



Challenge Tires London & South East Cyclo-Cross League Round 2 and Sussex League Round 2

Sunday 18th September 2022

Pippingford Park Manor,
Nutley,
Uckfield,
[TN22 3HW](#)

Table of Contents

<i>Technical Manual. Class – British Cycling Category B</i>	3
Introduction	3
About the course	3
Travelling to the event	4
Sign on	4
Toilets	4
Course map full	5
Course map U8/10/12	6
Catering	7
Parking	7
Event Officials	7
Race Programme and timetable	8
Podium presentation times and results	8
Technical Regulations	9
First Aid and local hospitals	9

Technical Manual. Class – British Cycling Category B

1. Introduction

The Crawley Wheelers welcomes you to Round 2 of the Challenge Tires London & South-East Cyclocross League.

As a mark of respect for Queen Elizabeth II, we shall pause for a 1 minute silence at 11.28 before the start of the Vet 50 men race.

Safeguarding against Covid19

1) If you have coronavirus symptoms - **Do not attend the event**

- a high temperature
- a new, continuous cough
- a loss of, or change to, your sense of smell or taste

2. About the course

Starting across the hill slope the riders have approx 120m straight before then snake up through the treeline before plunging down the field and into the open woodland area. This area provides twists and turns along with a punchy climb through the trees before heading down to the grassy bottom section. Here you'll find the legendary CW hurdles and a section with loops and turns on the grass. After these riders will tackle the long drag up the gravel path towards the pit area, it's going to be tough! After passing the pits riders get a breather as they head down the track to the bottom of the dense woods. Once in the woods they'll navigate a technical section around the trees before a short sharp climb fires them back up onto the track towards the final section. This is an off-camber grassy bank which leads them back to the start.

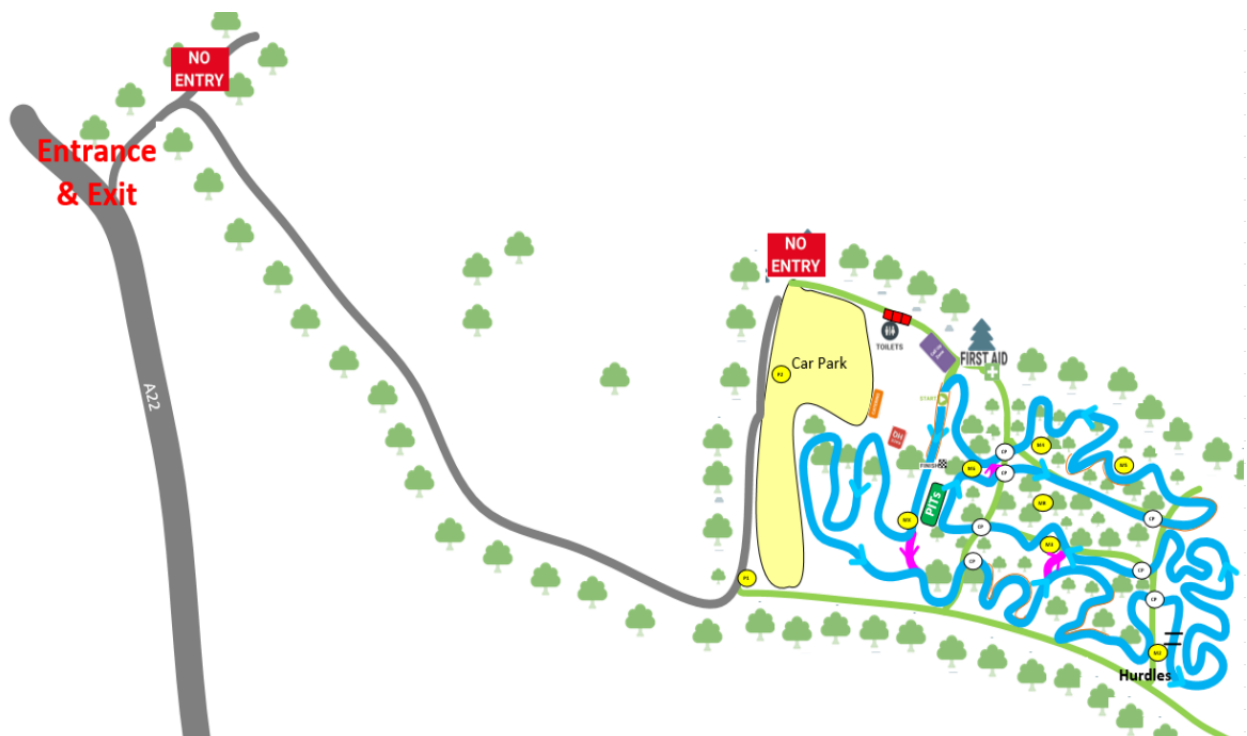
The U12 course will cut off before they head down the first wooded section to the grass and then again after the pits. They'll still get some technical sections after the finish, in the first wooded section and the grassy bank.

