

## CAMEL CITY INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/1/2019 - 2/2/2019

## MEET OFFICIALS

Meet Director:

DePaul Mittman

Timing:

Timing Inc.



## OFFICIAL MEET REPORT

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# RESULTS

### #21 Women's 60 Meters

\$	JDL Fast Track	7.18	Barbara Pierre	Unattached	1/20/2013
!	College Facility	7.32	Danielle Williams	Johnson C Smith	3/15/2014
@	Camel City	7.25	Dezerae Bryant	Unattached	2016

### Finals

Pl	Name	Team	Time
1	Bolden, Leah	High Point	7.61
2	Davis, Alyson	Unattached	7.63
3	Johnson, Kaniya	Unattached	7.69
4	Judkins, Nia	North Carolina St.	7.73
5	Matthews, Tania	Richmond	7.74
6	Alexander, Tyresha	N.C. Central	7.76
7	Accius, Tamar	Richmond	7.86
8	Wright, Kyla	North Carolina St.	7.89

### Prelims

Pl	Name	Team	Time	H(Pl)
1	Johnson, Kaniya	Unattached	7.63Q	1(1)
2	Matthews, Tania	Richmond	7.69Q	4(1)
3	Bolden, Leah	High Point	7.70Q	2(1)
4	Davis, Alyson	Unattached	7.72q	4(2)
5	Judkins, Nia	North Carolina St.	7.78Q	3(1)
6	Alexander, Tyresha	N.C. Central	7.81q	2(2)
7	Wright, Kyla	North Carolina St.	7.82q	1(2)
8	Accius, Tamar	Richmond	7.86q	1(3)
9	Smith, Ratesha	Webber	7.88	3(2)
10	Kelly, Maya	Troy	7.91	3(3)
11	Nkereuwem, Mary	Troy	7.93	2(3)
12	Johnson, Erin	N.C. Central	7.94	3(4)
13	McNeill, Kierra	Catawba	7.95	4(3)
14	Haywood, Jordan	Elon	7.98	2(4)
15	Bohannon, Maddie	Catawba	8.00	1(4)
16	Jonas, Michaelia	Fayetteville St.	8.03	1(5)
17	Brown, Amberine	Fayetteville St.	8.03	4(4)
18	Taylor, J'nai	Webber	8.04	3(5)
19	Smith-Cunningham, Bryannah	Catawba	8.08	4(5)
20	Patillo, Nyesha	UNCW	8.12	2(5)
21	Pringle, Maya	Col. of Charleston	8.16	2(6)
22	Bowman, Jahnae	UNCW	8.16	4(6)
23	McKeever, Iyana	USC-Beaufort	8.18	4(7)
24	Towe, Morgan	Richmond	8.20	1(6)
	Hines, Katherine	Davidson	DNS	1
	Cefalo, Courtney	UNCW	DNS	1
	Allen, Tawana	Fayetteville St.	DNS	2
	Long, Tori	Davidson	DNS	2
	Butkovich, Brenna	Queens (N.C.)	DNS	3
	Miles, Daijah	Louisburg College	DNS	3
	White, Bethany	N.C. Central	DNS	3

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**RESULTS****#21 Women's 60 Meters (cont'd)****Prelims**

PI	Name	Team	Time	H(PI)
	Corso, Meghan	Davidson	DNS	4

**#11 Women's 60 Meters Qualifying**

\$	JDL Fast Track	7.18	Barbara Pierre	Unattached	1/20/2013
!	College Facility	7.32	Danielle Williams	Johnson C Smith	3/15/2014
@	Camel City	7.25	Dezerae Bryant	Unattached	2016

PI	Name	Team	Time	H(PI)
1	Hall, Kate	Unattached	7.34	1(1)
2	White, Bethany	N.C. Central	7.44	1(2)
3	Bolden, Leah	High Point	7.61	1(3)
4	Accius, Tamar	Richmond	7.68	2(1)
5	Matthews, Tania	Richmond	7.71	1(4)
6	Davis, Alyson	Unattached	7.74	1(5)
7	Johnson, Kaniya	Unattached	7.75	1(6)
8	Alexander, Tyresha	N.C. Central	7.78	2(2)
9	Kelly, Maya	Troy	7.80	2(3)
10	Judkins, Nia	North Carolina St.	7.80	1(7)
11	Nkereuwem, Mary	Troy	7.82	2(4)
12	Wright, Kyla	North Carolina St.	7.84	1(8)
13	McNeill, Kierra	Catawba	7.86	2(5)
14	Smith-Cunningham, Bryannah	Catawba	7.88	3(1)
15	Hines, Katherine	Davidson	7.90	4(1)
16	Haywood, Jordan	Elon	7.90	2(6)
17	Smith, Ratesha	Webber	7.92	4(2)
18	Johnson, Erin	N.C. Central	7.94	3(2)
19	Allen, Tawana	Fayetteville St.	7.94	2(7)
20	Bohannon, Maddie	Catawba	7.95	3(3)
21	Bowman, Jahnae	UNCW	7.99	3(4)
22	Brown, Amberine	Fayetteville St.	8.00	3(5)
23	Cefalo, Courtney	UNCW	8.03	4(3)
24	Patillo, Nyesha	UNCW	8.06	5(1)
25	Taylor, J'nai	Webber	8.07	2(8)
26	Long, Tori	Davidson	8.07	3(6)
26	Miles, Daijah	Louisburg College	8.07	5(2)
28	Jonas, Michaelia	Fayetteville St.	8.08	5(3)
29	Corso, Meghan	Davidson	8.09	5(4)
30	McKeever, Iyana	USC-Beaufort	8.09	4(4)
31	Towe, Morgan	Richmond	8.10	4(5)
32	Pringle, Maya	Col. of Charleston	8.12	5(5)
33	Butkovich, Brenna	Queens (N.C.)	8.13	5(6)
34	Boone, Inayah	Bryant & Stratton College	8.15	7(1)
35	Edwards, Marion	Coe	8.16	4(6)
36	Nowakowski, Lily	Col. of Charleston	8.21	5(7)
37	Hines, Jade	Webber	8.22	6(1)
38	Darrell, Shania	Livingstone	8.22	4(7)

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**RESULTS****#11 Women's 60 Meters Qualifying (cont'd)**

Pl	Name	Team	Time	H(Pl)
39	Greene, Rebekah	Richmond	8.23	3(7)
40	Skeen, Kameron	Winston-Salem St.	8.25	7(2)
41	Ruffin, Donesha	Webber	8.27	6(2)
42	Shedrick, Tawnie	Fayetteville St.	8.27	5(8)
43	Maxwell, Akeena	Catawba	8.38	3(8)
44	Rahman, Saidah	Davidson	8.38	6(3)
45	Boyle, Aubree	Col. of Charleston	8.45	7(3)
46	Resper-Robinson, Keyvana	Virginia-Lynchburg	8.47	6(4)
47	Lucas, Tionna	Louisburg College	8.67	6(5)
48	Mays, Shakeyah	Livingstone	8.71	6(6)
49	Morales, Ashley	High Point	8.78	7(4)
50	Steege, Lauren	Coe	8.87	6(7)
51	Cox, Deidra	Montreat	8.94	7(5)
52	Caldwell, Ashley	Belmont Abbey	9.04	7(6)
53	McCray, Chantell	Bryant & Stratton College	11.97	7(7)
	Brown, Asheton	Unattached	DNS	4
	Edmond, Jae-Lyenn	Virginia-Lynchburg	DNS	6

**#5 Women's 200 Meters**

\$	JDL Fast Track	23.80	Danielle Williams	Johnson C. Smith	3/15/2014
!	College Facility	23.80	Danielle Williams	Johnson C Smith	3/15/2014
@	Camel City	24.40	Gabrielle Houston	Charleston Southern	2013

Pl	Name	Team	Time	H(Pl)
1	Ogba, Precious	Troy	24.74	1(1)
2	Accius, Tamar	Richmond	25.31	2(1)
3	Delley, Cydney	Wake Forest	25.49	2(2)
4	Alexander, Tyresha	N.C. Central	25.59	2(3)
5	Johnson, Sarah	Wake Forest	25.66	3(1)
6	pollard, kianje	Unattached	25.77	1(2)
7	Thorne, Kennedy	N. Carolina A&T	25.78	3(2)
8	Hines, Katherine	Davidson	25.82	4(1)
9	Norman, Jessica	N.C. Central	25.84	2(4)
10	Haywood, Jordan	Elon	25.85	5(1)
11	Kelly, Maya	Troy	25.95	5(2)
12	Andrews, Olivia	N.C. Central	26.08	6(1)
13	Thompson, Dymanique	Cumberlands	26.10	4(2)
14	Davis, Alyson	Unattached	26.19	6(2)
15	Thompson, Cierra	Winston-Salem St.	26.21	4(3)
16	Long, Tori	Davidson	26.24	5(3)
17	Smith, Ratesha	Webber	26.35	3(3)
18	Patillo, Nyesha	UNCW	26.40	3(4)
19	Megginson, Tamiyah	Louisburg College	26.42	8(1)
20	Johnson, Erin	N.C. Central	26.46	1(3)
21	Bohannon, Maddie	Catawba	26.55	7(1)
22	Towe, Morgan	Richmond	26.63	5(4)
23	Smith-Cunningham, Bryannah	Catawba	26.67	9(1)

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**RESULTS****#5 Women's 200 Meters (cont'd)**

Pl	Name	Team	Time	H(Pl)
24	Jonas, Michaelia	Fayetteville St.	26.79	12(1)
25	Williams, Lauren	Fayetteville St.	26.80	8(2)
26	Sheffield, Brynn	UNCW	26.83	6(3)
27	Boone, Inayah	Bryant & Stratton College	26.84	11(1)
28	Pearce, Ashley	Louisburg College	26.89	7(2)
29	Barnett, Selena	Cumberlands	27.03	9(2)
30	Edwards, Marion	Coe	27.04	8(3)
31	Nowakowski, Lily	Col. of Charleston	27.11	11(2)
32	Taylor, J'nai	Webber	27.15	6(4)
33	Shedrick, Tawnie	Fayetteville St.	27.21	9(3)
34	Maxwell, Akeena	Catawba	27.22	10(1)
35	Brown, Amberine	Fayetteville St.	27.23	12(2)
36	Laws, Lydia	Unattached	27.26	10(2)
37	Pringle, Maya	Col. of Charleston	27.38	9(4)
38	Bowman, Jahnae	UNCW	27.43	4(4)
39	Miles, Daijah	Louisburg College	27.45	13(1)
40	Christian, Courtney	UNCW	27.45	12(3)
41	Rahman, Saidah	Davidson	27.56	8(4)
42	Ulseth, Elise	Queens (N.C.)	27.75	13(2)
43	Johnson, Keyona	Winston-Salem St.	27.96	11(3)
44	Nickl, Alexis	Wake Forest	27.99	7(3)
45	Ruffin, Donesha	Webber	28.17	13(3)
46	McQune, Maya	Belmont Abbey	28.20	7(4)
47	Lewis, Brianna	Col. of Charleston	28.25	11(4)
48	Seay, Madison	Anderson (S.C.)	28.30	10(3)
49	Butkovich, Brenna	Queens (N.C.)	28.31	14(1)
50	Brown, Asheton	Unattached	28.37	10(4)
51	Marshall, Natalie	Wake Forest	28.96	14(2)
52	Mays, Shakeynah	Livingstone	29.34	13(4)
53	Vrakas, Zenia	Richmond	29.60	14(3)
54	Thornton, Gianna	Webber	29.68	15(1)
55	Caldwell, Ashley	Belmont Abbey	30.64	14(4)
56	Hickin, Genevieve	Belmont Abbey	31.35	15(2)
	Cox, Deidra	Montreat	DQ	15
	McCray, Chantell	Bryant & Stratton College	DNS	15
	Bennon, Adia	Col. of Charleston	DNS	12

**#19 Women's 400 Meters**

\$	JDL Fast Track	52.96	Kayla Davis	Unattached	1/26/2019
!	College Facility	53.90	Kayon Robinson	Adams State	3/15/2014
@	Camel City	54.95	Kelsey Balkwill	Unattached	2016

Pl	Name	Team	Time	H(Pl)
1	Ogba, Precious	Troy	56.55	1(1)
2	Helbling, Rachel	Richmond	57.16	1(2)
3	Brzozowski, Lauren	Elon	57.35	1(3)
4	Andrews, Olivia	N.C. Central	57.38	2(1)

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**RESULTS****#19 Women's 400 Meters (cont'd)**

Pl	Name	Team	Time	H(Pl)
5	Porter, Victoria	Winston-Salem St.	57.94	2(2)
6	Arbogast, Katherine	Elon	58.40	1(4)
7	Thring, Jacqueline	Mount Olive	58.58	4(1)
8	Woods, Kayla	Richmond	58.63	3(1)
9	McLean, Tamia	Winston-Salem St.	58.85	1(5)
10	Loehr, Grace	Davidson	59.47	3(2)
11	Arthur, Taylor	High Point	59.50	3(3)
12	Spencer, Makiya	UNCW	59.80	2(3)
13	Laws, Lydia	Unattached	1:00.26	5(1)
14	Hofferber, Grace	Wake Forest	1:00.30	4(2)
15	Humphries, Marquia	Davidson	1:00.51	5(2)
16	Belvin, Alion	Wake Forest	1:00.82	5(3)
17	McMannon, Megan	Cumberlands	1:01.08	4(3)
18	Ackerman, Sophia	Davidson	1:01.71	5(4)
19	Bautch, Josephine	Coe	1:01.92	3(4)
20	Edwards, Marion	Coe	1:02.42	3(5)
21	Boone, Inayah	Bryant & Stratton College	1:02.53	6(1)
22	Blake, Savannah	Bridgewater (Va.)	1:04.14	6(2)
23	Lagana, Sophia	Wake Forest	1:04.83	7(1)
24	Ennis, Kayla	Col. of Charleston	1:04.90	4(4)
25	Fitzpatrick, Erin	Bridgewater (Va.)	1:05.75	6(3)
26	Ream, Koree	Webber	1:06.34	7(2)
27	Davis, Jordan	Bridgewater (Va.)	1:06.49	6(4)
28	Willingham, Lauren	Elon	1:08.42	7(3)
29	Clark, Kendal	Webber	1:10.79	7(4)
30	Wilson, Niyah	Virginia-Lynchburg	1:11.52	7(5)
	Seabrook, Kiana	N.C. Central	DNF	2
	Johnson, Sarah	Wake Forest	DNF	2
	Ross, Desiree	Elon	DNS	4
	Lewis, Brianna	Col. of Charleston	DNS	5
	Leonard, Carisha	Fayetteville St.	DNS	6

**#15 Women's 600 Meters**

\$	JDL Fast Track	1:31.34	Abby Farley	Bull City Running	1/16/2016
!	College Facility	1:31.47	Hannah Segrave	Milligan	2/17/2017

Pl	Name	Team	Time	H(Pl)
1	Charles, Ericka	Unattached	1:32.80	1(1)
	29.90 (29.90) 30.87 (1:00.77) 32.04 (1:32.80)			
2	Bailey, Tiarra	Troy	1:33.72	1(2)
	29.72 (29.72) 31.07 (1:00.78) 32.94 (1:33.72)			
3	pollard, kianje	Unattached	1:35.53	1(3)
	30.54 (30.54) 31.45 (1:01.98) 33.55 (1:35.53)			
4	Gallagher, Emma	Wake Forest	1:42.07	1(4)
	30.86 (30.86) 32.42 (1:03.27) 38.81 (1:42.07)			
5	Gidderon, Ti'Coiya	Bryant & Stratton College	1:42.84	5(1)
	31.48 (31.48) 34.96 (1:06.43) 36.41 (1:42.84)			

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**RESULTS****#15 Women's 600 Meters (cont'd)**

Pl	Name		Team	Time	H(Pl)
6	Kenyeres, Valentina		Milligan	1:43.11	4(1)
	31.80 (31.80)	36.04 (1:07.83)	35.28 (1:43.11)		
7	Hanna, Annie		UNCW	1:43.21	2(1)
	31.30 (31.30)	35.18 (1:06.48)	36.73 (1:43.21)		
8	Geis, Emmy		High Point	1:43.26	3(1)
	31.57 (31.57)	34.83 (1:06.40)	36.87 (1:43.26)		
9	Nickl, Alexis		Wake Forest	1:43.79	5(2)
	31.14 (31.14)	34.83 (1:05.96)	37.83 (1:43.79)		
10	Jean-Raymond, Ashley		N.C. Central	1:43.90	3(2)
	31.44 (31.44)	35.33 (1:06.76)	37.14 (1:43.90)		
11	Reynolds, Madison		High Point	1:45.01	3(3)
	31.95 (31.95)	35.71 (1:07.65)	37.36 (1:45.01)		
12	Weisbrod, Anika		High Point	1:46.24	3(4)
	32.38 (32.38)	36.07 (1:08.45)	37.79 (1:46.24)		
13	Seybold, Margaret		Washington and Lee	1:46.40	2(2)
	32.98 (32.98)	36.76 (1:09.74)	36.66 (1:46.40)		
14	Morrow, Charlotte		High Point	1:46.54	3(5)
	33.04 (33.04)	35.20 (1:08.24)	38.31 (1:46.54)		
15	Johnson, Keyona		Winston-Salem St.	1:46.93	2(3)
	32.72 (32.72)	37.51 (1:10.22)	36.71 (1:46.92)		
16	Otranto, Julia		Belmont Abbey	1:47.38	5(3)
	36.03 (36.03)	36.82 (1:12.84)	34.54 (1:47.38)		
17	Ennis, Kayla		Col. of Charleston	1:47.62	4(2)
	31.31 (31.31)	37.08 (1:08.39)	39.24 (1:47.62)		
18	Hairston-Waller, Cajazzalyn		N.C. Central	1:48.52	4(3)
	32.36 (32.36)	36.70 (1:09.06)	39.46 (1:48.52)		
19	Seay, Madison		Anderson (S.C.)	1:48.61	5(4)
	35.63 (35.63)	37.44 (1:13.07)	35.55 (1:48.61)		
20	Vedder, Eileen		Col. of Charleston	1:51.02	3(6)
	34.10 (34.10)	37.42 (1:11.51)	39.51 (1:51.02)		
21	Ream, Koree		Webber	1:51.65	4(4)
	32.38 (32.38)	38.81 (1:11.18)	40.47 (1:51.65)		
22	Cucinotta, Gianna		Col. of Charleston	1:52.12	2(4)
	31.85 (31.85)	38.01 (1:09.86)	42.26 (1:52.12)		
23	Emmerson, Siearra		Catawba	1:54.06	4(5)
	32.09 (32.09)	37.86 (1:09.94)	44.13 (1:54.06)		
	Savioz, Natacha		Elon	DNS	1
	Ward, Madeline		Wake Forest	DNS	2
	Gayden, Ma'Kyia		Winston-Salem St.	DNS	4
	Henderson, Taylor		Winston-Salem St.	DNS	5
	Ruznak, Summer		Belmont Abbey	DNS	5

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**RESULTS****#3 Women's 800 Meters**

\$	JDL Fast Track	2:02.10	Melissa Bishop	Nike	1/30/2016
!	College Facility	2:03.31	Hanna Green	Virginia Tech	2/4/2017
@	Camel City	2:02.10	Melissa Bishop	Nike	2016

