



## **Challenge Tires London & South East Cyclo-Cross League Round 7**

**Sunday 7<sup>th</sup> November 2021**

**Cyclopark  
The Tollgate  
Wrotham Road  
Gravesend  
Kent  
DA11 7NP**

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# Technical Manual. Class – British Cycling Category B

## 1. Introduction

Welcome to Round 7 of the London and South East Cyclo Cross League at Cyclopark. This venue is well known for hosting multiple League events, Regional Champs, National Trophy rounds and of course the highlight of the National Champs as of a few years ago. Course designer supremo Huw Williams and his team of course builders has designed and built a great course for you all that will be loosely based on the National Trophy course for Mid December.

### Safeguarding against Covid19

1) If you have coronavirus symptoms - **Do not attend the event**

- a high temperature
- a new, continuous cough
- a loss of, or change to, your sense of smell or taste

2) You are required to follow the BC COVID-19 Discipline Code (copy attached)

## 2. About the course

- Both the Under 8/10/12 course and full course will have the finish line down by the pit area bowl.
- The full course starts at pretty much the furthest point from the car park and will start on a wide grassy climb leading up through the finish line and then in the adverse cambers.
- There will be small climbs, flat sections, off camber descents and a section for some hurdles'
- The course will be mainly 3m wide with plenty of wide over taking sections through the course.

## 3. Traveling to the event

- Cyclopark is well signposted off the A2 by Gravesend, easy access from M25

## 4. Sign on

Sign on will be located under the Sigma Sports Gazebo that will be situated down in the pits area bowls close to the Finish Line.

Please keep to the allocated times that sign on is open for your category.

Riders are only allowed to ride on the course if they have entered a race at the event and are displaying their race number on the bike.

Even though we have allocated sign on times for each category, we will allow a family to collect all family rider numbers in the sign on allocation timing of the first race entered (Example under 8 and Vet 40 Women and Vet 40 Man, we would allow all riders number packs to be collected in the allocated time for the the under 8 rider which is 8.45am to 9.30am)

The process for Sign on - Rider turns up and states their name, Sign on team will provide a race number pack in an envelope. Rider leaves the area. We suggest you allocate 5 minutes to set up the number pack and timing chip. Riders are not required to sign anything, and are to use their race number for all events in the League. Riders will be confirmed at the event by the timing system picking up their timing chip at the start of the race. This means that you will not have to revisit sign-on at any other event you enter in advance once you have your race number pack.

**If you already have your race number pack from previous rounds of the league this season, you do not have to visit sign on**

## 5. Toilets and Showers

Toilets and showers are located in Cyclo park building complex and 2 portaloos will also be situated in the Pits areas

## 6. Venue and course map



## 7. Parking

If you're arriving by car, please drive up the main road to Cyclopark whereby you will be greeted by a Car Park Marshal who will direct where you are to park. Parking will be £1.20 for a 3 hour stay and £3.60 for all day as per standard charges and if you can pay at reception, they take cash or card.

## 8. Event Officials

**Event Organiser** – Stuart McGhee

Email: [stuart.mcghee96@gmail.com](mailto:stuart.mcghee96@gmail.com)

[Mobile: 07907 107 056](tel:07907107056)

**Chief Marshal** – Glen Whittington

**Chief Judge** – LCCA Timing Team

**Timekeeping** – LCCA Timing Team

**British Cycling Chief Commissaire** – Tony Millar

**British Cycling Commissaire 2** – John Beggs

**British Cycling Commissaire** – Peter Lloyd

**British Cycling Chief Trainee Commissaire** – Brian Gardner

**First Aid Provider** – Collingwood Medical Services

**Governing Body** – British Cycling

## 9. Race Programme and timetable

Race	Sign on Start	Sign on Close	Gridding	Race Start	Duration
Practice 1	9.00 to 9.25				
Under 10	8.45	9.30	9.25	9.30	10 mins
Under 8	8.45	9.30	9.25	9.30	10 mins
Under 12	8.45	9.30	9.45	9.50	15 mins
Under 14 + Under 16	8.45	10.00	10.15	10.20	30 mins
Practice 2	11.00 to 11.25				
Vet 50 plus Men	10.00	11.00	11.25	11.30	40 mins
Women (All Cats)	11.00	12.00	12.25	12.30	40 mins
Practice 3	13.20 to 13.40				
Junior + V40 Men	12.00	13.15	13.40	13.50	40 mins
Senior Men	13.15	14.15	14.45	14.50	60 mins

**Practice times** – Please note that course open times are provisional as dependent on lap times and conditions. Please look for the green course open and red closed flags for accurate info on when you can get on course. This will be visible as you approach the course from the car park.

**Gridding** – Gridding will be created for each event race and advertised on the league results website and facebook page before the event, any queries in gridding may be raised on friday via email as posted on the results site. Please visit the London and South East Cyclo Cross Website rules section for a full explanation of how the gridding has been created. If you believe that you should be brought forward, then you must talk to the commissaires BEFORE they begin gridding. Their decision is final.

## 10. Presentation times and results

The Podium will be situated close to the Sigma Sports Sign on gazebo, next to the finish line. We will be holding the presentations for top 3 male and female at the following times and will announce on the loudspeaker.

11.00 - All under 8/10/12 and Under 14/16 youths

13.30 - Vet50 and 60+ men and All Women Jun/U23/Sen/Vet40/Vet50/Overall

15.00 - Junior Men and Vet 40 men

16.00- Under 23 Men and Senior Men

## Results

Race Results and overall league tables will be published online as soon as feasible after each race. Race queries can be made up to 6pm on the Tuesday after each race by emailing [admin@londonxleaguerevents.co.uk](mailto:admin@londonxleaguerevents.co.uk). Once finalised the results will be sent to BC update events page and allocate national rankings points.

## 11. Technical Regulations

The event is run under the rules of the British Cycling Federation  
[https://www.britishcycling.org.uk/zuvvi/media/bc\\_files/rulebook/2018/british-cycling-handbook-2019.pdf](https://www.britishcycling.org.uk/zuvvi/media/bc_files/rulebook/2018/british-cycling-handbook-2019.pdf)

London and South East Cyclo Cross rules and info on league available here  
<http://www.londonxleague.co.uk/rules/>

Results will be published on the London and South East Cyclo Cross website and Facebook pages pretty much on the day of racing

Any queries on results please visit here for info how to do this  
<http://www.londonxleague.co.uk/results/>

## 12. First Aid and local hospitals

First Aid is provided by:  
Collingwood Services Ltd (part of the Collingwood Group)  
Suite 5, Minton House  
Amesbury Distribution Park, London Road  
Amesbury SP4 7RT

Tel - 01980 623 820  
[admin@collingwoodservices.co.uk](mailto:admin@collingwoodservices.co.uk)

First aid on the day will be Lee and Karen. Mobile 07775 511623.

Local Hospitals:

Princes Royal Hospital A&E (5.5 miles)  
Lewes Road, Haywards Heath, West Sussex RH16 4EX  
Tel: 01444 441881  
East Surrey Hospital A&E (13.7 miles)  
Redhill, Surrey, RH1 5RH

Tel: 01737 768511