



Nature and Grace and the Billings Ovulation Method®

Written by Bishop Peter J Elliott

**Billings Ovulation Method Conference, Melbourne,
Friday May 1st 2009**

The John J. Billings Memorial Lecture

To be invited to deliver the first John J. Billings Memorial Lecture is a great honour. Two years ago, I felt humbled and privileged to be the homilist at Dr John's funeral Mass in St Patrick's Cathedral Melbourne. As on that occasion, we remember and celebrate a great man, a wise leader with a generous heart and gentle patience. In developing the most widely-known method of natural fertility awareness, this courageous man worked with Dr. Lyn Billings, his beloved wife who is with us tonight. Undaunted by challenges they have been able to help thousands of couples around the world by offering a reliable and ethical way of understanding and regulating human fertility. You are all part of that great continuing project initiated by Dr John and Dr Lyn Billings. I thank you for your dedication, your sacrifices and commitment.





4 Jesus answered, 'Have you not read that the Creator from the beginning made them male and female. 5 and that he said: This is why a man leaves his father and mother and becomes attached to his wife, and the two become one flesh?'. 6 They are no longer two, therefore, but one flesh. So then, what God has united, human beings must not divide.'

Mt. 19:4-6



Dr. Evelyn Livingston

Bioethical considerations of natural family planning



Drs. Evelyn and John Billings are pictured in the garden of their home in Melbourne, Australia, in this 2004 file photo. PHOTO: CNS/Peter Casamento

Inaugural John and Evelyn Billings Memorial Lecture

Martín Tantaleán – CEPROFARENA - Perú



Esquema de la presentación

1. The mission of man on earth
2. Reflections on the basis of the instruction Dignitas Personae
3. Our vision and the instructor profile





The Mission of Man on Earth



*God blessed them, saying to them,
'Be fruitful, multiply, fill the earth and
subdue it.*

Gn 1:28a



Humane Vitae

“If therefore there are well-grounded reasons for spacing births, arising from the physical or psychological condition of husband or wife, or from external circumstances, the Church teaches that married people may then take advantage of the natural cycles immanent in the reproductive system and engage in marital intercourse only during those times that are infertile, thus controlling birth in a way which does not in the least offend the moral principles which We have just explained.”.

John and Lyn Billings

**At the time of
Lyn's departure
to the Father's
house, 8 of her
9 children, 39
grandchildren
and 31 great-
grandchildren
were alive**



NATURAL LAW

Equal in dignity

Unitive



Procreative

**Different to complement
each other**

The spouses Giusti, founders of CEPROFARENA, with the spouses Billings





It's a mistake to talk about Natural contraception

The advisable thing
is to say:

**“Natural Fertility
Recognition
Method”**

Billings Ovulation Method



Simple, Natural, Effective



The contraceptive mentality is part of the "culture of death" denounced by St. John Paul II and brings with it serious consequences and problems.