Pl	Name	Team	Time	H(Pl)
1	Richards, Emily	Hoka NJNY TC	2:06.02	1(1)
	31.17 (31.17) 31.15 (1:02.32) 31.89 (1:34.20) 31.82 (2:06.02)			
2	Moline, Georganne	Adidas	2:06.96	1(2)
	30.65 (30.65) 31.24 (1:01.88) 32.53 (1:34.41) 32.56 (2:06.96)			
3	Gear, Kristlin	Furman	2:11.42	1(3)
	32.67 (32.67) 33.50 (1:06.17) 32.80 (1:38.97) 32.45 (2:11.42)			
4	Finch, Gemma	Troy	2:11.84	1(4)
	31.94 (31.94) 32.41 (1:04.34) 33.71 (1:38.05) 33.79 (2:11.84)			
5	Daughters, Eleni	Davidson	2:12.62	1(5)
	32.20 (32.20) 32.60 (1:04.80) 33.35 (1:38.15) 34.48 (2:12.62)			
6	Lott, Darroneshia	Unattached	2:13.21	1(6)
	31.79 (31.79) 32.33 (1:04.12) 34.15 (1:38.26) 34.95 (2:13.21)			
7	Kennedy, Madison	Troy	2:16.72	2(1)
	34.73 (34.73) 33.62 (1:08.34) 34.26 (1:42.60) 34.13 (2:16.72)			
8	Jakobs, Franziska	High Point	2:16.85	2(2)
	34.86 (34.86) 33.73 (1:08.58) 33.99 (1:42.57) 34.29 (2:16.85)			
9	Tillo-Prats, Nuria	East Carolina	2:19.34	1(7)
	33.83 (33.83) 34.95 (1:08.77) 35.08 (1:43.85) 35.49 (2:19.34)			
10	Harper, Camryn	High Point	2:19.41	3(1)
	33.73 (33.73) 34.94 (1:08.67) 36.03 (1:44.70) 34.72 (2:19.41)			
11	Nieusma, Claire	Davidson	2:19.80	1(8)
	32.17 (32.17) 33.17 (1:05.34) 36.14 (1:41.48) 38.33 (2:19.80)			
12	Willis, Caroline	Davidson	2:20.64	3(2)
	33.80 (33.80) 34.61 (1:08.41) 35.29 (1:43.69) 36.96 (2:20.64)			
13	Creary, Monzerad	N. Carolina A&T	2:20.68	2(3)
	35.06 (35.06) 34.07 (1:09.12) 35.06 (1:44.18) 36.50 (2:20.68)			
14	Armstrong, Sarah	Duke	2:21.09	2(4)
	35.33 (35.33) 35.11 (1:10.44) 35.08 (1:45.52) 35.58 (2:21.09)			
15	Means, Shalah	N. Carolina A&T	2:22.61	2(5)
	35.15 (35.15) 34.65 (1:09.79) 36.06 (1:45.85) 36.76 (2:22.61)			
16	Kasitz, Gillian	Queens (N.C.)	2:23.97	2(6)
	35.22 (35.22) 35.60 (1:10.81) 36.54 (1:47.35) 36.62 (2:23.97)			
17	Schiffman, Avery	Washington and Lee	2:24.99	3(3)
	35.59 (35.59) 37.31 (1:12.89) 36.85 (1:49.74) 35.26 (2:24.99)			
18	Gidderon, Ti'Coiya	Bryant & Stratton College	2:25.58	3(4)
	34.08 (34.08) 36.13 (1:10.21) 38.63 (1:48.84) 36.75 (2:25.58)			
19	Cunningham, Anne	Washington and Lee	2:25.64	3(5)
	35.79 (35.79) 37.38 (1:13.17) 36.88 (1:50.05) 35.60 (2:25.64)			
20	Funk, Logan	Christopher Newport	2:26.05	4(1)
	36.63 (36.63) 36.85 (1:13.48) 37.13 (1:50.60) 35.46 (2:26.05)			
21	Smith, Claire	Washington and Lee	2:26.53	4(2)
	36.88 (36.88) 36.01 (1:12.89) 35.76 (1:48.64) 37.89 (2:26.53)			
22	Ardrey, Kaitlyn	Christopher Newport	2:27.08	4(3)

**CAMEL CITY INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/1/2019 - 2/2/2019

**MEET OFFICIALS****Meet Director:**

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**RESULTS****#3 Women's 800 Meters (cont'd)**

Pl	Name	Team	Time	H(Pl)
	36.37 (36.37) 36.94 (1:13.30) 37.20 (1:50.49) 36.59 (2:27.08)			
23	Leonard, Carisha	Fayetteville St.	2:27.67	4(4)
	36.78 (36.78) 36.80 (1:13.58) 39.14 (1:52.71) 34.96 (2:27.67)			
24	Hyde, Kellie	Christopher Newport	2:28.08	4(5)
	36.76 (36.76) 36.93 (1:13.69) 37.28 (1:50.97) 37.12 (2:28.08)			
25	Bautch, Josephine	Coe	2:28.45	2(7)
	34.91 (34.91) 36.29 (1:11.20) 37.18 (1:48.37) 40.08 (2:28.45)			
26	Hooker, Kacee	Bridgewater (Va.)	2:28.62	4(6)
	36.87 (36.87) 36.48 (1:13.35) 37.42 (1:50.76) 37.86 (2:28.62)			
27	O'Hara, Regan	Queens (N.C.)	2:28.69	3(6)
	36.11 (36.11) 37.71 (1:13.81) 39.22 (1:53.03) 35.66 (2:28.69)			
28	Cruz, Aleena	Fayetteville St.	2:28.89	5(1)
	34.98 (34.98) 38.13 (1:13.11) 39.63 (1:52.73) 36.16 (2:28.89)			
29	Brown, Julia	East Carolina	2:30.19	3(7)
	35.29 (35.29) 37.95 (1:13.23) 39.42 (1:52.64) 37.55 (2:30.19)			
30	Rivenbark, Jordyn	Queens (N.C.)	2:31.03	5(2)
	34.50 (34.50) 38.21 (1:12.70) 39.00 (1:51.70) 39.33 (2:31.03)			
31	Murray, Heidi	Mount Olive	2:31.62	4(7)
	37.01 (37.01) 37.23 (1:14.23) 38.91 (1:53.13) 38.49 (2:31.62)			
32	Beasley, Sierra	Fayetteville St.	2:31.65	5(3)
	34.32 (34.32) 38.17 (1:12.48) 39.94 (1:52.42) 39.24 (2:31.65)			
33	Adams, Abbie	Catawba	2:31.99	3(8)
	34.51 (34.51) 36.84 (1:11.35) 39.63 (1:50.98) 41.01 (2:31.99)			
34	Hairston-Waller, Cajazzalyn	N.C. Central	2:34.30	5(4)
	34.22 (34.22) 38.29 (1:12.50) 40.19 (1:52.69) 41.61 (2:34.30)			
35	Landry, Katie	Anderson (S.C.)	2:37.03	5(5)
	36.25 (36.25) 38.85 (1:15.09) 41.33 (1:56.41) 40.62 (2:37.03)			
36	Petty, Lexie	Catawba	2:37.61	5(6)
	36.20 (36.20) 38.45 (1:14.65) 41.93 (1:56.57) 41.04 (2:37.61)			
37	Efird, Hannah	Catawba	2:40.08	5(7)
	36.83 (36.83) 38.68 (1:15.50) 41.77 (1:57.26) 42.82 (2:40.08)			
38	Petty, Taniya	Fayetteville St.	2:40.49	4(8)
	34.43 (34.43) 38.56 (1:12.99) 38.33 (1:51.31) 49.18 (2:40.49)			
39	Ardis, Natalie	Anderson (S.C.)	2:46.50	5(8)
	37.44 (37.44) 41.25 (1:18.68) 44.60 (2:03.28) 43.22 (2:46.50)			
40	Rodriguez, Alma	Montreat	2:46.57	5(9)
	37.16 (37.16) 40.74 (1:17.89) 43.76 (2:01.65) 44.93 (2:46.57)			
	Rankin, Alexandria	Troy	DNS	2

**#27 Women's Camel City Elite 800**

\$	JDL Fast Track	2:02.10	Melissa Bishop	Nike	1/30/2016
!	College Facility	2:03.31	Hanna Green	Virginia Tech	2/4/2017
@	Camel City	2:02.10	Melissa Bishop	Nike	2016

Pl	Name	Team	Time
1	Wilson, Ajee'	Adidas	\$ 1:59.26
	28.42 (28.42) 31.00 (59.42) 30.32 (1:29.73) 29.54 (1:59.26)		



**CAMEL CITY INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

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2/1/2019 - 2/2/2019

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**RESULTS****#27 Women's Camel City Elite 800 (cont'd)**

Pl	Name	Team				Time
2	Green, Hanna	Nike OTC Elite				! 2:03.08
	28.94 (28.94)	31.27 (1:00.21)	31.91 (1:32.11)	30.98 (2:03.08)		
3	Rogers, Raevyn	Nike				! 2:03.09
	28.54 (28.54)	31.17 (59.71)	31.98 (1:31.68)	31.42 (2:03.09)		
4	Butterworth, Lindsey	Unattached				2:03.77
	29.28 (29.28)	31.56 (1:00.83)	31.66 (1:32.49)	31.29 (2:03.77)		
5	Mu, Athing	Unattached				2:03.98
	28.74 (28.74)	31.11 (59.85)	31.93 (1:31.77)	32.21 (2:03.98)		
6	Bissah, Martha	Norfolk State				2:03.99
	28.64 (28.64)	31.35 (59.98)	32.18 (1:32.16)	31.83 (2:03.99)		
7	Egbeniyi, Abike	Mid. Tenn. State				2:06.59
	28.93 (28.93)	31.19 (1:00.12)	32.84 (1:32.95)	33.65 (2:06.59)		
8	Metcalfe, Kristen	Embry-Riddle				2:06.65
	29.57 (29.57)	30.85 (1:00.42)	32.57 (1:32.99)	33.67 (2:06.65)		
	Moline, Georganne	Adidas				DNF

**#9 Women's 1000 Meters**

\$	JDL Fast Track	2:49.00	Cydney Ross	Duke	12/1/2012
!	College Facility	2:49.00	Cydney Ross	Duke	12/1/2012

Pl	Name	Team				Time
1	Segrave, Hannah	New Balance				\$ 2:48.32
	32.88 (32.88)	35.29 (1:08.16)	35.44 (1:43.60)	33.23 (2:16.83)	31.49 (2:48.32)	
2	Fazio, Brooke	Richmond				2:52.41
	33.07 (33.07)	35.34 (1:08.41)	35.63 (1:44.03)	36.11 (2:20.13)	32.28 (2:52.41)	
3	Scott, Nichelle	VCU				2:53.48
	32.83 (32.83)	35.33 (1:08.16)	35.66 (1:43.81)	34.49 (2:18.30)	35.19 (2:53.48)	
4	Charles, Ericka	Unattached				2:55.19
	33.25 (33.25)	35.20 (1:08.44)	35.57 (1:44.01)	35.52 (2:19.52)	35.67 (2:55.19)	
5	Stone, Erica	Milligan				3:00.26
	33.75 (33.75)	35.14 (1:08.89)	36.34 (1:45.23)	38.17 (2:23.39)	36.87 (3:00.26)	
6	Brown, Claire	Richmond				3:00.92
	33.52 (33.52)	35.29 (1:08.80)	36.29 (1:45.09)	38.96 (2:24.05)	36.87 (3:00.92)	
7	Owen, Bekah	Milligan				3:03.23
	34.42 (34.42)	35.13 (1:09.55)	36.87 (1:46.41)	38.59 (2:25.00)	38.23 (3:03.23)	
8	Vedder, Eileen	Col. of Charleston				3:18.28
	35.84 (35.84)	38.52 (1:14.36)	41.48 (1:55.83)	41.93 (2:37.75)	40.54 (3:18.28)	
9	Harris, Imperial	Louisburg College				3:25.65
	36.27 (36.27)	39.94 (1:16.20)	42.86 (1:59.06)	43.92 (2:42.97)	42.68 (3:25.65)	
10	Hetzel, Grace	Belmont Abbey				3:38.42
	36.85 (36.85)	40.73 (1:17.57)	46.19 (2:03.76)	48.74 (2:52.49)	45.93 (3:38.42)	
11	Byrd, Stephanie	Belmont Abbey				4:19.54
	41.96 (41.96)	52.25 (1:34.20)	56.67 (2:30.87)	56.57 (3:27.44)	52.10 (4:19.54)	

**CAMEL CITY INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/1/2019 - 2/2/2019

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**RESULTS****#29 Women's Camel City Elite Mile**

\$	JDL Fast Track	4:22.66	Shannon Rowbury	Nike Oregon Project	1/31/2015
!	College Facility	4:36.10	Grace Barnett	Clemson	2/18/2017

Pl	Name	Team	Time
1	Barnett, Grace	Mammoth TC	! 4:33.94
	34.87 (34.87) 33.73 (1:08.60) 34.31 (1:42.90) 34.69 (2:17.58) 34.70 (2:52.27) 35.26 (3:27.53)		
	34.03 (4:01.55) 32.40 (4:33.94)		
2	Pocratsky, Rachel	Virginia Tech	4:36.49
	35.09 (35.09) 33.75 (1:08.84) 34.22 (1:43.05) 34.75 (2:17.79) 34.70 (2:52.49) 35.24 (3:27.73)		
	34.77 (4:02.49) 34.00 (4:36.49)		
3	Edwards, Sarah	Virginia Tech	4:36.49
	35.36 (35.36) 33.89 (1:09.25) 34.50 (1:43.74) 34.80 (2:18.54) 34.84 (2:53.37) 35.51 (3:28.87)		
	34.34 (4:03.21) 33.29 (4:36.49)		
4	Cooper, Abbey	New Balance	4:38.48
	35.58 (35.58) 33.71 (1:09.29) 34.67 (1:43.95) 34.92 (2:18.87) 34.56 (2:53.43) 35.78 (3:29.21)		
	35.04 (4:04.24) 34.24 (4:38.48)		
5	Garcia, Stephanie	New Balance	4:44.17
	34.92 (34.92) 33.76 (1:08.68) 34.21 (1:42.88) 34.69 (2:17.57) 34.72 (2:52.29) 35.74 (3:28.03)		
	36.83 (4:04.86) 39.32 (4:44.17)		
6	Starcher, Tori	Unattached	4:45.14
	36.23 (36.23) 34.67 (1:10.90) 35.73 (1:46.62) 36.48 (2:23.09) 36.09 (2:59.18) 35.68 (3:34.86)		
	35.61 (4:10.46) 34.68 (4:45.14)		
7	Piccirillo, Angel	Juventus TC	4:47.28
	35.20 (35.20) 33.78 (1:08.97) 34.32 (1:43.29) 34.83 (2:18.12) 34.97 (2:53.09) 36.73 (3:29.82)		
	38.41 (4:08.22) 39.06 (4:47.28)		
8	Hallowes, Kim	Duke	4:48.26
	36.44 (36.44) 34.70 (1:11.13) 35.72 (1:46.85) 36.47 (2:23.31) 36.38 (2:59.69) 36.89 (3:36.58)		
	36.92 (4:13.49) 34.78 (4:48.26)		
9	Mareno, Nevada	North Carolina St.	4:52.48
	36.12 (36.12) 34.44 (1:10.55) 35.78 (1:46.32) 36.66 (2:22.98) 36.49 (2:59.47) 36.90 (3:36.36)		
	37.80 (4:14.15) 38.33 (4:52.48)		
	Richards, Emily	Hoka NJNY TC	DNF

**#1 Women's 1 Mile Run**

\$	JDL Fast Track	4:22.66	Shannon Rowbury	Nike Oregon Project	1/31/2015
!	College Facility	4:36.10	Grace Barnett	Clemson	2/18/2017

Pl	Name	Team	Time	H(Pl)
1	Lansing, Liz	Duke	4:51.49	1(1)
	36.70 (36.70) 36.26 (1:12.95) 36.81 (1:49.75) 36.74 (2:26.49) 36.81 (3:03.30) 36.86 (3:40.15)			
	36.69 (4:16.84) 34.65 (4:51.49)			
2	Torino, Leigha	Duke	4:51.58	1(2)
	36.49 (36.49) 36.12 (1:12.61) 36.77 (1:49.37) 36.53 (2:25.89) 36.10 (3:01.99) 36.38 (3:38.36)			
	36.97 (4:15.32) 36.26 (4:51.58)			
3	Ferguson, Emma	North Carolina St.	4:52.82	1(3)
	36.00 (36.00) 36.88 (1:12.87) 36.82 (1:49.69) 36.65 (2:26.33) 36.77 (3:03.10) 37.25 (3:40.34)			
	36.67 (4:17.01) 35.81 (4:52.82)			
4	Sullivan, Grace	East Carolina	4:54.83	1(4)

**CAMEL CITY INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

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2/1/2019 - 2/2/2019

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**RESULTS****#1 Women's 1 Mile Run (cont'd)**

