

How active are they?

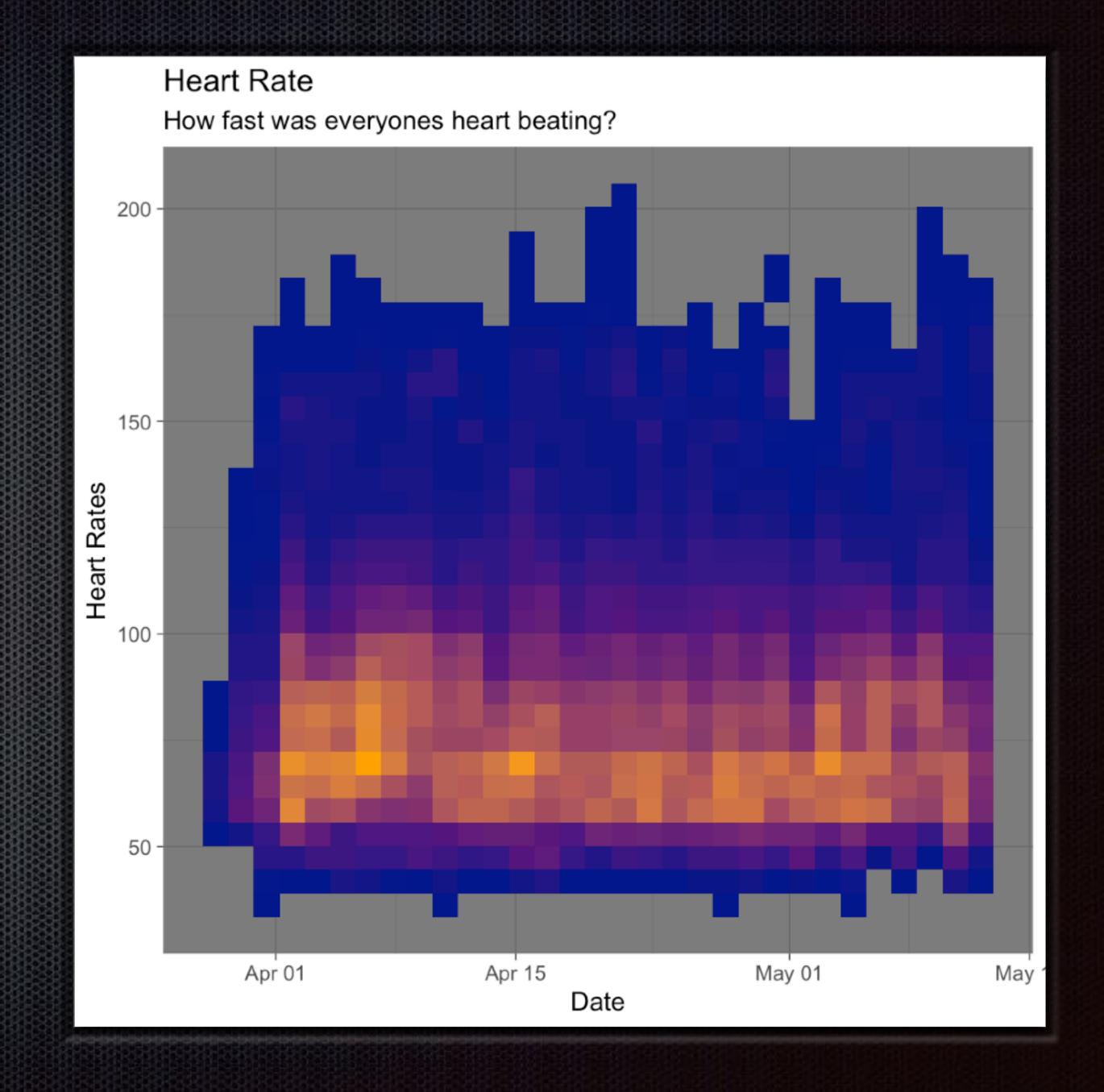
274-78 BPM, considered average heart rates.

Some outliers:

Young individual doing hard exercise (200+ BPM) Slow 36 BPM rest rate.

How active are they?

- * 74-78 BPM, considered average heart rates.
- Some outliers:
 - Young individual doing hard exercise (200+ BPM)
 - Slow 36 BPM rest rate.



How far do they walk?