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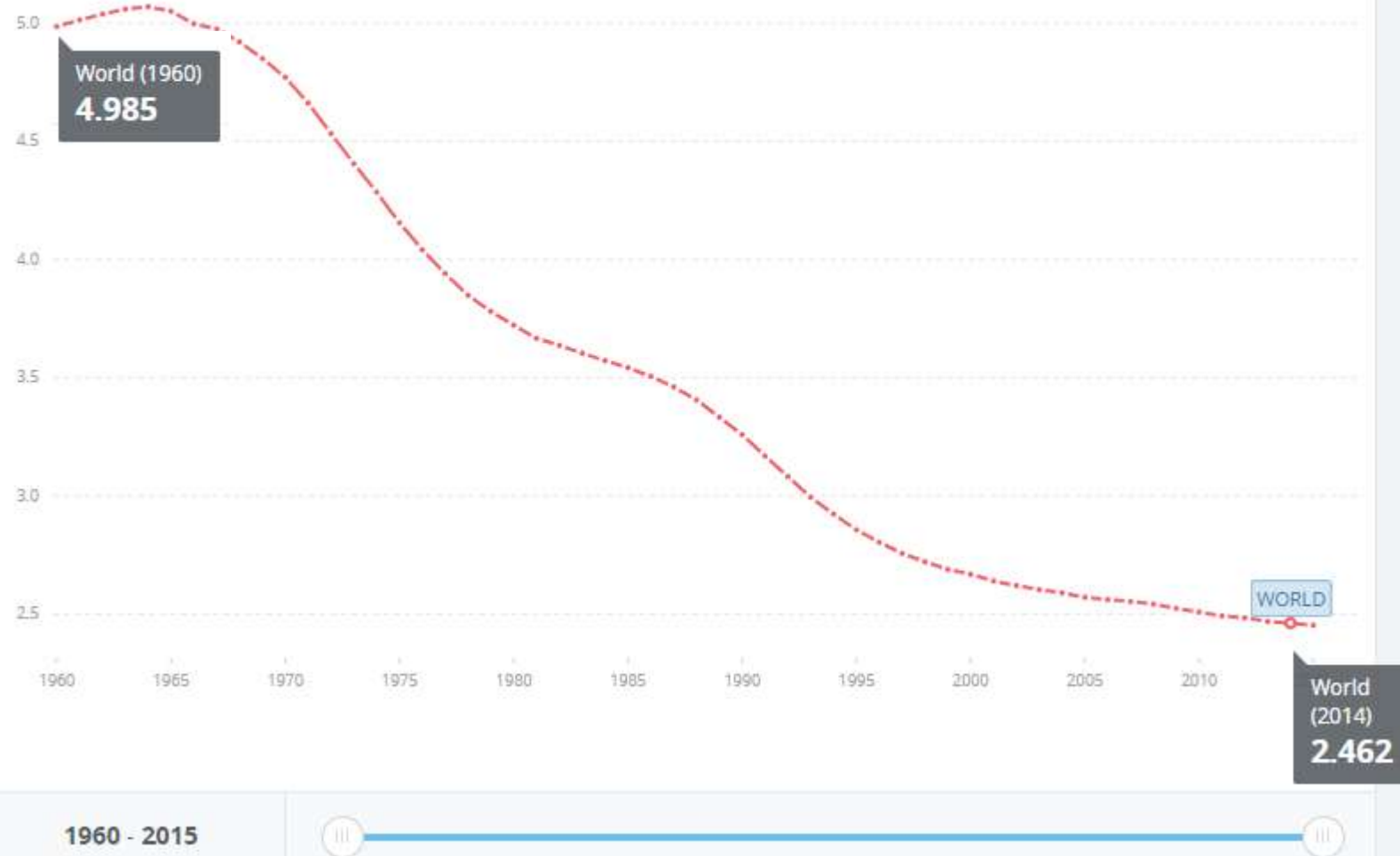
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Fertility rate, total (births per woman)