Pl	Name		Team		Time	H(Pl)
	36.31 (36.31)	37.02 (1:13.33)	37.19 (1:50.51)	37.32 (2:27.82)	37.11 (3:04.93)	37.51 (3:42.43)
	36.96 (4:19.39)	35.44 (4:54.83)				
5	Zachgo, Julia		North Carolina St.		4:55.53	1(5)
	37.01 (37.01)	36.71 (1:13.72)	37.04 (1:50.76)	36.35 (2:27.11)	36.60 (3:03.70)	36.85 (3:40.54)
	37.17 (4:17.71)	37.83 (4:55.53)				
6	Yarbrough, Caroline		Davidson		5:00.16	1(6)
	36.39 (36.39)	36.77 (1:13.15)	36.82 (1:49.97)	36.92 (2:26.89)	37.71 (3:04.60)	38.97 (3:43.56)
	39.49 (4:23.04)	37.12 (5:00.16)				
7	Tillo-Prats, Nuria		East Carolina		5:00.81	2(1)
	37.07 (37.07)	37.01 (1:14.08)	36.94 (1:51.01)	37.56 (2:28.57)	37.76 (3:06.33)	37.10 (3:43.43)
	38.46 (4:21.88)	38.93 (5:00.81)				
8	Smith, Chelsea		Elon		5:00.91	2(2)
	37.92 (37.92)	36.81 (1:14.73)	37.34 (1:52.06)	38.00 (2:30.06)	38.34 (3:08.39)	38.17 (3:46.56)
	38.20 (4:24.76)	36.16 (5:00.91)				
9	Brown, Claire		Richmond		5:01.20	2(3)
	38.26 (38.26)	35.99 (1:14.25)	36.43 (1:50.67)	38.35 (2:29.02)	38.07 (3:07.08)	38.20 (3:45.28)
	39.10 (4:24.37)	36.84 (5:01.20)				
10	Smith, Brooke		Shawnee State		5:01.32	2(4)
	37.78 (37.78)	36.02 (1:13.80)	36.88 (1:50.67)	37.62 (2:28.29)	38.06 (3:06.35)	37.56 (3:43.90)
	38.58 (4:22.48)	38.84 (5:01.32)				
11	Savchik, Clara		Duke		5:01.64	1(7)
	36.65 (36.65)	36.96 (1:13.60)	37.57 (1:51.17)	37.89 (2:29.05)	38.42 (3:07.47)	38.46 (3:45.93)
	38.36 (4:24.28)	37.36 (5:01.64)				
12	Mills, Sophia		Davidson		5:02.17	1(8)
	36.95 (36.95)	36.78 (1:13.73)	36.68 (1:50.40)	37.10 (2:27.50)	37.47 (3:04.97)	38.52 (3:43.48)
	39.39 (4:22.87)	39.31 (5:02.17)				
13	Gwynn, Olivia		Duke		5:03.41	2(5)
	37.21 (37.21)	36.72 (1:13.92)	36.97 (1:50.89)	37.54 (2:28.42)	38.34 (3:06.75)	38.28 (3:45.03)
	39.22 (4:24.25)	39.17 (5:03.41)				
14	Wolkenhauer, Hannah		Queens (N.C.)		5:03.67	2(6)
	37.53 (37.53)	36.54 (1:14.06)	37.04 (1:51.09)	38.43 (2:29.52)	38.23 (3:07.74)	38.22 (3:45.95)
	38.60 (4:24.55)	39.12 (5:03.67)				
15	Reneau, Elizabeth		Duke		5:06.46	1(9)
	36.90 (36.90)	36.58 (1:13.48)	37.30 (1:50.78)	38.37 (2:29.14)	39.57 (3:08.70)	39.96 (3:48.65)
	39.95 (4:28.59)	37.87 (5:06.46)				
16	Vess, Anna		North Carolina St.		5:08.02	1(10)
	36.55 (36.55)	36.68 (1:13.22)	36.98 (1:50.19)	36.88 (2:27.06)	37.25 (3:04.31)	40.22 (3:44.52)
	41.84 (4:26.36)	41.67 (5:08.02)				
17	Noall, Lucie		Queens (N.C.)		5:08.66	2(7)
	37.33 (37.33)	36.87 (1:14.20)	37.06 (1:51.25)	38.06 (2:29.31)	38.14 (3:07.45)	38.43 (3:45.88)
	41.44 (4:27.31)	41.36 (5:08.66)				
18	Ritter, Celine		Mount Olive		5:09.64	1(11)
	37.14 (37.14)	36.45 (1:13.59)	37.67 (1:51.26)	38.12 (2:29.37)	38.54 (3:07.91)	40.42 (3:48.32)
	41.19 (4:29.51)	40.14 (5:09.64)				
19	Guest, Tanner		Troy		5:10.66	3(1)

**CAMEL CITY INVITATIONAL**

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JDL Fast Track

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**RESULTS****#1 Women's 1 Mile Run (cont'd)**

Pl	Name	Team				Time	H(Pl)
	37.90 (37.90)	37.57 (1:15.46)	38.18 (1:53.64)	38.39 (2:32.02)	39.86 (3:11.88)	39.78 (3:51.66)	
	39.62 (4:31.28)	39.38 (5:10.66)					
20	Preoo, Hannah	Elon				5:12.37	2(8)
	38.31 (38.31)	36.66 (1:14.97)	37.47 (1:52.43)	38.23 (2:30.65)	39.40 (3:10.05)	41.03 (3:51.08)	
	41.76 (4:32.83)	39.55 (5:12.37)					
21	Robelen , Caroline	Richmond				5:13.52	2(9)
	36.81 (36.81)	37.03 (1:13.84)	36.91 (1:50.75)	38.31 (2:29.05)	38.81 (3:07.86)	41.07 (3:48.93)	
	42.38 (4:31.30)	42.22 (5:13.52)					
22	MacTurk, Katie	Davidson				5:13.97	2(10)
	38.04 (38.04)	36.97 (1:15.00)	37.63 (1:52.63)	39.91 (2:32.53)	40.38 (3:12.91)	41.17 (3:54.07)	
	41.13 (4:35.20)	38.78 (5:13.97)					
23	Seybold, Margaret	Washington and Lee				5:15.01	3(2)
	37.64 (37.64)	37.85 (1:15.49)	39.43 (1:54.92)	41.38 (2:36.30)	41.64 (3:17.93)	40.79 (3:58.71)	
	39.66 (4:38.37)	36.64 (5:15.01)					
24	Moody, Julia	Washington and Lee				5:15.89	3(3)
	38.26 (38.26)	37.66 (1:15.91)	39.31 (1:55.22)	41.29 (2:36.50)	41.70 (3:18.19)	40.18 (3:58.37)	
	39.57 (4:37.93)	37.96 (5:15.89)					
25	Smith, Marissa	Shawnee State				5:16.78	3(4)
	39.25 (39.25)	37.54 (1:16.79)	39.97 (1:56.76)	40.55 (2:37.30)	40.51 (3:17.81)	41.17 (3:58.97)	
	39.47 (4:38.44)	38.34 (5:16.78)					
26	King, Paige	Elon				5:17.47	3(5)
	37.82 (37.82)	37.43 (1:15.25)	38.17 (1:53.42)	38.30 (2:31.72)	39.77 (3:11.49)	42.78 (3:54.27)	
	43.33 (4:37.59)	39.89 (5:17.47)					
27	Dinger, Charis	High Point				5:17.49	3(6)
	38.62 (38.62)	38.25 (1:16.87)	39.66 (1:56.53)	41.13 (2:37.66)	40.42 (3:18.07)	40.96 (3:59.03)	
	40.16 (4:39.19)	38.31 (5:17.49)					
28	Arellano, Allyson	Queens (N.C.)				5:17.90	2(11)
	37.55 (37.55)	36.95 (1:14.50)	37.21 (1:51.71)	38.14 (2:29.84)	38.32 (3:08.15)	39.52 (3:47.66)	
	44.00 (4:31.65)	46.26 (5:17.90)					
29	Ambrose, Cate	Col. of Charleston				5:17.95	2(12)
	37.82 (37.82)	36.99 (1:14.81)	38.15 (1:52.96)	39.81 (2:32.77)	40.39 (3:13.16)	41.31 (3:54.46)	
	42.52 (4:36.97)	40.98 (5:17.95)					
30	Clayton, Lucy	High Point				5:20.37	3(7)
	39.00 (39.00)	38.20 (1:17.19)	40.12 (1:57.31)	40.74 (2:38.05)	40.57 (3:18.61)	41.00 (3:59.61)	
	40.47 (4:40.08)	40.30 (5:20.37)					
31	Bowen, Rylee	Duke				5:21.40	2(13)
	38.67 (38.67)	35.90 (1:14.56)	37.68 (1:52.24)	39.67 (2:31.91)	41.53 (3:13.44)	43.62 (3:57.05)	
	42.76 (4:39.80)	41.61 (5:21.40)					
32	Guirey, Krystin	Troy				5:22.07	3(8)
	38.59 (38.59)	37.62 (1:16.20)	39.39 (1:55.59)	41.16 (2:36.74)	41.51 (3:18.25)	41.94 (4:00.19)	
	41.52 (4:41.70)	40.38 (5:22.07)					
33	Caruana, Christie	Troy				5:22.26	3(9)
	38.29 (38.29)	37.67 (1:15.96)	39.35 (1:55.30)	41.16 (2:36.46)	41.82 (3:18.27)	41.94 (4:00.21)	
	41.85 (4:42.06)	40.21 (5:22.26)					
34	Cherry, Kristen	Col. of Charleston				5:22.28	3(10)

**CAMEL CITY INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/1/2019 - 2/2/2019

**MEET OFFICIALS****Meet Director:**

DePaul Mittman

**Timing:**

Timing Inc.

**OFFICIAL MEET REPORT**

printed: 2/2/2019 4:06 PM

**RESULTS****#1 Women's 1 Mile Run (cont'd)**

Pl	Name		Team		Time	H(Pl)
	39.17 (39.17)	38.63 (1:17.79)	40.26 (1:58.05)	41.10 (2:39.14)	41.76 (3:20.90)	41.19 (4:02.09)
	41.58 (4:43.66)	38.62 (5:22.28)				
35	Jean-Raymond, Ashley		N.C. Central		5:25.17	4(1)
	39.32 (39.32)	39.32 (1:18.64)	40.82 (1:59.46)	41.69 (2:41.14)	41.95 (3:23.09)	42.69 (4:05.77)
	41.43 (4:47.20)	37.98 (5:25.17)				
36	Brown, Garnet		Davidson		5:25.91	4(2)
	38.85 (38.85)	39.53 (1:18.38)	40.78 (1:59.15)	41.79 (2:40.94)	41.84 (3:22.77)	42.71 (4:05.47)
	41.33 (4:46.80)	39.12 (5:25.91)				
37	Abdel-Rahman, Ammah		East Carolina		5:26.30	4(3)
	39.23 (39.23)	39.59 (1:18.82)	40.60 (1:59.42)	41.17 (2:40.58)	41.89 (3:22.47)	42.51 (4:04.97)
	41.48 (4:46.45)	39.86 (5:26.30)				
38	Ledgett, Julia		UNCW		5:27.71	3(11)
	39.14 (39.14)	38.32 (1:17.45)	40.56 (1:58.01)	41.29 (2:39.30)	41.87 (3:21.16)	41.57 (4:02.73)
	42.31 (4:45.03)	42.68 (5:27.71)				
39	Martin, Camille		N. Carolina A&T		5:30.61	2(14)
	38.49 (38.49)	37.35 (1:15.83)	39.17 (1:55.00)	41.56 (2:36.56)	43.42 (3:19.98)	44.57 (4:04.54)
	44.30 (4:48.83)	41.78 (5:30.61)				
40	Osterbind, Kamryn		Anderson (S.C.)		5:31.23	3(12)
	38.84 (38.84)	38.54 (1:17.38)	40.97 (1:58.35)	41.49 (2:39.83)	42.36 (3:22.18)	43.38 (4:05.56)
	44.14 (4:49.70)	41.54 (5:31.23)				
41	Mercer, Hannah		Catawba		5:31.52	3(13)
	39.65 (39.65)	38.88 (1:18.52)	41.59 (2:00.11)	41.88 (2:41.99)	42.35 (3:24.33)	43.26 (4:07.59)
	43.01 (4:50.59)	40.93 (5:31.52)				
42	Otranto, Julia		Belmont Abbey		5:34.47	4(4)
	39.91 (39.91)	40.79 (1:20.70)	43.12 (2:03.82)	44.39 (2:48.20)	43.71 (3:31.91)	43.76 (4:15.67)
	42.59 (4:58.26)	36.22 (5:34.47)				
43	McCarten, Kelley		Elon		5:34.85	3(14)
	39.47 (39.47)	38.72 (1:18.19)	42.17 (2:00.35)	41.87 (2:42.22)	41.96 (3:24.17)	44.08 (4:08.25)
	45.57 (4:53.81)	41.04 (5:34.85)				
44	Pace, Didi		Washington and Lee		5:36.87	3(15)
	39.78 (39.78)	38.54 (1:18.32)	40.64 (1:58.95)	41.61 (2:40.56)	43.36 (3:23.92)	44.52 (4:08.43)
	45.04 (4:53.47)	43.40 (5:36.87)				
45	Clark, Kendal		Webber		5:39.77	4(5)
	40.83 (40.83)	40.68 (1:21.50)	43.37 (2:04.86)	43.60 (2:48.45)	43.18 (3:31.63)	43.70 (4:15.32)
	43.69 (4:59.01)	40.77 (5:39.77)				
46	Farmer, Hannah		Col. of Charleston		5:42.54	4(6)
	40.58 (40.58)	40.46 (1:21.03)	43.59 (2:04.62)	44.15 (2:48.76)	43.49 (3:32.25)	44.30 (4:16.54)
	43.92 (5:00.46)	42.09 (5:42.54)				
47	Gambrell, Lydia		Anderson (S.C.)		5:43.15	4(7)
	41.04 (41.04)	40.68 (1:21.71)	43.29 (2:05.00)	44.16 (2:49.16)	42.87 (3:32.03)	44.09 (4:16.11)
	44.65 (5:00.75)	42.41 (5:43.15)				
48	Sides, Madeline		Montreat		5:44.09	4(8)
	43.38 (43.38)	41.13 (1:24.51)	41.65 (2:06.15)	42.44 (2:48.58)	42.16 (3:30.74)	44.30 (4:15.04)
	45.59 (5:00.62)	43.48 (5:44.09)				
49	Tait, Skyler		Montreat		5:45.49	4(9)

**CAMEL CITY INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

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2/1/2019 - 2/2/2019

**MEET OFFICIALS****Meet Director:**

DePaul Mittman

**Timing:**

Timing Inc.

**OFFICIAL MEET REPORT**

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**RESULTS****#1 Women's 1 Mile Run (cont'd)**

Pl	Name	Team				Time	H(Pl)
	40.44 (40.44)	40.62 (1:21.06)	43.36 (2:04.41)	43.96 (2:48.36)	42.52 (3:30.88)	44.87 (4:15.74)	
	45.21 (5:00.94)	44.56 (5:45.49)					
50	Stevens, Destiny	Fayetteville St.				6:00.53	4(10)
	39.98 (39.98)	40.75 (1:20.73)	43.79 (2:04.52)	45.84 (2:50.35)	47.48 (3:37.83)	50.01 (4:27.83)	
	49.23 (5:17.05)	43.48 (6:00.53)					
51	Robinson, Gabrielle	SCAD Atlanta				6:03.52	4(11)
	41.68 (41.68)	41.80 (1:23.47)	43.74 (2:07.21)	45.04 (2:52.25)	47.32 (3:39.56)	48.18 (4:27.74)	
	49.26 (5:17.00)	46.52 (6:03.52)					
52	White, Julianna	Unattached				6:14.51	4(12)
	43.05 (43.05)	43.77 (1:26.82)	48.13 (2:14.94)	50.08 (3:05.01)	48.20 (3:53.21)	49.49 (4:42.70)	
	49.35 (5:32.05)	42.46 (6:14.51)					
53	Hetzel, Grace	Belmont Abbey				6:16.17	4(13)
	43.75 (43.75)	43.68 (1:27.43)	48.08 (2:15.51)	49.79 (3:05.29)	48.86 (3:54.15)	49.28 (4:43.42)	
	49.23 (5:32.64)	43.53 (6:16.17)					
54	Wilson, Theresa	Belmont Abbey				6:25.87	4(14)
	45.00 (45.00)	45.58 (1:30.58)	50.87 (2:21.44)	50.97 (3:12.41)	51.64 (4:04.05)	50.68 (4:54.72)	
	47.32 (5:42.04)	43.84 (6:25.87)					
55	Ruznak, Summer	Belmont Abbey				7:04.05	4(15)
	45.47 (45.47)	45.62 (1:31.09)	51.14 (2:22.22)	53.54 (3:15.76)	54.36 (4:10.12)	59.65 (5:09.76)	
	58.68 (6:08.44)	55.62 (7:04.05)					
	Armstrong, Sarah	Duke				DNF	1

**#17 Women's 3000 Meters**

\$	JDL Fast Track	8:56.52	Kerri Gallagher	Nike	1/30/2016
!	College Facility	9:01.26	Wesley Frazier	NC State	1/30/2016
@	Camel City	8:56.52	Kerri Gallagher	Nike	2016

Pl	Name	Team				Time	H(Pl)
1	Kearney, Emily	SCAD Atlanta				9:31.40	1(1)
	36.89 (36.89)	38.20 (1:15.08)	38.21 (1:53.28)	37.91 (2:31.19)	37.68 (3:08.86)	37.91 (3:46.77)	
	38.24 (4:25.01)	38.35 (5:03.35)	38.52 (5:41.87)	38.67 (6:20.54)	39.06 (6:59.59)	39.57 (7:39.15)	
	39.19 (8:18.34)	38.29 (8:56.62)	34.79 (9:31.40)				
2	Reinhart, Michaela	Duke				9:31.82	1(2)
	36.92 (36.92)	38.79 (1:15.71)	37.98 (1:53.68)	37.73 (2:31.41)	37.71 (3:09.12)	37.92 (3:47.03)	
	38.26 (4:25.29)	38.34 (5:03.63)	38.58 (5:42.20)	38.72 (6:20.91)	39.08 (6:59.99)	39.41 (7:39.40)	
	38.57 (8:17.96)	37.82 (8:55.77)	36.05 (9:31.82)				
3	Zimmermann, Isabel	North Carolina St.				9:43.00	1(3)
	36.49 (36.49)	38.63 (1:15.11)	38.60 (1:53.71)	38.45 (2:32.15)	38.29 (3:10.43)	38.43 (3:48.86)	
	38.89 (4:27.74)	39.87 (5:07.61)	38.91 (5:46.51)	39.62 (6:26.12)	39.24 (7:05.36)	39.58 (7:44.93)	
	39.58 (8:24.51)	39.12 (9:03.63)	39.38 (9:43.00)				
4	Mulhern, Emily	VCU				9:45.30	1(4)
	37.45 (37.45)	39.07 (1:16.52)	38.01 (1:54.52)	38.38 (2:32.90)	38.31 (3:11.20)	37.87 (3:49.06)	
	38.99 (4:28.05)	39.25 (5:07.30)	39.48 (5:46.77)	40.09 (6:26.86)	40.23 (7:07.09)	40.68 (7:47.76)	
	41.42 (8:29.18)	39.24 (9:08.42)	36.88 (9:45.30)				
5	Bristle, Anna	East Carolina				9:48.89	1(5)

**CAMEL CITY INVITATIONAL**

Winston-Salem, NC

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**Timing:**

Timing Inc.

