



Challenge Tires London & South East Cyclo-Cross League Round 4

Sunday 10th October 2021

Crystal Palace Park
Annerley Hill
Sydenham
London
SE20 8DT

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Technical Manual. Class – British Cycling Category B

1. Introduction

Brixton CC and Penge CC welcome you to Crystal Palace Park in South London. This will be the 3rd visit to the park after a long hiatus. In the 1970s the park was used to host a CX world championship race.. The course design this weekend is an evolution of the one used in 2019.

Safeguarding against Covid19

1) If you have coronavirus symptoms - **Do not attend the event**

- a high temperature
- a new, continuous cough
- a loss of, or change to, your sense of smell or taste

2) You are required to follow the BC COVID-19 Discipline Code
(copy attached)

3) Wearing of Masks & Face Coverings for indoor spaces only including the sign on tent and toilets.

2. About the course

- The course we are using is based in and around the summer crit racing circuit in the northern area of the park. It will be a rolling course with many easy access spectating points thanks to a tarmac access road the surrounds it
- After a tarmac start straight the course joins the grassy area with off camber sections and technical sections between trees
- There will be small climbs, flat sections, off camber descents and a section for some hurdles.
- The race will start and finish on a short tarmac section and will wind though several turns before the start of the ups and downs on and off the banked areas.
- The course will be mainly 3m wide with plenty of wide overtaking sections.

3. Traveling to the event

Crystal Palace Park is well sign posted around the area with good access to parking via Terrace Straight which half-way up the Anerley Hill on the Southeastern side of the park.

There is not a Crystal Palace Football match scheduled on October 10th, so traffic should generally be at normal levels.

If you are traveling to the event by train, the nearest station is Crystal Palace Station. There are regular services from London Victoria, London Bridge, West Croydon and Highbury and Islington (overground).

The first riders will be at Crystal Palace Park just before 8am and the last at 15:00.

Please allow some additional time traveling to the venue

4. Sign on

Sign on will be located between the car park area and the course at the Brixton Cycles gazebo close by the start area and will be easily Identified with signs.

Please keep to the allocated times that sign on is open for your category.

Riders are only allowed to ride on the course if they have entered a race at the event and are displaying their race number on the bike.

Even though we have allocated sign on times for each category, we will allow a family to collect all family rider numbers in the sign on allocation timing of the first race entered (Example under 8 and Vet 40 Women and Vet 40 Man, we would allow all riders number packs to be collected in the allocated time for the the under 8 rider which is 8.45am to 9.30am)

The process for Sign on - Rider turns up and states their name, Sign on team will provide a race number pack in an envelope. Rider leaves the area. We suggest you allocate 5 minutes to set up the number pack and timing chip. Riders are not required to sign anything, and are to use their race number for all events in the League. Riders will be confirmed at the event by the timing system picking up their timing chip at the start of the race. This means that you will not have to revisit sign-on at any other event you enter in advance once you have your race number pack.

5. Catering

Unfortunately due to local council Covid mitigation requirements, there will not be any catering directly at the race course. Nevertheless, there are several food options within a 10 minute walk of the venue. To the southwest of the park is the Crystal Palace Triangle. We recommend 4 Boroughs for coffees or

the Westow pub or Cafe St Germain for a meal. Alternatively there is the Crystal Palace Food Market, which has a variety of food stalls for reasonable prices. See the map below for location information.

The Weather forecast is looking like warm conditions so we strongly recommend that you bring water with you.

