



CRAWLEY
WHEELERS



Challenge Tires London & South East Cyclo-Cross League Round 2 and Sussex League Round 2

Sunday 17th September 2023

Pippingford Park Manor,
Nutley,
Uckfield,
[TN22 3HW](#)

[What3words](#)

Technical Manual. Class – British Cycling Category B

1. Introduction

The Crawley Wheelers welcomes you to Round 2 of the Challenge Tires London & South-East Cyclocross League

2. About the course

Starting on the hard packed gravel/mud path riders have about 200m straight before a shallow right turn up the main grass field. They then cross the field and turn right down the hill along the treeline and wind through the bottom section of trees. The course then heads back up the hill winding through the top section of trees and then back along the top of the field and down the hill again the opposite way they came up. At the bottom of the field riders then turn left and enter the open woodland area. This area provides twists and turns along with a punchy climb through the trees before heading down to the gravel track at the bottom edge of the woods. There is a short section of track before they turn left and head back up towards the pits on a gravel/mud track which includes a short detour via the woods on the right to break up the climb. At the top of the climb riders pass the pits and then head back down through some open woods onto a super fast gravel track descent. At the end of the descent there is a run off onto the grass so they can safely scrub off some speed on a long left hand turn which takes them into the dense woods. The course then winds through the woods on some bumpy technical tracks before they hit the short sharp ramp which fires them back out onto the track. They turn right and follow the track – hard packed gravel/dirt – up to the top of the circuit where there is a series of loops and the legendary CW hurdles along with screaming fans! The final section is an off camber bank, followed by another super steep bank and then a short loop to bring riders back past the finish line to glory!

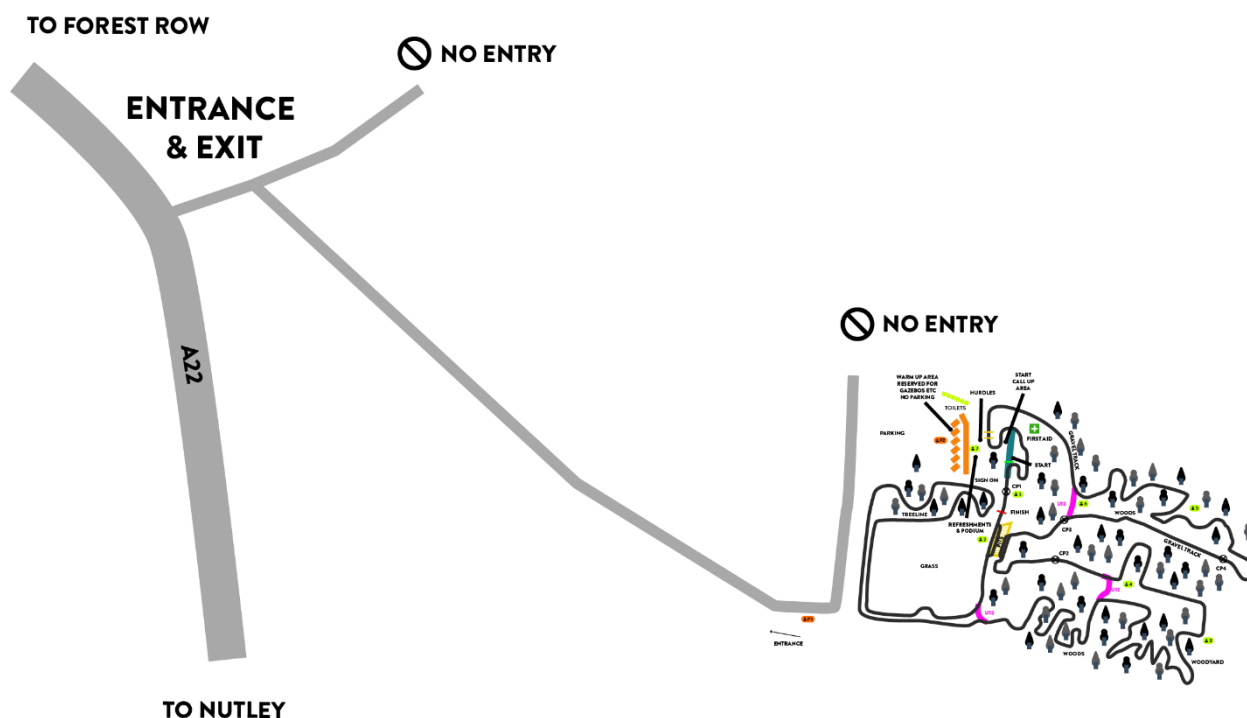
The U12 course will cut off at the end of the start straight and head down into the open woods. They do the first part of this before heading back to the pit area. After this they will follow the track round to the off camber bank and steep climb and back round to the finish. They'll still get some technical sections after the finish, in the first wooded section and the grassy bank.