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Map

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1960 - 2015



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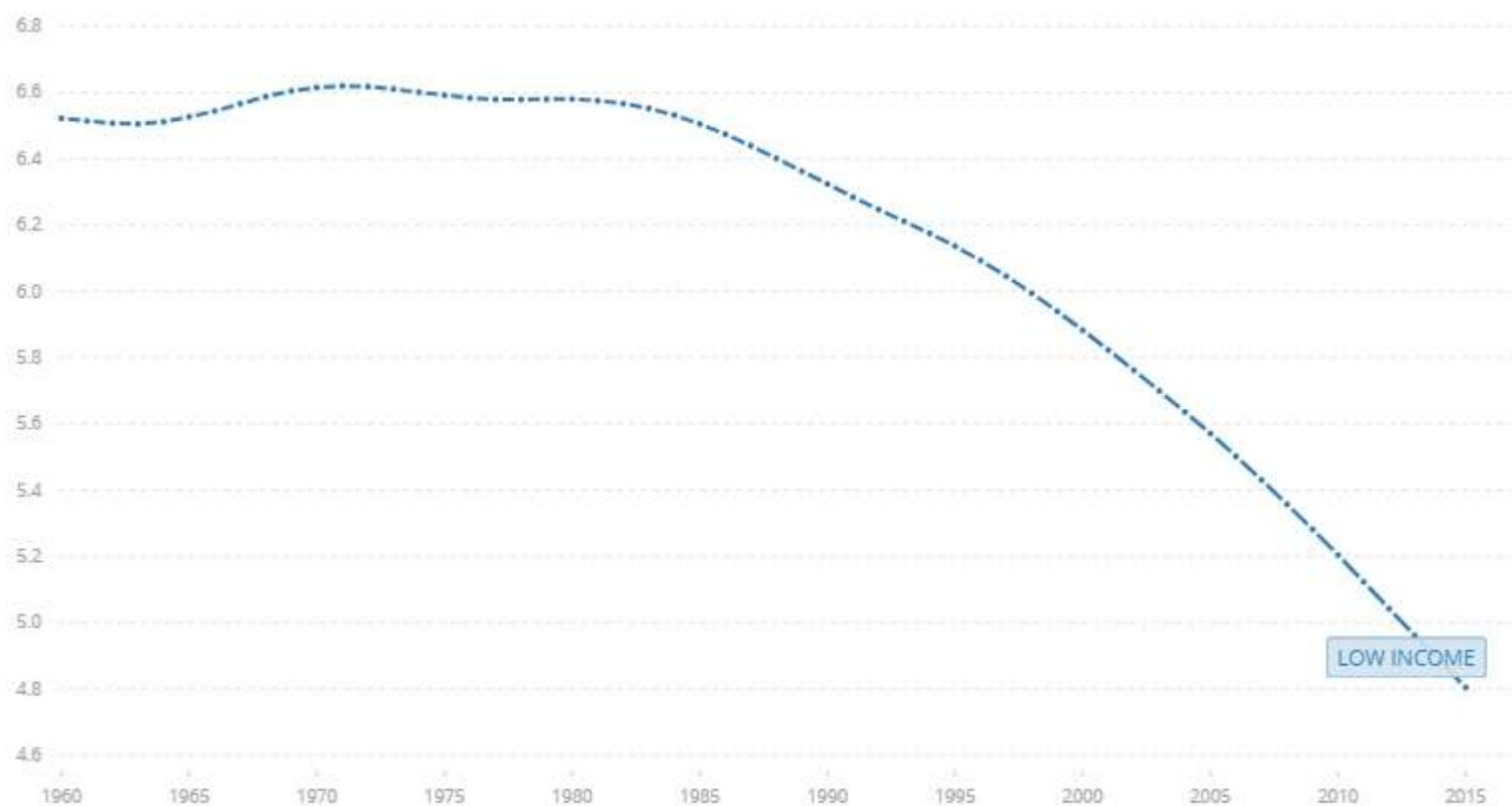
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1960 - 2015

100

100



Food and Agriculture Organization
of the United Nations



FAO's role in food losses and waste

Up to one third of all food is spoiled or squandered before it is consumed by people.

It is an excess in an age where almost a billion people go hungry, and represents a waste of the labour, water, energy, land and other inputs that went into producing that food.

<http://www.fao.org/food-loss-and-food-waste/es/>



► Conference on Population and Development. Cairo - 1994

- Reproductive health
- Adolescent sexual rights



“The green plan...”

- ... "The most important problem in Peru is that its demographic trends after the Second World War have reached epidemic proportions"
- "Population growth must be stopped as soon as possible, so a treatment for existing surpluses is urgently needed"

- “the generalized use of processes of sterilization of the culturally backward and economically pauperized groups is convenient. Without these unnecessary burdens, access to certain levels of well-being by weak family groups would be facilitated “
- “It should be the norm in every health center that attends childbirths, tubal ligation, unless a convincing demonstration of economic solvency“

F. Rospigliosi “ Control Natal : las Fuentes de Fujimori ” Revista “ Caretas ” del 21.09.95

Between 1995 and 2000, 331,601 tubal ligations and 25,590 vasectomies were performed in Peru

WHO FUNDED THESE CAMPAIGNS?

ONGs

- **USAID**
- **UNFPA**
- **World Bank**
- **Nippon Foundation**
- **Pathfinder**





