

Challenge Tires London & South East Cyclo-Cross League Round 5

Sunday 9th October 2022

Herne Hill Velodrome
Burbage Road
Herne Hill
London
SE24 9HE

Supported by

Rouleur

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Technical Manual. Class – British Cycling Category B

1. Introduction

Herne Hill Youth CC welcomes you to the Round 5 of the Challenge Tires London & South-East Cyclocross League, at Herne Hill Velodrome in South London. While it is best known as a regional venue for track cycling, its tight and twisty off-road trails make it a very popular cyclocross venue.

Safeguarding against Covid19

1) If you have coronavirus symptoms - **Do not attend the event**

- a high temperature
- a new, continuous cough
- a loss of, or change to, your sense of smell or taste

2) You are required to follow the BC COVID-19 Discipline Code

3) Wearing of masks & face coverings for indoor spaces only including the signon, pavilion and toilets.

2. About the course

- The course is a variation on previous circuits used at Herne Hill in previous events - including some popular features, such as Big Bob and the Camel Humps.
- The start area is in the infield of the velodrome, and then runs through the track gate into the off-road areas.
- There will be steps, hurdles, drop-offs, a very pretty flower in the track centre, at least one dead turn, and everyone's favourite climb of Big Bob.
- It will be mainly 3m wide with plenty of wide overtaking sections through the course, but includes a few pinch points.
- There will be just one pit area, immediately before the finish.
- Riders are asked to keep their bikes off the velodrome except at marked points and please DO NOT ride on the velodrome - we have to clean all the crossing points at the end of the day to prevent punctures for other venue users.

3. Travelling to the event

Herne Hill Velodrome can be found at 104 Burbage Road SE24 9HE. It is close to the South Circular Road A205 in Dulwich.

Please note that there is very limited parking onsite, so for those that can do so, it will be best to try to arrive by bike, or by public transport. Nearby rail stations include Herne Hill, North Dulwich, Tulse Hill, and West Dulwich.

The onsite parking is expected to fill up early on, after which time it will be necessary to find local on-street parking. Do please be considerate to our neighbours and be careful not to block driveways. There are changing facilities, toilets and space to put rollers onsite - please use these and not the streets.

While the Velodrome is outside the congestion charge zone, it is [just WITHIN the ULEZ zone](#), which is in operation 24/7. There is a £12.50 daily charge for older vehicles (NB make sure you only pay via official TfL websites, as there are some fraudulent ones out there!)

4. Sign on

If you have entered any of Rounds 1 to 4 and already have your back number and tailfin number, you need to bring these. You will not need to visit sign on for this race.

If this event is the first time you have raced in the London & South East League this season, please collect your race numbers from inside the pavilion. You will need to keep these and bring them every time you race in this year's league.

We suggest you allocate 5-10 minutes to set up the number pack and timing chip. Riders are not required to sign anything, and are to use these race numbers for all events in the League. Riders will be confirmed at the event by the timing system picking up their timing chip at the start of the race. This means that you will not have to revisit sign-on at any other event you enter in advance once you have your race number pack.

If you have forgotten your numbers, you will need to visit the timing tent and collect a 'Bib of Shame' which you must return after your race. This will be your race number for the day only.

5. Toilets and Showers

Toilets and showers are located in the pavilion. If the weather is wet, please take muddy shoes off. (NB at the time of writing the forecast looks like being dry, but you never know)

6. Course map



7. Catering

Food and drink is provided at two outlets:

- Herne Hill Youth CC Catering tent
- Jan's Cafe (upstairs in the pavilion)

8. Parking

If you're arriving by car there is limited parking onsite. This is expected to fill up early in the day. After this, free parking is available on surrounding streets. Please be respectful of our neighbours and help us maintain our good relationship with them, keeping noise to a minimum and parking considerately.