We have a double pit - it's a bit biased towards the dense wooded section, but we think this is where riders are most likely to have issues.

3. Travelling to the event

Pippingford Park is just off the A22 between Wych Cross and Nutley. The entrance is by a parking layby and will be signposted with Crawley Wheelers flags.

The nearest railway station is East Grinstead which is about 8 miles away.



4. Sign on

If you didn't collect your race numbers at round 1 then please collect your race number pack from the Sign on Gazebo. You will need to keep these and bring them every time you race in this year's league.

We suggest you allocate 5 minutes to set up the number pack and timing chip. Riders are not required to sign anything and are to use their race number for all events in the League. Riders will be confirmed at the event by the timing system picking up their timing chip at the start of the race. This means that you will not have to revisit sign-on at any other event you enter in advance once you have your race number pack.

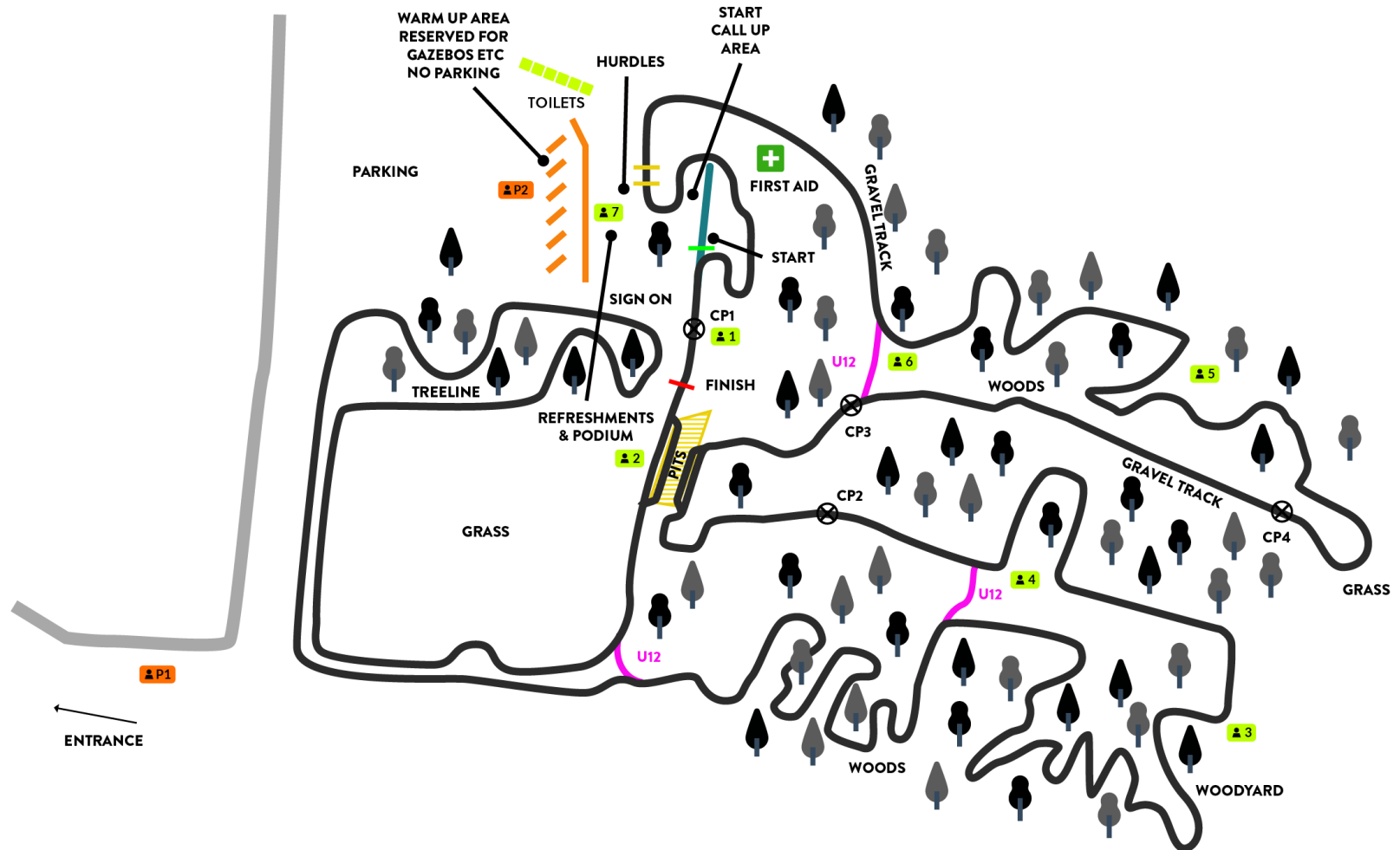
Return of last year's number pack

In our drive to keep costs down to you as riders and recycle equipment as much as possible, we really would like you to return your number tail fins and jersey numbers from previous seasons. There will be a marked crate at Sign on for you to do this.

