

LONDON & SOUTH EAST CYCLOCROSS LEAGUE

We're looking forward to welcoming you to Round 9 at Herne Hill Velodrome

RIDER INFORMATION

Please read these instructions carefully.



About the Course

For the final time this season, we're heading back to Herne Hill Velodrome for Round 9 — the penultimate opportunity to earn those all-important series or National Ranking points.

We'll be making full use of the improvements carried out over the past year, including charging down Big Bob and taking on some new, tricky climbs and unexpected off-camber sections.

The trails are muddy, so expect a proper Belgian experience and come prepared...

Jan's Café will be open throughout the day, serving hot drinks, chips and mayo, soft drinks, and beers to celebrate.

Finally, a firm request from the trackies: please **stay off the velodrome and inner tracks**. These delicate creatures do not tolerate mud — and I'd rather not spend Sunday evening hosing it all down.

Looking forward to welcoming you to the Velodrome on Sunday.

Charlie

On the day

Timing Tags

If this is your first race in the series, you'll need to collect your race tag from the pavillion.

This will be your tag/number for the series, please keep it carefully and bring it to every race in series. You don't have to 'sign on' for the rest of the series, just turn up with the tag fitted to your bike and you're ready to go.

If you have raced in the series before, just fit you tag you have from your last race to your bike and you're ready to go, there is no additional 'sign on'.

If you forget your number on the day, you need to go the scorers tent (on the finish line) and collect a temporary 'number of shame'

Course preview, check the schedule for course opening times.

Results are posted here <https://londonxleague.co.uk/results/>

Returning numbers and tags

If this is your last race in the series please try and remember to return both your tag and number - there will be bins and volunteers with snips at the finish line to collect these.

Race Schedule

Race	Gridding	Race Start	Duration
Sighting 1 U8/10/12 only		9 - 9:15	
U8	9:15	9:20	10 mins
U10	9:15	9:20	10 mins
U12	9:35	9:20	15 mins
Sighting 2		10-10:35	
U14/16	10:35	10:40	30 mins
Junior & V40 Open	11:20	11:30	40 mins
Female (All Cats)	12:20	12:30	40 mins
Sighting 3		13:20 - 13:45	
Vet 50/60 Open	13:45	13:50	40 mins
Senior	14:40	14:50	60 mins

Podiums

Podium Presentation	
U8/10/12/14/16	11.00
Vet 40 Open and Junior Open and All Female Categories	13.30
Vet 50/60+ Open	15.00
Senior and U23 Open	16.00

Facilities

It will be muddy on Sunday, so please respect the Velodrome, where possible/necessary take off muddy shoes before entering the Pavilion.

Refreshments:

Jan's Cafe in the Pavilion will be serving tea, coffee and chocolate as well as toasties and of course beer and frites all day.

Toilets:

Are in the Pavilion

Showers:

Are available on the ground floor of the Pavillion, please clean up as best you can after your shower.

Bike Wash:

There will be a bike wash stations near the Derney Gate (course exit), please wash your bike in these areas (or during your race, in the Pits of course).

Warm Up Areas:

Please use local side streets or Brockwell Park to warm up, the track and track centre need to be kept clear of mud, please do not ride on them.

Pits:

Are in the track centre, accessed by the track gate in front of the Pavillion. When using the Pits. please wash your bikes on the grass areas.

Bike Hire:

If you are planning to use one of HHV's bikes for the race please ensure you have [booked](#) it before Sunday

Venue Map

**PLEASE
Don't warm up on
the VELODROME or INNER SQUARE, it takes
forever to clean up after you.
Mud upsets the trackies**



- Bike wash areas on the bank near the Derney Gate (near the course exit)