**OFFICIAL MEET REPORT**

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**RESULTS****#17 Women's 3000 Meters (cont'd)**

Pl	Name	Team				Time	H(Pl)
	36.82 (36.82)	38.93 (1:15.74)	38.38 (1:54.12)	38.48 (2:32.60)	38.29 (3:10.88)	38.47 (3:49.34)	
	38.99 (4:28.33)	39.53 (5:07.85)	39.29 (5:47.14)	40.01 (6:27.14)	40.03 (7:07.17)	40.72 (7:47.89)	
	40.97 (8:28.85)	40.44 (9:09.29)	39.61 (9:48.89)				
6	Heinst, Famke	High Point				9:58.40	1(6)
	36.74 (36.74)	38.74 (1:15.48)	38.47 (1:53.95)	38.38 (2:32.33)	37.96 (3:10.28)	37.54 (3:47.81)	
	39.70 (4:27.51)	39.93 (5:07.44)	39.39 (5:46.82)	40.49 (6:27.31)	41.24 (7:08.54)	42.83 (7:51.36)	
	43.41 (8:34.77)	42.43 (9:17.20)	41.21 (9:58.40)				
7	Brush, Elizabeth	Virginia Tech				10:00.37	1(7)
	37.07 (37.07)	38.87 (1:15.93)	38.27 (1:54.19)	38.52 (2:32.71)	38.57 (3:11.27)	38.61 (3:49.88)	
	39.41 (4:29.28)	40.67 (5:09.95)	40.99 (5:50.94)	41.46 (6:32.39)	42.37 (7:14.75)	42.82 (7:57.57)	
	43.06 (8:40.62)	42.27 (9:22.89)	37.49 (10:00.37)				
8	Berman, Lauren	Virginia Tech				10:03.04	1(8)
	36.64 (36.64)	38.69 (1:15.33)	38.59 (1:53.91)	37.88 (2:31.79)	37.57 (3:09.36)	37.92 (3:47.27)	
	38.23 (4:25.50)	38.38 (5:03.88)	38.60 (5:42.48)	40.19 (6:22.67)	42.22 (7:04.88)	44.02 (7:48.90)	
	43.79 (8:32.68)	45.07 (9:17.75)	45.30 (10:03.04)				
9	Masselink, Tess	Col. of Charleston				10:04.56	2(1)
	39.19 (39.19)	39.75 (1:18.94)	41.16 (2:00.10)	40.43 (2:40.52)	41.03 (3:21.55)	41.69 (4:03.23)	
	40.33 (4:43.56)	40.52 (5:24.08)	39.95 (6:04.03)	40.26 (6:44.29)	40.69 (7:24.97)	40.43 (8:05.40)	
	40.65 (8:46.05)	40.03 (9:26.08)	38.49 (10:04.56)				
10	Geis, Zoe	High Point				10:13.27	1(9)
	37.30 (37.30)	38.95 (1:16.25)	38.42 (1:54.66)	38.68 (2:33.34)	39.94 (3:13.27)	41.07 (3:54.33)	
	41.72 (4:36.05)	42.17 (5:18.22)	41.67 (5:59.88)	41.94 (6:41.82)	42.85 (7:24.66)	41.93 (8:06.59)	
	43.23 (8:49.81)	43.44 (9:33.24)	40.04 (10:13.27)				
11	Kenwood, Kathryn	Wake Forest				10:14.89	3(1)
	40.06 (40.06)	41.18 (1:21.24)	39.82 (2:01.06)	40.75 (2:41.80)	40.93 (3:22.73)	42.57 (4:05.30)	
	43.05 (4:48.34)	42.43 (5:30.76)	40.99 (6:11.75)	41.13 (6:52.88)	41.69 (7:34.56)	41.96 (8:16.52)	
	41.62 (8:58.13)	40.14 (9:38.26)	36.63 (10:14.89)				
12	Lupica, Johanna	Richmond				10:15.11	2(2)
	39.38 (39.38)	39.98 (1:19.35)	41.20 (2:00.55)	40.90 (2:41.44)	40.43 (3:21.87)	41.60 (4:03.46)	
	41.54 (4:45.00)	40.62 (5:25.61)	40.69 (6:06.30)	41.63 (6:47.92)	41.90 (7:29.81)	42.25 (8:12.06)	
	42.37 (8:54.43)	41.95 (9:36.37)	38.74 (10:15.11)				
13	Helton, Meredith	Wake Forest				10:18.10	2(3)
	41.78 (41.78)	39.16 (1:20.94)	40.06 (2:00.99)	40.91 (2:41.90)	40.69 (3:22.58)	41.38 (4:03.96)	
	41.35 (4:45.31)	41.64 (5:26.95)	41.86 (6:08.80)	41.90 (6:50.70)	42.87 (7:33.56)	42.58 (8:16.13)	
	42.59 (8:58.72)	42.02 (9:40.74)	37.37 (10:18.10)				
14	Pflughoft, Sandra	SCAD Atlanta				10:20.01	1(10)
	38.07 (38.07)	38.77 (1:16.84)	40.14 (1:56.97)	40.38 (2:37.35)	41.22 (3:18.56)	41.66 (4:00.22)	
	41.42 (4:41.63)	42.54 (5:24.17)	41.73 (6:05.90)	42.61 (6:48.51)	42.83 (7:31.33)	43.20 (8:14.52)	
	43.05 (8:57.57)	42.14 (9:39.70)	40.31 (10:20.01)				
15	Mohler, Jennifer	Unattached				10:20.03	2(4)
	40.16 (40.16)	40.20 (1:20.36)	41.11 (2:01.46)	41.91 (2:43.37)	41.18 (3:24.55)	41.46 (4:06.00)	
	41.16 (4:47.16)	41.88 (5:29.03)	41.49 (6:10.51)	42.71 (6:53.22)	42.48 (7:35.69)	43.03 (8:18.71)	
	42.83 (9:01.54)	41.82 (9:43.36)	36.68 (10:20.03)				
16	Deruytter , Natane	Queens (N.C.)				10:20.18	2(5)

**CAMEL CITY INVITATIONAL**

Winston-Salem, NC

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2/1/2019 - 2/2/2019

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**Timing:**

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**RESULTS****#17 Women's 3000 Meters (cont'd)**

Pl	Name	Team				Time	H(Pl)
	39.57 (39.57)	39.89 (1:19.46)	40.93 (2:00.39)	40.70 (2:41.08)	41.12 (3:22.19)	41.48 (4:03.67)	
	40.76 (4:44.43)	42.28 (5:26.71)	41.55 (6:08.25)	42.03 (6:50.28)	42.96 (7:33.23)	42.59 (8:15.81)	
	43.77 (8:59.57)	42.23 (9:41.79)	38.39 (10:20.18)				
17	Mardis, Gabrielle	Milligan				10:26.06	3(2)
	39.45 (39.45)	41.92 (1:21.36)	42.57 (2:03.92)	41.84 (2:45.75)	42.09 (3:27.84)	42.57 (4:10.41)	
	42.93 (4:53.33)	43.07 (5:36.40)	42.80 (6:19.19)	42.78 (7:01.97)	42.29 (7:44.25)	41.43 (8:25.68)	
	40.40 (9:06.08)	40.81 (9:46.89)	39.18 (10:26.06)				
18	Clarke, Katie	SCAD Atlanta				10:27.68	3(3)
	39.83 (39.83)	41.90 (1:21.73)	41.96 (2:03.68)	42.57 (2:46.24)	41.35 (3:27.58)	42.18 (4:09.76)	
	42.47 (4:52.22)	41.53 (5:33.75)	41.29 (6:15.04)	41.73 (6:56.76)	42.70 (7:39.46)	43.18 (8:22.64)	
	43.53 (9:06.16)	42.08 (9:48.24)	39.44 (10:27.68)				
19	Walsh, Macki	Troy				10:27.72	2(6)
	40.29 (40.29)	39.32 (1:19.61)	41.14 (2:00.74)	40.85 (2:41.58)	41.25 (3:22.82)	41.48 (4:04.30)	
	41.56 (4:45.86)	42.33 (5:28.18)	42.64 (6:10.82)	43.00 (6:53.82)	43.18 (7:37.00)	43.76 (8:20.76)	
	44.84 (9:05.60)	43.14 (9:48.73)	39.00 (10:27.72)				
20	Knerr, Emily	Mary Washington				10:31.15	3(4)
	40.18 (40.18)	41.86 (1:22.04)	42.31 (2:04.35)	40.84 (2:45.18)	40.84 (3:26.02)	41.90 (4:07.92)	
	42.86 (4:50.77)	43.33 (5:34.10)	43.35 (6:17.44)	43.34 (7:00.78)	42.85 (7:43.62)	42.08 (8:25.70)	
	42.14 (9:07.84)	42.55 (9:50.38)	40.77 (10:31.15)				
21	Hellman, Julia	High Point				10:31.23	2(7)
	38.92 (38.92)	39.74 (1:18.66)	41.14 (1:59.79)	41.08 (2:40.86)	41.52 (3:22.38)	41.37 (4:03.74)	
	42.00 (4:45.74)	42.14 (5:27.88)	42.49 (6:10.36)	43.94 (6:54.30)	43.64 (7:37.93)	44.45 (8:22.38)	
	44.95 (9:07.33)	43.87 (9:51.19)	40.05 (10:31.23)				
22	Yourkavitch, Abby	East Carolina				10:33.26	2(8)
	39.33 (39.33)	39.82 (1:19.14)	41.08 (2:00.22)	40.01 (2:40.23)	41.08 (3:21.30)	41.76 (4:03.06)	
	41.89 (4:44.94)	42.56 (5:27.50)	42.91 (6:10.40)	43.66 (6:54.06)	44.15 (7:38.21)	44.72 (8:22.92)	
	44.70 (9:07.62)	44.61 (9:52.23)	41.03 (10:33.26)				
23	Bishop, Marissa	Unattached				10:34.03	2(9)
	39.77 (39.77)	39.89 (1:19.66)	41.13 (2:00.78)	41.00 (2:41.78)	41.13 (3:22.90)	41.54 (4:04.44)	
	41.77 (4:46.20)	42.30 (5:28.50)	42.67 (6:11.16)	43.17 (6:54.32)	44.13 (7:38.45)	44.30 (8:22.75)	
	44.64 (9:07.38)	44.63 (9:52.00)	42.03 (10:34.03)				
24	McGovern, Peyton	Richmond				10:34.15	1(11)
	37.08 (37.08)	38.99 (1:16.06)	39.19 (1:55.25)	39.37 (2:34.61)	40.65 (3:15.26)	41.53 (3:56.78)	
	42.60 (4:39.37)	43.20 (5:22.57)	44.02 (6:06.59)	44.26 (6:50.84)	45.00 (7:35.84)	46.04 (8:21.87)	
	45.28 (9:07.15)	44.52 (9:51.66)	42.49 (10:34.15)				
25	Greengrass, Rebekah	North Carolina St.				10:36.70	1(12)
	38.59 (38.59)	38.93 (1:17.52)	40.66 (1:58.17)	41.20 (2:39.37)	42.23 (3:21.60)	42.29 (4:03.89)	
	43.11 (4:47.00)	43.78 (5:30.77)	43.51 (6:14.27)	44.58 (6:58.85)	44.53 (7:43.38)	44.29 (8:27.67)	
	43.87 (9:11.54)	43.92 (9:55.46)	41.25 (10:36.70)				
26	Smith, Ashley	North Carolina				10:37.97	2(10)
	39.13 (39.13)	40.20 (1:19.33)	41.23 (2:00.56)	40.72 (2:41.28)	40.36 (3:21.63)	41.75 (4:03.38)	
	41.31 (4:44.69)	41.23 (5:25.91)	41.74 (6:07.64)	43.07 (6:50.71)	44.54 (7:35.24)	45.82 (8:21.06)	
	46.60 (9:07.66)	46.07 (9:53.72)	44.25 (10:37.97)				
27	McKinney, Paige	Davidson				10:38.79	3(5)



**CAMEL CITY INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

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2/1/2019 - 2/2/2019

**MEET OFFICIALS****Meet Director:**

DePaul Mittman

**Timing:**

Timing Inc.

**OFFICIAL MEET REPORT**

printed: 2/2/2019 4:06 PM

**RESULTS****#17 Women's 3000 Meters (cont'd)**

Pl	Name	Team				Time	H(Pl)
	39.16 (39.16)	40.31 (1:19.46)	41.12 (2:00.58)	40.62 (2:41.20)	41.28 (3:22.47)	42.59 (4:05.05)	
	43.01 (4:48.05)	43.73 (5:31.78)	44.53 (6:16.31)	44.20 (7:00.51)	44.33 (7:44.84)	44.08 (8:28.91)	
	45.07 (9:13.97)	44.34 (9:58.31)	40.48 (10:38.79)				
28	Stoudt, Mikayla	East Carolina				10:43.28	1(13)
	37.19 (37.19)	39.63 (1:16.82)	39.89 (1:56.70)	40.53 (2:37.23)	41.48 (3:18.70)	41.80 (4:00.50)	
	41.07 (4:41.57)	42.79 (5:24.36)	44.94 (6:09.29)	44.80 (6:54.09)	46.18 (7:40.27)	45.68 (8:25.94)	
	45.87 (9:11.80)	46.01 (9:57.81)	45.47 (10:43.28)				
29	Echternach, Erika	Richmond				10:48.28	2(11)
	40.49 (40.49)	40.17 (1:20.66)	40.49 (2:01.15)	41.10 (2:42.25)	41.05 (3:23.30)	41.76 (4:05.06)	
	42.56 (4:47.61)	43.34 (5:30.95)	44.57 (6:15.52)	45.22 (7:00.73)	46.63 (7:47.36)	46.96 (8:34.31)	
	46.52 (9:20.82)	44.80 (10:05.62)	42.67 (10:48.28)				
30	DeWolf, Avery	Milligan				10:51.57	2(12)
	40.43 (40.43)	40.57 (1:20.99)	40.97 (2:01.96)	42.08 (2:44.03)	41.75 (3:25.78)	43.53 (4:09.30)	
	43.33 (4:52.63)	44.62 (5:37.24)	44.53 (6:21.77)	45.53 (7:07.29)	46.36 (7:53.65)	46.62 (8:40.26)	
	45.92 (9:26.18)	44.74 (10:10.92)	40.65 (10:51.57)				
31	Weisbeck, Jillian	Mary Washington				10:55.10	3(6)
	39.45 (39.45)	40.30 (1:19.75)	41.09 (2:00.84)	40.71 (2:41.54)	41.58 (3:23.12)	42.22 (4:05.33)	
	43.21 (4:48.54)	43.11 (5:31.64)	43.58 (6:15.22)	44.45 (6:59.67)	44.85 (7:44.51)	44.61 (8:29.11)	
	46.46 (9:15.56)	48.67 (10:04.23)	50.87 (10:55.10)				
32	Kilby, Anna Kathryn	Davidson				10:57.45	4(1)
	39.75 (39.75)	43.08 (1:22.82)	43.57 (2:06.38)	44.41 (2:50.79)	44.56 (3:35.34)	44.76 (4:20.10)	
	44.73 (5:04.82)	44.76 (5:49.58)	45.01 (6:34.58)	46.23 (7:20.81)	46.35 (8:07.16)	44.67 (8:51.83)	
	46.06 (9:37.89)	44.15 (10:22.03)	35.43 (10:57.45)				
33	Levy, Beatrice	Davidson				11:00.69	4(2)
	39.96 (39.96)	43.07 (1:23.03)	43.54 (2:06.56)	44.39 (2:50.95)	44.52 (3:35.46)	44.74 (4:20.20)	
	44.41 (5:04.61)	44.65 (5:49.25)	44.33 (6:33.58)	44.46 (7:18.03)	45.65 (8:03.68)	45.97 (8:49.64)	
	46.43 (9:36.07)	44.31 (10:20.37)	40.32 (11:00.69)				
34	O'Hare, Caitlin	Richmond				11:00.77	3(7)
	40.52 (40.52)	41.83 (1:22.34)	42.55 (2:04.89)	42.61 (2:47.49)	43.03 (3:30.52)	43.69 (4:14.20)	
	43.83 (4:58.03)	44.89 (5:42.91)	44.15 (6:27.06)	45.30 (7:12.35)	45.71 (7:58.06)	46.13 (8:44.19)	
	46.95 (9:31.13)	46.57 (10:17.70)	43.07 (11:00.77)				
35	Stai, Katalina	Coe				11:01.05	3(8)
	41.09 (41.09)	41.84 (1:22.92)	42.45 (2:05.37)	42.83 (2:48.19)	43.28 (3:31.47)	44.31 (4:15.78)	
	44.97 (5:00.74)	45.68 (5:46.42)	46.00 (6:32.42)	45.37 (7:17.79)	47.11 (8:04.89)	46.26 (8:51.15)	
	44.48 (9:35.62)	44.35 (10:19.96)	41.09 (11:01.05)				
36	Rish, Olivia	Anderson (S.C.)				11:01.77	4(3)
	41.73 (41.73)	44.71 (1:26.43)	43.87 (2:10.30)	44.60 (2:54.89)	44.85 (3:39.74)	44.09 (4:23.83)	
	43.43 (5:07.25)	43.96 (5:51.21)	43.89 (6:35.09)	44.88 (7:19.97)	45.37 (8:05.33)	45.92 (8:51.25)	
	46.84 (9:38.08)	44.56 (10:22.64)	39.14 (11:01.77)				
37	Mchan, Lauren	Cumberlands				11:04.02	4(4)
	40.71 (40.71)	43.45 (1:24.16)	44.07 (2:08.23)	43.56 (2:51.78)	44.46 (3:36.24)	44.57 (4:20.81)	
	44.51 (5:05.31)	44.43 (5:49.73)	44.46 (6:34.19)	46.26 (7:20.44)	45.64 (8:06.08)	45.81 (8:51.88)	
	46.29 (9:38.17)	45.27 (10:23.43)	40.60 (11:04.02)				
38	Churchill, Victoria	Col. of Charleston				11:05.75	3(9)

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**OFFICIAL MEET REPORT**

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**RESULTS****#17 Women's 3000 Meters (cont'd)**

