

What is a Dementia-Friendly Singapore

How Can a Dementia-Friendly Singapore Support You and Your Loved One?

The Dementia-Friendly Singapore (DFSG) initiative aims to build a caring and inclusive society to support persons living with dementia to age in place. With support from individuals, corporates and the larger community, persons living with dementia and their caregivers will feel respected, valued and confident to continue leading independent lives at home and in the community.

What is a Dementia-Friendly Community (DFCs)?

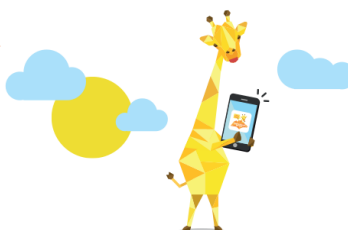
A Dementia-Friendly Community (DFC) is one whereby people know about dementia and mental wellness. Persons living with dementia and their families feel included, involved and supported in the community.



People are **ENGAGED** and know the signs of dementia, how to communicate as well as how to offer assistance.



Persons living with dementia, caregivers and seniors are **EMPOWERED** with preventive activities, memory screening, resources and services.



Community partners are **ENABLED** through collaborations on enhanced environment designs and technological enablers to create a safe and inclusive environment.

How does a DFC support you and your loved one



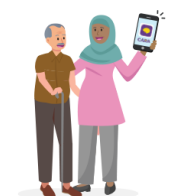
Raise Community Awareness

Residents, grassroots and front line staff of businesses know about dementia, and offer help when they encounter someone with dementia in the neighbourhood.



Prevention and Early Identification

Seniors at risk can go for targeted screenings organised by service partners in the community and seek help early if a result is positive. They can also participate in activities that lower dementia risk.



Care and Support

Service providers provide service linkage, facilitate referrals, care coordination and management to persons living with dementia and caregivers.



Enhancing the Environments

Corporates, facility and transport operators enhance their corporate practices or built environment so that persons with dementia can navigate safely and with ease.



Dementia Go-To Points

Go-To Points are located on the premises of organisations which support the **#DementiaFriendlySG** movement. These community nodes support persons living with dementia and their caregivers through the following functions:

1. Resource Centre

The general public and caregivers can get educational resources and helpful information on dementia here.

2. Safe Return Point

Members of the public can bring persons living with dementia who may appear lost and are unable to find their way home for staff assistance here.

Visit <https://www.healthhub.sg/directory/dementia-go-to-points>
or scan the QR code to find the locations of the GTPs.



Technology Enablers - CARA App

CARA, an initiative by Dementia Singapore, stands for 'Community, Assurance, Rewards and Acceptance'. It provides access to an ecosystem of solutions. Download the app to:

1. Access trusted resources and support
2. Obtain a unique identifier and membership card for persons living with dementia
3. Receive support for the safe return of a wandering person living with dementia

