



**Challenge Tires London & South East
Cyclo-Cross League Round 8-and Round 4
of the Sussex League
Sunday 4th February
Preston Park
Brighton BN1 6LA**

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Technical Manual. Class – British Cycling Category B

1. Introduction

Brighton Mitre CC are delighted to host the return to CX racing in Brighton at the much loved and previously very popular course in Preston Park!

The event has two main sections, starting and finishing in the velodrome.

The long leg descends via the trees on the Eastern flank of the park running parallel to Preston Park Avenue (see maps lower down).

The route will be more or less the same as in previous seasons.

2. About the course

Race HQ and the beating heart of the event will once again be in the Velodrome where both the main and U12s courses start and finish. There will be plenty of zigzags and tricky single track before the Adult and Youth course ventures out of the top gate onto the long straight tree lined downhill. Please watch your speed here!

The path opens out at the bottom corner outside the velodrome with some switchbacks in the softer ground before heading down to the open wooded section where the course criss-crosses between the trees towards the bottom end of the park before doubling back up to the velodrome. There will be a log challenge down at the bottom section just after the course turns northward. Re-gaining access to the velodrome is via the challenging but short ramp that may have a few people jumping off their bikes!

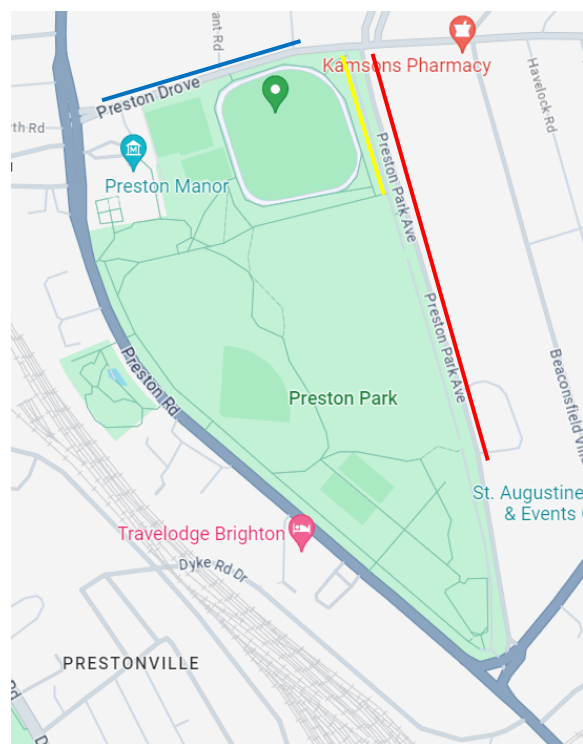
The under 12s race will be mainly contained within the velodrome area as previously so the whole course can be easily enjoyed by parents/spectators!

3. Travelling to the event and parking

The event is at the Velodrome in Preston Park, Preston Drove, BN1 6LA

<https://w3w.co/beyond.flood.pitch>

There is limited parking in the gravel car park (yellow on map) in the North East corner of the park. Note that this is a council run pay and display car park which is likely to be busy as there will be other sporting activities taking place in the park on the day. There is additional pay and display on street parking on Preston Park Avenue (red on map) and on Preston Drive (blue on map). The surrounding residential streets also have some pay and display bays but are predominantly resident only parking. Wherever you park please do so with due consideration for other park users and local residents in order to maintain the good reputation of cycle racing events.



Most competitors will already have race numbers given where we are in the season. However if you need to collect your race number pack it will be available from the HQ/Sign on Gazebo. You will need to keep these and bring them every time you race in this year's league.

We suggest you allocate 5 minutes to set up the number pack and timing chip. Riders are not required to sign anything, and are to use their race number for all events in the League. Riders will be confirmed at the event by the timing system picking up their timing chip at the start of the race. This means that you will not have to revisit sign-on at any other event you enter in advance once you have your race number pack.