Pl	Name	Team				Time	H(Pl)
	41.44 (41.44)	42.01 (1:23.45)	43.35 (2:06.79)	44.64 (2:51.43)	45.34 (3:36.77)	45.55 (4:22.32)	
	45.08 (5:07.39)	45.39 (5:52.78)	45.57 (6:38.35)	45.71 (7:24.05)	45.96 (8:10.01)	46.30 (8:56.30)	
	46.17 (9:42.47)	45.58 (10:28.04)	37.71 (11:05.75)				
39	Martin, Camille	N. Carolina A&T				11:06.42	3(10)
	40.60 (40.60)	41.67 (1:22.26)	42.33 (2:04.58)	42.20 (2:46.78)	42.48 (3:29.25)	42.76 (4:12.01)	
	44.88 (4:56.88)	46.26 (5:43.13)	46.93 (6:30.06)	48.03 (7:18.08)	46.74 (8:04.82)	47.14 (8:51.95)	
	48.03 (9:39.98)	47.10 (10:27.08)	39.35 (11:06.42)				
40	Cooke, Victoria	East Carolina				11:06.93	3(11)
	40.33 (40.33)	41.45 (1:21.78)	42.44 (2:04.21)	42.31 (2:46.52)	42.38 (3:28.89)	42.81 (4:11.69)	
	44.07 (4:55.76)	44.14 (5:39.89)	45.32 (6:25.20)	45.94 (7:11.14)	47.20 (7:58.34)	46.78 (8:45.11)	
	46.72 (9:31.82)	46.86 (10:18.68)	48.26 (11:06.93)				
41	Tait, Skyler	Montreat				11:07.97	4(5)
	41.84 (41.84)	43.51 (1:25.34)	44.24 (2:09.58)	44.21 (2:53.79)	43.71 (3:37.49)	43.69 (4:21.18)	
	45.51 (5:06.69)	44.81 (5:51.49)	44.30 (6:35.78)	45.61 (7:21.38)	45.18 (8:06.56)	45.59 (8:52.15)	
	46.68 (9:38.82)	45.75 (10:24.57)	43.40 (11:07.97)				
42	Hunt, Patience	Catawba				11:11.93	3(12)
	39.60 (39.60)	41.85 (1:21.45)	41.77 (2:03.22)	42.34 (2:45.55)	42.99 (3:28.53)	42.83 (4:11.35)	
	44.77 (4:56.12)	47.31 (5:43.43)	46.30 (6:29.73)	48.02 (7:17.74)	47.10 (8:04.84)	46.85 (8:51.68)	
	48.74 (9:40.41)	46.80 (10:27.21)	44.73 (11:11.93)				
43	Elminowski, Nikkita	Catawba				11:12.29	4(6)
	42.13 (42.13)	43.51 (1:25.63)	44.14 (2:09.77)	43.43 (2:53.20)	43.39 (3:36.59)	43.89 (4:20.48)	
	43.92 (5:04.39)	44.63 (5:49.02)	44.21 (6:33.23)	44.46 (7:17.68)	45.42 (8:03.09)	46.30 (8:49.39)	
	46.87 (9:36.26)	47.67 (10:23.93)	48.37 (11:12.29)				
44	Todd, Tara	Cumberlands				11:12.92	5(1)
	40.85 (40.85)	42.44 (1:23.28)	43.77 (2:07.04)	44.57 (2:51.61)	44.32 (3:35.92)	45.53 (4:21.44)	
	45.42 (5:06.85)	45.12 (5:51.97)	46.57 (6:38.53)	47.15 (7:25.68)	46.43 (8:12.11)	46.71 (8:58.81)	
	46.82 (9:45.63)	45.42 (10:31.04)	41.89 (11:12.92)				
45	Byrd, Chloe	UNCW				11:17.52	4(7)
	42.51 (42.51)	45.10 (1:27.61)	44.31 (2:11.92)	44.15 (2:56.07)	43.93 (3:39.99)	43.29 (4:23.28)	
	43.58 (5:06.86)	43.84 (5:50.70)	44.13 (6:34.83)	44.86 (7:19.69)	46.08 (8:05.76)	46.37 (8:52.13)	
	46.75 (9:38.88)	48.88 (10:27.76)	49.77 (11:17.52)				
46	Terzotis, Sarah	UNCW				11:18.22	4(8)
	42.37 (42.37)	45.10 (1:27.47)	44.39 (2:11.85)	44.15 (2:56.00)	44.28 (3:40.27)	43.91 (4:24.18)	
	44.90 (5:09.07)	45.22 (5:54.29)	45.73 (6:40.01)	46.80 (7:26.81)	46.70 (8:13.50)	47.00 (9:00.49)	
	47.30 (9:47.79)	47.38 (10:35.17)	43.05 (11:18.22)				
47	Singletery, Sydney	Troy				11:26.34	3(13)
	39.90 (39.90)	42.11 (1:22.01)	42.52 (2:04.53)	42.63 (2:47.15)	43.77 (3:30.92)	44.45 (4:15.36)	
	45.14 (5:00.50)	45.80 (5:46.29)	46.41 (6:32.70)	48.13 (7:20.83)	49.54 (8:10.36)	50.12 (9:00.48)	
	50.17 (9:50.64)	49.65 (10:40.29)	46.05 (11:26.34)				
48	Albright, Olivia	Washington and Lee				11:29.24	4(9)
	43.07 (43.07)	45.18 (1:28.24)	45.35 (2:13.59)	45.19 (2:58.78)	45.53 (3:44.31)	45.40 (4:29.71)	
	45.73 (5:15.44)	45.66 (6:01.09)	46.40 (6:47.49)	46.91 (7:34.39)	47.26 (8:21.64)	46.54 (9:08.18)	
	47.00 (9:55.18)	48.31 (10:43.48)	45.76 (11:29.24)				
49	D'Amelio, Christina	Catawba				11:33.36	5(2)

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**RESULTS****#17 Women's 3000 Meters (cont'd)**

Pl	Name		Team		Time	H(Pl)
	39.58 (39.58)	41.87 (1:21.44)	44.27 (2:05.71)	45.83 (2:51.53)	45.08 (3:36.61)	46.17 (4:22.77)
	46.98 (5:09.75)	47.83 (5:57.57)	48.99 (6:46.56)	49.55 (7:36.10)	50.15 (8:26.25)	50.74 (9:16.99)
	50.13 (10:07.12)	45.43 (10:52.55)	40.81 (11:33.36)			
50	Henneberger, Ashley		Davidson		11:35.33	4(10)
	40.20 (40.20)	43.06 (1:23.26)	43.61 (2:06.87)	44.47 (2:51.34)	44.71 (3:36.04)	45.15 (4:21.18)
	45.70 (5:06.88)	46.20 (5:53.08)	46.89 (6:39.97)	47.80 (7:27.76)	48.97 (8:16.72)	49.02 (9:05.74)
	50.42 (9:56.15)	50.43 (10:46.57)	48.76 (11:35.33)			
51	Euler, Hailey		Louisburg College		11:39.68	5(3)
	42.76 (42.76)	45.29 (1:28.05)	46.31 (2:14.35)	46.28 (3:00.63)	46.41 (3:47.03)	47.01 (4:34.04)
	46.91 (5:20.94)	47.03 (6:07.96)	47.24 (6:55.20)	47.85 (7:43.05)	49.54 (8:32.58)	48.58 (9:21.15)
	48.37 (10:09.51)	47.68 (10:57.19)	42.50 (11:39.68)			
52	Sides, Madeline		Montreat		11:46.95	5(4)
	44.21 (44.21)	45.06 (1:29.26)	45.62 (2:14.88)	45.93 (3:00.81)	46.59 (3:47.39)	46.66 (4:34.05)
	46.87 (5:20.91)	47.00 (6:07.90)	47.28 (6:55.18)	47.88 (7:43.06)	49.60 (8:32.66)	48.62 (9:21.27)
	49.48 (10:10.74)	48.48 (10:59.22)	47.73 (11:46.95)			
53	Buddenberg, Maddie		Anderson (S.C.)		12:03.81	4(11)
	42.64 (42.64)	45.29 (1:27.93)	45.82 (2:13.75)	48.55 (3:02.29)	49.02 (3:51.30)	49.78 (4:41.08)
	49.97 (5:31.04)	50.35 (6:21.39)	50.67 (7:12.06)	50.61 (8:02.66)	49.45 (8:52.11)	48.93 (9:41.04)
	49.08 (10:30.12)	49.06 (11:19.17)	44.65 (12:03.81)			
54	Iademarco, Gabriela		Queens (N.C.)		12:04.97	4(12)
	43.22 (43.22)	45.42 (1:28.63)	45.60 (2:14.22)	47.17 (3:01.39)	48.51 (3:49.90)	48.91 (4:38.80)
	49.88 (5:28.67)	49.39 (6:18.06)	49.00 (7:07.06)	49.50 (7:56.55)	50.53 (8:47.08)	50.34 (9:37.42)
	50.62 (10:28.04)	50.06 (11:18.09)	46.89 (12:04.97)			
55	Fogleman, Laurie		Col. of Charleston		12:07.70	5(5)
	40.09 (40.09)	43.13 (1:23.22)	46.91 (2:10.12)	48.45 (2:58.57)	48.58 (3:47.15)	47.88 (4:35.02)
	51.06 (5:26.07)	50.57 (6:16.64)	51.83 (7:08.47)	50.68 (7:59.15)	51.48 (8:50.62)	51.51 (9:42.12)
	52.39 (10:34.51)	50.67 (11:25.18)	42.53 (12:07.70)			
56	Rusnak, Taylor		Belmont Abbey		12:07.83	5(6)
	43.13 (43.13)	45.98 (1:29.11)	48.29 (2:17.39)	48.63 (3:06.02)	48.87 (3:54.89)	49.16 (4:44.04)
	49.34 (5:33.38)	49.35 (6:22.72)	49.23 (7:11.95)	49.67 (8:01.62)	50.04 (8:51.65)	49.36 (9:41.01)
	50.76 (10:31.77)	50.42 (11:22.18)	45.66 (12:07.83)			
57	Kosiorek, Jace		Col. of Charleston		12:12.83	4(13)
	42.75 (42.75)	45.71 (1:28.45)	45.98 (2:14.42)	47.44 (3:01.86)	48.05 (3:49.91)	48.57 (4:38.48)
	49.85 (5:28.32)	49.42 (6:17.74)	50.22 (7:07.95)	50.70 (7:58.65)	50.98 (8:49.63)	50.81 (9:40.43)
	51.27 (10:31.70)	50.96 (11:22.65)	50.19 (12:12.83)			
58	Pepper, Sara		Anderson (S.C.)		12:24.92	5(7)
	47.09 (47.09)	49.57 (1:36.66)	49.79 (2:26.45)	50.33 (3:16.77)	50.51 (4:07.28)	50.01 (4:57.28)
	50.00 (5:47.27)	49.55 (6:36.81)	49.88 (7:26.69)	50.39 (8:17.07)	50.55 (9:07.62)	50.23 (9:57.85)
	50.50 (10:48.35)	50.08 (11:38.42)	46.50 (12:24.92)			
59	Olson, Emily		Anderson (S.C.)		12:35.70	5(8)
	46.78 (46.78)	50.91 (1:37.68)	51.21 (2:28.88)	51.11 (3:19.99)	50.99 (4:10.97)	50.57 (5:01.53)
	50.38 (5:51.91)	51.73 (6:43.64)	51.92 (7:35.55)	51.61 (8:27.16)	50.92 (9:18.07)	50.89 (10:08.95)
	50.68 (10:59.63)	49.18 (11:48.80)	46.91 (12:35.70)			
60	Wilson, Theresa		Belmont Abbey		12:51.40	5(9)

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Weather: 68 degrees, no wind

Host: JDL Fast Track

2/1/2019 - 2/2/2019

**MEET OFFICIALS****Meet Director:**

DePaul Mittman

**Timing:**

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**RESULTS****#17 Women's 3000 Meters (cont'd)**

Pl	Name	Team				Time	H(Pl)
	44.82 (44.82)	48.07 (1:32.88)	51.20 (2:24.07)	52.11 (3:16.18)	51.49 (4:07.66)	52.91 (5:00.57)	
	54.63 (5:55.20)	54.36 (6:49.55)	54.72 (7:44.27)	54.94 (8:39.21)	53.93 (9:33.13)	55.24 (10:28.36)	
	51.83 (11:20.19)	49.06 (12:09.24)	42.16 (12:51.40)				
	Vess, Anna	North Carolina St.				DNF	1
	Ickes, Lindsey	High Point				DNF	2
	Clay, Zoe	Wake Forest				DNS	2
	Mercer, Hannah	Catawba				DNS	3
	Ashley, Michaela	Troy				DNS	4
	Lipari, Brigid	Belmont Abbey				DNS	5
	Pratt, Mylasia	Fayetteville St.				DNS	5

**#25 Women's Camel City Elite 3000**

\$	JDL Fast Track	8:56.52	Kerri Gallagher	Nike	1/30/2016
!	College Facility	9:01.26	Wesley Frazier	NC State	1/30/2016
@	Camel City	8:56.52	Kerri Gallagher	Nike	2016

Pl	Name	Team	Time
1	Lipari, Emily	Adidas	! 8:59.96
	35.00 (35.00)	37.19 (1:12.18)	35.09 (1:47.26)
	37.25 (4:14.40)	35.90 (4:50.30)	35.54 (5:25.83)
	36.23 (7:50.29)	35.94 (8:26.22)	33.74 (8:59.96)
2	Sutherland, Sara	Saucony	9:01.76
	34.82 (34.82)	37.58 (1:12.39)	35.45 (1:47.84)
	37.26 (4:14.65)	35.93 (4:50.58)	35.55 (5:26.12)
	35.74 (7:50.02)	35.97 (8:25.99)	35.77 (9:01.76)
3	Coogan, Katrina	New Balance	9:03.83
	35.10 (35.10)	37.67 (1:12.76)	35.58 (1:48.34)
	37.37 (4:15.16)	36.00 (4:51.15)	35.68 (5:26.83)
	35.23 (7:51.94)	35.30 (8:27.23)	36.60 (9:03.83)
4	Hiltz, Nikki	Adidas	9:04.32
	35.32 (35.32)	37.69 (1:13.00)	35.48 (1:48.48)
	37.33 (4:15.30)	36.29 (4:51.59)	36.23 (5:27.81)
	36.58 (7:54.30)	35.76 (8:30.06)	34.26 (9:04.32)
5	Henes, Elly	North Carolina St.	9:06.36
	35.50 (35.50)	37.34 (1:12.84)	35.80 (1:48.64)
	37.04 (4:15.09)	36.13 (4:51.22)	36.30 (5:27.51)
	37.16 (7:55.25)	36.51 (8:31.76)	34.60 (9:06.36)
6	Steelman, Hannah	Wofford	9:07.87
	36.26 (36.26)	37.82 (1:14.07)	35.87 (1:49.94)
	37.29 (4:15.76)	36.47 (4:52.23)	35.96 (5:28.18)
	37.20 (7:54.67)	37.14 (8:31.81)	36.07 (9:07.87)
7	Ilse, Morgan	North Carolina	9:13.24
	36.14 (36.14)	37.64 (1:13.77)	35.80 (1:49.56)
	37.24 (4:15.96)	36.64 (4:52.60)	36.46 (5:29.05)
	38.02 (7:59.51)	37.22 (8:36.72)	36.52 (9:13.24)
8	Lazarchick, Kathryn	RunCCG	9:18.57

**CAMEL CITY INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/1/2019 - 2/2/2019

**MEET OFFICIALS****Meet Director:**

DePaul Mittman

**Timing:**

Timing Inc.

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**RESULTS****#25 Women's Camel City Elite 3000 (cont'd)**

Pl	Name	Team				Time
	35.18 (35.18)	37.40 (1:12.58)	35.49 (1:48.07)	35.36 (2:23.42)	37.03 (3:00.45)	37.19 (3:37.63)
	37.30 (4:14.93)	36.00 (4:50.93)	36.16 (5:27.08)	36.72 (6:03.79)	37.35 (6:41.13)	38.34 (7:19.47)
	39.68 (7:59.14)	39.89 (8:39.03)	39.54 (9:18.57)			
9	Clairmonte, Dominique	North Carolina St.				9:19.41
	35.61 (35.61)	37.45 (1:13.05)	35.71 (1:48.76)	35.79 (2:24.55)	36.50 (3:01.04)	37.11 (3:38.15)
	37.36 (4:15.51)	35.92 (4:51.43)	36.31 (5:27.73)	36.78 (6:04.51)	37.62 (6:42.12)	39.62 (7:21.73)
	40.00 (8:01.73)	39.71 (8:41.43)	37.99 (9:19.41)			
10	Freix, Sara	Virginia Tech				9:21.72
	36.10 (36.10)	38.23 (1:14.32)	35.68 (1:50.00)	36.36 (2:26.36)	36.34 (3:02.70)	37.06 (3:39.75)
	37.12 (4:16.86)	37.07 (4:53.93)	37.84 (5:31.76)	38.96 (6:10.72)	38.89 (6:49.60)	39.69 (7:29.29)
	39.61 (8:08.90)	37.83 (8:46.72)	35.01 (9:21.72)			
11	Carnahan, Savannah	Furman				9:24.74
	35.81 (35.81)	37.48 (1:13.29)	35.69 (1:48.98)	35.74 (2:24.71)	36.46 (3:01.17)	37.12 (3:38.28)
	37.14 (4:15.41)	36.80 (4:52.21)	37.14 (5:29.34)	37.80 (6:07.13)	39.44 (6:46.57)	40.42 (7:26.98)
	40.17 (8:07.15)	39.12 (8:46.27)	38.47 (9:24.74)			
12	Morris, Logan	Clemson				9:27.82
	36.39 (36.39)	37.77 (1:14.16)	36.39 (1:50.54)	36.91 (2:27.44)	37.79 (3:05.23)	38.85 (3:44.08)
	38.51 (4:22.59)	38.36 (5:00.94)	37.96 (5:38.89)	38.24 (6:17.13)	38.48 (6:55.60)	38.70 (7:34.30)
	39.04 (8:13.33)	38.42 (8:51.75)	36.07 (9:27.82)			
13	Hanle, Leah	Mount Olive				9:33.31
	35.95 (35.95)	37.64 (1:13.58)	35.75 (1:49.33)	35.87 (2:25.19)	36.72 (3:01.90)	37.07 (3:38.97)
	37.30 (4:16.26)	37.62 (4:53.88)	38.16 (5:32.04)	38.96 (6:10.99)	39.01 (6:49.99)	39.69 (7:29.68)
	41.01 (8:10.69)	42.26 (8:52.94)	40.37 (9:33.31)			
14	Crosby, Nell	North Carolina St.				9:33.34
	36.45 (36.45)	38.03 (1:14.48)	35.80 (1:50.27)	36.32 (2:26.58)	36.90 (3:03.47)	38.34 (3:41.81)
	39.19 (4:21.00)	39.07 (5:00.07)	38.81 (5:38.87)	38.51 (6:17.38)	38.42 (6:55.79)	40.28 (7:36.07)
	40.65 (8:16.71)	39.57 (8:56.28)	37.07 (9:33.34)			
15	Hurley, Emma Grace	Furman				9:46.94
	35.91 (35.91)	37.60 (1:13.51)	36.30 (1:49.80)	35.93 (2:25.73)	36.62 (3:02.34)	37.73 (3:40.07)
	38.05 (4:18.11)	39.78 (4:57.89)	40.13 (5:38.01)	39.82 (6:17.83)	41.04 (6:58.87)	42.66 (7:41.52)
	41.79 (8:23.31)	42.65 (9:05.96)	40.98 (9:46.94)			
	Segrave, Hannah	New Balance				DNF

**#13 Women's 5000 Meters**

\$	JDL Fast Track	15:43.84	Elly Henes	NC State	2/16/2018
!	College Facility	15:43.84	Elly Henes	NC State	2/16/2018
@	Camel City	16:53.70	Bethlehem Taye	Unattached	2017

Pl	Name	Team				Time	H(Pl)
1	Grosenheider, Ave	Richmond				17:25.07	1(1)
	40.48 (40.48)	42.12 (1:22.59)	41.40 (2:03.99)	41.08 (2:45.06)	41.10 (3:26.16)	41.54 (4:07.69)	
	41.39 (4:49.07)	40.83 (5:29.90)	40.96 (6:10.86)	41.08 (6:51.93)	41.47 (7:33.40)	41.63 (8:15.02)	
	41.94 (8:56.96)	42.07 (9:39.02)	41.79 (10:20.81)	41.72 (11:02.52)	42.27 (11:44.79)	42.87 (12:27.65)	
	43.23 (13:10.88)	43.63 (13:54.51)	44.51 (14:39.01)	43.41 (15:22.42)	43.59 (16:06.00)	41.95 (16:47.95)	
	37.13 (17:25.07)						
2	Blades, Shona	Mount Olive				17:26.84	1(2)

**CAMEL CITY INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/1/2019 - 2/2/2019

**MEET OFFICIALS****Meet Director:**

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**Timing:**

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**RESULTS****#13 Women's 5000 Meters (cont'd)**