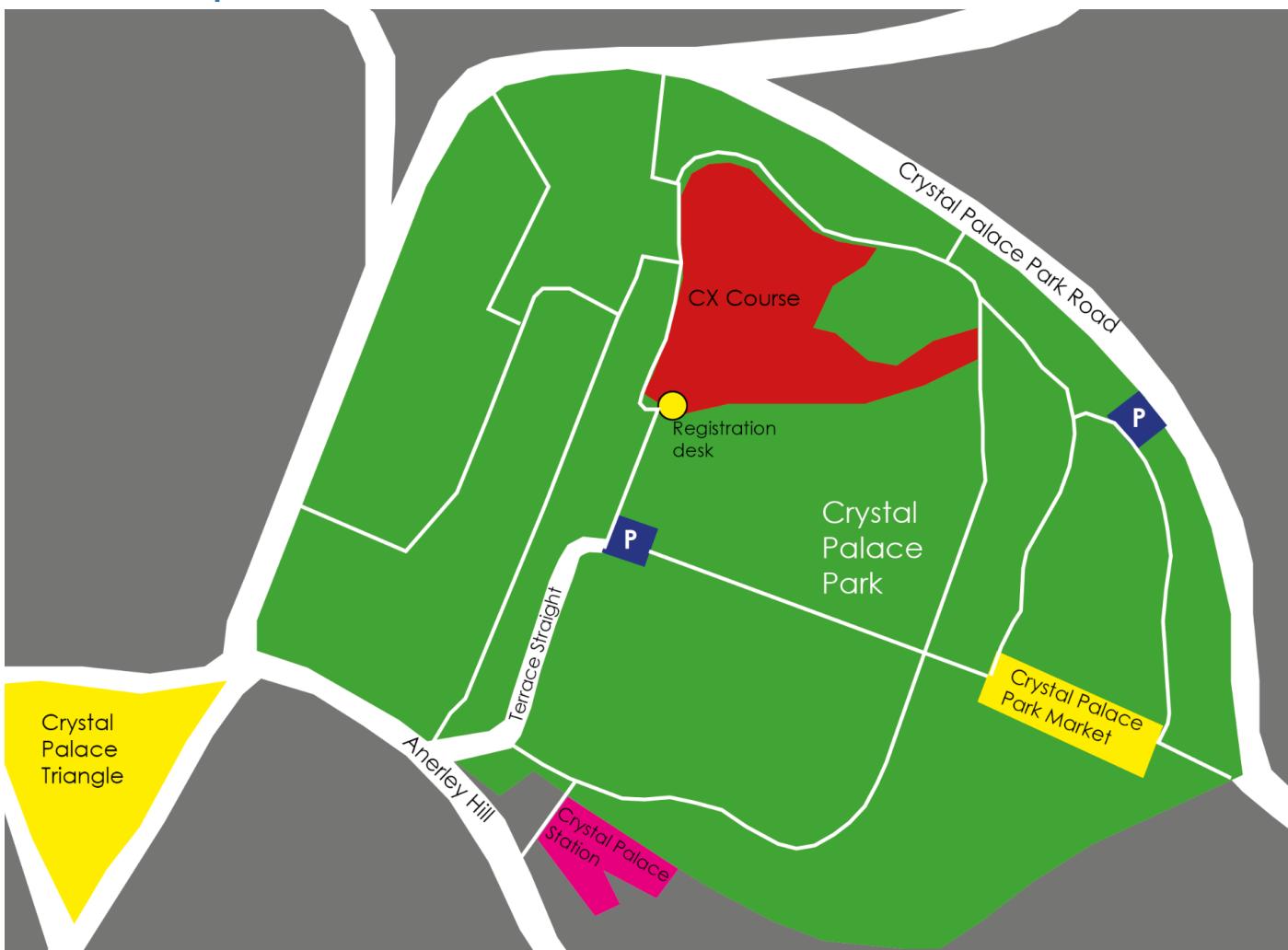
6. Toilets and Showers

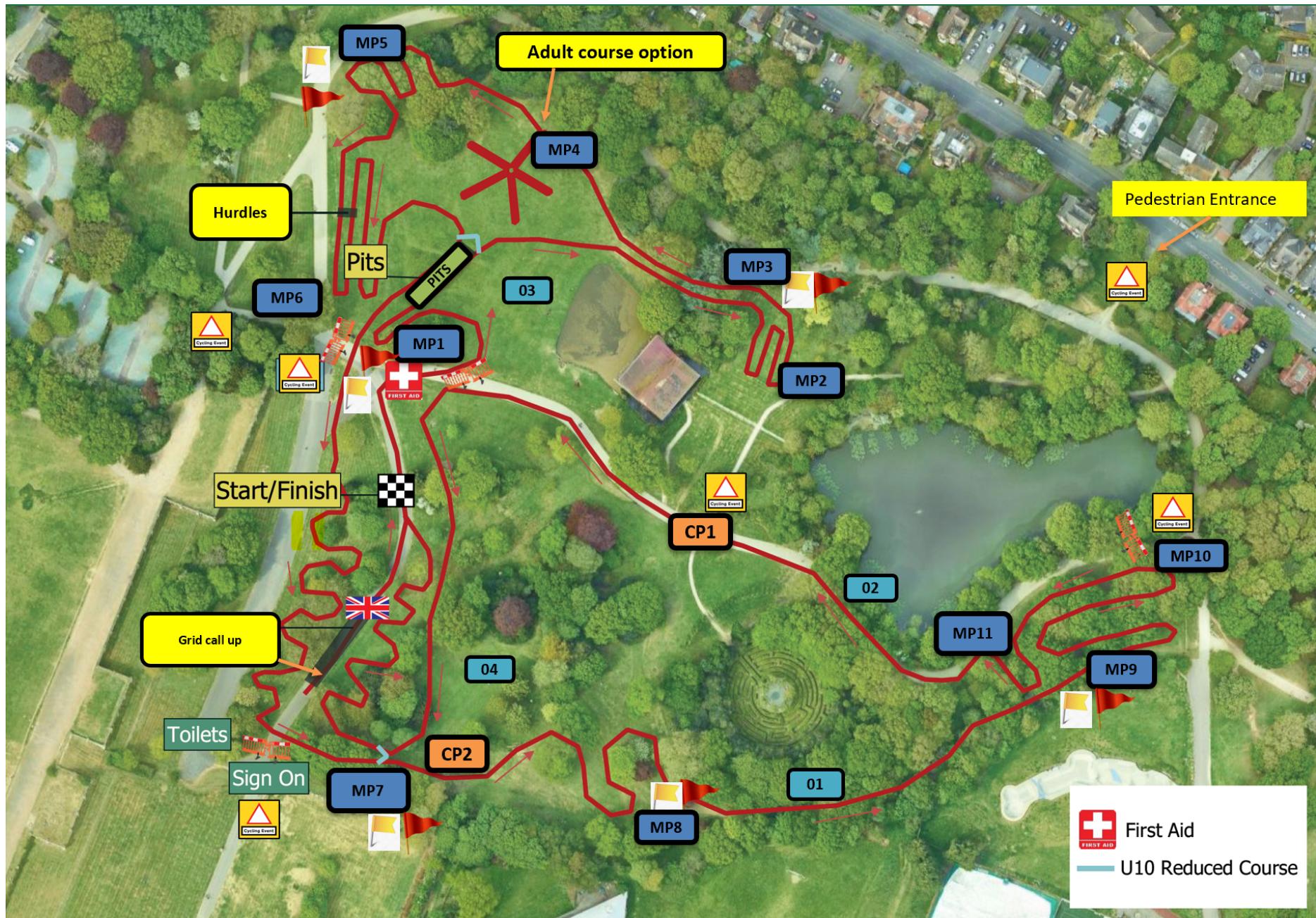
Temporary event toilets will be provided, see location on map below. Unfortunately we do not have any changing facilities or showers.

7. Considerate Park Use

Crystal Palace Park is open to the public and popular with dog walkers so be aware of their presence when parking, racing and finishing. Please be courteous to any members of the public you encounter as keeping good relationships with the venue is critical to our continued use.