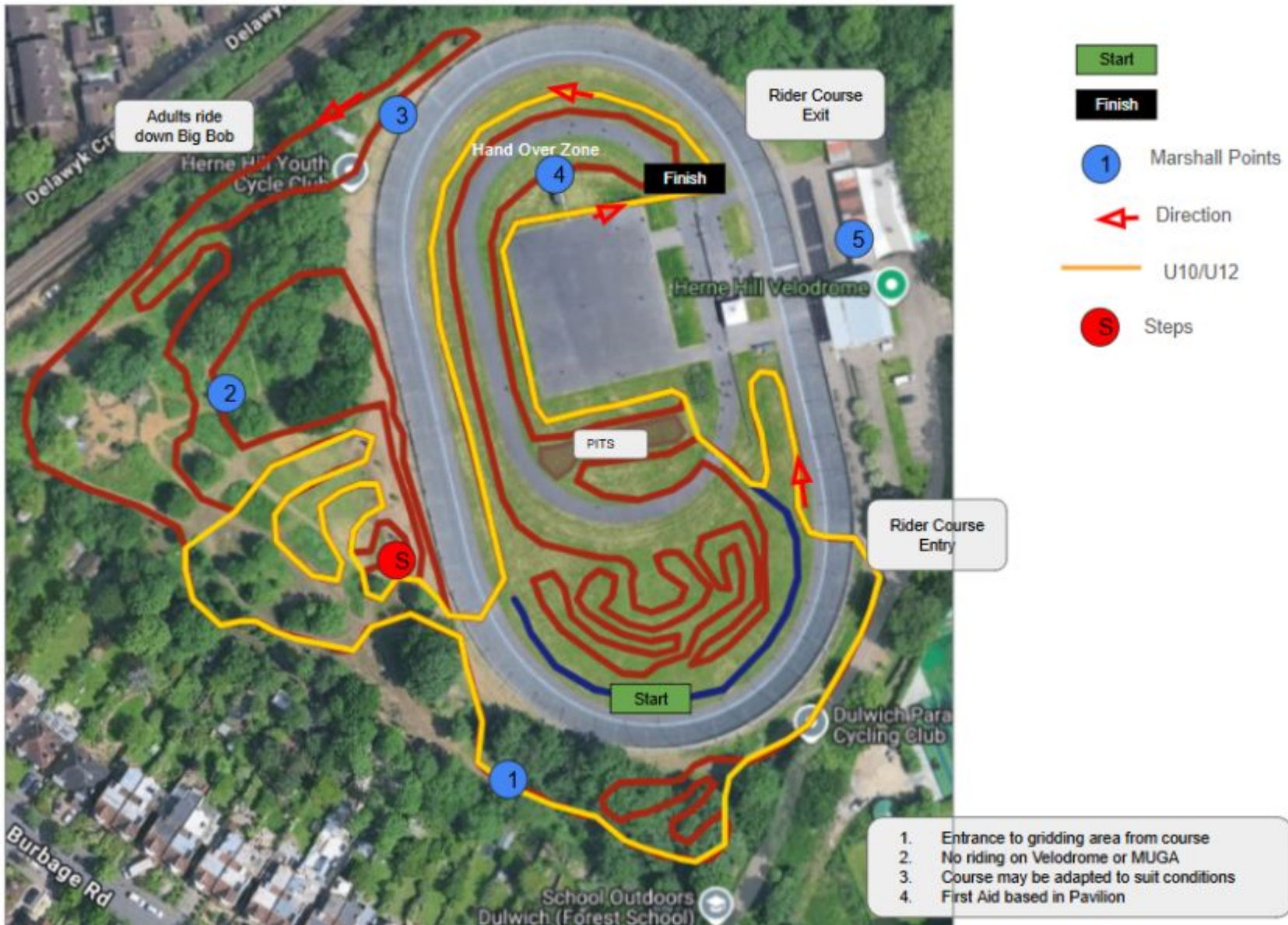
- Course exit

Toilets, Cafe in the pavilion. If muddy - please take off your shoes...

Collect race tags from the pavilion

Course entrance

Course Map



Team on the day

Dulwich Paragon: Organiser Charlie Codrington and an enthusiastic team of club volunteers.

HHV: Tony is the Cafe cooking up wonders, Peter Noble running around making sure everything runs smoothly.

Comms: Neil Simpson leads assisted by Chris Claque, Sarah Cook and Matt Benfield

Scoring; Richard Hayes and team.

Results: <https://londonxleague.co.uk/results/>

Nearest Hospital: Kings College, Denmark Hill, London, SE5 9RS

Getting to Herne Hill Velodrome

Address:

104 Burbage Rd, London, SE24 9HE

Bike: If you can, please ride the event as there is limited car parking on site.

Car: There is limited parking on site, if the car park is full, please park on nearby Gallery Road SE24. Please show consideration to the Velodrome's neighbours when parking on local streets.

The Velodrome opens at 8:30 am, please not arrive any earlier or block Burbage Rd.

Train: The nearest station is Herne Hill.