Pl	Name	Team				Time	H(Pl)
	40.86 (40.86)	42.01 (1:22.86)	41.34 (2:04.20)	41.15 (2:45.34)	41.09 (3:26.43)	41.52 (4:07.95)	
	41.38 (4:49.32)	41.63 (5:30.95)	41.76 (6:12.71)	42.34 (6:55.04)	41.10 (7:36.14)	40.92 (8:17.06)	
	42.10 (8:59.15)	41.62 (9:40.77)	41.89 (10:22.66)	42.65 (11:05.30)	42.71 (11:48.00)	42.83 (12:30.83)	
	43.16 (13:13.98)	43.36 (13:57.34)	43.34 (14:40.68)	43.01 (15:23.68)	43.15 (16:06.83)	42.30 (16:49.13)	
	37.72 (17:26.84)						
3	Ariel, Calista	Bridgewater (Va.)				17:33.61	1(3)
	41.03 (41.03)	42.13 (1:23.15)	41.42 (2:04.57)	41.13 (2:45.69)	41.25 (3:26.94)	41.35 (4:08.29)	
	41.41 (4:49.69)	41.64 (5:31.32)	41.70 (6:13.02)	42.34 (6:55.36)	41.94 (7:37.29)	42.08 (8:19.37)	
	42.81 (9:02.17)	43.66 (9:45.83)	41.82 (10:27.64)	42.60 (11:10.24)	42.85 (11:53.08)	42.88 (12:35.95)	
	43.71 (13:19.66)	43.10 (14:02.76)	43.19 (14:45.95)	43.67 (15:29.61)	42.57 (16:12.18)	41.75 (16:53.92)	
	39.69 (17:33.61)						
4	Shiesl, Emily	Virginia Tech				17:50.30	1(4)
	40.22 (40.22)	42.14 (1:22.35)	41.38 (2:03.73)	41.08 (2:44.81)	41.11 (3:25.91)	41.54 (4:07.45)	
	41.40 (4:48.84)	41.86 (5:30.70)	41.78 (6:12.47)	42.35 (6:54.82)	42.18 (7:37.00)	42.12 (8:19.12)	
	42.75 (9:01.86)	43.80 (9:45.66)	43.06 (10:28.71)	44.55 (11:13.26)	43.72 (11:56.97)	44.09 (12:41.05)	
	45.05 (13:26.10)	44.82 (14:10.91)	44.92 (14:55.83)	43.95 (15:39.77)	44.79 (16:24.56)	43.43 (17:07.99)	
	42.32 (17:50.30)						
5	Wilson, Lydia	Montreat				17:56.30	1(5)
	42.15 (42.15)	43.21 (1:25.36)	41.97 (2:07.32)	42.37 (2:49.69)	43.54 (3:33.23)	41.34 (4:14.56)	
	41.83 (4:56.39)	41.90 (5:38.28)	42.66 (6:20.94)	43.09 (7:04.03)	42.88 (7:46.91)	42.62 (8:29.52)	
	43.22 (9:12.74)	42.97 (9:55.70)	43.17 (10:38.87)	43.51 (11:22.37)	43.85 (12:06.22)	44.20 (12:50.41)	
	44.95 (13:35.35)	44.12 (14:19.47)	44.39 (15:03.86)	44.35 (15:48.20)	45.01 (16:33.21)	43.60 (17:16.80)	
	39.51 (17:56.30)						
6	Weaver, Bethany	East Carolina				18:02.79	1(6)
	41.41 (41.41)	43.63 (1:25.03)	43.00 (2:08.03)	43.07 (2:51.10)	43.37 (3:34.46)	43.55 (4:18.00)	
	43.38 (5:01.38)	43.21 (5:44.59)	43.02 (6:27.61)	42.77 (7:10.37)	42.71 (7:53.08)	43.31 (8:36.38)	
	43.28 (9:19.66)	43.54 (10:03.20)	43.78 (10:46.97)	43.75 (11:30.72)	43.79 (12:14.50)	43.46 (12:57.96)	
	43.93 (13:41.88)	43.94 (14:25.82)	44.33 (15:10.15)	44.21 (15:54.35)	44.76 (16:39.10)	43.66 (17:22.76)	
	40.04 (18:02.79)						
7	Sall, Caroline	Troy				18:04.76	1(7)
	42.83 (42.83)	43.45 (1:26.28)	43.36 (2:09.63)	42.95 (2:52.58)	43.25 (3:35.82)	43.28 (4:19.10)	
	43.58 (5:02.67)	43.30 (5:45.97)	43.87 (6:29.84)	43.97 (7:13.80)	44.23 (7:58.02)	42.95 (8:40.96)	
	43.23 (9:24.19)	43.23 (10:07.42)	44.05 (10:51.46)	44.27 (11:35.72)	44.38 (12:20.10)	43.93 (13:04.03)	
	44.22 (13:48.24)	43.63 (14:31.86)	43.69 (15:15.55)	43.72 (15:59.26)	43.81 (16:43.07)	42.06 (17:25.13)	
	39.64 (18:04.76)						
8	Jackson, English	Bridgewater (Va.)				18:13.09	2(1)
	42.94 (42.94)	44.22 (1:27.15)	43.46 (2:10.61)	43.58 (2:54.18)	44.59 (3:38.77)	43.95 (4:22.71)	
	43.91 (5:06.61)	44.35 (5:50.96)	44.40 (6:35.36)	43.98 (7:19.33)	43.48 (8:02.81)	44.11 (8:46.91)	
	43.65 (9:30.56)	43.86 (10:14.41)	44.10 (10:58.51)	43.48 (11:41.99)	43.68 (12:25.67)	42.72 (13:08.39)	
	44.14 (13:52.52)	43.96 (14:36.48)	44.25 (15:20.72)	44.05 (16:04.76)	44.44 (16:49.20)	43.13 (17:32.32)	
	40.78 (18:13.09)						
9	Ferguson, Amy	Milligan				18:20.24	1(8)

**CAMEL CITY INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

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2/1/2019 - 2/2/2019

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**Timing:**

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**RESULTS****#13 Women's 5000 Meters (cont'd)**

Pl	Name	Team				Time	H(Pl)
	42.13 (42.13)	43.46 (1:25.59)	43.06 (2:08.65)	43.01 (2:51.65)	43.42 (3:35.07)	43.58 (4:18.64)	
	43.51 (5:02.15)	43.61 (5:45.75)	43.92 (6:29.67)	43.74 (7:13.41)	44.94 (7:58.34)	43.65 (8:41.98)	
	44.30 (9:26.28)	45.24 (10:11.51)	45.14 (10:56.64)	45.14 (11:41.78)	45.42 (12:27.20)	44.73 (13:11.92)	
	45.23 (13:57.15)	44.79 (14:41.94)	45.31 (15:27.24)	45.05 (16:12.29)	44.92 (16:57.21)	43.74 (17:40.94)	
	39.30 (18:20.24)						
10	Dickerson, Samantha	Christopher Newport				18:26.37	1(9)
	42.45 (42.45)	43.47 (1:25.92)	43.39 (2:09.30)	42.94 (2:52.24)	43.31 (3:35.55)	43.36 (4:18.90)	
	43.61 (5:02.51)	43.03 (5:45.53)	43.93 (6:29.46)	44.39 (7:13.84)	44.58 (7:58.42)	43.92 (8:42.34)	
	44.50 (9:26.83)	44.99 (10:11.81)	45.61 (10:57.42)	45.36 (11:42.77)	45.81 (12:28.58)	45.80 (13:14.37)	
	46.31 (14:00.68)	46.22 (14:46.90)	46.01 (15:32.90)	46.32 (16:19.21)	45.88 (17:05.09)	44.26 (17:49.34)	
	37.03 (18:26.37)						
11	Kerr, Courtney	High Point				18:26.45	1(10)
	43.00 (43.00)	43.59 (1:26.58)	43.35 (2:09.93)	42.96 (2:52.89)	43.29 (3:36.17)	43.21 (4:19.37)	
	43.48 (5:02.84)	43.50 (5:46.34)	43.74 (6:30.08)	44.06 (7:14.14)	44.48 (7:58.61)	42.79 (8:41.40)	
	43.37 (9:24.77)	43.26 (10:08.03)	44.75 (10:52.77)	45.30 (11:38.06)	46.09 (12:24.15)	45.94 (13:10.08)	
	46.24 (13:56.32)	46.21 (14:42.52)	46.09 (15:28.60)	45.40 (16:14.00)	46.22 (17:00.22)	44.90 (17:45.11)	
	41.34 (18:26.45)						
12	Coulter, Kara	Troy				18:33.51	1(11)
	42.65 (42.65)	43.48 (1:26.12)	43.34 (2:09.46)	42.95 (2:52.41)	43.25 (3:35.66)	43.40 (4:19.05)	
	43.38 (5:02.43)	43.31 (5:45.73)	43.88 (6:29.61)	43.98 (7:13.59)	44.22 (7:57.80)	42.90 (8:40.70)	
	43.21 (9:23.91)	43.29 (10:07.19)	44.19 (10:51.38)	44.12 (11:35.49)	44.93 (12:20.41)	44.26 (13:04.67)	
	45.68 (13:50.35)	46.21 (14:36.56)	46.66 (15:23.21)	47.16 (16:10.37)	47.96 (16:58.32)	48.41 (17:46.72)	
	46.80 (18:33.51)						
13	Lee, Jessica	Christopher Newport				18:37.28	2(2)
	43.56 (43.56)	44.36 (1:27.92)	43.60 (2:11.51)	43.11 (2:54.62)	44.56 (3:39.17)	43.97 (4:23.14)	
	43.89 (5:07.02)	44.35 (5:51.37)	44.36 (6:35.72)	44.01 (7:19.73)	43.83 (8:03.56)	44.34 (8:47.90)	
	45.02 (9:32.92)	45.88 (10:18.79)	45.68 (11:04.47)	46.44 (11:50.90)	46.41 (12:37.31)	46.28 (13:23.59)	
	46.14 (14:09.73)	46.55 (14:56.27)	46.82 (15:43.09)	45.99 (16:29.08)	45.68 (17:14.75)	43.84 (17:58.58)	
	38.70 (18:37.28)						
14	Phelix, Jaeden	East Carolina				18:43.47	2(3)
	43.35 (43.35)	44.47 (1:27.82)	43.88 (2:11.69)	43.25 (2:54.93)	44.49 (3:39.42)	44.01 (4:23.43)	
	43.82 (5:07.25)	44.40 (5:51.64)	44.43 (6:36.07)	44.36 (7:20.42)	44.73 (8:05.15)	45.60 (8:50.75)	
	45.55 (9:36.29)	45.40 (10:21.69)	45.48 (11:07.16)	44.12 (11:51.28)	45.01 (12:36.28)	46.25 (13:22.53)	
	46.12 (14:08.65)	46.53 (14:55.18)	47.24 (15:42.42)	45.89 (16:28.30)	46.25 (17:14.55)	46.37 (18:00.92)	
	42.55 (18:43.47)						
15	McMichael, Kirsten	Washington and Lee				18:46.35	1(12)
	41.94 (41.94)	43.05 (1:24.99)	41.93 (2:06.91)	42.52 (2:49.43)	43.67 (3:33.09)	41.70 (4:14.79)	
	41.84 (4:56.62)	42.38 (5:39.00)	44.69 (6:23.68)	45.33 (7:09.00)	45.36 (7:54.36)	45.10 (8:39.46)	
	45.59 (9:25.04)	46.20 (10:11.24)	46.68 (10:57.91)	47.33 (11:45.24)	47.03 (12:32.26)	46.41 (13:18.67)	
	47.89 (14:06.55)	47.76 (14:54.30)	45.76 (15:40.06)	47.14 (16:27.19)	48.28 (17:15.47)	47.68 (18:03.15)	
	43.21 (18:46.35)						
16	Rea, Jenna	Bridgewater (Va.)				18:48.80	2(4)

**CAMEL CITY INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/1/2019 - 2/2/2019

**MEET OFFICIALS****Meet Director:**

DePaul Mittman

**Timing:**

Timing Inc.

**OFFICIAL MEET REPORT**

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**RESULTS****#13 Women's 5000 Meters (cont'd)**

Pl	Name	Team				Time	H(Pl)
	44.09 (44.09)	44.70 (1:28.79)	44.35 (2:13.14)	44.26 (2:57.40)	44.28 (3:41.67)	44.40 (4:26.06)	
	44.66 (5:10.72)	44.63 (5:55.35)	45.18 (6:40.53)	44.82 (7:25.35)	44.64 (8:09.98)	45.70 (8:55.68)	
	45.70 (9:41.37)	46.61 (10:27.98)	45.19 (11:13.16)	45.64 (11:58.80)	46.19 (12:44.99)	46.31 (13:31.30)	
	46.01 (14:17.30)	46.25 (15:03.55)	45.99 (15:49.54)	45.94 (16:35.48)	45.94 (17:21.41)	44.70 (18:06.11)	
	42.69 (18:48.80)						
17	Evans, Olivia	Anderson (S.C.)				18:49.46	1(13)
	41.73 (41.73)	43.56 (1:25.29)	43.05 (2:08.34)	43.04 (2:51.37)	43.43 (3:34.80)	43.55 (4:18.34)	
	43.54 (5:01.88)	43.52 (5:45.40)	43.80 (6:29.19)	44.04 (7:13.23)	44.86 (7:58.09)	44.54 (8:42.63)	
	44.76 (9:27.39)	45.51 (10:12.90)	46.43 (10:59.33)	47.09 (11:46.41)	46.52 (12:32.93)	46.16 (13:19.08)	
	47.72 (14:06.80)	47.56 (14:54.35)	47.24 (15:41.59)	48.12 (16:29.70)	48.62 (17:18.32)	47.05 (18:05.36)	
	44.10 (18:49.46)						
18	Owens, Amber	Mount Olive				19:05.66	2(5)
	43.88 (43.88)	44.58 (1:28.45)	43.43 (2:11.87)	43.21 (2:55.07)	44.46 (3:39.53)	44.00 (4:23.52)	
	43.83 (5:07.34)	44.49 (5:51.83)	44.62 (6:36.45)	45.05 (7:21.49)	45.97 (8:07.46)	46.81 (8:54.26)	
	47.47 (9:41.73)	48.01 (10:29.73)	48.50 (11:18.23)	48.76 (12:06.99)	48.43 (12:55.41)	47.59 (13:42.99)	
	47.83 (14:30.81)	48.65 (15:19.46)	46.79 (16:06.24)	46.75 (16:52.98)	46.39 (17:39.37)	45.21 (18:24.57)	
	41.10 (19:05.66)						
19	Moore, Evelyn	Cumberlands				19:07.20	2(6)
	44.72 (44.72)	44.31 (1:29.02)	44.58 (2:13.60)	44.40 (2:57.99)	44.95 (3:42.93)	45.79 (4:28.72)	
	44.11 (5:12.83)	45.62 (5:58.44)	45.22 (6:43.65)	45.63 (7:29.28)	45.96 (8:15.24)	45.73 (9:00.97)	
	46.67 (9:47.64)	46.75 (10:34.39)	46.35 (11:20.73)	47.15 (12:07.88)	46.79 (12:54.67)	47.58 (13:42.24)	
	47.69 (14:29.93)	47.88 (15:17.80)	47.60 (16:05.40)	47.33 (16:52.72)	46.97 (17:39.68)	45.50 (18:25.18)	
	42.02 (19:07.20)						
20	Mullen, Maddie	SCAD Atlanta				19:09.92	2(7)
	43.37 (43.37)	44.36 (1:27.72)	44.46 (2:12.17)	43.76 (2:55.93)	43.84 (3:39.76)	44.22 (4:23.98)	
	44.67 (5:08.64)	45.03 (5:53.67)	45.87 (6:39.54)	46.31 (7:25.84)	46.35 (8:12.18)	46.55 (8:58.73)	
	46.98 (9:45.70)	47.14 (10:32.83)	47.62 (11:20.45)	47.67 (12:08.12)	47.05 (12:55.16)	47.39 (13:42.54)	
	47.66 (14:30.20)	47.91 (15:18.10)	47.68 (16:05.78)	47.54 (16:53.32)	46.72 (17:40.04)	46.38 (18:26.41)	
	43.51 (19:09.92)						
21	Fleischer, Rebecca	East Carolina				19:11.11	2(8)
	44.33 (44.33)	44.18 (1:28.51)	44.20 (2:12.70)	44.04 (2:56.74)	43.41 (3:40.15)	44.34 (4:24.49)	
	43.87 (5:08.35)	44.80 (5:53.14)	45.33 (6:38.47)	44.78 (7:23.24)	45.50 (8:08.73)	45.06 (8:53.79)	
	45.40 (9:39.19)	46.33 (10:25.51)	46.29 (11:11.80)	46.66 (11:58.46)	46.20 (12:44.65)	48.75 (13:33.39)	
	44.24 (14:17.62)	47.21 (15:04.83)	48.60 (15:53.42)	48.27 (16:41.69)	49.01 (17:30.70)	51.20 (18:21.89)	
	49.22 (19:11.11)						
22	Heeley, Aleksa	Queens (N.C.)				19:13.22	2(9)
	43.07 (43.07)	44.54 (1:27.60)	45.09 (2:12.69)	44.47 (2:57.16)	44.23 (3:41.38)	44.32 (4:25.70)	
	44.42 (5:10.12)	44.81 (5:54.92)	44.91 (6:39.83)	45.28 (7:25.11)	45.23 (8:10.34)	45.20 (8:55.53)	
	45.57 (9:41.09)	46.68 (10:27.76)	46.38 (11:14.14)	47.87 (12:02.01)	48.48 (12:50.48)	48.22 (13:38.70)	
	47.79 (14:26.49)	49.14 (15:15.62)	47.79 (16:03.40)	48.49 (16:51.89)	47.87 (17:39.75)	47.15 (18:26.89)	
	46.33 (19:13.22)						
23	Stepanian, Natalie	SCAD Atlanta				19:14.04	1(14)



**CAMEL CITY INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/1/2019 - 2/2/2019

**MEET OFFICIALS****Meet Director:**

DePaul Mittman

**Timing:**

Timing Inc.