5. Toilets and Showers

Portaloos are situated in the car park as detailed on map below

6. Course map Full



7. Catering

There will be a Crawley Wheelers canteen with hot drinks, cakes and snacks and Sussex Coffee Trucks will be there serving awesome coffee and treats.

8. Parking

Large grass car park right next to the course. **It's on a slope so please park across the slope - not facing up or down hill** - and with consideration for other people. An area at the bottom section is reserved for warm up tents.

9. Event Officials

Event Organiser – Stuart Nisbett

Email: stunisbett@gmail.com

Chief Marshal – Doug Fox

Chief Judge – LCCA Timing Team

Timekeeping – LCCA Timing Team

British Cycling Chief Commissaire – Stuart McGhee

British Cycling Commissaire 2 – Chris Clague

British Cycling Commissaire 3 – Peter Lloyd

Course Design – Stuart Nisbett/Doug Fox/Simon Lang

First Aid Provider – Collingwood Medical Services

Governing Body – British Cycling

10. Race Programme and timetable

Race	Sign on Open	Gridding	Race Start	Duration
Practice 1	9.00 to 9.25			
Under 10	8.45	9.25	9.30	10 mins
Under 8	8.45	9.25	9.30	10 mins
Under 12	8.45	9.45	9.50	15 mins
Under 14/16	8.45	10.15	10.20	30 mins
Practice 2	11.00 to 11.25			
Vet 40 and Junior Open	10.00	11.25	11.30	40 mins
Female (All Cats)	10.00	12.25	12.30	40 mins
Practice 3	13.20 to 13.45			
Vet 50/60+ Open	11.00	13.40	13.50	40 mins
Senior and U23 Open	11.00	14.45	14.50	60 mins

Practice times – Please note that course open times are provisional as dependent on lap times and conditions. Please look for the green course open and red closed flags for accurate info on when you can get on course.

Gridding – Gridding will be created for each event race and advertised on the league results website and Facebook page before the event, any queries in gridding may be raised on Friday via email as posted on the results site. Please visit the London and South East Cyclo Cross Website [rules section](#) for a full explanation of how the gridding has been created.

11. Podium Presentation times and results

Podium Presentation	
U8/10/12/14/16	11.00
Vet 40 Open and Junior Open and All Female Categories	13.30
Vet 50/60+ Open	15.00
Senior and U23 Open	16.00

Results

Race Results and overall league tables will be published online as soon as feasible after each race. Race queries can be made up to 6pm on the Tuesday after each race by emailing admin@londonxleaguerevents.co.uk. Once finalised the results will be sent to BC update events page and allocate national rankings points.

12. Technical Regulations

The event is run under the rules of the British Cycling Federation [here](#)

London and South East Cyclo Cross rules and info on league available here <http://www.londonxleague.co.uk/rules/>

Results will be published on the London and South East Cyclo Cross website and Facebook pages pretty much on the day of racing

Any queries on results please visit here for info how to do this admin@londonxleaguerevents.co.uk.

13. First Aid and local hospitals

First Aid is provided by:

Collingwood Services Ltd (part of the Collingwood Group)
Suite 5, Minton House
Amesbury Distribution Park, London Road
Amesbury SP4 7RT
Tel - 01980 623 820
admin@collingwoodservices.co.uk

Local Hospitals:

Princes Royal A&E, (5.5 miles)
Lewes Road,
Haywards Heath,
West Sussex, RH16 4EX

01444 441881

14 . CX HUBZ App

Many of you will have already seen the CX Hubz app, most of the leagues around the country have already been using it. The app makes it quick and easy access to the latest news and league activity up and down the country, to choose your local league and keep up to date with events, fixtures and news

To use the app download here (it's free):

<https://apps.apple.com/dk/app/cx-hubz/id1612649015>
<https://play.google.com/store/apps/details...>

It is very easy and straightforward to use. When you first install you can select *Find Your League* and make The London and South East Cyclo Cross League your home league.

Events will take you to the London and South East League Events web page where you can then click through to BC and enter races. Results takes you to the league results page where you can see previous results and live timings when you are at a race.

Everything else should be self-explanatory. If there is anything you would like to see added then please let me know through the contact page on the website.

