1. Extract Method
2. Inline Method
3. Inline Temp
4. Replace Temp with Query
5. Introduce Explaining Variable
6. Split Temporary Variable
7. Remove Assignments to Parameters
8. Replace Method with Method Object
9. Substitute Algorithm
10. Move Method
11. Move Field
12. Extract Class
13. Inline Class
14. Hide Delegate
15. Remove Middle Man
16. Introduce Foreign Method
17. Introduce Local Extension
18. Decompose Conditional
19. •Consolidate Conditional Expression
20. •Consolidate Duplicate Conditional Fragments
21. •Remove Control Flag
22. •Replace Nested Conditional with Guard Clauses
23. •Replace Conditional with Polymorphism
24. •Introduce Null Object
25. •Introduce Assertion

Done:

1. Extract Method
2. Replace Temp with Query
3. Introduce Explaining Variable
4. Move Method
5. Extract Class
6. Self encapsulate field
7. Replace Nested Conditional with Guard Clauses