9. Event Officials

Event Organiser – Bill Wright

Email: wxwright@msn.com

Chief Judge – Chris Clague

Timekeeping – LCCA Timing Team

British Cycling Chief Commissaire – John Beggs

British Cycling Commissaire 2 – Jon Goodge

British Cycling Commissaire 3 – Peter Lloyd

Course Design – Myfanwy Meeran

First Aid Provider – Collingwood Medical Services

Governing Body – British Cycling

Cakes and biscuits – members of HHYCC

10. Race Programme and timetable

Sign-on (number collection) opens at 8.45

Race	Gridding	Race start	Race length
Practice 1	9.00 to 9.25		
U10	9.25	9.30	10 mins
U8	9.25	9.30	10 mins
U12	9.45	9.50	15 mins
Youth A/Youth B	10.15	10.20	30 mins
Practice 2	11.00 to 11.25		
Vet 50+ Men	11.25	11.30	40 mins
Women (all cats)	12.25	12.30	40 mins
Practice 3	13.20 to 13.40		
Junior & V40+ Men	13.45	13.50	40 mins
Senior Men	14.45	14.50	60 mins

Practice times – Please note that course open times are provisional as dependent on lap times and conditions. Please look for the green course open and red closed flags for accurate info on when you can get on the course.

Riders are only allowed to ride on the course if they have entered a race at the event and are displaying their race number on the bike.

Gridding – Gridding will be created for each event race and advertised on the league results website and Facebook page before the event, any queries in gridding may be raised on Friday via email as posted on the results site. Please visit the London and South East CycloCross Website [rules section](#) for a full explanation of how the gridding has been created. If you believe that you should be brought forward, then you must talk to the commissaires BEFORE they begin gridding. This is at least 15 minutes before race time. Please note that the commissaire's decision is final.

11. Prize List, presentation times and results

Prizes will be awarded for the top 3 in each category (top 5 for Senior, V40 and V50s - NB only 1 prize awarded per person)

Rouleur has very kindly donated additional prizes including free tickets to the [Rouleur Live](#) show on November 3rd - 5th

Subject to the results being available, please see the approximate times below for presentations.

Podium Presentation	
U8/10/12/14/16	11.00
Vet 50+ Men Women	13.30
Junior Vet 40+ Men	15.00
Senior Men	16.00

Results

Race Results and overall league tables will be published online as soon as feasible after each race. Race queries can be made up to 6pm on the Tuesday after each race by emailing admin@londonxleaguereults.co.uk. Once finalised the results will be sent to BC update events page and allocate national rankings points.

12. Technical Regulations

The event is run under the rules of the British Cycling Federation:
https://www.britishcycling.org.uk/zuvvi/media/bc_files/rulebook/2018/british-cycling-handbook-2019.pdf

London and South East Cyclo Cross rules and info on league available here:
<https://www.londonxleague.co.uk/rules/>

Results will be published on the London and South East Cyclo Cross website and Facebook pages pretty much on the day of racing at:

<https://www.londonxleague.co.uk/results/>

13. First Aid and local hospitals

First Aid is provided by:

Collingwood Services Ltd (part of the Collingwood Group)

Suite 5, Minton House

Amesbury Distribution Park, London Road

Amesbury SP4 7RT

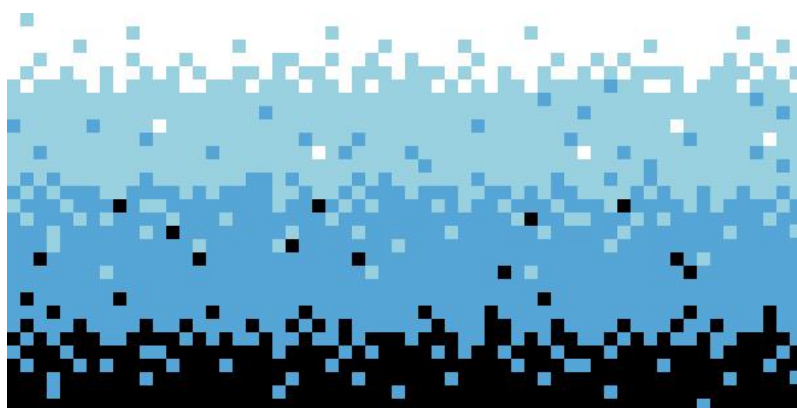
Tel - 01980 623 820

admin@collingwoodservices.co.uk

First aid on the day will be Lee and Karen. Mobile 07775 511623.

Local Hospitals:

- Kings College Hospital (2 miles)
Denmark Hill
London SE5 9RS
020 3299 9000
- St George's Hospital (4 miles)
Blackshaw Road
London SW17 0QT
020 8672 1255



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