8. Venue and course map





9. Parking

If you're arriving by car there is a car park at the end of Terrace Straight with around 60 parking spaces. Overspill parking for a further 150 cars will be on Terrace Straight. If both are full there are some additional parking spaces on Anerley Hill. A final option is the car park off Crystal Palace Park Road. All the spaces are unallocated, so please be mindful that other park users will also be parking there. The car park is a public space so please note:

1. Do not park in front of the entrance gates as emergency services might need to access through them.
2. Please keep valuables out of sight or on your person.
3. Don't leave bikes on vehicles unattended

10. Event Officials

Event Organiser – Mike Hudson

Email: off-road@brixtoncycles.cc

[Mobile: 07309690176](#)

Chief Marshal – TBC

Chief Judge – TBC

Timekeeping – LCCA Timing Team

British Cycling Chief Commissaire – Jon Goodge

British Cycling Commissaire 2 – Chris Clague

British Cycling Commissaire 3 – Peter Lloyd

British Cycling Chief Trainee Commissaire – Brian Gardner

First Aid Provider – Collingwood Medical Services

Governing Body – British Cycling

11. Race Programme and timetable

Race	Sign on Start	Sign on Close	Gridding	Race Start	Duration
Practice 1	9.00 to 9.25				
Under 10	8.45	9.30	9.25	9.30	10 mins
Under 8	8.45	9.30	9.25	9.30	10 mins
Under 12	8.45	9.30	9.45	9.50	15 mins
Under 14 + Under 16	8.45	10.00	10.15	10.20	30 mins
Practice 2	11.00 to 11.25				
Vet 50 plus Men	10.00	11.00	11.25	11.30	40 mins
Women (All Cats)	11.00	12.00	12.25	12.30	40 mins
Practice 3	13.20 to 13.40				
Junior + V40 Men	12.00	13.15	13.40	13.50	40 mins
Senior Men	13.15	14.15	14.45	14.50	60 mins

Practice times – Please note that course open times are provisional as dependent on lap times and conditions. Please look for the green course open and red closed flags for accurate info on when you can get on course. This will be visible as you approach the course from the car park and sign on pavilion.

Gridding – Gridding will be created for each event race and advertised on the league results website and facebook page before the event, any queries in gridding may be raised on friday via email as posted on the results site. Please visit the London and South East Cyclo Cross Website rules section for a full explanation of how the gridding has been created. If you believe that you should be brought forward, then you must talk to the commissaires BEFORE they begin gridding. This is at least 15 minutes before race time. Please note that the commissaire's decision is final.

12. Prize List, presentation times and results

This season there will be no prize awarded at the League rounds, however, will be a short podium ceremony for top 3 riders in each race. There will be overall prize presentations at the Team Champs at the end of the season.

Results

Race Results and overall league tables will be published online as soon as feasible after each race. Race queries can be made up to 6pm on the Tuesday after each race by emailing admin@londonxleagueresults.co.uk. Once finalised the results will be sent to BC update events page and allocate national rankings points.

13. Technical Regulations

The event is run under the rules of the British Cycling Federation
https://www.britishcycling.org.uk/zuvvi/media/bc_files/rulebook/2018/british-cycling-handbook-2019.pdf

London and South East Cyclo Cross rules and info on league available here
<http://www.londonxleague.co.uk/rules/>

Results will be published on the London and South East Cyclo Cross website and Facebook pages pretty much on the day of racing

Any queries on results please visit here for info how to do this
<http://www.londonxleague.co.uk/results/>

14. First Aid and local hospitals

First Aid is provided by:

Collingwood Services Ltd (part of the Collingwood Group)

Suite 5, Minton House

Amesbury Distribution Park, London Road

Amesbury SP4 7RT

Tel - 01980 623 820

admin@collingwoodservices.co.uk

First aid on the day will be Lee and Karen. Mobile 07775 511623.

Local Hospitals:

St George's A&E, (6.5 miles)

St George's Hospital,

London

SW17 0QZ

020 8672 1255