



**London and South East
Cyclo Cross League**

**CRAWLEY
WHEELERS**

London & South East CycloCross League Team Championships 2022

Sunday 13th February 2022

South of England Showground (South Gate)
Selsfield Road
Ardingly
West Sussex
[RH17 6TL](#)

ENTRANCE AT THE NORTH GATE

Technical Manual

Introduction

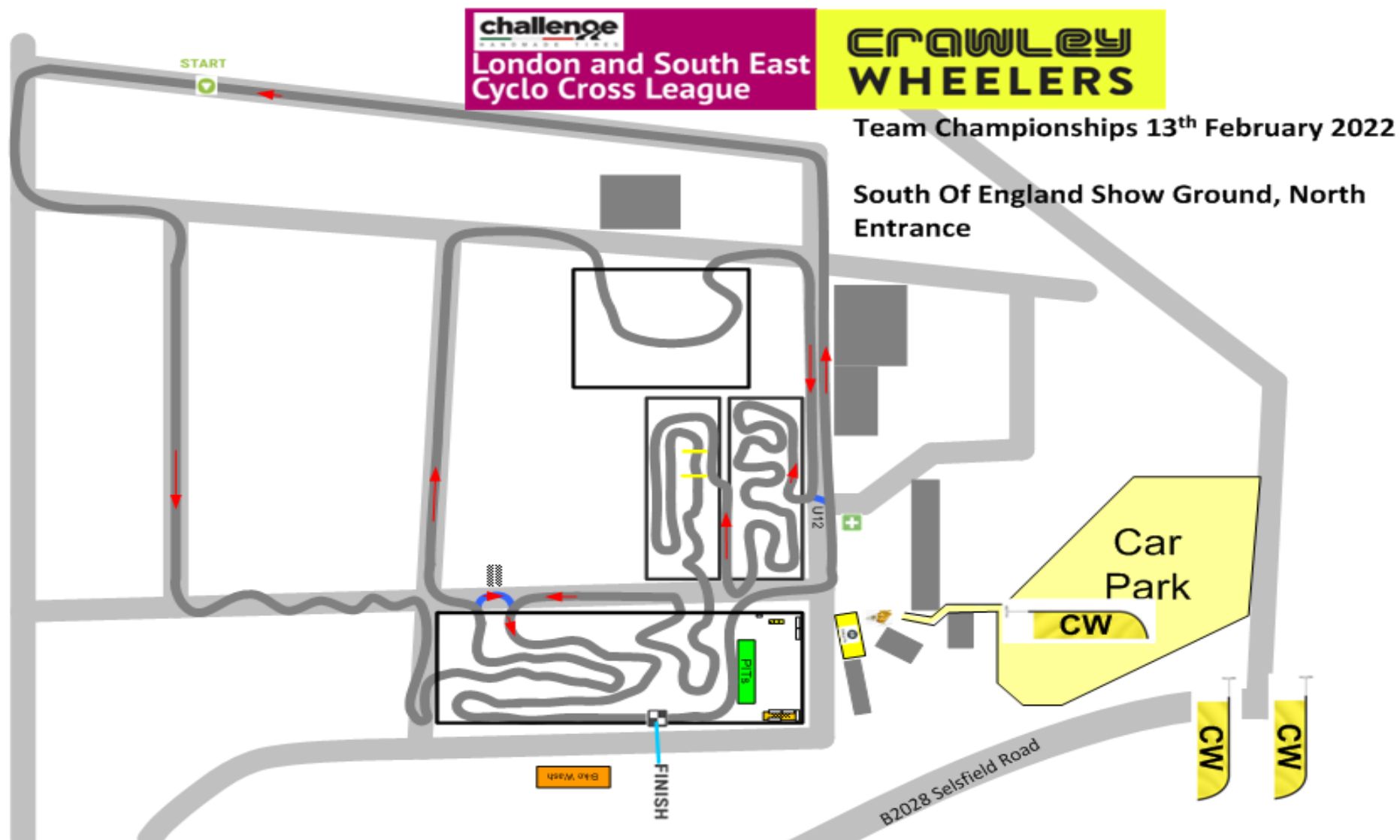
Crawley Wheelers once again welcomes you to the South of England Showground at Ardingly. This time for the Team Championships and End Of Season Prize Presentation 2022. For this we make use of the 3300m² of compressed sand in the Abergavenny Building.

