



**Challenge Tires London & South East
Cyclo-Cross League Round 10-and Round
3 of the Sussex League
Sunday 1st February 2026
Preston Park
Brighton BN1 6LA**

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Technical Manual. Class – British Cycling Category B

1. Introduction

Brighton Mitre CC are delighted to host another year of CX racing in Brighton at the much loved and previously very popular course in Preston Park!

The event has two main sections, starting and finishing in the velodrome.

The long leg descends via the trees on the Eastern flank of the park running parallel to Preston Park Avenue (see maps lower down).

The route will be about the same as last season.

2. About the course

Race HQ and the beating heart of the event will once again be in the Velodrome where both the main and U12s courses start and finish. There will be plenty of zigzags and tricky single track before the Adult and Youth course ventures out of the top gate onto the long straight tree lined downhill. Please watch your speed here!

The path opens out at the bottom corner outside the velodrome with some switchbacks in the softer ground before heading down to the open wooded section where the course criss-crosses between the trees towards the bottom end of the park before doubling back up to the velodrome. There will be a log challenge down at the bottom section just after the course turns northward. Re-gaining access to the velodrome is via the challenging but short ramp that may have a few people jumping off their bikes!

The under 12s race will be mostly contained within the velodrome area or very close to it as previously so the whole course can be easily enjoyed by parents/spectators!

3. Travelling to the event and parking

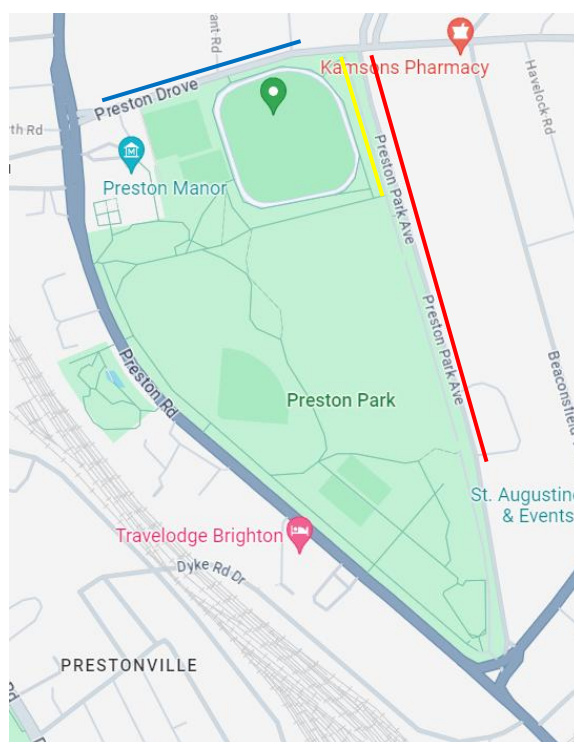
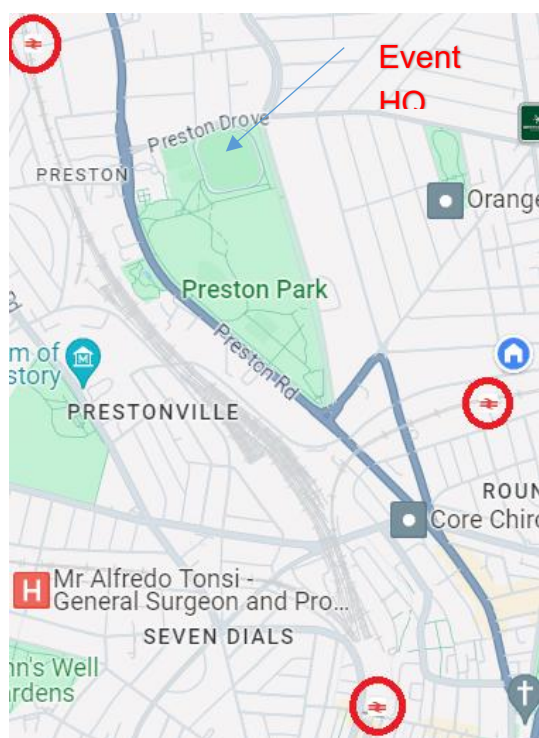
The event is at the Velodrome in Preston Park, Preston Drive, BN1 6LA

<https://w3w.co/beyond.flood.pitch>

There will be flags marking the entrance.

Like all cyclists we are committed to sustainable transport and minimising the carbon footprint of our events. To this end we would encourage, wherever possible, the use of public transport to reach Preston Park. The map below shows the location of the three railway stations – Preston Park, London Road Brighton, Brighton - within easy cycling distance of the venue. If you do have no alternative but to drive then please note the following with regard parking close to the course.

