



# **Challenge Tires London & South East Cyclo-Cross League Round 9**

**Sunday 23<sup>rd</sup> January 2022**

**Herne Hill Velodrome  
104 Burbage Rd  
London  
SE24 9HE**

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# Technical Manual. Class – British Cycling Category B

## 1. Introduction

Dulwich Paragon welcomes you to Herne Hill Velodrome for the final point scoring event in this seasons LCCA Calendar.

### Safeguarding against Covid19

1) If you have coronavirus symptoms - **Do not attend the event**

- a high temperature
- a new, continuous cough
- a loss of, or change to, your sense of smell or taste

2) You are required to follow the BC COVID-19 Discipline Code (copy attached)

3) Wearing of Masks & Face Coverings for indoor spaces only including the sign on and any public toilets.

## 2. About the course and event

With little rain forecast for the rest of the week the ground will dry out and the riding will be fast, furious and shed of load of fun. As to be expected we've included those stalwart features you know and love so well, the lovely little off cambers, the squiggly bits and of course, the clamber up Big Bob and down Little Bob intermingled with loads of opportunity to overtake....

We've included a first lap cut off loop, in short, from the start line you'll race around part of the inner circuit, leave the velodrome and follow the perimeter dropping back into the track centre, this should avoid the usual pile up at the first 'feature'.

Off course from midday racers will be raucously supported by the Blocofogo Samba band who will be dancing and drumming away for the afternoon.

There's food and beer from Jan's Café in the Pavilion and the Belgium Frites van aside the course.

Going to be a great race and fun event to watch, so do encourage family and friends to come along and support you.

### 3. Traveling to the event

Venue Postcode – SE24 9HE

If you're travelling by car please note Herne Hill Velodrome is within London's **new ULEZ** zone – this operates 24/7 and includes **SUNDAY** – check if you have to pay and how here: <https://tfl.gov.uk/modes/driving/ultra-low-emission-zone>

(Mr Sadiq is short of money, failure to comply/register/pay on time will cost you a lot of money, you have been warned!)

Alternatively, there are loads of trains, local stations Herne Hill and North Dulwich are a stone's throw away.

Finally, the velodrome opens at 8.30 am, please don't arrive any earlier, the gates will be closed.

### 4. Sign on

Sign on will be located in the Pavilion. If you have raced in this season's series and have your number and bike tags, there is no reason to visit sign on.

Please keep to the allocated times that sign on is open for your category.

Riders are only allowed to ride on the course if they have entered a race at the event and are displaying their race number on the bike.

Even though we have allocated sign on times for each category, we will allow a family to collect all family rider numbers in the sign on allocation timing of the first race entered (Example under 8 and Vet 40 Women and Vet 40 Man, we would allow all riders number packs to be collected in the allocated time for the under 8 rider which is 8.45am to 9.30am)

The process for Sign on - Rider turns up and states their name, Sign on team will provide a race number pack in an envelope. Rider leaves the area. We suggest you allocate 5 minutes to set up the number pack and timing chip.

Riders are not required to sign anything, and are to use their race number for all events in the League. Riders will be confirmed at the event by the timing system picking up their timing chip at the start of the race. This means that you will not have to revisit sign-on at any other event you enter in advance once you have your race number pack.

**So if you have if you your number and bike tag from a previous race this season, you will not have to visit sign on**

## 5. Site facilities

1. Toilets are in the pavilion.
2. Refreshments are available from Jan's Café in the Pavilion and from the Belgium Frites van in the car park.
3. There is no water or electricity at the pits
4. Changing facilities are in the Pavilion – please if parked on the street use the Pavilion's facilities and don't scare the natives.
5. There's plenty of space within the velodrome to set up warm-up rollers etc. – please do not set up rollers in the local streets.

## 6. Aspirational Course Map



## 7. Parking

Parking at the velodrome is limited however there's ample free parking on local streets.

## 8. Event Officials

**Event Organiser** – Charlie Codrington

Email: [charlie@hiddentrackscycling.co.uk](mailto:charlie@hiddentrackscycling.co.uk)

**Chief Marshal** – Esther Darbkin Reiter

**Chief Judge** – TBC

**Timekeeping** – LCCA Timing Team

**British Cycling Chief Commissaire** – Tony Millar

**British Cycling Commissaire 2** – Peter Lloyd

**British Cycling Commissaire 3** – Phil Jemmison

**First Aid Provider** – Collingwood Medical Services

**Governing Body** – British Cycling



## 9. Race Programme and timetable

Race	Sign on Start	Sign on Close	Gridding	Race Start	Duration
Practice 1	9.00 to 9.25				
Under 10	8.45	9.30	9.25	9.30	10 mins
Under 8	8.45	9.30	9.25	9.30	10 mins
Under 12	8.45	9.30	9.45	9.50	15 mins
Under 14 + Under 16	8.45	10.00	10.15	10.20	30 mins
Practice 2	11.00 to 11.25				
Vet 50 plus Men	10.00	11.00	11.25	11.30	40 mins
Women (All Cats)	10.30	12.00	12.25	12.30	40 mins
Practice 3	13.20 to 13.40				
Junior + V40 Men	12.00	13.15	13.40	13.50	40 mins
Senior Men	12.45	14.15	14.45	14.50	60 mins

**Practice times** – Please note that course open times are provisional as dependent on lap times and conditions. Please look for the green course open and red closed flags for accurate info on when you can get on course. This will be visible as you approach the course from the car park and sign on area.

**Gridding** – Gridding will be created for each event race and advertised on the league results website and facebook page before the event, any queries in gridding may be raised on friday via email as posted on the results site. Please visit the London and South East Cyclo Cross Website rules section for a full explanation of how the gridding has been created. If you believe that you should be brought forward, then you must talk to the commissaires BEFORE they begin gridding. This is at least 15 minutes before race time. Please note that the commissaire's decision is final.

## 10. Prize List, presentation times and results

**This season there will be no prize presentations at the League rounds, however, there will be a prize presentation at the Team Champs.**

### Results

Race Results and overall league tables will be published online as soon as feasible after each race. Race queries can be made up to 6pm on the Tuesday after each race by emailing [admin@londonxleaguerevents.co.uk](mailto:admin@londonxleaguerevents.co.uk). Once finalised the results will be sent to BC update events page and allocate national rankings points.

## **11. Technical Regulations**

The event is run under the rules of the British Cycling Federation

[https://www.britishcycling.org.uk/zuvvi/media/bc\\_files/rulebook/2018/british-cycling-handbook-2019.pdf](https://www.britishcycling.org.uk/zuvvi/media/bc_files/rulebook/2018/british-cycling-handbook-2019.pdf)

London and South East Cyclo Cross rules and info on league available here

<http://www.londonxleague.co.uk/rules/>

Results will be published on the London and South East Cyclo Cross website and Facebook pages pretty much on the day of racing

Any queries on results please visit here for info how to do this

<http://www.londonxleague.co.uk/results/>

## **12. First Aid and local hospitals**

First Aid is provided by:

Collingwood Services Ltd (part of the Collingwood Group)

Suite 5, Minton House

Amesbury Distribution Park, London Road

Amesbury SP4 7RT

Tel - 01980 623 820

[admin@collingwoodservices.co.uk](mailto:admin@collingwoodservices.co.uk)

First aid on the day will be Lee and Karen. Mobile 07775 511623.

Local Hospitals:

Kings College Hospital

Denmark Hill

SE5 9RS

020 3299 9000