8. Bike Washing

There are 2 bike washing stations behind the shipping containers and racks and hoses set-up near the pit area. Please use these quickly rather than causing long queues by doing a proper deep clean. If washing your bike outside of the bike wash area please be considerate and do it somewhere on the grass rather than over any tarmacked areas.

9. Race Organisation

Event Organiser: Katherine Potsides

Chief Judge/Timekeeping - LCCA Timing Team

BC Chief Commissaire: Neil Simpson

BC Commissaire 2: Phil Jemmison

BC Commissaire 3: Julian Campbell

Course Design: Charlie Codrington

First Aid Provider: Collingwood Medical Services

Nearest Hospital: Kings College Hospital, Denmark Hill SE5 9RS

10. Technical Regulations

The event is run under the [rules of the British Cycling Federation](#)

London and South East Cyclo Cross rules and info on league available [here](#)

Results will be published on the London and South East Cyclo Cross website and Facebook pages pretty much on the day of racing. For any queries on results please email: admin@londonxleaguereults.co.uk.

11. Podium Presentations

Podium Presentation	
U8/10/12 (18)	10.15
Youth (12)	11.45
Vet 40/Jun Open and All Female Categories (24)	13.30
Vet 50/60+ Open (6)	15.00
Senior/U23 Open (6)	16.00

12. Results

Race Results will be published online as soon as feasible after each race. Race queries can be made up to 6pm on the Tuesday after each race by emailing admin@londonxleaguerevents.co.uk. Once finalised, the results will be sent to BC to update the events page and allocate national rankings points.