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**RESULTS****#13 Women's 5000 Meters (cont'd)**

Pl	Name	Team				Time	H(Pl)
	43.43 (43.43)	44.59 (1:28.02)	45.41 (2:13.43)	44.91 (2:58.34)	45.04 (3:43.38)	45.13 (4:28.50)	
	45.02 (5:13.52)	45.17 (5:58.68)	45.60 (6:44.28)	45.61 (7:29.89)	46.11 (8:15.99)	46.45 (9:02.44)	
	47.05 (9:49.49)	47.65 (10:37.14)	48.64 (11:25.77)	45.48 (12:11.25)	45.62 (12:56.87)	46.59 (13:43.46)	
	46.67 (14:30.13)	48.38 (15:18.51)	47.50 (16:06.01)	47.91 (16:53.91)	48.31 (17:42.22)	46.49 (18:28.71)	
	45.34 (19:14.04)						
24	Tanner, Elise	Mount Olive				19:18.51	2(10)
	43.69 (43.69)	44.45 (1:28.13)	43.13 (2:11.26)	43.21 (2:54.47)	44.61 (3:39.08)	43.97 (4:23.04)	
	43.85 (5:06.89)	44.36 (5:51.25)	44.37 (6:35.62)	43.98 (7:19.60)	43.72 (8:03.31)	44.89 (8:48.20)	
	44.60 (9:32.79)	45.65 (10:18.44)	46.41 (11:04.84)	46.54 (11:51.38)	46.75 (12:38.13)	47.32 (13:25.44)	
	47.77 (14:13.21)	48.93 (15:02.14)	49.84 (15:51.97)	50.73 (16:42.70)	51.23 (17:33.93)	52.52 (18:26.44)	
	52.07 (19:18.51)						
25	Ashley, Michaela	Troy				19:29.73	2(11)
	43.77 (43.77)	44.54 (1:28.31)	44.05 (2:12.35)	44.05 (2:56.40)	44.11 (3:40.50)	44.30 (4:24.79)	
	44.38 (5:09.17)	44.80 (5:53.96)	45.10 (6:39.05)	45.25 (7:24.30)	46.16 (8:10.46)	46.73 (8:57.19)	
	47.91 (9:45.10)	48.12 (10:33.21)	47.83 (11:21.04)	47.40 (12:08.44)	48.34 (12:56.78)	49.27 (13:46.04)	
	50.00 (14:36.04)	49.76 (15:25.80)	50.69 (16:16.49)	50.64 (17:07.12)	49.71 (17:56.82)	48.04 (18:44.85)	
	44.88 (19:29.73)						
26	Sangl, Melea	Anderson (S.C.)				19:39.48	2(12)
	45.72 (45.72)	44.74 (1:30.45)	45.37 (2:15.82)	44.88 (3:00.69)	44.89 (3:45.57)	45.27 (4:30.84)	
	45.75 (5:16.59)	45.06 (6:01.65)	46.87 (6:48.51)	47.02 (7:35.53)	47.68 (8:23.20)	48.54 (9:11.73)	
	48.84 (10:00.57)	48.94 (10:49.51)	49.73 (11:39.24)	49.63 (12:28.86)	49.28 (13:18.14)	49.94 (14:08.07)	
	50.18 (14:58.25)	49.15 (15:47.39)	50.07 (16:37.46)	48.91 (17:26.36)	46.99 (18:13.35)	47.07 (19:00.41)	
	39.07 (19:39.48)						
27	Beach, Hannah	Anderson (S.C.)				19:44.52	2(13)
	45.24 (45.24)	44.78 (1:30.01)	45.16 (2:15.16)	44.67 (2:59.83)	45.02 (3:44.84)	45.03 (4:29.87)	
	45.44 (5:15.31)	45.29 (6:00.60)	46.01 (6:46.60)	46.32 (7:32.92)	46.96 (8:19.87)	46.74 (9:06.61)	
	47.53 (9:54.13)	47.91 (10:42.04)	48.91 (11:30.95)	48.39 (12:19.34)	48.83 (13:08.17)	49.17 (13:57.33)	
	49.69 (14:47.01)	49.87 (15:36.87)	49.91 (16:26.78)	50.10 (17:16.88)	50.02 (18:06.90)	49.92 (18:56.81)	
	47.71 (19:44.52)						
28	Demerjian, Kalie	SCAD Atlanta				19:51.27	1(15)
	43.44 (43.44)	44.59 (1:28.03)	45.44 (2:13.46)	44.90 (2:58.36)	45.10 (3:43.45)	45.17 (4:28.62)	
	45.17 (5:13.78)	45.24 (5:59.01)	45.83 (6:44.84)	46.90 (7:31.74)	48.45 (8:20.19)	48.22 (9:08.40)	
	48.63 (9:57.03)	48.64 (10:45.66)	49.68 (11:35.33)	50.80 (12:26.13)	48.69 (13:14.82)	48.65 (14:03.47)	
	48.87 (14:52.34)	50.28 (15:42.61)	52.42 (16:35.03)	52.94 (17:27.96)	51.53 (18:19.49)	46.99 (19:06.48)	
	44.79 (19:51.27)						
29	Schaeffer, Haley	Queens (N.C.)				20:26.80	2(14)
	43.48 (43.48)	44.47 (1:27.95)	45.04 (2:12.99)	44.58 (2:57.56)	45.00 (3:42.56)	45.87 (4:28.43)	
	46.25 (5:14.67)	47.55 (6:02.22)	48.71 (6:50.92)	49.90 (7:40.81)	49.58 (8:30.39)	50.49 (9:20.87)	
	51.61 (10:12.48)	51.26 (11:03.74)	50.82 (11:54.56)	51.25 (12:45.80)	51.86 (13:37.66)	50.94 (14:28.59)	
	51.42 (15:20.00)	51.67 (16:11.67)	52.61 (17:04.27)	52.42 (17:56.69)	51.87 (18:48.55)	51.33 (19:39.88)	
	46.93 (20:26.80)						
	Richardson, Mikayla	Virginia Tech				DNF	1

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Winston-Salem, NC

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**RESULTS****#7 Women's 60m Hurdles**

\$	JDL Fast Track	7.95	Brianna Rollins	Nike	1/30/2016
\$	JDL Fast Track	7.95	Sharika Nelvis	adidas	1/31/2015
!	College Facility	8.12	Danielle Williams	Johnson C Smith	3/15/2014
@	Camel City	7.95	Sharika Nelvis	Adidas	2015
@	Camel City	7.95	Brianna Rollins	Nike	2016

**Finals**

Pl	Name	Team	Time
1	Ballard, Shadajah	Unattached	8.33
2	Quince, Shamaz	Unattached	8.49
3	Maslowski, Teddi	Unattached	8.56
4	Marsh, Erin	Duke	8.65
5	Garrett, Alexis	Troy	8.69
6	Kafi, Malak	Mount Olive	8.82
7	Middlebrooks, JaMeeka	Troy	8.92
8	Facey, Nyile	High Point	8.95

**Prelims**

Pl	Name	Team	Time	H(Pl)
1	Ballard, Shadajah	Unattached	8.50q	3(1)
2	Quince, Shamaz	Unattached	8.58q	4(1)
3	Maslowski, Teddi	Unattached	8.62q	1(1)
4	Marsh, Erin	Duke	8.65q	2(1)
5	Garrett, Alexis	Troy	8.69q	5(1)
6	Kafi, Malak	Mount Olive	8.86q	6(1)
7	Middlebrooks, JaMeeka	Troy	8.87q	1(2)
8	Facey, Nyile	High Point	8.89q	4(2)
9	Matthews, Tania	Richmond	9.02	3(2)
10	Wilson, Azari'el	Winston-Salem St.	9.04	4(3)
11	Wakefield, Isabel	Unattached	9.09	6(2)
12	Kirby, Kaitlyn	Wake Forest	9.11	6(3)
13	Henderson, Sydney	Troy	9.12	2(2)
14	McWilliams, Kenydi	N.C. Central	9.13	5(2)
15	Kutzer, Kate	Duke	9.21	3(3)
16	Hale, Nateja	N.C. Central	9.28	5(3)
17	Crompton, Lexi	High Point	9.29	1(3)
18	Berkeley, Haley	Richmond	9.35	1(4)
18	Haywood, Jordan	Elon	9.35	6(4)
20	Corso, Meghan	Davidson	9.36	5(4)
21	Ingram, Shanae	Fayetteville St.	9.37	4(4)
22	Weisbrod, Anika	High Point	9.39	2(3)
23	Reynolds, Madison	High Point	9.40	3(4)
23	Stevenson, Deja	N.C. Central	9.40	6(5)
25	Rowe, Qjuanda	Winston-Salem St.	9.42	1(5)
25	Welsing, Melanie	Queens (N.C.)	9.42	3(5)
27	Binter, Makayla	Davidson	9.48	3(6)
28	Fisher, Destinee	N.C. Central	9.49	6(6)
29	Tankard, Hazel	Davidson	9.56	4(5)

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**RESULTS****#7 Women's 60m Hurdles (cont'd)****Prelims**

Pl	Name	Team	Time	H(Pl)
30	Ulseth, Elise	Queens (N.C.)	9.58	5(5)
31	Hunter, Sarah	Cumberlands	9.59	4(6)
32	Smith, Destiny	UNCW	9.61	2(4)
32	Rodgers, Aaliyah	Elon	9.61	3(7)
34	Davis, Anna	Davidson	9.66	5(6)
35	Steege, Lauren	Coe	9.84	2(5)
36	Joseph, Jaslyn	USC-Beaufort	9.90	1(6)
37	Vander Wall, Hannah	Col. of Charleston	10.08	5(7)
38	Lamb, Savannah	Belmont Abbey	10.09	1(7)
39	Harris, Khai	Livingstone	10.15	4(7)
40	Ennis, Kayla	Col. of Charleston	10.19	6(7)
41	Jackson, Amaya	Richmond	10.22	2(6)
42	Hooker, Kacee	Bridgewater (Va.)	10.38	1(8)
43	Willingham, Lauren	Elon	10.50	6(8)
44	Rivera, Jaeda	Unattached	10.90	2(7)
	Marshall, Natalie	Wake Forest	DNF	5

**#2200 Women's 4 x 400m Relay**

\$	JDL Fast Track	3:41.61	Cox, Brown, Dorr, Haye-Smith	GW Express/Nike	1/30/2016
!	College Facility	3:43.33	Elliott, Julius-Williams, Campbell,	Johnson C Smith	3/15/2014
@	Camel City	3:41.61	Cox, Brown, Dorr, Haye-Smith	G.W.Express/Nike	2016

Pl	Team	Time	H(Pl)
1	Troy (A)	3:49.79	1(1)
	1) Ogba, Precious 57.689 (57.689)		
	2) Bailey, Tiarra 1:55.139 (57.450)		
	3) Finch, Gemma 2:52.981 (57.843)		
	4) Kennedy, Madison 3:49.785 (56.805)		
2	Wake Forest (A)	3:55.13	1(2)
	1) Delley, Cydney 57.324 (57.324)		
	2) Hofferber, Grace 1:56.551 (59.227)		
	3) Gallagher, Emma 2:56.768 (1:00.217)		
	4) Johnson, Sarah 3:55.129 (58.361)		
3	Richmond (A)	3:59.27	1(3)
	1) Woods, Kayla 1:01.492 (1:01.492)		
	2) Accius, Tamar 2:00.391 (58.900)		
	3) Matthews, Tania 3:01.367 (1:00.976)		
	4) Helbling, Rachel 3:59.266 (57.900)		
4	Winston-Salem St. (A)	4:01.28	2(1)
	1) McLean, Tamia 59.740 (59.740)		
	2) Willis, Amique 2:01.235 (1:01.495)		
	3) Rowe, Qjuanda 3:03.750 (1:02.515)		
	4) Porter, Victoria 4:01.272 (57.523)		
5	Cumberlands (A)	4:02.73	2(2)
	1) Thompson, Dymanique 59.798 (59.798)		
	2) Stevens, Cora 2:02.590 (1:02.792)		
	3) Barnett, Selena 3:02.814 (1:00.225)		
	4) McMannon, Megan 4:02.730 (59.916)		

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**RESULTS****#2200 Women's 4 x 400m Relay (cont'd)**

Pl	Team	Time	H(Pl)
6	Mount Olive (A)	4:05.14	1(4)
	1) Beckford, Brittany 1:02.338 (1:02.338)		
	2) Kafi, Malak 2:03.670 (1:01.333)		
	3) Moncrief, Taylor 3:06.571 (1:02.901)		
	4) Thring, Jacqueline 4:05.134 (58.564)		
7	Col. of Charleston (A)	4:17.81	2(3)
	1) Ennis, Kayla 1:06.809 (1:06.809)		
	2) Laudien, Stephanie 2:09.482 (1:02.674)		
	3) Vander Wall, Hannah 3:13.770 (1:04.288)		
	4) Cucinotta, Gianna 4:17.809 (1:04.040)		
8	Livingstone (A)	4:33.25	2(4)
	1) Tobin, Sabrina 1:06.946 (1:06.946)		
	2) Darrell, Shania 2:12.896 (1:05.950)		
	3) Mays, Shakeynah 3:19.421 (1:06.525)		
	4) Harris, Khai 4:33.241 (1:13.821)		
	Elon (A)	DNS	1
	1) Arbogast, Katherine		
	2) Savioz, Natacha		
	3) Ross, Desiree		
	4) Brzozowski, Lauren		
	Fayetteville St. (A)	DNS	2
	1) Ingram, Shanae		
	2) Allen, Tawana		
	3) Shedrick, Tawnie		
	4) Jonas, Michaelia		

**#23 Women's 4000m DMR**

\$	JDL Fast Track	11:07.51	Ciluffo, James, Farrow, Barnett	Clemson	2/20/2016
!	College Facility	11:07.51	Ciluffo, James, Farrow, Barnett	Clemson	2/20/2016
@	Camel City	11:40.55	Riley, Quinn, Pocratsky, Kennedy	Virginia Tech	2016

Pl	Team	Time
1	Troy (A)	12:03.12
	1) Finch, Gemma 3:41.852 (3:41.852)	
	2) Kennedy, Madison 4:39.128 (57.276)	
	3) Bailey, Tiarra 6:54.039 (2:14.911)	
	4) Guest, Tanner 12:03.114 (5:09.075)	
2	Mount Olive (A)	12:27.17
	1) Blades, Shona 3:46.949 (3:46.949)	
	2) Beckford, Brittany 4:48.820 (1:01.871)	
	3) Owens, Amber 7:21.431 (2:32.611)	
	4) Ritter, Celine 12:27.166 (5:05.735)	
3	Col. of Charleston (A)	12:35.98
	1) Ambrose, Cate 3:46.882 (3:46.882)	
	2) Fogleman, Laurie 4:54.327 (1:07.445)	
	3) Cherry, Kristen 7:24.737 (2:30.410)	
	4) Masselink, Tess 12:35.980 (5:11.243)	
4	Milligan (A)	12:37.76
	1) Mardis, Gabrielle 4:00.487 (4:00.487)	
	2) Kenyeres, Valentina 5:03.329 (1:02.842)	
	3) Owen, Bekah 7:25.181 (2:21.852)	
	4) Stone, Erica 12:37.754 (5:12.573)	

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**RESULTS****#23 Women's 4000m DMR (cont'd)**

Pl	Team	Time
5	Belmont Abbey (A)	14:00.06
	1) Otranto, Julia 4:01.705 (4:01.705)	
	2) Hetzel, Grace 5:12.184 (1:10.479)	
	3) Wilson, Theresa 8:03.948 (2:51.764)	
	4) Hetzel, Annie 14:00.053 (5:56.105)	

**#43 Women's High Jump**

\$	JDL Fast Track	1.88m	Barbara Szabo	Western State	3/15/2014
!	College Facility	1.88m	Barbara Szabo	Western State	3/15/2015
@	Camel City	1.84m	Brianna Theisen-Eaton	Nike Oregon TCE	2016

Pl	Name	Team	Mark
1	Greene, Nicole	Unattached	1.80m 5' 10 <sup>3</sup> / <sub>4</sub> "
2	Florent, Alexandria	Wake Forest	1.70m 5' 7"
3	Crenshaw, Bhrandi	N.C. Central	1.60m 5' 3"
3	Moncrief, Taylor	Mount Olive	1.60m 5' 3"
5	Beckford, Brittany	Mount Olive	1.55m 5' 1"
5	Timberlake, Sarah	UNCW	1.55m 5' 1"
5	Buck, Brianna	Milligan	1.55m 5' 1"
5	O'Malley, Moira	Elon	1.55m 5' 1"
	Jones, Genesis	Troy	NH
	Johnson, Ayanna	N. Carolina A&T	NH

**#31 Women's Unseeded High Jump**

\$	JDL Fast Track	1.88m	Barbara Szabo	Western State	3/15/2014
!	College Facility	1.88m	Barbara Szabo	Western State	3/15/2015
@	Camel City	1.84m	Brianna Theisen-Eaton	Nike Oregon TCE	2016

Pl	Name	Team	Mark
1	Woods, Kayla	Richmond	1.60m 5' 3"
2	Crompton, Lexi	High Point	1.55m 5' 1"
3	Ryan, Gabrielle	N. Carolina A&T	1.50m 4' 11"
3	Jander, Tracy	Duke	1.50m 4' 11"
3	Walliker, Lucy	Queens (N.C.)	1.50m 4' 11"
6	Nebrich, Mary	North Carolina	1.50m 4' 11"
6	Morrow, Charlotte	High Point	1.50m 4' 11"
6	Berndsen, Rachel	High Point	1.50m 4' 11"
9	Tankard, Hazel	Davidson	1.50m 4' 11"
9	Ulseth, Elise	Queens (N.C.)	1.50m 4' 11"
	Davis, Cameron	Belmont Abbey	NH
	Helstrom, Lauryn	Christopher Newport	NH
	Bamber, Maggie	UNCW	NH
	Neel, Carlee	Col. of Charleston	NH
	Stout, Kylie	Bridgewater (Va.)	NH
	Jada, Bojo	Fayetteville St.	NH
	Bowden, Hannah	Christopher Newport	NH

**CAMEL CITY INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/1/2019 - 2/2/2019

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**RESULTS****#33 Women's Pole Vault**

\$	JDL Fast Track	4.61m	Katie Nageotte	Unattached	1/30/2016
!	College Facility	4.40m	Megan Clark	Duke	1/29/2016
@	Camel City	4.61m	Katie Nageotte	Unattached	2016

PI	Name	Team	Mark
1	Marty, Laura	Duke	4.30m 14' 1 <sup>1</sup> / <sub>4</sub>
2	Kempski, Tesia	Wake Forest	4.00m 13' 1 <sup>1</sup> / <sub>2</sub>
2	Absher, Lindsay	Unattached	4.00m 13' 1 <sup>1</sup> / <sub>2</sub>
4	Arbiv, Becky	Duke	3.85m 12' 7 <sup>1</sup> / <sub>2</sub>
4	Ward, Chesney	Duke	3.85m 12' 7 <sup>1</sup> / <sub>2</sub>
4	Sheppard, Nati	Duke	3.85m 12' 7 <sup>1</sup> / <sub>2</sub>
7	Roeder, Elaina	Wake Forest	3.55m 11' 7 <sup>3</sup> / <sub>4</sub>
7	Deutsch, Darby	Wake Forest	3.55m 11' 7 <sup>3</sup> / <sub>4</sub>
7	Berndsen, Rachel	High Point	3.55m 11' 7 <sup>3</sup> / <sub>4</sub>
10	Campbell, Miranda	Unattached	3.40m 11' 1 <sup>3</sup> / <sub>4</sub>
10	Hehmeyer, Blythe	Elon	3.40m 11' 1 <sup>3</sup> / <sub>4</sub>
10	Hall, Elise	Unattached	3.40m 11' 1 <sup>3</sup> / <sub>4</sub>
10	Richardson, Ally	Unattached	3.40m 11' 1 <sup>3</sup> / <sub>4</sub>
14	Lane, Maura	Unattached	3.25m 10' 8"
14	Doyle, Haley	High Point	3.25m 10' 8"
14	Bennett, Ellie	Elon	3.25m 10' 8"
17	Blanding, Peyton	Christopher Newport	3.10m 10' 2"
17	Granville, Raegan	Cumberlands	3.10m 10' 2"
17	Malkofsky-Berger, Hannah	Davidson	3.10m 10' 2"
	Keys, Jessica	High Point	NH
	Christian, Chloe	Col. of Charleston	NH
	Castarlenas, Aintzane	Queens (N.C.)	NH
	Colenda, Katie	Montreat	NH
	Smith, Alexa	Elon	NH
	Hickin, Genevieve	Belmont Abbey	NH

**#35 Women's Long Jump**

\$	JDL Fast Track	6.25m	Julienne McKee	Unattached	2/20/2016
!	College Facility	6.23m	Shakinah Brooks	St. Augustine's	1/20/2016
@	Camel City	5.95m	Shakinah Brooks	St. Augustine	2016