**It is, in effect, not
to suppress diners,
but to multiply the
bread.**

**(Pablo VI, discurso
ante la ONU
4/10/1965)**

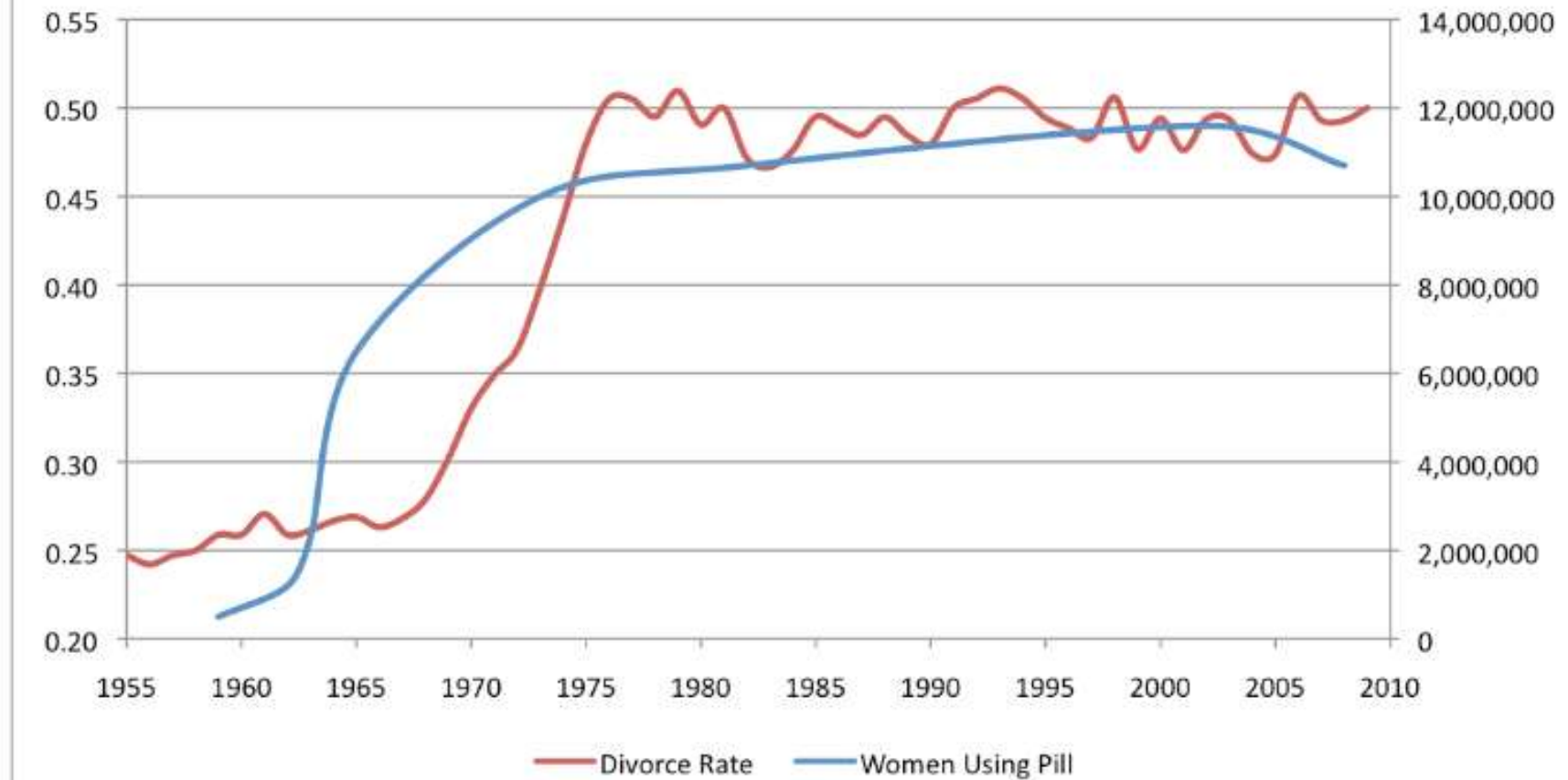
Next day pill does not reduce pregnancy neither abortion rates

In three studies that measured subsequent pregnancy rates, advance provision of emergency contraception increased its use but had no measurable effect on rates of pregnancy or abortion.

British Medical Journal 2006;333:560-561 (16 September)

Anna Glasier, director Lothian Primary Care NHS Trust,
Edinburgh EH4 1NL

Divorce Rate and Oral Contraceptive Use



<https://heartiste.wordpress.com/2013/05/29/the-pill-and-divorce-the-real-connection/>



Reflections on the basis of the instruction **Dignitas Personae**



1. Anthropological, Theological and Ethical Aspects of Human Life and Procreation

The human being is to be respected and treated as a person from the moment of conception; and therefore from that same moment his rights as a person must be recognized, among which in the first place is the inviolable right of every innocent human being to life”.⁶ (DP 4)

Moment of the conception!

