



ASSIGNMENT #01

French

Jawad Idress (SP22-BDS-020)
Mahnoor Awan (SP22-BDS-023)
Muhammad Ahmad (SP22-BDS-028)
Sabahat Tariq (SP22-BDS-042)
Saira Tariq (SP22-BDS-044)
Umma Noor (SP22-BDS-049)

Introduction:

The French culture is envied across the globe due to its grace, imagination and refinement. Art, literature, fashion and cuisine are some of the things that matter to the French people and are central in their day to day lives. Life in France can be characterized as a continuum of tradition and modernity where people do not forget their culture but at the same time, they are open to innovations.

Food and Cuisine:

The importance of food is one of the most well-known elements of French culture. Food is seen as a time of bonding and people like to have dinner with each other. French adore love bread, cheese and wine which are among the food stuffs of the French. Familiar foods such as baguettes, croissants, **steak frites**, quiche and escargot are famous throughout the globe. They also take pride in their desserts, such as macarons, éclairs, and crème brûlée. French do not appreciate the fast-food culture as they find it to be both unhealthy and contrary to their own culture of taking meals slowly.

Hobbies and Lifestyle:

The French have been found to be outdoor people, who have hobbies like cycling, hiking and skiing in the Alps. Other sports such as football (soccer) and **rugby** are highly popular. Cultural hobbies like visiting museums, art galleries and theaters are also enjoyed by many. Reading is a popular hobby, and France has a literary tradition. Another passion is fashion, and Paris is a world fashion and luxury capital.

Likes and Dislikes:

The French believe in courtesy, good etiquette, and intellectual discussions, when it comes to likes and dislikes. They enjoy spending time in cafes, sharing ideas and with family. They also enjoy traveling because exploration of new cultures is believed to be enriching. They, conversely, do not like impoliteness, too much familiarity and disrespect for tradition.

Living Standards:

Living standard in France is high, there are good access to healthcare, education and social services. The human mind leans toward a healthy lifestyle where employment is valued but rest and recreation are equally held. The cultural value of preserving personal well-being on Sundays is often assigned to family time or rest.

Conclusion:

The French culture is generally sophisticated, innovative, and balanced. It is a lifestyle that embraces the fun of simple things, the honoring of traditions, the orientation to new experiences, and it is appreciated worldwide.