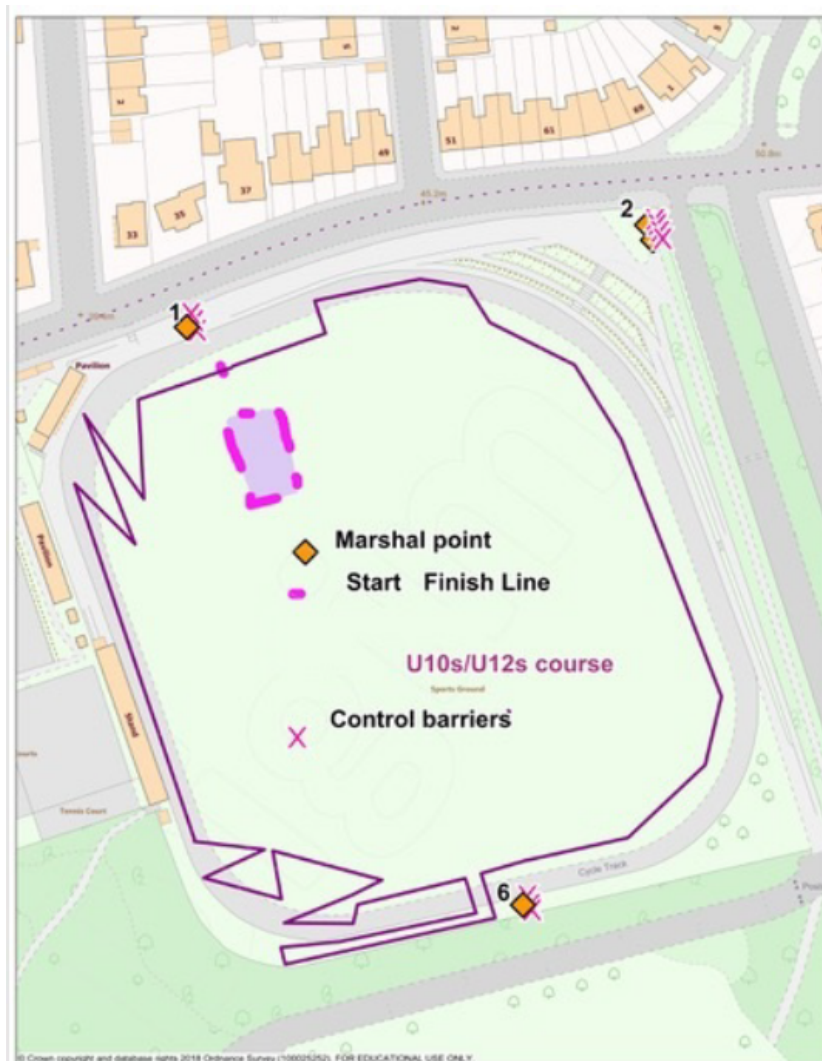
5. Toilets and changing rooms

Toilets and changing rooms are situated inside the Cricket Pavilion

6. Course map Full



7. Course map U12



8. Catering

We have a few options available that should ensure something for everyone and hopefully keep the queues down!

- The popular Belgian Fries van will be with us...in addition to the fries and many condiment options, hot and cold drinks are available.
- Mikes coffee van...barista made hand crafted specialist coffee and other hot drinks plus various snacks.
- The cricket club kitchen will provide a selection of hot and cold drinks and snacks, bacon rolls, toasted sarnies, home-made cakes and other snacks.

The two vans will be situated next to the storage containers (on the left on the map above) and accessible via the path from the grandstand.

9. Event Officials

Event Organiser – Clare Johnson

Email: clarej50@gmail.com

Chief Marshal – Andrew Bernard

Chief Judge – LCCA Timing Team

Timekeeping – LCCA Timing Team

British Cycling Chief Commissaire – Stuart McGhee

British Cycling Commissaire 2 – Sarah Cook

British Cycling Commissaire 3 – Peter Lloyd

Course Design – Nathan Cozens for 2024/based on course design by Anthony Rogers

First Aid Provider – Collingwood Medical Services

Governing Body – British Cycling

10. Race Programme and timetable

Race	Sign on Open	Gridding	Race Start	Duration
Practice 1	9.00 to 9.25			
Under 10	8.45	9.25	9.30	10 mins
Under 8	8.45	9.25	9.30	10 mins
Under 12	8.45	9.45	9.50	15 mins
Under 14/16	8.45	10.15	10.20	30 mins
Practice 2	11.00 to 11.25			
Vet 40 and Junior Open	10.00	11.25	11.30	40 mins
Female (All Cats)	10.00	12.25	12.30	40 mins
Practice 3	13.20 to 13.45			
Vet 50/60+ Open	11.00	13.40	13.50	40 mins
Senior and U23 Open	11.00	14.45	14.50	60 mins

Practice times – Please note that course open times are provisional as dependent on lap times and conditions. Please look for the green course open and red closed flags for accurate info on when you can get on course.

Gridding – Gridding will be created for each event race and advertised on the league results website and facebook page before the event, any queries in gridding may be raised on friday via email as posted on the results site. Please visit the London and South East CycloCross Website [rules section](#) for a full explanation of how the gridding has been created.

11. Podium Presentation times and results

Podium Presentation	
U8/10/12/14/16	11.00
Vet 40 Open and Junior Open and All Female Categories	13.30
Vet 50/60+ Open	15.00
Senior and U23 Open	16.00

Results

Race Results and overall league tables will be published online as soon as feasible after each race. Race queries can be made up to 6pm on the Tuesday after each race by emailing admin@londonxleaguereults.co.uk. Once finalised the results will be sent to BC update events page and allocate national rankings points.

12. Technical Regulations

The event is run under the rules of the British Cycling Federation
<https://www.britishcycling.org.uk/zuvvi/media/media/press/9> - [Cyclo-Cross Regulations - BC 2022 HANDBOOK-Linked-Split.pdf](#)

London and South East Cyclo Cross rules and info on league available here
<http://www.londonxleague.co.uk/rules/>

Results will be published on the London and South East Cyclo Cross website and Facebook pages pretty much on the day of racing

Any queries on results please visit here for info how to do this
admin@londonxleaguereults.co.uk.

13. First Aid and local hospitals

First Aid is provided by:

Collingwood Services Ltd (part of the Collingwood Group)
Suite 5, Minton House
Amesbury Distribution Park, London Road
Amesbury SP4 7RT
Tel - 01980 623 820
admin@collingwoodservices.co.uk

Local Hospitals

Royal Sussex County Hospital, Eastern Rd, Brighton BN2 5BE