“From the moment of fertilization, from the moment the female cell receives all the information contained in the sperm, there is a human being”.

Prof.. Jérôme Lejeune
Catedrático de Genética
de la Sorborna París



Cerebro



Inhibición hipófiso-ovárica



Acción endometrial y cervical



ANTICONCEPCIÓN DE EMERGENCIA EN LAS AMÉRICAS

¿Qué es la ACE?

La anticoncepción de emergencia (ACE) se conoce comúnmente como la "píldora del día después", aunque los fabricantes, los partidarios y los proveedores han tratado de distanciarse de este término porque transmite la idea que la ACE sólo se puede usar al día siguiente del contacto sexual sin protección. En realidad la ACE han demostrado ser eficaces en prevenir el embarazo hasta tres días después (aunque son más eficaces en las primeras 24 horas) mientras que un dispositivo intrauterino puede usarse hasta cinco días después. Además, el término "emergencia" expresa claramente que la ACE es un método de último recurso para prevenir el embarazo no deseado y no debe sustituirse por los métodos anticonceptivos regulares. La ACE viene en dos formas:

IUD is a device with copper that affects endometrium not allowing implantation of a fertilized egg.

disponibilidad de las mismas que de las prescritas específicamente para la ACE. Los efectos secundarios más comunes de las pastillas de ACE (tanto ACO como ACE) son náusea, vómito, manchado de sangre y dolor de cabeza. La ventaja de utilizar las pastillas de ACE es que solamente se necesita tomar 2 píldoras y los efectos secundarios son considerablemente menos severos.

El DIU involucra insertar un dispositivo que libera cobre en el útero y hace cambiar el ambiente uterino a uno que no favorece la implantación de un óvulo fecundado. Aunque este método es algo más complicado que la ACE en forma de pastillas, una ventaja importante es que el DIU puede permanecer en el útero después de su inserción como un método regular de anticoncepción. Los efectos secundarios más comunes del uso del DIU son retorciones y dolor de vientre durante las primeras 24 horas. A diferencia de las píldoras ACE, la inserción del DIU pueden terminar un embarazo.

El debate sobre la ACE

La ACE ha sido un tema polémico y a menudo divisivo en las Américas desde que este método anticonceptivo se hizo conocer públicamente. Si bien la ACE en forma de anticonceptivos orales está disponible en las Américas (en cualquier parte donde la anticoncepción es legal), el conocimiento de su existencia ni es común ni se fomenta (incluyendo gran parte de los Estados



***"Marriage is an edifice,
the building of which must
be continued every day"***
Dr John Billings

- The origin of human life has its authentic context in marriage and in the family, where it is generated through an act which expresses the reciprocal love between a man and a woman. Procreation which is truly responsible vis-à-vis the child to be born "must be the fruit of marriage".⁹ (DP 6)

Reflejo del amor de Dios a su Iglesia



"A man may move into
old age and know that
every time he looks at
his wife he is looking at
the most beautiful
woman in the world".
Dr John Billings



2. New Problems Concerning Procreation

3. New Treatments which Involve the Manipulation of the Embryo or the Human Genetic Patrimony



Our vision and the Billings Instructor Profile





Instructor Profile

1. Live in unity with the Church and her pastors
2. Live in prayer
3. Open to live
4. Persevering and tenacious
5. Knows how to listen
6. Do not be intimidated by adversity
7. Cheerful in teaching



Instructor Profile

8. Humble to recognize your limitations
9. Always lend to cooperative work
10. Must have a missionary spirit

The question that will be asked when we have to go to the house of the Father will not be how many did you teach? But, with how much love did you teach?

Cause for Beatification of Drs John and Evelyn Billings

Drs John and Evelyn Billings, founders of the Billings Ovulation Method of natural fertility regulation, are recognised around the world as a saintly couple. The faithful pray that in time the Church will also recognise their sanctity.

Home About Contact



[https://billings-cause.blog /](https://billings-cause.blog/)



A very special thanks 1993 - 2018



Drs. John and Evelyn Billings with Yanina y Martín.
*Meeting you has been a blessed to our lives,
marriage and family*



Credidimus Caritati ***We have put our faith in love***

***¡Thank you very much dears
doctors John y Evelyn
Billings for the great legacy
of your life!***

Martín Tantaleán

Vicepresidente de

CEPROFARENA