We have a double pit - it's a bit biased towards the dense wooded section, but we think this is where riders are most likely to have issues anyway.

3. Travelling to the event

Pippingford Park is just off the A22 between Wych Cross and Nutley. The entrance is by a parking layby and will be signposted with Crawley Wheelers flags.

The nearest railway station is East Grinstead which is about 8 miles away.



4. Sign on

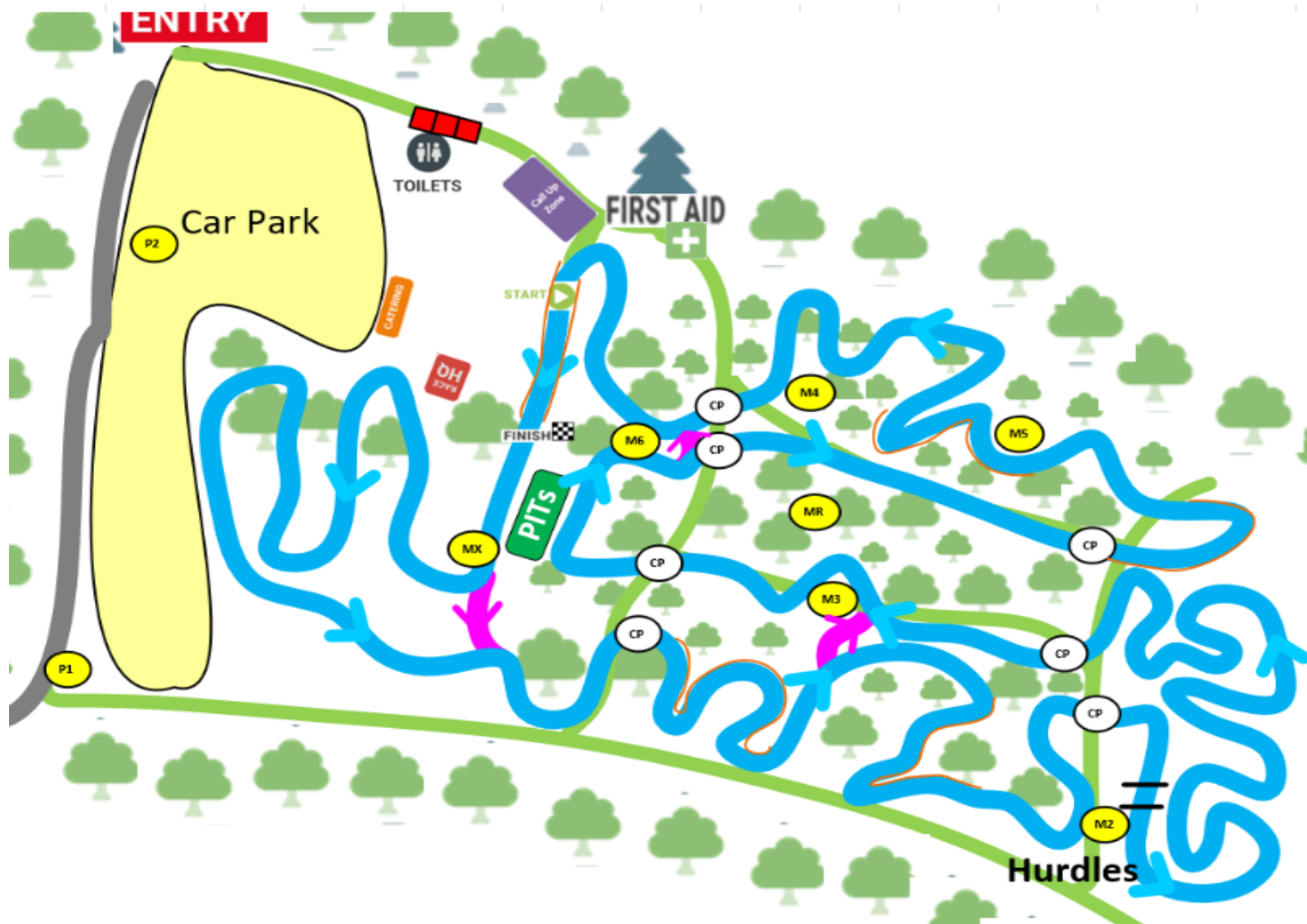
Please collect your race number pack from the Sign on Gazebo. You will need to keep these and bring them every time you race in this year's league.