There is limited parking in the gravel car park (yellow on map) in the North East corner of the park. Note that this is a council run pay and display car park which is likely to be busy as there will be other sporting activities taking place in the park on the day. There is additional pay and display on street parking on Preston Park Avenue (red on map) and on Preston Drive (blue on map). The surrounding residential streets also have some pay and display bays but are predominantly resident only parking. Wherever you park please do so with due consideration for other park users and local residents in order to maintain the good reputation of cycle racing events.



4. Sign on

Most competitors will already have race numbers given where we are in the season. However if you need to collect your race number pack it will be available from the HQ/Sign on Gazebo. You will need to keep these and bring them every time you race in this year's league.

We suggest you allocate 5 minutes to set up the number pack and timing chip. Riders are not required to sign anything, and are to use their race number for all events in the League. Riders will be confirmed at the event by the timing system picking up their timing chip at the start of the race. This means that you will not have to revisit sign-on at any other event you enter in advance once you have your race number pack.

5. Toilets

Toilets are situated in the Cricket Pavilion

6. Course map Full



7. Course map U12



8. Catering

We have a few options available that should ensure something for everyone and hopefully keep the queues down!

- The popular Belgian Fries van will be with us...in addition to the fries and many condiment options, there will also be hot and cold drinks available
- Mikes coffee van...barista made hand crafted specialist coffee and other hot drink

9. Event Officials

Event Organiser – Clare Johnson

Email: clarej50@gmail.com

Chief Marshal – Andrew Bernard/Martin O'Brien

Chief Judge – LCCA Timing Team

Timekeeping – LCCA Timing Team

British Cycling Chief Commissaire – Dave Kahn

British Cycling Commissaire 2 – Phil Jemmison

British Cycling Commissaire 3 – Peter Lloyd

British Cycling trainee Commissaire – Adrian Riddle

Course Design – Nathan Cozens for 2025 based on previous course design by Anthony Rogers

First Aid Provider – EMAT Medical Services

Governing Body – British Cycling

10. Race Programme and timetable

Race	Gridding	Race Start	Duration
Practice 1 U8/10/12	9am to 9.15am		
Under 10	9.15	9.20	10 mins
Under 8	9.15	9.20	10 mins
Under 12	9.35	9.40	15 mins
Practice 2	10am to 10.35am		
Under 14/16	10.35	10.40	30 mins
Junior/Masters 40 Open	11.20	11.30	40 mins
Female (All Cats)	12.20	12.30	40 mins
Practice 3	13.20 to 13.45		
Masters 50/60/70+ Open	13.45	13.50	40 mins
Senior/U23 Open	14.40	14.50	60 mins

Practice times – Please note that course open times are provisional as dependent on lap times and conditions. Please look for the green course open and red closed flags for accurate info on when you can get on course.

Gridding – Gridding will be created for each event race and advertised on the league results website and facebook page before the event, any queries in gridding may be raised on friday via email as posted on the results site. Please visit the London and South East CycloCross Website [rules section](#) for a full explanation of how the gridding has been created.

11. Podium Presentation times and results

Podium Presentation	
U8/10/12 (18)	10.15
Youth (12)	11.45
Masters 40/Jun Open and All Female Categories (24)	13.30
Masters 50/60/70+ Open (9)	15.00
Senior/U23 Open (6)	16.00

Results

Race Results and overall league tables will be published online as soon as feasible after each race. Race queries can be made up to 6pm on the Tuesday after each race by emailing admin@londonxleaguerevents.co.uk. Once finalised the results will be sent to BC update events page and allocate national rankings points.

12. Technical Regulations

The event is run under the rules of the British Cycling Federation
https://www.britishcycling.org.uk/zuvvi/media/media/press/9_-_Cyclo-Cross_Regulations_-_BC_2022_HANDBOOK-Linked-Split.pdf

London and South East Cyclo Cross rules and info on league available here
<http://www.londonxleague.co.uk/rules/>

Results will be published on the London and South East Cyclo Cross website and Facebook pages pretty much on the day of racing

Any queries on results please visit here for info how to do this
admin@londonxleaguerevents.co.uk.

13. First Aid and local hospitals

First Aid is provided by:

EMATS, Garland House, Desborough Avenue, High Wycombe, Bucks, HP11 2RN
0330 175 9971,
www.emats.co.uk

Local Hospital:

Royal Sussex County Hospital, Eastern Rd, Brighton BN2 5BE