Please have a read of the following information over the next few pages which hopefully should make the event run smoothly.

About the course

- The event is centred around the sand in the Abergavenny building and the two adjacent sand schools each providing a different surface to race upon.
- The course utilises the tarmac roads to link these features together.
- With Zero elevation it is all about those tight technical turns, powering through the sand and unusually for CX, drafting on the tarmac.
- The race will start on a tarmac section away from the barn on a short tarmac section and will wind through several turns before entering the sands.

Venue and course map



I. Parking

If you're arriving by car then entrance is through the North Gate where there is a large hard standing car park for 300+ cars.

1. Please do not park out on the main road.
2. Please do not park on the grass except for in designated areas.
3. Please take care in the car park as this is also open to members of the public who regularly use it to walk their dogs. Also young children are often in the area on bikes or other wheeled devices.
4. Please park responsibly. There is plenty of room for all competitors and other users if everyone is considerate.

There will be Crawley Wheelers feather flags marking the entrance to the event site. Please follow these and find a space to set up camp.

2. Event Officials

Event Organiser – Simon Lang

Chief Judge – Rob Sones

Timekeeping – LCCA Timing Team

British Cycling Commissaires –

First Aid Provider – Collingwood Medical Services

Governing Body – BritishCycling@org.uk

3. Event Time Table

			Start time of rider....			
Race	Start	Length of race	1	2	3	4
Under 12	10am	15 mins	0	30 secs	1 minute	1.5 mins
Youth	10.45am	30 mins	0	30 secs	1.5 mins	3 mins
Presentation (U8/10/12/14/16)	11.45am	30mins				
Support Team Champs	12.45am	50 mins	0	1.5 mins	3 mins	4 mins
Open Team champs	14.15pm	50 mins	0	1.5 mins	3 mins	4 mins
Presentation (Jun/Sen/Vet 40/50/60+)	15.45pm	60mins				

Practise Times – Course should be open from 09:30 for 1st practise. At this point the diversions will be in place for the U12s race but also the full course will be open. Please take care.

2nd practise will be after the 1st Presentation at approx. 12:15.

If this is your first (and last) race this season then you need to collect your race pack from the sign on table inside the Abergavenny barn.

Each team captain (or nominee) will need to collect the team's helmet stickers from the sign on table. These are numbered 1-4 and each team member should wear one and line up in the corresponding start line bay. Commissaires will be checking.

SignOn is open to all from early.

4. General

Practice times – Please note that the course will be open for practice before the Under12s race, but there will be diversions in place for U12s (look for the blue arrows) and the hurdles will not be in position. After the U12s race, all diversions will be taken down and the hurdles re-instated.

Gridding – There is no gridding as such. As this is a team event you should decide amongst you team what your start order is going to be, and then simply line up in the correct starting bay. There will be a maximum of 40 riders per start bay so even if you don't get to the line first, you won't be far behind. Please note that any decision made by the commissaires is final.

PITs – There will be a small PIT area at the end of the finish straight inside the barn, but with ZERO mud it should be just like the recent World CX Championships rather than the British Nationals and we don't really see a need for a spare bike...maybe one per team? If you do place equipment in there then please keep it tidy

Catering – Next to the sign on table inside the barn, Crawley Wheelers will be having our usual array of hot drinks, rolls, home made cakes and other goodies to keep you going. In addition to this, 'Real Belgian Fries' will be on site throughout the day to feast on.

Please use the bins provided or take your litter home with you.

Hand back your numbers - After the race has finished it would be great if you could leave with us your jersey mounted number and bike mounted numbers as we can recycle these for next season.

There will be a large bin placed by the podiums for you to place them in and if you could give them a clean first that would be great.

6. Technical Regulations

Event run under the rules of the British Cycling Federation https://www.britishcycling.org.uk/zuvvi/media/bc_files/rulebook/2018/british-cycling-handbook-2019.pdf

London and South East CycloCross rules and info on league available here <http://www.londonxleague.co.uk/rules/>

Results will be published on the London and South East CycloCross website and Facebook pages (but there may be a delay)

Any queries on results please visit here for info how to do this <http://www.londonxleague.co.uk/results/>

Thanks to Sutton CC for the original design and layout of this document too.