We suggest you allocate 5 minutes to set up the number pack and timing chip. Riders are not required to sign anything, and are to use their race number for all events in the League. Riders will be confirmed at the event by the timing system picking up their timing chip at the start of the race. This means that you will not have to revisit sign-on at any other event you enter in advance once you have your race number pack.

5. Toilets and Showers

Portaloos are situated in the car park as detailed on map below

6. Course map Full



7. Catering

There will be a Crawley Wheelers café with hot drinks, cakes and snacks and Belgian frites van.

8. Parking

Large grass car park right next to the course. **It's on a slope so please park across the slope - not facing up or down hill** - and with consideration for other people.

9. Event Officials

Event Organiser – Stuart Nisbett

Email: stunisbett@gmail.com

Chief Marshal – Simon Lang

Chief Judge – LCCA Timing Team

Timekeeping – LCCA Timing Team

British Cycling Chief Commissaire – Stuart McGhee

British Cycling Commissaire 2 – John Beggs

British Cycling Commissaire 3 – Peter Lloyd

Course Design – Stuart Nisbett/Doug Fox/Simon Lang

First Aid Provider – Collingwood Medical Services

Governing Body – British Cycling

10. Race Programme and timetable

Race	Sign on Start	Sign on Close	Gridding	Race Start	Duration
Practice 1	9.00 to 9.25				
Under 10	8.45	9.30	9.25	9.30	10 mins
Under 8	8.45	9.30	9.25	9.30	10 mins
Under 12	8.45	9.30	9.45	9.50	15 mins
Under 14 + Under 16	8.45	10.00	10.15	10.20	30 mins
Practice 2	11.00 to 11.25				
Vet 50 plus Men	10.00	11.00	11.25	11.30	40 mins
Women (All Cats)	11.00	12.00	12.25	12.30	40 mins
Practice 3	13.20 to 13.40				
Junior + V40 Men	12.00	13.15	13.40	13.50	40 mins
Senior Men	13.15	14.15	14.45	14.50	60 mins

Practice times – Please note that course open times are provisional as dependent on lap times and conditions. Please look for the green course open and red closed flags for accurate info on when you can get on course.

Gridding – Gridding will be created for each event race and advertised on the league results website and facebook page before the event, any queries in gridding may be raised on friday via email as posted on the results site. Please visit the London and South East CycloCross Website [rules section](#) for a full explanation of how the gridding has been created.

11. Podium Presentation times and results

Podium Presentation	
U8/10/12/14/16	11.00
Vet 50 plus Men and All Women Categories	13.30
Junior/Vet 40 Men	15.00
Senior Men	16.00

Results

Race Results and overall league tables will be published online as soon as feasible after each race. Race queries can be made up to 6pm on the Tuesday after each race by emailing admin@londonxleaguerevents.co.uk. Once finalised the results will be sent to BC update events page and allocate national rankings points.

12. Technical Regulations

The event is run under the rules of the British Cycling Federation
[https://www.britishcycling.org.uk/zuvvi/media/media/press/9 - Cyclo-Cross Regulations - BC 2022 HANDBOOK-Linked-Split.pdf](https://www.britishcycling.org.uk/zuvvi/media/media/press/9_-_Cyclo-Cross_Regulations_-_BC_2022_HANDBOOK-Linked-Split.pdf)

London and South East Cyclo Cross rules and info on league available here
<http://www.londonxleague.co.uk/rules/>

Results will be published on the London and South East Cyclo Cross website and Facebook pages pretty much on the day of racing

Any queries on results please visit here for info how to do this
admin@londonxleaguerevents.co.uk.

13. First Aid and local hospitals

First Aid is provided by:

Collingwood Services Ltd (part of the Collingwood Group)
Suite 5, Minton House
Amesbury Distribution Park, London Road
Amesbury SP4 7RT
Tel - 01980 623 820
admin@collingwoodservices.co.uk

Local Hospitals:

Princes Royal A&E, (5.5 miles)
Lewes Road,
Haywards Heath,
West Sussex, RH16 4EX

01444 441881