PI	Name	Team	Mark	F(PI)
1	Hall, Kate	Unattached	! 6.25m 20' 6 <sup>1</sup> / <sub>4</sub>	3(1)
2	Maslowski, Teddi	Unattached	5.53m 18' 1 <sup>3</sup> / <sub>4</sub>	3(2)
3	Terry, Jenele	Winston-Salem St.	5.53m 18' 1 <sup>3</sup> / <sub>4</sub>	3(2)
4	Kutzer, Kate	Duke	5.52m 18' 1 <sup>1</sup> / <sub>2</sub>	3(4)
5	Wakefield, Isabel	Unattached	5.47m 17' 11 <sup>1</sup> / <sub>2</sub>	3(5)
6	Marsh, Erin	Duke	5.36m 17' 7"	3(6)
7	Kafi, Malak	Mount Olive	5.35m 17' 6 <sup>3</sup> / <sub>4</sub>	3(7)
8	Jackson, Amaya	Richmond	5.34m 17' 6 <sup>1</sup> / <sub>4</sub>	2(1)
9	Crenshaw, Bhrandi	N.C. Central	5.30m 17' 4 <sup>3</sup> / <sub>4</sub>	3(8)
10	Weisbrod, Anika	High Point	5.22m 17' 1 <sup>1</sup> / <sub>2</sub>	2(2)
11	Hines, Jade	Webber	5.15m 16' 10 <sup>3</sup> / <sub>4</sub>	2(3)
12	Binter, Makayla	Davidson	5.14m 16' 10 <sup>1</sup> / <sub>2</sub>	3(9)

**CAMEL CITY INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

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**RESULTS****#35 Women's Long Jump (cont'd)**

Pl	Name	Team	Mark	F(Pl)
13	Meador, Tye	Bridgewater (Va.)	5.11m 16' 9 <sup>1</sup> / <sub>4</sub>	3(10)
14	Tatum, Breanna	Col. of Charleston	5.09m 16' 8 <sup>1</sup> / <sub>2</sub>	2(4)
15	Berkeley, Haley	Richmond	5.07m 16' 7 <sup>3</sup> / <sub>4</sub>	2(5)
16	Taylor, J'nai	Webber	5.03m 16' 6"	3(11)
17	Tudor, Alexandra	Elon	4.99m 16' 4 <sup>1</sup> / <sub>2</sub>	2(6)
18	Miller, Gracie	UNCW	4.98m 16' 4 <sup>1</sup> / <sub>4</sub>	2(7)
19	Tankard, Hazel	Davidson	4.97m 16' 3 <sup>3</sup> / <sub>4</sub>	2(8)
20	Price, Shacoya	Queens (N.C.)	4.95m 16' 3"	1(1)
21	Potts, Jamellia	Fayetteville St.	4.95m 16' 3"	1(1)
21	Norman, Jaela	Livingstone	4.95m 16' 3"	2(9)
23	Jones, Genesis	Troy	4.94m 16' 2 <sup>1</sup> / <sub>2</sub>	2(10)
24	Kirby, Kaitlyn	Wake Forest	4.91m 16' 1 <sup>1</sup> / <sub>2</sub>	2(11)
25	Gordon, Amber	Troy	4.90m 16' 1"	1(3)
26	Wood, Alexis	Fayetteville St.	4.88m 16' 0 <sup>1</sup> / <sub>4</sub>	1(4)
27	Mittl, Grace	Richmond	4.86m 15' 11 <sup>1</sup> / <sub>2</sub>	3(12)
28	White, McKayla	Catawba	4.85m 15' 11"	2(12)
29	Davis, Anna	Davidson	4.83m 15' 10 <sup>1</sup> / <sub>4</sub>	1(5)
30	Preston, Alexis	Montreat	4.73m 15' 6 <sup>1</sup> / <sub>4</sub>	1(6)
31	Laudien, Stephanie	Col. of Charleston	4.71m 15' 5 <sup>1</sup> / <sub>2</sub>	1(7)
32	Cain, Kennedy	Catawba	4.70m 15' 5"	1(8)
33	Resper-Robinson, Keyvana	Virginia-Lynchburg	4.69m 15' 4 <sup>3</sup> / <sub>4</sub>	1(9)
34	Ruffin, Donesha	Webber	4.63m 15' 2 <sup>1</sup> / <sub>4</sub>	2(13)
35	Boyle, Aubree	Col. of Charleston	4.62m 15' 2"	1(10)
36	Robertson, Shakalya	Catawba	4.59m 15' 0 <sup>3</sup> / <sub>4</sub>	1(11)
37	Jean, Sarah	Livingstone	4.58m 15' 0 <sup>1</sup> / <sub>2</sub>	1(12)
38	Marshall, Natalie	Wake Forest	4.57m 15' 0"	1(13)
39	Bowden, Hannah	Christopher Newport	4.52m 14' 10"	2(14)
40	Reynolds, Madison	High Point	4.34m 14' 3"	1(14)
41	Mcfarlane, Laquisha	Queens (N.C.)	4.16m 13' 7 <sup>3</sup> / <sub>4</sub>	1(15)
	Castarlenas, Aintzane	Queens (N.C.)	NM	1
	Robertson, Keila	N.C. Central	NM	2
	Sidberry, Jirah	Unattached	NM	3
	Seabrook, Kiana	N.C. Central	NM	3
	Cefalo, Courtney	UNCW	NM	3

**#37 Women's Triple Jump**

\$	JDL Fast Track	13.06m	Imani Oliver	Unattached	1/30/2016
!	College Facility	13.01m	Kearah Danville	Angelo State	3/15/2014
@	Camel City	13.06m	Imani Oliver	Unattached	2016

Pl	Name	Team	Mark	F(Pl)
1	Oliver, Imani	Unattached	\$ 13.08m 42' 11"	2(1)
2	Robertson, Keila	N.C. Central	11.75m 38' 6 <sup>3</sup> / <sub>4</sub>	2(2)
3	Sidberry, Jirah	Unattached	11.72m 38' 5 <sup>1</sup> / <sub>2</sub>	2(3)
4	Stevenson, Deja	N.C. Central	11.48m 37' 8"	2(4)
5	Ferguson, Taelor	N.C. Central	11.46m 37' 7 <sup>1</sup> / <sub>4</sub>	2(5)
6	Cavanagh, Julianna	UNCW	11.23m 36' 10 <sup>1</sup> / <sub>4</sub>	2(6)

**CAMEL CITY INVITATIONAL**

Winston-Salem, NC

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**RESULTS****#37 Women's Triple Jump (cont'd)**

Pl	Name	Team	Mark	F(Pl)
7	Moncrief, Taylor	Mount Olive	11.17m 36' 7 <sup>3</sup> / <sub>4</sub>	2(7)
8	Laudien, Stephanie	Col. of Charleston	11.14m 36' 6 <sup>3</sup> / <sub>4</sub>	2(8)
9	Tudor, Alexandra	Elon	11.06m 36' 3 <sup>1</sup> / <sub>2</sub>	2(9)
10	Hehmeyer, Blythe	Elon	11.00m 36' 1 <sup>1</sup> / <sub>4</sub>	2(10)
11	White, McKayla	Catawba	10.93m 35' 10 <sup>1</sup> / <sub>2</sub>	1(1)
12	Wilbekin, Ariel	High Point	10.92m 35' 10"	2(11)
13	Joseph, Jaslyn	USC-Beaufort	10.91m 35' 9 <sup>1</sup> / <sub>2</sub>	2(12)
14	Gordon, Amber	Troy	10.83m 35' 6 <sup>1</sup> / <sub>2</sub>	1(2)
15	Ruffin, Donesha	Webber	10.70m 35' 1 <sup>1</sup> / <sub>4</sub>	2(13)
16	McKeever, Iyana	USC-Beaufort	10.53m 34' 6 <sup>3</sup> / <sub>4</sub>	2(14)
17	Price, Shacoya	Queens (N.C.)	10.44m 34' 3"	1(3)
18	Robertson, Shakalya	Catawba	10.17m 33' 4 <sup>1</sup> / <sub>2</sub>	1(4)
19	Tarvis, Alexia	UNCW	10.16m 33' 4"	1(5)
20	Tobin, Sabrina	Livingstone	9.96m 32' 8 <sup>1</sup> / <sub>4</sub>	1(6)
21	Bradley, Tajjah	Virginia-Lynchburg	9.26m 30' 4 <sup>3</sup> / <sub>4</sub>	1(7)
22	Blake, Savannah	Bridgewater (Va.)	8.97m 29' 5 <sup>1</sup> / <sub>4</sub>	1(8)
	Harding-Delooze, Lily	Wake Forest	NM	1
	Jada, Bojo	Fayetteville St.	NM	1
	Williams, Shennare	Fayetteville St.	NM	1
	Wood, Alexis	Fayetteville St.	NM	1
	Norman, Jaela	Livingstone	NM	1
	Thornton, Gianna	Webber	NM	1
	Preston, Alexis	Montreat	NM	1
	Megginsin, Tamiyah	Louisburg College	NM	2

**#39 Women's Shot Put**

\$	JDL Fast Track	16.80m	Amber Monroe	Unattached	2/18/2017
!	College Facility	16.29m	Portious Warren	Central Arizona	3/5/2016
@	Camel City	16.27m	Brittany Cox	Unattached	2015

Pl	Name	Team	Mark	F(Pl)
1	James, Loren	N. Carolina A&T	14.47m 47' 5 <sup>3</sup> / <sub>4</sub>	3(1)
2	Lynch, Janese	Wake Forest	14.21m 46' 7 <sup>1</sup> / <sub>2</sub>	3(2)
3	Maller, Elizabeth	Milligan	13.75m 45' 1 <sup>1</sup> / <sub>2</sub>	3(3)
4	Hicks, Alva	Wake Forest	13.68m 44' 10 <sup>3</sup> / <sub>4</sub>	3(4)
5	Clark, Alexis	Bryant & Stratton College	13.44m 44' 1 <sup>1</sup> / <sub>4</sub>	1(1)
6	Nelson, Samara	Troy	13.43m 44' 0 <sup>3</sup> / <sub>4</sub>	3(5)
7	Harris, Hilary	Col. of Charleston	12.83m 42' 1 <sup>1</sup> / <sub>4</sub>	3(6)
8	Strazdite, Kristine	Elon	12.70m 41' 8"	3(7)
9	Chance, Samaria	Livingstone	12.64m 41' 5 <sup>3</sup> / <sub>4</sub>	3(8)
10	Barthelmes, Skylar	Elon	12.49m 40' 11 <sup>3</sup> / <sub>4</sub>	3(9)
11	Davis, Hydia	Livingstone	12.07m 39' 7 <sup>1</sup> / <sub>4</sub>	2(1)
12	Taylor, Ashley	Winston-Salem St.	11.80m 38' 8 <sup>3</sup> / <sub>4</sub>	2(2)
13	Keahna, Tieranny	Coe	11.75m 38' 6 <sup>3</sup> / <sub>4</sub>	3(10)
14	Johnson, Sarah	Christopher Newport	11.69m 38' 4 <sup>1</sup> / <sub>4</sub>	3(11)
14	Wade, Katrina	Livingstone	11.69m 38' 4 <sup>1</sup> / <sub>4</sub>	3(11)
16	McGoogan, Kaitlin	Unattached	11.66m 38' 3 <sup>1</sup> / <sub>4</sub>	3(13)



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**RESULTS****#39 Women's Shot Put (cont'd)**

Pl	Name	Team	Mark	F(Pl)
17	Wood, Zalaaya	Louisburg College	11.63m 38' 2"	2(3)
18	Dawson, Chanel	Wake Forest	11.53m 37' 10"	2(4)
19	Swepson, Candace	Catawba	11.42m 37' 5 <sup>3</sup> / <sub>4</sub>	2(5)
20	Travis, Summer	Cumberlands	11.09m 36' 4 <sup>3</sup> / <sub>4</sub>	2(6)
21	Bradsher, Charlotte	Elon	11.05m 36' 3"	2(7)
22	Taylor, Tiana	Fayetteville St.	10.95m 35' 11 <sup>1</sup> / <sub>4</sub>	2(8)
23	Collins, Kathleen	Elon	10.94m 35' 10 <sup>3</sup> / <sub>4</sub>	2(9)
24	Stephens, Hannah	N.C. Central	10.93m 35' 10 <sup>1</sup> / <sub>2</sub>	1(2)
25	Barton, Brooklynn	Col. of Charleston	10.83m 35' 6 <sup>1</sup> / <sub>2</sub>	2(10)
26	Hall, Dianthony	N.C. Central	9.91m 32' 6 <sup>1</sup> / <sub>4</sub>	2(11)
27	Long, Tatyana	Catawba	9.69m 31' 9 <sup>1</sup> / <sub>2</sub>	1(3)
28	Werner, Danielle	Bridgewater (Va.)	9.66m 31' 8 <sup>1</sup> / <sub>2</sub>	2(12)
29	Burke, Paulette	Webber	9.59m 31' 5 <sup>3</sup> / <sub>4</sub>	1(4)
30	Williams, Michaela	Fayetteville St.	9.48m 31' 1 <sup>1</sup> / <sub>4</sub>	1(5)
31	Ortiz, Danielle	Catawba	9.41m 30' 10 <sup>1</sup> / <sub>2</sub>	1(6)
32	Perry, Courtne	Webber	9.08m 29' 9 <sup>1</sup> / <sub>2</sub>	1(7)
33	Nathan, Bridgette	Fayetteville St.	8.90m 29' 2 <sup>1</sup> / <sub>2</sub>	1(8)
34	Coles, Micheala	Virginia-Lynchburg	8.81m 28' 11"	1(9)
35	Etim-Andy, Miracle	Unattached	8.75m 28' 8 <sup>1</sup> / <sub>2</sub>	1(10)
36	Lamond, Toni	High Point	8.33m 27' 4"	1(11)
37	McDowell, Jurnae	Winston-Salem St.	6.57m 21' 6 <sup>3</sup> / <sub>4</sub>	1(12)
	Culbertson, Jillian	Belmont Abbey	NM	1
	Fisher, Destinee	N.C. Central	NM	1
	Shablom, Briana	USC-Beaufort	NM	1
	Owens, Kimbra	Col. of Charleston	NM	1
	Hopkins, Avianna	Queens (N.C.)	NM	2
	Jones, Alexis	Winston-Salem St.	NM	2
	Moseley, Sydne	Bridgewater (Va.)	NM	2
	Carmichael, To'mara	Queens (N.C.)	NM	3
	Schultz, Gabby	Queens (N.C.)	NM	3

**#41 Women's Weight Throw**

\$	JDL Fast Track	23.58m	Amber Campbell	Unattached	1/29/2016
!	College Facility	21.18m	Marthaline Cooper	Winthrop	2/26/2017
@	Camel City	23.58m	Amber Campbell	Unattached	2016

Pl	Name	Team	Mark	F(Pl)
1	Hicks, Alva	Wake Forest	19.78m 64' 10 <sup>3</sup> / <sub>4</sub>	3(1)
2	Maller, Elizabeth	Milligan	17.39m 57' 0 <sup>3</sup> / <sub>4</sub>	3(2)
3	James, Loren	N. Carolina A&T	17.26m 56' 7 <sup>1</sup> / <sub>2</sub>	3(3)
4	Williams, Naquita	Troy	16.77m 55' 0 <sup>1</sup> / <sub>4</sub>	3(4)
5	Barthelmes, Skylar	Elon	16.70m 54' 9 <sup>1</sup> / <sub>2</sub>	3(5)
6	Wortham, Jaevyn	Troy	16.23m 53' 3"	3(6)
7	Keahna, Tieranny	Coe	16.08m 52' 9 <sup>1</sup> / <sub>4</sub>	3(7)
8	Bradsher, Charlotte	Elon	15.72m 51' 7"	3(8)
9	Copeland, JoLyn	Anderson (S.C.)	15.34m 50' 4"	2(1)
10	McGoogan, Kaitlin	Unattached	14.67m 48' 1 <sup>3</sup> / <sub>4</sub>	2(2)

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**RESULTS****#41 Women's Weight Throw (cont'd)**

Pl	Name	Team	Mark	F(Pl)
11	Harris, Hilary	Col. of Charleston	14.58m 47' 10"	3(9)
12	Nelson, Samara	Troy	14.24m 46' 8 <sup>3</sup> / <sub>4</sub>	2(3)
13	Brown, Kayla	N. Carolina A&T	14.11m 46' 3 <sup>1</sup> / <sub>2</sub>	2(4)
14	Johnson, Sarah	Christopher Newport	13.85m 45' 5 <sup>1</sup> / <sub>4</sub>	2(5)
15	Swepson, Candace	Catawba	13.61m 44' 8"	2(6)
16	Bussey, Lydia	Col. of Charleston	13.26m 43' 6"	2(7)
17	Travis, Summer	Cumberlands	13.06m 42' 10 <sup>1</sup> / <sub>4</sub>	2(8)
18	Wingo, Ashley	Livingstone	12.98m 42' 7"	2(9)
19	Ortiz, Danielle	Catawba	12.71m 41' 8 <sup>1</sup> / <sub>2</sub>	1(1)
20	Strazdite, Kristine	Elon	12.67m 41' 7"	1(2)
21	Weber, Madeline	Col. of Charleston	12.38m 40' 7 <sup>1</sup> / <sub>2</sub>	2(10)
22	Moseley, Sydne	Bridgewater (Va.)	12.34m 40' 6"	1(3)
23	Rasheed, Samiyah	Catawba	12.02m 39' 5 <sup>1</sup> / <sub>4</sub>	1(4)
24	Perry, Courtne	Webber	10.76m 35' 3 <sup>3</sup> / <sub>4</sub>	1(5)
25	Werner, Danielle	Bridgewater (Va.)	10.25m 33' 7 <sup>1</sup> / <sub>2</sub>	1(6)
26	Stephens, Hannah	N.C. Central	8.83m 28' 11 <sup>3</sup> / <sub>4</sub>	1(7)
	Shablom, Briana	USC-Beaufort	NM	1
	Lamond, Toni	High Point	NM	1
	Hall, Dianthony	N.C. Central	NM	1
	Burke, Paulette	Webber	NM	1
	Cope, Autumn	Elon	NM	1
	Hopkins, Avianna	Queens (N.C.)	NM	2
	Schultz, Gabby	Queens (N.C.)	NM	3
	Carmichael, To'mara	Queens (N.C.)	NM	3

**#22 Men's 60 Meters**

\$	JDL Fast Track	6.61	Sean McLean	Nike	1/19/2015
\$	JDL Fast Track	6.61	Ramon Gittens	Unattached	1/30/2016
!	College Facility	6.62	Keitavious Walter	Hinds CC	3/5/2016
@	Camel City	6.61	Ramon Gittens	Unattached	2016

**Finals**

Pl	Name	Team	Time
1	Yang, Chun-Han	Adidas	6.75
2	Smith, Demarius	Cumberlands	6.80
3	Gore, Paul	High Point	6.88
4	Womack, Davonta	Bridgewater (Va.)	6.89
5	Croom-McFadden, Malcolm	N. Carolina A&T	6.90
6	Lester-Harris, Joshua	Montreat	6.96
7	Brown, Rasheem	Milligan	7.00
	Bishop, Quinest	Troy	FS

**Prelims**

Pl	Name	Team	Time	H(Pl)
1	Yang, Chun-Han	Adidas	6.80Q	4(1)
2	Bishop, Quinest	Troy	6.88Q	3(1)
3	Smith, Demarius	Cumberlands	6.89Q	2(1)